

Social farming in the Netherlands

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Program

- Development of Dutch social farming sector
- Key success factors
- Results of effect studies
- Future directions and international challenges

Social farming: the Dutch situation

- Growing sector: 1100 care farms, more than 20.000 clients
- Different client groups: at first people with learning difficulties. Nowadays: people with a
- Different care provided





Social farming: the Dutch situation

- Farmer's wife with background in health care
- Former health care workers
- Social motive
- Financial motive
- New perspective/future alternative for intensification



Development of the social farming sector in the Netherlands

- 1999: Start of the National Support Centre
- 2003: Personal Budgets for clients
- 2005: Liberalization of long term health care
- 2010: National federation of care farmers



Development of the social farming sector in the Netherlands

- 2005: Quality mark
- Quality law of health care institutions
- Health and safety law
- Legal complain law
- Law on protection of personal data
- Law on participation of clients in health care institutions



Client satisfaction



Federatie
Landbouw
en Zorg

FEDERATIE LANDBOUW EN ZORG NEDERLAND

EIGEN KRACHT

Vragenlijst



Client nr:

Datum:

21	Ik vind mezelf de moeite waard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22	Ik zet negatieve gedachten om in positieve gedachten	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23	Ik overzie hoe mijn leven mij gevormd heeft tot wie ik ben	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24	Ik ervaar rust en veiligheid in mijn woning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25	Ik heb elke dag voldoende te doen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26	In onze samenleving worden mensen met een psychische handicap niet gediscrimineerd	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27	Ik doe dingen die ik belangrijk vind	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28	Ik kan omgaan met mijn kwetsbaarheden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29	Ik kan terugvallen op de mensen om mij heen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30	Ik durf op mezelf te vertrouwen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What do we monitor?

- Needs and objectives of clients
- Satisfaction with activities
- Involvement and responsibility
- Satisfaction with guidance of farmer
- Satisfaction with social contacts on the farm
- Social contacts outside the farm
- Reaching of identified objectives
- Reaching of broader objectives
- Empowerment

Research: Effect studies

- Youngsters with behavioural problems
- People with mental ill health and/or addiction history
- Elderly with dementia





Youngsters with behavioural problems

Performance-Indicator	Start	Finish	Follow up programme
	%	%	%
Good contact with father	12	58	73
Good contact with mother	33	83	81
Daytime activity	14	88	87
Good use of leisure time	5	51	58
Wellbeing	16	80	81
Self-confidence	9	83	81
No police contact	22	95	81
No drugs	12	80	50
No behavioural problems	3	50	46



People with mental ill health/addiction

- Quasi-experimental setting
- Follow-up T=0, T= 1 (half year) T=2 (one year)
- N=149
- No significant change on quantitative data
- No negative change in QoL, mental health or social functioning
- Decrease of use in medicine
- Highly satisfied with care on farm (8.2 and 8.3)

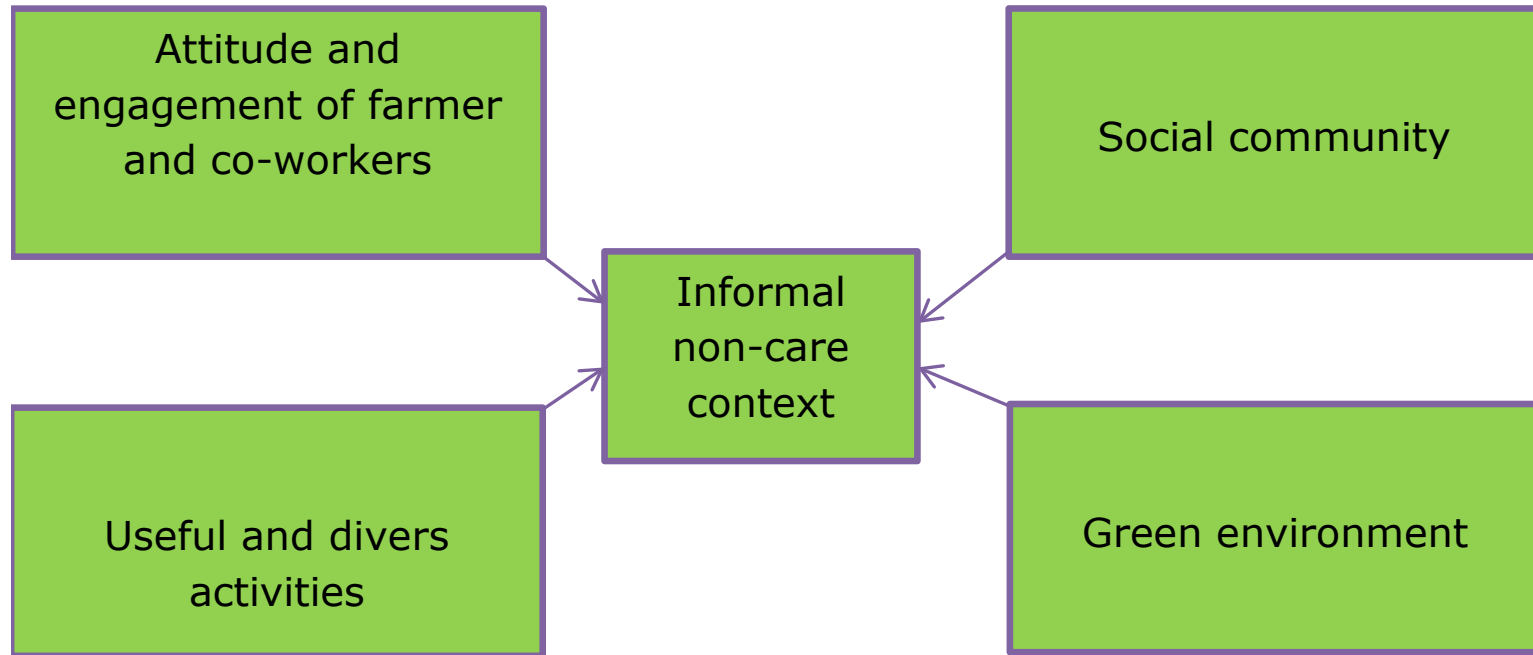
Elderly with dementia



- Quasi-experimental
- Care farms – regular day care
- Positive significant change in dietary intake
- Relief of informal care takers



Qualities of Care Farms





Engagement of the farmer (f/m)



- Continuity of treatment
- Role model
- Involvement and responsibility
- Emphasis on what people can do

Social community

- More social contacts
- Demonstrating more social behaviour
- Increase of perseverance



Useful and diverse activities



- Distraction
- Structure and routine
- Different environment
- Learning new competences



Green environment



- A better mood
- Improved concentration
- Recovery from stress
- Stimulates physical activity
- Different environment than used to



Implementation of research results

- Project subsidized by ZONMW
- Workshops for care farmers per region
- Aim: inform farmers, check results and use results in practice
- Project was not a total success because:
 - Effect studies gave not always an answer to the why care farms work for clients
 - Care farmers have other priorities at the moment

Positive aspects of involving the social farming sector in research



- Research:
 - Built up a network of care farms who can cooperate in research
 - Longitudinal studies and evaluation
 - Bigger data sets

Positive aspects of involving the social farming sector in research



- Social farming sector:
 - Built up a network and use research results in communication with government and institutes
 - Monitoring the development of clients
 - Status: research or monitoring on farm gives quality status

Future direction



- Introduction of monitoring system on all care farms
- Questionnaire as part of annual evaluation with client
- Feedback to improve quality of care (study groups)
- Development of large database

Thank you for your attention!



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