



WAGENINGEN
UNIVERSITY & RESEARCH

Oxidative stability of soy proteins: From ground soybeans to structured products

Duque-Estrada, P., Kyriakopoulou, K., de Groot, W., van der Goot, A. J., & Berton-Carabin, C. C.

This is a "Post-Print" accepted manuscript, which has been Published in "Food Chemistry"

This version is distributed under a non-commercial no derivatives Creative Commons



([CC-BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/4.0/)) user license, which permits use, distribution, and reproduction in any medium, provided the original work is properly cited and not used for commercial purposes. Further, the restriction applies that if you remix, transform, or build upon the material, you may not distribute the modified material.

Please cite this publication as follows:

Duque-Estrada, P., Kyriakopoulou, K., de Groot, W., van der Goot, A. J., & Berton-Carabin, C. C. (2020). Oxidative stability of soy proteins: From ground soybeans to structured products. *Food Chemistry*, 318, [126499].

<https://doi.org/10.1016/j.foodchem.2020.126499>

You can download the published version at:

<https://doi.org/10.1016/j.foodchem.2020.126499>

Oxidative stability of soy proteins: from ground soybeans to structured products

Patrícia Duque-Estrada, Konstantina Kyriakopoulou, Wouter de Groot, Atze Jan van der Goot, Claire C. Berton-Carabin*

Food Process Engineering, Wageningen University & Research, PO Box 17, 6700 AA, Wageningen, The Netherlands

*Corresponding author. Tel.: +31 (0)3174-85447; claire.carabin-berton@wur.nl (C. C. Berton-Carabin).

Abstract

1 The production of soy protein-based foods requires multiple-step, intensive processing
2 and storage of soy ingredients, which can increase the product's susceptibility to
3 oxidation. Therefore, we investigated the oxidative stability of soy protein-based products
4 subjected to different relevant conditions or treatments: over storage of soy flours, over
5 fractionation of to yield soy protein isolate (SPI), and over subsequent thermomechanical
6 processing to yield a model structured product. Soy flours were stable to lipid and protein
7 oxidation over 250 days storage in chilled or ambient conditions. The fractionation process
8 applied to make SPI did not increase substantially protein carbonylation, but increased
9 surface-exposed hydrophobicity and decreased free thiols, compared to the starting
10 defatted flour. Subsequent processing of hydrated SPI powder at 140 °C further increased
11 protein carbonylation to a high extent. Therefore, we conclude that soy flours can be stable
12 over long storage times, but processing to yield structured foods products promote protein
13 oxidation.

14

15 **Keywords:** soy protein isolate, protein oxidation, carbonylation, thiols, lipid oxidation

16 **1. Introduction**

17 Soy proteins have been widely used in food industry due to their functionality and high
18 nutritional value. Different soy protein ingredients can be obtained through processing of
19 soybeans in various conditions: full-fat soy flour (FFSF) is obtained through soybean milling;
20 defatted soy flour (DSF) is obtained after oil extraction from FFSF, and lastly soy protein
21 concentrate (SPC) and isolate (SPI) are obtained after wet fractionation processes. For instance,
22 SPC is obtained by an aqueous alcohol process, while SPI is obtained by sequential steps of
23 solubilization under alkali and precipitation under acid conditions. The final stage of the
24 fractionation process involves drying, which is usually done by spray-drying (large scale) or
25 freeze-drying (lab-scale). The final soy protein ingredients, SPC and SPI, contain the major
26 soybean storage proteins, β -conglycinin and glycinin. SPC usually contains > 65% proteins in
27 dry basis and SPI > 90% proteins.

28 The interest in soy protein ingredients aligns with the increased demand for alternatives to meat
29 proteins, as soy proteins can be used as the main source of protein in the final product. Therefore,
30 it is key to control the sensory, nutritional and functional properties of soy protein ingredients.
31 One determining factor for the quality of lipid- and protein-containing ingredients is their
32 oxidative status and stability. In soy flours, both lipids and proteins can be subjected to oxidation.
33 Lipid oxidation is caused by a free radical chain reaction, which leads to primary and secondary
34 oxidation products, of which the latter are responsible for off-flavors (Johnson & Decker, 2015).
35 In plant-derived ingredients, lipid oxidation can be initiated via different pathways: autoxidation,
36 which can be promoted by traces of transition metals and high temperature; photooxidation,
37 which involves the production of singlet oxygen (Schaich, Shahidi, Zhong, & Eskin, 2013); or
38 enzymatic oxidation, which involves the presence of the enzyme lipoxygenase (LOX).

39 Lipid oxidation products, as well as reactive oxygen species, can react with proteins, leading to
40 protein oxidation (Estévez, 2017). Such co-oxidation phenomenon is relevant to FFSF, but may
41 also play a role in DSF in which traces of unsaturated lipids can be present still. Studies have
42 shown that adding unsaturated lipids to DSF or directly to the SPI induced protein oxidation in
43 SPI (Boatright & Hettiarachchy, 1995; Huang, Hua, & Qiu, 2006). Protein oxidation results in
44 modifications of amino acid side chains and of the protein backbone, such as carbonylation,
45 fragmentation or crosslinking (Estévez, 2017; Hellwig, 2019). Protein oxidative modifications
46 can thus lead to changes in protein structure and conformation. Some of these modifications
47 involve changes in protein hydrophobicity and loss of essential amino acids, which can affect
48 protein solubility, nutritional value, and recently a few studies have even associated it to harmful
49 effects *in vivo* (Estévez & Xiong, 2019).

50 So far, most of the research on the oxidative stability of SPI has focused on the ability of lipid
51 oxidation products to induce protein oxidation (Cucu et al., 2013; Huang et al., 2006; Wu,
52 Zhang, & Hua, 2009), but limited information is available about how the processes applied to
53 obtain soy flours and derived protein ingredients affect protein oxidation. In our lab, we recently
54 measured the protein-bound carbonyl content of several commercial SPC and SPI powders, and
55 compared it to values reported in literature for different plant and animal proteins (**Fig. S1** in
56 supplementary material). All the tested commercial ingredients had a higher carbonyl content
57 than e.g., lab-made SPI as reported in literature (Chen, Zhao, Sun, Ren, & Cui, 2013; Wu et al.,
58 2009). Compared to these commercial soy protein ingredients, the carbonyl contents for lupine
59 protein isolate, whey protein isolate (WPI), raw chicken and bovine meat were also lower
60 (Berghout, Marmolejo-Garcia, Berton-Carabin, Nikiforidis, Boom, & van der Goot, 2015;
61 Berton-Carabin, Schröder, Rovalino-Cordova, Schroën, & Sagis, 2016; Santé-Lhoutellier,
62 Astruc, Marinova, Greve, & Gatellier, 2008; Soyer, Özalp, Dalmiş, & Bilgin, 2010). Such a
63 variability in the protein-bound carbonyl levels suggests that either the process to obtain soy

64 protein ingredients, and/or the subsequent storage conditions promote protein oxidation.
65 Interestingly, it was previously reported that SPI flours have more carbon-centered radicals than
66 animal protein ingredients such as WPI (Boatright, Lei, & Jahan, 2009). The release of those
67 radicals increased during storage and upon hydration (Boatright et al., 2009). These results
68 suggest that soy protein ingredients may be particularly prone to oxidation, especially in
69 hydrated form.

70 Soy protein ingredients are frequently used to formulate structured food products, which
71 involves further processing. These processes often use high temperatures, which can promote
72 lipid and protein oxidation. Recently, we found that the carbonyl content increased in hydrated
73 SPC when subjected to a thermomechanical process (Duque Estrada, Berton-Carabin,
74 Schlangen, Haagsma, Pierucci, & van der Goot 2018). Therefore, we hypothesize that protein
75 oxidation products are formed during the initial ingredient fractionation process, and that soy
76 flours containing lipids are more prone to oxidation during storage at ambient conditions, i.e., at
77 room temperature (~ 25 °C). In addition, protein oxidation occurring in the thermomechanical
78 process depends on the initial oxidative state of the ingredient.

79 Therefore, we aimed to understand the impact of storage and processing, fractionation and
80 heating, on protein oxidation of soy proteins. For this, we investigated the oxidative stability of
81 house-made FFSF and DSF stored at different temperatures for up to 250 days; and protein
82 oxidation upon wet fractionation process of DSF to yield lab-made SPI. Finally, we also
83 investigated how protein oxidation in SPI was further affected by applying a thermomechanical
84 process, which would be the ultimate step towards final product fabrication. We used protein-
85 bound carbonyl as a marker for protein oxidation, as well as complementary analyses such as
86 the determination of the concentration of thiol groups and protein aggregation.

87

88 2. Material and methods

89 2.1. Materials

90 Soybeans were obtained from FRANK Food Products (Twello, The Netherlands) and stored
91 for less than 1 year at 4 °C. According to the manufacturer, soybeans did not receive any post-
92 harvesting treatment. SPI (SUPRO[®] 500E-80.16% protein) was obtained from Danisco
93 (Copenhagen, Denmark) (N x 5.7) and had been stored in a closed plastic container at room
94 temperature (~25 °C) for at most 13 months before the start of the experiments. 8-Anilino-1-
95 naphthalensulfonic acid ammonium salt (ANSA, ≥ 97%), β-mercaptoethanol, sodium
96 phosphate monobasic dihydrate (≥ 99%), sodium phosphate dibasic (≥ 99%), 2,4-
97 dinitrophenylhydrazine (DNPH), trichloroacetic acid (TCA), sodium dodecyl sulfate (SDS),
98 guanidine hydrochloride (CH₅N₃HCl), cumene hydroperoxide solution (80%), n-hexane, *p*-
99 anisidine, Ellman's reagent or 5,5'-dithiobis (2-nitrobenzoic acid) (DTNB) and Bis-TRIS
100 buffer were obtained from Sigma-Aldrich (Germany, Darmstadt). Hydrochloric acid (HCl,
101 37%) was purchased from VWR Chemicals (Fontenay-sous-Bois, France). Ethanol (ACS
102 99%), ethyl acetate (ACS 99%), barium chloride (BaCl₂·2H₂O), sodium hydroxide (NaOH),
103 ammonium thiocyanate (NH₄SCN), 1-butanol, acetic acid (glacial) 100% were purchased
104 from Emsure (Merck Millipore, Darmstadt, Germany). Ferrous sulfate heptahydrate
105 (FeSO₄·7H₂O) and methanol were obtained from Actu-All Chemicals B.V. (Oss, The
106 Netherlands). Petroleum ether was obtained from Avantor Performance Materials B.V.
107 (Deventer, The Netherland). The bicinchoninic acid (BCA) protein assay kit was obtained
108 from Thermo Scientific (Pierce, Rockford, US). Mini-Protean TGX gels (12%), Bio-safe
109 Coomassie G-250 stain, 2x Laemmli sample buffer, 10x Tris/Glycine/SDS buffer (25 mM
110 Tris, 192 mM glycine and 0.1 w/v% SDS, 1x solution, pH 8.3) and precision plus protein dual
111 color standard were purchase from Bio-Rad Laboratories (Munchen, Germany). Ultrapure

112 water obtained from Millipore Milli-Q system was used for all experiments, unless otherwise
113 stated.

114 **2.2. Preparation of soy flours: FFSF and DSF**

115 Soybeans were pre-milled using a pin mill (Condux-Werk LV 15 M, Wolfgang bei Hanau,
116 Germany), followed by milling using a ZPS 50 impact mill (Hosokawa-Alpine, Augsburg,
117 Germany). The conditions were set to: classifier wheel speed at 2500 rpm, air flow of 80 m³/h,
118 mill speed of 8000 rpm and feed rate of 2-5 rpm (Geerts, Dekkers, van der Padt, & van der Goot,
119 2018). The milling process resulted in a fine flour with an average particle size of 80.3 ± 6.8
120 µm (*D*₅₀), as measured according to Xing, Wit, Kyriakopoulou, Boom, & Schutyser (2018). Part
121 of the obtained FFSF was immediately defatted using an automated Buchi extraction system B-
122 811 LSV (BÜCHI Labortechnik AG, Flawil, Switzerland) according to AACC method 30-25
123 (AACC, 1983). We performed a short standard Soxhlet procedure according to Berghout et al.
124 (2015b) with slight modifications, in which the heating step of the standard procedure was
125 reduced to 3 h to avoid that long extraction and solvent evaporation. The oil was extracted with
126 petroleum ether (1:3.5 w/w) for 3 h followed by 20 min solvent removal in a rotor evaporator
127 RC900 (KNF, Trenton, US) at 65 °C, 160 rpm and 50 bar. The oil recovered was stored in plastic
128 containers covered with aluminium foil and stored at 4 °C for analysis on the next day. The
129 remaining solvent present in the DSF was evaporated overnight at room temperature (~25 °C)
130 while being protected from light exposure. On the next day, part of the obtained DSF was used
131 for wet fractionation process.

132 Regarding storage conditions, both FFSF and DSF were stored in individual plastic containers
133 closed with a lid and covered the outside of the container with aluminium foil to avoid exposure
134 to light. One container was used per each day of analysis. Samples were stored at room
135 temperature (~25 °C), 4 °C and -20 °C, for 250 days. The temperatures of 25 °C and 4 °C were

136 chosen since protein-based flours and powders are usually stored at this range of temperatures.
137 At -20 °C it has been shown that meat products can undergo protein oxidation (Utrera, Parra, &
138 Estévez, 2014).

139 During storage conditions experiments, the same defatting procedure was repeated at different
140 time points to extract the oil from FFSSF and analyze it.

141 **2.3. Wet fractionation process**

142 Wet fractionation was performed to prepare SPI from DSF according to Jiang, Chen and Xiong
143 (2009) with some adjustments. After solvent evaporation, DSF was suspended in ultrapure water
144 (1:9 w/v) and the pH was adjusted to 8.0 using 1 M NaOH. The sample was stirred for 3 h,
145 followed by centrifugation at 10,000 rpm corresponding to 17,217g for 30 min at 4 °C using a
146 Sorvall Lynx 4000 centrifuge (radius of 15.4 cm) (Thermo Fisher Scientific, Waltham, MA,
147 USA). The supernatant was collected and adjusted to pH 4.5 with 1 M HCl. After 1 h stirring
148 the suspension was centrifuged at 17,217g at 4 °C for 30 min. The protein pellet was washed
149 with ultrapure water (1:4 w/v) twice and stirred for 1 h. Subsequently, the suspension was
150 centrifuged at 8000 rpm corresponding to 11,019g for 30 min at 4 °C. The protein pellet was
151 suspended (1:4 w/v) in ultrapure water and the pH was adjusted to 7.0 using 1 M NaOH. This
152 protein suspension was left stirring (with regular pH adjustments to 7.0 if necessary) at 1000
153 rpm for 2-3 h, until the pH was stable. The suspension was frozen overnight, and on the next
154 day, freeze-dried for 72 h using a Christ Epsilon 2-6D freeze-dryer (Martin Christ
155 Gefriertrocknungsanlagen GmbH, Osterode am Harz, Germany). After freeze-drying, SPI was
156 then pulverized by using a Rotor Mill Pulverisette 14 (Fritsch GmbH, Idar-Oberstein, Germany)
157 with a sieving ring with diameter 0.5 µm and a speed of 6000 rpm. The samples were stored at
158 4 °C for further analysis.

159 2.4. Chemical and physical properties of soy flours

160 The moisture content of FFSF, DSF and SPI was determined by drying 3 g sample at 105 °C
161 until constant weight in an oven (Binder GmbH, Tuttlingen, Germany). The total protein content
162 was determined by nitrogen content with the Dumas method using a Flash EA 1112 series N-
163 analyzer (Thermo Fisher Scientific, Waltham, MA, USA) with a nitrogen conversion factor of
164 5.7. The soluble protein concentration was determined by bicinchoninic acid (BCA) assay
165 according to the manufacturer's specifications with a few modifications (Duque Estrada et al.,
166 2018). The oil content was determined by Soxhlet as described in section 2.2. The ash content
167 was determined in 1 g of sample heated at 525 °C for 5 h using ashing furnace AAF 11/3
168 (Carbolite-Gero Ltd., Hope, UK), with a ramp rate of 15 °C/min. Afterward, the samples were
169 left in a desiccator until constant weight. The water activity of FFSF, DSF, and SPI was
170 measured at 25 °C in an Aqualab water activity meter (Decagon Devices Inc., Pullman, WA,
171 US). LOX activity in FFSF was determined by measuring the formation of conjugated (CD),
172 according to Kong, Li, Wang, Hua, & Huang (2008). Briefly, the supernatant of FFSF
173 suspension (2.4 wt.% in water) was added with 2.24 mM linoleic acid suspension (50 mM
174 borate buffer, pH 8.6), and the mixture was rapidly shaken and incubated for 4 minutes at 30
175 °C in a water bath.. Samples were regularly taken in time, and the absorbance was recorded at
176 234 nm. One unit (U) of LOX was defined as the quantity of enzyme that generates 1 μmol of
177 CD per minute upon incubation at 30 °C. To determine the rate of formation of CD in μmol min⁻¹,
178 we used the following calculation (Eq. 1):

$$179 \quad CD = \frac{[\frac{Abs}{t}]S_V * 10^6}{\epsilon * l} \quad \text{Eq.1}$$

180 Where Abs is the absorbance at 234 nm, t is the time in min, S_V is the sample volume in L, ϵ is
181 the molar extinction coefficient of CD ($2.5 \times 10^4 \text{ M}^{-1} \text{ cm}^{-1}$) and l is the cuvette length in cm.

182 LOX activity was expressed in unit (U) per mL

183 The results of the analysis are presented in **Table S1** in supplementary material. All
184 measurements were done in triplicate on two independent batches, except for water activity for
185 which independent batches were measured in duplicate.

186 **2.5. Thermomechanical process of SPI**

187 SPI samples were subjected to a heat- and shear-based process in a closed cavity (disk geometry)
188 rheometer (CCR) (RPA elite, TA instruments, US) to mimic the conditions encountered in a
189 high-temperature shear cell, according to Geerts et al. (2018). The CCR can be used as a tool to
190 study the rheological properties of concentrated biopolymer matrices under mechanical stress
191 and high temperatures conditions. The hydrated powders were prepared with 44 wt% SPI, 55
192 wt% demineralized water and 1 wt% NaCl according to Geerts et al. 2018. After mixing the
193 ingredients and resting for 30 min, approximately 3 g of the mixture were placed in the CCR,
194 which was sealed with a closing pressure of 4.5 bar to prevent water evaporation. A time-sweep
195 was performed at 80% strain and 10 Hz frequency while heating at 100 or 140 °C for 15 min.
196 The resulting samples were then cooled down to room temperature (~25 °C) and stored at 4 °C
197 until further analysis.

198 **2.6. Preparation of soy protein suspensions to measure protein oxidation**

199 Suspensions of the soy protein ingredients (FFSF, DSF and SPI) were prepared with 6 wt%
200 protein (based on protein content in dry basis) in ultrapure water or in 10 mM sodium phosphate
201 buffer pH 7.0, when mentioned. The samples were quickly vortexed at 2500 rpm and then mixed
202 at 1980 rpm in a Multi Reax shaker (Heidolph Instruments GmbH & CO, Schwabach, Germany)

203 for 2 h at 4 °C. After 2 h the samples were centrifuged at 18,000g for 2 °C for 20 min and the
204 soluble fraction was recovered.

205 The processed SPI-based samples were first cut into small pieces, then homogenized with
206 ultrapure water to prepare a 6 wt% protein suspension using a rotor-stator homogenizer (IKA
207 T18 UltraTurrax, Thermo Fisher Scientific, Staufen, Germany) at 13600 rpm for 1 min.
208 Afterwards the homogenate was centrifuged at 18,000g at 2 °C for 20 min and the supernatant
209 was recovered. The soluble protein concentration was measured with the BCA assay as
210 described in section 2.4. The percentage of soluble protein in the supernatant compared to the
211 initial total protein content (based on protein content in dry basis) was determined (**Fig. S2** in
212 supplementary material).

213 **2.7. Determination of protein-bound carbonyl content**

214 The determination of protein-bound carbonyl content was done according to Duque Estrada et
215 al. (2018). In the current paper, only the fraction obtained after the first centrifugation step was
216 considered since solubilization of soy flours was not an issue. Aliquots from the protein fractions
217 (section 2.6) (at least 4 mg/mL soluble protein) were taken to measure the carbonyl content by
218 the DNPH method. After the hydrazone derivatization, the pellets were suspended in 1.5 mL of
219 6 M guanidine hydrochloride prepared in 20 mM sodium phosphate buffer (pH 6.5) and
220 incubated in an Eppendorf thermomixer (Eppendorf AG, Germany) at 37 °C overnight. Then,
221 the absorbance was measured at 370 nm using a UV–visible spectrophotometer (HACH Lange
222 DR 3900). A blank was prepared by following the exact same procedure, but without DNPH.
223 The soluble protein concentration in 6 M guanidine hydrochloride was determined by the BCA
224 method. The carbonyl content was calculated with the following equation:

$$225 \quad \text{Carbonyl content} \left(\frac{\text{mmol}}{\text{kg}} \right) = \frac{\frac{ABS_{\text{sample}} - ABS_{\text{blank}}}{\epsilon}}{\text{soluble protein concentration}} \quad \text{Eq. 2}$$

226 Where, ABS_{sample} is the absorbance of the sample, ABS_{blank} the absorbance of the blank and ϵ is
227 the molar extinction coefficient of carbonyls set as $22\,000\text{ M}^{-1}\text{ cm}^{-1}$.

228 **2.8. Lipid oxidation: primary and secondary products**

229 **2.8.1. Hydroperoxide concentration**

230 The formation of hydroperoxides in the oil extracted from FFSF, freshly prepared or upon
231 storage in various conditions, was measured according to Berghout et al. (2015b). The oil was
232 mixed with n-hexane in a 1:60 w/v ratio. Then the solution was vortexed for 30 s. The assay
233 reagent was prepared as follows: equal volumes of 0.144 M ferrous sulfate heptahydrate (FeSO_4
234 $\cdot 7\text{H}_2\text{O}$) were mixed with 0.132 M BaCl_2 in 0.4 M HCl, then centrifuged for 3 min at 20,238g
235 using the Eppendorf Centrifuge 5424 (Eppendorf AG, Hamburg, Germany). The supernatant
236 was collected and mixed with 3.94 M ammonium thiocyanate in equal volumes. The later
237 solution was the assay reagent. Then, 1.40 mL methanol-butanol (3:1 v/v) was mixed with 0.10
238 mL oil/n-hexane sample and 15 μL assay reagent. The samples were covered, mixed and
239 incubated for 20 min. After the 20 min incubation, the absorbance was measured at 510 nm
240 using a Beckman Coulter DU 720 UV/VIS spectrophotometer (Beckman Coulter, Brea, CA,
241 USA) in polystyrene cuvettes. A calibration curve was prepared from a stock 5.26 mM cumene
242 peroxide solution (80%) with a concentration range of 0-160 μM to calculate the amount of
243 peroxide in the oil samples. The hydroperoxide concentration (C_{HPX}) was then calculated with
244 the following equation:

$$245 \quad C_{HPX} \text{ (meq/kg oil)} = \frac{\text{mmol peroxide}}{2 * \text{kg of oil}} \text{ Eq. 3}$$

246 in which 2 was the conversion factor from mmol to meq O_2 .

247 **2.8.2. p-Anisidine value**

248 The secondary lipid oxidation products, mainly aldehydes, was measured by the para-anisidine
249 value (pAV) in the oil extracted from fresh FFSF or stored flours in various conditions. The
250 pAV was determined according to Berghout et al. (2015b). The oil/n-hexane mixture was
251 prepared as described in section 2.8.1. First, the absorbance of 1.2 mL of the oil/n-hexane
252 mixture was measured at 350 nm using a Beckman Coulter DU 720 UV/VIS spectrophotometer
253 (Beckman Coulter, Brea, CA, USA) in quartz cuvettes. A blank of pure n-hexane was used.
254 Then, 1 mL of oil/n-hexane mixture was mixed with 0.2 mL of 2.5 g/L p-anisidine/acetic acid
255 solution. The resulting mixture was vortexed at 2500 rpm for 10 s and incubated for 10 min in
256 the dark. The blank was pure n-hexane with p-anisidine. After 10 min incubation, the absorbance
257 was measured at 350 nm. To calculate the pAV (arbitrary units), the following equation was
258 used:

$$259 \quad \text{pAV} = \frac{1.2A_s - A_b}{m} \text{ Eq. 4}$$

260 in which A_s is the absorbance of the sample, A_b is the absorbance of the blank and m the mass
261 (g) of oil per mL n-hexane.

262 **2.9. Determination of thiol groups (free sulfhydryl groups)**

263 The free thiol group concentration was measured according to Berghout, Boom, & van der Goot.
264 (2015a). The supernatants of FFSF, DSF and SPI suspensions prepared as described in section
265 2.6 were diluted to a final soluble protein concentration of 5 g/L. Then, in a 15-mL tube, 0.2 mL
266 sample was added to 2.55 mL of 50 mM Bis-TRIS buffer (pH 7.0) and to 0.25 mL DTNB
267 solution (0.1% (w/v) Bis-TRIS buffer). The tubes were protected from light and mixed. After a
268 total incubation time of 15 min, the absorbance was measured at 412 nm with a
269 spectrophotometer UV-VIS Beckman Coulter DU-720 (Woerden, the Netherlands). Two blanks

270 were prepared to correct the absorbance value, in which buffer was used to replace DTNB in the
271 sample blank (S_B) and to replace the sample in the reagent blank (R_B).

272 The concentration of thiol groups (C_{SH} , $\mu\text{mol/g}$ soluble protein) was calculated using the
273 following equation 4:

$$274 \quad C_{SH} = \frac{\left(\frac{Abs}{\epsilon * z}\right) * DF * 10^6 \text{ (}\mu\text{mol/L)}}{\text{Soluble protein concentration (g/L)}} \quad \text{Eq. 5}$$

275 Where Abs is the net absorbance value after blank correction ($Abs = \text{sample } Abs - S_B - R_B$), ϵ is
276 the molar extinction coefficient for DTNB ($13,600 \text{ M}^{-1} \text{ cm}^{-1}$), z the path length, DF is the dilution
277 factor of the sample and 10^6 is to convert mol/L to $\mu\text{mol/L}$.

278 **2.10. Sodium dodecyl sulphate polyacrylamide gel (SDS-PAGE)**

279 The molecular weight distribution of proteins in the different samples was assessed by
280 performing SDS-PAGE in non-reducing and reducing conditions according to the
281 manufacturer's specifications. First, the FFSF and DSF supernatants (section 2.6) were diluted
282 to obtain a protein concentration of around 1 g/L , and the SPI supernatant was diluted to obtain
283 a protein concentration of 2.5 g/L . For non-reducing conditions, samples were mixed with the
284 2x Laemmli buffer (1:1). For reducing conditions the sample buffer was prepared by mixing 950
285 μL of 2x Laemmli buffer with $50 \mu\text{L}$ of β -2-mercaptoethanol. Samples were then mixed with
286 the reducing sample buffer (1:1). All samples were heated at $95 \text{ }^\circ\text{C}$ for 5 min in an Eppendorf
287 thermomixer (Eppendorf AG, Germany) and cooled at room temperature ($\sim 25 \text{ }^\circ\text{C}$) for 30 min .
288 After cooling down, the samples were centrifuged using $10,000g$ for 5 min . Then, $15 \mu\text{L}$ of
289 samples or molecular weight standard were deposited on top of the gels. The electrophoresis
290 was carried out with a 10x Tris/Glycine/SDS running buffer (25 mM Tris, 192 mM glycine and
291 0.1 w/v\% SDS) at 200 V for approximately 30 min . Afterwards, the gels were washed 3 times

292 with ultrapure water and stained with Bio-safe Coomassie stain overnight. The gels were then
293 washed with ultrapure water for 30 min before scanning using a GS-900 Calibrated
294 Densitometry System (Bio-Rad Laboratories, Inc., USA). The gel images were analyzed using
295 the Image Lab (version 2.0.1, Bio-Rad Laboratories). SDS-PAGE was done in duplicate in 2
296 independent samples.

297 **2.11. Protein surface-exposed hydrophobicity**

298 The protein surface-exposed hydrophobicity was determined according to Berton-Carabin et al.
299 (2016). Supernatants of samples prepared in 10 mM sodium phosphate buffer pH 7.0, (section
300 2.6) were diluted to a final concentration of 1 g/L soluble protein. A solution of the anionic
301 fluorescence probe 8-anilino-1-naphthalensulfonic acid ammonium salt (ANSA) (2.4 mM) was
302 prepared in 10 mM sodium phosphate buffer at pH 7.0 and mixed overnight at 4 °C. The
303 fluorescence emission spectra were measured between 400 and 650 nm with steps of 0.5 nm
304 using a RF-6000 spectrofluorometer (Shimadzu Corporation, Kyoto, Japan). The excitation
305 wavelength was set at 385 nm and the emission was measured at 480 nm, with a scan rate of 60
306 nm/min and spectral bandwidth of 5.0 nm. For this measurement, quartz cuvettes with
307 dimensions 10 x 10 mm were used (Hellma Analytics, Müllheim, Germany). Then 1 mL of
308 sample was mixed with 10 µL ANSA for 1 min and the spectrum was recorded. ANSA was
309 added to the sample until it reached saturation. The results are expressed as the maximum
310 fluorescence intensity (F_{max}) at 480 nm, corrected after blanks subtraction: sample with no
311 ANSA and buffer with the same ANSA concentration. Measurements were done in 2
312 independent samples.

313 **2.12. Study design**

314 In **Fig. 1** we show a schematic representation of the different soy-based ingredients and products
315 prepared, stored and analyzed for lipid and protein oxidation.

316 **2.13. Statistical analysis**

317 All the data are expressed as the mean and standard deviation of independent samples, which
318 were measured in triplicate per experiment, unless otherwise stated. Statistical analysis was done
319 using the Statistical Package for the Social Sciences (SPSS software v. 23, IBM Inc.). One way-
320 ANOVA with a post hoc Turkey test was done to compare means of carbonyl content of FFSSF
321 and DSF stored at different temperatures within the same storage day; carbonyl content of
322 unheated and thermomechanically treated SPI; and means of protein surface-exposed
323 hydrophobicity and thiol groups among soy protein ingredients. T-Test for independent samples
324 was used to compare means of carbonyl content between lab-made SPI and commercial, within
325 the same process conditions. The significance level was set at $p < 0.05$.

326 **3. Results and discussion**

327 First, the effect of storage temperature on the chemical stability of FFSSF and DSF was
328 determined over 250 days. This was assessed by measuring primary and secondary lipid
329 oxidation products, and protein-bound carbonyls and protein molecular weight distribution as
330 markers for protein oxidative modifications. Second, the oxidative status of SPI was determined,
331 considering the effects of wet fractionation and of thermomechanical process.

332 **3.1. Effect of storage conditions on the oxidative stability of FFSF and DSF**

333 **3.1.1. Lipid oxidation**

334 The formation of lipid hydroperoxides in the soybean oil extracted from FFSF is shown in **Fig.**
335 **2A**. The hydroperoxide concentration in the fresh samples was 2.55 ± 1.25 meq.kg⁻¹ of oil, and
336 this concentration did not significantly increase over the 250 days of storage, whatever the
337 storage temperature. The concentration of hydroperoxides in crude soybean oil extracted by
338 organic solvent has been reported to be around 0.6 meq.kg⁻¹ (De Moura Bell et al., 2013) or 2
339 meq.kg⁻¹ (Alencar et al., 2010). These values correspond to our findings, albeit slightly lower,
340 which could be due to some variability in moisture and lipid content in the soybeans, and in the
341 extraction conditions (Crowe, Crowe, Johnson, & White et al., 2002). According to the Codex
342 Alimentarius, peroxide values that are considered acceptable for human consumption are up to
343 10 meq.kg⁻¹ of refined oil and 15 meq. kg⁻¹ of cold pressed and virgin oil (FAO, 1999). This
344 means that the oil present in FFSF stored at different temperatures for up to 250 days is still
345 acceptable according to these standards.

346 The formation of secondary oxidation products measured by pAV was also minimal over the
347 250 days of storage, and no effect of temperature was observed (**Fig. 2B**). The oil extracted from
348 fresh FFSF had a pAV value of 1.13 ± 0.08 . Likewise, De Moura Bell et al. (2013) found a pAV
349 value of 1.88 for crude soybean oil extracted with an organic solvent. Although lower pAV
350 values of 0.28-0.47 have been described for vegetable oils, such as rapeseed, sunflower and
351 kiwised oil, those were freshly stripped by means of an adsorbent material (Viau, Genot,
352 Ribourg, & Meynier, 2016). Overall, we can thus conclude that our FFSF was stable to lipid
353 oxidation over the tested storage period, whatever the temperature. This may be due to the low
354 LOX concentration ($\mu\text{mol}/\text{min}/\text{ml}$ enzyme), moisture content and water activity of this

355 ingredient (**Table S1**, supplementary material). In those conditions, lipid oxidation is in fact
356 expected to be low (Schaich et al., 2013).

357 **3.1.2. Protein-bound carbonyl content**

358 The protein-bound carbonyl content in FFSF and DSF, measured over 250 days of storage at
359 different temperatures, is shown in **Fig. 3**. Fresh FFSF had a carbonyl content of 5.87 ± 1.80
360 mmol carbonyls/kg soluble protein (**Fig. 3A**), which moderately increased over 60 days of
361 storage at room temperature ($\sim 25\text{ }^{\circ}\text{C}$). However, due to variability among batches, this increase
362 was not significant ($p > 0.05$). The differences among batches might be due to the fact that
363 radical chain reactions are auto-catalytic, and inherently difficult to control and reproduce,
364 especially when no catalyst is purposely added (Schaich et al., 2013). Fresh DSF had a carbonyl
365 content of 5.92 ± 0.76 mmol carbonyls/kg soluble protein (**Fig. 3B**) which did not increase over
366 storage (**Fig. 3B**). Lower carbonyl content of 2.79 ± 0.06 mmol carbonyls/kg soluble protein
367 was previously reported for full-fat lupin flour submitted to the same milling process as our
368 FFSF and stored for 2 weeks at $20\text{ }^{\circ}\text{C}$ (Berghout et al. 2015b). Differences in carbonyl content
369 between the full-fat lupin flour and FFSF may be attributed to oil fatty acid composition, as
370 soybean oil usually contains around 50% polyunsaturated fatty acids and lupine oil only around
371 30% (Johnson et al., 2008; Sbihi, Nehdi, Tan, & Al-Resayes, 2013). Differences in
372 microconstituent composition (e.g., transition metals such as iron) could also play a role.

373 Furthermore, it is relevant to mention that the carbonyl content was measured in the soluble
374 fraction (i.e., supernatant) of FFSF and DSF, which represents half of the total protein suspended
375 in water (**Fig. S2** in supplementary material). Measurement of carbonyls in the non-soluble
376 proteins cannot be accessed by DNPH method. More generally, most of the methods available
377 to monitor general or specific protein oxidation markers give information only on the protein

378 fraction that can be re-solubilized, which hampers the characterization of the proteins that
379 cannot, although they may be highly chemically altered.

380 It is interesting to speculate on the reasons that may explain why FFSF seemed slightly more
381 prone to protein carbonylation upon storage, compared to DSF (**Fig. 3**). The presence of lipids
382 is the most logical reason, because protein carbonylation is influenced by presence of
383 unsaturated oil and its oxidation level (Cucu et al., 2013). To prove this effect, Cucu et al. (2013)
384 prepared emulsion-based model systems with SPI and different oils, regarding composition and
385 oxidation level. Carbonylation increased from ~3 mmol carbonyls/kg soluble protein to ~12
386 mmol carbonyls/kg soluble protein in SPI incubated with highly oxidized soybean oil (pAV
387 value around 94) and fish oil (pAV value around 13) compared to fresh olive oil, sunflower oil
388 and soybean oil with lower oxidation level (pAV value around 4 to 10). Therefore, we assume
389 that the presence of oil in the FFSF contributed to the moderate carbonylation over time. The
390 low levels of oxidation in the oil extracted from FFSF are in line with the limited protein
391 oxidation in those samples.

392 **3.1.3. Molecular size distribution by SDS-PAGE: FFSF and DSF**

393 We performed SDS-PAGE to investigate the molecular weight distribution of proteins in FFSF
394 and DSF (**Fig. 4**), freshly prepared, and upon storage (7, 90 and 250 days at -20 °C; similar
395 trends were observed at the other temperatures tested, data not shown). All major soy protein
396 subunits, namely α , α' , β subunits of β -conglycinin and acidic and basic subunits of glycinin,
397 were present in both soy flours as previously reported (Lamsal & Johnson, 2007). Bands with
398 high molecular weights such as 100 kDa ascribed to LOX, and those higher than 100 kDa are
399 interpreted as aggregates between α and α' subunits through disulfide bonds (Qi, Venkateshan,
400 Mo, Zhang, & Sun, 2011). The presence of aggregates between α and α' subunits is in line with
401 the fact that they were not seen any more when the SDS-PAGE was performed in reducing

402 conditions (**Fig. 4**). We did not detect differences among storage days and between FFSF and
403 DSF samples under non-reducing conditions. Therefore, both flours were relatively stable over
404 time with regard to protein molecular weight distributions, without any unexpected aggregation
405 or fragmentation phenomena.

406 **3.2. Effect of fractionation process on the oxidative status of SPI**

407 The effect of wet fractionation process on the physicochemical properties of proteins in SPI was
408 assessed by determining protein surface-exposed hydrophobicity, thiol groups, and protein-
409 bound carbonyl content. The molecular weight distribution was determined by SDS-PAGE. We
410 compared our lab-made SPI to a commercial SPI.

411 The protein surface-exposed hydrophobicity in DSF was lower than that in FFSF, suggesting
412 protein conformational changes induced by the solvent-based extraction. Both the lab-made and
413 commercial SPIs had higher surface-exposed hydrophobicity than FFSF and DSF (**Fig.5A**),
414 indicating that more hydrophobic segments were exposed in these purified ingredients. Protein
415 conformational changes could be induced by denaturation, but also, protein oxidation can affect
416 the surface-exposed hydrophobicity. For instance, Berton-Carabin et al. (2016) found a decrease
417 in surface-exposed hydrophobicity of whey proteins incubated in prooxidant conditions, which
418 was related to extensive protein aggregation. Even though there was no significant difference in
419 the surface-exposed hydrophobicity observed between the SPI samples (lab-made and
420 commercial), we observed a large variability between the independent lab-made SPI samples
421 obtained from different batches of DSF (**Fig. 5A**).

422 The concentration in thiol groups, or free sulfhydryl groups, was similar in FFSF and DSF (**Fig.**
423 **5B**). This shows that the defatting process did not induce thiol oxidation. However, the lab-made
424 SPI had the lowest thiol group concentration, showing that during wet fractionation a loss of
425 thiol groups happened, which may be associated to their oxidation (Rysman et al., 2014).

426 Berghout et al.(2015a) reported a slightly lower thiol concentration of 10.6 $\mu\text{mol/g}$ protein in a
427 commercial SPI, using the same method as reported here. Meanwhile, studies on lab-made SPIs
428 have found lower concentrations of thiols, ranging from 3.08 to 8.32 $\mu\text{mol/g}$ protein (Boatright
429 & Hettiarachchy, 1995; Chen et al., 2013) The broad range in thiol concentration described in
430 the literature can be explained by the biological variability in the starting soybeans, as well as
431 by differences in the processes applied to yield SPI.

432 We analyzed the protein molecular weight distribution of the SPI samples (lab-made and
433 commercial) by SDS-PAGE under non-reducing and reducing conditions (**Fig. 5C**). Under non
434 reducing conditions bands between 100 and 150 kDa were observed in both SDS-PAGE profiles
435 of lab-made SPI and commercial SPI, which were less intense under reducing conditions. This
436 indicates that some aggregates were formed and stabilized by disulfide bonds. However, under
437 reducing conditions there was no difference between the SDS-PAGE profiles of the lab-made
438 and commercial SPIs, despite the aforementioned difference in thiol group concentration. It is
439 thus possible that other oxidation products of the thiol groups were formed in the lab-made SPI,
440 or that the extent of disulfide bond formation in this sample was too low to be accurately detected
441 by this method.

442 The carbonyl content of freshly prepared lab-made SPI was 6.41 ± 0.63 mmol carbonyls/kg
443 soluble protein (**Fig. 5D**), which corresponds to an increase of only 8% compared to the carbonyl
444 content in DSF. Therefore, the fractionation process did not substantially promote carbonylation
445 of soy proteins. Likewise, carbonyl content of 6.4 mmol carbonyls/kg soluble protein (Liu,
446 Xiong, & Butterfield, 2000) and 5.78 mmol carbonyls/kg soluble protein (Chen et al., 2013) has
447 been reported for a lab-made SPI. Conversely, lower carbonyl contents ranging from 1.65 ± 0.06
448 to 4.31 ± 0.02 mmol carbonyls/kg soluble protein were reported for lab-made SPI prepared by
449 wet fractionation (Huang et al., 2006; Wu et al., 2009). Variations in the carbonyl content of

450 different lab-made SPIs could be associated with the presence of remaining lipids combined
451 with residual LOX activity, even though a decrease in LOX activity is expected after
452 fractionation process (Huang et al., 2006).

453 The commercial SPI had a significantly higher carbonyl content than the lab-made SPI, reaching
454 9.12 ± 0.25 mmol carbonyls/kg soluble protein (**Fig. 5D**). Even though the carbonyl content in
455 commercial SPI was higher than in lab-made samples, the variation was somewhat limited
456 considering that different soybeans and processing were used. One of the possible explanations
457 is related to the drying process to obtain the final powder. In large-scale processes, spray-drying
458 is commonly used, which has been shown to promote protein oxidation in pea protein powders
459 (Duque Estrada et al., 2018). In addition, Li et al. (2019) have shown that spray-drying
460 temperature induces protein oxidation in whole milk powders.

461 **3.3. Effect of thermomechanical process on protein oxidation of SPI**

462 We finally investigated the effect of a thermomechanical process on protein oxidation in lab-
463 made and commercial SPI hydrated powders. The protein-bound carbonyl content was measured
464 as the main marker of protein oxidation, while the molecular weight distribution by SDS-PAGE
465 was used to assess possible protein fragmentation and aggregation (**Fig. 6**).

466 The applied shear- and heat-based process at 140 °C increased the carbonyl content in the lab-
467 made SPI sample from 6.41 ± 0.63 to 16.47 ± 0.94 mmol carbonyls/kg soluble protein (157%
468 increase) (**Fig. 6A**). This process also increased the carbonyl content in the commercial SPI
469 sample, from 9.12 ± 0.25 to 17.36 ± 1.43 mmol carbonyls/kg soluble protein (90.5% increase).
470 At a process temperature of 100 °C, the carbonyl content increased by 52% and 40.6% in the
471 lab-made and commercial SPIs, respectively, indicating that the extent of protein carbonylation
472 upon processing is temperature-dependent. Remarkably, the level of carbonyls became similar

473 for both SPIs after processing at the highest temperature, despite differences in initial levels
474 (unheated samples). The prooxidant effect of thermomechanical process was previously
475 observed for commercial SPC with increased carbonyl content after hydration and shearing at
476 100 and 140 °C; however, in that case, there was no effect of the actual temperature (Duque
477 Estrada et al., 2018). In line with these results, Lu et al. (2017) found an increase of 57.5% in
478 carbonyl content of DSF dry-heated at 100 °C for 8 h compared to unheated DSF. Guo, Xiong,
479 Qin, Jian, Huang and Chen (2015) also found that pre-heating SPI suspensions at 80 °C or 90
480 °C for 5 to 30 min before spray drying increased carbonylation compared to spray dried powders
481 with no pre-treatment.

482 To put these results into perspective, it is worth mentioning that the carbonyl content of
483 processed SPI samples at 100 °C is similar to values found in meat cooked by different methods
484 but with lower internal temperature. For instance, Hu, Ren, Shen, Chen, Ye and Ling (2017)
485 showed that roasting fish at 200 °C for 10 min or frying it at 180 °C for 5 min (internal
486 temperature of 85 ± 5 °C for both methods) resulted in carbonyls contents around 10 mmol
487 carbonyls/kg soluble protein, representing a 4-fold increase compared to raw fish. In processed
488 meat products, the carbonyl content can also be substantially high. Soladoye et al. (2017)
489 reported a total carbonyl content around 80 mmol carbonyls/kg soluble protein in bacon, which
490 further increased after cooking. The authors explained that the extent of carbonylation may be
491 related to the nature of the raw material, added ingredients and processing of the bacon. It can,
492 therefore, be concluded that the initial disadvantage of plant proteins ingredients with respect to
493 oxidation levels can however be counterbalanced by the fact that meat products, especially
494 processed meat, can contain high oxidation levels as well. These levels can be explained by the
495 fact that meat products usually need a cooking step as well and contain strong prooxidant factors
496 such as heme iron in addition (Filgueras et al., 2011).

497 The SDS-PAGE profiles of lab-made and commercial SPIs processed at 140 °C are shown in
498 **fig. 6B**. The individual bands are not well-visible anymore, especially the ones corresponding
499 to β -conglycinin subunits, which is clearly different from the profiles previously depicted for
500 unheated SPIs (**Fig. 5C**). Likewise, Cucu et al. (2013) showed that α subunits of β -conglycinin
501 and glycinins' subunits were more prone to oxidation since there was a loss in the intensity of
502 those bands with increased prooxidant concentration. The disappearance of the bands could be
503 a result of protein oxidation inducing irregular covalent protein aggregation and therefore
504 change their molecular weight distribution. Wang, Susan and Wang (2007) showed that all
505 bands either disappeared or were much lighter in SDS-PAGE of preheated SPI at 130 °C
506 compared to SPI heated at lower temperatures and unheated samples, which the authors
507 attributed to less accumulation in the loading well than samples heated at lower temperatures.
508 Ma et al. (2018) showed that α and α' subunits of β -conglycinin were not detected in the SDS-
509 PAGE profile of a SPI made from extruded FFSF at 90 and 100 °C. The authors suggested that
510 the proteins with a molecular weight between 48–100 kDa might have been hydrolyzed into
511 molecules of lower molecular weight (Ma et al., 2018). In addition, a similar pattern of faint
512 bands on a SDS-PAGE profile of SPI suspensions heated at 140 °C was observed in the study
513 of Opazo-Navarrete, Altenburg, Boom and Janseen (2018). The faded bands were attributed to
514 the formation of large protein-protein complexes that were not able to dissolve in the sample
515 buffer (Opazo-Navarrete et al., 2018). Similar findings were reported for soy and whey proteins
516 after extrusion. The combined heat and shear treatment during extrusion also resulted in the
517 formation of larger protein aggregates that were unable to penetrate the gel and thus resulted in
518 no distinct band separation (Chen, Wei, & Zhang, 2011).

519 One of the limitations of this approach is that the DNPH method only measures protein oxidation
520 in the soluble fraction, therefore limiting our findings to only a fraction of our samples. When
521 measuring heated samples, insolubility can be an issue for the identification of protein carbonyls

522 using such method. Ideally, forthcoming studies should use a method that identifies protein
523 carbonyls in the total protein sample, i.e., in the soluble and insoluble fractions.

524 **4. Conclusions**

525 Soy flours were chemically stable to lipid and protein oxidation during 250 days of storage in
526 chilled or ambient conditions. When DSF was subjected to wet fractionation to yield SPI, some
527 physicochemical changes pertaining to the proteins were detected, including an increase in
528 surface-exposed hydrophobicity and a decrease in thiol groups. However, no substantial increase
529 in protein carbonylation occurred upon long storage. When SPI was subjected to a
530 thermomechanical treatment mimicking the processes typically used to produce structured plant
531 protein-based products, i.e., at 140 °C, substantial protein oxidation was induced. We thus
532 conclude that the thermomechanical process used to structure the product has a predominant
533 effect in promoting protein carbonylation in plant protein-based foods, implying that the effect
534 of ingredient fractionation is less relevant in that respect. Therefore, to yield soy protein-based
535 products with low protein oxidation level, we recommend to use temperatures lower than 140
536 °C for the structuring process.

537 **Acknowledgments**

538 The authors thank the financial support from Conselho Nacional de Desenvolvimento Científico
539 e Tecnológico (CNPq/Brazil) (process number 233663/2014-2).

540 **Conflict of interest**

541 The authors declare that we have no conflict of interest.

542 5. References

- 543 Alencar, E. R. de, Faroni, L. R. D., Peternelli, L. A., Silva, M. T. C. da, & Costa, A. R. (2010).
544 Influence of soybean storage conditions on crude oil quality. *Revista Brasileira de*
545 *Engenharia Agrícola e Ambiental*, 14(3), 303–308. [https://doi.org/10.1590/s1415-](https://doi.org/10.1590/s1415-43662010000300010)
546 43662010000300010
- 547 American Association of Cereal Chemists (AACC). (1983). Method 30-25: Crude fat in wheat,
548 corn, and soy flour, feeds, and mixed feeds. [https://methods.aaccnet.org/summaries/30-25-](https://methods.aaccnet.org/summaries/30-25-01.aspx/)
549 01.aspx/ Accessed 11 June 2018.
- 550 Berghout, J. A. M., Boom, R. M., & van der Goot, A. J. (2015a). Understanding the differences
551 in gelling properties between lupin protein isolate and soy protein isolate. *Food*
552 *Hydrocolloids*, 43, 465–472. <https://doi.org/10.1016/j.foodhyd.2014.07.003>
- 553 Berghout, J. A. M., Marmolejo-Garcia, C., Berton-Carabin, C. C., Nikiforidis, C. V., Boom, R.
554 M., & van der Goot, A. J. (2015b). Aqueous fractionation yields chemically stable lupin
555 protein isolates. *Food Research International*, 72, 82–90.
556 <https://doi.org/10.1016/j.foodres.2015.03.039>
- 557 Berton-Carabin, C. C., Schröder, A., Rovalino-Cordova, A., Schroën, K., & Sagis, L. (2016).
558 Protein and lipid oxidation affect the viscoelasticity of whey protein layers at the oil – water
559 interface. *Eur. J. Lipid Sci. Technol.*, 118(11), 1630–1643.
560 <https://doi.org/10.1002/ejlt.201600066>
- 561 Boatright, W. L., & Hettiarachchy, N. S. (1995). Effect of lipids on soy protein isolate solubility.
562 *Journal of the American Oil Chemists' Society*, 72(12), 1439–1444.
563 <https://doi.org/https://doi.org/10.1007/BF02577835>
- 564 Boatright, W. L., Qingxin, L., & Jahan, M. S. (2009). Effect of storage conditions on carbon-
565 centered radicals in soy protein products. *Journal of Agricultural and Food Chemistry*,
566 57(17), 7969–7973. <https://doi.org/10.1021/jf900087v>
- 567 Chen, F. L., Wei, Y. M., & Zhang, B. (2011). Chemical cross-linking and molecular aggregation
568 of soybean protein during extrusion cooking at low and high moisture content. *LWT - Food*
569 *Science and Technology*, 44(4), 957–962. <https://doi.org/10.1016/j.lwt.2010.12.008>
- 570 Chen, N., Zhao, M., Sun, W., Ren, J., & Cui, C. (2013). Effect of oxidation on the emulsifying
571 properties of soy protein isolate. *Food Research International*, 52(1), 26–32.
572 <https://doi.org/https://doi.org/10.1016/j.foodres.2013.02.028>
- 573 Crowe, T. D., Crowe, T. W., Johnson, L. A., & White, P. J. (2002). Impact of extraction method
574 on yield of lipid oxidation products from oxidized and unoxidized walnuts. *JAOCS*,

575 *Journal of the American Oil Chemists' Society*, 79(5), 453–456.
576 <https://doi.org/10.1007/s11746-002-0505-7>

577 Cucu, T., Devreese, B., Kerkaert, B., Mestdagh, F., Sucic, M., Van De Perre, I., & De
578 Meulenaer, B. (2013). A comparative study of lipid and hypochlorous acid induced
579 oxidation of soybean proteins. *LWT - Food Science and Technology*, 50(2), 451–458.
580 <https://doi.org/https://doi.org/10.1016/j.lwt.2012.08.027>

581 De Moura Bell, J. M. L. N., Maurer, D., Yao, L., Wang, T., Jung, S., & Johnson, L. A. (2013).
582 Characteristics of oil and skim in enzyme-assisted aqueous extraction of soybeans. *JAOCS*,
583 *Journal of the American Oil Chemists' Society*, 90(7), 1079–1088.
584 <https://doi.org/10.1007/s11746-013-2248-6>

585 Duque Estrada, P., Berton-Carabin, C. C., Schlangen, M., Haagsma, A., Pierucci, A. P. T. R., &
586 van der Goot, A. J. (2018). Protein oxidation in plant protein-based fibrous products: effects
587 of encapsulated iron and process conditions. *Journal of Agricultural and Food Chemistry*,
588 66(42), 11105–11112. <https://doi.org/10.1021/acs.jafc.8b02844>

589 Estévez, M. (2017). What's New in Meat Oxidation? In P. P. Purslow (Ed.), *New Aspects of*
590 *Meat Quality: From Genes to Ethics* (1st ed., pp. 91–109). Cambridge: Woodhead
591 Publishing. <https://doi.org/10.1016/B978-0-08-100593-4/00006-0>

592 Estévez, Mario, & Xiong, Y. (2019). Intake of oxidized proteins and amino acids and causative
593 oxidative stress and disease: recent scientific evidences and hypotheses. *Journal of Food*
594 *Science*, 84(3), 387–396. <https://doi.org/10.1111/1750-3841.14460>

595 FAO. *Codex Standard for Named Vegetable Oils CODEX STAN 210-1999*. (1999).
596 <http://www.fao.org/3/y2774e/y2774e04.htm/> Accessed 22 March 2019.

597 Filgueras, R. S., Gatellier, P., Ferreira, C., Zambiasi, R. C., & Santé-Lhoutellier, V. (2011).
598 Nutritional value and digestion rate of rhea meat proteins in association with storage and
599 cooking processes. *Meat Science*, 89(1), 6–12.
600 <https://doi.org/10.1016/j.meatsci.2011.02.028>

601 Geerts, M. E. J., Dekkers, B. L., van der Padt, A., & van der Goot, A. J. (2018). Aqueous
602 fractionation processes of soy protein for fibrous structure formation. *Innovative Food*
603 *Science and Emerging Technologies*, 45(September 2017), 313–319.
604 <https://doi.org/10.1016/j.ifset.2017.12.002>

605 Guo, F. X., Xiong, Y. L., Qin, F., Jian, H. J., Huang, X. L., & Chen, J. (2015). Examination of
606 the causes of instability of soy protein isolate during storage through probing of the heat-
607 induced aggregation. *JAOCS, Journal of the American Oil Chemists' Society*, 92(8), 1075–

608 1084. <https://doi.org/https://doi.org/10.1007/s11746-015-2684-6>

609 Hellwig, M. (2019). The chemistry of protein oxidation in food. *Angewandte Chemie*
610 *International Edition*, 58, 16742–16763. <https://doi.org/10.1002/anie.201814144>

611 Hu, L., Ren, S., Shen, Q., Chen, J., Ye, X., & Ling, J. (2017). Proteomic study of the effect of
612 different cooking methods on protein oxidation in fish fillets. *RSC Advances*, 7(44), 27496–
613 27505. <https://doi.org/10.1039/C7RA03408C>

614 Huang, Y., Hua, Y., & Qiu, A. (2006). Soybean protein aggregation induced by lipoxygenase
615 catalyzed linoleic acid oxidation. *Food Research International*, 39(2), 240–249.
616 <https://doi.org/10.1016/j.foodres.2005.07.012>

617 Jiang, J., Chen, J., & Xiong, Y. L. (2009). Structural and emulsifying properties of soy protein
618 isolate subjected to acid and alkaline pH-shifting processes. *Journal of Agricultural and*
619 *Food Chemistry*, 57, 7576–7583. <https://doi.org/10.1021/jf901585n>

620 Johnson, D. R., & Decker, E. A. (2015). The Role of Oxygen in Lipid Oxidation Reactions: A
621 Review. *Annual Review of Food Science and Technology*, 6(1), 171–190.
622 <https://doi.org/10.1146/annurev-food-022814-015532>

623 Johnson, Lawrence A, White, P. J., & Galloway, R. (2008). *Soybeans: chemistry, production,*
624 *processing and utilization.* (1st ed.). Urbana, Illinois: AOCS Press.

625 Kong, X., Li, X., Wang, H., Hua, Y., & Huang, Y. (2008). Effect of lipoxygenase activity in
626 defatted soybean flour on the gelling properties of soybean protein isolate. *Food Chemistry*,
627 106, 1093–1099. <https://doi.org/10.1016/j.foodchem.2007.07.050>

628 Lamsal, B. P., & Johnson, L. A. (2007). Separating oil from aqueous extraction fractions of
629 soybean. *JAOCS, Journal of the American Oil Chemists' Society*, 84(8), 785–792.
630 <https://doi.org/10.1007/s11746-007-1090-0>

631 Li, B., Mo, L., Yang, Y., Zhang, S., Xu, J., Ge, Y., Xu, Y., Shi, Y., & Le, G. (2019). Processing
632 milk causes the formation of protein oxidation products which impair spatial learning and
633 memory in rats. *RSC Advances*, 9(39), 22161–22175. <https://doi.org/10.1039/c9ra03223a>

634 Liu, G., Xiong, Y. L., & Butterfield, D.A. (2000). Chemical, physical, and gel-forming
635 properties of oxidized myofibrils and whey- and soy-protein isolates. *Journal of Food*
636 *Science*, 65(5), 811–818. [https://doi.org/https://doi.org/10.1111/j.1365-](https://doi.org/https://doi.org/10.1111/j.1365-2621.2000.tb13592.x)
637 [2621.2000.tb13592.x](https://doi.org/https://doi.org/10.1111/j.1365-2621.2000.tb13592.x)

638 Lu, P., Zhang, X. L., Xue, W. Y., Wu, D. W., Ding, L. R., Wen, C., & Zhou, Y. M. (2017). The
639 protein oxidation of soybean meal induced by heating decreases its protein digestion in
640 vitro and impairs growth performance and digestive function in broilers. *British Poultry*

641 *Science*, 58(6), 704–711. <https://doi.org/https://doi.org/10.1080/00071668.2017.1370535>

642 Ma, W., Xie, F., Zhang, S., Wang, H., Hu, M., Sun, Y., Zhong, M., Zhu, J., Qi, B., & Li, Y.
643 (2018). Characterizing the structural and functional properties of soybean protein extracted
644 from full-fat soybean flakes after low-temperature dry extrusion. *Molecules*, 23(12), 3265.
645 <https://doi.org/https://doi.org/10.3390/molecules23123265>

646 Opazo-Navarrete, M., Altenburg, M. D., Boom, R. M., & Janssen, A. E. M. (2018). The effect
647 of gel microstructure on simulated gastric digestion of protein gels. *Food Biophysics*, 13(2),
648 124–138. <https://doi.org/10.1007/s11483-018-9518-7>

649 Qi, G., Venkateshan, K., Mo, X., Zhang, L., & Sun, X. S. (2011). Physicochemical properties
650 of soy protein: Effects of subunit composition. *Journal of Agricultural and Food*
651 *Chemistry*, 59(18), 9958–9964. <https://doi.org/10.1021/jf201077b>

652 Rysman, T., Jongberg, S., Van Royen, G., Van Weyenberg, S., De Smet, S., & Lund, M. N.
653 (2014). Protein thiols undergo reversible and irreversible oxidation during chill storage of
654 ground beef as detected by 4,4'-dithiodipyridine. *Journal of Agricultural and Food*
655 *Chemistry*, 62(49), 12008–12014. <https://doi.org/10.1021/jf503408f>

656 Santé-Lhoutellier, V., Astruc, T., Marinova, P., Greve, E., & Gatellier, P. (2008). Effect of meat
657 cooking on physicochemical state and in vitro digestibility of myofibrillar proteins. *Journal*
658 *of Agricultural and Food Chemistry*, 56(4), 1488–1494. <https://doi.org/10.1021/jf072999g>

659 Sbihi, H. M., Nehdi, I. A., Tan, C. P., & Al-Resayes, S. I. (2013). Bitter and sweet lupin (*Lupinus*
660 *albus* L.) seeds and seed oils: A comparison study of their compositions and
661 physicochemical properties. *Industrial Crops and Products*, 49, 573–579.
662 <https://doi.org/10.1016/j.indcrop.2013.05.020>

663 Schaich, K. M., Shahidi, F., Zhong, Y., & Eskin, N. A. M. (2013). Lipid Oxidation. In N. A.
664 M., Eskin, & F. Shahidi (Eds.), *Biochemistry of Foods* (pp. 419–478). USA: Academic
665 Press. <https://doi.org/10.1016/B978-0-08-091809-9.00011-X>

666 Soladoye, O. P., Shand, P., Dugan, M. E. R., Gariépy, C., Aalhus, J. L., Estévez, M., & Juárez,
667 M. (2017). Influence of cooking methods and storage time on lipid and protein oxidation
668 and heterocyclic aromatic amines production in bacon. *Food Research International*,
669 99(May), 660–669. <https://doi.org/10.1016/j.foodres.2017.06.029>

670 Soyer, A., Özalp, B., Dalmiş, Ü., & Bilgin, V. (2010). Effects of freezing temperature and
671 duration of frozen storage on lipid and protein oxidation in chicken meat. *Food Chemistry*,
672 120(4), 1025–1030. <https://doi.org/10.1016/j.foodchem.2009.11.042>

673 Utrera, M., Parra, V., & Estévez, M. (2014). Protein oxidation during frozen storage and

674 subsequent processing of different beef muscles. *Meat Science*, 96(2), 812–820.
675 <https://doi.org/10.1016/j.meatsci.2013.09.006>

676 Viau, M., Genot, C., Ribourg, L., & Meynier, A. (2016). Amounts of the reactive aldehydes,
677 malonaldehyde, 4-hydroxy-2-hexenal, and 4-hydroxy-2-nonenal in fresh and oxidized
678 edible oils do not necessary reflect their peroxide and anisidine values. *European Journal*
679 *of Lipid Science and Technology*, 118, 435–444. <https://doi.org/10.1002/ejlt.201500103>

680 Wang, Y., Sun, X. S., & Wang, D. (2007). Effects of preheating treatment on thermal property
681 and adhesion performance of soy protein isolates. *Journal of Adhesion Science and*
682 *Technology*, 21(15), 1469–1481. <https://doi.org/10.1163/156856107782844756>

683 Wu, W., Zhang, C., & Hua, Y. (2009). Structural modification of soy protein by the lipid
684 peroxidation product malondialdehyde. *Journal of the Science of Food and Agriculture*,
685 89, 1416–1423. <https://doi.org/10.1007/s00217-009-1113-1>

686 Xing, Q., Wit, M. De, Kyriakopoulou, K., Boom, R. M., & Schutyser, M. A. (2018). Protein
687 enrichment of defatted soybean flour by fine milling and electrostatic separation.
688 *Innovative Food Science & Emerging Technologies*, 50, 42–49.
689 <https://doi.org/10.1016/j.ifset.2018.08.014>

690 **Figure captions**

691 **Figure 1.** Schematic representation of the study design. Blue boxes represents the samples
692 that we analyzed. Darker blue boxes represents samples that were stored for 250 days at room
693 temperature (~25 °C), 4 °C and -20 °C. White arrows indicates processing and grey arrows
694 indicates oxidation measurements. SPI: soy protein isolate.

695 **Figure 2.** Hydroperoxide concentration (C_{HPX} , meq.kg⁻¹ oil) (A) and p-anisidine value (pAV)
696 (B) of soybean oil contained in full-fat soy flour during 250 days of storage at room temperature
697 (RT) (~25 °C), 4 °C and -20 °C. Data points represent mean (n = 2 independent batches,
698 measured in triplicate) and standard deviations shown as error bars. Data points at 190 and 250
699 days represent results of 1 batch measured in triplicate. The dotted line represents acceptable
700 C_{HPX} for edible vegetable oils according to Codex Alimentarius (A).

701 **Figure 3.** Carbonyl content per soluble protein (mmol/kg) in full-fat soy flour (A) and defatted
702 soy flour (B) stored for 250 days at room temperature (RT) (~25 °C), 4 °C and -20 °C. Data
703 points represent mean and standard deviations are shown as error bars (n = 4 independent batches
704 of FFSF and 2 independent batches of DSF, measured in triplicate).

705 **Figure 4.** SDS-PAGE of FFSF (A) and DSF (B) fresh and stored for 7, 90 and 250 days at -20
706 °C, under non-reducing and reducing conditions M: molecular weight marker; d: days of storage,
707 $\alpha/\alpha'/\beta$: subunits of β -conglycinin.

708 **Figure 5.** (A) Maximum fluorescence intensity (F_{max}) of the ANSA probe at 480 nm,
709 indicative of the protein surface-exposed hydrophobicity and (B) thiol group concentration
710 ($\mu\text{mol/g}$ soluble protein) of FFSF, DSF, lab-made SPI (SPI-lab) and commercial SPI (SPI
711 C). (C) SDS-PAGE of SPI samples; M: molecular weight marker; $\alpha/\alpha'/\beta$: subunits of β -
712 conglycinin. (D) Carbonyl content of lab-made SPI and commercial SPI. Results are
713 expressed as mean and standard deviation (error bars) ($n = 3$ independent lab-made SPI
714 samples and 2 independent commercial SPI samples, measured in triplicate).

715 **Figure 6.** (A) Carbonyl content per soluble protein (mmol/kg) of unheated and heated lab-
716 made SPI (SPI-Lab) and commercial SPI (SPI C). Results are expressed as mean and standard
717 deviation (error bars) ($n = 3$ independent SPI-lab and 2 independent SPI C, all measured in
718 triplicate). Different letters stand for a significant difference between SPI samples within the
719 same condition ($p < 0.05$). (B) SDS-PAGE profiles under reducing conditions of lab-made
720 SPI and commercial SPI thermomechanically treated at $140\text{ }^{\circ}\text{C}$. M: molecular weight marker;
721 $\alpha/\alpha'/\beta$: subunits of β -conglycinin.

722

Highlights

- Full-fat and defatted soy flours were oxidatively stable over 250 days storage.
- Wet fractionation did not promote significant protein carbonylation in SPI.
- Thiol groups are oxidized during the fractionation process of SPI.
- Thermomechanical processing of SPI is a main factor for protein carbonylation.

Figure 1

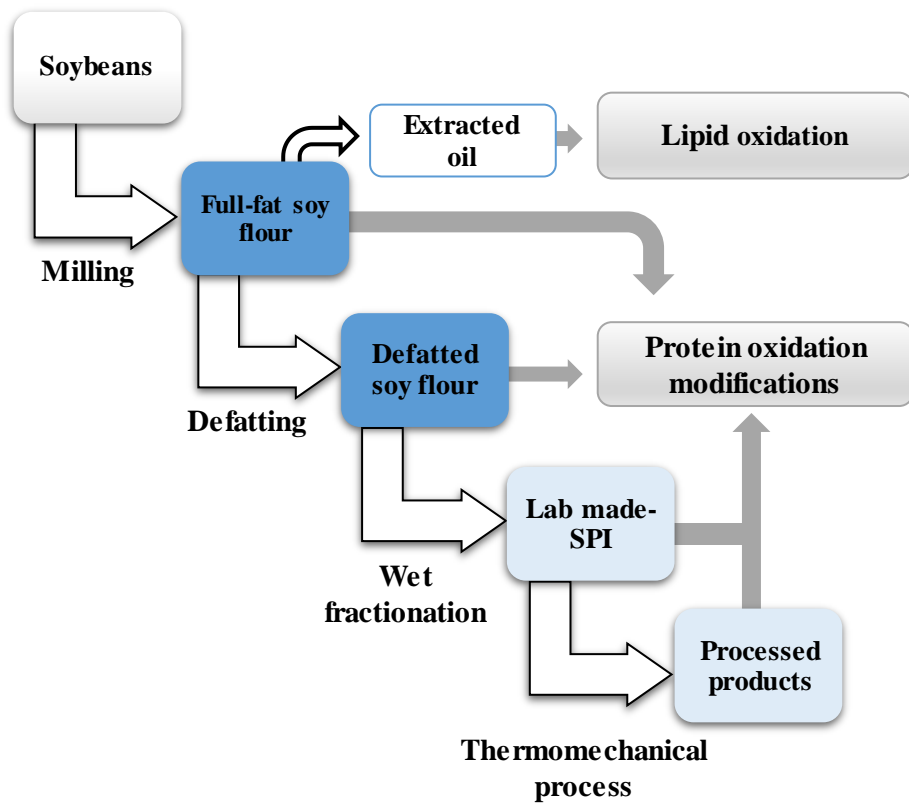


Figure 2

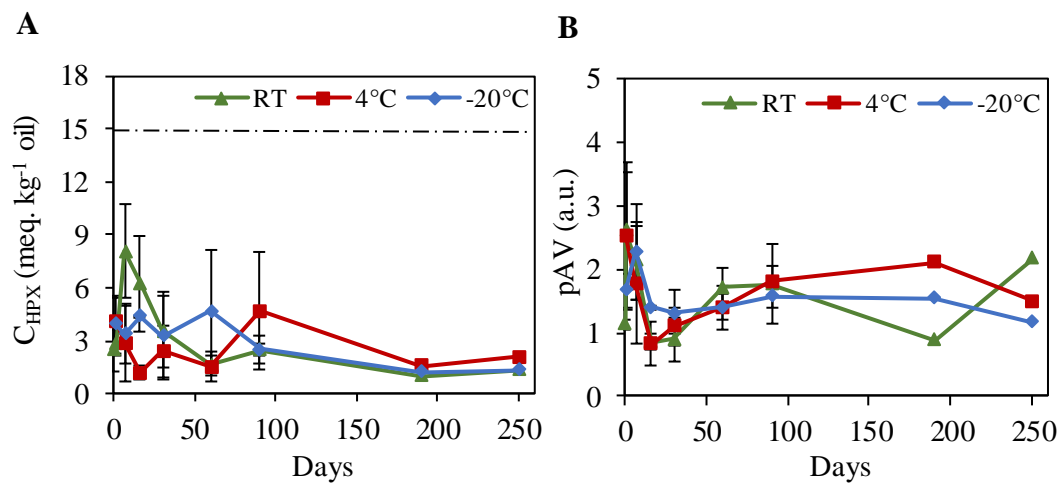


Figure 3

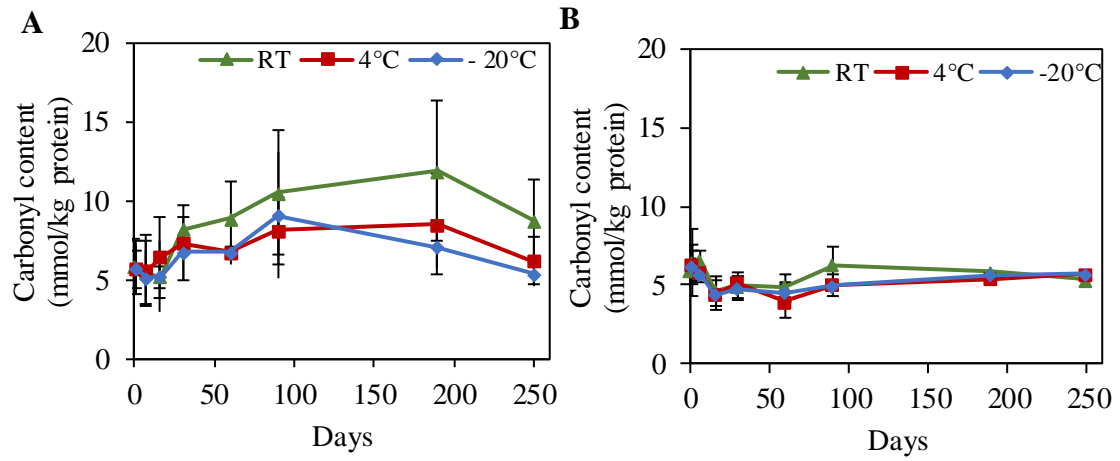


Figure 4

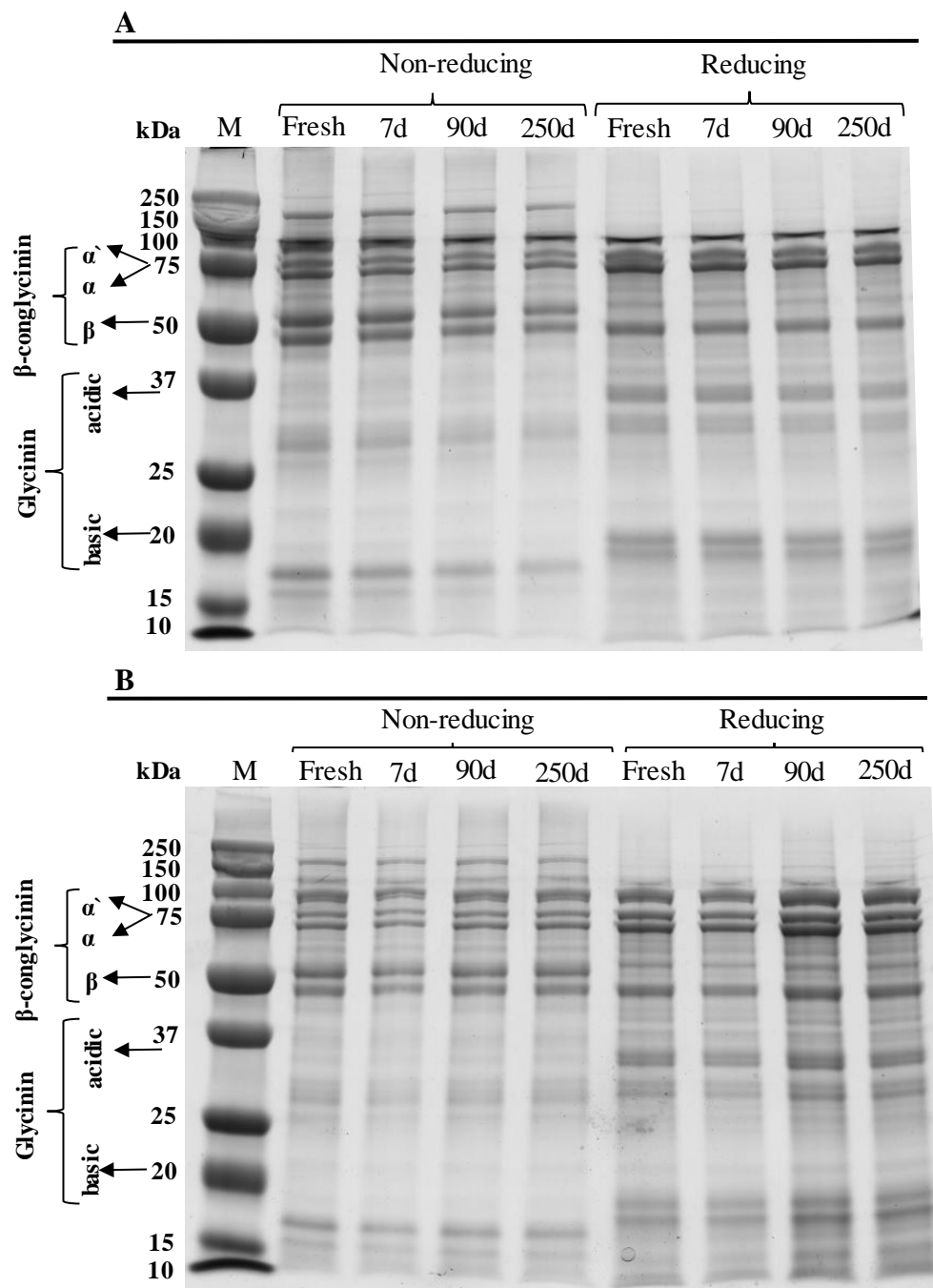


Figure 5

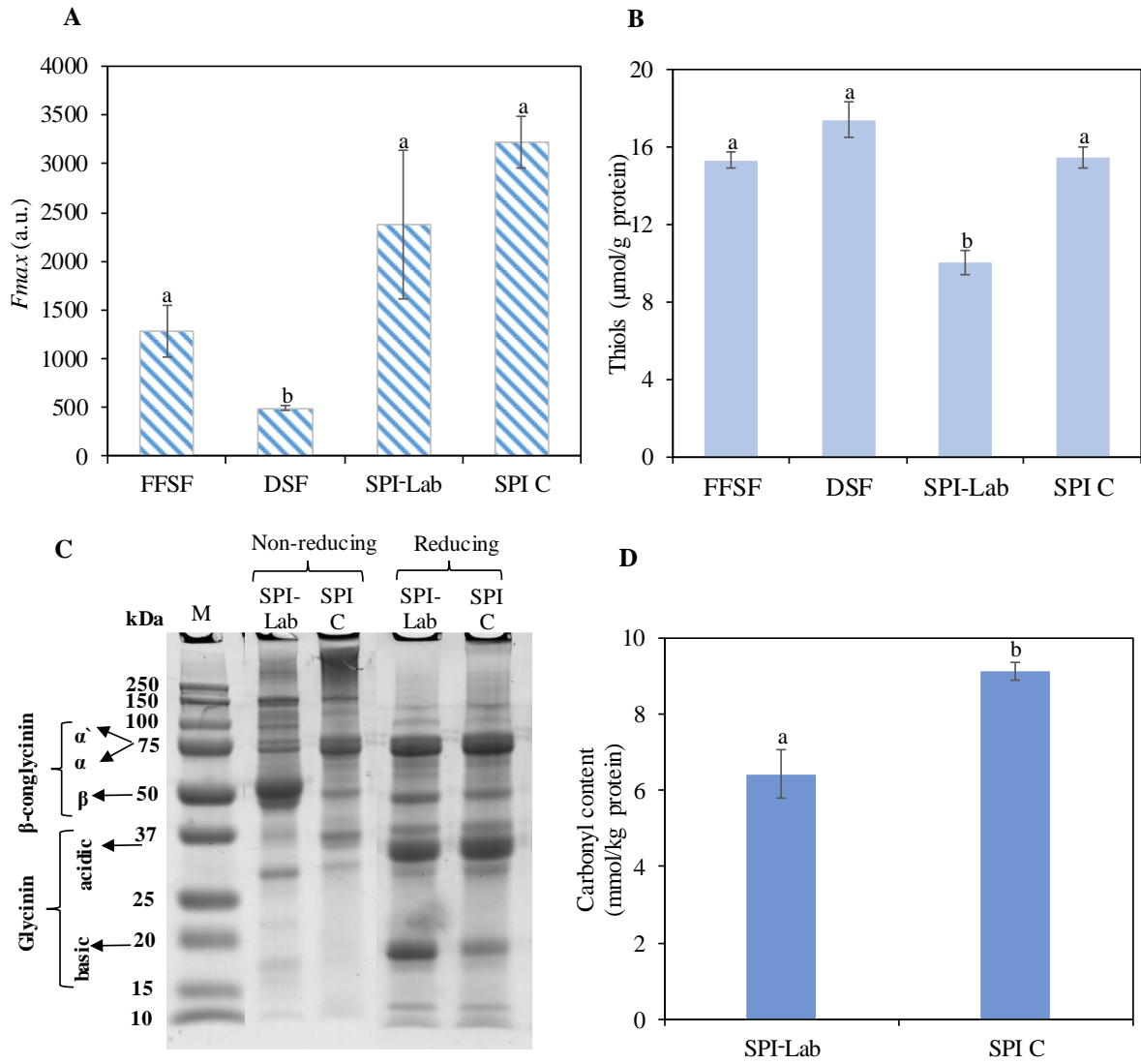
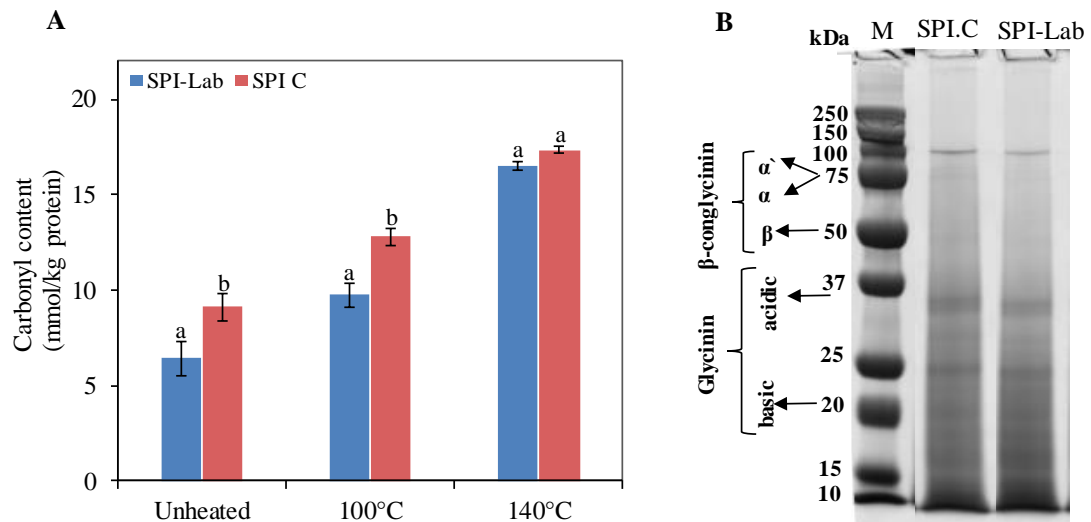


Figure 6



Appendix. Supplementary material

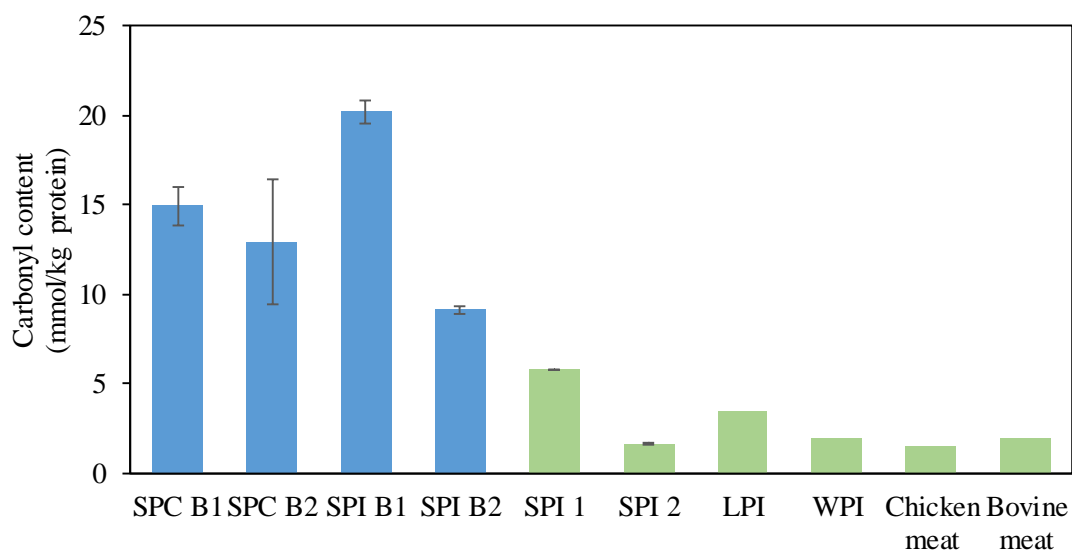


Figure S1. Carbonyl content (mmol/kg soluble protein) in different protein sources. The blue bars represent carbonyl contents measured in our lab: commercial soy protein concentrate (SPC) and soy protein isolate (SPI). SPC B1 (Duque Estrada et al., 2018); SPC B2 and SPI B1 (Duque-Estrada et al., 2019) and SPI B2 is the one described in this paper. The green bars represent data from literature: lab made SPI 1 (Chen et al., 2013a) and SPI 2 (Wu et al., 2009b); lupin protein isolate (LPI) lab-made (Berghout et al., 2015b); commercial whey protein isolate (WPI) (Berton-Carabin et al., 2016); raw chicken meat (Soyer et al., 2010) and raw bovine meat (Santé-Lhoutellier et al., 2008). B: batch. Results are expressed as mean and standard deviation as error bars, when the information was given.

Table S1. Physical and chemical characterization of full-fat soy flour (FFSF), defatted soy flour (DSF), lab-made SPI (SPI-Lab) and commercial SPI (SPI C).

Soy-based flours	Protein (%)	Moisture (%)	a_w	Lipid (%)	Ash (%)	LOX activity (U/ml)
FFSF	38.81 ± 1.03	7.73 ± 0.51	0.44 ± 0.04	21.68 ± 0.48	3.84 ± 0.00	106.92 ± 0.00
DSF	46.71 ± 0.59	8.44 ± 0.22	0.42 ± 0.01	0.70 ± 0.33	5.02 ± 0.00	106.92 ± 0.00
SPI-Lab	75.31 ± 1.02	3.32 ± 0.64	0.68 ± 0.08	ND	4.39 ± 0.01	ND
SPI C	80.16 ± 0.67	6.61 ± 0.61	0.42 ± 0.00	ND	4.67 ± 0.58	ND

Results are expressed as mean and standard deviation. ND: not determined.

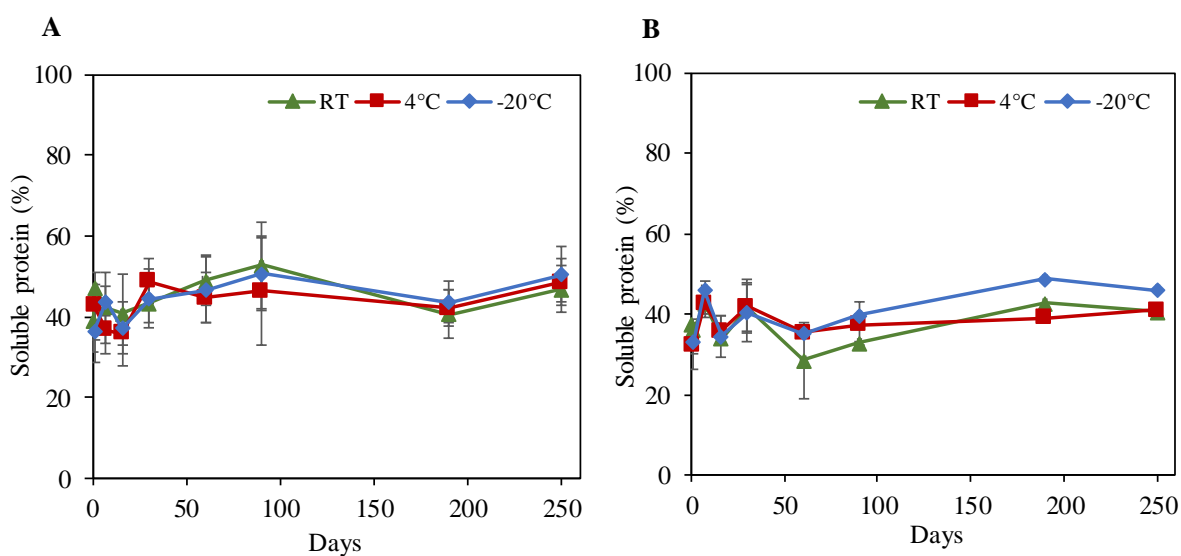


Figure S2. Soluble protein percentage of the supernatant obtained from protein suspensions of full-fat soy flour (A) and defatted soy flour (B) stored at room temperature (RT), 4 °C and – 20 °C for 250 days. Data points represent mean and standard deviations are shown as error bars (n = 4 independent batches of FFSF and 2 independent batches of DSF).

References

- Berghout, J. A. M., Marmolejo-Garcia, C., Berton-Carabin, C. C., Nikiforidis, C. V., Boom, R. M., & van der Goot, A. J. (2015). Aqueous fractionation yields chemically stable lupin protein isolates. *Food Research International*, 72, 82–90.
- Berton-Carabin, C. C., Schröder, A., Rovalino-Cordova, A., Schroën, K., & Sagis, L. (2016). Protein and lipid oxidation affect the viscoelasticity of whey protein layers at the oil – water interface. *Eur. J. Lipid Sci. Technol.*, 118(11), 1630–1643.
- Chen, N., Zhao, M., Sun, W., Ren, J., & Cui, C. (2013). Effect of oxidation on the emulsifying properties of soy protein isolate. *Food Research International*, 52(1), 26–32.
- Duque-Estrada, P., Berton-Carabin, C. C., Nieuwkoop, M., Dekkers, B. L., Janssen, A. E. M., & van der Goot, A. J. (2019). Protein Oxidation and In Vitro Gastric Digestion of Processed Soy-Based Matrices. *Journal of Agricultural and Food Chemistry*, acs.jafc.9b02423.
- Duque Estrada, P., Berton-Carabin, C. C., Schlangen, M., Haagsma, A., Pierucci, A. P. T. R., & van der Goot, A. J. (2018). Protein Oxidation in Plant Protein-Based Fibrous Products: Effects of Encapsulated Iron and Process Conditions. *Journal of Agricultural and Food Chemistry*, 66(42), 11105–11112.
- Soyer, A., Özalp, B., Dalmiş, Ü., & Bilgin, V. (2010). Effects of freezing temperature and duration of frozen storage on lipid and protein oxidation in chicken meat. *Food Chemistry*, 120(4), 1025–1030.
- Wu, W., Zhang, C., & Hua, Y. (2009). Structural modification of soy protein by the lipid peroxidation product malondialdehyde. *Journal of the Science of Food and Agriculture*, 89, 1416–1423.