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Bergmans, Jesper M.M.; van de Westerlo, Els M.A.; Grefte, Sander; Adjobo-Hermans, Merel J.W.; Koopman, Werner J.H.

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Chapter 12

Mitochondrial Morphofunctional Profiling in Primary Human Skin Fibroblasts Using TMRM and Mitotracker Green Co-staining

Jesper M. M. Bergmans, Els M. A. van de Westerlo, Sander Grefte, Merel J. W. Adjobo-Hermans, and Werner J. H. Koopman

Abstract

Mitochondrial morphology and membrane potential $(\Delta \psi)$ are important readouts of mitochondrial function. Integrated analysis of these parameters in living cells can be performed using fluorescent lipophilic cations, which enter cells and accumulate in the mitochondrial matrix in a $\Delta \psi$ -dependent manner. Here, we describe the use of tetramethylrhodamine methyl ester (TMRM) and Mitotracker Green FM (MG) for mitochondrial morphology and semiquantitative $\Delta \psi$ analysis in living primary human skin fibroblasts (PHSFs). Practically, we present an integrated protocol to quantify mitochondrial morphology parameters and signal intensity using epifluorescence microscopy of PHSFs co-stained with TMRM and MG. This approach performs best using large flat cells like PHSFs, which display a high mitochondria-specific fluorescence signal and are imaged at a relatively high (x40) magnification.

Key words TMRM, Mitotracker Green, FCCP, Mitochondrial morphology

1 Introduction

Alterations in mitochondrial morphology are intricately linked to changes in mitochondrial function and vice versa, giving rise to the concept of mitochondrial "morphofunction" [1–3]. An important functional readout is the inside-negative electrical potential $(\Delta \psi)$ across the mitochondrial inner membrane (MIM). Here we describe an automated approach for quantification of mitochondrial morphology and $\Delta \psi$ using the fluorescent cations tetramethylrhodamine methyl ester (TMRM) and Mitotracker Green FM (MG) in co-stained living primary human skin fibroblasts (PHSFs). This strategy is based upon our previous PHSF studies (e.g., [4–12]). TMRM and MG accumulate in the mitochondrial matrix [13–20] in a manner dependent on the electrical potential (ΔV) across the plasma membrane (PM) and the electrical potential

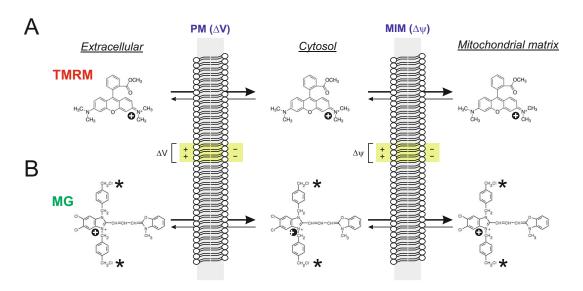


Fig. 1 Chemical structure and principle of mitochondrial TMRM and MG staining. (a) Mechanism of accumulation of TMRM in the cytosol (driven by the plasma membrane electrical potential; ΔV) and mitochondrial matrix (driven by the MIM membrane potential; $\Delta \psi$). The molecular movement of TMRM through the PM and MIM is indicated by arrows (thicker arrows indicate the magnitude of this movement). The positive charge of TMRM is marked by a black circular "+" symbol. (b) Same as panel A, but now for MG. The two thiol-reactive chloromethyl groups are indicated asterisks. *Abbreviations*: ΔV plasma membrane electrical potential, $\Delta \psi$ trans-MIM electrical potential, MIM mitochondrial inner membrane, PM plasma membrane

 $(\Delta \psi)$ across the mitochondrial inner membrane (MIM; Fig. 1). This behavior is quantitatively described by: $C_m = C_{ext} \cdot EXP\{-1\}$ [((ΔV + $\Delta \psi$)·zF)/RT]}, where C_m is the mitochondrial matrix concentration of the cation, C_{ext} is the extracellular concentration of the cation, z is the charge of the cation, F is Faraday's constant, R is the ideal gas constant and T is the absolute temperature [8, 21-23]. Assuming that $\Delta \psi$ equals about 120–180 mV, TMRM and MG accumulate between 100- and 1000-fold in the mitochondrial matrix [21, 24]. This means that, in absence of ΔV changes, the mitochondrial fluorescence signals of TMRM and MG represent a semi-quantitative readout of $\Delta \psi$. Importantly, comparative analysis of rhodamine 123 (R123), tetramethylrhodamine ethyl ester (TMRE), and TMRM demonstrated that the fluorescence of these cations is quenched upon reaching high C_m values [16, 25, 26]. This means that Cext should be kept relatively low (i.e., nM concentrations) for C_{m} to increase upon $\Delta\psi$ hyperpolarization. In case of MG, the impact of $\Delta \psi$ depolarization on its mitochondrial localization is reduced by the presence of two chloromethyl (CM) groups (Fig. 1), which can react with accessible nucleophiles (e.g., thiol groups of peptides and proteins), thereby forming an aldehyde-fixable conjugate [27].

2 Materials

2.1 Cells

1. Primary human skin fibroblasts (PHSFs).

2.2 Medium

1. Medium 199 (M199; Invitrogen, Life Technologies Europe BV, Bleiswijk, Netherlands), 10% Fetal bovine serum, 1% Penicillin/streptomycin.

2.3 Solutions

1. Dimethyl sulfoxide (DMSO).

2.4 Reagents

- 1. Tetramethylrhodamine methyl ester (TMRM; Thermo-Fisher Scientific, Landsmeer, The Netherlands).
- 2. Mitotracker Green FM (MG; Thermo-Fisher).

2.5 Instruments and Equipment

- 1. Axiovert 200 M inverted microscope (Carl Zeiss AG, Oberkochen, Germany) equipped with [28].
 - (a) Plan NeoFluar objective (x63, 1.25 Numerical Aperture [NA]; Carl Zeiss).
 - (b) Xenon lamp-based monochromator (Polychrome IV) with a spectral bandwidth of 15 nM (TILL Photonics, Gräfelfing, Germany).
 - (c) Motorized dichroic mirrors (Omega Optical Inc., Brattleboro, VT, USA).
 - (d) Motorized filter wheel (Sutter Instrument Company, Novato, CA, USA).
 - (e) CoolSNAP HQ monochrome CCD-camera (Roper Scientific, Evry Cedex, France).
 - (f) Environmental control system (Carl Zeiss).

2.6 Software

- 1. MetaFluor 6.1 software (Molecular Devices Corporation, Downingtown, PA, USA).
- 2. Image Pro Plus software (Media Cybernetics, Rockville, MD, USA).
- 3. Origin Pro software (Originlab Corp., Northampton, MA, USA).

3 Methods

3.1 Cell Staining and Epifluorescence Microscopy Imaging

- 1. Seed the cells at a density of 100,000 cells on glass coverslips (Ø 24 mm; placed in a 6-well plate).
- 2. Culture the cells during 24 h in M199 to ~70% confluence in a humidified atmosphere (95% air, 5% $\rm CO_2$, 37 °C).

- 3. Dissolve TMRM and MG in DMSO and prepare M199 containing 15 nM TMRM and 50 nM MG.
- 4. Stain the cells during 25 min in M199 containing 15 nM TMRM and 50 nM MG (37 °C in 95% air, 5% CO₂, dark). At this concentration, TMRM operates in the non-quenching mode [26, 29, 30].
- 5. Wash the cells twice with PBS.
- 6. Mount the coverslip with the cells on the microscope.
- 7. Replace the PBS by M199 culture medium.
- 8. Excite TMRM and MG at 540 and 488 nM, respectively. In combination with the used dichroic mirrors and fluorescence emission filters see [31], spectral bleedthrough between TMRM and MG emission signals is prevented.
- 9. Select a field of view (FOV) and acquire a single TMRM and MG image.
- 10. Select a next adjacent FOV and acquire the next TMRM and MG image.
- 11. Repeat step 9 until a total of 20–30 images have been acquired.
- 12. To obtain enough statistical power, perform N=3 independent experiments (days), yielding 60–90 images for analysis.

3.2 Image
Processing and
Quantification of
Mitochondrial
Morphology

Mitochondrial morphology parameters and fluorescence intensity are obtained by image quantification following application of an image processing pipeline. The ultimate goal of this pipeline is to generate a segmented binary (BIN) image, in which mitochondrial objects are depicted as white objects on a black background. Obtaining a proper BIN image requires that [10, 28] (a) the mitochondria-specific TMRM and MG signals are high enough, (b) the image is relatively noise-free (e.g., contains few noise-related pixels due to defocusing, which will introduce artifacts during image processing), and (c) true mitochondrial objects consists of enough pixels. Although the protocol provided below was designed for use with dedicated software, its implementation in other (open-source) software is relatively straightforward.

- 1. Open a 16-bit TMRM image (RAW) in the Image Pro Plus software (Fig. 2a; RAW).
- 2. Perform a background correction (Fig. 2a; marked: "B" in the RAW image) by subtracting the intensity (gray value) in an extracellular region of interest (ROI).
- 3. This yields a 16-bit background-corrected image.
- 4. Convert the 16-bit image into an 8-bit image using best-fit rescaling (Fig. 2a; COR).
- 5. Apply a linear contrast stretch (LCS) operation (Fig. 2a; LCS).

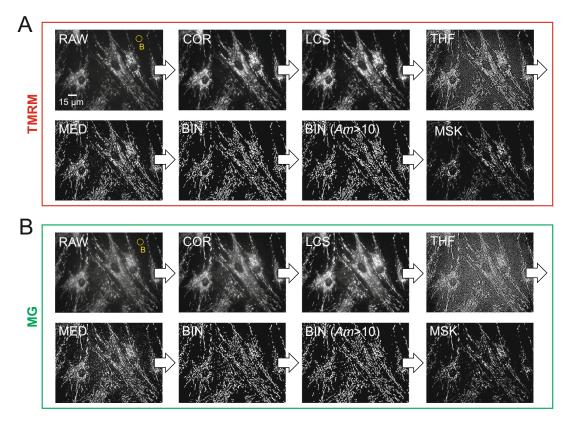


Fig. 2 Analysis of mitochondrial morphology and fluorescence intensity in cells co-stained with TMRM and MG. Primary human skin fibroblasts (PHSFs) were co-stained with TMRM and MG and visualized using epifluorescence microscopy. Image processing was applied to extract numerical information on mitochondrial morphology and staining intensity from the fluorescence images. (a) TMRM image processing pipeline. Microscopy images (RAW) were background-corrected using an extracellular region of interest (ROI; yellow; marked "B"), yielding a corrected (COR) image. The latter was subsequently processed using a linear contrast stretch (LCS), top-hat filtering (THF) and median filtering (MED). The MED image was intensity-thresholded, yielding a black-and-white binary (BIN) image, representing white TMRM-positive objects on a black background. To reduce noise, small objects with a size (Am) below 10 pixels were removed (BIN (Am > 10) image). Finally, the BIN (Am > 10) image was used to mask the COR image using a Boolean "AND" operation, resulting in a masked (MSK) image. (b) Image processing pipeline applied to the MG fluorescence images (identical to panel a). In this figure, images were contrast-optimized for visualization purposes

- 6. Apply a top-hat filter (THF) using a 7×7 kernel, 3 passes and a strength of 3 (Fig. 2a; THF).
- 7. Apply a median filter (MED) using a 3 × 3 kernel and 8 passes (Fig. 2a; MED).
- 8. Apply an intensity threshold (T) operation using a gray value of 128, yielding an 8-bit binary (BIN) image highlighting mitochondrial objects (white) on a black background (Fig. 2a; BIN).

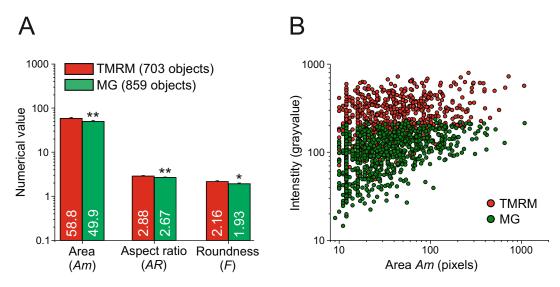


Fig. 3 Example of monovariate and bivariate descriptor visualization. (a) Example of monovariate analysis. Mean descriptor values (error bars reflect the standard error of the mean; SEM) obtained from the MSK images for TMRM (Fig. 2a; 703 objects) and MG (Fig. 2b; 859 objects). Depicted are mitochondrial area (Am, in pixels; a measure of mitochondrial size), mitochondrial aspect ratio (AR, a measure of mitochondrial length) and mitochondrial formfactor (F; a combined measure of mitochondrial length and degree of branching). Statistical analysis (Mann-Whitney test) revealed significant differences between the TMRM- and MG-reported values (given by numerals in each bar). (b) Example of bivariate analysis. Relationship between mitochondrial area Am and fluorescence intensity derived from the MSK images for TMRM (Fig. 2a) and MG (Fig. 2b). Each symbol reflects an individual TMRM (red) or MG (green) fluorescent object. A linear fit revealed a significant positive correlation (p < 0.001) between Am and intensity for TMRM (slope = 0.54 ± 0.059 (SE)) and MG (slope = 0.24 ± 0.022 (SE))

- 9. To remove non-mitochondrial objects introduced by the THF filter, only white objects with an area (Am) > 10 pixels were included in the analysis (Fig. 2a; BIN(Am > 10)).
- 10. Mask the 16-bit COR images with the 8-bit BIN image to yield "masked" (Fig. 2a; MSK) images by applying a Boolean operation (COR(AND)BIN).
- 11. Repeat **steps 1–10** for the next TMRM image.
- 12. MG images (RAW) are processed identically to TMRM images (Fig. 2b).

The obtained MSK images can now be analyzed by quantifying the properties of each individual TMRM or MG-positive object. This yields the fluorescence intensity (Dm; gray value) of each individual object, as well as the total number of objects per FOV. The latter can be divided by the number of cells within the FOV to obtain the approximate number of mitochondrial objects per cell (Nc). Other descriptors include the area of the individual fluorescent objects (A_m ; in pixels), the aspect ratio of the objects (AR; being the ratio between the major and minor axis of the ellipse

equivalent to the object), and the formfactor (F) of the objects. Lower and higher values of AR and F correspond to more circular and more elongated/branched morphologies, respectively. Given their extremely flat morphology [6], the product of Am and Nc can be computed at the level of individual cells or FOVs to obtain a measure of mitochondrial mass (Mm). Data can be visualized in a monovariate manner (Fig. 3a), for instance as the mean value for a (collection of) FOV(s), or for individual objects to allow bivariate analysis (Fig. 3b). The obtained data is also compatible with multivariate analyses including Principal Component Analysis (PCA), cluster analysis, and machine learning approaches (e.g., [10, 32, 33]).

4 Notes

- 1. Changes in mitochondrial TMRM or MG fluorescence intensity (suggestive of changes in $\Delta \psi$) should ideally be accompanied by control experiments ruling out changes in ΔV [34], for instance by electrophysiological analysis [35].
- 2. Mitochondrial imaging should be carried out using short illumination times and low illumination intensities to prevent phototoxicity and light-induced TMRM-mediated opening of the mitochondrial permeability transition pore (e.g., [30, 31, 36–38]). This also minimizes induction of photobleaching-related artifacts. In this context, placing neutral density (ND) filters in the excitation light path can be useful.
- 3. To prevent artifacts induced by mitochondrial movement during acquisition of individual images, experiments can be conducted at a lower temperature (e.g., at 20 °C instead of 37 °C).
- 4. To prevent saturation of the fluorescence signal, it recommended that this signal is substantially below the maximum gray value allowed by the CCD camera.
- 5. Due to potential biological variability it is advisable to always include the same reference cell line in all experiments (analyzed on the same day) for data normalization purposes and quality control analysis (*for* details see: [10]).

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