

Vegetable Chains and Consumption in the Nairobi Metropolis

Report on a stakeholder workshop November 21, 2011

Carin van der Lans¹, Fannie de Boer² and Anne Elings¹

¹ Wageningen UR Greenhouse Horticulture, Wageningen

² Wageningen UR Centre for Development Innovation





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Wageningen UR Greenhouse Horticulture

Address : Violierenweg 1, 2665 MV Bleiswijk

: P.O Box 20, 2665 ZG Bleiswijk

Tel. : 0317 - 48 56 06
Fax : 010 - 522 51 93
E-mail : glastuinbouw@wur.nl
Internet : www.glastuinbouw.wur.nl

Wageningen UR Centre for Development Innovation

Address : Lawickse Allee 11, 6701 AN Wageningen

P.O Box 88, 6700 AB Wageningen

Tel. : 0317 481404
Fax : 0317 486801
E-mail : info.cdi@wur.nl
Internet : www.cdi.wur.nl

Table of Contents

	Summa	ary	5
1	Backgr	ound	7
2	Particip	pants of the workshop	9
3	Worksh	op programme	11
4	Summa	arized findings of the desk study and interviews	13
	4.1	Constraints	13
	4.2	Opportunities	13
5	Brainst	orm sessions of the workshop	15
	5.1	Priority constraints	17
	5.2	Opportunities	18
	5.3	Priority opportunities	20
6	Action	plans	21
	6.1	Action plan 'Stability in the Market Economy'	21
	6.2	Action plan 'Development of a robust vegetable industry in Kenya'	21
	6.3	Action plan ' Policy'	23
7	Conclus	sions	25
Q	Photo ii	maraccione	27

Summary

This document reports on the workshop 'Vegetable Chains and Consumption in the Nairobi Metropolis', that was held on November 21st, 2011 at the Fairview Hotel in Nairobi. The entire project is reported upon in a separate, more elaborate document. The workshop was attended by a variety of specialists from the public and private sector, and was addressed by Mr. Hans Wolff, the Agricultural Councellor of the Royal Netherlands Embassy in Nairobi.

There appears to be a fair level of consumer awareness with regards to the need for fresh vegetables, which reflects in a continuous demand. There is also the potential drive with producers for year-round production. A major improvement in availability of fresh vegetables can be achieved by producing in the dry period, for which water and irrigation facilities must be available. Production levels and product quality can be raised, if necessary, with appropriate measures such as different varieties and better crop protection. In the post-harvest phase, the enormous losses can be reduced if the value chain is better organized.

Dry season production would strongly increase year-round vegetable availability. This would require irrigation facilities and water availability.

The shortage of vegetables during the dry season can also be reduced if fresh vegetables are processed during the wet season for consumption during the dry season. Locally, households are drying local vegetables during the glut season for the dry season, however quality seems to be low. The image of processed vegetables also has to be improved; acceptance of for example frozen vegetables is low.

The value chain is not optimal, and price incentives do not sufficiently reach the farmer. With policy and market arrangements, this should be improved, which could lead to higher production.

Knowledge and awareness on the benefits of vegetable consumption and on possibilities of vegetable processing is required with all stakeholders.

The Netherlands can support in the following fields:

- Irrigation technology
- Quality seeds
- General crop management
- Chain management, post-harvest losses and quality standards
- Food processing
- Research and development
- Consumer behaviour

1 Background

The Agricultural Office of the Netherlands Embassy in Nairobi commissioned Wageningen University and Research Centre to determine opportunities and barriers to increase the consumption of vegetables in the Nairobi metropolis, and therewith increasing food security.

Within Wageningen UR, the project has been a collaboration between Wageningen UR Greenhouse Horticulture, the Centre For Development and Innovation, and LEI (the Agricultural Economics Institute).

The study has known three phases:

- 1) a desk study on vegetable chains in Kenya
- 2) a fact-finding mission to Kenya to interview key stakeholders
- 3) a workshop in Nairobi, in which finding up to that moment has been discussed and outlines of an action plan to promote and strengthen the vegetable chain for local use, have been put forward.

This document reports on the workshop 'Vegetable Chains and Consumption in the Nairobi Metropolis', that was held on November 21st, 2011 at the Fairview Hotel in Nairobi. The entire project is reported in a separate, more elaborate document.

The project was funded by the Netherlands Ministry of Economic, Agriculture and Innovation, under project number B0-10-011-126.

Wageningen, December 2011

2 Participants of the workshop

The following group of representatives from the private and public sector had gathered at the workshop:

Name	Position	Organization
Mr. Hemant Talathi	Group Operations Manager	East African Growers
Mr. Joseph Kigamwa		Kenya Plant Health Inspectorate Services (KEPHIS)
Mr. Henry Kinyug	M&E officer	TechnoServe
Ms. Hanna Njoroge	Horticulture Division	Ministry of Agriculture
Mr. Christopher K. Nkukuu		SHoMaP
Mr. Alphonse Muriu		SNV-Kenya
Ms. Janet Maigoya	Programme officer	Farm Concern International
Ms. Mary A. Oyunga	Programme officer	Kenya Agricultural Research Institute (KARI), Kisumu
Dr. Lusike A. Wasilwa	Assistant Director Horticultural & Industrial Crops	Kenya Agricultural Research Institute (KARI)
Ms. Dorcus Mbithe	Lecturer	Kenyatta University
Prof. Mary O.O. Abukutsa	Professor of Horticulture	Jomo Kenyatta University of Agriculture & Technology, Department of Horticulture
Prof Dr. Anselimo Makokha	Professor Nutrition	Jomo Kenyatta University of Agriculture & Technology
Mr. Hans Wolf	Agricultural Councellor	Royal Netherlands Embassy, Nairobi
Ir. Carin van der Lans	Researcher	Wageningen UR Greenhouse Horticulture
Ir. Fannie de Boer	Researcher	Wageningen UR, Centre for Development and Innovation
Dr. Anne Elings	Researcher	Wageningen UR Greenhouse Horticulture
Mr. Allan Muturi	Photo Journalist	Horticultural News

3 Workshop programme





4 Summarized findings of the desk study and interviews

From the desk study and the interviews held by Wageningen UR, a series of major constraints and opportunities were found. These results were presented in the workshop meeting as an introduction to the planned brainstorm sessions.

4.1 Constraints

The most important constraint to increase the consumption of vegetables seems to be seasonality, related to rain-fed horticulture in Kenya. This leads to surpluses during the rainy season and shortages in the dry season. Surplus of production causes low prices for farmers, as hardly any price information is known to them. Middle men and brokers are the links that determine prices paid at farmers.

Surpluses for processing looks promising, but this market has to be better developed. Consumers do prefer to eat fresh vegetables, awareness on the advantages of processed vegetables must be improved for example.

Shortages lead to low vegetable consumption and high prices in the dry season. Consumers are aware of the importance of vegetable consumption (especially vitamin A and iron intake) hence they will continue to consume vegetables however in smaller quantities. In addition, consumers did express the need on simple preparation techniques for African Leafy Vegetables since they did not know how to prepare them.

Vegetable growing in urban areas can cause public health hazard; vegetables grown are contaminated due to the use of water from the sewage system and by exhaust fumes. Urban agriculture is illegal, there are no standards for hygiene and no inspection,, this contaminated produce are being sold at markets. This is a major threat for the public health of Nairobi citizens who consume these vegetables.

There are no grades and standards for the domestic chain. Consumers are unaware of shelf life of the products they buy, unaware of possible effects of the consumed vegetables for their personal health, and whether there are still pesticide residues on the vegetables.

The interaction/cooperation between the different links of the domestic vegetable chain is low. This affects the produce prices at different levels of the chain and the quality of vegetables at consumer level.

4.2 Opportunities

A major opportunity is the consumer awareness on the benefits of the consumption of vegetables, creating a continuous demand for vegetables; consumers are aware that vegetables are an important source for micronutrients intake and needed for good health.

Knowledge for production and inspection is very good developed for the export market. What can we use from it for the domestic market?

There is a demand for quality vegetables by a.o., hotels and high end consumers.

Vegetable production is profitable and in general the proceeds are going to women which has a better effect on the nutritional well-being of the household.

Infra-structure for inputs is available, some supply business has local developed. For example seed industry, greenhouses, R&D.

Infrastructure is at different levels can be further developed. To start with, roads and marketing systems. But also well-functioning and affordable cold stores can be made available. If this is combined with a well-working market system in which consumers are willing to pay for a quality product, and in which farmers are therefore willing to pay for cold storage, then post-harvest losses (now estimated at around 40%) can be reduced.

5 Brainstorm sessions of the workshop

The brainstorm sessions were held in small groups of 4-5 participants. Each group was asked to add any missing constraints respectively missing opportunities to the lists of constraints and opportunities that had been summarized from the desk study and the interviews. Also they were asked to give the top 3 of major constraints and opportunities.

In the desk study and the interviews with different stakeholders, we found as the main constraint the seasonality of the vegetable production. During the rainy season a surplus was produced with not much possibilities to process the vegetables leading to low prices. During the dry season the reverse was noted: low availability and high prices. The consumer is adapting to this situation by decreasing the quantity of vegetables in the diet during the dry season.

In the desk study a detailed analysis was made on the different constraints mentioned in literature per stakeholder in the chain which has been enriched with observations during the interviews.

Participants of the workshop identified additional constraints which are mentioned under additional constraints in the table.

Table 1. Overview of constraints identified during the desk study and the interviews, and additional constraints identified during the workshop.

Actors	Constraints and additional constraints
R&D	Limited applied research
	Additional
	Market research
	Processing research
	Research prioritization
	Dissemination / extension /advocacy
	Classification of vegetables to give a chance to all others
	Low governmental funding
	Seeds, planting materials, equipment, applications
Inputs	Poor access to
	• inputs
	financial services
	water (management)
	high quality plant material/seeds
	Decreasing land resources
	Poor infrastructure (roads, telecommunication, electricity)
	Insufficient quality of extension services (urban agriculture)
	Additional
	technical information
	Information flow towards extension services
	Procurement - high costs

Actors	Constraints and additional constraints
Production	Poor quality of produce
	Disease and pest infestation
	Declining soil fertility
	Lack of horizontal cooperation
	Additional
	Only packages for supermarkets contain nutrition information
	Standards
	Lack of market based production
	Fragmented farming - no economic use
	Smallholders voice in value chain e.g., pricing
	Open up into other production areas
	Low production Rear record learning
	Poor record keeping Lack of technical skills
	Unreliable climate conditions
Collection/	Inefficient post-harvest handling leading to high post-harvest losses
Processing	Lack of grades and standards
Troccosing	Theft of crops
	(Cold) storage facilities
	Lack of processing capacities
	Additional
	Lack of organized collection
	Packaging for transportation
Distribution	Infra-structure (telecommunication network, roads, buildings, (cold) storage, transport)
	Packing, handling, grading
	Seasonality of the production (surplus during the rainy season, shortage during the dry season)
	Payment of fines
	High wastage
	Controlling position of the middle men
	Additional
	Lacking market information
Wholesale	Infra-structure (cold) storage
	Poor market infra-structure (storage, waste disposal, hygiene) Uirk waste ge
	High wastage Traders dominate the value chain
	Product quality is not awarded
	Additional
	Payment to growers
Retail	Poor market infra-structure
- Notali	Low quality criteria
	High waste
	Lack of hygienic conditions for markets
	Additional
	Non-compliance to food safety laws - all sectors
	Poor storage conditions

Actors	Constraints and additional constraints
Consumer	Seasonality
	Lack of skills to prepare African Leafy Vegetables
	Price of vegetables related to income
	Limited variation in vegetable intake
	Food safety / hygienic handling
	Low status of vegetables (poor man's food)
	Shelf life
	Time available for buying and preparing vegetables
	Additional
	Shelf life (from harvest to consumption)
	Lifestyle
	Preference, likes and dislikes
	Family economy
	Diversifying eating habits
	 Poor/lack of information on nutrition and health benefits from a public health perspective

Table 2. Overview of cross-sectional constraints identified during the desk study, interviews and workshop.

Actors	Cross-sectiona	l constraints	
R&D			
Inputs			Illegality of urban agriculture
Production			Insufficient insight in marketing channels consumer behaviour, accepting low quality
Collection/ Processing	Lack of joint		• fragmentation throughout the vegetable chain - loose supply chain arrangements-
Distribution	transport and selling	Danu huminnin aituation	lack of vertical cooperation between the different links within the chain
Wholesale		 Poor hygienic situation leading to waste 	market priceslimited technical and marketing support
Retail			services and marketing support
Consumer			

5.1 Priority constraints

A fairly wide range of constraints was prioritized. Below the top 3 per discussion group is shown.

Group A - Top 3 constraints:

- 1. Poor information and knowledge sharing on nutrition and health benefits;
- 2. Inefficient post-harvest handling/lack of processing capacities;
- 3. Lack of quality seeds/plant material.

Group B - Top 3 constraints:

- 4. Poor access to inputs (seeds, fertilizers etc.)
- 5. Poor/inadequate post-harvest techniques (storage/infrastructure)
- 6. Under-developed market and market infrastructure

Group C - Top 3 constraints:

- 7. Research, development and extension
- 8. Policy formulation and enforcement
- 9. Production system (collectiveness) quality and quantity.

Group D - Top 3 constraints:

- 1. Post-harvest losses (handling, poor grading, storage)
- 2. Poor market infrastructure
- 3. Disease and pest infestation (extensive use of pesticides)

In general terms, it was analysed that there is lack of produce due to inadequacies in the pre- and post-harvest chains, that enabling policies and market infrastructure need improvement, and that customer information is insufficient.

5.2 Opportunities

A similar process as for the identification of constraints was followed for the opportunities. The desk study and interviews revealed as main opportunity the interest that the consumer has in eating vegetables, and the general interested in growing vegetables. Vegetable cultivation during the dry season could solve temporal shortages.

A good R&D infra-structure is available (from production to consumer), however due to the financial constraints researchers are limited in their activities. Kenya's vision 2030 offers opportunities to increase the areal for irrigation for vegetable production. Also during this exercise participants of the workshop added their observations on opportunities mentioned under additional opportunities.

Table 3. Overview of opportunities identified during the desk study and the interviews, and additional opportunities identified during the workshop.

Actors	Opportunities Additional • Enhanced FNS • e-business		
R&D	Rather well-equipped research and educational facilities (KARI, Universities) for cultivation as well as for nutrition promotion activities.		
	Additional		
	Local production and supply of quality seeds		
	Change from production to market orientation by leading research organisation (KARI)		
	Have skilled manpower for research		
	Competitive grants (room for strategic partnerships) resource mobilization, knowledge sharing		
	Continuous professional education		
	Developed research facilities and skilled workforce		
Inputs	Open market system		
	Enhanced skills in integrated crop management		
	Skilled labourers and high unemployment		
	Good air connections for import		
	 Local suppliers of greenhouses, shadow nets, irrigation and cooling techniques, nutrients and herbicides, packing materials, etc. 		
	Additional		
	Direct procurement system through coop/gps		
	Strong private sector actors		
	Local initiatives of seed multiplication		

Actors	Opportunities
Production	Vegetable production is profitable
	Indigenous vegetables that are better resistant against diseases
	Vegetables are a women crop (better for food security)
	Addition of
	Additional
	 Increasing the area under production especially through irrigation Several programmes supporting production; year round horticulture production - favourable climate
	/ irrigation vision 2030
	Suitability maps for expansion to new areas across country
	Developing improved varieties
	Diversification of cropsenhanced income
Collection/ Processing	Increasing demand for consumer convenience foods
11000331118	Additional
	Cottage industries (juices, dried vegetables)
	Re-emergence of the business co-operative
	Rural electrification
	Skilled manpower (youth)
	Motorbike transport
Distribution	Technical and marketing facilities available at HCDA, also for domestic markets
	Good air connections for export
	Available experience and knowledge at export oriented farms to improve quality
	Additional
	Implementing new courses for schools eg introducing nutritious food through promotions
	Motorbike
	Improved road network
Wholesale	Additional
	Presence of market infrastructure
	Policy infrastructure being developed = market info as starting point Figure 1 and a starting point
D. t. il	Export opportunities
Retail	Demand for convenience food
	Additional
	Presence of public markets
	Supermarkets are well placed all over the country
Consumer	Awareness on high nutritional value of vegetables
	Vegetables are commonly consumed
	Amaranth consumed are highly in nutrients
	OFSP widely accepted
	Women prefer better vegetables
	Acceptability of traditional vegetables
	Demand for vegetables higher than supply
	Additional
	Children?
	Growing market
	domestic commercial utilization - hotel industryimproved health benefits

Table 4. Overview of opportunities identified during the desk study and the interviews, and additional constraints identified during the workshop.

Actors	Cross-sectional opport	unities		
R&D				
Inputs		_		
Production	Market for vegetables			
Collection/ Processing	is available; Kenya is net-importer; there is demand for vegetables		_	
Distribution	from overseas markets	Exploring new		
Wholesale		markets like public institutions (schools, prisons, hospitals)	Demand for quality foods by hotels	
Retail				Demand for
Consumer				quality food

5.3 Priority opportunities

A fairly wide range of constraints was prioritized. Below the top 3 per discussion group is shown.

Group A - Top 3 opportunities:

- 1. Enhanced Food and Nutrition Security
- 2. Improved health benefits
- 3. Enhanced income generation and e-business

4.

Group B - Top 3 opportunities:

- 1. Ability for year-round vegetable production exist + irrigation enhancement as part of vision 2030;
- 2. Development of policy infrastructure
- 3. Development of horticulture policy

Group C - Top 3 opportunities:

- 1. Change to market based research
- 2. Production: suitability maps for expansion to new areas in Kenya;
- 3. Enlarged consumer market.

Group D - Top 3 opportunities:

- 1. Setting-up educational priorities (local);
- 2. Direct procurement by cooperative/association (cost saving, sea freight)
- 3. Selection of correct varieties for maximum yield

The most important opportunities match to some extent with the most important constraints, but not entirely. On the production side, year-round vegetable production is possible if irrigation is enhanced, and if this is matched with the proper varieties. Work has to be done in terms of policies and market incentives, and knowledge generation and transfer.

6 Action plans

The following main themes for focusing for action plans were identified at the workshop:

- 1. Stability in the market economy
- 2. Knowledge and awareness
- 3. Policy
- 4. Cross cutting

Per group one themes was elaborated into an action plan. The theme on 'Knowledge and awareness' has been developed into an action plan on 'Development of a robust vegetable industry in Kenya'.

6.1 Action plan 'Stability in the Market Economy'

Objectives	Activities	Stakeholders	Possible donors
Optimize the quantity and quality of vegetables	enhance access to quality inputs promote water harvesting, management technology and irrigation		Kenyan Government USAID-KHCP IFAD NGOs JICA EKN EU
Improve the efficiency in marketing systems of vegetables	 capacity building of market intermediaries improve the platform for collecting and dissemination of market information promote value addition and processing of vegetables establish good business relationship between the buyers and sellers 	government bodies, KARI, Kephis, local government agro input suppliers media houses i.e. horticultural news	
Increase per capita consumption of vegetables	increase awareness on nutrition benefits and recommended dietary intake improve distribution networks and ensure availability throughout the year	consumers	GATSBY-UK

6.2 Action plan 'Development of a robust vegetable industry in Kenya'

Objective:

In 2017, 75% of the Kenyan population is aware of the benefits of vegetables.

Objectives	Activities	Stakeholders	Possible donors	
Create awareness about the benefits of vegetables	 1. 1 desk review 2. publicity campaign 3. develop materials 4. M&E 	Media GoK/partners NGOs Researchers/ universities	GoK Partners Private	
Develop and promote production, processing and utilization technologies	 develop, adopt and adapt technologies Promote technologies M&E 	Private sector Consumer Researchers/ universities		
Develop dissemination and knowledge sharing tools and strategies	 Develop tools and strategies Disseminate and share knowledge M&E 	Same	- sector	
To develop training curricula for various actors in the chain	Curriculum development Identify anchor institutions	Same		

Action plan policy

The broad objective is to accelerate and sustain growth and development of the vegetable industry in order to enhance its contribution towards food security, poverty reduction, and employment and wealth creation.

The specific objectives for the realization of the broad objective are to:

- 1. Facilitate increased production of high-quality horticultural produce.
- 2. Enhance provision of the subsector's support services.
- 3. Promote value addition and increase domestic and external trade.
- 4. Establish and develop infrastructure to support the vegetable industry.
- 5. Establish and strengthen institutional, legal and regulatory framework in the vegetable industry.
- 6. Promote mechanisms for environmental sustainability and other cross-cutting issues.

Activities	Stakeholders	Possible donors
Inputs 1. Licensing stockists 2. Certification of nurseries 3. Fast track registration of agro chemicals 4. Enforce phytosanitary measures	MOA KARI KEPHIS Pest Control Products Board (PCPB) STAK Agrochemical Association of Kenya Agriculture Employers Association Commodity Association	The Netherlands USAID World Bank IFAD ADB GoK
 Production Harmonisation of Agriculture Extension Promote the adoption of modern technologies through improved provision of advisory services by both the public and private sector extension service providers. Enhance promotion of safe and effective use of agrochemicals, including pesticides, to promote and support compliance with standards for markets and product safety. Promote use of integrated pest and disease management. Facilitate the development of commodity suitability maps/ profiles for various eco-zones and long-term development plans to facilitate coordinated vegetable production. Encourage the development and use of appropriate production packages for organic farming 	Technoserve) CGIAR Universities	
Processing/Collection 1. Capacity building 2. Traceability 3. Reduce taxation on processing equipment 4. Put in place tax holidays for vegetable industries in rural areas 5. Reduce taxation on packaging Materials	KAM MoA MoTrade KRA KIRDI RTDS Universities HCDA	
 Distribution Reduce multiple taxation Channel cess to infrastructure development Promote integrity in vegetable value chain Increase irrigated area under production 	Transporters Municipal council	
Marketing Develop an efficient market information system and build the necessary physical and human capacity to manage the system. Traceability and certification= Enhance and ensure effective traceability mechanisms are in place and operational certification systems	KACE HCDA SHDP	The Netherlands WB USAID
Consumers		

6.3 Action plan 'Policy'

The broad objective is to accelerate and sustain growth and development of the vegetable industry in order to enhance its contribution towards food security, poverty reduction, and employment and wealth creation.

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- iii. Promote value addition and increase domestic and external trade.
- iv. Establish and develop infrastructure to support the vegetable industry.
- v. Establish and strengthen institutional, legal and regulatory framework in the vegetable industry.
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Processing/Collection 1. Capacity building 2. Traceability 3. Reduce taxation on processing equipment 4. Put in place tax holidays for vegetable industries in rural areas 5. Reduce taxation on packaging materials	KAM MoA MoTrade KRA KIRDI RTDS Universities HCDA		
Distribution 1. Reduce multiple taxation 2. Channel cess to infrastructure development 3. Promote integrity in vegetable value chain 4. Increase irrigated area under production	Transporters Municipal council		
 Marketing Develop an efficient market information system and build the necessary physical and human capacity to manage the system. Traceability and certification. Enhance and ensure effective traceability mechanisms are in place and operational certification systems 	MoR MoA KACE HCDA SHDP SHOMAP	The Netherlands WB USAID	
Consumers			

7 Conclusions

The purpose of the workshop was to obtain a full picture of constraints and opportunities with regard to the vegetable production and consumption in the Nairobi metropolis. A group of representatives from the private and public sector had gathered for one day to achieve this.

Three broad fields, that are interlinked, can be distinguished, viz.

- 1. Stability in the market economy
- 2. Knowledge and awareness
- 3. Policy

In summary, there appears to be a fair level of consumer awareness with regards to the need for fresh vegetables, which reflects in a continuous demand. There is also the potential drive with producers for year-round production. A major improvement in availability of fresh vegetables can be achieved by producing in the dry period, for which water and irrigation facilities must be available. Production levels and product quality can be raised, if necessary, with appropriate measures such as different varieties and better crop protection. In the post-harvest phase, the enormous losses can be reduced if the value chain is better organized.

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The value chain is not optimal, and price incentives do not sufficiently reach the farmer. With policy and market arrangements, this should be improved, which could lead to higher production.

Knowledge and awareness on the benefits of vegetable consumption and on possibilities of vegetable processing is required with all stakeholders.

The Netherlands can support in the following fields:

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- Food processing
- Research and development
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Photo impressions



















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