



Validation of control measures in a food chain using the FSO concept

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1 **VALIDATION OF CONTROL MEASURES IN A FOOD CHAIN**  
2 **USING THE FSO CONCEPT**

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4 **Microbiological Specifications for Foods (ICMSF)**

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32

33 **ABSTRACT**

34 For the validation of control measures in a food chain, the FSO concept can be used, to  
35 structurally combine the initial level, reduction and increase of contaminants. The impact  
36 of taking into consideration both the level and the variability of these factors on the  
37 proportion of product meeting the FSO has been investigated. In this manner it can be  
38 examined where in the process the main factors are found to control the proportion of  
39 product meeting the FSO. Furthermore equivalence in performance, either by reducing  
40 the level or the variability in a level, is investigated. Both experimental and statistical  
41 aspects are described that can together be combined to support the confidence that a  
42 process can conform to a set FSO.

43

44

45

46 **Key Words: food safety objective, HACCP, validation, verification**

47

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## 59 **1. Introduction**

60

61 Validation of food processes is defined as establishing documented evidence which  
62 provides a high degree of assurance that a specific process will consistently produce a  
63 food product meeting its pre-determined specifications and quality attributes (Keener,  
64 2006), or as determining if an intervention, when properly applied, will effectively  
65 control the microbial hazard(s) (Swanson & Anderson, 2000). So validation is the  
66 collection and evaluation of scientific and technical information to determine if the  
67 process (treatment), when properly applied, will effectively control the microbiological  
68 hazard, or in other words, if the process criteria can reliably deliver a specified  
69 performance objective. The overall effectiveness of the control measures should be  
70 validated according to the prevalence of microbial hazards in the food of concern, taking  
71 into consideration the characteristics of the individual hazards(s) of concern, established  
72 food safety objectives/performance objectives and level of risk to the consumer (CAC  
73 2007). Validation focuses on the collection and evaluation of scientific, technical and  
74 observational information. In order to take full advantage of the flexibility that an outcome  
75 based risk management system offers, it is important to be able to demonstrate that the  
76 selected control measures actually are capable, on a consistent basis, of achieving the  
77 intended level of control. Guidelines for the validation of food hygiene control measures  
78 have been proposed by Codex (CAC, 2008). Validation is different from verification and  
79 monitoring; verification is used to determine that the control measures have been  
80 appropriately implemented, showing that the system is operating as designed, while  
81 monitoring is the on-going collection of information on a control measure at the time the  
82 control measure is applied to ensure the HACCP system is operating as intended.

83

84 Food producers design their processes to meet performance objectives (PO), which can  
85 be set at specific points throughout the food chain to assure food safety. Regulatory  
86 authorities are concerned with whether a group of products or the consequences of a  
87 series of processing steps at the time of consumption meets the food safety objective  
88 (FSO) in order to be certain that those foods achieve levels that are consistent with the  
89 appropriate level of protection (ALOP).

90

91 Various control measures include the appropriate selection of food materials and  
92 ingredients at the initial stage of food processing or food chain, and intensive protocols to  
93 reduce or eliminate the contamination by washing, heating, disinfecting, and many other  
94 measures. Control measures are also designed to prevent possible or predicted increases  
95 of microbiological hazards during transportation and storage, by cross-contamination  
96 during processing of the foods, or even by re-contamination after processing and during  
97 packaging, distribution, retail and consumer storage.

98

99 Control measures need to be validated to determine whether the products will meet the  
100 objectives, however, depending upon the standpoints, different elements of the food  
101 industry may take the role of validating the (critical) control points (CCP's). Food  
102 producers may wish to validate the control measures taken in the processes under their  
103 responsibility, and validation should be focused on the ability of the control measures to  
104 meet the designated PO. For appropriate validation of a process, both within-lot and  
105 between-lot variability must be considered.

106

107 On the other hand, control measures to be validated under the responsibility of regulatory  
108 authorities cover all control actions in the system for multiple companies, products and  
109 process controls, including consideration of between-lot variability. In this case the  
110 validation is targeted at assessing the established POs and FSOs.

111

112 In this paper, the ICMSF equation (ICMSF, 2002) for the prevalence and levels of  
113 microorganisms from the initial contamination ( $H_0$ ), reduction ( $\Sigma R$ ), growth and re-  
114 contamination ( $\Sigma I$ ), and factors influencing these are considered throughout food  
115 production until consumption, and in their role in meeting the FSO by the equation  $H_0 -$   
116  $\Sigma R + \Sigma I \leq \text{FSO}$ . Stochastic aspects of the parameters are taken into account as well as  
117 deterministic values. This is illustrated in the following sections with various examples of  
118 the use of data to validate one or a series of processes of food production for practical  
119 application, including statistical insights.

120

## 121 **2. Considerations for validation**

122

123 Processes can be validated through the use of predictive modeling, microbiological  
124 challenge studies, studies to show that certain limiting parameters (e.g. pH<4.5) are  
125 achieved and/or use of default criteria (safe harbors, like 72°C, 15s for pasteurization of  
126 milk, or 121°C 20 min. for sterilization). Not all these need to be used, however, often  
127 several sources of information can be used together to supply sufficient evidence. When a  
128 safe harbor approach is used, it is not normally necessary to conduct validation studies  
129 for that process. For example, a safe harbor for milk pasteurization is to deliver a

130 minimum process of 72°C for 15s; this process criterion has already been validated and  
131 therefore can be implemented by processors without re-validation of the process. The  
132 process would still need to be verified and monitored by the processors.

133

134

### 135 **3. Validation of control measures**

136

137 When determining the processing criteria (PC) required to achieve a desired PO,  
138 generally microbiological studies begin on a laboratory scale, move to a pilot plant scale  
139 and then are finally validated on a commercial scale, when possible or necessary.

140 Inactivation kinetic studies can be conducted over a small range of treatments (a unique  
141 combination of factors and their levels; for example pH 6.5 and 70°C) or over a broad  
142 range of treatments that would allow for the development of microbiological predictive  
143 models. Several good microbiological predictive models are available, including the  
144 USDA Pathogen Modeling Programs, which can be found at

145 <http://ars.usda.gov/Services/docs.htm?docid=6786> and COMBASE, which can be found  
146 at <http://wyndmoor.arserrc.gov/combase/>. Challenge studies can also be used to

147 determine processing criteria; although they are more limited in scope than models, they  
148 are often used as a way of validating the model predictions. Finally, on a commercial

149 scale, challenge studies can be conducted utilizing nonpathogenic surrogate

150 microorganisms; shelf life studies with uninoculated product can also provide useful

151 information for validating a process.

152



153 While microbiological challenge testing can also be used for determining the stability of  
154 a product with regards to spoilage over the intended shelf life, the remainder of this  
155 discussion will focus on product safety with regards to pathogens relevant to foods.

156

157 In the following sections, each of the terms in the ICMSF equation, the initial  
158 contamination ( $H_0$ ), reduction ( $\Sigma R$ ), growth and re-contamination ( $\Sigma I$ ), and factors  
159 influencing these are discussed sequentially, including data needs, some experimental  
160 considerations, and especially effects of their variability.

161

### 162 *3.1 Determining the initial level ( $H_0$ ), standard deviation and distribution*

163

164 The design of the food process will determine the importance of incoming material for  
165 product safety. The main source of the pathogen of concern may be from a major or  
166 minor ingredient, one incorporated in the initial processing steps, or one added later by  
167 recontamination. It is important to understand which of the ingredient(s) may harbor the  
168 pathogen as well as to understand if there is seasonal effect on the level of the pathogen  
169 present [for example the number of lots of ground beef positive for *E. coli* O157:H7  
170 increase over the June-October period in the USA (USDA-FSIS, 2009)]. The  
171 geographical source of the ingredient may also play a role in the likelihood of whether a  
172 certain foodborne pathogen is present in the raw ingredients. If contamination is not  
173 avoidable, the goal is to develop specifications and criteria for the incoming material that  
174 will limit frequencies and/or levels of contamination and lead to achievement of the final  
175 PO and FSO, in conjunction with the PC for the other steps in the food process. The

176 microbiological specifications for accepting the incoming materials may include the  
177 acceptable proportion above a limit or the mean level and standard deviation.

178

179 Information for validating that incoming materials meet required specifications can come  
180 from baseline data from government agencies; documentation from suppliers that  
181 specifications are met (supplier provides validation and end product testing); baseline  
182 data from the processor's experience; or test results of incoming lots.

183

### 184 *3.2 Inactivation Studies and Modeling of Kinetic Inactivation ( $\Sigma R$ )*

185

#### 186 *3.2.1 Modeling and Laboratory Studies*

187

188 A microbiological predictive model can be defined as an equation that describes or  
189 predicts the growth, survival or death of microorganisms in foods. In food microbiology,  
190 these models are often empirical and not based on biological mechanisms; in other words  
191 they simply relate the observed microbial growth, survival or death responses to the  
192 levels of the controlling factors. Empirical models should not be used outside the range of  
193 the factors used to create them because there is no underlying principle on which to base  
194 extrapolation. Hence, we must carefully consider the range over which they will be used  
195 before beginning experimentation (Legan, Stewart, Vandeven, & Cole, 2002). Models  
196 that can predict the rate of death of pathogens can be used to design safe and effective  
197 processes. A practical guide to modeling, supported by references to primary sources of  
198 modeling information is discussed by Van Gerwen & Zwietering (1998), Legan et al.

199 (2002), Ross & McMeekin (2003), McKellar & Lu (2004), and Whiting & Buchanan  
200 (2007).

201

202 When designing microbial inactivation experiments, kinetic studies measuring changes  
203 with time are preferred as they provide more information than end-point measurements.  
204 Additionally, kinetic studies offer flexibility and a depth of understanding that is not  
205 obtainable via end point measurements alone (Legan et al., 2002). Therefore,  
206 experimental points should be selected to allow the true nature of the microbial response  
207 to the lethal agent to be determined. The inoculation level should be sufficiently high to  
208 demonstrate the performance criteria without the need for extrapolation, if practically  
209 possible. Points should be spaced over the time interval to allow any curvature in the  
210 response to be described; ideally this typically involves 10-12 points over a 6-7 log<sub>10</sub> (or  
211 greater) reduction in population size. This implies an inoculation level of at least 10<sup>8</sup>-10<sup>9</sup>  
212 CFU/ ml or g. A zero-time point is critical and equidistant time intervals are often  
213 selected, except for very slow inactivation rates where intervals that increase  
214 geometrically between samplings are often useful.

215

216

### 217 3.2.2 Growth ( $\Sigma I$ )

218

219 The population of a pathogen will increase during storage periods if the food, storage  
220 temperature and packaging conditions support growth. Storage periods may occur for raw  
221 ingredients or at intermediate points during the manufacturing. After manufacture, there

222 will be a series of storage periods through distribution, including at the retail level, in the  
223 home and/or in food service operations. Generally, public health cannot be assured unless  
224 the potential for growth of pathogens is minimized. Nevertheless, if the pathogen is not  
225 completely inactivated and growth is possible, then an accurate estimation and validation  
226 of the amount of growth during storage and distribution that would be expected in normal  
227 and occasional abuse becomes an important component in validating that the FSO is  
228 achieved.

229

230 As previously described for validating microbial inactivation processes, estimates for  
231 growth may be obtained from a variety of sources including the literature, models and  
232 challenge tests (Scott et al., 2005). Increasing reliance is given to different studies as the  
233 experimental conditions more closely reflect the actual conditions of the food, e.g.,  
234 laboratory vs. pilot plant or pure culture vs. food with spoilage flora. For satisfactory  
235 validation of a pathogen's growth in a food, challenge tests with the normal background  
236 flora will be the authoritative source of information. Models and broth studies can  
237 provide support for evaluating minor changes in formulation and strain differences and  
238 for interpolating to conditions not explicitly tested in the challenge tests. Applications of  
239 predictive models in food microbiology include models that predict the growth rate of  
240 bacterial pathogens in response to product or environmental factors such as water activity  
241 ( $a_w$ ), temperature or pH. Growth models can be used to design safe product formulations,  
242 to set appropriate storage conditions and to explore the maximum interval between  
243 cleaning and sanitizing for process equipment.

244

245 Factors that should be considered when evaluating growth data include the strain(s) used,  
246 surrogates, physiological state of the inoculum, method of inoculation, degree of  
247 simulation of the experimental or pilot plant conditions to the commercial process,  
248 inclusion of all environmental factors in the food (pH,  $a_w$ , acid anions) and external  
249 factors (temperature, packaging), and inclusion of the spoilage flora. Detailed  
250 information on the design and implementation of microbiological challenge studies (also  
251 referred to as inoculated pack studies) has been reported by IFT (2001) and Scott et al.  
252 (2005).

253

### 254 3.2.3 Recontamination ( $\Sigma I$ )

255

256 If a food process includes pasteurization or another lethal step that eliminates the  
257 pathogen, then all of the pathogens present at consumption are the consequence of  
258 recontamination. Foods processed to deliver 6 to 8  $\log_{10}$  reduction of the pathogen will  
259 result in a very low frequency of contaminated packages after such a process. For  
260 example a product containing initially a homogeneous contamination level of 100 cfu/g,  
261 in a 100 g package will contain 0.001 cfu/package after a 7  $\log_{10}$  reduction, meaning 1 in  
262 1000 packages contaminated with one (or a few) cells. When determining whether such a  
263 food meets a PO at a further step or FSO, calculation of the food process begins after the  
264 lethal step. The appropriate parameters to consider are the frequency and level of  
265 contamination; essentially, they form a new  $H_0$ . Little literature data exists for guidance  
266 concerning frequencies and levels of recontamination and few applicable models have  
267 been developed to estimate the results of recontamination. Sufficient sampling of the

268 specific process at this step or at a subsequent step with a back calculation is the only  
269 way to obtain valid data on recontamination. A food process without a lethal step and  
270 with several potential points of additional recontamination is difficult to predict.  
271 Sufficient sampling of the food after the last point of recontamination is a possible way to  
272 validate whether a PO or FSO is being achieved. Another approach to controlling  
273 contamination is environmental monitoring and monitoring of food contact surfaces and  
274 integrating this information into the sanitation program. Other factors to consider are  
275 packaging integrity and proper training on handling practices by employees.

276

#### 277 **4. Validation of FSO compliance, probabilistic aspects: The effect of variability in** 278 **processing on non-conformance to an FSO/PO**

279

##### 280 *4.1 Introduction*

281

282 One way to show compliance to an FSO is by using the ICMSF equation:

283

$$H_0 - \Sigma R + \Sigma I \leq \text{FSO} \quad (1)$$

284

285 By combining information from different sources concerning the initial level ( $H_0$ ),  
286 reductions ( $\Sigma R$ ) and increases ( $\Sigma I$ ) of the microbiological hazard through the food  
287 production and distribution chain, it can be determined if the FSO or PO will be reliably  
288 met. It can also be determined how variability in the steps in the process/food chain  
289 influences the ability to meet the FSO.

290

291 In the following examples, the impact of including the effect of statistical distributions  
292 for  $H_0$ ,  $\Sigma R$  and  $\Sigma I$  on the hazard level and the percentage non-conformance (percentage of  
293 product above the PO or FSO) is calculated. First, the problem will be solved by a point-  
294 estimate approach. Then the impact on variability in the initial levels, processing (using  
295 as an example of washing produce to achieve a reduction in the pathogen of concern) and  
296 growth during distribution (increase) in meeting the PO and FSO will be determined. The  
297 process and product example is fresh cut, washed and packaged lettuce where *Listeria*  
298 *monocytogenes* is the target pathogenic microorganism of concern. For illustrative  
299 purposes, it is assumed that to reach an ALOP, a maximum exposure of *L.*  
300 *monocytogenes* of 100 cfu/g (FSO = 2 log<sub>10</sub> cfu/g) for ready-to-eat foods is set.

301

#### 302 4.2 Point-estimate approach

303

304 In the paper of Szabo, Simons, Coventry & Cole (2003), estimates are made of the initial  
305 contamination level of *L. monocytogenes* on pre-cut lettuce, reduction using sanitizing  
306 rinses and the increase in levels of the pathogen after packaging and during storage and  
307 distribution. For a given initial level of *L. monocytogenes* on lettuce and an expected  
308 level of growth (increase) during storage and distribution, the necessary reduction level,  
309 in order to achieve a given FSO, can be determined. For example, in Szabo et al. (2003),  
310 it is given that for an  $H_0$  of 0.1 log<sub>10</sub> cfu/g of *L. monocytogenes* and for a potential  
311 increase of  $\Sigma I = 2.7$  log<sub>10</sub> cfu/g during storage for 14 days at 8°C, a  $\Sigma R \geq 0.8$  log<sub>10</sub> cfu/g is  
312 necessary to achieve the set FSO of 2 log<sub>10</sub> cfu/g:

313

$$H_0 - \Sigma R + \Sigma I = 2.0 \quad (2)$$

$$0.1 - 0.8 + 2.7 = 2.0$$

314

315 The average process can therefore be considered to exactly achieve the FSO.

316

#### 317 *4.3 Including variability in the process*

318

319 Now let the standard deviation,  $s$ , for  $\Sigma I$  be 0.59 (Szabo et al. 2003; with  $\Sigma I$ , the  $\log_{10}$   
320 increase of the levels of *L. monocytogenes* being normally distributed), but still consider  
321 the  $H_0$  and  $\Sigma R$  levels as exact. Due to the variability of the increase in levels of *L.*  
322 *monocytogenes* (the distribution), the producer must target a lower average initial level in  
323 order to reduce the proportion of defective units (units with *L. monocytogenes* levels  
324 higher than the FSO). If the same limit (i.e. FSO = 2  $\log_{10}$  cfu/g) is considered, 50% of  
325 the products would not conform to the FSO. The level of reduction needed to achieve a  
326 certain level of conformity is given for various other examples in Table 1 which shows  
327 the fraction of servings that does not meet the FSO given different reductions ( $\Sigma R$ ). The  
328 greater the reduction, the lower the frequency of non-conforming servings. This  
329 frequency of non-conformity is a risk managers decision.

330

#### 331 *4.4 Including variability in the process for all process stages*

332 In nearly every process all three variables,  $H_0$ ,  $\Sigma I$ , and  $\Sigma R$ , will have a distribution with  
333 values as for example given in Table 2. The resulting final distribution (which describes



334 the distribution of levels of *L. monocytogenes* in packages of fresh cut lettuce at the point  
335 of consumption) can be described by a mean value that is equal to the sum of the means  
336 of  $H_0$ ,  $\Sigma I$ , and  $\Sigma R$ . The mean, however, is not a correct indicator of the risk, without  
337 representing also the variance. The variance of the total distribution is equal to the sum of  
338 the variances (the final standard deviation is the square root of the sum of the squares of  
339 the variable standard deviations (Snedecor and Cochran, 1989)). The distributions are  
340 represented graphically in Figure 1.

341

342 Given this distribution of outcomes, the proportion of packages of lettuce not meeting the  
343 FSO can be determined, which, in this example, is 0.2% (This proportion can be  
344 determined from the area under a normal curve that exceeds the FSO using the Excel or  
345 similar function, following the procedure as given in the footnote in Table 1).

346

#### 347 *4.5 Ineffective washing step*

348 Assuming that the lettuce washing step is not effective ( $\Sigma R = 0$ ) in reducing the level of  
349 *L. monocytogenes* (Table 3, Figure 2), the effect on the overall effectiveness of the  
350 process can be determined. We can see that the mean level of *L. monocytogenes* in  
351 packages of fresh cut lettuce is higher (from  $-1.2$  to  $0.2$ ) and the overall standard  
352 deviation of the level decreases (from  $1.112$  to  $0.994$ ) compared to the previous  
353 calculation (Table 2). The proportion of packages of lettuce having levels of *L.*  
354 *monocytogenes* at the point of consumption that are above the FSO ( $2 \log_{10}$  cfu/g)  
355 increases to 3.5 %. Note that the standard deviation does not differ much since the overall

356 standard deviation is mainly determined by the largest contributors, which, in this case, is  
357  $H_0$ .

358

359 In this example, due to the ineffectiveness of the washing procedure, there is a higher  
360 proportion of packages (3.5%) of lettuce with levels of *L. monocytogenes* which do not  
361 meet the FSO ( $2 \log_{10}$  cfu/g), therefore this may be a condition under which a producer  
362 would not want/be able to operate.

363

#### 364 *4.6 Effect of shortening the shelf life of the packaged lettuce*

365 If the product supports growth of the pathogen, the length of the shelf life can influence  
366 its impact on public health. In this example, the effect of a shorter product shelf life on  
367 the proportion of lettuce packages that do not meet the FSO is evaluated by reducing the  
368 predicted value for  $\Sigma I$  (Table 4, Figure 3). If the product is stored for 7 days at 8°C, rather  
369 than 14 days, the increase in *L. monocytogenes* is estimated to be 1.9 with a standard  
370 deviation of 0.56 compared to the previous growth of 2.7 (Szabo et al., 2003).

371

372 By decreasing the shelf life, which decreases the extent of growth of *L. monocytogenes* in  
373 the packages of fresh cut lettuce (and very slightly decreases the standard deviation), the  
374 proportion of packages of lettuce that do not meet the FSO is decreased to 0.013%.

375

#### 376 *4.7 Impact of more effective process control*

377 The impact of better process control on the proportion of packages of fresh cut lettuce  
378 that meet the FSO can be evaluated. If, for instance, raw materials with less variability

379 (standard deviation) in the levels of *L. monocytogenes* present on the lettuce can be  
380 obtained by supplier selection, changing supplier specifications, or better input control,  
381 the standard deviation of  $H_0$  can be reduced (Table 5, Figure 4; compare with Table 2).  
382 By this better process control, the average level of *L. monocytogenes* on the raw materials  
383 remains the same, but the final standard deviation goes down, resulting in a lower  
384 percentage of packages of fresh cut lettuce that do not meet the FSO (going from 0.2% to  
385 0.012%) or, conversely, a larger percentage of product now meets the FSO, comparable  
386 to a reduction in shelf life to 7 days (Table 4).

387

#### 388 *4.8 Ability to meet the FSO at the same level of performance by different means*

389 It can also be determined how an equivalent outcome can be achieved (same proportion  
390 of the products meeting the FSO), in this instance only 0.2% of packages of fresh cut  
391 lettuce not meeting the FSO (see Table 2), by reducing the variability of one of the  
392 inputs. For example, if the variability (standard deviation) of the initial levels of *L.*  
393 *monocytogenes* on the raw materials is reduced from 0.8 to 0.4, the required level of  
394 reduction of *L. monocytogenes* during the lettuce washing step ( $\Sigma R$ ) could be decreased  
395 from 1.4 to 0.7 while still achieving the same proportion of product that meets the FSO  
396 (Table 6).

397

398 *4.9 Relation between log mean value, standard deviation and proportion of products that*  
399 *do not meet the FSO (levels of *L. monocytogenes* at the point of consumption are greater*  
400 *than the FSO)*

401 The proportion of products in which the level of *L. monocytogenes* is above the FSO is  
 402 determined by both the mean log levels and the standard deviation of the combined  
 403 distributions for  $H_0$ ,  $\Sigma R$  and  $\Sigma I$ . Different combinations of the mean and standard  
 404 deviation resulting in the same overall proportion of products not meeting the FSO can be  
 405 calculated, and the results are shown in Figure 5.

406

407 The values in Figure 5 can also be determined by calculation, since the probability that a  
 408 value is higher than a certain level can be determined with the  $z$ -score (Snedecor and  
 409 Cochran, 1989). For an FSO of 2, the calculation becomes  $x+z\cdot s=2$ , so for a given mean  
 410 value  $x$ , the  $s$  value that gives a certain probability to surpass the FSO equals  $s=(2-x)/z$ ,  
 411 with  $z$  the value determined by the probability level (Table 7). For example, at the line in  
 412 figure 5 for 0.05 (5%) the probability is described by

413

$$s=(2-x)/z=(2-x)/1.645 \quad (3)$$

414

415 In Table 1 the levels of 1.03, 0.63, and 0.18 and with a standard deviation of 0.59  
 416 correspond to a probability level of 0.05, 0.01, and 0.001 respectively: (2-  
 417 1.03)/1.645=0.59 ( $z$ -value for 0.05 probability level); (2-0.63)/2.326=0.59; (2-  
 418 0.18)/3.09=0.59

419

420 The effect of reducing the standard deviation in raw materials, or elsewhere, can be  
 421 converted in a log gain by this approach. Having two different processes that have equal  
 422 probability to surpass the FSO it can be derived from  $x_1+z\cdot s_1=x_2+z\cdot s_2$  that:

423

$$\Delta x = z \Delta s \quad (4)$$

424 resulting in a formula that can provide an equivalent change in level following a

425 reduction of the standard deviation.

426 For example, for an FSO set with a confidence level of 99% (meaning that 99% of the

427 product units do confirm to this level),  $z$  equals 2.33 resulting in:

428

$$\Delta x = 2.33 \Delta s \quad (5)$$

429

430 Therefore, a 0.1  $\log_{10}$  decrease in the standard deviation is equivalent to a 0.233  $\log_{10}$ 

431 decrease in average level.

432

433 To calculate the difference in equivalent reduction necessary to achieve a 0.2% defective

434 rate, for an  $H_0$  with a 0.8 standard deviation (Table 2) to a  $H_0$  with a 0.4 standard

435 deviation (Table 6) we can perform the following calculation:

436 By reducing the  $s$  in  $H_0$  from 0.8 to 0.4, the standard deviation of the overall level will437 reduce from 1.112 ( $\sqrt{0.8^2 + 0.5^2 + 0.59^2}$ ), see Table 2) to 0.8707438 ( $\sqrt{0.4^2 + 0.5^2 + 0.59^2}$ ) see Table 6), so this translates to a “gain” in log mean of439  $2.878 * (1.112 - 0.8707) = 0.697$  logs. Instead of a 1.4  $\log_{10}$  reduction (Table 2), a 0.7  $\log_{10}$ 

440 reduction is sufficient (Table 6).

441 So how much one could change the mean concentration while retaining the same

442 proportion of defective products, depends both on the change in overall standard

443 deviation, but also on the conformity level (e.g. 1% proportion of product that does not  
444 meet the FSO) set (Figure 5).

445

## 446 **5. Conclusions**

447 From the various examples presented in this paper, the impact of taking into  
448 consideration both the level and the variability of  $H_0$ ,  $\Sigma R$ , and  $\Sigma I$  on the proportion of  
449 product meeting the FSO has been demonstrated. With this consideration, a deeper level  
450 of understanding is obtained of the influence of both the levels and variability of the  
451 initial microbiological load on the incoming materials; the level of process control  
452 achieved for those processes which reduce the level of the microorganism of concern;  
453 and the level and variability of the increase of the pathogen of concern during storage and  
454 distribution. A food manufacturer can determine where in the process they can have the  
455 biggest impact on ensuring that the appropriate proportion of product meets the FSO (i.e.  
456 decreasing variability of a lethal process vs decreasing the initial level of the  
457 microorganism of concern on the raw materials).

458

459 The following information about the assumptions made with these calculations should be  
460 recognized:

- 461 • All variables are assumed to be log normally distributed. So the log of the  
462 variables as used in the FSO equation is normally distributed. This makes also  
463 their sum in the FSO equation having a normal distribution. If values have other  
464 distributions, Monte-Carlo type calculations are necessary to determine the  
465 statistical distribution of the sum. It should be noted, however, that for initial

466 levels,  $\log_{10}$  increase and  $\log_{10}$  reduction, a lognormal distribution is often found  
467 (and described) in literature, although in actuality the distributions may not  
468 precisely meet this assumption they are usually sufficiently close.

- 469 • In this example, it was assumed that calculations hold even for low levels. It  
470 should be noted that, for instance, a product unit of 100 g with an initial pathogen  
471 level of 2  $\log_{10}$  contains, after a 6  $\log_{10}$  inactivation step, a level of -4  $\log_{10}$ . This  
472 is not a level of -4  $\log_{10}$  in all products, but in reality a level of 1 microorganism  
473 in 100 g unit (-2  $\log_{10}$ ) for only 1% of the units. The other 99% of the units are  
474 free of the microorganism. This can, in certain cases, have implications that  
475 should be investigated. Because microorganisms are discrete entities, it is  
476 important to check that a situation does not arise with less than one  
477 microorganism per container or package. If this occurs, Poisson distributions must  
478 be considered for the fraction of packages that would contain no microorganisms.
- 479 • If no data on standard deviation are available, but min/max-data are present,  
480 representing the range where 95% of the data will be, the standard deviation can  
481 be estimated by  $s=0.5*(\max-\min)/1.96$ .
- 482 • Products with a same level of conformity (equal probability to be above a certain  
483 FSO) but different standard deviations of the final level of pathogens, could have  
484 a different risk of illness, depending on the dose-response relation.

485

486 Both experimental and statistical aspects have been described that can be combined to  
487 support the confidence that a process can conform to a set FSO (i.e. validation). The  
488 effects of variability in initial level, reduction and/or growth is illustrated and it is shown

489 how to determine an equivalence in performance, either by the level or the variability in a  
490 level. Given the above mentioned assumptions in certain cases this analysis may be  
491 needed to be followed up by a more detailed risk assessment.

492

493

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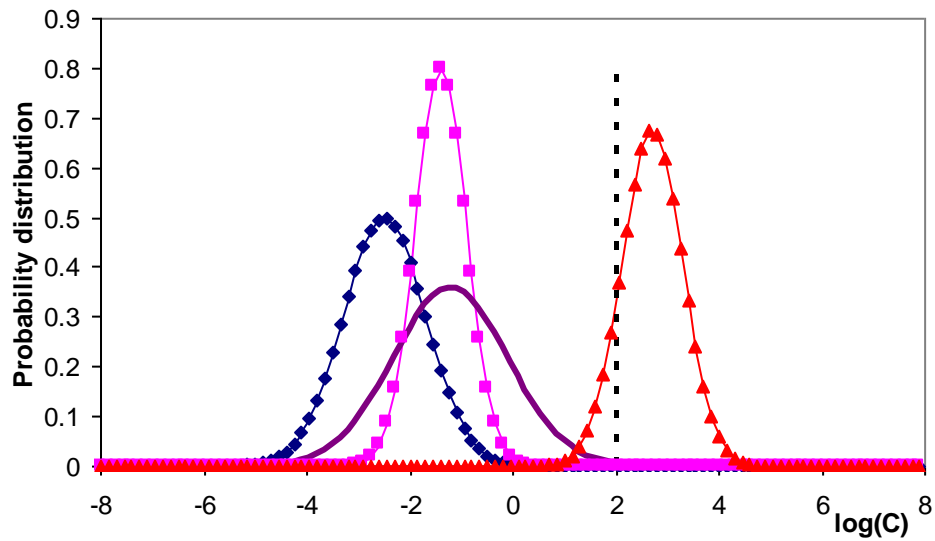
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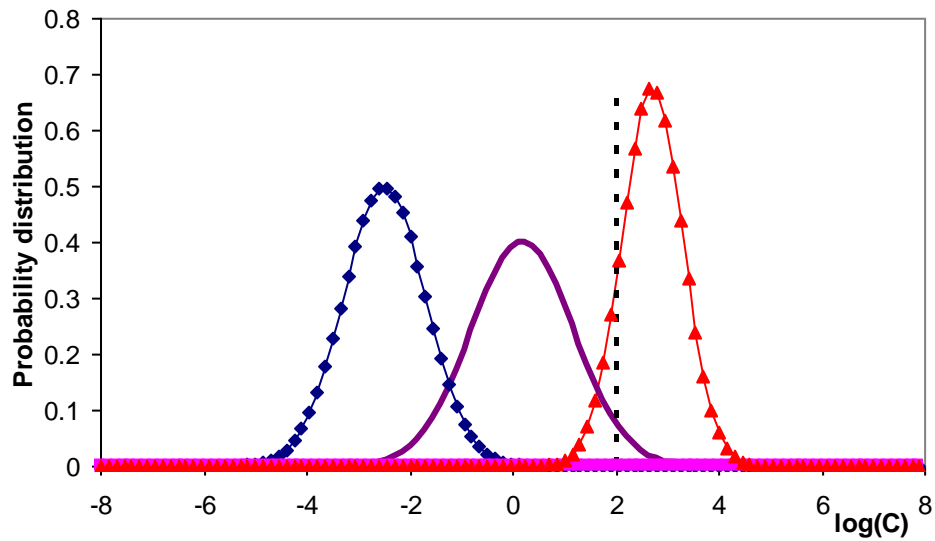


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558 Figure 1. Probability distribution of the initial level ( $H_0$ ,  $\blacklozenge$ ), reduction ( $-\Sigma R$ ,  $\blacksquare$ ), and  
 559 increase ( $\Sigma I$ ,  $\blacktriangle$ ) of *L. monocytogenes* on fresh cut lettuce and resulting overall  
 560 distribution (solid line; meaning the distribution of the levels of *L. monocytogenes* in  
 561 packages of lettuce at the point of consumption), following the input values in Table 2.  
 562 Proportion of packages that do not meet the FSO (dashed line) is 0.20%.

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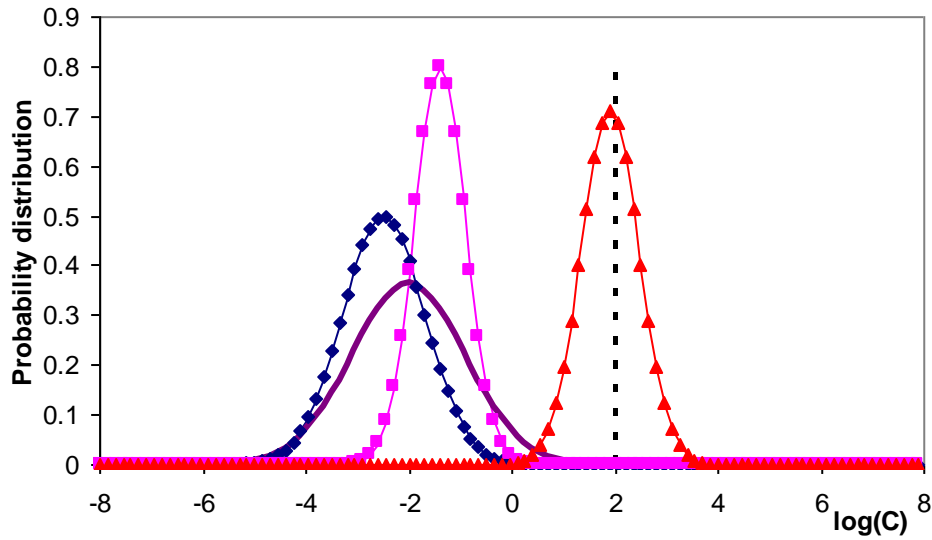
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566 Figure 2. Probability distribution of the initial level ( $H_0$ ,  $\blacklozenge$ ), increase ( $\Sigma I$ ,  $\blacktriangle$ ) and  
 567 resulting overall distribution (solid line; meaning the distribution of the levels of *L.*  
 568 *monocytogenes* in packages of lettuce at the point of consumption) for a process in which  
 569 the washing step is not effective in reducing the levels of *L. monocytogenes* ( $\Sigma R=0$ ),  
 570 following the input values in Table 3. Proportion of packages that do not meet the FSO  
 571 (dashed line) is 3.5%.

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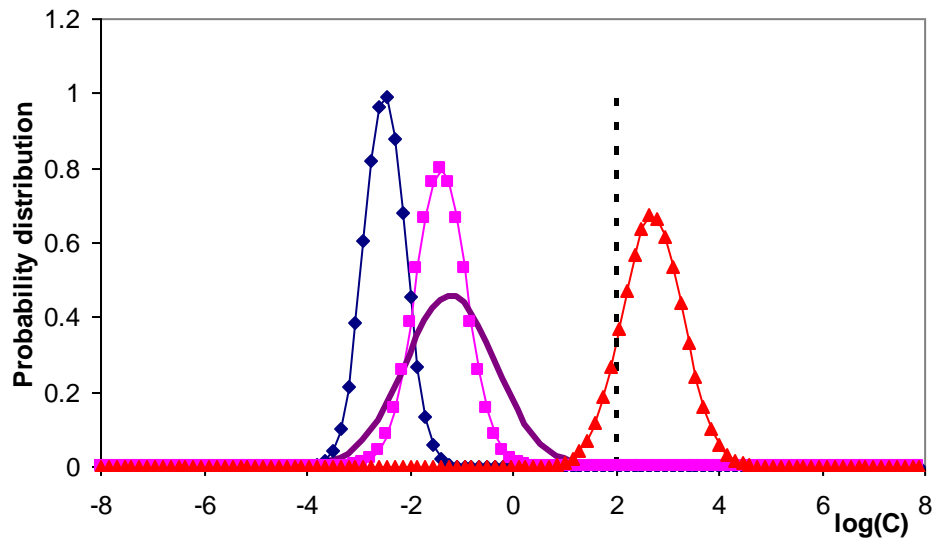


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574 Figure 3 Probability distribution of the initial level ( $H_0$ ,  $\blacklozenge$ ), reduction ( $-\Sigma R$ ,  $\blacksquare$ ), and  
 575 increase ( $\Sigma I$ ,  $\blacktriangle$ ) and resulting overall distribution (solid line; meaning the distribution of  
 576 the levels of *L. monocytogenes* in packages of lettuce at the point of consumption) for a  
 577 product with a shortened shelf life (see Table 4), therefore the level of growth of *L.*  
 578 *monocytogenes* in the packaged lettuce ( $\Sigma I$ ) is decreased. Proportion of packages that do  
 579 not meet the FSO (dashed lined) is 0.013%.

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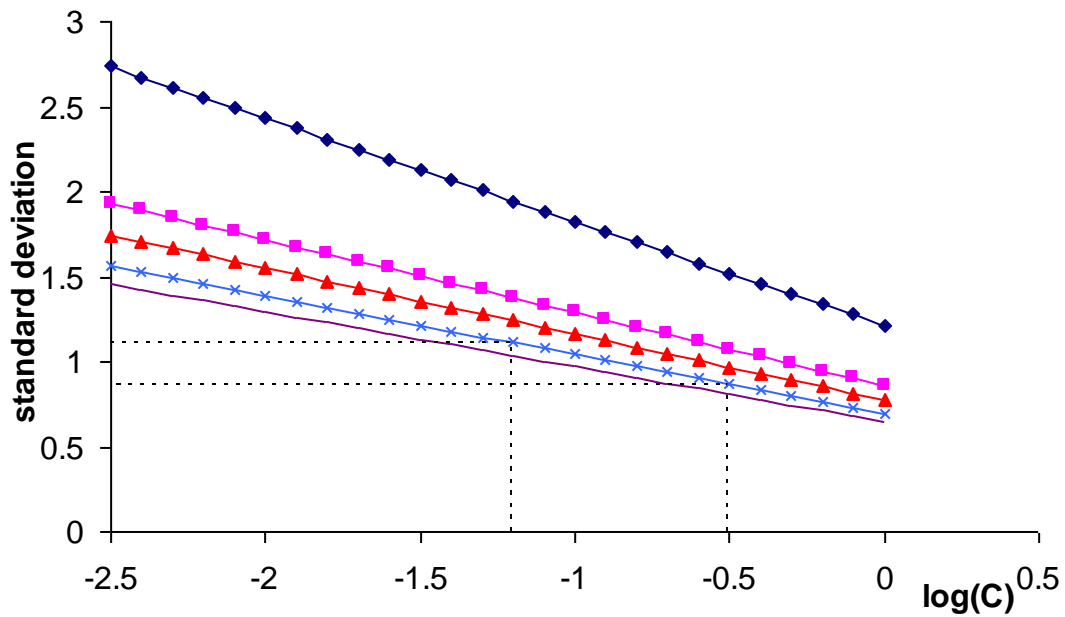
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583 Figure 4. Probability distribution of the initial level ( $H_0$ ,  $\blacklozenge$ ), reduction ( $-\Sigma R$ ,  $\blacksquare$ ), and  
 584 increase ( $\Sigma I$ ,  $\blacktriangle$ ) and resulting overall distribution (solid line; meaning the distribution of  
 585 the levels of *L. monocytogenes* in packages of lettuce at the point of consumption) for a  
 586 product with reduced variability of initial levels ( $H_0$ ) of *L. monocytogenes* on raw  
 587 materials, following the input values in Table 5. Proportion of packages that do not meet  
 588 the FSO (dashed line) is 0.012%.

589



590

591

592 Figure 5. Various combinations of mean log levels,  $\log(C)$ , and standard deviation of the  
 593 combined distributions for  $H_0$ ,  $\Sigma R$  and  $\Sigma I$  resulting in a particular proportion of product  
 594 that does not meet the FSO (in this case  $FSO=2$ ). The various lines represent different  
 595 proportions ( $\blacklozenge=5\%$ ,  $\blacksquare=1\%$ ,  $\blacktriangle=0.5\%$ ,  $\times=0.2\%$ , solid line= $0.1\%$ ) of products not meeting  
 596 the FSO. The examples from Table 2 and 6 are indicated for a 0.2% level.

597

598 Table 1. Results of various levels of reduction ( $\Sigma R$ ) on the proportion of defective units  
 599 ( $P$ ), with standard deviation of the increase step=0.59 ( $\log_{10}$  increase normally distributed  
 600 with standard deviation of 0.59)\*

$\Sigma R$	$H_0 - \Sigma R + \Sigma I$	$P (H_0 - \Sigma R + \Sigma I) > 2$ (sd=0.59)
0.8	$0.1 - 0.8 + 2.7 = 2.0$	0.5 (50%)
1.2	$0.1 - 1.2 + 2.7 = 1.60$	0.25 (25%)
1.77	$0.1 - 1.77 + 2.7 = 1.03$	0.05 (5%)
2.17	$0.1 - 2.17 + 2.7 = 0.63$	0.01 (1%)
2.62	$0.1 - 2.62 + 2.7 = 0.18$	0.001 (0.1%)

601 \*Note the proportion above the FSO can be calculated in Excel by  
 602  $1 - \text{NORMDIST}(2, x, s, 1)$ ,  
 603 for example for the last line  $= 1 - \text{NORMDIST}(2, 0.18, 0.59, 1) = 0.001019$ , so the proportion  
 604 of being above 2 logs, for a lognormal distribution with log mean 0.18 and standard  
 605 deviation 0.59 is 0.1% ). In this example,  $H_0$  and  $\Sigma R$  have no variation.  
 606



607 Table 2. Results on the proportion of products that do not meet the FSO (packages of  
 608 fresh cut lettuce calculated to have greater than  $2 \log_{10}$  cfu/g *L. monocytogenes* present at  
 609 the point of consumption), with various mean and standard deviation values ( $s$ ) for  $H_0$ ,  $\Sigma I$   
 610 and  $\Sigma R$

	$H_0$	$\Sigma R$	$\Sigma I$	Total <sup>1</sup>	
mean $\log_{10}$	-2.50	1.4	2.7	-1.2	$H_0 - \Sigma R + \Sigma I$
s	0.8	0.5	0.59	1.112	$s = \sqrt{s_1^2 + s_2^2 + s_3^2}$
			$P(>FSO)$	0.20%	

611 <sup>1</sup>Total is the level of *L. monocytogenes* present in a package of lettuce at the point of  
 612 consumption

613

614

615

616 Table 3. The impact of a washing step ( $\Sigma R$ ) that does not reduce levels of *Listeria*  
 617 *monocytogenes* on lettuce on the proportion of packages of fresh cut lettuce that do not  
 618 meet the Food Safety Objective

	$H_0$	$\Sigma R$	$\Sigma I$	Total	
mean $\log_{10}$	-2.50	0	2.7	0.2	$H_0 - \Sigma R + \Sigma I$
s	0.8	-	0.59	0.994	$s = \sqrt{s_1^2 + s_2^2 + s_3^2}$
			$P(>FSO)$	3.5%	

619

620

621 Table 4. The impact of shortening the shelf life of the product from 14 to 7 days, thus  
 622 reducing the level of growth ( $\Sigma I$ ) on the proportion of packages of fresh cut lettuce that  
 623 do not meet the Food Safety Objective

	$H_0$	$\Sigma R$	$\Sigma I$	Total	
mean $\log_{10}$	-2.50	1.4	1.9	-2	$H_0 - \Sigma R + \Sigma I$
s	0.8	0.5	0.56	1.097	$s = \sqrt{s_1^2 + s_2^2 + s_3^2}$
			$P(>FSO)$	0.013%	

624

625

626

627 Table 5. The impact of a reduction in the variability (smaller standard deviation) of the  
 628 initial levels of *L. monocytogenes* on raw materials ( $H_0$ ) on the proportion of packages of  
 629 fresh cut lettuce that do not meet the Food Safety Objective

	$H_0$	$\Sigma R$	$\Sigma I$	Total	
mean $\log_{10}$	-2.50	1.4	2.7	-1.2	$H_0 - \Sigma R + \Sigma I$
s	0.4	0.5	0.59	0.8707	$s = \sqrt{s_1^2 + s_2^2 + s_3^2}$
			$P(>FSO)$	0.012%	

630

631

632

633 Table 6. The impact of reducing the variability of the initial levels of *L. monocytogenes*634 on raw materials ( $H_0$ ) at the same time as lowering the level of reduction of *L.*635 *monocytogenes* during the washing step ( $\Sigma R$ ) on the proportion of packages of fresh cut

636 lettuce that do not meet the Food Safety Objective (compare to Table 2)

	$H_0$	$\Sigma R$	$\Sigma I$	Total	
mean $\log_{10}$	-2.50	0.7	2.7	-0.5	$H_0 - \Sigma R + \Sigma I$
s	0.4	0.5	0.59	0.8707	$s = \sqrt{s_1^2 + s_2^2 + s_3^2}$
			$P(>FSO)$	0.20%	

637

638

639

640 Table 7  $z$  values at various probability levels (one sided test)

Probability level	$z$ score
0.05	1.645
0.01	2.326
0.005	2.576
0.002	2.878
0.001	3.090

641

642