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2 **Metabolic comparison of lactic acid bacteria; genome-scale model of**

3 ***Streptococcus thermophilus* LMG18311**

4

5 Margreet I. Pastink<sup>a,b,c</sup>, Bas Teusink<sup>a,b,d,\$</sup>, Pascal Hols<sup>e</sup>, Sanne Visser<sup>a,b</sup>, Willem M. de

6 Vos<sup>c</sup>, Jeroen Hugenholtz<sup>a,b,d,\*</sup>

7

8 <sup>a</sup> *Top Institute Food and Nutrition, Nieuwe Kanaal 9a, 6709 PA Wageningen, the*

9 *Netherlands*

10 <sup>b</sup> *Kluyver Centre for Genomics of Industrial Fermentation, Julianalaan 67, 2628 BC*

11 *Delft, the Netherlands*

12 <sup>c</sup> *Laboratory of Microbiology, Wageningen University, Dreijenplein 10, 6703 HB*

13 *Wageningen, the Netherlands*

14 <sup>d</sup> *NIZO Food Research, Kernhemseweg 2, 6718 ZB Ede, the Netherlands*

15 <sup>e</sup> *Unité de Génétique, Institut des Sciences de la Vie, Université catholique de Louvain,*

16 *5 Place Croix du Sud, 1348 Louvain-La-Neuve, Belgium*

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18 Running title :Comparative metabolic analysis of LAB

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20 \*Corresponding author. Mailing address: NIZO food research, P.O. Box 20, 6710 BA

21 Ede, the Netherlands. Tel: +31-318-659540; fax: +31-318-650400

22 *E-mail address:* Jeroen.Hugenholtz@nizo.nl

23 \$Present address: Systems Bioinformatics IBIVU, Vrije Universiteit Amsterdam, De

24 Boelelaan 1085, 1081HV Amsterdam, the Netherlands

25

26 **Abstract**

27

28 In this report we describe amino acid-metabolism and amino acid-dependency of the  
29 dairy bacterium *Streptococcus thermophilus* LMG18311 and compare that with two  
30 other characterized lactic acid bacteria, *Lactococcus lactis* and *Lactobacillus*  
31 *plantarum*. Through the construction of a genome-scale metabolic model of *S.*  
32 *thermophilus*, the metabolic differences between the three bacteria were visualized by  
33 direct projection on a metabolic map. The comparative analysis revealed the minimal  
34 amino acid auxotrophy (only histidine and methionine or cysteine) of *S. thermophilus*  
35 LMG18311 and the broad variety of volatiles produced from amino acids compared to  
36 the other two bacteria. It also revealed the limited number of pyruvate branches,  
37 forcing this strain to use the homofermentative metabolism for growth optimization.  
38 In addition, some industrially-relevant features could be identified in *S. thermophilus*  
39 such as the unique pathway for acetaldehyde (yoghurt flavour) production and the  
40 absence of a complete pentose phosphate pathway.

41

42 **Introduction**

43

44 Lactic acid bacteria (LAB) are of great importance in the food industry, because their  
45 lactic acid production and their characteristic impact (e.g. texture, flavor) on the final  
46 product (19). LAB, as fastidious organisms, require a complex medium (such as milk)  
47 and are dependent on their proteolytic system for their supply of essential amino acids  
48 (34). Amino acids are not only the building blocks for proteins and peptides, but they  
49 also serve as precursors for many other biomolecules (1). Amino acids are also  
50 important for the final flavor of a product. Most amino acids do not directly influence  
51 the product flavor, but they will contribute indirectly to it because they are precursors  
52 of aromatic compounds (36). The conversion of amino acids to flavor compounds is  
53 mainly initiated by amino acid transamination, which uses an  $\alpha$ -ketoacid as an amino  
54 group acceptor for the aminotransferases (27). The presence (or absence) of the  $\alpha$ -  
55 ketoacid either by endogenous production or by addition to the medium is an  
56 important factor in flavor formation (13). The  $\alpha$ -ketoacids are decarboxylated into  
57 aldehydes, which are the precursors of other flavor compounds such as alcohols,  
58 esters and carboxylic acids (27). A large variation in flavor formation between strains  
59 and species is observed. Different studies have reported this biodiversity (25, 27, 32,  
60 33); van Hylckama Vlieg *et al* studied for instance the difference between dairy and  
61 non-dairy lactococcal strains since the latter group has some unique flavor forming  
62 activities (33).

63 Amino acid catabolism and anabolism are complex processes and, thus, metabolic  
64 models will be helpful for their understanding. Genome-scale metabolic models  
65 provide an overview of all metabolic conversions in an organism, based on its genome  
66 sequence, and make it possible to visualize different metabolic pathways, such as

67 amino acid metabolism. These models can be used to understand the metabolism and  
68 can then be applied for a directed study of functionality. For *Lactobacillus (Lb.)*  
69 *plantarum* and *Lactococcus (L.) lactis*, such genome-scale models have been already  
70 developed (18, 29); the construction of such a model for *Streptococcus (S.)*  
71 *thermophilus* LMG18311 is described in this paper. The characterization of the  
72 genome sequence of this *S. thermophilus* strain has revealed the presence of a large  
73 amount of incomplete or truncated genes. These so called pseudogenes amount to  
74 10% of the total genes and most of them relate to carbohydrate metabolism, transport  
75 and regulation (2, 11). *S. thermophilus* is an important starter for the dairy industry. It  
76 is used in combination with *Lactobacillus delbrueckii* subsp. *bulgaricus* for the  
77 production of yoghurt. It is also used for the manufacture of cheeses in which high  
78 cooking temperatures are applied (11). The objective of this paper is to study the  
79 metabolism of *S. thermophilus* with the use of genome-scale models and experimental  
80 data in a comparative way. This comparison with other LAB may reveal important  
81 differences. This study showed the simple primary metabolism and the extensive  
82 amino acid metabolism in *S. thermophilus*.

83 **Materials and methods**

84

85 **Construction of the genome-scale model.** Genome-scale models are based on  
86 annotated genome sequences and experimental data and have become available for an  
87 increasing number of organisms, including various LAB (20, 30). A useful tool for the  
88 construction of these *in silico* models is the Simpheny™ software package  
89 (Genomatica Inc., San Diego CA, USA). The *in silico* models are based on a thorough  
90 metabolic reconstruction of well-annotated genome sequences (29). The  
91 reconstruction of the network of *S. thermophilus* LMG18311 (2, 11) was initiated by  
92 an automatic first reconstruction using the Autograph-method (AUtomatic Transfer by  
93 Orthology of Gene reaction Associations for Pathway Heuristics) as described in  
94 much detail elsewhere (18). The automatic output of Autograph was subsequently  
95 curated extensively to accommodate the available annotation and literature on  
96 metabolic pathways and enzymes, a process described in detail elsewhere (8). Also  
97 part of the curation was the comparison of the gene-reaction associations with the  
98 available annotations in KEGG (<http://www.genome.jp/kegg/>) and the ERGO  
99 bioinformatics suite (<http://ergo.integratedgenomics.com/ERGO/>) (26).

100

101 **Bacterial strains, media and growth conditions.** The strains used in this study were  
102 *S. thermophilus* LMG18311 (2), *L. lactis* MG1363 (35) and *Lb. plantarum* WCFS1  
103 (14). Cells were grown anaerobically in Chemically Defined Medium (CDM, 15, 21,  
104 23), containing the amino acids as listed in Table S5, at 42°C, 30°C and 37°C  
105 respectively.

106

107 **Amino acid omissions.** Cells of *S. thermophilus* were grown overnight in chemically  
108 defined medium (CDM, 15), containing all 20 amino acids in the concentrations  
109 shown in Table S5 of the Supplementary Materials. The overnight cultures were  
110 washed twice at 4°C in a Megafuge 1.0R (Heraeus Instruments, Germany) in  
111 Phosphate Buffered Saline (PBS).  
112 CDM without amino acids was prepared freshly for each experiment. To this medium  
113 different combinations of amino acids were added. The amino acids were added in the  
114 same concentrations as used in complete CDM. We started with single omissions of  
115 amino acids followed by multiple omissions until we found the most minimal  
116 combination. In Table 2, the concentrations of the different amino acids supplied are  
117 listed for the different experiments. The different minimal defined media were  
118 inoculated 0.5% in triplicate with the washed overnight culture and growth was  
119 followed by measuring the OD<sub>600</sub>.

120

121 **Growth on defined medium (chemostat).** Fermentations were performed in  
122 duplicate as described by Teusink *et al* (30). *S. thermophilus* LMG18311 was grown  
123 at 42°C in CDM in a 50-ml tube and used as inoculum of 500 ml pH-controlled (pH  
124 6.5) CDM, the medium was 1% inoculated. Fermentations were performed in a 2-L  
125 fermentor (Applikon Biotechnology BV, The Netherlands). The fermentations were  
126 controlled by a Bio Controller ADI 1010 and by a Bio Console ADI 1025 (Applikon  
127 Biotechnology BV, The Netherlands). The headspace was flushed with nitrogen (10  
128 ml min<sup>-1</sup>) at a stirring speed of 100 rpm. At OD<sub>600</sub> of ~0.5, the medium pump was  
129 switched on to reach a dilution rate of 0.4 h<sup>-1</sup>. Steady state conditions were achieved  
130 within five volume changes (30). The dilution rate was changed three times, so a total  
131 of 4 dilution rates was achieved (0.1 h<sup>-1</sup>, 0.2 h<sup>-1</sup>, 0.3 h<sup>-1</sup>, 0.4 h<sup>-1</sup>). At each steady state 4

132 x 50 ml samples were taken and spun down at 4°C in a Unicen MR (Herolab, The  
133 Netherlands). Supernatant was used for HPLC analysis of organic compounds (28).

134

135 **GC analyses.** For the identification of volatile components in the samples, purge and  
136 trap thermal desorption cold trap gas-chromatography (GC) was used as described  
137 before (7, 27). The headspace samples were concentrated on a Fisons MFA815 cold  
138 trap (CE Instruments, Milan, Italy), followed by separation on a GC-8000 top gas  
139 chromatograph (CE Instruments) equipped with a CIP-SIL 5 CB low-bleed column  
140 (Chrompack, Middelburg, The Netherlands) and detection by a flame ionization  
141 detector. The GC data were processed in MetAlign, a tool (developed by Plant  
142 Research International, The Netherlands) to align spectra and to identify significant  
143 differences between the spectra (6, 16).

144

145 **HPLC analyses.** Extracellular metabolites present in the supernatant of fermentation  
146 samples were measured using reversed phase HPLC with a C18-column as described  
147 elsewhere (28).

148 **Results**

149

150 **Genome scale model development.** A genome-scale metabolic model for *S.*  
151 *thermophilus* has been developed, based on the annotated genome of strain  
152 LMG18311 (2, 11). The available models of *Lb. plantarum* (30) and of *L. lactis*,  
153 which was constructed using the Autograph method (18), were used for the  
154 construction and development of the *S. thermophilus* model. Based on these models,  
155 many gene-protein relationships and non-gene associated reactions could be  
156 incorporated to our model, resulting in a metabolic map of *S. thermophilus* (Figure 1).  
157 Different features of every gene such as correct annotation, function and EC number  
158 were checked manually, before they were included (or excluded) in the model.  
159 Examples of excluded genes are: truncated, hypothetical and non-metabolic genes.  
160 Excluded genes are not deleted and can be included again later when the function of  
161 such a gene has been identified. Genes coding for metabolic enzymes have been  
162 included and associated to the corresponding reactions (30). Also non-gene associated  
163 reactions, based on biochemical and experimental evidences (fermentations, amino  
164 acid omissions), were added to close gaps in the biochemical network, these included:  
165 (i) vitamin transport systems such as nicotinic acid uptake; (ii) specific *S.*  
166 *thermophilus* protein synthesis based on experimental data; (iii) different uptake  
167 systems such as oxygen diffusion a proton symporter for lactate. The current model  
168 consists of 429 genes (23% of the total number of genes) and 522 model reactions, 79  
169 (15%) of which are non-gene associated. Moreover, the biomass composition of this  
170 strain was determined in this study and compared with two other LAB (Table 1). The  
171 closely related strains *L. lactis* and *S. thermophilus* have comparable amounts of  
172 protein. Organic compounds in fermentation samples were measured by HPLC, on the



173 basis of which fluxes were calculated (30). Both biomass data and fluxes were used  
174 for *in silico* simulations. The model of *S. thermophilus* is now at a stage where *in*  
175 *silico* growth can be simulated under different conditions.

176

177 **Amino acid omissions.** Experiments with single amino acid omissions in *S.*  
178 *thermophilus* have shown that the number and type of essential amino acids is strain  
179 dependent (9, 15, 17). In general, *S. thermophilus* has a much lower degree of  
180 auxotrophy for amino acids than other LAB (4), showing no growth only in the  
181 absence of histidine and clearly reduced growth in the absence of cysteine (Table S1).  
182 Multiple omissions of amino acids, performed in our laboratory, showed that *S.*  
183 *thermophilus* LMG18311 needs only histidine and one of the sulfur containing amino  
184 acids (cysteine or methionine) in the presence of citrate for (minimal) growth, (Table  
185 2). We have performed the growth experiments on a minimal defined medium with  
186 histidine, cysteine and glutamic acid, since the addition of glutamic acid improved the  
187 growth rate significantly and growth experiments showed that cysteine is preferred  
188 over methionine.

189 *In silico* predictions of the amino acid biosynthesis pathways of *S. thermophilus*  
190 LMG18311 were performed (11) and this strain indeed seems to contain all the genes  
191 coding for the enzymes required for the biosynthesis of all amino acids except  
192 histidine. This analysis also showed that *yhcE* is truncated by a conserved stop codon.  
193 The product of *yhcE* shows similarity to the vitamin B12-independent 5-  
194 methyltetrahydropteroyltriglutamate-homocysteine *S*-methyltransferase. Its  
195 orthologue in *L. lactis* is involved in the synthesis of cysteine from methionine. This  
196 gene inactivation may explain the auxotrophy for one of the two sulfur amino acids.  
197 Even though the genome of LMG18311 lacks a glutamate synthase gene, the strain

198 shows (minimal) growth in the presence of citrate, when both glutamate and  
199 glutamine were depleted from the medium. However, *S. thermophilus* possesses a  
200 pathway for the synthesis of glutamate from citrate via 2-oxoglutarate involving  
201 glutamate dehydrogenase and glutamine synthetase for interconversion between  
202 glutamic acid and glutamine

203 Different LAB have different absolute requirements for amino acids; *S. thermophilus*  
204 only needs 2 amino acids as described above whereas *L. lactis* and *Lb. plantarum*  
205 need 6 and 11 amino acids for minimal growth respectively (Table 3) (12, 30).  
206

207 **GC analyses.** In order to get an overview of flavor formation by the three different  
208 LAB, we compared fermentation samples using gas chromatography (GC). The  
209 headspace of steady state samples of *S. thermophilus* LMG18311, *L. lactis* MG1363  
210 and *Lb. plantarum* WCFS1 grown on CDM (containing all amino acids) was  
211 compared. The metabolic activities of the fermenting microbes (22) was investigated  
212 through flavor profiles in the fermentation fluids, corrected for the medium  
213 components at the start of the experiments. An overview of the volatile metabolic  
214 products is shown in Figures 2, 3 and 4 and they show multiple differences in the  
215 volatile profiles of different strains. Many volatiles or flavors are produced during  
216 amino acid metabolism. When the results of the GC analyses of the three LAB are  
217 compared, they show that *S. thermophilus* is able to produce a broad variety of  
218 flavors. In combination with the low requirements of amino acids (only 2), this  
219 reflects a relatively complete set of amino acid biosynthetic and amino acid  
220 converting pathways. When *S. thermophilus* grows on CDM, all amino acids are  
221 consumed in small amounts (data not shown). *L. lactis* and *Lb. plantarum* need more

222 amino acids (respectively 6 and 11) for minimal growth and especially *Lb. plantarum*  
223 produces less flavors.

224 One of the identified compounds produced by all three LAB is acetaldehyde. As  
225 described previously (5), *S. thermophilus* can convert threonine into acetaldehyde and  
226 glycine by threonine aldolase activity. *L. lactis* and *Lb. plantarum*, among others can  
227 produce acetaldehyde during lactose metabolism by pyruvate decarboxylation (3).

228 This difference in pathways leading to the same compound, can also be visualized in  
229 the Simpheny models, as was shown in our previous paper (22).

230

231 **Homofermentative metabolism.** *S. thermophilus* was grown under chemostat  
232 conditions on a chemically defined medium containing all amino acids. Steady state  
233 fermentation samples (dilution rate = 0.1 to 0.4 h<sup>-1</sup>) of *S. thermophilus* were used for  
234 different analyses. The supernatant of these samples was analyzed on HPLC and was  
235 compared with the composition of the growth medium to determine which compounds  
236 are produced and consumed during growth (Table 4).

237 The HPLC-analysis shows that *S. thermophilus* consumes all the glucose and some of  
238 the citric acid. *S. thermophilus* produces mainly lactate and only small amounts of  
239 pyruvate, succinate and formate are formed. The model strongly suggests that  
240 homofermentative lactic acid production is the only primary metabolism operating in  
241 *S. thermophilus* and this is confirmed by our fermentation data and also by others  
242 (11). The mixed acid fermentation (acetate, formate and ethanol) is metabolically the  
243 most efficient route for lactic acid bacteria whereas the homolactic route is  
244 catalytically more efficient (10). Both *L. lactis* and *Lb. plantarum* can grow  
245 homolactic (high dilution rates) or via mixed acid fermentation (low dilution rates)  
246 (10, 30). Because *S. thermophilus* has pseudogenes in the primary metabolism that

247 prevent the formation of ethanol, acetate formation will cause a redox problem, and  
248 hence, the only possible route is the homolactic fermentation at both high and low  
249 dilution rates.

250 Flux Balance Analysis (FBA) was carried out within the Simpheny software (30).  
251 FBA is an optimization technique that can be used as a tool to predict the metabolic  
252 possibilities given mass balance and capacity constraints (24). FBA correctly  
253 predicted homolactic fermentation in *S. thermophilus*, in contrast to what was found  
254 for *Lb. plantarum* (30) and *L. lactis* (20). Based on the sequenced genome of strain  
255 LMG18311, and visualized on the model, it is known that this strain does not have the  
256 oxidative part of the pentose phosphate pathway (PPP). The absence of a complete  
257 PPP may have important consequences for the redox balance and thereby potentially  
258 influences primary metabolism.

259 **Discussion**

260 In this paper a comparative analysis of three lactic acid bacteria; *S. thermophilus*, *L.*  
261 *lactis* and *Lb. plantarum*, is described. Comparative analysis can provide extra  
262 insights in metabolism; such as flavor formation and growth rate and it can also reveal  
263 the absence of an important pathway in one of the strains, because it is present in the  
264 other strains and vice versa. An illustrative example of this is the extensive flavor  
265 forming potential of *S. thermophilus*. This was only noticed because we analyzed  
266 different strains simultaneously. Useful tools to compare different organisms are  
267 genome-scale metabolic models. Complete models are available for *L. lactis* and *Lb.*  
268 *plantarum* and in this paper, we describe the construction of such a genome-scale  
269 model for *S. thermophilus* LMG18311. These genome-scale models are of course  
270 never complete and can always be expanded with new insights. Growth can be  
271 simulated under different conditions with these models. With some given constraints  
272 such as lactose excess or different pH values, growth can be predicted and can give  
273 insights in optimal growth conditions.

274 The most obvious difference between the three bacteria and therefore also the models,  
275 is the size of the genome and thus the number of genes. The model of *Lb. plantarum*  
276 contains 3064 genes compared to 2563 genes in the *L. lactis* model and 1889 genes  
277 (or gene fragments) in the *S. thermophilus* model. This would suggest a more  
278 extensive metabolism for *Lb. plantarum* and *L. lactis*. But the total absolute number  
279 of reactions in the three models is nearly similar: 522 for *S. thermophilus*, 598 for *Lb.*  
280 *plantarum* and 598 for *L. lactis*. Based on the amino acid requirements and flavor  
281 analyses as described in the results section, it seems that *S. thermophilus* has a more  
282 extensive amino acid metabolism than the other two LAB. *S. thermophilus* only needs  
283 2 amino acids, histidine and cysteine, for minimal growth, it can degrade all amino

284 acids and is able to produce a varied amount of amino acid derived flavors. The  
285 genome-scale model, supported by the overall experimental data, suggests a rather  
286 complete set of amino acid biosynthesis pathways in *S. thermophilus*. This is  
287 unexpected because *S. thermophilus* is used for centuries for the production of  
288 yoghurt. The LMG18311 strain is also a yoghurt strain (11). The assumption would be  
289 that *S. thermophilus* has evolved in this protein rich environment (milk) and therefore  
290 one may have expected loss of some or more amino acid biosynthesis pathways, but  
291 this is clearly not the case. It would be interesting to see if all these pathways are  
292 operated under all conditions during the different dairy fermentation processes. These  
293 studies in which expression data under different interesting conditions are involved,  
294 are currently under investigation. Intriguingly, *Lactobacillus delbrueckii* subsp.  
295 *bulgaricus*, an organism that is most often co-cultivated with *S. thermophilus* for  
296 yoghurt manufacturing, did follow this expected path and lost most of its amino acid  
297 biosynthetic capacity (31). An explanation for this unexpected behavior of *S.*  
298 *thermophilus* can be that amino acid metabolism is not only important for the  
299 synthesis of amino acids but also plays a role in maintaining the redox balance.  
300 Another explanation can be that *S. thermophilus* strains are selected for quick growth  
301 and acidification in milk, available amino acid are rate-limiting in milk. To support  
302 such a quick growth, maintenance of nearly all amino acid pathways is required.  
303 In the result section, an *in silico* prediction of the amino acid biosynthesis pathways is  
304 described. This analysis showed that *ychE* is truncated by a conserved stop codon. It  
305 would be interesting to reconstitute this codon and study the effect of an activated  
306 codon. This mutated strain probably only needs one amino acid (histidine) and  
307 complete pathways for the sulfur amino acid metabolism may have important effects  
308 on the flavor formation.

309 A result from our experimental data, those described in the literature (11) and a  
310 prediction of the genome scale model is that *S. thermophilus* has a simple primary  
311 metabolism because the number of pyruvate branches is limited. Especially, those  
312 which are important for NAD<sup>+</sup> regeneration for glycolysis, there is no real alternative  
313 to lactate dehydrogenase for NAD<sup>+</sup> regeneration. Due to this, there is really only one  
314 possible route, leading to an equilibrated redox balance for glucose catabolism when  
315 *S. thermophilus* grows anaerobically, and that is the homolactic route. Therefore, Flux  
316 Balance Analysis does predict the right growth rate and products formation rates in *S*  
317 *thermophilus*. In *Lb. plantarum* and *L. lactis*, FBA invariably predicts the use of an  
318 alternative pathway with higher ATP yield (mixed acid fermentation), and homolactic  
319 fermentation cannot be predicted by FBA.

320 Another striking difference between *S. thermophilus* and *L. lactis* and *Lb. plantarum*  
321 is the absence of a complete pentose phosphate pathway. Three genes encoding for  
322 the enzymes glucose-6-Phosphate dehydrogenase, 6-phosphogluconolactonase and  
323 phosphogluconate dehydrogenase are missing, these 3 enzymes form the oxidative  
324 part of the pentose phosphate pathway. This might have important consequences for  
325 the NADPH generation, the ribonucleotides and aromatic amino acids synthesis.

326 There might be a link between the simple primary metabolism (limited number of  
327 pyruvate branches and the absence of a complete PPP) and the complex amino acid  
328 metabolism via redox constraints, a hypothesis that is currently under investigation.

329

330 **Acknowledgements:** P.H. is research associate at FNRS. The Kluyver Centre for  
331 Genomics of Industrial Fermentation is part of the Netherlands Genomics Initiative  
332 (NGI).

333 **Tables and Figure**

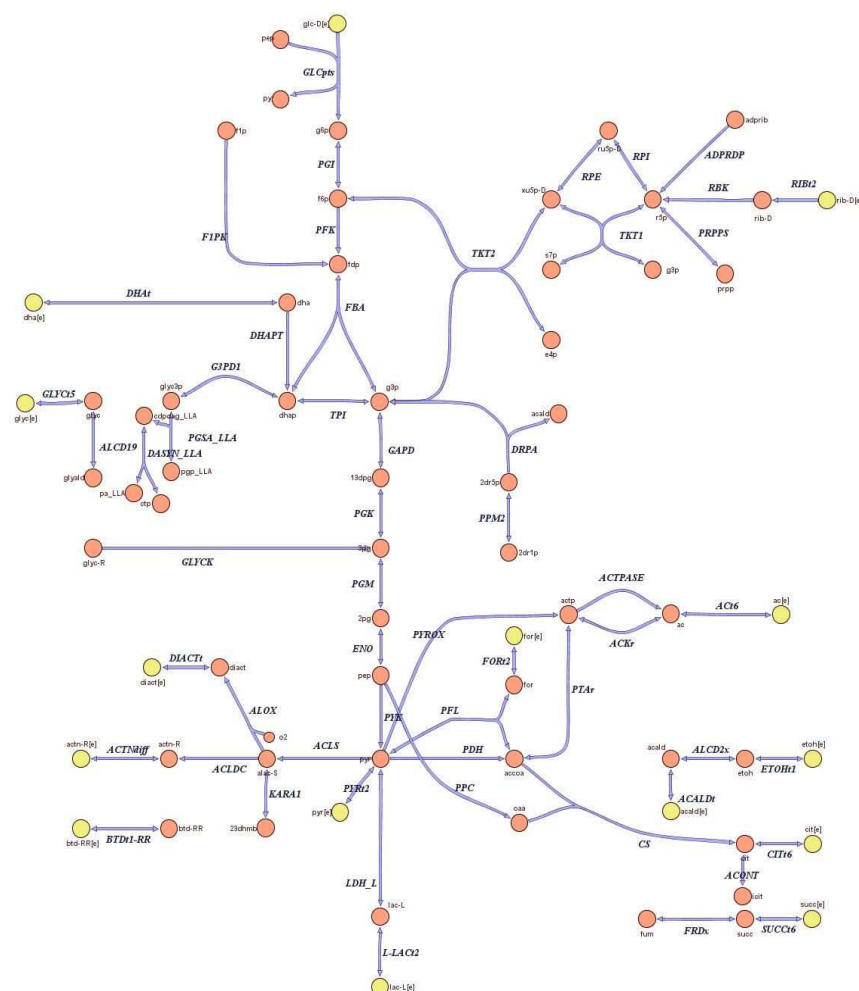


334 FIG. 1. Primary metabolism of *Streptococcus thermophilus*. Part of the total genome-  
 335 scale metabolic model developed for *S. thermophilus*. Large bold capital italics  
 336 indicate the enzymes and normal small italics the metabolites. The complete model  
 337 can be found in the supplementary material (Figure S1).

338

339

primary metabolism



340

341

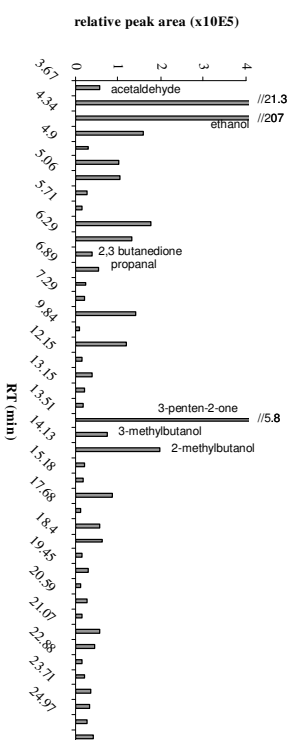


FIG. 2 Major volatiles formed during growth by *L. lactis* on chemically defined

342  
343

344 medium. Relative peak areas are expressed as arbitrary units, the area of three peaks is

345

indicated since they are beyond the scale. Some important peaks are indicated. Table

346

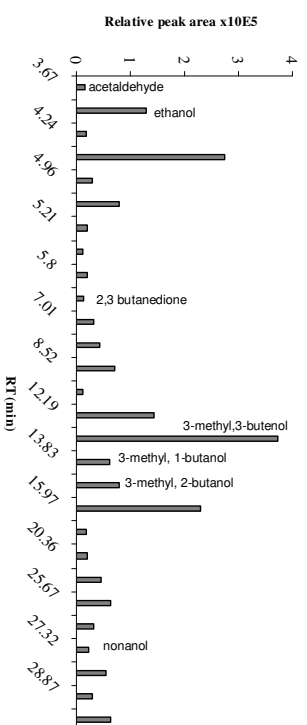
S2 (Supplemental material) shows all the identified metabolites for *L. lactis*.

347

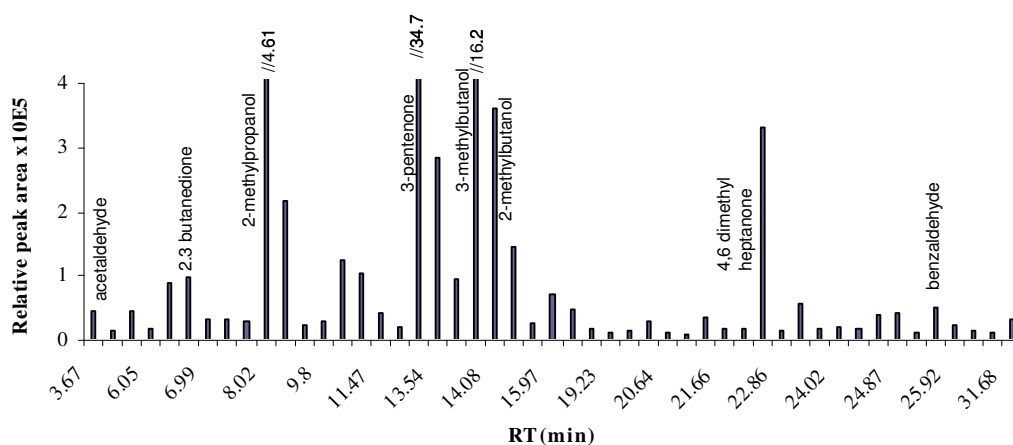
348

349

350



351 FIG. 3 Major volatiles formed during growth by *Lb. plantarum* on chemically defined  
 352 medium. Relative peak areas are expressed as arbitrary units. Some important peaks  
 353 are indicated. Table S3 (Supplementary material) shows all the identified metabolites  
 354 for *Lb. plantarum*.



355  
 356 FIG. 4 Major volatiles formed during growth by *S. thermophilus* on chemically  
 357 defined medium. Relative peak areas are expressed as arbitrary units, the area of three  
 358 peaks is indicated since they are beyond the scale. Some important peaks are  
 359 indicated. Table S4 (Supplementary material) shows all the identified metabolites for  
 360 *S. thermophilus*.

361  
 362  
 363 TABLE 1 Biomass composition of three different LAB: *L. lactis* (20), *Lb. plantarum*  
 364 (30) and *S. thermophilus* LMG18311 (this study; average of 3 fermentations).

Compound (% w/w)	Overall biomass composition		
	<i>L. lactis</i>	<i>Lb. plantarum</i>	<i>S. thermophilus</i>
Proteins	46	29.9	43.4
Lipids	3.4	6.3	6.1
Polysaccharides	12	9.9	24.1
DNA	2.3	1.9	1
RNA	10.7	9	8.2

365 Other 25.6 43 17.2

366

367 TABLE 2 Growth of *S. thermophilus* after 24 hours under multiple amino acid

368 omissions. Data shown are the average of three parallel cultures. Additional data of

369 these amino acid omission experiments are shown in the Supplementary material

370 (Table S1)

aa composition in CDM (g/l)	
Medium	OD600
All AA	1.55
No AA	0 <sup>a</sup>
Only his (0.15) and cys (0.39)	0.6 <sup>b</sup>
Only his, cys, glu (0.4)	0.69
Only his, cys, glu, phe (0.28)	0.75
Only his, cys, glu, ser (0.34)	0.83
Only his, cys, glu, ala (0.24)	0.44
Only his, cys, glu, val (0.33)	0.72
Only his, cys, glu, phe, ser	0.73
Only his, cys, glu, phe, ala	0.53
Only his, cys, glu, phe, val	0.61
Only his, cys, glu, ser, ala	0.69
Only his, cys, glu, ala, val	0.82

371 <sup>a</sup> negative control, should be 0

372 <sup>b</sup> growth after 48 hours

373

374 TABLE 3 Essential amino acids for three different lactic acid bacteria: *L. lactis*  
 375 MG1363 (12), *Lb. plantarum* WCFS1 (30) and *S. thermophilus* (this study, table 2)

<i>L. lactis</i> MG1363	<i>Lb. plantarum</i> WCFS1	<i>S. thermophilus</i> LMG18311
Glutamate	Arginine	Cysteine
Histidine	Cysteine	Histidine
Isoleucine	Glutamate	
Leucine	Isoleucine	
Methionine	Leucine	
Valine	Methionine	
	Phenylalanine	
	Threonine	
	Tryptophan	
	Tyrosine	
	Valine	

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377

378 TABLE 4 HPLC analyses of fermentation cell supernatants; *S. thermophilus* was  
 379 grown under chemostat conditions at a dilution rate (D) of 0.1 h<sup>-1</sup> to 0.4 h<sup>-1</sup> on CDM  
 380 (5g l<sup>-1</sup> glucose) containing all amino acids. The table shows steady state  
 381 concentrations of the various metabolites formed or utilized in mM.

382

		Compound (mM) <sup>a</sup>					
		Citric acid	Pyruvate	Lactic acid	Formic acid	Acetic acid	Glucose
supernatant	CDM	2.49	ND	ND	ND	12.11	25.46
	D=0.1	1.41	ND	20.41	ND	9.90	0.09
	D=0.2	1.39	ND	30.55	0.84	9.56	0.21
	D=0.3	1.70	0.12	33.08	1.28	10.83	ND
	D=0.4	1.99	0.21	34.70	1.83	12.01	0.36

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384 <sup>a</sup> Average of two duplicates. ND, not detected

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