

Implementing immersive technologies in consumer testing: Taste perception and liking in a laboratory, immersive simulated café and real café

Elizabeth H. Zandstra^{a,b}, Daisuke Kaneko^c, Garnt B. Dijksterhuis^d, E. Vennik^b & René A. De Wijk^d

^a Unilever R&D Vlaardingen, The Netherlands

^b Division of Human Nutrition & Health, Wageningen University and Research, The Netherlands

^c Kikkoman Europe R&D Laboratory B.V., Wageningen, The Netherlands

^d Consumer Understanding Group, Wageningen Food and Biobased Research, Wageningen University and Research, The Netherlands

BACKGROUND

- In traditional product tests, panelists evaluate products in isolated sensory booths where everything is as standardized as possible and non-product contextual information is intentionally minimized. This is completely different from real-life situations in which you drink or eat a product together with other people^{1,2}.
- Whereas sensory booths enable a strict control over product testing, they are not representative of what happens in the real world and do not take the role of context in shaping product perceptions and acceptance into account. A solution would be to simulate the real-life context in the laboratory via the use of immersive technologies³.
- Initial research indicates that the use of immersive technologies may improve the predictive validity and reliability of liking scores in consumer testing⁴. However, how immersive technologies impact food taste perception is not known.

AIM

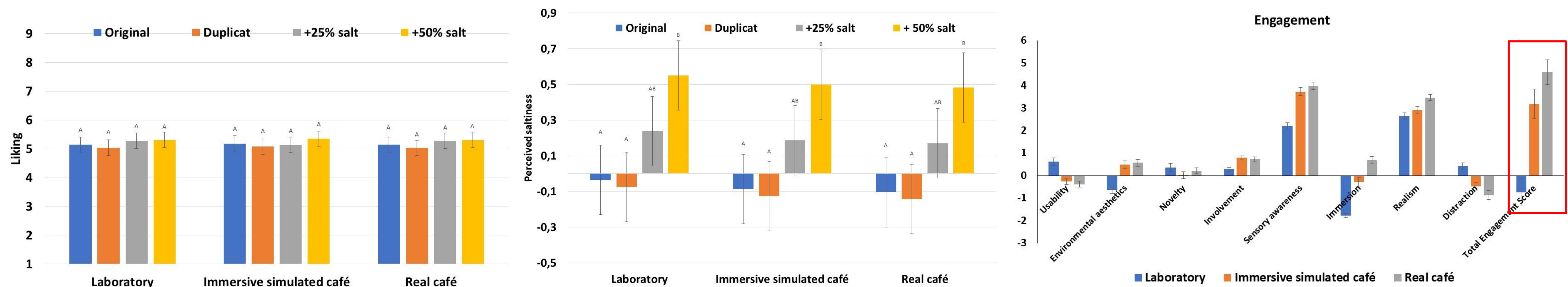
- This study investigated taste perception and liking of soups in a laboratory context, immersive simulated context and real-life context.

DESIGN

- Forty-five Dutch participants (18-60 years of age) took part in three tasting sessions, each in a different context: 1) laboratory, 2) immersive context depicting a simulated café using audiovisual cues, and 3) real café.
- Participants tasted each time four tomato soups varying in salt content: 1) regular soup (340 mg Na/100 ml prepared soup), 2) soup with 25% extra salt (425 mg Na/100 ml), 3) soup with 50% extra salt (510 mg Na/100 ml), and 4) a duplicate of the regular soup to check the acuity of the subjects.
- Taste perception, liking and engagement were measured.



RESULTS



- There were no differences in liking nor taste perception between the three contexts ($p > 0.05$).
- In addition, participants felt most engaged in the real café and simulated café, and least in the laboratory ($p < 0.05$).

CONCLUSION

- These findings suggest that the effects of test context found in earlier studies may be related to factors other than the test context itself, e.g., consumer population, portion size, social context, time of day.
- This study provides new insights on the use of immersive technologies to better understand food intensity and liking in different contexts.

ACKNOWLEDGEMENTS

This work was supported by a grant from the Dutch Top Consortium for Knowledge and Innovation (TKI) Agri&Food together with Unilever R&D Vlaardingen, Kikkoman Europe R&D Laboratory B.V. (KEL) and Noldus Information Technology (TKI-AF-17005).

REFERENCES

1. Holthuysen, N.T.E., Vrijhof, M.N., de Wijk, R.A., & Kremer, S. (2017). "Welcome on board": Overall liking and just-about-right ratings of airplane meals in three different consumption contexts— laboratory, re-created airplane, and actual airplane. *Journal of Sensory Studies*, 32(2), e12254. <https://doi.org/10.1111/joss.12254>.
2. Zandstra EH & Lion R. (2019). 'In-home testing'. In Context: The Effects of Environment on Production Design and Evaluation, eds HL Meiselman, Woodhead Publishing, 1-685.
3. Bangcuyo, R.G., Smith, K.J., Zumach, J.L., Pierce, A.M., Guttman, G.A., & Simons, C.T. (2015). The use of immersive technologies to improve consumer testing: The role of ecological validity, context and engagement in evaluating coffee. *Food Quality & Preference*, 41, 84-95. <https://doi.org/10.1016/j.foodqual.2014.11.017>.
4. Galiñanes Plaza, A., Delarue, J., & Saulais, L. (2019). The pursuit of ecological validity through contextual methodologies. *Food Quality & Preference*, 73, 226-247. <https://doi.org/10.1016/j.foodqual.2018.11.004>.