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Effect of saffron (*Crocus sativus* L.) corm provenance on its agro-morphological traits and bioactive compounds

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Abstract

A three-year field study was conducted to examine the variation in agronomic performance, apo-carotenoids content, bioactive compounds and antioxidant activity of saffron corms originating from nine different regions of Iran. Significant differences were observed in flower-related traits, corm characteristics, picrocrocin and safranal contents, total phenolic content (TPC), total flavonoid content (TFC) and radical-scavenging activity between saffron corms of different provenance. The largest differences were observed for the flower-related traits and corm properties. Hierarchical classification of the saffron corms of different provenance resulted in three main groups. One of the three groups (provenance: Ferdows, Sarayan, and Bajestan) had high underground and above ground yield potential and also produced significantly higher picrocrocin and TFC in comparison to the other groups. In contrary the group comprising corms from Zarand, Torbat, Natanz, and Estahban were characterized by the lowest agronomic performance, TFC as well as lowest antioxidant activity. The third group, consisting of corms from Gonabad and Qaen,

represented medium levels of agronomic-related traits, and the highest TPC and antioxidant ability. These results were further explored and confirmed by principal component analysis (PCA). PCA revealed positive relationships between corm properties on the one hand and flower number and stigma yield on the other hand. No relation between agronomic related traits and quality features was observed. Furthermore, the results indicated a positive relationship between total flavonoid content and antioxidant capacity of saffron. These results can be used for the improvement of the yield and quality as well as in programs for selection of the most suitable corms for particular production locations.

Keywords: Antioxidant activity, Apo-carotenoids, Bioactive compounds, Corm provenance, Saffron yield.

1. Introduction

Saffron, dry stigmas of the *Crocus sativus* L., is a well-known and expensive spice, which belongs to the family *Iridaceae*. It is traditionally used in foods as a coloring and flavoring agent due to its unique color, taste, and aroma (Gresta et al., 2008b; Melnyk et al., 2010). Nowadays, saffron is also extensively used for medicinal purposes because of the phytochemical composition of its stigmas (Melnyk et al., 2010; Siracusa et al., 2011). Considering the biological and agricultural features of saffron such as flowering in autumn, adaptability to harsh environmental conditions and low water-requirement, this valuable plant is introduced in low-input and low-rainfall farming systems (Gresta et al., 2008b; Negbi, 1999). Therefore, it is considered an interesting alternative plant in arid and semi-arid regions.

Genetic improvement through molecular plant breeding of saffron is difficult because *Crocus sativus* is a triploid plant which is incapable of producing seeds (Gresta et al., 2008b; Agayev et

47 al., 2007; Ahrazem et al., 2015). Clonal selection on the basis of agronomic performance attributes,
48 such as flower-related traits and corm number and size, is considered a promising tool for obtaining
49 high-yield cultivars of saffron (Agayev et al., 2007). Despite the belief that saffron used to be
50 known as one cultivar (Ahrazem et al., 2015), Siracusa et al. (2013) separated different populations
51 from Italy, Spain, Iran, India, and Australia based on morphological traits and phytochemical
52 components. Moreover, different Iranian saffron populations have been grouped based on apo-
53 carotenoid contents and phenotypic traits in the study conducted by Baghalian et al. (2010).

54 Saffron yield is highly affected by the corm properties (Gresta et al., 2008a) and the
55 environment in which a corm grows (Gresta et al., 2009; Baghalian et al., 2010; Siracusa et al.,
56 2010). Furthermore, the quality of saffron entirely depends on the content and composition of the
57 metabolites responsible for the red color, bitter taste and aroma (crocin, picrocrocin and safranal,
58 respectively) which is influenced by environmental conditions the corms are exposed to (Gresta
59 et al., 2009; Baghalian et al., 2010; Siracusa et al., 2010). Besides apo-carotenoids, the presence
60 of some bioactive compounds such as phenols and flavonoids have been reported in saffron
61 stigmas. The antioxidant activity of saffron stigmas is mainly related to the bioactive compounds
62 such as total phenolic and total flavonoid content (Karimi et al., 2010; Baba et al., 2015).

63 Yield variation and quality characteristics of saffron have been described in a few studies to
64 date (Ehsanzadeh et al., 2004; Gresta et al., 2009; Baghalian et al., 2010). Genotypic variation in
65 flower parameters and apo-carotenoids were reported in studies on saffron corms of Italian
66 provenance (Gresta et al., 2009; Siacusa et al., 2010) and different Iranian saffron populations
67 (Baghalian et al., 2010; Ehsanzadeh et al., 2004). However, to the best of our knowledge no studies
68 have focused on the differences in saffron's agro-morphological traits and bio-active compounds
69 as a result of growing location of the corms. Therefore, the main aim of this study was to compare

flower-related traits, corm properties, quality, and bioactive compounds contents as well as antioxidant power of saffron corms collected from nine different locations in the semi-arid regions of Iran.

2. Materials and methods

2.1. Site description and experimental details

A three-year field examination was carried out at the research field of Shahid Bahonar University (30.1440° N; 57.0715°E and 1774m altitude) of Kerman, Iran, during three growing seasons: 2015-2016 (first year), 2016-2017 (second year) and 2017-18 (third year). Regional meteorological records (precipitation and air temperature data) of the study site were obtained from Meteorological Laboratory of Kerman, Iran (Fig. S1). The soil texture of the study site was sandy-loam (55% sand, 32.2% silt and 12.8% clay). The soil chemical properties were as follows: pH: 7.27; EC: 1.18 dS m⁻¹; organic carbon: 0.4%; CEC: 20 cmol(+) kg⁻¹; N: 0.053% and available P: 6.2 mg kg⁻¹.

Corms were collected from nine different regions of Iran (Bajestan, Estahban, Ferdows, Gonabad, Natanz, Qaen, Sarayan, Torbate-Heydarieh and Zarand) where saffron is traditionally cultivated (Table 1). A randomized complete block design arranged in split plot with three replications was performed to evaluate differences between corms of different provenance during three growing seasons. Corms of different origin were planted in main plots. The main plots were divided into sub plots in order to evaluate the seasonal effect.

Table 1

Geographical information of the corm origins

Corm provenance	Province	Latitude	Longitude	Altitude (m)
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Bajestan	Razavi Khorasan	34° 31' N	58° 10' E	1235
Etahban	Fars	29° 07' N	54° 02' E	1773
Ferdows	Razavi Khorasan	34° 01' N	58° 10' E	1284
Gonabad	Razavi Khorasan	34° 20' N	58° 42' E	1096
Natanz	Isfahan	33° 33' N	51° 51' E	1700
Qaen	South Khorasan	33° 43' N	59° 10' E	1457
Sarayan	South Khorasan	33° 51' N	58° 30' E	1438
Torbat	Razavi Khorasan	35° 16' N	59° 12' E	1363
Zarand	Kerman	30° 49' N	56° 34' E	1666

۹۱ In the first growing season, after plowing, the planting bed was amended with cattle manure
 ۹۲ compost (20 t ha⁻¹) and mixed into the upper 10 cm. Saffron mother corms (4-8 g weight) were
 ۹۳ planted manually in 10-15 cm depth at 50 corms m⁻² density in October 18, 2015, in each main
 ۹۴ plot (12.8 m², 20 cm apart rows and 10 cm within rows), and the first irrigation was applied
 ۹۵ immediately after planting.

۹۶ Irrigation of the field was performed by the flood irrigation method which was scheduled
 ۹۷ based on the indigenous knowledge of producers in Iran and scientific reports (Koocheki, 2004;
 ۹۸ Kafi et al., 2018). Accordingly, four irrigations are required to achieve optimum production in
 ۹۹ saffron under field condition: first irrigation (for start of growth and flowering); second irrigation
 ۱۰۰ (after flowering period); third irrigation (after weeding and chemical fertilization); fourth irrigation
 ۱۰۱ as supplementary irrigation (at the end of growing season). After first irrigation in this experiment,
 ۱۰۲ five irrigation intervals were performed with some modifications on November 1, 2015 (to
 ۱۰۳ improve bud emergence), December 10, 2015 (after flowering period), January 26, 2016, March
 ۱۰۴ 4, 2016 (after weeding), April 16, 2016 (supplementary irrigation) during the first growing season.
 ۱۰۵ In the second growing season, due to adequate value and suitable rainfall distribution, four
 ۱۰۶ irrigations were applied on October 8, 2016 (first irrigation), December 7, 2016 (after flowering)

107 March 5, 2017 (after weeding) and April 9, 2017 (supplementary irrigation), respectively. First
108 irrigation at the beginning of the third growing season was performed on October 7, 2017. Other
109 agronomic practices were done uniformly for each plot during the growth period.

110 2.2. *Plant sampling and measurements*

111 Flowering in saffron started 23, 20 and 18 days after first irrigation in the first, second and the
112 third growing seasons, respectively. In all the three growing seasons during the flowering period,
113 whole flowers per plot were manually collected daily (after the sunrise early in the morning), and
114 the flower numbers (FN) were count and recoded. The harvested stigmas were separated by hand
115 and after being air-dried under the shade (Lage and Cantrell, 2009) to constant weight, the flower-
116 related traits including stigma yield (SY), stigma length (SL) and unitary stigma weight (USW),
117 were measured. The samples were weighted on a scale (AEL-40SM, Shimadzu, Japan; 10^{-5} g
118 accuracy). Daughter corms were harvested in a 1.6 m² per plot on May 4, 2016 and April 20, 2017,
119 in the end of first and second growing seasons, respectively. Corm-related properties such as corm
120 number (CN), corm yield (CY) and unitary corm weight (UCW) were determined. Dry stigmas
121 were kept in the dark at room temperature (Siracusa et al., 2010) for the further analyses. The
122 samples were extracted immediately in 7 days for analysis of the constituents.

123 2.3. *UV-vis spectrophotometry analysis*

124 Saffron's color, bitter taste, and aroma strength were measured by applying the ISO 3632 trade
125 standard (ISO/TS 3632, 2003). Based on the ISO procedure, 50 mg of powdered saffron samples
126 were extracted in 100 mL distilled water and magnetically stirred for 1 h while being kept in dark.
127 After filtration, the extracts were diluted (1:10, v/v) with distilled water. Crocin, picrocrocin, and
128 safranal were determined according to the absorbance recordings (two reads per sample) of an

129 aqueous solution ($E^{1\%}$ w/v) at 440, 257 and 330 nm, using a SPUV-26 UV/Vis spectrophotometer
130 (SCO Tech, Germany) with a 1 cm cuvette. The results were reported according to the following
131 equation (Lage and Cantrell, 2009):

$$132 \quad E_{1\text{cm}}^{1\%} = (D \times 10000) / (m \times (100 - H))$$

133 Where: D is the absorbance values at 257, 330 and 440 nm; m is the initial weight of the used
134 sample (in grams); H is the mass fraction (moisture and volatile content of the sample).

135 2.4. Total phenolic and flavonoid content

136 Dried-ground samples of saffron stigmas (250 mg) were extracted by adding 10 mL of
137 methanol/water 80/20 (v/v) and shaking for 8 h in the dark. The resulting solution was filtered and
138 the obtained extracts were kept in the dark at a temperature of 4 °C until the further analysis.

139 The total phenolic content (TPC) in each sample extract was determined
140 spectrophotometrically using the Foline-Ciocalteu's reagent method (Pinelo et al., 2004). Briefly,
141 2.5 mL of ten-fold diluted Folin–Ciocalteu's reagent was added to the 0.5 mL sample extracts.
142 After 5 min, 2 mL of 7.5% Na_2CO_3 (w/v) was added. The final mixture was shaken well and then
143 incubated in a hot water bath at 45 °C for 15 min. The absorbance was read at 765 nm (against a
144 blank) using a SPUV-26 UV/Vis spectrophotometer (SCO Tech, Germany). The TPC was
145 expressed as mg/g of gallic acid equivalent per gram dry weight (mg GAE/g DW).

146 The aluminum chloride colorimetric assay was applied to quantify the total flavonoid content
147 (TFC) as described by Tohidi et al. (2017). In summary, 0.5 mL of the extract was added to 0.3
148 mL NaNO_2 5% (w/v) and incubated for 5 min at room temperature. Afterwards, 0.6 mL AlCl_3
149 10% (w/v) and then 2 mL NaOH 1M were added. Finally, distilled water was added until the total
150 volume was 10 mL. The absorbance of the final mixture was measured at 510 nm. A calibration
151 curve was established using different quercetin concentrations and their corresponding absorbance

102 values. Total flavonoid content was reported as mg quercetin equivalents per gram dry weight (mg
103 QE/g DW).

104 2.5. Antioxidant activity

105 2.5.1. DPPH radical-scavenging activity

106 The antioxidant activity was performed using the DPPH (2,2-diphenyl-1-picrylhydrazyl)
107 method as described in Parejo et al. (2003). Briefly, 1.5 mL of 0.05 mM methanolic DPPH solution
108 was added to 0.75 mL of different concentrations (50, 100 and 300 ppm) of the extract. The
109 discoloration of the purple color was read at 517 nm after 20 minutes of incubation against the
110 blank. The same concentrations of ascorbic acid were used as a positive standard. Methanol and
111 DPPH were also used as a control of the assay. After calculation of DPPH inhibition percentage
112 according to the equation 1, the decolorization was plotted against the sample concentration to
113 determine the amount of sample required to 50% inhibitory concentration (IC_{50}) of DPPH radicals
114 based on linear regression analysis.

$$115 \text{ Inhibition (\%)} = [(A_{Control} - A_{Sample}) / A_{Control}] \times 100 \quad (1)$$

116 Where A_{Sample} is the absorbance values of the plant extract/ascorbic acid and $A_{Control}$ is the
117 absorbance values of the control.

118 2.5.2. Reducing power ability

119 The reducing power ability was determined as described in Tohidi et al. (2017). According to
120 this method, 2.5 mL of different concentrations (50, 100, and 300 ppm) of methanolic
121 extract/ascorbic acid (standard antioxidant of the assay) were mixed with 2.5 mL of sodium
122 phosphate buffer (0.2 M, pH 6.6) and 2.5 mL of 1% potassium ferricyanide [$K_3Fe(CN)_6$]. The

173 resulting mixture was incubated at 50 °C for 20 min. Afterwards, 2.5 mL of trichloroacetic acid
174 (10% w/v) was added and the solution was centrifuged at 3000 rpm for 10 min. 2.5 mL of distilled
175 water and 0.5 mL of 0.1% ferric chloride were added to 2.5 mL of the supernatant obtained by
176 centrifugation. Finally, the absorbance was measured at 700 nm against a blank of 80% methanol.
177 Increased absorbance indicates the greater ability of a sample to reduce Fe³⁺ to Fe²⁺.

178 2.6. *Statistical analysis*

179 Collected data were subjected to analysis of variance (ANOVA) followed by the Least
180 Significant Difference test (LSD; $P < 0.05$ probability level) using SAS software version 9.1 (SAS,
181 Cary, NC, USA). To classify the studied corm provenances, hierarchical cluster analysis (HCA)
182 according to Ward's method and principal component analysis (PCA) were performed using
183 XLSTAT 2016 (Addinsoft, New York, NY, USA). These statistical procedures were based on the
184 parameters that showed evident variation among the studied corm provenances.

185 **3. Results**

186 3.1. *Flower-related traits*

187 A highly significant ($P < 0.001$) corm provenance \times year effect was determined for all the
188 flower-related traits (Table 2). The corms of varying provenance demonstrated different
189 performance in the three-growing seasons. For instance, corms from Ferdows present good
190 performance in the first and the third year, and Bajestan in the second year in terms of FN and SY.
191 Corms from Sarayan and Torbat in the first year, Qaen, Sarayan and Ferdows in the second year,
192 and Sarayan in the third year were assigned the subsequent groups (Table 2). The lowest FN and
193 SY were recorded for corms from Zarand, Natanz and Qaen in 2015-16, Zarand in 2016-17 and
194 Zarand and Torbat in 2017-18. On the contrary, corms from Zarand had a greater USW across

190 different years (on average 3.75, 4.03 and 4.27 mg, respectively). Corms from Torbat in the first
 191 year and Ferdows, Sarayan and Gonabad in the second and third years presented the highest SL
 192 (Table 2).

193

194 **Table 2**

200 Interaction effects of the corm provenance × year on flower number, stigma yield, stigma length, and unitary stigma
 201 weight of saffron corms of different provenance recorded during three growing seasons (2015-16, 2016-17, 2017-18).

Corm provenance	Flower number (m ⁻²)			Stigma yield (mg m ⁻²)		
	2015-16	2016-17	2017-18	2015-16	2016-17	2017-18
Bajestan	2.29 ± 0.07 ^c	34.7 ± 1.1 ^a	87 ± 1.6 ^c	7.22 ± 0.37 ^c	134 ± 1.0 ^a	376 ± 8.7 ^c
Estahban	1.90 ± 0.11 ^d	10.1 ± 1.2 ^e	51 ± 1.2 ^e	4.77 ± 0.15 ^d	33 ± 2.2 ^e	187 ± 6.9 ^{ef}
Ferdows	5.96 ± 0.18 ^a	29.0 ± 1.4 ^b	119 ± 3.5 ^a	19.7 ± 0.38 ^a	122 ± 8.6 ^b	513 ± 10.4 ^a
Gonabad	2.03 ± 0.16 ^{cd}	18.7 ± 0.4 ^c	83 ± 1.2 ^c	5.38 ± 0.36 ^d	68 ± 1.9 ^c	360 ± 12.2 ^c
Natanz	0.78 ± 0.08 ^e	14.1 ± 0.7 ^d	54 ± 0.8 ^e	1.81 ± 0.17 ^e	58 ± 1.0 ^{cd}	228 ± 6.8 ^{de}
Qaen	0.78 ± 0.05 ^e	29.1 ± 1.8 ^b	63 ± 3.7 ^d	2.42 ± 0.30 ^e	116 ± 3.9 ^b	267 ± 19 ^d
Sarayan	2.94 ± 0.14 ^b	29.0 ± 1.0 ^b	102 ± 7.2 ^b	8.39 ± 0.19 ^{bc}	118 ± 6.8 ^b	430 ± 31 ^b
Torbat	2.92 ± 0.09 ^b	12.6 ± 0.6 ^d	31 ± 2.6 ^f	8.98 ± 0.36 ^b	49 ± 4.5 ^d	129 ± 12.2 ^g
Zarand	0.50 ± 0.17 ^e	7.40 ± 0.7 ^f	34 ± 1.0 ^f	1.82 ± 0.74 ^e	30 ± 1.9 ^e	145 ± 3.5 ^{fg}
Sources of variation						
Corm provenance (CP)	<i>P</i> <0.0001			<i>P</i> <0.0001		
Year (Y)	<i>P</i> <0.0001			<i>P</i> <0.0001		
CP×Y	<i>P</i> <0.0001			<i>P</i> <0.0001		

202 Mean ± standard error (*n* = 3) for each trait and corm provenance; different superscript letters in a column indicate
 203 significant differences (LSD tests, *P*<0.05)

204 **Table 2**

205 Continued

Corm provenance	Stigma length (cm)			Unitary stigma weight (mg)		
	2015-16	2016-17	2017-18	2015-16	2016-17	2017-18

Bajestan	1.56 ± 0.048 ^h	2.11 ± 0.034 ^d	2.33 ± 0.028 ^{ab}	3.20 ± 0.13 ^{gh}	3.87 ± 0.09 ^{b-e}	4.18 ± 0.16 ^{abc}
Estahban	1.66 ± 0.055 ^h	1.99 ± 0.031 ^e	2.13 ± 0.022 ^d	2.52 ± 0.19 ^{ij}	3.35 ± 0.19 ^{fg}	3.64 ± 0.03 ^{ef}
Ferdows	1.94 ± 0.025 ^{ef}	2.18 ± 0.043 ^{cd}	2.35 ± 0.007 ^a	3.31 ± 0.08 ^{fg}	4.13 ± 0.27 ^{abc}	4.24 ± 0.06 ^a
Gonabad	1.93 ± 0.031 ^{ef}	2.15 ± 0.064 ^{cd}	2.36 ± 0.024 ^a	2.72 ± 0.07 ^{ij}	3.61 ± 0.05 ^{ef}	4.32 ± 0.09 ^a
Natanz	1.78 ± 0.030 ^g	2.11 ± 0.020 ^d	2.31 ± 0.036 ^{ab}	2.39 ± 0.03 ^j	4.07 ± 0.12 ^{a-d}	4.25 ± 0.20 ^a
Qaen	1.87 ± 0.013 ^{fg}	2.10 ± 0.026 ^d	2.24 ± 0.093 ^{bc}	3.17 ± 0.23 ^{gh}	4.08 ± 0.19 ^{a-d}	4.16 ± 0.05 ^{abc}
Sarayan	1.90 ± 0.057 ^{ef}	2.15 ± 0.049 ^{cd}	2.38 ± 0.028 ^a	2.86 ± 0.12 ^{hi}	4.04 ± 0.09 ^{a-d}	4.22 ± 0.01 ^{ab}
Torbat	2.11 ± 0.021 ^d	2.11 ± 0.034 ^d	2.30 ± 0.019 ^{ab}	3.11 ± 0.07 ^{gh}	3.85 ± 0.18 ^{cde}	4.07 ± 0.04 ^{a-d}
Zarand	1.92 ± 0.005 ^{ef}	2.12 ± 0.029 ^d	2.30 ± 0.012 ^{ab}	3.75 ± 0.18 ^{de}	4.03 ± 0.17 ^{a-d}	4.27 ± 0.03 ^a
Sources of variation						
Corm provenance (CP)	<i>P</i> <0.0001		<i>P</i> <0.001			
Year (Y)	<i>P</i> <0.0001		<i>P</i> <0.0001			
CP×Y	<i>P</i> <0.0001		<i>P</i> <0.001			

2.0.6 Mean ± standard error (*n* = 3) for each trait and corm provenance; different superscript letters indicate significant
2.0.7 differences (LSD tests, *P*<0.05)

2.0.8 3.2. Corm properties

2.0.9 Corm provenance × year interaction was statistically significant (*P*<0.01) for CN and CY
2.1.0 (Table 3). At the end of the first and second growing seasons, a significant difference between
2.1.1 corms of different origins was observed for CN. A significant enhancement in CY per m² was
2.1.2 recorded for corms from Ferdows at the end of the first growing season with no statistical
2.1.3 significant with Bajestan and Sarayan. Zarand with lowest scores of CN and UCW, and Natanz
2.1.4 with lowest CN produced the lowest CY in the first year (Table 3). As expected, the highest
2.1.5 averages of CN (1124 corms m⁻²) were recorded for Ferdows provenance and CY (4.52 kg m⁻²)
2.1.6 measured for the corms from Ferdows and Sarayan in the second year. The corms from Sarayan
2.1.7 (despite the lower CN comparing to Ferdows) presented a considerable CY (4.56 kg m⁻²) in the

second year which was due to the significant increase in UCW (4.54 g). Corms from Bajestan ranked third (1014.6 corms m⁻² and 4 kg m⁻²) in the second year (Table 3).

Highly significant ($P < 0.0001$) year and corm provenance effects were observed for UCW (Fig. 1). UCW differed for the corms from different origins due to the variations in CN and CY (Fig. 1A and Table 3). Corms from Gonabad and Ferdows presented the highest UCW, they were followed by corms from Sarayan, Bajestan, and Qaen, which did not show statistical differences with Ferdows. On the contrary, lowest UCW was measured for the corms from Torbat and Zarand (Fig. 1A). Moreover, UCW was significantly higher in the second year compared to the first year (36.2 %) (Fig. 1B).

Table 3

Corm properties (corm number and corm yield) for saffron corms of different provenance measured at the end of the first (2015-16) and second (2016-2017) growing seasons of the experiment

Corm provenance	Corm number (m ⁻²)		Corm yield (kg m ⁻²)	
	2015-16	2016-17	2015-16	2016-17
Bajestan	219 ± 13.0 ^a	1015 ± 18.5 ^b	0.65 ± 0.15 ^{ab}	4.00 ± 0.14 ^b
Estahban	218 ± 6.3 ^a	879 ± 18.2 ^{cd}	0.51 ± 0.07 ^{bcd}	2.71 ± 0.10 ^d
Ferdows	209 ± 12.2 ^a	1125 ± 39.6 ^a	0.72 ± 0.08 ^a	4.52 ± 0.06 ^a
Gonabad	190 ± 27.3 ^{ab}	731 ± 12.5 ^e	0.49 ± 0.04 ^{cd}	3.50 ± 0.04 ^c
Natanz	165 ± 4.1 ^b	754 ± 19.0 ^e	0.38 ± 0.07 ^{de}	2.77 ± 0.06 ^d
Qaen	213 ± 7.2 ^a	823 ± 14.6 ^d	0.54 ± 0.03 ^{bc}	3.40 ± 0.05 ^c
Sarayan	221 ± 12.8 ^a	1019 ± 47.7 ^b	0.60 ± 0.06 ^{abc}	4.56 ± 0.18 ^a
Torbat	211 ± 8.9 ^a	897 ± 32.5 ^c	0.47 ± 0.09 ^{cd}	2.17 ± 0.05 ^e
Zarand	161 ± 10.3 ^b	753 ± 18.0 ^e	0.29 ± 0.02 ^e	2.30 ± 0.05 ^e
Sources of variation				
Corm provenance (CP)	$P < 0.0001$		$P < 0.0001$	
Year (Y)	$P < 0.0001$		$P < 0.0001$	

CP×Y

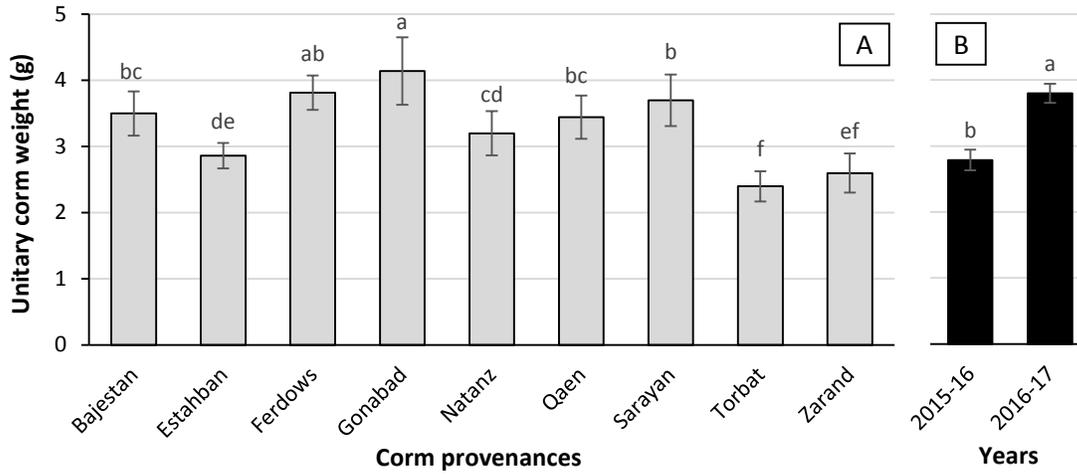
$P < 0.0001$

$P < 0.0001$

۲۳۰ Mean ± standard error ($n = 3$) for each trait and corm provenance; different superscript letters in a column indicate

۲۳۱ significant differences (LSD tests, $P < 0.05$)

۲۳۲



۲۳۳ Fig. 1. Unitary corm weight of saffron corms of different provenance (A) and growing seasons (B). Mean ± standard

۲۳۴ error (A: $n = 6$ and B: $n = 27$); different letters above columns indicate significant differences (LSD tests, $P < 0.05$)

۲۳۰ 3.3. *Crocin, picrocrocin and safranal contents*

۲۳۶ Picrocrocin and safranal contents differed significantly between corms of different
 ۲۳۷ provenance ($P < 0.05$). On the contrary, the year of production as well as corm provenance \times year
 ۲۳۸ interaction had no significant effect on these quality traits (Table 4). Picrocrocin and safranal
 ۲۳۹ contents (based on ISO 3632) ranged 72-86.6 and 38.5-45.3, respectively. A non-significant
 ۲۴۰ negative relationship (-0.248 ; $P = 0.52$) between picrocrocin and safranal contents was observed
 ۲۴۱ (Fig. 3B). Corms from Bajestan, produced higher picrocrocin levels followed by Ferdows, and
 ۲۴۲ Estahban. No differences in picrocrocin contents between corms from Ferdows and Estahban on
 ۲۴۳ the one hand and corms of other provenance on the other hand were observed. Corms from
 ۲۴۴ Estahban and Ferdows resulted also in lower safranal contents, whereas there were no significant
 ۲۴۵ differences between corms from Ferdows and those from the other locations. Accordingly,
 ۲۴۶ picrocrocin contents were relatively lower and safranal contents were higher for corms of other
 ۲۴۷ provenance (Table 4). Crocin content ranged from 217-220 across corms of different provenance
 ۲۴۸ during the two years of the experiment. This, resulted in no statistically significant differences
 ۲۴۹ between the experimental factors (data not shown).

۲۵۰ **Table 4**

۲۵۱ Comparison of picrocrocin and safranal contents obtained from corms of different provenance. Values are means of
 ۲۵۲ the second (2016-17) and third growing seasons (2017-18) of the experiment.

Corm provenance	picrocrocin ($E_{257}^{1\%}$)	safranal ($E_{330}^{1\%}$)
Bajestan	87 \pm 2.1 a	43 \pm 0.9 a
Estahban	79 \pm 1.8 ab	39 \pm 1.4 b
Ferdows	79 \pm 2.7 ab	42 \pm 1.2 ab
Gonabad	74 \pm 1.3 b	44 \pm 0.7 a
Natanz	74 \pm 0.9 b	44 \pm 1.1 a

Qaen	72 ± 1.4 b	42 ± 0.9 a
Sarayan	72 ± 1.0 b	44 ± 0.8 a
Torbat	77 ± 2.8 b	45 ± 0.7 a
Zarand	74 ± 0.9 b	43 ± 0.9 a
Sources of variation		
Corm provenance (CP)	<i>P</i> <0.05	<i>P</i> <0.05
Year (Y)	ns	ns
CP×Y	ns	ns

203 Mean ± standard error (*n* = 6) for each trait and corm provenance; different superscript letters in a column indicate
 204 significant differences (LSD tests, *P*<0.05)

200

206 3.4. Total phenolic and flavonoid contents

207 ANOVA indicated a significant corm provenance × year effect for TPC, TFC, and DPPH-
 208 radical scavenging activity whereas no significant effects were determined for the reducing power
 209 ability indicator (Table 5). The total phenolic content (measured in two years) in corms of different
 260 provenance ranged between 2.96 and 6.17 mg GAE/ g dry weight and TFC ranged from 2.08 to
 261 4.36 mg QE/ g dry weight (Table 5). Corm provenance presented a different effect in terms of the
 262 contents of bioactive compounds. For example, TPC in corms of some provenance (e.g. Ferdows,
 263 Gonabad, Natanz, Qaen, Sarayan and Torbat) showed no significant difference between the two
 264 years of the study, whereas TFC decreased significantly in the same period for these corm groups
 265 (except for Sarayan) (Table 5). TPC in corms from Bajestan and Estahban decreased significantly
 266 in 2017-18 in comparison to the previous year without any significant change in TFC. However,
 267 TPC increased significantly in Zarand during 2017-18 and TFC decreased as compared to 2016-
 268 17 (Table 5).

۲۶۹ The results generally indicated that corms from Zarand in 2017-18 and Qaen, Gonabad, Torbat
 ۲۷۰ in both years, and Estahban in 2016-17 showed higher values of TPC. Lower values of TFC were
 ۲۷۱ observed for corms from Natanz, Torbat, Zarand, Qaen, Ferdows and Gonabad in 2017-18.
 ۲۷۲ Furthermore, corms from Estahban, Bajestan and Sarayan in 2017-18 exhibited lower TPC and
 ۲۷۳ higher TFC which in turn resulted in the lowest and highest amounts of TPC and TFC in this study
 ۲۷۴ (2.96 and 3.26 and 4.02 mg GAE/ g dry weight and 3.11, 4.36 and 3.68 mg QE/ g dry weight,
 ۲۷۵ respectively) (Table 5).

۲۷۶ IC₅₀ values ranged between 228 to 280 µg/mL in the two years of the study. Corms from Qaen
 ۲۷۷ showed the highest antioxidant activity with the lowest IC₅₀ values in 2017-18 which was closely
 ۲۷۸ followed by corms from Bajestan, Ferdows, Gonabad and Torbat (Table 5). For 2016-17, no
 ۲۷۹ significant difference was observed between the corms of the various origins, meanwhile, the
 ۲۸۰ antioxidant power of the corms varied in 2017-18, mainly due to variation in TPC and TFC in this
 ۲۸۱ year (Table 5). Similar to TPC and TFC results, strong variation between corms of different
 ۲۸۲ provenance was found for the DPPH-radical scavenging activity in 2017-18 (Table 5). Corms from
 ۲۸۳ Qaen, Bajestan, Ferdows, Gonabad and Torbat, (with the highest TPC or TFC), presented the most
 ۲۸۴ potent antioxidant activity, whereas the minimum antioxidant activities were observed for corms
 ۲۸۵ from Zarand, Natanz and Estahban (Table 5).

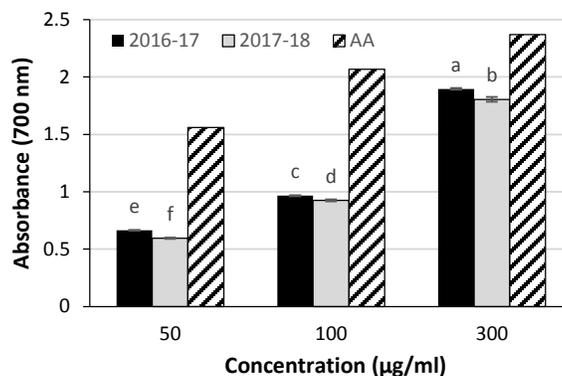
۲۸۶
 ۲۸۷ **Table 5**
 ۲۸۸ Total phenolic content, total flavonoid content and DPPH-radical scavenging activity of saffron stigmas among corms
 ۲۸۹ of different provenance measured in the second (2016-17) and third (2017-18) growing seasons of the experiment.

Corm provenance	Total phenolic content		Total flavonoid content		DPPH (IC ₅₀)	
	(mg GAE/ g dry weight)		(mg QE/ g dry weight)		(µg/ mL) †	
	2016-17	2017-18	2016-17	2017-18	2016-17	2017-18
Bajestan	4.92 ± 0.37 ^{efg}	3.26 ± 0.26 ⁱ	3.71 ± 0.30 ^{ab}	4.36 ± 0.09 ^a	232 ± 5.1 ^d	257 ± 3.8 ^{bc}

Estahban	5.64 ± 0.18 ^{a-c}	2.96 ± 0.34 ⁱ	3.74 ± 0.32 ^{ab}	3.11 ± 0.09 ^{bc}	230 ± 4.6 ^d	276 ± 3.9 ^a
Ferdows	5.13 ± 0.11 ^{d-g}	4.91 ± 0.26 ^{fg}	3.92 ± 0.53 ^a	2.90 ± 0.42 ^{cd}	230 ± 2.5 ^d	257 ± 1.8 ^{bc}
Gonabad	5.34 ± 0.21 ^{a-f}	6.05 ± 0.33 ^{ab}	3.83 ± 0.02 ^a	2.95 ± 0.42 ^c	237 ± 7.5 ^d	257 ± 2.4 ^{bc}
Natanz	5.17 ± 0.11 ^{c-g}	5.23 ± 0.16 ^{c-g}	3.92 ± 0.36 ^a	2.08 ± 0.25 ^e	231 ± 3.3 ^d	278 ± 2.5 ^a
Qaen	5.85 ± 0.26 ^{a-d}	5.66 ± 0.65 ^{a-d}	4.33 ± 0.31 ^a	2.49 ± 0.13 ^{cde}	230 ± 2.9 ^d	248 ± 1.6 ^c
Sarayan	4.57 ± 0.07 ^{gh}	4.02 ± 0.35 ^h	4.05 ± 0.28 ^a	3.68 ± 0.02 ^{ab}	228 ± 4.1 ^d	260 ± 1.7 ^b
Torbat	5.48 ± 0.20 ^{a-f}	5.88 ± 0.35 ^{abc}	4.19 ± 0.10 ^a	2.22 ± 0.01 ^{de}	232 ± 6.4 ^d	256 ± 4.1 ^{bc}
Zarand	5.40 ± 0.07 ^{b-f}	6.17 ± 0.58 ^a	3.78 ± 0.34 ^{ab}	2.52 ± 0.17 ^{cde}	232 ± 5.7 ^d	280 ± 0.6 ^a
Sources of variation						
Corm provenance (CP)	<i>P</i> <0.0001		<i>P</i> <0.1		<i>P</i> <0.01	
Year (Y)	<i>P</i> <0.01		<i>P</i> <0.0001		<i>P</i> <0.0001	
CP×Y	<i>P</i> <0.0001		<i>P</i> <0.001		<i>P</i> <0.001	

290 Mean ± standard error (*n* = 3) for each trait and corm provenance; different superscript letters in a compound indicate
291 significant differences (LSD tests, *P*<0.05). † Ascorbic acid IC₅₀: 119.72 µg/ mL

292 The ability of different concentrations of stigma extracts to reduce Fe³⁺ to Fe²⁺ was determined
293 using reducing power as indicator (Fig. 2). The highest amounts of TPC, TFC and antioxidant
294 activity (as revealed by DPPH and reducing power) were observed in 2016-17 (Table 5 and Fig.
295 2). Besides the statistically non-significant effects of corm provenance and corm provenance ×
296 year interaction, the reducing power of saffron stigmas extracts was higher in 2016-17 as compared
297 to 2017-18 (Fig. 2). Reduction of Fe³⁺ of stigmas extract was considerable as compared to ascorbic
298 acid as positive standard (Fig. 2).



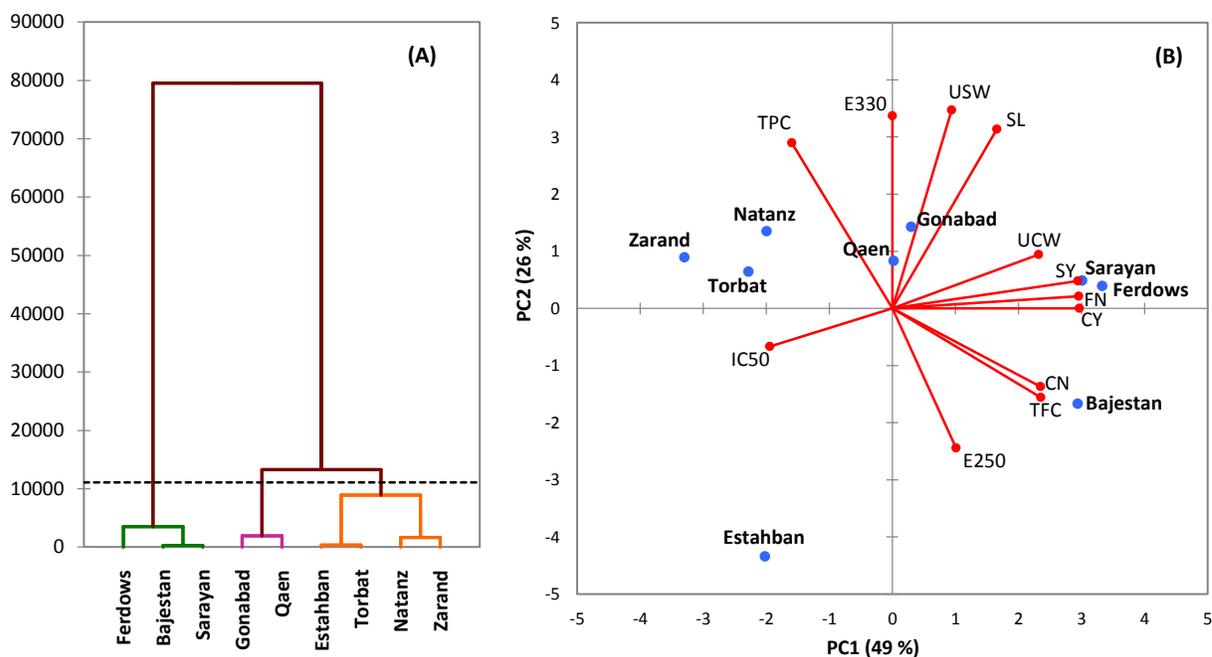
۲۹۹
 ۳۰۰ **Fig. 2.** Reducing power results obtained by saffron stigmas extracts/ ascorbic acid (AA) at different concentrations.
 ۳۰۱ Mean \pm standard error ($n = 27$); different letters indicate significant differences (LSD tests, $P < 0.05$)
 ۳۰۲

۳۰۳ **3.5. HCA and PCA analyses**

۳۰۴ Similarities in the characteristics of corms of various provenance were examined by HCA
 ۳۰۵ which resulted in three main groups (Fig. 3A). Cluster 1 contained corms from Ferdows, Bajestan,
 ۳۰۶ and Sarayan and they showed the greatest mean flower-related traits, corm characteristics, high
 ۳۰۷ content of flavonoids and picrocrocin, intermediate antioxidant activity and low amounts of TPC.
 ۳۰۸ Contrary to the first cluster, the second cluster which included corms from Estahban, Natanz,
 ۳۰۹ Torbat and Zarand, presented the lowest average of flower-related traits, CY and UCW,
 ۳۱۰ intermediate TPC and picrocrocin and the lowest TFC and antioxidant capacity. The third group
 ۳۱۱ included the corms from Gonabad and Qaen and they presented intermediate flower-related traits,
 ۳۱۲ corm properties as well as TFC, high TPC and antioxidant power, and low picrocrocin contents.

۳۱۳ To evaluate the relationships between the studied parameters and the growing locations of the
 ۳۱۴ saffron corms, PCA was conducted and a two-dimensional PCA scatter plot (based on the two first
 ۳۱۵ PCs) was constructed (Fig. 3B). As depicted, the first two PCs explained 75% of total variation.
 ۳۱۶ The first PC accounted for 49% of the total variance and is positively correlated with CY (0.982),

۳۱۷ FN (0.980) and SY (0.975). The corms from Ferdows and Sarayan present high CY, FN, and SY
 ۳۱۸ and consequently a high agronomic performance. A group of corms from four different locations
 ۳۱۹ (Natanz, Torbat, Zarand, and Estahban) with a low agronomic performance clearly presents higher
 ۳۲۰ IC₅₀ (lowest antioxidant power) and TPC (except Estahban which has a low TPC). Bajestan was
 ۳۲۱ characterized by a higher CN, TFC and microcrocin content. PC2 accounted for 26% of the total
 ۳۲۲ variance which positively correlated to safranal content (0.809), USW (0.834), SL (0.753) and
 ۳۲۳ TPC (0.696). The mentioned variables correlated positively with the corms from Qaen and
 ۳۲۴ Gonabad that presented a high content of safranal and TPC as well as high antioxidant power (Low
 ۳۲۵ IC₅₀), and an intermediate agronomic performance (Fig. 3B).



۳۲۶ **Fig. 3.** Grouping of the studied corm provenance using hierarchical cluster (A) and principal component analyses (B).
 ۳۲۷ FN: flower number: SY: stigma yield; SL: stigma length; CN: corm number; CY: corm yield; UCW: unitary corm
 ۳۲۸ weight; E257: picrocrocin; E330: safranal; TPC: total phenolic content; TFC: total flavonoid content; IC₅₀: DPPD
 ۳۲۹ radical scavenging activity based on 50% inhibitory concentration; PC: Principal Component

۳۳۰ 4. Discussion

۳۳۱ 4.1. Differences between growing seasons

۳۳۲ This experiment clearly demonstrated that the largest difference in flower-related traits and
۳۳۳ corm properties were found between the growing seasons (years). The annual increase in CN and
۳۳۴ UCW and thereby the increase in CY, significantly influenced FN and SY per unit area. FN and
۳۳۵ SY per unit area were approximately 9 and 12 times higher in 2016-17 compared to 2015-16,
۳۳۶ respectively. These two parameters were also 3.4 and 3.6 times higher in 2017-18 than in 2016-
۳۳۷ 17, respectively. Saffron is a perennial crop which is propagated through corms (Kumar et al.,
۳۳۸ 2009). During the corms-formation in the first growing season, new daughter corms will be
۳۳۹ produced and grow, which results in an increment in flower production in the next year (Amiri,
۳۴۰ 2008; Gresta et al., 2008a; de Juan et al., 2009; Kumar et al., 2009). Although not immediately
۳۴۱ increasing yields, they are important for future production. These relationships are also clearly
۳۴۲ visualized in the PCA (Fig. 3B) which confirms the positive associations between corm properties
۳۴۳ and flower-related traits. These results are in agreement with Lage and Cantrell (2009) findings.
۳۴۴ Whereas the quality parameters were not affected by the growing seasons, the highest antioxidant
۳۴۵ ability (as revealed by both DPPH-radical scavenging activity and reducing power) was measured
۳۴۶ in 2016-17. This is due to higher total phenolic and flavonoid compound contents.

۳۴۷ 4.2. Interaction of corm provenance and growing season

۳۴۸ Different effects of the corm provenance over the three growing seasons were observed and
۳۴۹ may be due to their different reaction to sowing date and environmental conditions during the
۳۵۰ dormancy period in the new cultivation region (Amirnia et al., 2013; Babaei et al., 2014). In
۳۵۱ addition to producing an extended root network which increases the nutrient uptake, stronger

302 corms also lead to an increase in daughter corm number and weight that resulted in production of
303 more flowers in the next year (Koocheki and Seyyedi, 2015). In addition to the corm-related
304 properties, different responses of corms of different origin, can also be attributed to the flower
305 buds initiation time and the environmental conditions during dormancy which may make
306 differences in the buds emergence (Behdani et al., 2016). Strong bud emergence positively affects
307 seedling establishment and improves growth and development of saffron plant during the first
308 growing season (Ghanbari and Khajoei-Nejad, 2018). Therefore, it potentially increases the flower
309 production and stigma yield in the next growing season (Gresta et al., 2008a; de Juan et al., 2009).
310 Corm provenance groups with highest corm yields produce the highest flower-related traits in next
311 flowering season as discussed in section 4.1. Selection of the corms that are fully adapted to the
312 environmental conditions of a certain location is an important strategy to attain higher yields at
313 new cultivation areas (Agayev et al., 2009; Baghalian et al., 2010; Amirnia et al., 2013). Variations
314 in morphological features among corms of different provenance has also been reported by other
315 authors (Ehsanzadeh et al., 2004; Baghalian et al., 2010; Siracusa et al., 2010; Amirnia et al., 2013;
316 Siracusa et al., 2013).

317 4.3. *Differences in quality attributes due to corm provenance*

318 Saffron quality greatly depends upon the variety and the growing conditions (Ehsanzadeh et
319 al., 2004; Baghalian et al., 2010; Lage and Cantrell, 2009; Gresta et al., 2009; Siracusa et al., 2010).
320 Furthermore, the saffron constituents can be affected by the drying process ([Carmona](#) et al., 2005;
321 Bolandi and Ghodduzi, 2006). It has been reported that the best conditions for drying of saffron
322 are higher temperatures in shorter times ([Carmona](#) et al., 2005). In the present study, in spite of
323 dehydration in shade, the averages of picrocrocin, safranal and crocin ranged 72-87, 39-45 and
324 217-220, respectively which indicating the highest quality (Category I). The values obtained are

370 in agreement with the ranges reported by Lage and Cantrell (2009) who cultivated saffron corms
376 in different environments. They quantified the crocin and safranal values 117-350 and 36-50,
377 respectively, in saffron stigmas dried in shade. The values of picrocrocin and crocin in saffron
378 stigmas in corms from different origins and thus cultivated under various environmental conditions
379 ranged 52-78 and 152-200, respectively (Gresta et al., 2009).

380 Variability of apo-carotenoids content in corms of different provenance could be partially
381 attributed to the differences between clones (in terms of yield-superiority and clonal adaptation)
382 which may affect the quantity and quality of saffron (Baghalian et al., 2010; Agayev et al., 2009).
383 Corms from Bajestan and Ferdows resulted in high CY, they presented also higher picrocrocin
384 contents. Therefore, the clonal selection of corms that are suitable for defined environmental
385 conditions can help to attain higher quality saffron (Baghalian et al., 2010; Agayev et al., 2009).
386 Stronger corms produce a more extensive network of roots and thereby the absorption of mineral
387 nutrients is likely to increase (Koocheki and Seyyedi, 2015). The latter affects metabolic pathways
388 that results in higher amounts of secondary metabolites (Baghalian et al., 2010; Scheible et al.,
389 2004). The differences in quality characters of Iranian saffron populations were evaluated and
390 reported in previous studies (Ehsanzadeh et al., 2004; Baghalian et al., 2010). Additionally,
391 Siracusa et al. (2013) distinguished different saffron populations from Italy, Spain, Iran, India, and
392 Australia based on apocarotenoids contents.

393 Biosynthesis of apo-carotenoids in saffron is still not fully understood, however, it is well-
394 documented that picrocrocin decomposition during the drying procedure of saffron stigmas gives
395 rise to the production of safranal (Maggi et al., 2010). Therefore, a negative relationship between
396 picrocrocin and safranal contents is expected.

397 4.4. *Differences in TPC, TFC and antioxidant activity due to the interaction of corm provenance*
398 *and growing season*

399 Measured TPC, TFC, and IC50 values (2.96-6.17 mg GAE/g DW and 2.08-4.36 mg QE/g
400 DW, and 228-280 µg/ mL, respectively) in this study are in agreement with Baba et al. (2015) and
401 Karimi et al. (2010) in saffron stigmas extracted by different solvents.

402 The observed differences between the corms of different provenance in the three growing
403 seasons for antioxidant ability can be mainly attributed to the variation in bioactive components.
404 These results suggested that the extracts with higher TPC and TFC had stronger antioxidant
405 activity, which was also confirmed by Baba et al. (2015) and Karimi et al. (2010). The stronger
406 correlation between TFC and antioxidant capacity in this experiment (Fig. 3B) indicates that the
407 presence of flavonoid content was more responsible for inhibition of the radicals than TPC.
408 Besides the phenolic compounds, it has been reported that the antioxidant activities are mainly
409 attributed to the flavonoid compounds (Agati et al., 2012; Zeka et al., 2015).

410 **5. Conclusions**

411 The obtained results point out that the growing season contributes most to the differences in
412 agronomic-related parameters in saffron production. The results of the present study clearly
413 indicate that the agronomic, quality and bioactive features differ substantially according to the
414 corms of different provenance. Agronomic related traits seem to differ more across corms of
415 different origin than other parameters. HCA and PCA analyses results evidently distinguished
416 corms of different provenance based on the examined variables: (i) corms from Ferdows, Sarayan
417 and Bajestan were mainly characterized by high agronomic performance as well as high
418 picrocrocin and total flavonoid content; (ii) corms from Estahban, Natanz, Torbat and Zarand were

٤١٩ distinguished by low agronomic performance, low total flavonoid content and antioxidant activity
٤٢٠ and (iii) corms from Gonabad and Qaen were characterized by moderate agronomic performance,
٤٢١ maximum TPC and the highest antioxidant power. From the agronomic point of view, lower yield
٤٢٢ results in lower amounts of secondary metabolites per unit area. Therefore, one possible strategy
٤٢٣ for selecting the most suitable corm for particular locations for saffron cultivation requires
٤٢٤ simultaneous consideration of underground and aboveground agronomic performance of corms as
٤٢٥ well as their quality-related and bioactive compound contents.

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