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# Gaining insight on spray drying behaviour of foods via single droplet drying analyses

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#### 9 Abstract (100 words)

A continuous challenge for spray drying operations is the optimal control of product quality 10 despite the complex process removal of water and particle formation. In general high product 11 functionality (e.g. in terms of reconstitution behaviour, high enzyme activity or appropriate 12 living probiotic bacteria) is key to the success of spray dried powders. In this paper we review 13 scientific studies that employ single droplet drying approaches to unravel underlying 14 phenomena of spray drying process. Moreover, we identify scientific challenges to advance 15 single droplet drying studies and thus contribute to development of mechanism-based 16 guidelines for spray drying of functional food powders. 17

18 Keywords: single droplet drying, spray drying, particle formation, bioactive ingredients,
19 probiotic bacteria, morphology

## 21 Introduction

Spray drying technology is well known for its powders with high stability throughout shelf-life, 22 desirable bulk properties and excellent functional properties, such as reconstitution behaviour. 23 Throughout the last decades spray drying operations have been optimised following trial and 24 error approaches, which is usually justified because of the complexity of the underlying 25 physical phenomena. Mechanistic understanding of the spray drying process itself is often 26 lacking, where especially the physical phenomena behind the fast removal of water and particle 27 formation and its relation to final product quality are not well understood. The fast-drying 28 kinetics, the scale of the drying equipment, and the wide range of polydisperse droplets flying 29 in a stream of hot air make it challenging to investigate the complex phenomena at the particle 30 scale <sup>[1,2]</sup>. 31

In view of the challenges to study underlying mechanisms during actual spray drying, many 32 scientific studies have employed single droplet drying (SDD) experimental approaches. In 33 recent years, these studies have established useful insight on the effect of multiple parameters 34 during droplet drying such as droplet temperature, size and formulation on the drying kinetics, 35 particle morphology, surface composition and activity of bioactive components. Although 36 numerous reviews on single droplet drying and spray drying are available, to the best of our 37 knowledge, no comprehensive review has addressed the relationship between single droplet 38 drying and particle properties that lead to powder functionality. 39

The objective of this paper is therefore to provide a comprehensive review of the application of single droplet drying approaches in scientific studies to establish better understanding of the relationship between SDD conditions and particle characteristics related to functional powder behaviour. In the introduction we elaborate on the impact of spray drying on powder particle characteristics and desired functional behaviour in terms of physicochemical powder properties and properties of bioactive ingredients in spray dried powders. We review the different SDD methods in relation to establishing relevant insight to advance spray drying operations and resulting powder quality. We discuss how SDD studies are used to investigate the effects of formulation and drying conditions on morphology development and component migration and on inactivation of enzymes and living probiotic bacteria. Finally, we identify scientific challenges to advance SDD methods and complement these with other experimental and modelling approaches to address relevant research questions related to spray drying of foods.

# 52 The influence of spray drying on powder functionality

#### 53 Particle properties and functional powder behaviour

The spray drying process ensures removal of water from the product, while influencing the final functional powder properties. These properties are determined by both the properties of individual particles and the bulk powder. Particle properties include size distribution, shape, particle density, (surface) composition and internal structure. Functional properties of the powder are affected by these particle properties and comprise amongst others reconstitution behaviour, flowability, and bulk density.

Identification and measurement of the aforementioned particle and functional properties can help to define the quality of the powder and it may give an indication on the behaviour of the powder during storage, handling and processing. Powder flowability, for instance, is often key for manufacturers as it influences the process efficiency, including blending, transfer and storage. Furthermore, it is imperative to take into account the reconstitution behaviour of a powder as most of the food powders are intended for rehydration with water or in an aqueous system after processing <sup>[10]</sup>.

According to Valdek et al. particle size and morphology (primarily shape) are the main
 characteristics of powders as these dictate functional powder properties <sup>[11]</sup>. Fu et al investigated

the influence of both particle properties for three different lactose powders on their respective 69 flow and bulk characteristics <sup>[12]</sup>. Two of the lactose powders tested had a different particle size, 70 yet similar shapes, and the third sample had a similar size to one of the other two samples, but 71 differed in shape. The powder flow characteristic measurements performed in this research 72 revealed that differences in particle size and in particular particle shape, significantly affected 73 the flow properties of lactose powder over a wide range of stress conditions. Other studies 74 specifically focussed on the effect of the particle shape on the final powder properties. Takeiti 75 et al. studied the morphology of twelve different commercial maltodextrin powders and 76 concluded that particle morphology influences particle surface area, porosity and bulk density, 77 ultimately influencing the reconstitution behaviour of these powders <sup>[13]</sup>. Bumiller et al. studied 78 glass spheres, calcium carbonate crystals and plate-shaped talc powders, with particles similar 79 in size, while differing in shape <sup>[14]</sup>. Also here a correlation between particle shape and powder 80 flowability was demonstrated. Given these studies, controlling particle size and morphology is 81 thus key for establishing functional powder properties. 82

#### 83 **Bioactive ingredients**

In food and pharmaceutical industries spray drying is typically applied to produce high-value bioactive ingredients (e.g. enzymes, living bacteria) in powder form. The usage of spray drying brings advantages such as low production cost and high energy efficiency, making it an economical alternative for freeze drying <sup>[15–19]</sup>. However, the activity of those bioactive ingredients may get lost during spray drying and subsequent storage of the dry formulations.

Loss of bioactivity during spray drying may occur especially due to the increased temperatures during the process, due to unfolding of proteins at the large liquid-gas interface of the small droplets, and/or due to shear stress during atomisation in the nozzle. Rational design of the spray-dried formulations and optimization of drying conditions are essential to retain the activity of the bio-active ingredients during drying and subsequent storage <sup>[20]</sup>. With respect to the formulation often a sugar, polyol or protein is added to stabilize bioactive ingredients. For
example, the enzyme activity of lipase from *Cercospora kikuchii* was retained after spray drying
under optimal conditions in the presence of maltodextrin DE10 as a protectant <sup>[19]</sup>.

Retention of enzyme activity or survival of living bacteria during spray drying is highly depending on the individual drying trajectory of droplets. The droplet-particle conversion during actual spray drying occurs quasi-instantaneously, therefore it is not possible to trace the drying kinetics of the droplets and the degradation of bioactive components in situ. Hence, representative single droplet drying experiments have been introduced to mimic the highlycomplex spray drying process.

## **103** Single droplet drying experimentation

Single droplet drying approaches can approximate drying behaviour of droplets during spray 104 drying, if carried out under well-defined and relevant conditions (controlled drying air 105 temperature, air velocity, and humidity). Multiple SDD methodologies exist, commonly 106 divided in levitation methods and free flight drying methods. Levitation methods immobilize a 107 droplet through either contact levitation (droplet suspended on a filament or deposited on a flat 108 surface) or through non-contact levitation (acoustic wave). The SDD methodologies have 109 different pros and cons, which should be considered when designing or performing single 110 droplet drying experiments (Table 1). 111

#### 112 Levitation single droplet drying

Amongst the contact levitation methodologies, suspended single droplet drying experiments have been used most frequently <sup>[21–25]</sup>. In this intrusive method a single droplet is suspended at the tip of a thin filament or a thin thermocouple and subsequently dried by convective air flow. This SDD approach allows for monitoring the droplet diameter, the temperature of the droplet

and the mass loss simultaneously, therewith collecting important drying kinetics data <sup>[22]</sup>. The 117 mass loss can be determined by the different degree of deflection of the filament due to the 118 changing droplet mass<sup>[21]</sup>. Alternatively, the droplet mass may be monitored via an accurate 119 mass balance, which however poses limitations to the minimum size of the droplet <sup>[26]</sup>. A more 120 advanced SDD device was developed that suspends a single droplet on the tip of a polyamide 121 wire and employs humidity sensors and optimal imaging to monitor droplet mass and 122 morphology, respectively <sup>[27]</sup>. Advantage of the latter approach is that the droplet mass 123 measurements do not need any calibration in contrast to the deflection method. 124 In addition to the drying kinetics, droplets suspended from filaments have been used regularly 125 to study the morphology development during drying <sup>[25,28-31]</sup>. A downside of using this 126 technique is that often relatively large droplets are required (within the millimetre diameter 127 range)<sup>[32]</sup>. This limitation is set by the difficulty to suspend small droplets onto the filament tip 128 and by the lower contribution of heat input via the filament if the droplet is relatively large ( $\geq 1$ 129 μL). 130

Another contact levitation method is referred to as sessile single droplet drying, in which a 131 single droplet is deposited onto a surface and dried by well-defined drying air [2,33]. The sessile 132 SDD platform employs a (pneumatic) dispenser to deposit droplets onto a hydrophobic target 133 surface that provides retention of the spherical shape. This retention of shape minimizes the 134 difference in drying behaviour between a sessile droplet and a free falling droplet. The 135 stationary drying droplet can be monitored very well by camera as it is always in the focus 136 plane. The approach offers also opportunities for drying multiple droplets simultaneously. 137 A drawback of the technique is that the presence of the surface affects the air temperature and 138 flow pattern of the drying air close the droplet. Heat conduction via the contact area between 139 droplet and surface has been found to contribute only about 5% to the total amount of heat 140 transferred <sup>[34]</sup>. 141

During acoustic levitation, a single droplet is fixated in air during drying due to a 142 counterbalancing acoustic force. Acoustic levitation uses a quasi-steady sound-pressure 143 distribution in a confined space enabling suspended droplets to be levitated by the balance 144 between the body force of the droplet and the acoustic radiation force on its surface <sup>[35,36]</sup>. 145 Standing sound waves are generated by the levitator that consists of (1) a transducer that is 146 attached to a piezo-electric crystal that vibrates at an ultrasonic frequency, and (2) a reflector 147 <sup>[37]</sup>. Cameras are used to monitor the evolution in morphology <sup>[38]</sup>. The drying rate can be 148 derived from the particle diameter and the vertical positioning of the droplet in the field <sup>[35]</sup> or 149 by continuously measuring the moisture content by means of a dew point hygrometer <sup>[39]</sup>. The 150 initial positioning of liquid droplets in the acoustic field requires some exercise. Furthermore, 151 the acoustic field has some effect on the shape of the droplet and the heat and mass transfer 152 rates, where the transfer coefficients are larger compared to those of free falling droplets <sup>[40]</sup>. 153

#### 154 Free flight single droplet drying

Free flight drying methods consist of a single droplet or a stream of uniform droplets generated 155 at the top of a column dryer by means of a monodisperse (piezoelectric) nozzle, micro-syringe, 156 pulsed-orifice or an electrostatic drop generator [2,7,26,41]. This methodology most closely 157 resembles the drying conditions in an industrial spray dryer. The droplet formation often relies 158 on induced Rayleigh instability causing the periodic breakup of a liquid jet [42]. The generated 159 droplets fall freely through the drying column as a consequence of gravitational force and they 160 will eventually experience the same drying history. The technique imposes difficulties for 161 observing and recording the morphology evolution and monitoring the drying kinetics. During 162 free flight droplet drying the drying rate of the droplets is indirectly measured. For example 163 Vehring et al. determined this by monitoring the droplet diameter at different distances from 164 the point of injection by means of light scattering [32]. Furthermore, during free flight droplet 165 drying there is no option to directly monitor the temperature changes or mass loss of individual 166

droplets <sup>[26]</sup>. Morphology development of particles may be studied by sampling at different
points in the dryer as done in the work of El-Sayed et al. <sup>[43]</sup>.

### 169 Single droplet drying related to physical particle properties

#### 170 Morphology development

Single droplet drying has been frequently used to assess drying kinetics of drying droplets, 171 which has been extensively reviewed before <sup>[2,22]</sup>. More recently studies address the 172 development of particle morphology (Table 2). Understanding the particle morphology 173 development during drying creates prospects to control particle morphology, and with that the 174 175 properties of a powder. Different stages during droplet drying in relation to morphology can be distinguished: 1) the constant drying rate period, where phase separation of components might 176 occur, 2) the locking point which is the moment of first visual skin formation, and 3) the 177 development of the final particle morphology. For example, the effect of droplet composition 178 on the morphology development was studied following this approach (Figure 1), where droplets 179 of whey protein form a smooth surface with a large vacuole and maltodextrin droplets form a 180 wrinkled surface <sup>[1]</sup>. 181

Besides droplet composition other process parameters can be varied to understand particle morphology development, for example the feed initial solids content, the air temperature and the air humidity (Table 2). Generally speaking, during slower drying, e.g. at lower initial dry matter content, lower air temperatures, or higher air humidity, droplets are more likely to be wrinkled/buckled, whereas the opposite will lead to particles with a large vacuole and a smooth surface.

#### 188 **Component migration and phase separation**

The surface composition of a powdered particle is often not similar to its bulk composition,
 which can drastically alter the rehydration properties <sup>[44]</sup>. Components diffuse from the surface

towards the centre because of the development of a concentration gradient due to evaporation 191 of water from the surface. Components with a higher molecular weight will have a lower 192 relative diffusivity and are therefore more likely to have an increased concentration at the 193 surface <sup>[45]</sup>. Furthermore, it was shown that the atomisation process could induce phase 194 separation in model whole milk, where directly after dispensing the surface of the droplets 195 contained more than 90% fat, whereas the bulk composition contained 44% fat <sup>[46]</sup>. Lastly, 196 surface active components such as proteins in food products may also migrate to the surface, as 197 these have a preference to be at the air/water interface <sup>[47]</sup>. For example, in drying model skim 198 milk droplets there was, besides fat enrichment, protein enrichment at the surface: from 50% 199 protein at the surface after dispensing to 70% at the surface of the dried particle <sup>[46]</sup>. The surface 200 composition of these powders was measured by X-ray Photoelectron Spectroscopy (XPS), 201 which is a method that measures the elemental composition of the surface. 202

Ideally, internal composition of the drying particles can be characterised as well. An interesting 203 method to measure this is Confocal Raman microscopy (CRM), which has a penetration depth 204 of ~25µm, whereas this is only ~10nm for XPS. CRM can visualise the internal structure of a 205 dried particle without the necessity of staining or cutting of the sample <sup>[48]</sup>. The working 206 principle of CRM relies on the photon response upon laser illumination of a sample. A laser 207 beam is focussed on the sample by a microscopic lens, and the Raman scattered photons are 208 collected. In this way a picture can be reconstructed of the chemical composition or the physical 209 properties of the sample. Using this technique the phase segregation in dried droplets of lactose-210 biopolymer mixtures was visualised, with the studied biopolymers being BSA, HPMC and 211 poloxamer<sup>[49]</sup>. In agreement with previous XPS measurements, an enrichment of the 212 biopolymers at the surface was found. Additionally, it was shown that the zone below the top 213 layer was depleted from the biopolymer (Figure 2). The bulk matrix below this depletion zone 214 appeared to be either macroscopically mixed (Figure 2a), or phase separated into 215

macromolecule enriched zones in a lactose matrix (Figure 2b) The occurrence of phase 216 separation could be influenced by the component ratio and drying time <sup>[49]</sup>. Similar observations 217 were done for mixtures of two biopolymers <sup>[50]</sup>. Furthermore, using CRM, it was shown that 218 phase segregation is related to particle morphology formation <sup>[1]</sup>. Droplets containing 219 maltodextrin DE12 and whey protein (95:5 on a dry matter basis), showed different morphology 220 depending on the drying temperature. Particles with more phase segregation of maltodextrin 221 DE12 and whey protein, showed that the morphology will be dominated by the whey protein. 222 Therefore, mapping the internal structure of dried droplets can improve the knowledge of 223 morphology development. 224

## 225 Single droplet drying of bioactive ingredients

226 Conditions during single droplet drying such as initial droplet size, the drying air temperature, 227 the initial water content, and the formulation are known to have profound effect on the 228 inactivation behaviour of bioactive ingredients. Single droplet drying studies have characterised 229 inactivation kinetics of enzymes and living bacteria to better control retention of enzyme 230 activity or bacterial viability during spray drying processes.

#### 231 Inactivation of enzymes

As an example figure 3 illustrates the temperature and moisture history during SDD and its influence on enzyme inactivation. Initially, the droplet temperature approaches the wet-bulb temperature (period A) after which the temperature and the drying rate remain constant (period B). In the constant rate period only slight inactivation of enzyme occurs. After a critical moisture content is reached, the drying rate decreases due to internal diffusion limitation. As a consequence of the reduced drying rate, the droplet temperature increases to the dry-bulb temperature (period C). During the falling rate period the droplet temperature may be assumed homogeneous inside small droplets, while an internal moisture gradient develops with a relative
wet core and a nearly dry surface <sup>[51]</sup>.

The residual activity of enzyme after single droplet drying depends on the applied drying 241 conditions (i.e., drying temperature, air humidity, initial droplet size) and formulation. 242 Yamamoto & Sano investigated retention of activity of three enzymes (i.e., β-galactosidase, 243 glucose oxidase and alkaline phosphatase) during glass filament SDD<sup>[52]</sup>. Residual enzyme 244 activity was increased when lowering drying air temperature, reducing the droplet size and/or 245 246 using sugar carriers with lower molecular weight. Similarly, residual activity of alkaline phosphatase during droplet drying is increased when decreasing air temperature and droplet 247 size<sup>[53]</sup>. Usually, first-order kinetics are assumed to describe the dependence of the inactivation 248 rate constant on temperature and moisture content and this inactivation rate constant decreases 249 with decreasing moisture content at a specified temperature <sup>[54,55]</sup>. Sessile droplet drying of  $\beta$ -250 galactosidase at temperatures of 80-110 °C indicated that the enzyme activity is better retained 251 near the surface of the particle due to the lower moisture content in that region <sup>[34]</sup>. In another 252 study, during levitated single droplet drying rapid inactivation of the L-Glutamate 253 dehydrogenase (GDH) was observed after the critical moisture content was reached, which was 254 explained by the increasing droplet temperature in this falling rate period <sup>[56]</sup>. 255

A commonly applied strategy to preserve enzyme activity during drying is to add a carrier, e.g. 256 sugars/polyols, where the stabilization mechanism has been explained by two hypotheses <sup>[57]</sup>. 257 The vitrification hypothesis assumes that the carriers increase the free energy barrier for enzyme 258 unfolding by providing a rigid, inert solid matrix with low molecular mobility in the glassy 259 state. The water replacement hypothesis assumes that the hydroxyl groups in the carrier matrix 260 interact via hydrogen-bonds to the surface of the proteins and thus 'replaces' the hydrogen 261 bonding interaction with water <sup>[58]</sup>. For example, both addition of trehalose and sorbitol 262 stabilised the enzyme GHD during levitated SDD. Given that the anhydrous glass transition 263

temperature of sorbitol ( $T_g$  -7 °C ) is much lower than that of trehalose ( $T_g$  115 °C) the results were explained via the water replacement hypothesis <sup>[59]</sup>. In a spray drying study, the enzyme alkaline phosphatase was incorporated into inulin or trehalose <sup>[60]</sup>. Here, it was discussed that enzyme stabilization may be explained via the vitrification hypothesis when the  $T_g$  is below the storage temperature and via the water replacement hypothesis when the  $T_g$  is higher than the storage temperature of the powder.

#### 270 Survival of living bacteria

271 During spray drying both dehydration and thermal stresses can lead to inactivation of living bacteria. Via single droplet drying experimentation viability loss could be quantitatively 272 described by the sum of dehydration and thermal inactivation <sup>[61]</sup>. Perdana et al. also found that 273 at drying temperatures below 45 °C inactivation of L. plantarum WCFS1 was mainly due to 274 dehydration <sup>[61]</sup>. At temperatures above 45 °C thermal inactivation was the main influencing 275 factor affecting the survival of L. plantarum WCFS1. Similar results were found by Ghandi et 276 al. who showed that at temperatures below 55 °C dehydration stresses primarily affected the 277 survival of Lactococcus lactis spp. cremonis, while at temperatures of 65 °C and higher 278 inactivation was caused by the sum of thermal and dehydration stresses <sup>[62]</sup>. Similarly, X. Fu et 279 al. observed at temperatures above 50-65 °C that the inactivation rate of Lactococcus cremonis 280 increased rapidly and temperature was the main factor influencing the inactivation rate <sup>[63]</sup>. 281 Conclusions in this study were drawn from analysing the morphology of the dried cells, where 282 cells dried at higher temperatures (90-110 °C) had more holes in the cell wall than cells dried 283 at lower drying temperature (70 °C). 284

Spray drying studies, and thus also single droplet drying experiments, are often carried out to evaluate the effect of different drying matrices on the survival of bacteria. The advantage of single droplet drying is that using well–defined drying conditions can generate more in depth insight in the mechanisms of protection by the different matrices. As discussed before, there

are two types of stresses; thermal and dehydration stresses. Single droplet drying at a low 289 temperature (25 °C) was used to investigate how carbohydrates or proteins protect L. plantarum 290 WCFS1 against the combination of dehydration and thermal stresses <sup>[64]</sup>. Here, survival after 291 drying decreased with increasing molecular weight of the carbohydrates, while the effect of the 292  $T_g$  was limited. This may be explained by the water replacement hypothesis where small 293 carbohydrates interact more closely with phospholipids in the bacterial membrane compared to 294 large molecules. For proteins or amino acids there was no relation between molecular weight 295 and survival or  $T_g$  and survival. In the same study additional laboratory spray drying 296 experiments were carried out to study the effect of formulation on thermal inactivation only. 297 During fast drying of small (~10 µm) droplets that are too challenging to study during single 298 droplet drying, the inactivation was explained due to thermal stresses only as the bacteria are 299 rapidly fixated in a glassy matrix <sup>[61]</sup>. 300

Besides the composition of the drying matrix, survival has also been correlated to the evolving 301 morphology of a drying droplet. Wang et al. for example demonstrated that by calcium-induced 302 thermal protein aggregated milk formulations led to increased survival of L. rhamnosus 303 compared to bacteria in regular skim milk<sup>[65]</sup>. This was explained by the more porous particle 304 structure and thus faster drying kinetics for the calcium-aggregated milk. A study by Khem et 305 al. reported higher survival of L. plantarum A17 during single droplet drying of whey protein 306 solutions in which early skin formation was observed <sup>[66]</sup>. Due to skin formation the droplet 307 temperature increased earlier but more gradual to the bulk air temperature compared to droplets 308 with lactose and trehalose for which a later but sudden rise in temperature was observed. The 309 sudden increase in temperature was hypothesized to explain the higher inactivation for the non-310 skin forming formulations. Similarly, in a study of Zheng et al. single droplet drying studies 311 with reconstituted skim milk showed increased survival for L. rhamnosus GG and L. cremonis 312 compared to lactose and growth medium as carriers <sup>[67]</sup>. It was also hypothesized that calcium 313

ions and whey protein play a crucial role in the survival. In contrary, for reconstituted whole
milk no enhancement of survival was monitored despite the slow gradual increase in droplet
temperature. Possibly, other factors such as the presence of fat could play a role here.

Overall the main benefit of using single droplet drying experiments for studying survival of probiotics is the ability of doing accurate measurements during the transformation from droplet to particle. In this way it is possible to link the survival to temperature, moisture levels and morphology during different stages of drying. Furthermore, this is very helpful in unravelling protective effects of different types of drying matrices.

## 322 Scientific challenges

Although new insights are gained via single droplet drying studies, still challenges are ahead to develop mechanism-based guidelines for spray drying of functional food powders. Below we formulate four main scientific challenges for SDD studies:

 SDD methods have restrictions with respect to handling of realistically-sized droplets and high solids feed solutions. Because both droplet size and initial solids have profound effect on the drying rate and morphology development, development of droplet-on-demand dispensers that can make smaller droplets of high viscous liquids is desired. Alternatively,
 SDD experiments may be complemented with other experiments (e.g. drying of ultrathin films) that facilitate measurements on complex system with similar length scale.

332 2) SDD studies on morphology development require more in-depth analyses of skin formation.
333 It is extremely difficult to assess mechanical properties of the droplet skin in situ. Therefore,
334 rheological characterization of bulk materials could for example be combined with
335 numerical modelling approaches to connect heat and mass transfer to skin formation and
336 thus morphology development.

3) Mapping of intra particle component distribution is crucial for validation of numerical
models and challenging hypotheses. One may use XPS and CRM as discussed, but also
other analytical techniques could be explored in combination with SDD. Methods such as
Laser Speckle Imaging <sup>[68]</sup> or NMR/MRI <sup>[69]</sup> have been applied to monitor internal dynamics
or water distribution during drying of paint and vegetables, respectively. Application of
such analytical methods to small and fast drying droplets is however only feasible if the
spatial and temporal resolution of these techniques are sufficient.

4) Recent SDD studies suggest that stabilisation of bioactive ingredients is function of both
chemical composition and drying kinetics as influenced via the particle structure <sup>[65]</sup>. Future
research should elucidate the contribution and mechanism of both factors in the stabilisation
in a systematic way.

## 348 **Conclusions**

Multiple single droplet drying methods have been developed throughout the years that approach 349 the conditions of drying droplets in spray dryers. Although single droplet approaches have their 350 disadvantages, still SDD studies provided valuable insight into the complex spray drying 351 process by especially addressing how heat and mass transfer and formulation affect the 352 conversion of a droplet into dried powder particles. Especially, it is found that the rate of the 353 conversion processes greatly influences the physical properties of powder particles such as 354 morphology and component distribution via phase separation and diffusive transport 355 phenomena. Understanding on how formulation and drying conditions influence primary 356 particle properties will support development of powders with for instance improved flowability 357 and reconstitution behaviour. Other studies revealed better insight on how the drying trajectory 358 influences the retention of specific bioactivity, i.e. residual enzyme activity or viable bacteria 359 and supported the development of protective formulations and kinetics models to describe 360 inactivation behaviour of enzymes and living bacteria during drying of droplets. Having said 361

this, although single droplet drying approaches are a powerful tool to study the drying process, different scientific challenges are ahead to improve SDD methods and/or to combine these with advanced analytical techniques or modelling approaches. Finally, to make use of the knowledge gained from SDD methods, validation of hypotheses and optimization of drying conditions using lab-scale or pilot-scale spray dryers are pivotal.

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#### 554 **Figure captions**

Figure 1. Morphology development in time for three droplets with different composition; A)
0:100, B) 50:50, C) 90:10 (Maltodextrin DE12:Whey protein isolate). Droplets with an initial
radius of 500µm were dried in a sessile single droplet dryer at 70°C. The air flow enters from
the right side as indicated by an arrow (Adapted from Both et al. <sup>[1]</sup>).

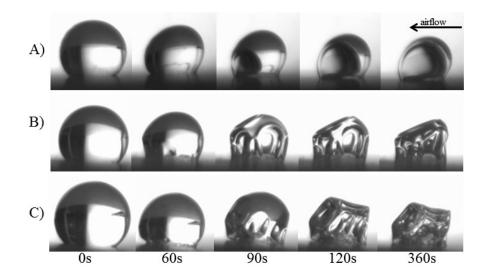
- 559 Figure 2. Schematic representation of two possible scenarios for phase separation of a
- 560 lactose-macromolecule mixture during drying, with yellow: lactose, red: macromolecule
- 561 (BSA, HPMC or poloxamer), and orange: mixture of both. For both scenarios the surface
- consists of the macromolecule with a depletion zone below. In A) the bulk matrix is
- <sup>563</sup> homogeneous, while in B) the bulk of the particle is phase separated into macromolecule
- <sup>564</sup> enriched zones in a lactose matrix. The image was adapted from Nuzzo et al. <sup>[50]</sup>.
- Figure 3. Schematic drawing of the temperature and moisture content profiles during single
  droplet drying and the corresponding inactivation of an enzyme: A) heating-up period; B)
  constant rate period; and C) falling rate period (adapted from Perdana et al., & Sloth et al. <sup>[54,55]</sup>).

#### 568 **Table captions**

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- 570 Table 2. An overview of research on morphology development during single droplet drying

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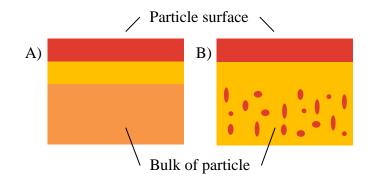


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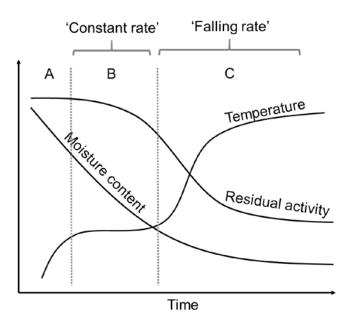


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	Pending droplet	Sessile droplet	Acoustic	Free falling
			levitation	
Methodology	Droplet suspended on a	Sessile droplet on	Droplet levitated in	Droplets falling through a
	(glass) filament	hydrophobic surface	an acoustic field	column
Pros	-allows monitoring of	-allows monitoring of	-free suspended	-closely resembles the
	droplet mass &	droplet morphology	droplet in air	drying conditions in a
	morphology	-facilitates high-throughput	- allows monitoring	spray dryer
		experimentation	of the droplet mass	-allows for collection of a
			& morphology	larger sample
Cons	-the presence of the	- the mass of the droplet	-acoustic waves	-impossible to
	wire has small effect on	cannot be monitored	affect heat transfer	continuously track the
	the heat transfer and	-the surface influences the	and shape of the	dynamics of the drying
	morphology	air temperature and flow	droplet	droplet
		pattern near the droplet		

## Table 3. Comparison between different single droplet drying set-ups

Influencing factor	Author	Studied component	Set-up	Parameter range	Effect on morphology
Composition	Both et al. <sup>[1]</sup>	Whey protein and maltodextrin	Sessile droplet	Different component ratios	More whey protein: vacuole, more MD: wrinkled
	Sadek et al. <sup>[3]</sup>	Micellar casein and whey protein	Sessile pendant droplet	Different protein ratios	Casein: wrinkled, whey: vacuole
	Tran et al. <sup>[4]</sup>	Lactose, whey protein, skim milk	Suspended droplet	Different protein / lactose ratios	More rigid crust with high protein
Initial dry matter content (DM)	Bouman et al.	Whey protein	Sessile droplet	5 to 30 % (w/w)	Lower DM wrinkled, higher DM vacuole
	Wu et al. <sup>[6]</sup>	Skim milk	Free-flying droplet	33 to 54 % (w/w)	Lower DM wrinkled, higher DM vacuole
	Rogers et al. <sup>[7]</sup>	Skim milk	Free-flying droplet	4% to 40%	More extensive buckling at low DM
Air temperature	Bouman et al.	Whey protein	Sessile droplet	20°C, 40°C, 60°C, and 80°C	No effect on morphology
	Rogers et al. <sup>[7]</sup>	Fresh skim milk	Free-flying droplet	120 to 140°C	Low T wrinkled, high T vacuole
	Tran et al. <sup>[4]</sup>	Lactose	Suspended droplet	60 to 180 °C	Low T, shrivelled with small cavities High T, larger single cavity
Air humidity	Sadek et al. <sup>[8]</sup>	Micellar casein	Sessile pendant droplet	2% and 40%	No effect on morphology
	Griesing et al.	Mannitol	Acoustic levitation	1%, 5%, 10% and 15%	Increasing air humidity led to a decrease in porosity

## Table 2. An overview of research on morphology development during single droplet drying