

# HEAT STRESS MEASUREMENTS IN AMSTERDAM



Lisette Klok, Jeroen Kluck, Nanda Piersma, Jordy Tak, Niek Rood, Hassan El Joudi and many students

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## HEATWAVE 2015, THE NETHERLANDS

4<sup>TH</sup> JULY 2015 – TOUR DE FRANCE IN UTRECHT













#### **RESEARCH QUESTIONS**

What are the thermal conditions in Amsterdam on warm days?

How are the thermal conditions perceived? Which urban environments are most comfortable?







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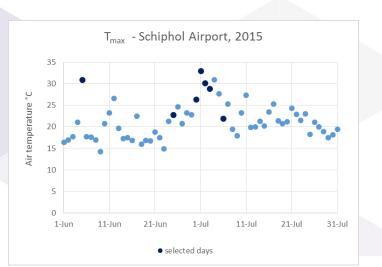


# 7 DAYS,13 LOCATIONS, 971 SURVEYS





### 7 MEASUREMENT DAYS - SUMMER 2015

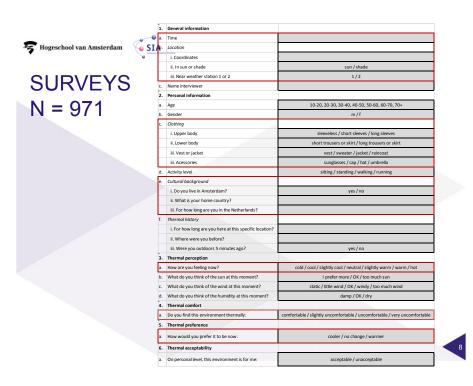




### 13 LOCATIONS

Built (red)	Parks and grass (green)	Water (blue)
Dam*	Vondelpark*	IJ
Central Station	Museumplein*	Amstel
Leidseplein*		
Mahlerplein*		
NEMO-museum		
OBA library*		
Spui*		
Rembrandtplein		
Thorbeckeplein*		

<sup>\*</sup> in sun and shade





#### TWO MOBILE WEATHER STATIONS

- Davis Vantage Pro
- Flat grey globe thermometer to estimate T<sub>mrt</sub> (Thorsson et al., 2007)





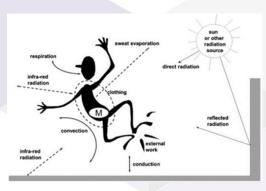






### THERMAL INDEX – PET

PET – physiological equivalent temperature (Höppe and Mayer, 1987) computed by RayMan (Matzarakis et al., 2007)









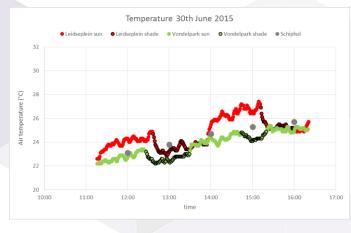
# WHAT ARE THE THERMAL CONDITIONS IN AMSTERDAM DURING WARM DAYS?

The urban heat island effect was small. Extreme heat stress in the sun (PET > 41 °C).

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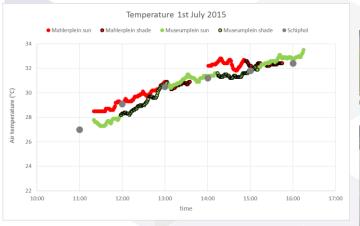
# AIR TEMPERATURE 30 JUNE – VONDELPARK & LEIDSEPLEIN







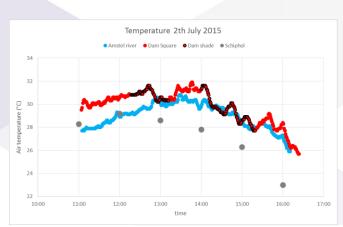
# AIR TEMPERATURE 1 JULY - MAHLERPLEIN & MUSEUMPLEIN







# AIR TEMPERATURE 2 JULY – DAM & AMSTEL









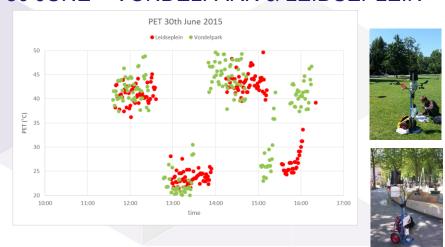
# MAX URBAN HEAT ISLAND EFFECT (°C)

		Parks and grass (green)		Water (blue)	
Dam	1.6; <b>5.4</b>	Vondelpark	-0.4	IJ	0.2
Central Station	1.0	Museumplein	0.4	Amstel	4.2
Leidseplein	1.3				
Mahlerplein	1.0				
NEMO-museum	0.4				
OBA library	1.3				
Spui	1.1				
Rembrandtplein	0.9				
Thorbeckeplein	0.9				



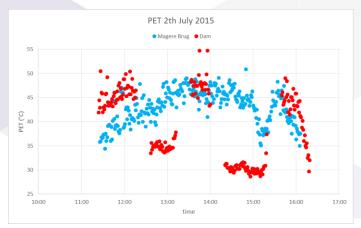


## **PET** 30 JUNE - VONDELPARK & LEIDSEPLEIN





# PET 2 JULY – DAM & AMSTEL







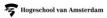




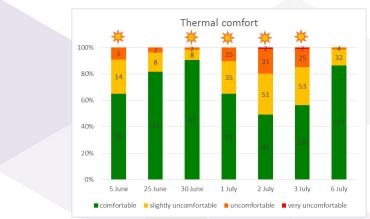
#### HOW ARE THE THERMAL CONDITIONS PERCEIVED?

Most people (63-70%) perceived the thermal conditions as comfortable.

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#### THERMAL COMFORT

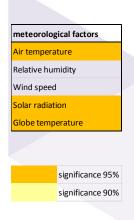


70% of the respondents perceive the environment as thermally comfortable (63% on ★summer days).

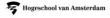




#### FACTORS THAT INFLUENCE COMFORT



1.	General information		
a.	Time (hh:mm)		
b.	Location		
	i. Coordinates		
	ii. In sun or shade	sun / shade	
	iii. Near weather station 1 or 2	1/2	
c.	Name interviewer		
2.	Personal information		
a.	Age	10-20, 20-30, 30-40, 40-50, 50-60, 60-70, 70+	
b.	Gender	m/f	
c.	Clothing		
	i. Upper body	sleeveless / short sleeves / long sleeves	
	ii. Lower body	short trousers or skirt / long trousers or skirt	
	iii. Vest or jacket	vest / sweater / jacket / raincoat	
	iii. Acessories	sunglasses / cap / hat / umbrella	
d.	Activity level	sitting / standing / walking / running	
e.	Cultural background		
	i. Do you live in Amsterdam?	yes / no	
	ii. What is your home country?		
	iii. For how long are you in the Netherlands?		
f.	Thermal history	•	
	i. For how long are you here at this specific location?		
	ii. Where were you before?		
	iii. Were you outdoors 5 minutes ago?	yes / no	





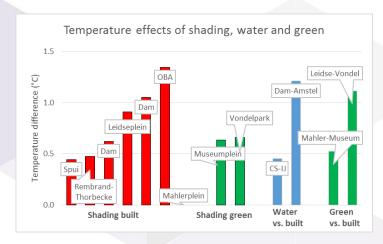
# WHICH URBAN ENVIRONMENTS ARE MOST COMFORTABLE?

Shaded locations decreased PET values by 12 to 22 °C and are perceived as more comfortable than sunny locations.

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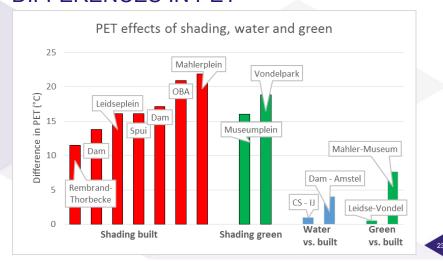
#### DIFFERENCES IN AIR TEMPERATURE



22



### **DIFFERENCES IN PET**





### DIFFERENCE IN PERCEIVED COMFORT

Shading effect in built environment				
Dam (5 June and 2 July)	no			
Leidseplein	no			
Mahlerplein	yes			
OBA Library	yes			
Spui	no			
Rembrandtplein-Thorbeck	eplein no			
TOTAL	yes			
Shading effect in green environme				
Vondelpark	no			
Museumplein	no			
TOTAL	no			
	comfortal			

no
no
no

yes
no
no

omfortable / slightly uncomfortable / uncomfortable / very uncomfortable



### **OBA LIBRARY: SUN VS. SHADE**

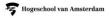




### **CONCLUSIONS**

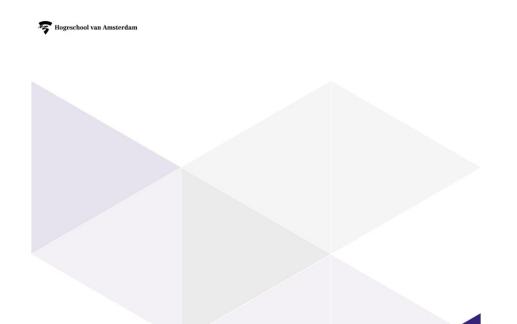
- The urban heat island effect was generally small (~1 °C).
- In the sun, PET values indicated extreme heat stress (> 41 °C).
- 63% of the respondents perceived the urban environment as thermally comfortable.
- Temperatures in shaded, green or blue areas were about 1 °C lower.
- Shading decreased PET values by 12 to 22 °C, while green and blue areas decreased PET by < 8 °C.</li>
- Shaded locations were perceived as more comfortable than sunny locations.
- Vondelpark was perceived more comfortable than Leidseplein.





### **RESULTING ADVICE: SHADING!**







## **CHALLENGES**

• What about the (vulnerable) people that were not outside, or avoided these locations with extreme heat stress?