# #4997 Summary

## SUMMARY

#### REVIEW

## **Submission**

**Authors** Roald Martijn Pijpker, Lenneke Vaandrager

Exploring assets based models for health promotion among people with an

**Title** intellectual disability

Original file None

Supp. files None ADD A SUPPLEMENTARY FILE

Submitter Mr. Roald Pijpker 🖺

**Date submitted** February 14, 2017 - 12:32 PM

**Track** Health promotion and healthy environments

**Director** Jenneken Naaldenberg <sup>□</sup>(Track Director)

**Abstract Views** 0

Status

**Status** Posted

**Initiated** 2017-03-09

**Last modified** 2017-03-09

## **Submission Metadata**

#### **EDIT METADATA**

## **Authors**

Name Roald Martijn Pijpker

Wageningen University, Department of Social Science, Health and Society,

**Affiliation** Hollandseweg 1, 6706KN Wageningen, The Netherlands

**Country** Netherlands

**Bio statement** MSc Student Health and Society **Principal contact for editorial correspondence.** 

Name Lenneke Vaandrager

Wageningen University, Department of Social Science, Health and Society,

**Affiliation** Hollandseweg 1, 6706KN Wageningen, The Netherlands

**Country** Netherlands

**Bio statement** Associate Professor Health and Society

## Title and Abstract

Title

Exploring assets based models for health promotion among people with an intellectual disability

Description: In health promotion, assets based approaches are increasingly gaining ground. For people with an intellectual disability (ID), these approaches offer many benefits since the emphasis is on conditions, determinants, and resources that create health and wellbeing. However, a solid theoretical framework is missing. The salutogenic approach proposes such a framework. It focuses on the abilities of people, and their assets within themselves or from their physical and social environment. Since persons with an ID have the right to live an active and productive life, it is of utmost importance to focus on their abilities and assets. The salutogenic framework has the potential to create the prerequisites for persons with an ID to have a good quality of life, which is the actual outcome of health promotion.

Contribution: There is a significant amount of evidence supporting the salutogenic framework regarding the general population. Hence, applying assets based approaches sustained by the salutogenic theory will contribute to existing scientific knowledge gaps. Besides, it will complement inclusive science by including persons with an ID in all research phases. Assets based approaches with the salutogenic framework will strengthen health promotion practices as its pivotal values are: empowerment, participation, and equity.

**Abstract** 

Indexing

Language en

**Supporting Agencies** 

Agencies —