

Food & Nutrition – Systems Approaches

Celebrating 93 Years of Wageningen University

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Professor of Microbiology
Professor of Molecular Microbiology
Finland Distinguished Professor



Celebrating 10 Years of the Human Genome



F S Collins Science 331 (2011) 546-546



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We Now Are Finalizing Our Other Genome !



Qin et al MetaHit Consortium (2010) A human gut microbial gene catalogue established by metagenomic sequencing.

Nature 464: 59-65

Human GI Tract: Microbes Dominate Our Body

Karyome

$\sim 10^{13}$ human cells
single genome
3 Gbase sequence
 ~ 30 k proteins



Mitochondriome

$\sim 10^{14}$ mitochondria
single genome
17 Kbase sequence
13 proteins

Intestinal Microbiome

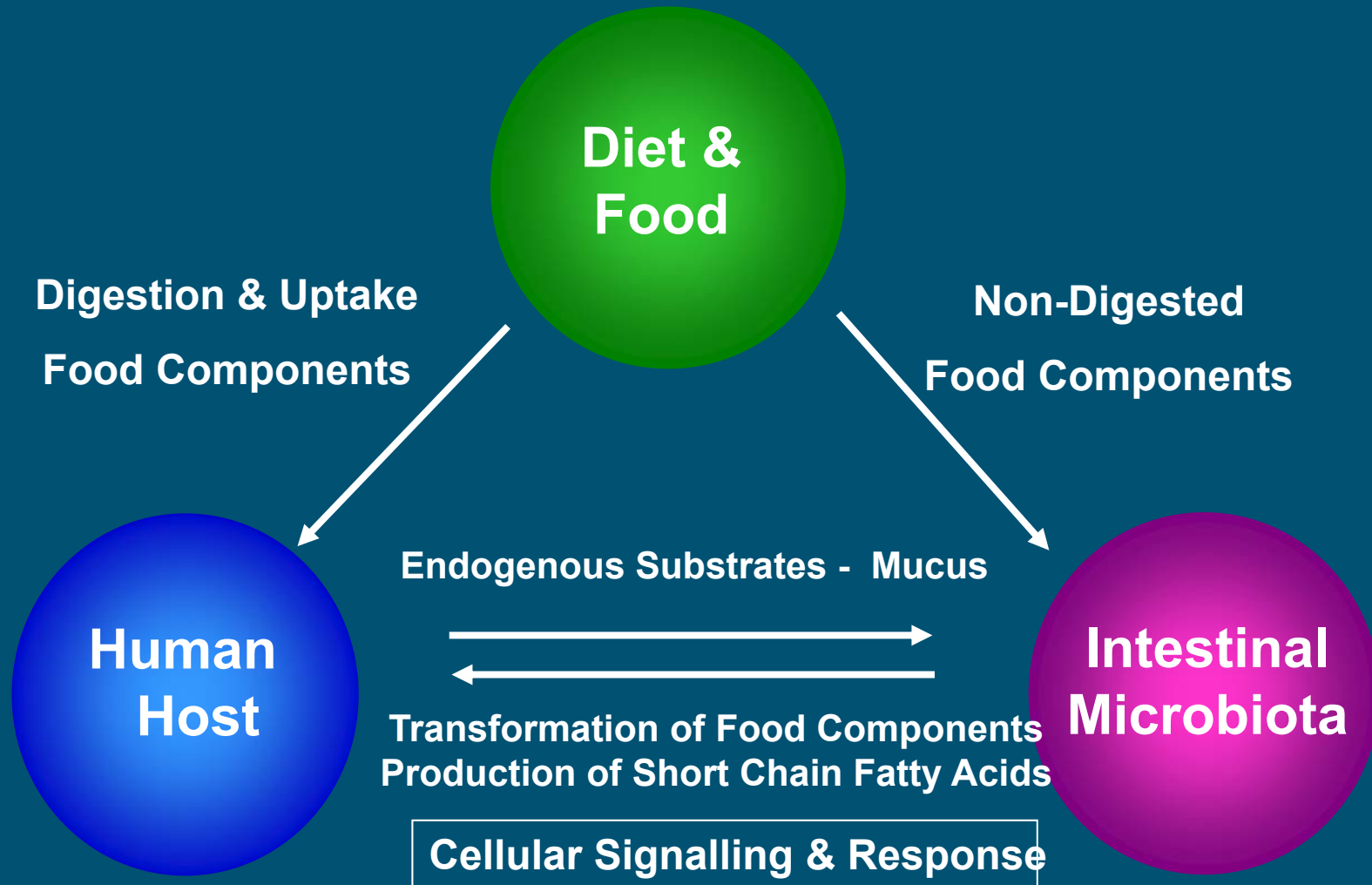
$\sim 10^{14}$ microbial cells $\sim 10^3 - 10^4$ genomes \rightarrow 3-30 Gbase sequence
now reference genome of 3 Gbase for 3 M genes/proteins

Qin et al MetaHit Consortium Nature 2010



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Food & Nutrition: Interplay of Host & Microbes

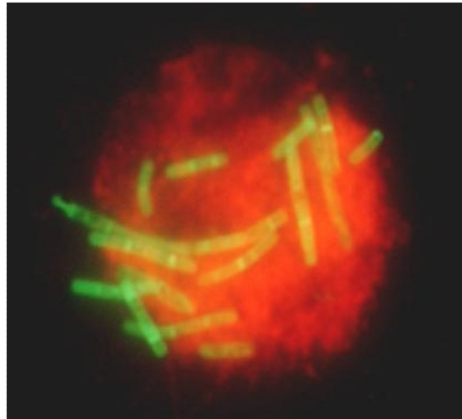


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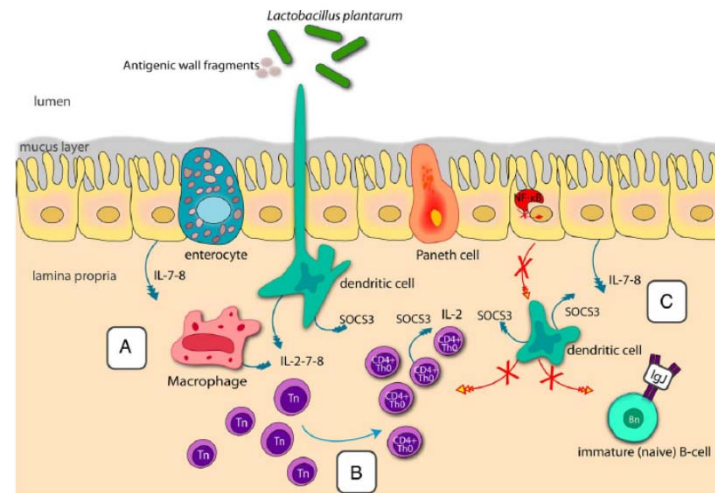
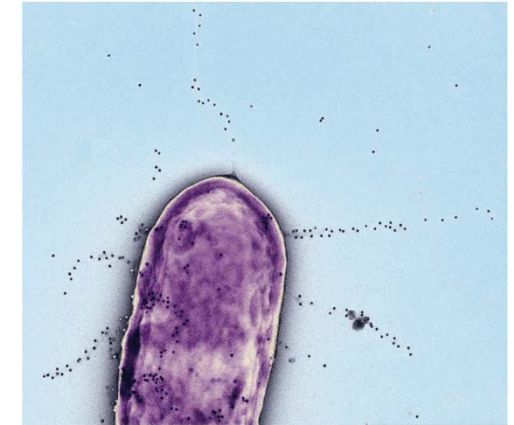
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Probiotic Lactobacilli Interact in Small Intestine

S layer protein A of *Lactobacillus acidophilus* NCFM regulates immature dendritic cell and T cell functions



Comparative genomic analysis of *Lactobacillus rhamnosus* GG reveals pili containing a human-mucus binding protein



L.acidophilus

Sergey Konstantinov et al
PNAS 105 (2008) 19474

Differential NF- κ B pathways induction by *Lactobacillus plantarum* in the duodenum of healthy humans correlating with immune tolerance

Peter van Baarlen et al PNAS 106 (2009) 2371

Peter van Baarlen et al PNAS 107 (2010) sept

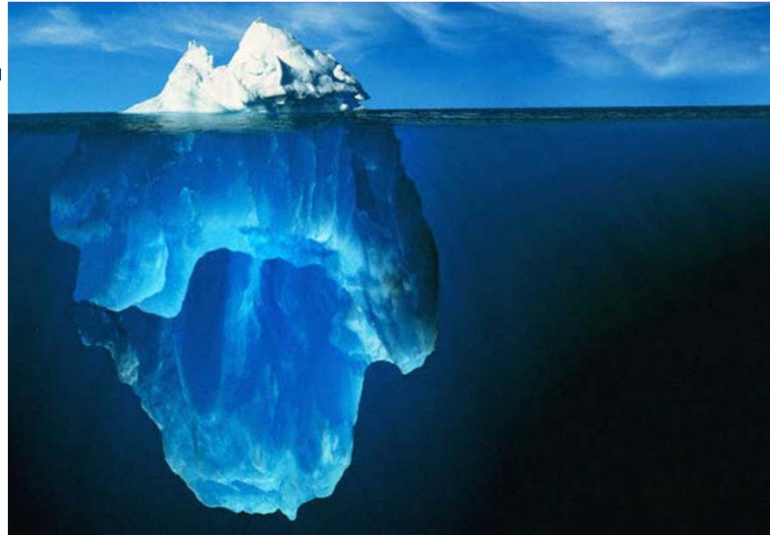
TIFOOD
NUTRITION

L.rhamnosus GG

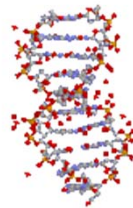
Matti Kankainen et al
PNAS 106 (2009) 17193

Most Intestinal Microbes Have Not Been Culture

Cell Culturing ←



→ Not Yet Cultured



Omics Based Approaches

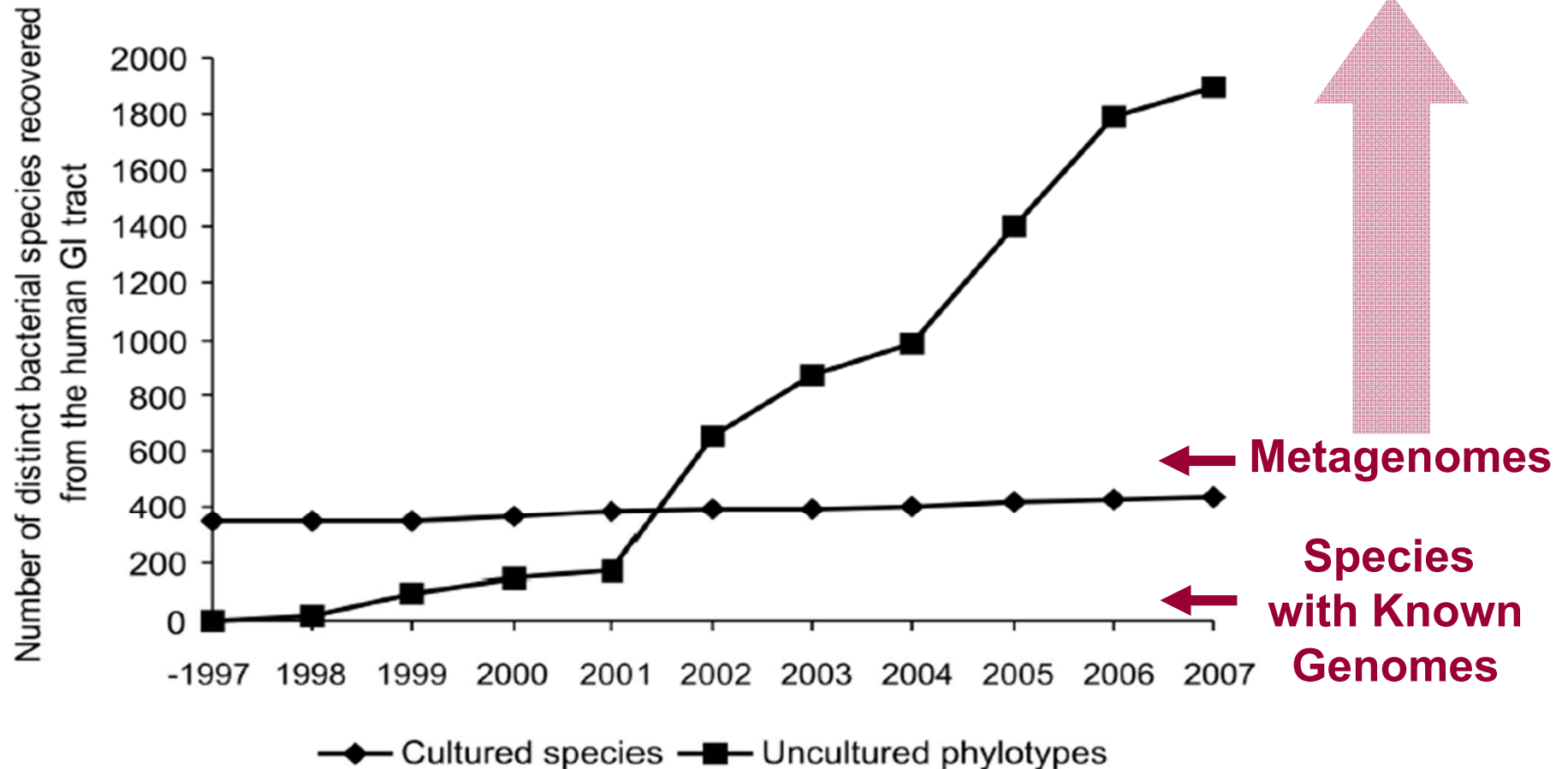


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Global Description of Intestinal Microbiota

Zoetendal EG, M Rajilić-Stojanović & WM de Vos
High throughput diversity and functionality analysis of the gastrointestinal tract
microbiota.
Gut 57 (2008) 1605-15

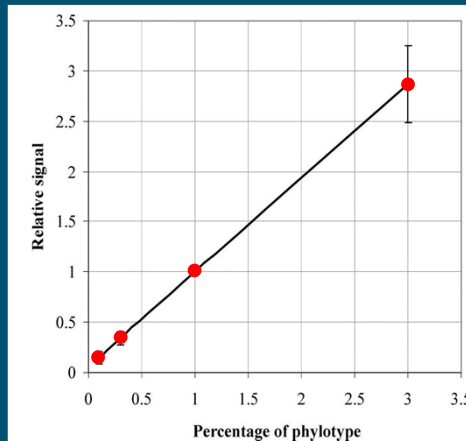
New Generation
Technology Seq



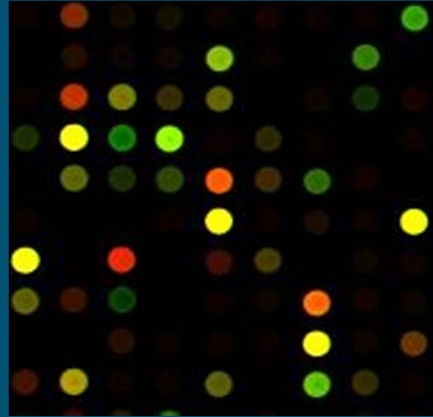
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Microbiota Differences in Health & Disease

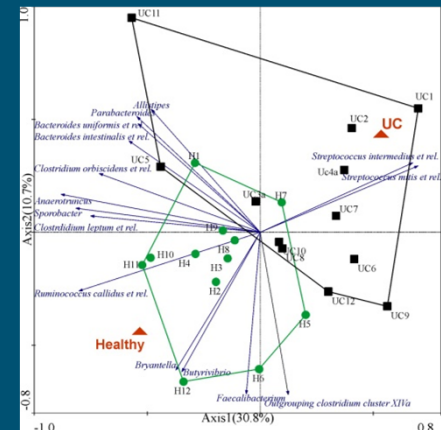
Human Intestinal Tract (HIT) Chip: Analysis of Thousands of Intestinal Species



**Accurate Over Large
Dynamic Range**



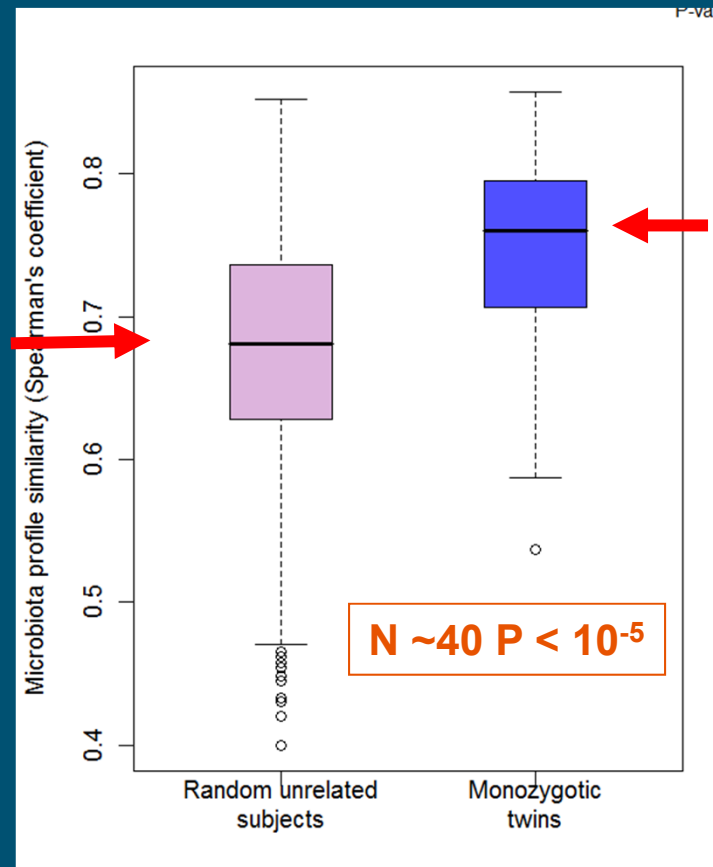
***benchmarked to FISH
& pyrosequencing***
**Each Individual Has A Unique
Microbiota**



**PCA of Healthy &
Ulcerative Colitis**

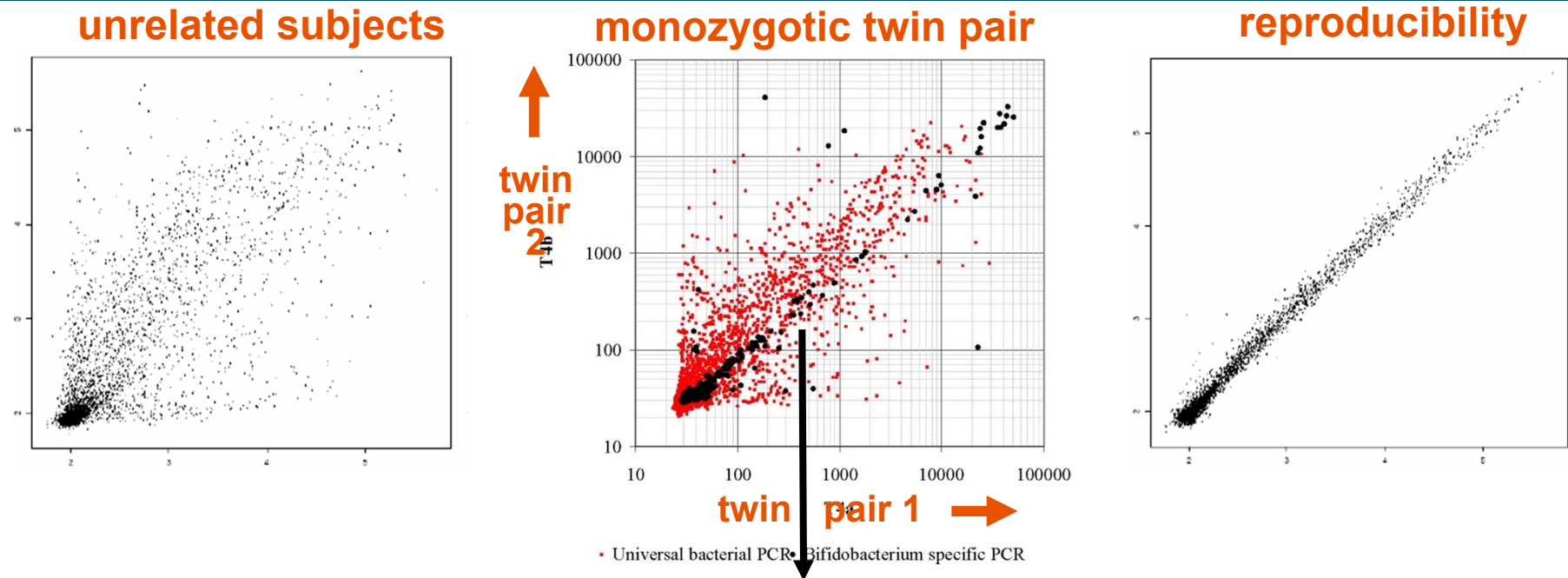
**Twin Studies Show Genetic Impact
Aberrant Microbiota in Intestinal
Diseases**

Individual Microbiota - Twins Have Similar Microbiota



confirms earlier family studies of 10 years ago

Some Groups Identical in Adult Twins Living Separately



Bifidobacterium spp.- early colonizers $p=0.0152$

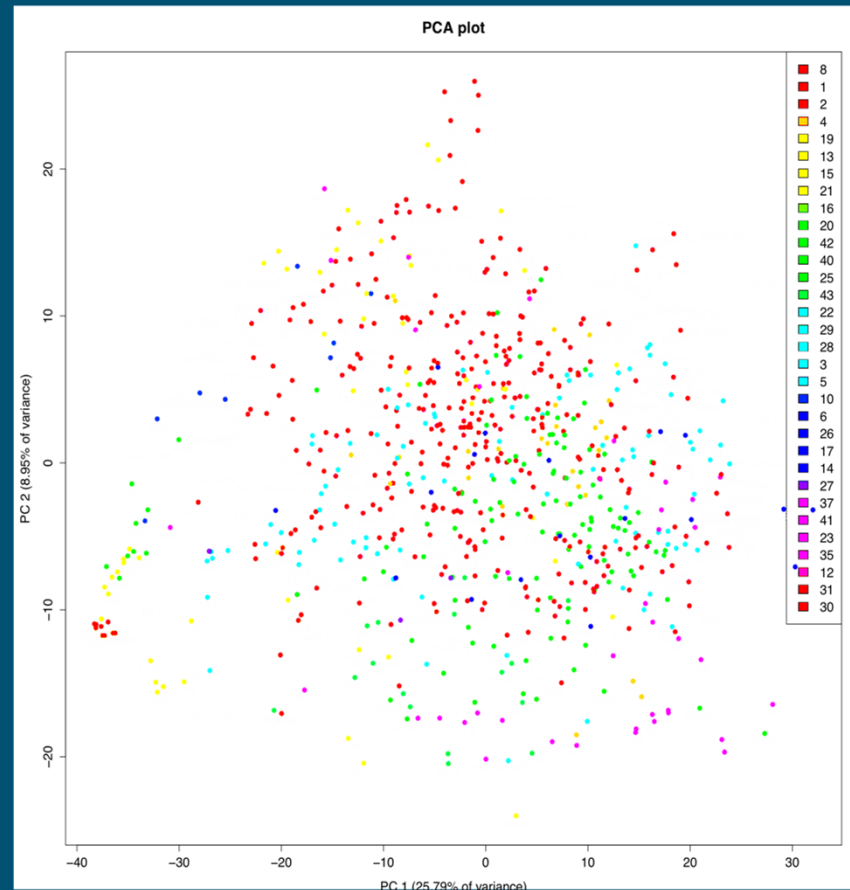
Mother, Milk & Microbes....

Specific Host-Microbe & Other Interactions



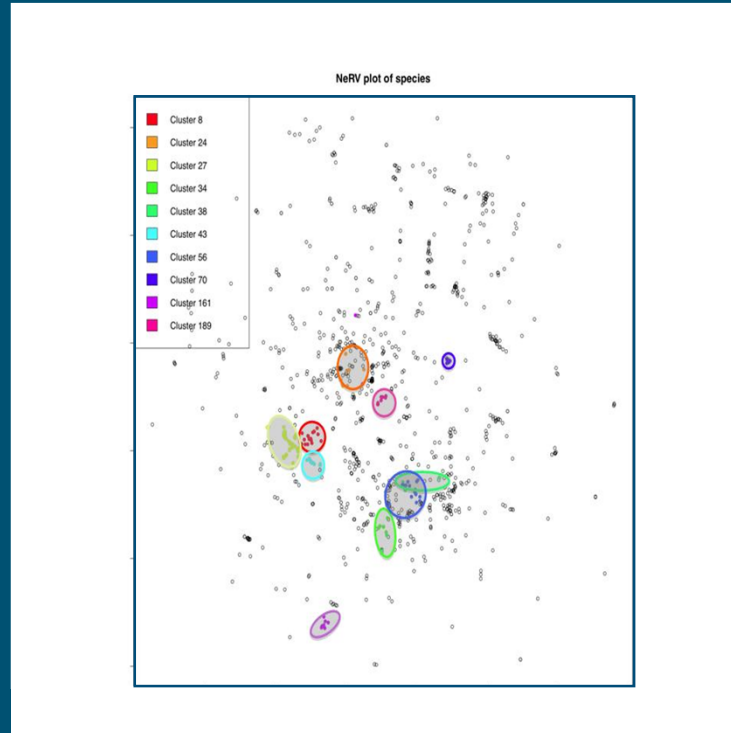
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1000 Intestinal Samples – PCA of HITChip Analysis



Advanced Computational & Machine Learning Tools

Meta-Analysis Shows Common Networks



Various Networks of Specifically Interacting Bacteria

Clustering of Human Subjects: *Enterotype Hypothesis* (Nature 2011)

Potential for Personalized Diets Targeting Intestinal Microbiota



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Large Impact of Human GI Tract Microbes

Word cloud illustrating the large impact of Human GI Tract Microbes on various health conditions:

- Obesity
- Irritable-Bowel-Syndrome
- T2-Diabetes
- Allergy
- Crohn's-Disease
- Autistic-Spectrum-Disorders
- Metabolic-Syndrome
- Colorectal-Cancer
- Nutrient-Processing
- T1-Diabetes
- Ulcerative-Colitis

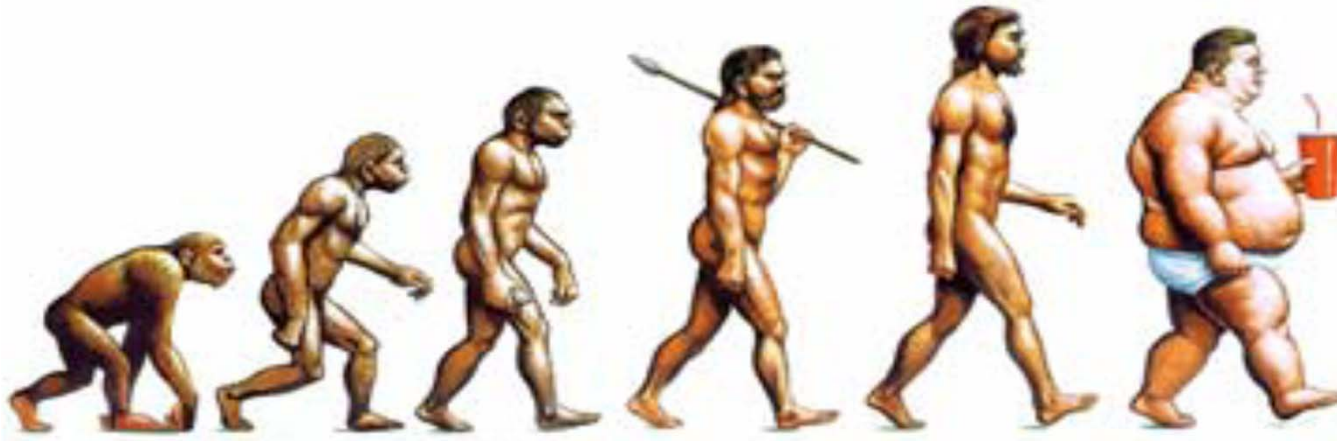
Correlation Studies !



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Impact of GI Tract Microbes on Obesity



Vol 444 | 21/28 December 2006 | doi:10.1038/nature05414

nature

ARTICLES

**Nature 2006
Xmas Issue**

An obesity-associated gut microbiome with increased capacity for energy harvest

Peter J. Turnbaugh¹, Ruth E. Ley¹, Michael A. Mahowald¹, Vincent Magrini², Elaine R. Mardis^{1,2} & Jeffrey I. Gordon¹

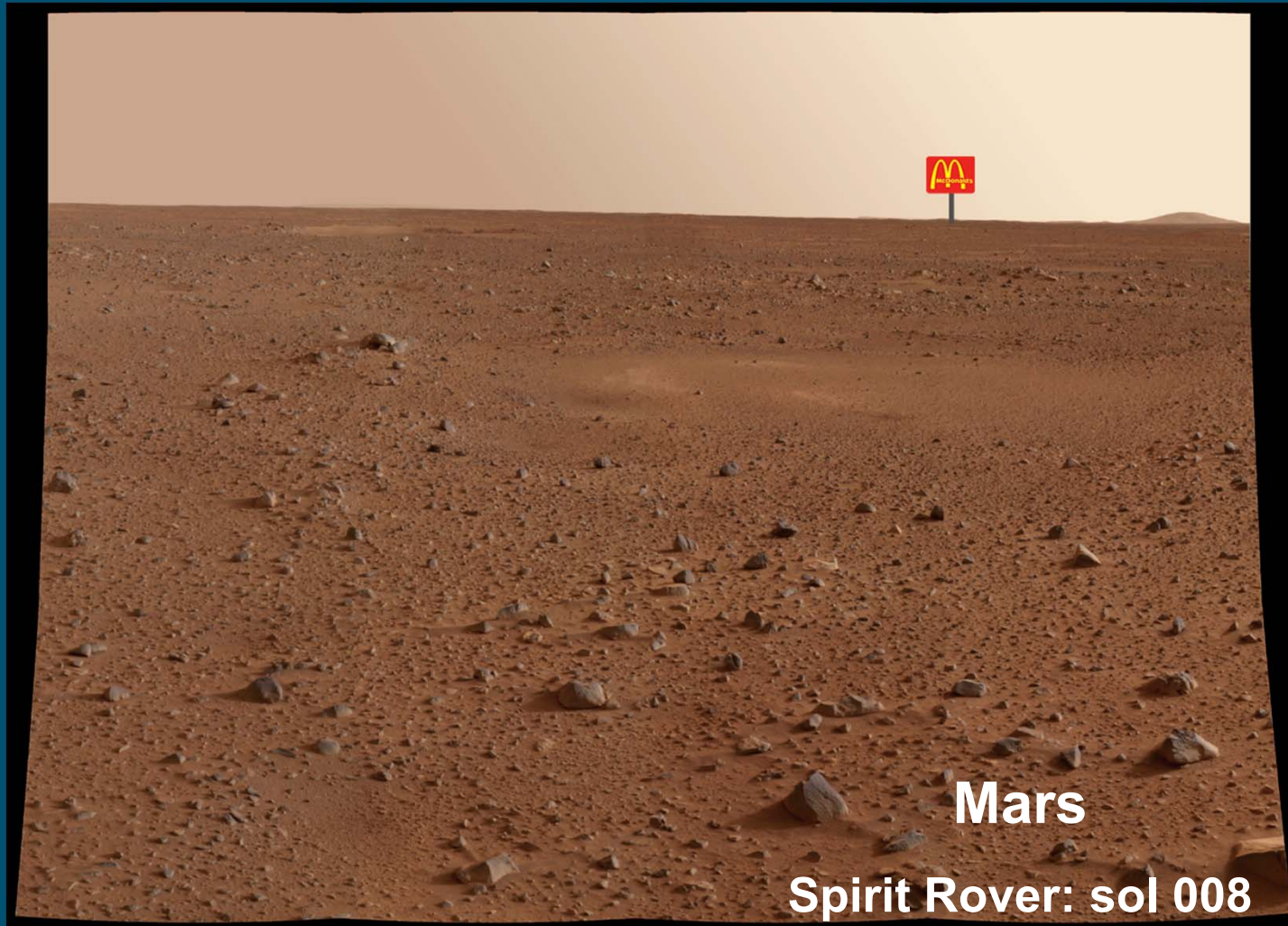
MICROBIAL ECOLOGY

Human gut microbes associated with obesity



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Controversial Results -Food Is Everywhere -Effect of Diet



Mars

Spirit Rover: sol 008



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Microbiota Differences in Obese versus Lean Mice

**Obese
ob/ob
mouse**

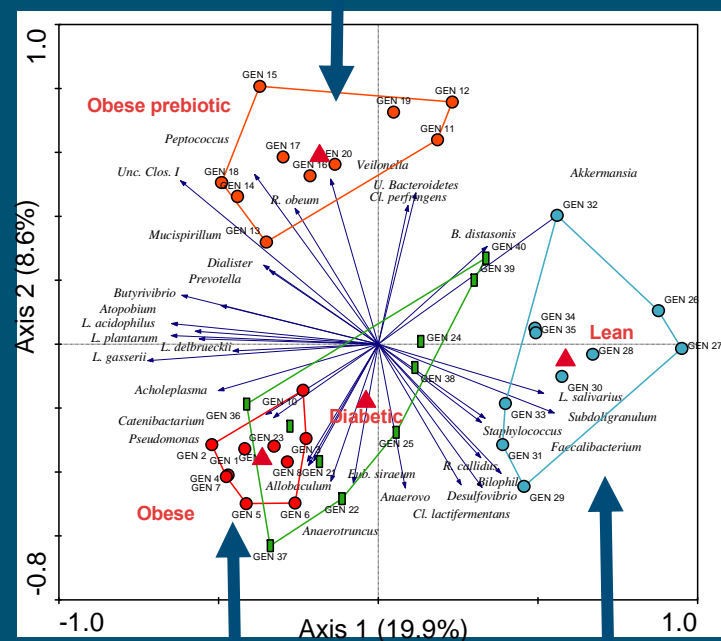
Lean wt mouse



Mouse Intestinal Tract (MIT) Chip Data

Patrice Cani & Muriel Derrien

Obese + Prebiotic Diet



Obese

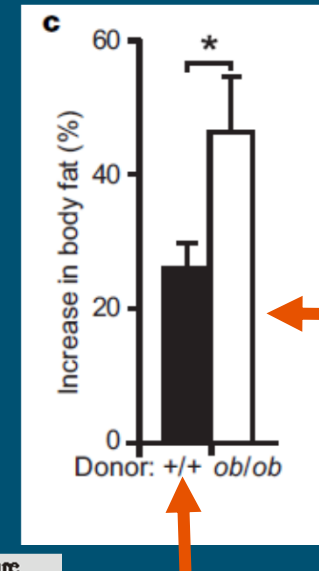
Lean

Marked Effect of Diet

Impact of GI Tract Microbes on Obesity



Fecal Transplantation
Into Germ-Free Mice



**Obese
Donor**

**Lean
Donor**

Vol 444 | 21/28 December 2006 | doi:10.1038/nature05414

nature

ARTICLES

An obesity-associated gut microbiome with increased capacity for energy harvest

Peter J. Turnbaugh¹, Ruth E. Ley¹, Michael A. Mahowald¹, Vincent Magrini², Elaine R. Mardis^{1,2} & Jeffrey I. Gordon¹

Washington
University in St. Louis
SCHOOL OF MEDICINE



The Gordon Lab



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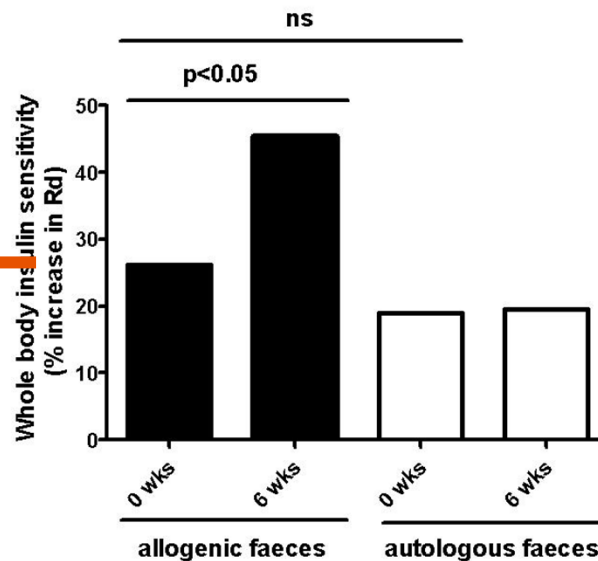
Microbiota Transplantation Improves Insulin Sensitivity

Metabolic effects of transplanting gut microbiota from lean donors to subjects with metabolic syndrome

Wednesday, Sep 22, 2010, 12:00 PM -12:15 PM

A. Vrieze¹, F. Holleman¹, M.J. Serlie², M.T. Ackermans², G.M. Dallinga-Thie¹, A.K. Groen³, E. van Nood¹, J.F.W. Bartelsman⁴, R. Oozeer⁵, E. Zoetendal⁶, W.M. de Vos^{6,7}, J.B.L. Hoekstra¹, M. Nieuwdorp¹;

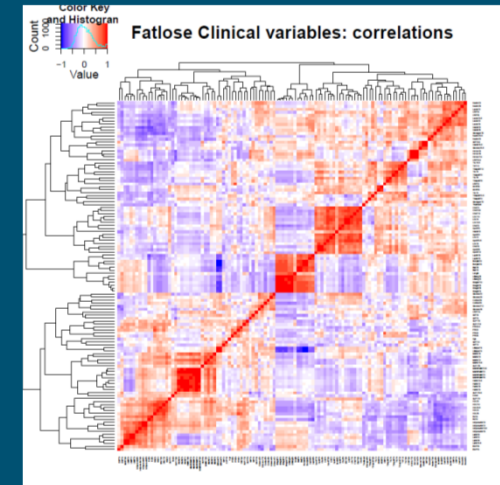
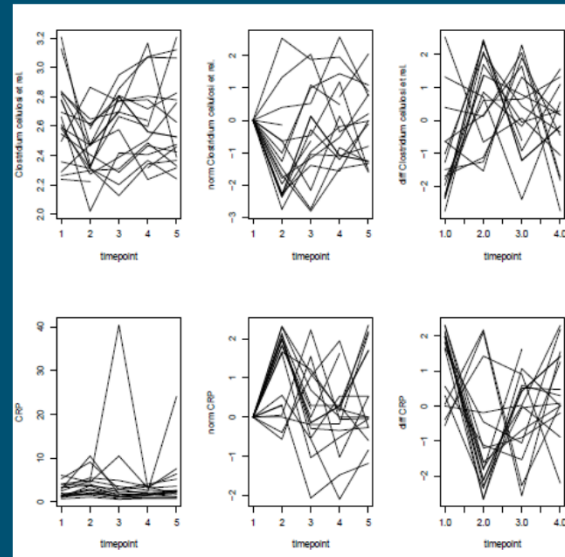
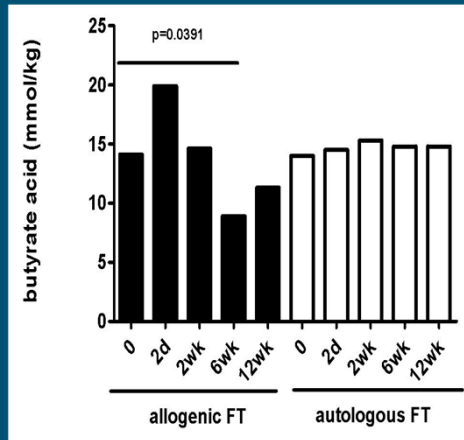
**Lean Donors
Allogenic (n=9)**



**Patient Donors
Autologous (n=9)**

Reverse Engineering: Analysis of Effector Microbes & Exploitation

Large Datasets – Systems Approaches Needed



COBIOT 781 1–12

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Available online at www.sciencedirect.com



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ScienceDirect

Current Opinion in
Biotechnology

Systems biology of the gut: the interplay of food, microbiota and host at the mucosal interface

Vitor Martins dos Santos^{1,*}, Michael Müller^{2,*} and Willem M de Vos^{3,4,*}



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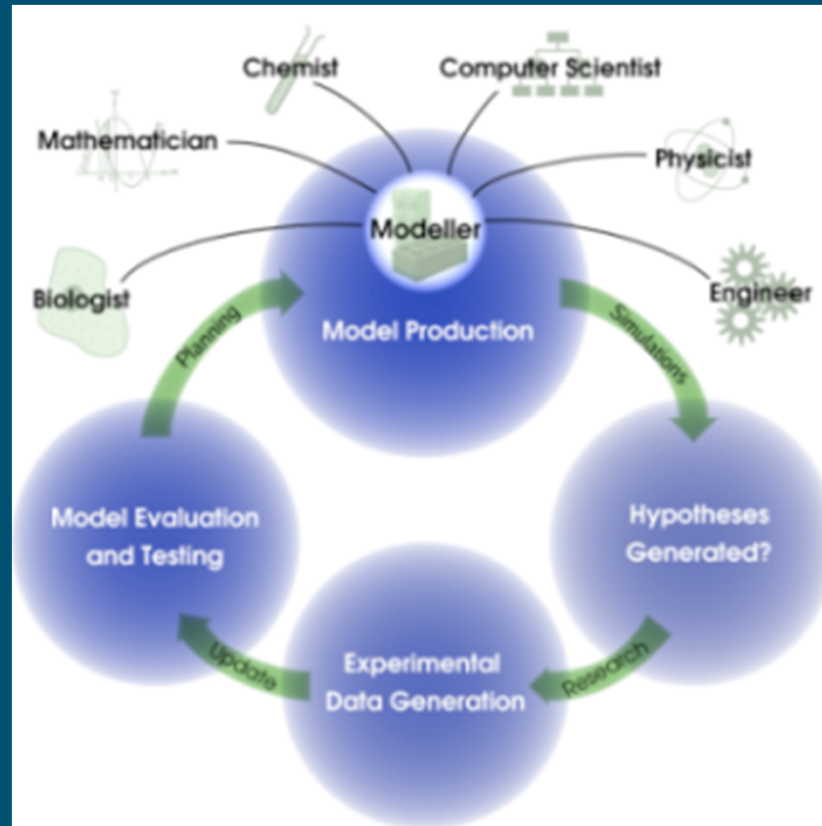
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Systems Approaches – Model Production



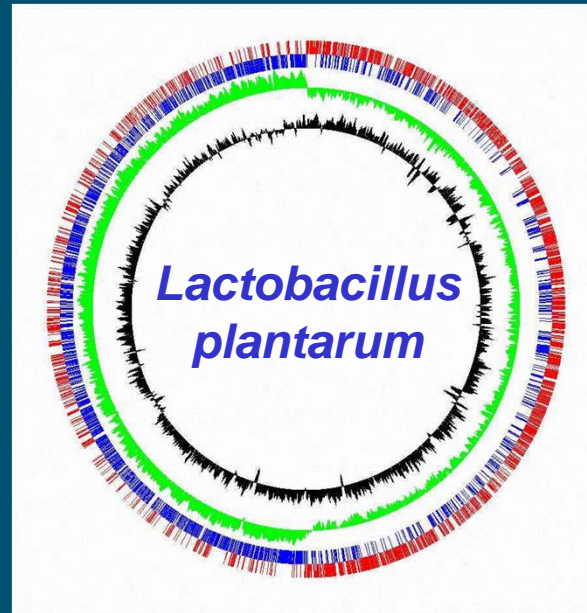
*Quantitative Understanding of Dynamic Interactions
Between Components of Living Systems*



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Systems Approaches – Model Example

First Complete Genome Sequenced in NL -2000 Greenomics-WCFS



3.3 Mb Genome – 3052 genes
Paradigm for Lactic Acid Bacteria
Genome-Based Modelling

Model-Based Engineering

A Good Model is A Good Hypothesis



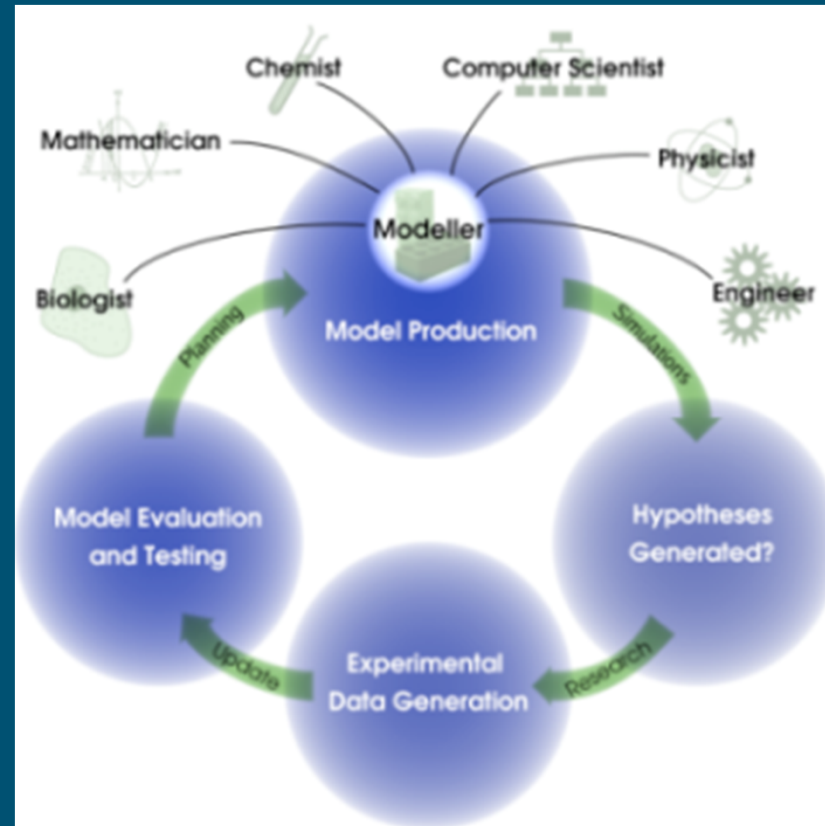
**Prediction of O₂ and NO₃ Respiration –
Experimentally Verified & 3-Fold Yield Improvement**

**Growth Predicted on Glycerol – Verified after 500
Generation of Adaptation – NGT Reseq Reveals
Mutations**

Brooijmans et al & Teusink et al - Patent Pending

Systems Approaches – New Biology

**Describe &
Understand**



**Predict &
Control**

*Quantitative Understanding of Dynamic Interactions
Between Components of Living Systems*



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The Genome Revolution Is Only Just Starting

Microbiota & Personalized Nutrition – Systems Approaches



You Never Walk Alone...



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Conclusion

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