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# PROCEEDINGS OF THE INTERNATIONAL RESEARCH WORKSHOP ON THE OCCURRENCE, EFFECTS, AND FATE OF MICROPLASTIC MARINE DEBRIS

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### FOOLISH FULMARS AND THEIR CONTRIBUTION TO ECOLOGICAL QUALITY

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& the Save the North Sea Fulmar Study Group

**Abstract**: Indiscriminate foraging enables the Northern Fulmar (*Fulmarus glacialis*) to successfully exploit variable food resources in changing marine environments. But flexibility can be taken too far. Like most tubenosed seabirds, Fulmars ingest a wide variety of man-made litter. Ingested plastics resist digestion and mechanical breakdown in the stomach and accumulate over time. Unlike gulls, Fulmars normally do not regurgitate indigested stomach contents and need to 'process' them slowly in the digestive system. Ingested materials sometimes cause direct mortality but more importantly, indirect sublethal effects will occur in almost all individuals in many populations. However, the accumulated plastics also represent a convenient monitoring instrument for the litter situation in the offshore environment. Stomach contents integrate probably up to several weeks of 'sampling' of the marine litter situation in their foraging area.

In 2002 the North Sea Ministerial Conference decided to tackle marine problems through the concept of 'Ecological Quality Objectives (EcoQO's)'. An EcoQO provides a monitoring system as well as a target for 'acceptable ecological quality'. For the marine litter issue, an EcoQO based on the amount of plastic in stomachs of beached Fulmars was selected. The preliminary political target for acceptable ecological quality was worded as "less than 10% of Fulmars having more than 0.1 gram of plastic in the stomach". Implementation of this 'Fulmar-Litter-EcoQO' started in 2002 in the EU project 'Save the North Sea'. Data show that 40% to 60% of Fulmars in the North Sea currently exceed the critical value of 0.1 gram of plastic in the stomach. In addition of being a valuable policy instrument, the image of 'birds with plastic in their stomach' attracts much public attention and stimulates awareness and changed behaviour among stakeholders. Fulmars are foolish foragers, but by being 'quantifiable fools', they can contribute to improved ecological quality for the benefit of all.

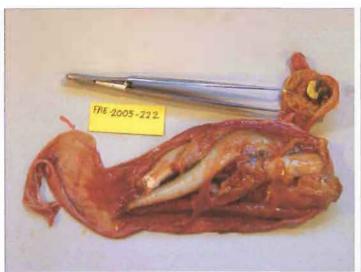
Jan van Franeker, PhD, is a senior scientist at the Ecology department on Texel of the Netherlands Institute for Marine Resources and Ecosystem Studies (IMARES). Van Franeker is a marine biologist and has his main expertise in seabirds and other marine top predators, with a focus on their functioning in polar marine ecosystems, especially the Southern Ocean. Since 1986 is project leader for the Antarctic Research conducted by IMARES. Throughout his career, pollution issues in relation to marine wildlife have been a recurrent phenomenon. In recent years he has guided important projects on monitoring the ingestion rates of litter by seabirds. Formerly a government research institute for the Ministry of Agriculture, Nature and Food Quality, IMARES is now a privatised marine research organisation working under the umbrella of Wageningen University and Research (WUR).













## Fulmars are fools

but because of that they may be

a convenient 'tool' for monitoring:

- numerous, widely distributed, beached birds available
- · consumes all sorts of litter
- · feeds exclusively at sea
- · retains litter in stomach
- integrates pollution levels over its oceanic foraging range

