Understanding water-binding properties of whey protein microparticles using NMR

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#### Water-binding capacity

Important property for, amongst others, protein samples

- Several definitions and terms used in literature
- Variation in methods used
  - Various hydration methods (amount of water, time)

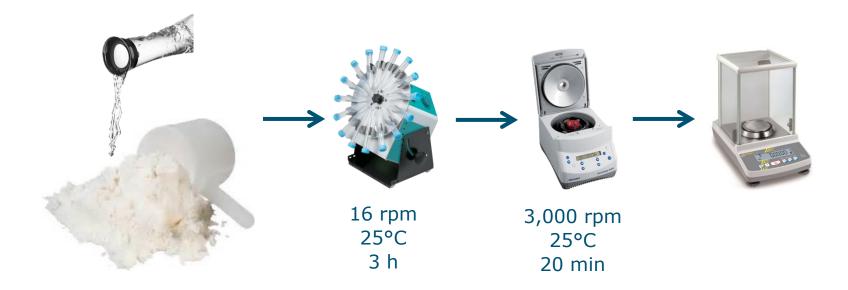
 With or without external force (centrifugal vs compression, difference in strength force, time)

 Differences in calculations (dry material or dried pellet, g water/g dry matter or g water/g protein or percentage)

### WATER-HOLDING CAPACITY

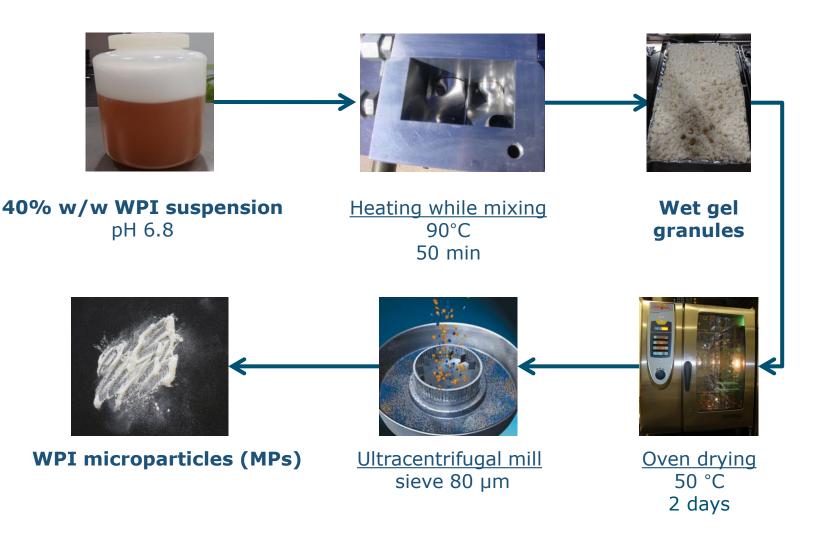
### Defining water-binding capacity

Water-binding capacity is the ability of a protein sample present in excess water to bind water when subjected to an external force



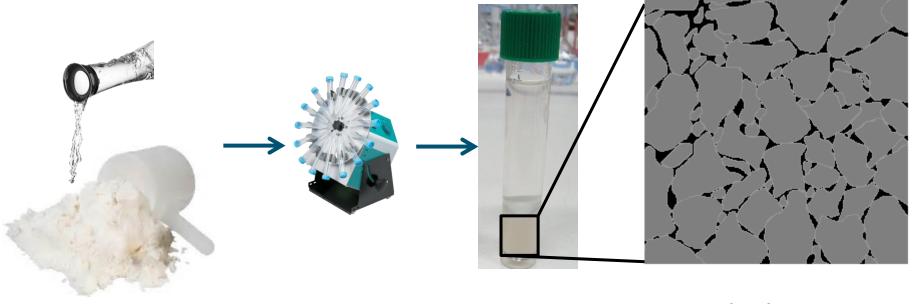
WBC (g water/g dry\_matter) = 
$$\frac{(w_{pellet} - w_{dry_matter})}{w_{dry_matter}}$$

Swellable whey protein microparticles can be created by heat-induced gelation



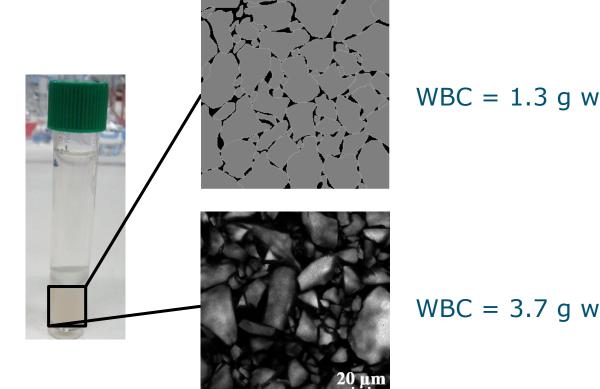
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It is expected that water between the whey protein microparticles is removed by centrifugation



WBC = 1.3 g water /g dry matter

## Can the role of water between the particles be neglected?

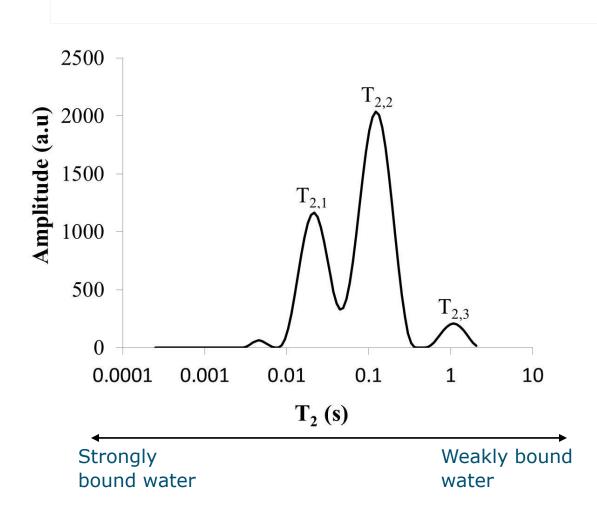


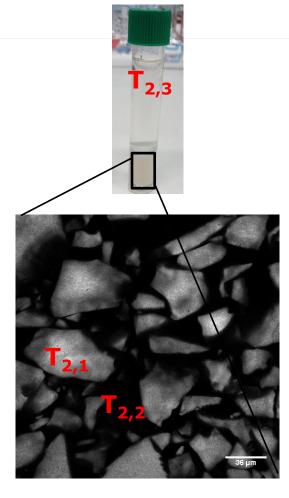
WBC = 1.3 g water /g dry matter

WBC = 3.7 g water /g dry matter

**Question**: Does water between the MPs play a significant role in the WBC of the pellet?

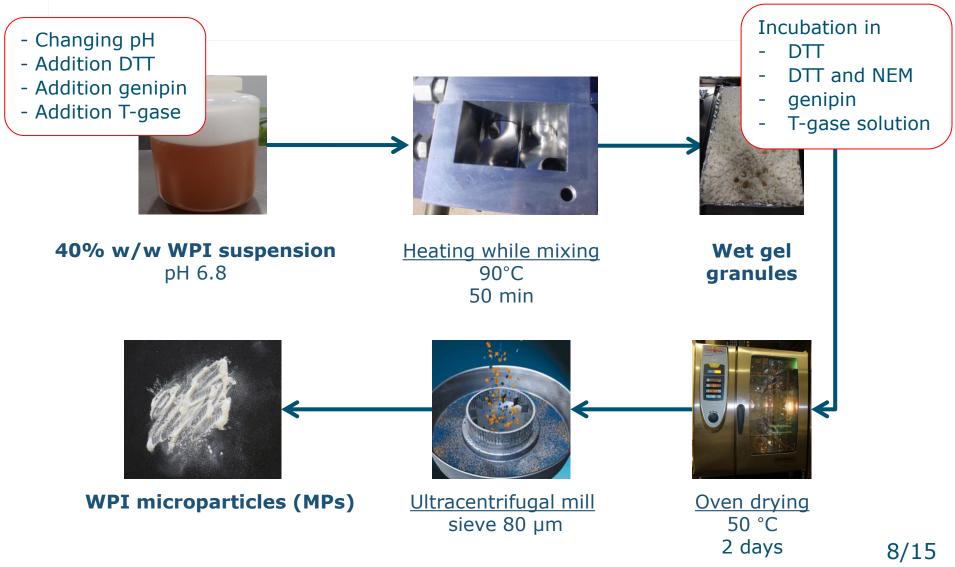
### Three water fractions of a whey protein microparticle pellet



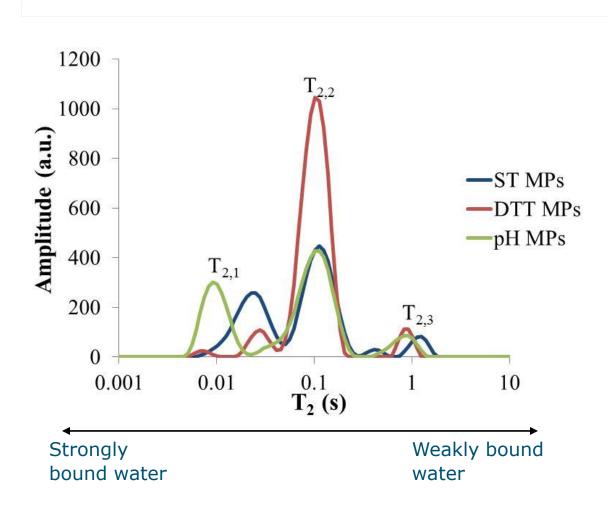


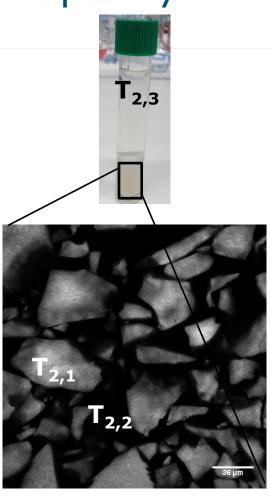
 $T_2$  free water = 2.0-2.5s 7/15

### Changing swellability of whey protein microparticles



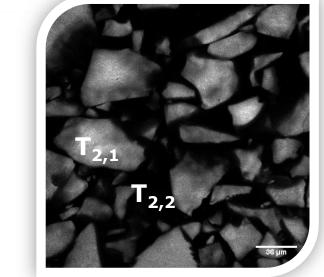
## Spectra of whey protein microparticles with an altered water-binding capacity

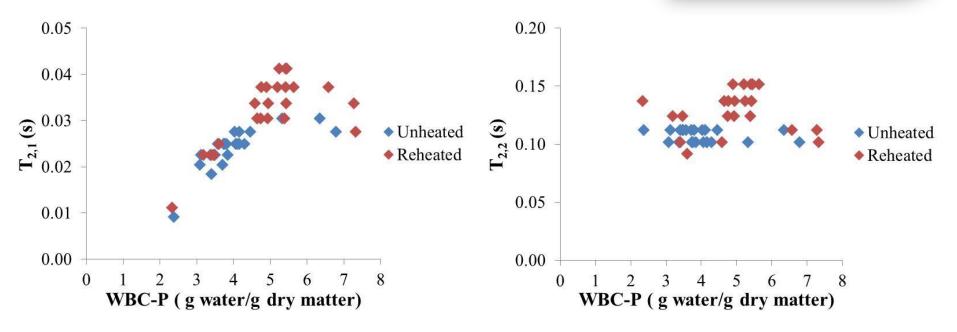


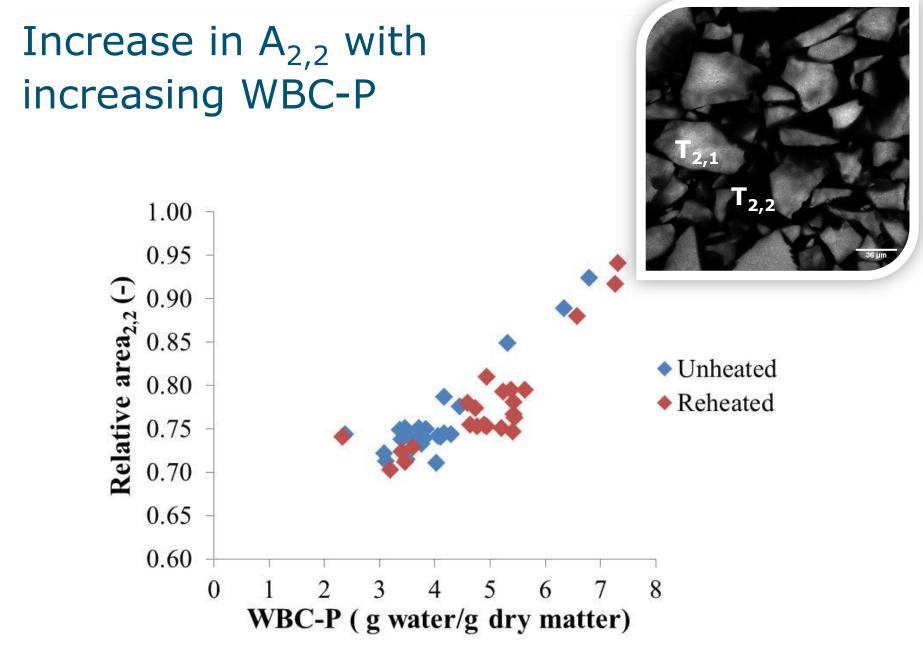


 $T_2$  free water = 2.0-2.5s 9/15

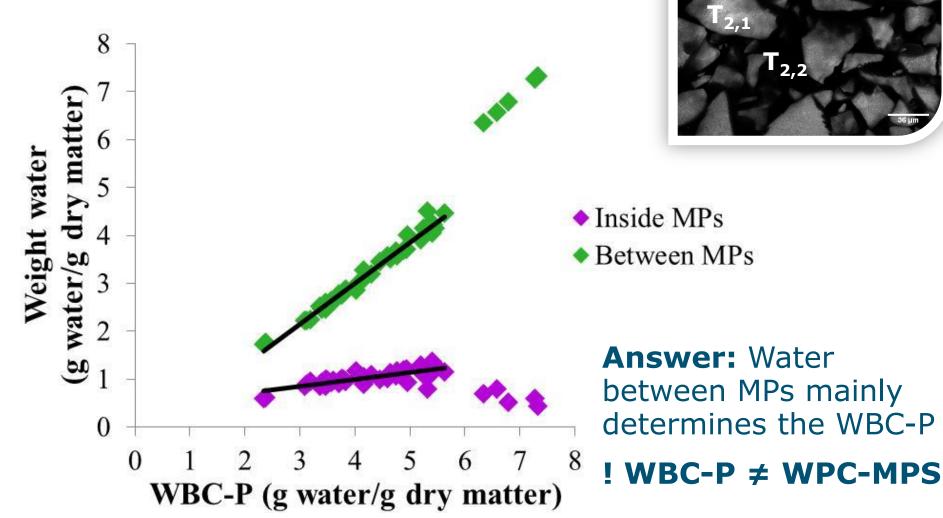
### Increase in $T_{2,1}$ with increasing WBC-P while $T_{2,2}$ stayed constant



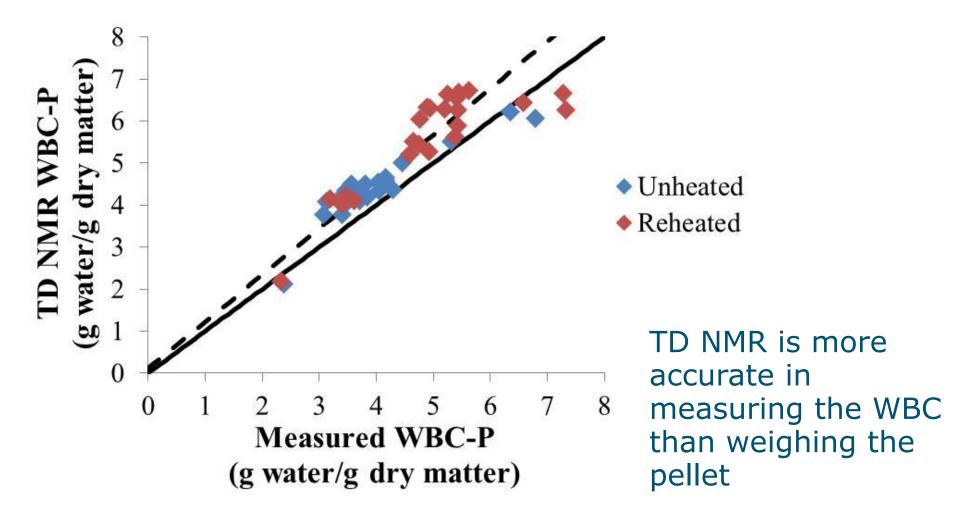




# WBC-P mainly determined by water between the MPs

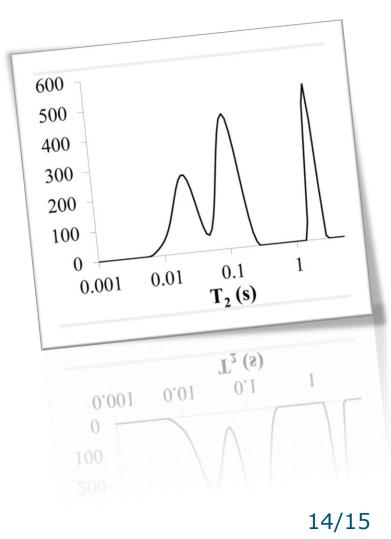


## Difference in WBC obtained via TD NMR and weighing the pellet



#### Conclusions

- TD NMR can be used to distinguish water between MPs from water within MPs in MP pellets
- WBC-P is mainly determined by water between the MPs
- WBC-P ≠WBC-MPs
- TD NMR measures WBC-P more accurately than using the weight of the pellet obtained after centrifugation



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