

## SCIENTIFIC REPORT submitted to EFSA

### Long-term dietary exposure to lead in young children living in different European countries<sup>1</sup>

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### Abstract

Long-term dietary exposure to lead in children aged 1 up to 14 years living in 12 different European countries was estimated using daily food consumption patterns and mean lead concentrations in various food commodities. Food consumption data were all categorised according to a harmonised system to allow for linkage with lead concentration data in a standardised way. Two different models were used for the calculations: the beta-binomial-normal (BBN) model and the observed individual means (OIM) model. For both models the lower bound exposure ranged from 0.4 to 1.7 µg/kg bw per day for median consumers. For 99th percentile consumers however the exposure differed between the two models with a lower bound exposure ranging from 0.7 to 4.1 µg/kg bw per day with the BBN model and 0.9 to 7.9 µg/kg bw per day with the OIM model. Upper bound exposures were on average a factor 1.8 higher for both models. Exposures on a body weight basis were higher in younger compared to older children. To assess the long-term exposure to lead in European children, a model, such as the BBN model, that corrects for the within-person variation is the preferred method to be used. The OIM method results in an overestimation of the percentage of the population exceeding a provisional tolerable weekly intake which is of relevance for risk management decisions.

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## Summary

Long-term dietary exposures to lead in children living in 12 different European countries, namely Belgium, Cyprus, Czech Republic, Denmark, Finland, France, Germany, Greece, Italy, Netherlands, Spain and Sweden were estimated using daily food consumption patterns of children aged 1 up to 14 years derived from national food consumption databases and mean lead concentrations in various food commodities as supplied to EFSA. These concentrations were predominantly derived from 14 European countries. In total more than 100,000 lead concentrations in various food commodities were submitted. After the data cleaning steps, 94,126 sample results were found suitable for use in the exposure assessments.

Long-term dietary exposures were estimated using two models for long-term exposure. For this, daily food consumption patterns were combined with mean lead concentrations, and summed over foods consumed per day per individual. These daily exposure estimates were adjusted for the individual's body weight. In the observed individual means (OIM) approach, these daily exposure levels were averaged over the number of days present in the food consumption database per individual, resulting in a distribution of average exposure levels. This distribution of average exposure levels contains however both the variation between and within individuals. Variation in long-term exposure between individuals was estimated by correcting for the within individual variation using one of the available models for this purpose, the beta-binomial-normal (BBN) model. Food consumption data were all categorised according to a harmonised system to allow for linkage with lead concentration data in a standardized way, as well as the performance of a harmonised dietary exposure assessment to lead.

Using the BBN model, the national long-term exposures to lead from food across the 12 European countries, using lower bound concentrations, ranged from 0.4 to 1.7  $\mu\text{g/kg bw per day}$  for median consumers, and from 0.7 to 4.1  $\mu\text{g/kg bw per day}$  for 99<sup>th</sup> percentile consumers. Using upper bound concentrations, the exposures at the median and 99<sup>th</sup> percentile level were on average a factor 1.8 higher. Exposure levels in younger children were higher compared to older children. The food groups 'vegetables', 'cereals', 'miscellaneous', 'fruit juices', soft drinks/edible ices' and 'milk/dairy drinks' were identified as largely contributing to the long-term dietary exposure to lead.

With the OIM model, the median exposures were comparable to those obtained with the BBN model using lower bound concentrations. For 99<sup>th</sup> percentile consumers however, the exposures tended to be higher using the OIM model and ranged from 0.9 to 7.9  $\mu\text{g/kg bw per day}$ . As with the BBN model, the exposures at the median and 99<sup>th</sup> percentile level were on average a factor 1.8 higher using upper bound concentrations. The food groups contributing largely to the exposure according to the OIM approach were similar to those resulting from the BBN model.

To assess whether there is a health risk of long-term dietary exposure to lead in children, the 99<sup>th</sup> percentile of exposure was compared to the daily equivalent of the provisional tolerable weekly intake (PTWI) of 3.6  $\mu\text{g/kg bw per day}$  for lead. When the 99<sup>th</sup> percentile of long-term exposure exceeded the daily equivalent of the PTWI, the exact percentage of children was estimated. Using the BBN model and lower bound concentrations, we showed that the

percentage of children of which the 99<sup>th</sup> percentile of exposure exceeded the daily equivalent of the PTWI increased with decreasing age. In the lower bound scenario, only 1-, 2- and 3-year olds from Finland, and 1- and 2-year olds from Germany exceeded the daily equivalent of the PTWI. Using upper bound concentrations, 99<sup>th</sup> percentile consumers aged 1 to 10 years exceeded the daily equivalent of the PTWI in the majority of countries. Percentages of exceedances ranged from 1.1 % in 6-year olds from Denmark up to 28 % of the 1-year olds in Finland. High level consumers aged 11 to 14 years did not exceed the daily equivalent of the PTWI in any of the examined countries. Using the OIM model, the percentages of children with exposures above the daily equivalent of the PTWI tended to be higher: about a factor 7 using lower bound concentrations and 1.5 using upper bound concentrations.

To assess the long-term exposure to lead in European children, a model, such as the BBN model, that corrects for the within-person variation is the preferred method to be used. The OIM model only reflects the exposure during the duration of the food consumption survey which is more variable than the true long-term exposure. The OIM method results in an overestimation of the percentage of the population exceeding the daily equivalent of the PTWI which is of relevance for risk management decisions.

Another important advantage of the BBN model is that it can model covariates, such as age. This is important when assessing the exposure in children, because it is known that the exposure decreases with age, as shown for lead in this report. Ignoring the effect of age on the exposure when present may result in imprecise estimates of exposure and thus to wrong conclusions. However, models that correct for the within-person variation can only be used when the condition of normality of the transformed positive daily exposure distribution is met. This should always be checked when using these models to assess the long-term exposure to food chemicals.

Methodological issues of an exposure study linking different national food consumption databases with one “European” lead concentration database were addressed in the discussion.

**Key words: dietary exposure, long-term exposure, children, lead, Europe**

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## Background

In order to carry out their risk assessments, the EFSA Panels on additives, flavourings, processing aids and materials in contact with food (AFC), on contaminants in the food chain (CONTAM), on Biological Hazards (BIOHAZ) and on additives and products or substances used in animal feed (FEEDAP) expressed the need to have reliable and detailed individual food consumption data for children and, in particular, of young children. In addition, a requirement for specific exposure assessment studies was identified in the same population groups. One of these studies should estimate the dietary exposure to lead.

Commission Regulation (EC) No 1881/2006<sup>3</sup> lays down maximum levels for lead in certain foods, but these levels need to be constantly reviewed by the Commission. Therefore, EFSA has recently been asked by the Commission to carry out an up-to-date risk assessment on lead exposure.

## Keywords

Dietary exposure, long-term exposure, children, lead, Europe

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## 1. Introduction

In this report, we describe the long-term exposure to lead in children living in 12 different European countries, namely Belgium, Cyprus, Czech Republic, Denmark, Finland, France, Germany, Greece, Italy, Netherlands, Spain and Sweden. Lead intake can be adverse to human health on the long run (FAO/WHO, 1987, 2000), making a long-term exposure assessment most suitable.

For this exposure assessment food consumption data of children aged 1 up to 14 years were combined with concentration data. To estimate the long-term exposure we used the Monte Carlo Risk Assessment (MCRA) system (de Boer and van der Voet, 2007). In this program, different models to assess long-term dietary exposure to chemicals have been implemented.

In section 2, we describe the input data and the methodology used to assess the long-term dietary exposure to lead. In section 3, the results are described and listed. In the last section, these results are discussed in relation to their methodological limitations.

## 2. Materials and Methods

### 2.1. Lead concentration data

The lead concentration data were supplied to EFSA through the DATEX-2008-0002 call for concentration data on lead covering the period 2003 to 2008, issued by EFSA in April 2008 with a closing date of July 2008. EFSA received 139,113 sample results of which 98 % were supplied by 14 Member States (Austria, Belgium, Czech Republic, Germany, Denmark, Estonia, Spain, Finland, France, Great Britain, Ireland, Poland, Romania and Sweden) and Norway and 2 % by three commercial operators.

Germany was the major contributor providing 44 % of the concentration data followed by France (15 %), Czech Republic (9.7 %) and Romania (9.6 %). Since the last EU-wide data collection on lead was undertaken in 2002 (SCOOP, 2004), it was decided that the new data collection should cover the years 2003 to 2008. Samples from the years prior to 2003 were excluded, as 15,843 samples identified during the data cleaning steps with incomplete or incorrect food type or value unit description or insufficient sensitivity of the analytical method (a limit of detection (LOD) of more than 0.1 mg/kg or a limit of quantification (LOQ) of more than 0.3 mg/kg). A total of 94,126 sample results were correctly described with sufficient detail to be used for the estimation of the mean lead concentrations of the different food groups (see below).

The data were processed by EFSA and categorised in 42 communal food groups (Table 1). Measurements reported as 'below limit of determination (LOD)' or 'below limit of quantification (LOQ)' were imputed by zero (lower bound (LB) calculation) or the limit value itself (upper bound (UB) calculation). See Table 1 for the LB and UB mean lead concentrations per food group. We estimated usual intake based on mean lead concentrations, because lead is known to be toxic after a longer period of ingestion (see section 2.5). It is very unlikely that over a longer period of time any consumer only ingests foods with high lead concentrations. They are more likely to consume foods for which the contamination varies.



**Table 1. Mean lead concentration per food group<sup>(a)</sup> as used in the long-term exposure assessments, following two scenarios of assigning lead concentrations to non-detect samples.**

| Food group |  | Mean lead concentration (mg/kg) <sup>(b)</sup> |             |
|------------|--|--|-------------|
| Nr         | Name   | Lower bound                                    | Upper bound |
| 1          | Composed foods-cereal based mixed dishes and cereal-based desserts                                 | 0.0045   | 0.0283      |
| 2          | Vegetables excl. dried vegetables <sup>(c)</sup>   | 0.0325   | 0.0457      |
| 3          | Nuts/seeds   | 0.0394   | 0.0632      |
| 4          | Coffee/tea in concentrated and in powdered form  | 0.0038   | 0.0061      |
| 5          | Chocolate (products)   | 0.0305   | 0.0406      |
| 6          | Fruit excl. dried fruit <sup>(c)</sup>   | 0.0105   | 0.0228      |
| 7          | Dried fruit  | 0.0350   | 0.0451      |
| 8          | Fresh and dried herbs, spices, seasonings and condiments   | 0.2132   | 0.2253      |
| 9          | Food supplements   | 0.7111   | 0.7271      |
| 10         | Waters   | 0.0015   | 0.0030      |
| 11         | Sugar, sweeteners and sugar products (e.g. sugar based confectionery, chewing gum and decorations) | 0.0266   | 0.0554      |
| 12         | Fats, oils and fat emulsions (also e.g. rice milk (no soy milk))                                   | 0.0292   | 0.0550      |
| 13         | Composed foods: meat based mixed dishes  | 0.0159   | 0.0467      |
| 14         | Composed foods: fish based mixed dishes  | 0.0222   | 0.0431      |
| 15         | Dried vegetables   | 0.3797   | 0.3851      |
| 16         | Pulses/legumes   | 0.0162   | 0.0422      |
| 17         | Soy milk/soy based dessert   | 0.0040   | 0.0075      |
| 18         | Milk/dairy drinks  | 0.0050   | 0.0117      |
| 19         | Cheese   | 0.0176   | 0.0436      |
| 20         | Dairy based products   | 0.0168   | 0.0323      |
| 21         | Salt   | 0.1122   | 0.1776      |
| 22         | Fish   | 0.0146   | 0.0469      |
| 23         | Molluscs   | 0.2068   | 0.2676      |
| 24         | Cephalopods  | 0.0224   | 0.0820      |
| 25         | Crustaceans  | 0.0188   | 0.1216      |
| 26         | Other seafood (echinoderms)  | 0.0786   | 0.1843      |

| Food group |   | Mean lead concentration (mg/kg) <sup>(b)</sup> |             |
|------------|---|--|-------------|
| Nr         | Name  | Lower bound                                    | Upper bound |
| 27         | Beer/malt beverages   | 0.0132   | 0.0321      |
| 28         | Wine/substitutes  | 0.0249   | 0.0340      |
| 29         | Other alcoholic beverages   | 0.0093   | 0.0137      |
| 30         | Fruit juices/nectars <sup>(c)</sup>   | 0.0144   | 0.0250      |
| 31         | Vegetable juices/nectars  | 0.0065   | 0.0177      |
| 32         | Soft drinks/edible ices   | 0.0040   | 0.0403      |
| 33         | Cereals/cereal products (no cereal based desserts or cereal based mixed dishes) <sup>(b)</sup>  | 0.0259   | 0.0444      |
| 34         | Other food for special dietary uses   | 0.0146   | 0.0246      |
| 35         | Infant formulae, follow up formulae, food for young children and infant formulae and follow up formulae for medical purposes <sup>(b)</sup> | 0.0051   | 0.0125      |
| 37         | Miscellaneous foods <sup>(c)</sup>  | 0.1041   | 0.1179      |
| 38         | Liver/kidney  | 0.0782   | 0.1014      |
| 39         | Offal except liver/kidney   | 0.0119   | 0.0528      |
| 40         | Types of vegetarian substitutes for meat/fish   | 0.0128   | 0.0162      |
| 41         | Fresh meat  | 0.0176   | 0.0364      |
| 42         | Processed meat  | 0.0178   | 0.0416      |
| 45         | Eggs  | 0.0052   | 0.0252      |

<sup>(a)</sup> No information was available about the years in which the foods categorised in the food groups were sampled.

<sup>(b)</sup> Samples with a lead concentration below limit of detection or quantification were assigned either a zero concentration (lower bound) or a concentration equal to the limit of detection or quantification (upper bound).

<sup>(c)</sup> These food groups have been renamed in Tables 4, 6, 9 and 10: nr 2 = vegetables; nr 6 = fruit; nr 30 = fruit juices; nr 33 = cereals; nr 35 = infant formulae; nr 37 = miscellaneous.



No information was available regarding the composition of the 42 communal food groups in relation to the foods analysed. This issue will therefore not be addressed here, although it is important for a correct interpretation of the lead exposure results.

## **2.2. National food consumption surveys**

All national food consumption databases included in the lead dietary exposure assessments are described shortly below (see also Table 2). In this description, only children up to the age of 14 years are included in the analyses. Some surveys included dietary consumption figures up to the age of 15 years.

In all surveys, also non-dietary information of the children was obtained, including sex, age and body weight. When age or sex was missing the subject was excluded from the database. When weight was missing, it was replaced by the average estimated in the same group (defined by age, sex and country).

### **2.2.1. Belgium**

For Belgium, food consumption data of preschool children living in Flanders (Dutch-speaking part of Belgium) were collected in 2002-2003 (Huybrechts et al., 2008). A representative sample of Flemish children aged 2.5 to 6.5 years were selected on the basis of a random cluster sampling strategy. In this study, eating habits were recorded of 661 children using a consecutive 3-day estimated dietary record. Caretakers were asked to estimate the portion sizes as accurate as possible: in standard units (e.g. one apple), in household measures (e.g. a small glass, half a plate) or, if possible, in the exact weight or volume (g or ml).

The survey was carried out from October 2002 until February 2003 (so data did not cover spring and summer). The research team ensured that all days of the week were approximately equally covered in the dietary records.

### **2.2.2. Cyprus**

In Cyprus, a national study evaluating the frequency of eating disorder cases (Cyprus Study on eating disorders among High School students<sup>5</sup>) has been conducted since 2002 up to today. Between 2002 and 2006, food consumption data were collected of 1500 children, aged 2 to 18 years. Of this database, only the records of 268 students aged 11 to 14 years were used in the assessment, because these data were collected using a 3-day estimated dietary record. The food consumption data of the younger children were collected using a 1-day estimated dietary record. These data are therefore not suitable to assess the long-term dietary exposure. The children aged 15 to 18 years were excluded because they did not belong to the target population.

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<sup>5</sup> [www.childhealth.ac.cy/ResearchGr.htm](http://www.childhealth.ac.cy/ResearchGr.htm)

**Table 2. Information on the food consumption data per country used to model long-term dietary exposure to lead**

| Country        | Year of survey | Representativeness | Ages (year) <sup>a</sup> | Number of individuals |           |            |             | Number of days / consecutive (yes or no) | Dietary survey method |
|----------------|----------------|--------------------|--------------------------|-----------------------|-----------|------------|-------------|--|-----------------------|
|                |                |                    |                          | Total                 | 1-2 years | 3-10 years | 11-14 years |  |                       |
| Belgium        | 2002-2003      | Regional           | 2-6                      | 661                   | 36        | 625        | -           | 3 days / Yes                             | Dietary record        |
| Cyprus         | 2002-2006      | National           | 11-14                    | 268                   | -         | -          | 268         | 3 days / Yes                             | Dietary record        |
| Czech Republic | 2003-2004      | National           | 4-14                     | 602                   | -         | 493        | 109         | 2 days / No                              | 24-h recall           |
| Denmark        | 2000-2002      | National           | 4-10                     | 610                   | -         | 610        | -           | 7 days / Yes                             | Dietary record        |
| Finland-DIPP   | 2005           | Regional           | 1, 3, 6                  | 1,500                 | 500       | 1,000      | -           | 3 days / Yes                             | Dietary record        |
| Finland-STRIP  | 2000           | Regional           | 7-8                      | 250                   | -         | 250        | -           | 4 days / Yes                             | Dietary record        |
| France         | 2005-2007      | Regional           | 3-10                     | 574                   | -         | 574        | -           | 7 days / Yes                             | Dietary record        |
| Germany        | 2006           | Regional           | 1-10                     | 303                   | 92        | 211        | -           | 3 days / Yes                             | Dietary record        |
| Germany        | 2007           | Regional           | 1-10                     | 311                   | 85        | 226        | -           | 3 days / Yes                             | Dietary record        |
| Germany        | 2008           | National           | 1-10                     | 307                   | 84        | 223        | -           | 3 days / Yes                             | Dietary record        |
| Greece         | 2004-2005      | Regional           | 4-6                      | 795                   | -         | 795        | -           | 3 days / Yes                             | Dietary record        |
| Italy          | 2005-2006      | National           | 1-10                     | 252                   | 36        | 189        | -           | 3 days / Yes                             | Dietary record        |
| Netherlands    | 2005-2006      | National           | 2-6                      | 1,279                 | 322       | 957        | -           | 2 days / No                              | Dietary record        |
| Spain-Basque   | 2004-2005      | Regional           | 4-14                     | 760                   | -         | 462        | 298         | 2 days / No                              | 24-h recall           |
| Spain-enKid    | 1998-2000      | National           | 1-14                     | 382                   | 17        | 178        | 187         | 2 days / No                              | 24-h recall           |
| Sweden         | 2003           | National           | 3-13                     | 2,298                 | -         | 1,379      | 919         | 4 days / Yes                             | Dietary record        |

<sup>(a)</sup> Upper age of the range is included in the selection.

The three days covered per student two weekdays and one weekend day. Most, but not all, dietary records were collected during consecutive days. Amounts consumed were estimated using food package sizes and household measures (e.g. cups and spoons). The food consumption database covered all seasons of the year as well as all days of the week, excluding national holidays (schools closed). Due to the small number of records included in the long-term exposure assessment to lead, the sample cannot be considered nationally representative.

### **2.2.3. Czech Republic**

In Czech Republic, a food consumption survey (SISP04) was conducted between November 2003 and 2004 covering a 1-year period (Ruprich et al., 2006). In this study, eating habits were recorded of 602 children aged 4 to 14 years using two non-consecutive 24-h recalls. The repeated recall was within a period of 1 to 6 months after the first recall and addressed another day of the week. Amounts consumed were estimated using either photographs of portions for the most frequently consumed meals, or measuring guides, such as spoons and cups.

The food consumption database covered evenly all seasons of the year as well as all days of the week, excluding holidays and festive periods due to divergent food habits during those periods (in total 13 days per year).

### **2.2.4. Denmark**

For Denmark food consumption levels derived from the National Food Consumption Survey conducted in 2000-2002 were used (Lyhne et al., 2005). In this survey, the food consumption was recorded of 610 persons aged 4 to 10 years using a consecutive 7-day estimated dietary record. Amounts consumed were estimated using photographs of portion sizes or household measures (e.g. cups and spoons).

### **2.2.5. Finland**

Finnish food consumption data were derived from two studies in children: the DIPP (The Finnish Type I Diabetes Prediction and Prevention) study (Räsänen et al., 2006) and the STRIP (Special Turku Coronary Risk Factor Intervention Project) study (Simell et al., 2009). The DIPP study is an ongoing cohort study that was established to predict type I diabetes. Families with genetically susceptible babies were invited to participate in the study. The data consisted of food consumption data of 1,500 children in Southern Finland (Tampere region), aged 1, 3 or 6 years. Caretakers recorded the child's food consumption levels using a 3-day estimated dietary record that included one weekend day. Therefore, most, but not all, dietary records were collected during consecutive days. Amounts consumed were estimated using a portion size picture booklet, domestic measures or in grams or litres. The data were collected all year round, covering all seasons.

The STRIP study is a cross-sectional follow-up study. This data consists of 250 children from South-western Finland (Turku area), aged 7 to 8 years. Food consumption was estimated using a consecutive 4-day estimated dietary record which included at least one weekend day. Amounts consumed were estimated using a portion size picture booklet, domestic measures or

in grams or litres. The records were evenly distributed throughout the year, and covered all seasons.

#### **2.2.6. France**

The French food consumption data were derived from the second French Individual National Food Consumption Survey (INCA 2) conducted between December 2005 and April 2007 (AFSSA, 2009). In this study, food consumption data of 574 children aged 3 to 10 years were collected using a consecutive 7-day estimated dietary record. Amounts consumed were estimated using either a validated photographic booklet (Le Moullec et al., 1996), or using quantity or volume per unit of food consumed in discrete amounts, or household measures, such as spoons and cups.

At group level, all days of the week were equally represented. The seasons of the year were all covered with an over-representation of winter (36.5 %) and an under-representation of spring (17.2 %).

#### **2.2.7. Germany**

Food consumption data of Germany were derived from the DONALD (Dortmund Nutritional and Anthropometric Longitudinally Designed) study, which is an ongoing, longitudinal (open cohort) study. In this study, detailed data are collected on diet, growth, development and metabolism between 3 months and 18 years of age from 1985 onwards (Kroke et al., 2004). The same individuals are followed during the years until the age of 18. Every year new subjects aged 1 are included in the study, so that the age range covered by the project is constant over time.

For the present evaluation, dietary records of subjects aged 1 to 10 years in the study period of 2006 (303 subjects), 2007 (311 subjects) and 2008 (307 subjects) were used. These years covered the three most recent years for which data were available, and included more or less the same individuals. On average, about 15 % of the children included in the survey was newly recruited per year. Presently, no model is available to assess the long-term exposure based on longitudinal data, in which dietary records from the same subjects are collected on a yearly basis. We therefore assessed the exposure for each of the years separately.

A consecutive 3-day weighed dietary record was used to collect information on food consumption per child. Semi quantitative recording was allowed when weighing was not possible. The food consumption survey covered all seasons of the year and all days of the week. However, weekdays and weekend days were proportionally distributed in the sample (Sichert-Hellert and Kersting, 2004). Special days like holiday or travelling were included in the survey.

#### **2.2.8. Greece**

The food consumption data in Greece (Crete) were collected using convenience sampling of all state nursery schools in one of the four prefectures on the island. The survey was undertaken in two phases: February to July 2004 and April to July 2005 (Linardakis et al., 2008). Food consumption was recorded using a consecutive 3-day dietary record with amounts being noted either in grams/litres or as household measures such as tablespoons,

teaspoons, slices of bread, etc. Of the 1,988 children for whom parental consent was provided (77 % of the 2,630 children enrolled at nursery school), 850 returned the dietary records. Of these, information was provided for all three days for 795 children. The children were aged from 4 to 6 years.

The food consumption survey covered the seasons spring and summer and all days of the week. The three days covered per child included one weekend day.

### **2.2.9. Italy**

For Italy food consumption data collected by the Italian National Research Institute on Food and Nutrition (INRAN) during the period of 2005-2006 was used. In this survey, named INRAN-SCAI 2005-06 (Leclercq et al., 2009), information on food consumption was collected of 1,329 households randomly selected. The individual food consumption levels were quantified using a consecutive 3-day dietary record. Amounts consumed were estimated using a photographic booklet. Food consumption data were collected of 252 children aged 1 to 10 years out of in total 3,323 subjects.

The survey was planned in order to capture a proportional number of weekdays and weekend day and seasonal variations. Christmas, Easter and August periods were left out (like holidays) due to divergent eating habits.

### **2.2.10. Netherlands**

The food consumption data from the Netherlands was that of the Dutch National Food Consumption Survey-Young Children 2005/2006 (Ocké et al., 2008). In this survey, the food consumption was recorded on two non-consecutive days (separated by 8 to 13 days) of 1,279 children aged 2 to 6 years using an estimated pre-structured dietary record. Amounts consumed were estimated as accurate as possible: using photographs, in household measures or, if possible, in exact weight or volume (g or ml).

At group level, all days of the week were equally represented (Ocké et al., 2008). The seasons of the year were all covered with a slight overrepresentation of winter and autumn (54 %) compared to summer and spring (46 %). Special days, such as holiday, travelling day or illness, were included in the survey, and identified as such.

### **2.2.11. Spain**

Spanish food consumption data were derived from two studies: the Nutrition Survey of Basque population (Larrañaga Larrañaga et al., 2006) and the enKid study (Serra-Majem et al., 2001).

The Nutrition Survey of Basque population study was conducted in the Basque Country and covered individuals aged 4 to 18 years. The study took place between March 2004 and February 2005. The information on food consumption was recorded of 760 children aged 4 to 14 years, using a computerised 24-h recall, in a personal interview. For children aged below 12 years the interview was compiled with their caretaker (or tutor). Amounts consumed were estimated using a picture book, household measures, portions, standard units, and weight or volume (g or ml).

Food consumption was recorded during two non-consecutive days, leaving an interval of 7 to 10 days, seven days a week and covered the whole year, including all four seasons. Children that under- or over-reported their energy intake according to the equations proposed by Goldberg et al. (1991) were excluded.

The second Spanish study, the enKid study (Serra-Majem et al., 2001), was a cross sectional survey conducted in a representative sample of the Spanish population aged 2 to 24 years. The study was conducted between May 1998 and April 2000. Food consumption data was obtained using one 24-h recall (and a repeated recall within 15 to 30 days after the first recall, covering another day of the week, in 25 % of the individuals). The 24-h recalls were administered throughout the whole year, covered all seasons and days of the week. Non ordinary days such as holidays or illness were registered. Volumes and portions sizes were estimated using household measures found in the subject's own homes by previously trained dieticians.

For children aged 6 to 13 years, the interviews were answered by the children themselves, with support from the caretaker responsible for his/her feeding. In the present study, data from children aged 1 to 14 years with two 24-h recalls (n=382) were used.

### **2.2.12. Sweden**

In 2003, a nationwide food consumption survey was conducted among children aged 3 to 4 and 7 to 13 years in Sweden (Enghardt-Barbieri et al., 2006.). The selection of children was made from a stratified sample of municipalities representative of Sweden. Non-school children were randomly sampled from a register of households with 3 to 4 year old children, and school children on the basis of school classes. Data were collected during spring (May-June) and autumn (October-November), using an open, estimated consecutive 4-d dietary record. Complete food consumption data were available for 2,495 children. Amounts consumed were estimated using photographs of portions sizes and with household measures (glasses, plates, spoons, etc.), standard units (e.g., one banana), or in weight or volume (g or ml).

At group level, all days of the week were equally represented. Possible holidays or other special days (days of illness, travelling days, etc.) were included and not identified as such. Children with missing information on age or body weight were excluded from the database, leaving 2,298 children available for the lead dietary exposure assessments.

### **2.3. Linkage food consumption and lead concentration data**

All foods present in the national/regional food consumption databases of the participating countries were categorised according to a harmonised system to allow for linkage with lead concentration data in a standardized way. This has been described in detail in the manual of De Neve (2009) (freely available on request). The food categorisation system used was based on that described in the SCOOP Task report Task 3.2.11 (SCOOP, 2004). In short, all foods recorded in the different national/regional food consumption databases were assigned to one of 17 main food groups, and subsequently to corresponding sub food groups depending on the information available or needed on the food. For example main food group 'dairy products and analogues' consisted of many sub food groups including 'cheese', 'butter milk',



‘condensed milk’, ‘dairy-based deserts’, etc. The categorisation of all foods in these food groups was closely supervised by Ghent University, Belgium, ensuring that this was performed in a standardized way by all countries.

Lead concentration data were supplied to EFSA according to a food classification system derived from the EFSA Concise Food Consumption Database<sup>6</sup> including a number of ‘communal food groups’. Since the reclassification of the lead concentration data was not considered possible, the food consumption data were also classified according to these food groups to allow for the linkage between consumption and concentration data.

In order to link the previous defined food categories to the communal food groups for which mean lead concentration data were provided by EFSA (Table 1), the different main and sub food groups were linked to the most obvious EFSA food group (Appendix A). This reclassification was performed in close cooperation with EFSA.

For a complete overview of consumption levels per food group for all participating countries and relevant age groups, see Appendix B. Note that not all countries had consumption levels on all food groups. Mostly that was due to non-consumption of foods belonging to these groups. An exception was the food group ‘food supplements’. For example, in Belgium, Czech Republic, France, Netherlands and Spain (both studies), no food consumption data were included on food supplements in the national food consumption surveys used in this study.

## **2.4. Modelling of long-term dietary exposure to lead**

### **2.4.1. Methodology**

The long-term dietary exposure was calculated using the ‘Monte Carlo risk assessment’ programme (MCRA), Release 6.2, available for registered users at the RIKILT website (de Boer and van der Voet, 2007)<sup>7</sup>. For the estimation of the long-term exposure, daily consumption patterns (e.g., 2,558 measurements, 2 days  $\times$  1,279 Dutch children) were multiplied with the food group-specific LB and UB mean lead concentration, and summed over foods consumed per day per individual. In this way, the whole diet was addressed when assessing the exposure to lead. The estimated exposures were adjusted for the individuals’ body weight.

A distribution of daily lead exposures, calculated as described above using mean concentrations per food group and summing up the exposure over foods, includes both the variation between individuals and between days within individuals. However, to assess the long-term intake within a population only the former type of variation is of interest, since in the long run the intake between different days of one individual will level out. Therefore, to calculate a long-term dietary exposure distribution, the distribution of daily exposures should first be corrected for the within-person (between days) variation using statistical models. In this report, the betabinomial-normal (BBN) model (de Boer and van der Voet, 2007; Slob, 2006) was used for this.

<sup>6</sup> [www.efsa.europa.eu/EFSA/ScientificPanels/DATEX/efsa\\_locale-1178620753812\\_ConciseEuropeanConsumptionDatabase.htm](http://www.efsa.europa.eu/EFSA/ScientificPanels/DATEX/efsa_locale-1178620753812_ConciseEuropeanConsumptionDatabase.htm)

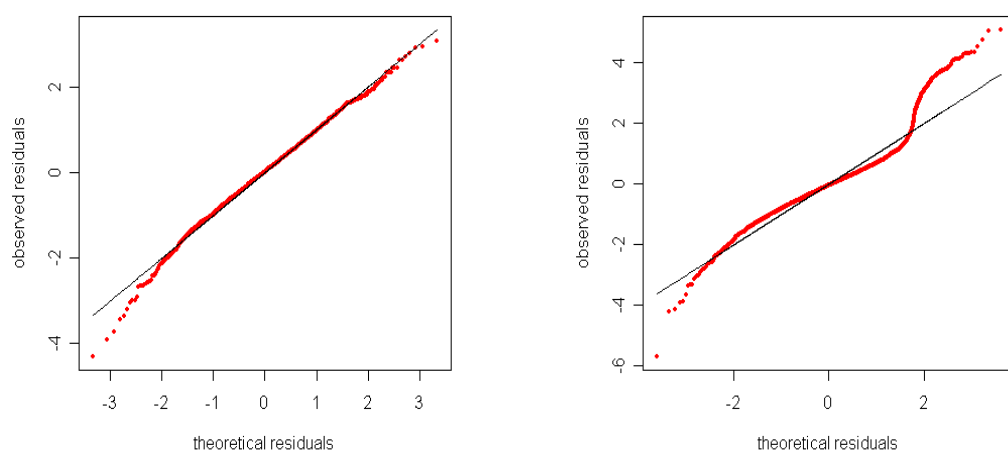
<sup>7</sup> For the settings used within MCRA to perform the long-term exposure calculations see Appendix B.



Shortly, the BBN model refers to a betabinomial (BB) distribution used for modelling exposure frequencies and a normal (N) distribution used for modelling positive exposures on a suitably chosen transformed scale. Exposure frequency modelling concerns the number of days for which an exposure is recorded. This number of days is assumed to have a binomial distribution, with a binomial index equal to the total observed number of days, and as parameter the probability of exposure, which may itself vary between individual persons. In the current application it was observed that all children had a positive expected lead intake on all days (combining mean lead concentrations with actual consumptions aggregated over food groups). Therefore, the modelling of exposure frequencies was trivial in this case, they were always estimated at 100 %.

Modelling of positive exposures concerns the amount ingested of the substance on the days that exposure to contaminated foods takes place. The exposure for an individual on a specific day is assumed to have an approximate normal distribution after a suitable data transformation. In this report the natural logarithmic transformation was used. Variation between and within persons is estimated by analysing the transformed positive exposures with a linear random effects model, assuming that within-person variances are homogeneous (only one variance component for day-to-day variation is estimated). The models for the exposure frequencies and the transformed positive exposures can be extended with covariates, for example sex and/or age. After correction for the within-person variation, the logarithmically transformed positive exposure distribution is back-transformed and combined with the exposure frequency to estimate the long-term exposure distribution. This is achieved by sampling a large number of times from both the exposure frequency and the back-transformed positive exposure distribution (Monte Carlo integration). The BBN model assumes that the probability of exposure is unrelated to the individual's exposure level. For more details, see de Boer et al. (2009).

The transformation of the positive daily exposure distribution into a normal distribution, which is in our application of BBN performed using a logarithmic transformation, is an important prerequisite to use standard statistical models for estimating long-term exposure. To study whether the normality assumption was reasonable, we checked the normality of the logarithmically positive daily exposure distribution using the normal quantile-quantile (q-q) plot, a graphical display of residuals. This graphical method was found preferable to the use of formal lack-of-normality significance tests by de Boer et al. (2009). These authors concluded that with only slight deviations from normality and with large sample sizes (as we often have) formal tests easily give significant results. Testing normality is then like asking a question one already knows the answer to. Therefore, their proposal is to use graphical methods to investigate the seriousness of the non-normality of the data. In Figure 1, we have plotted two examples in which the residuals of two logarithmically transformed positive daily exposure distributions are shown. In the left panel, the residuals (in red) follow approximately a straight line (with the exception of the left tail) showing the logarithmically transformed positive daily exposure distribution can be considered reasonably normal (at least in the right tail), while in the right panel the residuals markedly deviate from the straight line. In that case the assumption of normality seems unreasonable. We also investigated the use of a power transformation as is also available in the BBN method (de Boer et al. 2009), but found that this did not provide a solution for those cases where the logarithmic transformation was insufficient to achieve normality (results not shown).



**Figure 1. Two examples of the q-q-plot of residuals for the lead exposure after logarithmic transformation of the positive daily exposure distribution using the BBN (betabinomial-normal) model. Left panel: points lie on or close to the diagonal except in the left-hand tail. Right panel: points deviate considerably from the diagonal.**

No models are presently available to estimate the long-term exposure based on transformed positive daily exposure distributions that are not approximately normally distributed. Because this was true for some countries, we also calculated the long-term exposure using a simpler approach: averaging all daily exposures per individual, and the resulting distribution of observed individual means (OIM) is interpreted as the long-term exposure distribution. However, the observed individual means are more variable than the true long-term exposures unless there are many measured days per individual (which is typically not the case). Consequently, high percentiles in the OIM distribution are expected to be conservative.

The reported percentiles of the long-term exposure distribution are the 50<sup>th</sup>, 95<sup>th</sup> and 99<sup>th</sup> (P50, P95 and P99, respectively). These percentiles were reported for ages 1 up to 14 years for all countries, according to the ages present in the country-specific databases, as shown in Table 2.

#### 2.4.2. Age dependency of exposure

The age range covered in the different national food consumption surveys differed (Table 2). Since, in general, the dietary exposure of children is expected to be higher at lower ages (due to a higher amount of food consumed per kg body weight), we calculated exposure estimates as a function of age using the BBN model (de Boer et al., 2009). The long-term exposure was therefore reported per age and compared between countries at that level. Within the BBN model exposure frequency and positive exposures are modelled separately and afterwards combined to estimate the long-term exposure distribution (section 2.4.1). Both exposure frequency and positive exposures can be modelled as a function of age. However, the exposure frequency of lead was not modelled as a function of age because a preliminary analysis showed that the exposure frequency of lead was always 100 % and therefore independent of age (all children had an expected exposure to lead on all days). For each

national food consumption database included in the project, age dependency of positive exposures was included in the model when it was found statistically significant at  $p = 0.05$ .

With the OIM approach, the exposure cannot be modelled as a function of age. We therefore calculated the exposure separately for the data corresponding to three age groups: 1 to 2, 3 to 10 and 11 to 14 years. It should be noted that the different dietary surveys do not all cover these age groups (Table 2). For example, the age group 3 to 10 years only included the ages 4 to 6 years for Greece and 3 to 6 years for Belgium and the Netherlands, and only Belgium, Finland, Germany, Italy, Netherlands and Spain (enKid study) have data on consumption levels in the age group 1 to 2 years. The number of individuals per age group differed also between and within countries. For example, for Belgium 36 of the 661 children belong to the age group 1 to 2 years, all the rest to the group 3 to 10 years.

### **2.4.3. Contribution of food groups to the total long-term exposure**

Apart from exposure percentiles, the relative contribution of the food groups to the total long-term exposure distribution was calculated, per survey, using both the BBN and OIM method. For this, we divided the children in two age groups: the age groups 1 to 10 and 11 to 14 years. We did not divide the 1 to 10 year group in 1 to 2 and 3 to 10 years consistent with the OIM approach, due to the limited number of children in the 1 to 2 year group. Contributions calculated with the OIM model were reported for the three age groups.

We report the three food groups contributing most to the long-term exposure to lead. This included in all cases all food groups that contributed more than 10 % to the total long-term exposure.

## **2.5. Risk characterisation of the long-term exposure**

To assess whether there is a health risk of long-term dietary exposure to lead in children the 99<sup>th</sup> percentile of exposure was compared with the provisional tolerable weekly intake (PTWI) of lead. The Joint FAO/WHO Expert Committee on Food Additives (JECFA) has established a PTWI for lead in 1987 (FAO/WHO, 1987). It is set to 25 µg/kg bw/week for infants and children (equivalent to 3.6 µg/kg bw per day) on the basis that lead is accumulating in the body and an increase of the body burden of lead should be avoided. In 1993 and 2000, the JECFA reconfirmed this PTWI and extended it to all age groups (FAO/WHO, 2000). When the 99<sup>th</sup> percentile of lead exposure exceeded the daily equivalent of the PTWI of lead, the estimated percentage of children exceeding this toxicological reference value was reported.

## **3. RESULTS**

### **3.1. Long-term dietary exposure to lead using the BBN approach**

#### **3.1.1. Long-term exposure for age range of 1 to 10 years of age**

In Table 3, the estimated long-term dietary exposure to lead in children covering the age 1 to 10 years in the different countries is listed for the LB and UB concentration scenarios. These exposure results were calculated using the BBN approach. As expected, exposure to lead was

a function of age with highest exposures in the youngest children. Only in the Finnish STRIP - study no significant effect of age on long-term lead exposure was observed due to the limited number of ages included in this study (7 and 8 years). In the LB concentration scenario, the 99<sup>th</sup> percentile of exposure ranged from 1.2 µg/kg bw per day in 10-year olds from Sweden to 4.1 µg/kg bw per day in 1-year olds from Finland (DIPP-study). The 99<sup>th</sup> percentile of exposure in the UB concentration scenario was on average about a factor 1.9 higher than in the LB concentration scenario,

**Table 3. Percentiles of long-term dietary exposure to lead in children aged 1 to 10 years living in different European countries, following two scenarios of assigning lead concentrations to non-detect samples (LB: lower bound; UB: upper bound). Exposures were calculated using the statistical model BBN<sup>(a)</sup> and a logarithmic data transformation.**

| Country                        | Age (years) and exposure (µg/kg bw per day) |     |     |     |     |     |     |     |     |     |                         |     |     |     |     |     |     |     |     |     |
|--------------------------------|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|                                | Using LB concentrations                     |     |     |     |     |     |     |     |     |     | Using UB concentrations |     |     |     |     |     |     |     |     |     |
|                                | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 1                       | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  |
| <b>P50 of exposure</b>         |   |     |     |     |     |     |     |     |     |     |                         |     |     |     |     |     |     |     |     |     |
| Belgium                        |   | 1.7 | 1.6 | 1.4 | 1.3 | 1.2 |     |     |     |     |                         | 3.1 | 2.9 | 2.6 | 2.4 | 2.2 |     |     |     |     |
| Czech Republic                 |   |     |     | 1.1 | 1.1 | 1.0 | 0.9 | 0.8 | 0.8 | 0.7 |                         |     |     | 2.2 | 2.0 | 1.9 | 1.8 | 1.7 | 1.6 | 1.5 |
| Denmark <sup>(b)</sup>         |   |     |     | 1.2 | 1.1 | 1.1 | 1.0 | 0.9 | 0.8 | 0.7 |                         |     |     | 2.2 | 2.2 | 2.1 | 2.0 | 1.8 | 1.6 | 1.5 |
| Finland-DIPP <sup>(b,c)</sup>  | 1.6   | 1.5 | 1.5 | 1.4 | 1.3 | 1.3 |     |     |     |     | 2.9                     | 2.8 | 2.7 | 2.6 | 2.5 | 2.4 |     |     |     |     |
| Finland-STRIP <sup>(b,d)</sup> |   |     |     |     |     |     | 1.0 | 1.0 |     |     |                         |     |     |     |     |     | 2.0 | 2.0 |     |     |
| France                         |   |     | 1.3 | 1.2 | 1.1 | 1.1 | 1.0 | 0.9 | 0.9 | 0.8 |                         |     | 2.4 | 2.3 | 2.1 | 2.0 | 1.8 | 1.7 | 1.6 | 1.5 |
| Germany-2008 <sup>(b)</sup>    | 1.3   | 1.4 | 1.1 | 1.0 | 0.9 | 0.9 | 0.8 | 0.8 | 0.7 | 0.7 | 2.6                     | 2.6 | 2.1 | 1.8 | 1.7 | 1.7 | 1.6 | 1.5 | 1.5 | 1.4 |
| Germany-2007 <sup>(b)</sup>    | 1.3   | 1.2 | 1.1 | 1.0 | 1.0 | 0.9 | 0.8 | 0.8 | 0.7 | 0.7 | 2.5                     | 2.3 | 2.2 | 2.0 | 1.9 | 1.8 | 1.7 | 1.6 | 1.5 | 1.4 |
| Germany-2006 <sup>(b)</sup>    | 1.3   | 1.2 | 1.1 | 1.0 | 1.0 | 0.9 | 0.8 | 0.8 | 0.7 | 0.7 | 2.4                     | 2.3 | 2.1 | 2.0 | 1.9 | 1.7 | 1.6 | 1.5 | 1.4 | 1.4 |
| Greece <sup>(b)</sup>          |   |     |     | 0.9 | 0.9 | 0.8 |     |     |     |     |                         |     |     | 1.7 | 1.6 | 1.5 |     |     |     |     |
| Italy                          | 1.3   | 1.2 | 1.1 | 1.1 | 1.0 | 0.9 | 0.9 | 0.8 | 0.8 | 0.7 | 2.4                     | 2.2 | 2.1 | 2.0 | 1.8 | 1.7 | 1.6 | 1.5 | 1.4 | 1.3 |
| Netherlands <sup>(e)</sup>     |   | 1.3 | 1.2 | 1.1 | 1.1 | 1.0 |     |     |     |     |                         | 2.5 | 2.4 | 2.2 | 2.1 | 2.0 |     |     |     |     |
| Spain-Basque                   |   |     |     | 1.3 | 1.2 | 1.1 | 1.0 | 0.9 | 0.8 | 0.8 |                         |     |     | 2.3 | 2.1 | 2.0 | 1.8 | 1.6 | 1.5 | 1.4 |
| Spain-enKid                    | 1.5   | 1.4 | 1.3 | 1.2 | 1.1 | 1.0 | 0.9 | 0.8 | 0.7 | 0.7 | 3.0                     | 2.7 | 2.5 | 2.3 | 2.1 | 1.9 | 1.7 | 1.6 | 1.4 | 1.3 |
| Sweden <sup>(f)</sup>          |   |     | 1.3 | 1.2 | 1.2 | 1.1 | 1.0 | 0.9 | 0.8 | 0.6 |                         |     | 2.8 | 2.6 | 2.4 | 2.2 | 2.0 | 1.8 | 1.7 | 1.3 |
| <b>P95 of exposure</b>         |   |     |     |     |     |     |     |     |     |     |                         |     |     |     |     |     |     |     |     |     |
| Belgium                        |   | 2.7 | 2.5 | 2.3 | 2.1 | 1.9 |     |     |     |     |                         | 4.7 | 4.3 | 4.0 | 3.7 | 3.4 |     |     |     |     |
| Czech Republic                 |   |     |     | 1.8 | 1.6 | 1.5 | 1.4 | 1.3 | 1.2 | 1.1 |                         |     |     | 3.5 | 3.3 | 3.1 | 3.0 | 2.8 | 2.6 | 2.5 |
| Denmark <sup>(b)</sup>         |   |     |     | 1.8 | 1.7 | 1.6 | 1.5 | 1.4 | 1.2 | 1.1 |                         |     |     | 3.3 | 3.2 | 3.1 | 2.9 | 2.7 | 2.4 | 2.2 |
| Finland-DIPP <sup>(b,c)</sup>  | 3.1   | 3.0 | 2.8 | 2.7 | 2.5 | 2.4 |     |     |     |     | 5.5                     | 5.4 | 5.2 | 5.0 | 4.9 | 4.7 |     |     |     |     |
| Finland-STRIP <sup>(b)</sup>   |   |     |     |     |     |     | 1.5 | 1.5 |     |     |                         |     |     |     |     |     | 2.7 | 2.7 |     |     |
| France                         |   |     | 2.2 | 2.1 | 1.9 | 1.8 | 1.7 | 1.6 | 1.5 | 1.4 |                         |     | 3.9 | 3.6 | 3.4 | 3.2 | 3.0 | 2.8 | 2.6 | 2.4 |
| Germany-2008 <sup>(b)</sup>    | 2.7   | 2.8 | 2.3 | 2.0 | 1.8 | 1.7 | 1.6 | 1.5 | 1.5 | 1.4 | 5.2                     | 5.2 | 4.3 | 3.7 | 3.5 | 3.4 | 3.2 | 3.1 | 2.9 | 2.8 |
| Germany-2007 <sup>(b)</sup>    | 2.9   | 2.7 | 2.5 | 2.3 | 2.1 | 2.0 | 1.8 | 1.7 | 1.6 | 1.4 | 5.4                     | 5.1 | 4.8 | 4.4 | 4.2 | 3.9 | 3.6 | 3.4 | 3.2 | 3.0 |
| Germany-2006 <sup>(b)</sup>    | 2.6   | 2.4 | 2.2 | 2.1 | 1.9 | 1.8 | 1.7 | 1.5 | 1.5 | 1.3 | 4.9                     | 4.6 | 4.3 | 4.1 | 3.8 | 3.6 | 3.3 | 3.1 | 3.0 | 2.8 |
| Greece <sup>(b)</sup>          |   |     |     | 1.5 | 1.4 | 1.3 |     |     |     |     |                         |     |     | 2.7 | 2.5 | 2.4 |     |     |     |     |

| Country                        | Age (years) and exposure (µg/kg bw per day) |     |     |     |     |     |     |     |     |     |                         |     |     |     |     |     |     |     |     |     |
|--------------------------------|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|                                | Using LB concentrations                     |     |     |     |     |     |     |     |     |     | Using UB concentrations |     |     |     |     |     |     |     |     |     |
|                                | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 1                       | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  |
| Italy                          | 2.1   | 2.0 | 1.8 | 1.7 | 1.6 | 1.5 | 1.4 | 1.4 | 1.3 | 1.2 | 3.8                     | 3.6 | 3.4 | 3.2 | 3.0 | 2.8 | 2.6 | 2.4 | 2.3 | 2.1 |
| Netherlands <sup>(d)</sup>     |   | 1.8 | 1.7 | 1.6 | 1.5 | 1.4 |     |     |     |     |                         | 3.6 | 3.4 | 3.2 | 3.0 | 2.8 |     |     |     |     |
| Spain-Basque                   |   |     |     | 1.8 | 1.7 | 1.5 | 1.4 | 1.3 | 1.2 | 1.1 |                         |     |     | 3.1 | 2.8 | 2.6 | 2.4 | 2.2 | 2.0 | 1.9 |
| Spain-enKid                    | 2.4   | 2.2 | 2.0 | 1.8 | 1.7 | 1.5 | 1.4 | 1.3 | 1.1 | 1.0 | 4.5                     | 4.1 | 3.8 | 3.4 | 3.1 | 2.9 | 2.6 | 2.4 | 2.2 | 2.0 |
| Sweden <sup>(e)</sup>          |   |     | 1.9 | 1.9 | 1.7 | 1.6 | 1.5 | 1.4 | 1.3 | 1.0 |                         |     | 4.1 | 3.9 | 3.6 | 3.3 | 3.0 | 2.8 | 2.6 | 2.0 |
| <b>P99 of exposure</b>         |   |     |     |     |     |     |     |     |     |     |                         |     |     |     |     |     |     |     |     |     |
| Belgium                        |   | 3.2 | 3.0 | 2.7 | 2.5 | 2.3 |     |     |     |     |                         | 5.7 | 5.2 | 4.8 | 4.3 | 4.0 |     |     |     |     |
| Czech Republic                 |   |     |     | 2.1 | 2.0 | 1.8 | 1.7 | 1.6 | 1.5 | 1.4 |                         |     |     | 4.3 | 4.1 | 3.8 | 3.6 | 3.4 | 3.2 | 3.0 |
| Denmark <sup>(b)</sup>         |   |     |     | 2.1 | 2.0 | 1.9 | 1.8 | 1.6 | 1.5 | 1.3 |                         |     |     | 3.9 | 3.8 | 3.6 | 3.4 | 3.2 | 2.9 | 2.6 |
| Finland-DIPP <sup>(b,c)</sup>  | 4.1   | 3.9 | 3.7 | 3.5 | 3.3 | 3.2 |     |     |     |     | 7.2                     | 7.0 | 6.7 | 6.5 | 6.3 | 6.1 |     |     |     |     |
| Finland-STRIP <sup>(b,d)</sup> |   |     |     |     |     |     | 1.7 | 1.7 |     |     |                         |     |     |     |     |     | 3.1 | 3.1 |     |     |
| France                         |   |     | 2.7 | 2.6 | 2.4 | 2.2 | 2.1 | 1.9 | 1.8 | 1.7 |                         |     | 4.8 | 4.5 | 4.1 | 3.8 | 3.6 | 3.4 | 3.1 | 2.9 |
| Germany-2008 <sup>(b)</sup>    | 3.7   | 3.7 | 3.1 | 2.6 | 2.4 | 2.4 | 2.2 | 2.1 | 2.0 | 1.9 | 7.0                     | 7.1 | 5.8 | 4.9 | 4.6 | 4.6 | 4.3 | 4.1 | 3.9 | 3.7 |
| Germany-2007 <sup>(b)</sup>    | 4.0   | 3.7 | 3.4 | 3.1 | 2.9 | 2.7 | 2.5 | 2.3 | 2.2 | 2.0 | 7.5                     | 7.0 | 6.6 | 6.1 | 5.7 | 5.4 | 5.0 | 4.7 | 4.4 | 4.1 |
| Germany-2006 <sup>(b)</sup>    | 3.5   | 3.2 | 3.0 | 2.8 | 2.6 | 2.4 | 2.2 | 2.1 | 2.0 | 1.8 | 6.6                     | 6.2 | 5.9 | 5.4 | 5.1 | 4.8 | 4.5 | 4.2 | 4.0 | 3.7 |
| Greece <sup>(b)</sup>          |   |     |     | 1.8 | 1.7 | 1.6 |     |     |     |     |                         |     |     | 3.3 | 3.1 | 2.9 |     |     |     |     |
| Italy                          | 2.5   | 2.4 | 2.3 | 2.1 | 2.0 | 1.9 | 1.8 | 1.7 | 1.6 | 1.5 | 4.7                     | 4.4 | 4.1 | 3.9 | 3.6 | 3.4 | 3.2 | 3.0 | 2.8 | 2.6 |
| Netherlands <sup>(e)</sup>     |   | 2.1 | 2.0 | 1.9 | 1.8 | 1.6 |     |     |     |     |                         | 4.2 | 3.9 | 3.7 | 3.5 | 3.3 |     |     |     |     |
| Spain-Basque                   |   |     |     | 2.1 | 1.9 | 1.8 | 1.6 | 1.5 | 1.4 | 1.3 |                         |     |     | 3.5 | 3.2 | 3.0 | 2.7 | 2.5 | 2.3 | 2.1 |
| Spain-enKid                    | 2.9   | 2.6 | 2.4 | 2.2 | 2.0 | 1.8 | 1.7 | 1.5 | 1.4 | 1.3 | 5.4                     | 5.0 | 4.5 | 4.1 | 3.7 | 3.4 | 3.1 | 2.8 | 2.6 | 2.4 |
| Sweden <sup>(f)</sup>          |   |     | 2.3 | 2.2 | 2.1 | 1.9 | 1.8 | 1.6 | 1.5 | 1.2 |                         |     | 4.9 | 4.6 | 4.3 | 3.9 | 3.5 | 3.3 | 3.1 | 2.4 |

<sup>(a)</sup> BBN = betabinomial-normal

<sup>(b)</sup> Positive daily exposure distributions for both the LB and UB concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Exposure results may therefore not be correct.

<sup>(c)</sup> Consumption data of Finland-DIPP included the ages 1, 3 and 6 years. The exposures reported for the ages 2, 4 and 5 years were estimated by interpolation.

<sup>(d)</sup> Lead exposure was independent of age at p-level 0.05.

<sup>(e)</sup> Positive daily exposure distribution for the LB concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Exposure result may therefore not be correct.

<sup>(f)</sup> Consumption data of Sweden included the ages 3 and 4, and 7 to 13 years. The exposures reported for the ages 5 and 6 years were estimated by interpolation.



resulting in a range from 2.1 µg/kg bw per day in 10-year olds from Spain (Basque study) to 7.5 µg/kg bw per day in 1-year olds from Germany (2007 study). Table 4 lists for each country the three food groups contributing most to the long-term exposure distribution of lead for children within the age range of 1 to 10 years for both concentration scenarios. Please note that the ages present in this age range differ per country. In the LB concentration scenario, important food groups that contributed most to the exposure were 'cereals', 'vegetables', 'miscellaneous' and 'fruit juices'. In the UB concentration scenario, the food groups 'cereals', 'vegetables', 'miscellaneous', 'soft drinks/edible ices' and 'milk/dairy drinks' emerged as the most important sources of exposure (Table 4).

### **3.1.2. Long-term exposure for age range of 11 to 14 years**

The percentiles of long-term dietary exposure to lead in children aged 11 to 14 years are listed in Table 5 for the LB and UB concentration scenarios. In this age group, the 99<sup>th</sup> percentile of exposure ranged from 0.7 µg/kg bw per day in 14-year olds from Cyprus to 1.6 µg/kg bw per day in 11-year olds from the Czech Republic for the LB concentration scenario. 99<sup>th</sup> percentile levels of exposure calculated using mean UB concentrations were on average a factor 1.9 higher (Table 5).

The contribution of the three most important food groups to the long-term exposure is listed in Table 6 for all countries and both concentration scenarios. As in younger children, also in the older children food groups 'miscellaneous', 'cereals' and 'vegetables' were important food groups contributing to the exposure in the LB concentration scenario. Food group 'fruit juices' was only an important contributor to the exposure in Cyprus. In the UB concentration scenario, the same food groups appeared as in the LB concentration scenario, together with the food group 'soft drinks/edible ices'. In Cyprus the food group 'fruit juices' was replaced by food group 'milk/dairy drinks' as an important source of exposure in the UB concentration scenario (Table 6).

### **3.1.3. Transformation positive daily exposure distribution to normality**

As explained in section 2.4.1, transformation of the positive daily exposure distribution into a normal distribution using a suitable transformation is an important prerequisite to be able to use the BBN model to assess the long-term exposure using food consumption data collected during a limited number of days. Based on the q-q plot, the logarithmically transformed positive daily exposure distribution could be considered reasonably normal for the databases of Belgium, Cyprus, Czech Republic, France, Italy, Netherlands (LB concentration scenario), Spain (both studies) and Sweden (LB and UB concentration scenario for 3- to 10-year olds and LB concentration scenario for 11- to 13-year olds). For these countries we expect the BBN model to give an adequate estimation of the long-term exposures to lead. For the other databases, including Denmark, Finland (both studies), Germany (all three studies) and Greece, the assumption of normality of the logarithmically transformed positive daily lead exposure distributions was however not met in both concentration scenarios. For the Netherlands the assumption was violated in the UB concentration scenario, as well as for Sweden for the ages 11 to 13 years. In all these cases, the q-q plot (section 2.4.1) deviated from the straight line, as shown in the right panel of Figure 1. The reason for this was, in most cases, a strong



**Table 4. Contribution of the different food groups<sup>(a)</sup> to the long-term exposure to lead in children within the age range of 1 to 10 years living in different European countries for two scenarios of assigning lead concentrations to non-detect samples (LB: lower bound; UB: upper bound). Contributions were calculated with the statistical model BBN<sup>(b)</sup> and a logarithmic data transformation.**

| Country/<br>age range (years)        | Top 3 <sup>(c)</sup> food groups contributing most to the dietary exposure to lead |                       |                          |                         |                           |                                  |
|--------------------------------------|--|-----------------------|--------------------------|-------------------------|---------------------------|----------------------------------|
|                                      | Using LB concentrations  |                       |                          | Using UB concentrations |                           |                                  |
|                                      | 1  | 2                     | 3                        | 1                       | 2                         | 3                                |
| Belgium<br>2-6                       | Miscellaneous<br>28 %  | Vegetables<br>18 %    | Cereals<br>15 %          | Miscellaneous<br>18 %   | Cereals<br>15 %           | Vegetables<br>14 %               |
| Czech Republic<br>4-10               | Cereals<br>22 %  | Vegetables<br>21 %    | Fruit<br>8 %             | Cereals<br>19 %         | Vegetables<br>15 %        | Soft drinks/<br>edible ices 13 % |
| Denmark <sup>(d)</sup><br>4-10       | Vegetables<br>23 %   | Cereals<br>20 %       | Milk/dairy<br>drinks 8 % | Cereals<br>17 %         | Vegetables<br>16 %        | Soft drinks/<br>edible ices 12 % |
| Finland-DIPP <sup>(d)</sup><br>1-6   | Vegetables<br>29 %   | Cereals<br>10 %       | Fruit juices<br>9 %      | Vegetables<br>22 %      | Milk/dairy<br>drinks 11 % | Cereals<br>9 %                   |
| Finland-STRIP <sup>(d)</sup><br>7-8  | Cereals<br>23 %  | Miscellaneous<br>14 % | Vegetables<br>14 %       | Cereals<br>20 %         | Vegetables<br>10 %        | Soft drinks/<br>edible ices 10 % |
| France<br>3-10                       | Miscellaneous<br>24 %  | Cereals<br>19 %       | Vegetables<br>17 %       | Cereals<br>17 %         | Miscellaneous<br>15 %     | Vegetables<br>12 %               |
| Germany- 2008 <sup>(d)</sup><br>1-10 | Cereals<br>21 %  | Vegetables<br>21 %    | Fruit juices<br>9 %      | Cereals<br>19 %         | Vegetables<br>15 %        | Soft drinks/<br>edible ices 9 %  |
| Germany- 2007 <sup>(d)</sup><br>1-10 | Cereals<br>21 %  | Vegetables<br>21 %    | Fruit juices<br>9 %      | Cereals<br>19 %         | Vegetables<br>15 %        | Soft drinks/<br>edible ices 9 %  |
| Germany- 2006 <sup>(d)</sup><br>1-10 | Cereals<br>21 %  | Vegetables<br>19 %    | Fruit juices<br>10 %     | Cereals<br>18 %         | Infant formulae<br>14 %   | Soft drinks/<br>edible ices 9 %  |
| Greece <sup>(d)</sup><br>4-6         | Cereals<br>22 %  | Vegetables<br>19 %    | Miscellaneous<br>16 %    | Cereals<br>20 %         | Vegetables<br>15 %        | Miscellaneous<br>9 %             |

| Country/<br>age range (years)     | Top 3 <sup>(c)</sup> food groups contributing most to the dietary exposure to lead |                       |                    |                                  |                       |                       |
|-----------------------------------|--|-----------------------|--------------------|----------------------------------|-----------------------|-----------------------|
|                                   | Using LB concentrations  |                       |                    | Using UB concentrations          |                       |                       |
|                                   | 1  | 2                     | 3                  | 1                                | 2                     | 3                     |
| Italy<br>1-10                     | Cereals<br>25 %  | Vegetables<br>23 %    | Fruit<br>7 %       | Cereals<br>24 %                  | Vegetables<br>18 %    | Fruit<br>8 %          |
| Netherlands <sup>(e)</sup><br>2-6 | Miscellaneous<br>19 %  | Cereals<br>18 %       | Vegetables<br>14 % | Soft drinks/<br>edible ices 17 % | Cereals<br>15 %       | Miscellaneous<br>11 % |
| Spain-Basque<br>4-10              | Miscellaneous<br>21 %  | Cereals<br>18 %       | Vegetables<br>12 % | Cereals<br>18 %                  | Miscellaneous<br>13 % | Vegetables<br>9 %     |
| Spain-enKid<br>1-10               | Vegetables<br>19 %   | Miscellaneous<br>17 % | Cereals<br>17 %    | Cereals<br>15 %                  | Vegetables<br>14 %    | Miscellaneous<br>10 % |
| Sweden<br>3-10                    | Miscellaneous<br>19 %  | Vegetables<br>19 %    | Cereals<br>18 %    | Soft drinks/<br>edible ices 18 % | Cereals<br>15 %       | Vegetables<br>12 %    |

<sup>(a)</sup> For a more elaborate description of (some of) the food groups see Table 1.

<sup>(b)</sup> BBN = betabinomial-normal

<sup>(c)</sup> Top 3 of food groups included for all countries the food groups that contributed more than 10 % to the total long-term exposure.

<sup>(d)</sup> Positive daily exposure distributions for both the lower bound and upper bound concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Contribution may therefore not be correct.

<sup>(e)</sup> Positive daily exposure distribution of the lower bound concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Contribution may therefore not be correct.

**Table 5. Percentiles of long-term dietary exposure to lead in children aged 11 to 14 years living in three European countries, following two scenarios of assigning lead concentrations to non-detect samples (LB: lower bound; UB: upper bound). Exposures were calculated with the statistical model BBN<sup>(a)</sup> and a logarithmic data transformation.**

| Country                | Age (years) and exposure (µg/kg bw per day) |     |     |     |                         |     |     |     |
|------------------------|---|-----|-----|-----|-------------------------|-----|-----|-----|
|                        | Using LB concentrations                     |     |     |     | Using UB concentrations |     |     |     |
|                        | 11  | 12  | 13  | 14  | 11                      | 12  | 13  | 14  |
| <b>P50 of exposure</b> |   |     |     |     |                         |     |     |     |
| Cyprus                 | 0.5   | 0.4 | 0.4 | 0.4 | 0.9                     | 0.8 | 0.8 | 0.7 |
| Czech Republic         | 0.8   | 0.7 | 0.6 | 0.6 | 1.5                     | 1.4 | 1.3 | 1.2 |
| Spain-Basque           | 0.7   | 0.6 | 0.6 | 0.6 | 1.2                     | 1.2 | 1.1 | 1.1 |
| Spain-enKid            | 0.6   | 0.6 | 0.5 | 0.5 | 1.1                     | 1.1 | 1.1 | 1.1 |
| Sweden <sup>(b)</sup>  | 0.6   | 0.5 | 0.5 |     | 1.3                     | 1.1 | 1.0 |     |
| <b>P95 of exposure</b> |   |     |     |     |                         |     |     |     |
| Cyprus                 | 0.8   | 0.7 | 0.7 | 0.6 | 1.4                     | 1.3 | 1.3 | 1.1 |
| Czech Republic         | 1.3   | 1.2 | 1.1 | 1.0 | 2.7                     | 2.4 | 2.2 | 2.0 |
| Spain-Basque           | 1.0   | 0.9 | 0.9 | 0.8 | 1.8                     | 1.7 | 1.6 | 1.5 |
| Spain-enKid            | 1.1   | 1.0 | 0.9 | 0.9 | 1.8                     | 1.8 | 1.8 | 1.8 |
| Sweden <sup>(b)</sup>  | 1.1   | 0.9 | 0.8 |     | 2.3                     | 2.0 | 1.7 |     |
| <b>P99 of exposure</b> |   |     |     |     |                         |     |     |     |
| Cyprus                 | 0.9   | 0.9 | 0.8 | 0.7 | 1.7                     | 1.6 | 1.5 | 1.4 |
| Czech Republic         | 1.6   | 1.5 | 1.4 | 1.2 | 3.4                     | 3.1 | 2.8 | 2.5 |
| Spain-Basque           | 1.1   | 1.1 | 1.0 | 1.0 | 2.0                     | 2.0 | 1.9 | 1.8 |
| Spain-enKid            | 1.4   | 1.3 | 1.2 | 1.1 | 2.3                     | 2.3 | 2.3 | 2.3 |
| Sweden <sup>(b)</sup>  | 1.4   | 1.2 | 1.0 |     | 2.9                     | 2.5 | 2.2 |     |

<sup>(a)</sup> BBN = betabinomial-normal

<sup>(b)</sup> Positive daily exposure distribution for the UB concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Exposure result may therefore not be correct

contribution from specific food groups to the right tail of the logarithmically transformed positive exposure distribution (see Figure 2 for two examples). Examining this further by removing from the analyses food groups that contributed largely to the exposure, the increase in exposure in the right tail of the logarithmically transformed exposure distribution could be contributed to one specific food group in all cases, except for Germany, Finland (DIPP study) and Sweden, For Finland (STRIP study), Greece and Netherlands this was the food group ‘miscellaneous’ and for Denmark the food group ‘vegetables’ in the LB concentration scenario and the food group ‘soft drinks/edible ices’ in the UB concentration scenario. Removal of these food groups from the respective databases resulting in a satisfactory transformation of the positive daily exposure distribution into a normal distribution using a logarithmic transformation. For the databases of Germany and Finland (DIPP study) no food groups could be identified. The deviations from normality of the logarithmically transformed positive exposure distribution (difference between the black line and blue graphs in Figure 2) indicated that the estimated long-term exposure was most likely underestimated. However, to which extent is unclear.

**Table 6. Contribution of the different food groups<sup>(a)</sup> to the long-term exposure to lead in children in the age of 11 to 14 years living in different European countries for two scenarios of assigning lead concentrations to non-detect samples (LB: lower bound; UB: upper bound). Contributions were calculated with the statistical model BBN<sup>(b)</sup> and a logarithmic data transformation.**

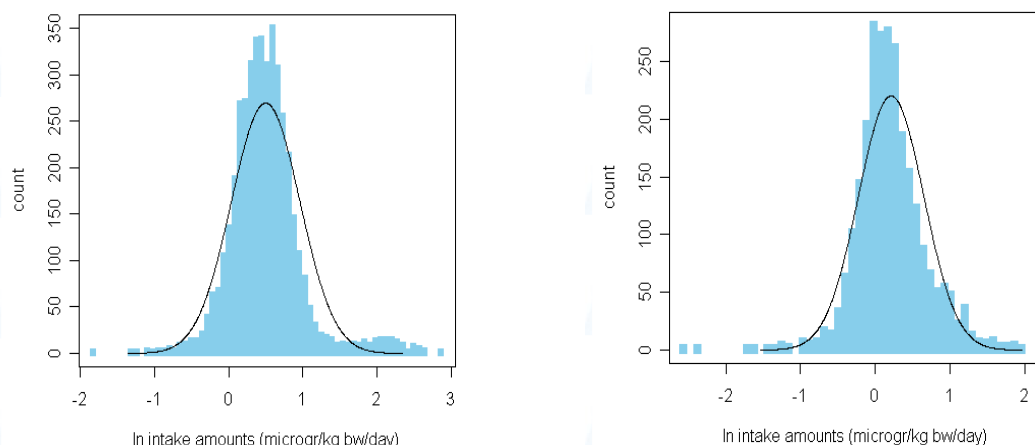
| Country / age range (years) | Top 3 <sup>(c)</sup> food groups contributing most to the dietary exposure to lead |                    |                    |                              |                              |                              |
|-----------------------------|--|--------------------|--------------------|------------------------------|------------------------------|------------------------------|
|                             | Using LB concentrations  |                    |                    | Using UB concentrations      |                              |                              |
|                             | 1  | 2                  | 3                  | 1                            | 2                            | 3                            |
| Cyprus 11-14                | Vegetables 27 %  | Cereals 24 %       | Fruit juices 8 %   | Cereals 22 %                 | Vegetables 20 %              | Milk/dairy drinks 8 %        |
| Czech Republic 11-14        | Cereals 24 %   | Vegetables 23 %    | Miscellaneous 7 %  | Cereals 19 %                 | Soft drinks/edible ices 16 % | Vegetables 16 %              |
| Spain-Basque 11-14          | Cereals 20 %   | Miscellaneous 20 % | Vegetables 13 %    | Cereals 18 %                 | Miscellaneous 12 %           | Vegetables 10 %              |
| Spain-enKid 11-14           | Cereals 23 %   | Vegetables 20 %    | Miscellaneous 15 % | Cereals 20 %                 | Vegetables 14 %              | Soft drinks/edible ices 10 % |
| Sweden <sup>(d)</sup> 11-13 | Vegetables 20 %  | Cereals 20 %       | Miscellaneous 18 % | Soft drinks/edible ices 19 % | Cereals 16 %                 | Vegetables 13 %              |

<sup>(a)</sup> For a more elaborate description of (some of) the food groups see Table 1.

<sup>(b)</sup> BBN = betabinomial-normal

<sup>(c)</sup> Top 3 of food groups included for all countries the food groups that contributed more than 10 % to the total long-term exposure

<sup>(d)</sup> Positive daily exposure distribution for the UB concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Contribution may therefore not be correct.



**Figure 2. Two examples of logarithmically transformed positive exposure distributions (blue) where the assumption of normality (black line) was violated due to an increase in exposure at the right tail of the logarithmically transformed positive exposure distributions. Left panel: Finland-STRIP, lower bound concentration scenario; right panel: Netherlands, lower bound concentration scenario.**

### 3.1.4. Risk characterisation using the BBN approach to assess exposure

To assess whether there may be a possible health risk related to the exposure to lead in children, the 99<sup>th</sup> percentile of exposure was compared to the daily equivalent of the PTWI 3.6 µg/kg bw per day. Based on this comparison there is a possible health risk in children aged 1, 2 and 3 years in Finland and Germany in the LB concentration scenario. In Table 7, the percentage of children exceeding the daily equivalent of the PTWI was further quantified for these age-country combinations. The percentages varied from 1.1 % for 1- and 2-year olds in Germany (2008 and 2007 study, respectively) to 2.1 % of 1-year olds in Finland (DIPP study). In the UB concentration scenario, the 99<sup>th</sup> percentile of exposure exceeded the daily equivalent of the PTWI in the majority of countries (although not at all ages) (Table 7). Percentages of children with a level of exposure exceeding the daily equivalent of the PTWI ranged from 1.2 % in 10-year olds from Germany (2006 and 2008 study) to 28 % in 1-year olds from Finland (DIPP study) and 2-year olds from Belgium.

The 99<sup>th</sup> percentile of exposure of children in the age group of 11 to 14 years did not exceed the daily equivalent of the PTWI for all countries studied and both concentration scenarios (Table 5). We therefore did not quantify the exact percentage of children exceeding this health limit for this age group.

## 3.2. Long-term dietary exposure to lead using the OIM approach

### 3.2.1. Long-term exposure for age groups 1 to 2, 3 to 10 and 11 to 14 years

In Table 8, the estimated long-term dietary exposure to lead in children covering the age ranges of 1 to 2, 3 to 10 and 11 to 14 years in the different countries are listed for the LB and

UB concentration scenarios. These exposures were calculated using the OIM approach. As in the BBN approach, the exposure to lead was highest in the youngest age group and decreased with age. In the LB concentration scenario, the 99<sup>th</sup> percentile of exposure for 1- to 2-year olds ranged from 2.6 µg/kg bw per day in Italy to 7.9 µg/kg bw per day in Germany (2007 study). For 3- to 10-year olds, corresponding exposure levels were 1.8 µg/kg bw per day in Denmark and 5.6 µg/kg bw per day in Finland (DIPP study), and for 11- to 14-year olds 0.9 µg/kg bw per day in Cyprus and 1.4 µg/kg bw per day in Czech Republic. 99<sup>th</sup> percentile levels of exposure calculated using mean UB concentrations were on average a factor 1.8 higher (Table 8).

Table 9 lists for each country the three food groups contributing most to the long-term exposure distribution of lead for the three age groups and the LB concentration scenario. As with the BBN model, the food groups contributing most to the exposure were 'cereals', 'vegetables', 'miscellaneous' and 'fruit juices'. Other important food groups were 'fruit', 'milk/dairy drinks' and 'dairy based products'. For the UB concentration scenario, the same food groups appeared to contribute largely to the exposure as in the LB concentration scenario (Table 10). However, also the food group 'soft drinks/edible ices' emerged as an important contributor to the exposure, as with the BBN model. This food group was not an important source of exposure in the LB concentration scenario.

### 3.2.2. Risk characterisation using the OIM approach to assess exposure

It is clear from Table 8 that in the LB concentration scenario the 99<sup>th</sup> percentile of exposure for 1- to 2-year olds exceeded the daily equivalent of the PTWI in Finland (DIPP study) and Germany. Of the 3- to 10-year olds, only in Finland (DIPP study) the 99<sup>th</sup> percentile of exposure level exceeded the toxicological reference value, while of the 11- to 14-year olds none of the countries had a 99<sup>th</sup> percentile of exposure that exceeded this value. In the UB concentration scenario, the 99<sup>th</sup> percentile of exposure of the majority of countries with consumption data of 1- to 2-year and 3- to 10-year olds exceeded the daily equivalent of the PTWI. Of the 11- to 14-year olds, none of the countries exceeded the toxicological reference value at the 99<sup>th</sup> percentile of exposure.

In Table 11, we listed the percentage of children that exceeded the daily equivalent of the PTWI for those countries and age groups where the 99<sup>th</sup> percentile of exposure was exceeded. In the LB concentration scenario, the percentages ranged from 1.8 % for 3- to 10-year olds in Finland (DIPP study) to 17 % in 1- to 2-year olds in Germany (2008 study). In the UB concentration scenario, the percentages increased to maximally 33 % in 1- to 2-year olds in Belgium (Table 11).

**Table 7. Percentages of children aged 1 to 10 years living in different European countries with an exposure exceeding the daily equivalent of the provisional tolerable weekly intake (PTWI) of 3.6 µg/kg bw per day, following two scenarios of assigning lead concentrations to non-detect samples (LB: lower bound; UB: upper bound). Exposures were calculated using the statistical model BBN<sup>(a)</sup> and a logarithmic data transformation.**

| Country                       | Age (years) and percentage |      |     |   |   |   |   |   |   |    |                         |     |     |     |     |     |     |     |     |     |
|-------------------------------|----------------------------|------|-----|---|---|---|---|---|---|----|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|                               | Using LB concentrations    |      |     |   |   |   |   |   |   |    | Using UB concentrations |     |     |     |     |     |     |     |     |     |
|                               | 1                          | 2    | 3   | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 1                       | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  |
| Belgium                       |                            | -(b) | -   | - | - | - |   |   |   |    |                         | 28  | 18  | 10  | 5.6 | 2.7 |     |     |     |     |
| Czech Republic                |                            |      |     | - | - | - | - | - | - | -  |                         |     |     | 4.2 | 2.8 | 1.7 | -   | -   | -   | -   |
| Denmark <sup>(c)</sup>        |                            |      |     | - | - | - | - | - | - | -  |                         |     |     | 2.4 | 1.7 | 1.1 | -   | -   | -   | -   |
| Finland-DIPP <sup>(c,d)</sup> | 2.1                        | 1.5  | 1.2 | - | - | - |   |   |   |    | 28                      | 26  | 23  | 21  | 18  | 16  |     |     |     |     |
| Finland-STRIP <sup>(c)</sup>  |                            |      |     |   |   | - | - |   |   |    |                         |     |     |     |     |     | -   | -   |     |     |
| France                        |                            |      | -   | - | - | - | - | - | - | -  |                         |     | 8.6 | 5.5 | 3.1 | 1.8 | -   | -   | -   | -   |
| Germany-2008 <sup>(c)</sup>   | 1.1                        | 1.2  | -   | - | - | - | - | - | - | -  | 22                      | 22  | 11  | 5.7 | 4.1 | 3.7 | 2.8 | 2.1 | 1.6 | 1.2 |
| Germany-2007 <sup>(c)</sup>   | 1.7                        | 1.1  | -   | - | - | - | - | - | - | -  | 22                      | 18  | 14  | 11  | 9.0 | 6.8 | 5.2 | 3.8 | 2.9 | 2.0 |
| Germany-2006 <sup>(c)</sup>   | -                          | -    | -   | - | - | - | - | - | - | -  | 18                      | 14  | 11  | 8.7 | 6.4 | 4.7 | 3.5 | 2.5 | 1.8 | 1.2 |
| Greece <sup>(c)</sup>         |                            |      |     | - | - | - |   |   |   |    |                         |     |     | -   | -   | -   |     |     |     |     |
| Italy                         | -                          | -    | -   | - | - | - | - | - | - | -  | 7.7                     | 5.0 | 3.1 | 1.8 | -   | -   | -   | -   | -   | -   |
| Netherlands <sup>(e)</sup>    |                            | -    | -   | - | - | - |   |   |   |    |                         | 5.0 | 2.7 | 1.4 | -   | -   |     |     |     |     |
| Spain-Basque                  |                            |      |     | - | - | - | - | - | - | -  |                         |     |     | -   | -   | -   | -   | -   | -   | -   |
| Spain-enKid                   | -                          | -    | -   | - | - | - | - | - | - | -  | 23                      | 14  | 7.2 | 3.3 | 1.5 | -   | -   | -   | -   | -   |
| Sweden <sup>(f)</sup>         |                            |      | -   | - | - | - | - | - | - | -  |                         |     | 14  | 9.8 | 5.3 | 2.1 | -   | -   | -   | -   |

<sup>(a)</sup> BBN = betabinomial-normal

<sup>(b)</sup> To assess whether there is a possible health risk related to the long-term exposure to lead in children, the 99<sup>th</sup> percentile levels of exposure (as reported in Table 3) were compared with the daily equivalent of the PTWI of lead. When the 99<sup>th</sup> percentile of exposure exceeded this health limit, the exact percentage of children exceeding the limit value was reported. Notation ‘-’ means that the percentage of children exceeding the daily equivalent of the PTWI was 1 % or less.

<sup>(c)</sup> Positive daily exposure distributions for both the LB and UB concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Exposures may therefore not be correct.

<sup>(d)</sup> Consumption data of Finland-DIPP included the ages 1, 3 and 6 years. The percentages children exceeding the daily equivalent of the PTWI as listed for the ages 2, 4 and 5 years were estimated by interpolation.

<sup>(e)</sup> Positive daily exposure distribution for the LB concentration scenario could not be transformed satisfactorily to normality using a logarithmic transformation. Exposures may therefore not be correct.

<sup>(f)</sup> Consumption data of Sweden included the ages 3 and 4, and 7 to 13 years. The percentages children exceeding the daily equivalent of the PTWI as listed for the ages 5 and 6 years were estimated by interpolation.



**Table 8. Percentiles of long-term dietary exposure to lead in children in the age classes 1 to 2, 3 to 10 and 11 to 14 years living in different European countries, following two scenarios of assigning lead concentrations to non-detect samples (LB: lower bound; UB: upper bound). Exposures were calculated using the OIM<sup>(a)</sup> model.**

| Country                | Age range (years) and exposure (µg/kg bw per day) |      |       |                         |      |       |
|------------------------|---|------|-------|-------------------------|------|-------|
|                        | Using LB concentrations                           |      |       | Using UB concentrations |      |       |
|                        | 1-2   | 3-10 | 11-14 | 1-2                     | 3-10 | 11-14 |
| <b>P50 of exposure</b> |   |      |       |                         |      |       |
| Belgium                | 1.9   | 1.4  | -     | 3.4                     | 2.5  | -     |
| Cyprus                 |   |      | 0.4   |                         |      | 0.7   |
| Czech Republic         | -   | 0.9  | 0.6   | -                       | 1.7  | 1.3   |
| Denmark                | -   | 1.0  | -     | -                       | 1.9  | -     |
| Finland-DIPP           | 1.5   | 1.4  | -     | 2.7                     | 2.6  | -     |
| Finland-STRIP          |   | 1.0  |       |                         | 2.0  |       |
| France                 | -   | 1.0  | -     | -                       | 1.8  | -     |
| Germany-2008           | 1.0   | 0.9  | -     | 1.9                     | 1.8  | -     |
| Germany-2007           | 1.0   | 0.9  | -     | 1.8                     | 1.8  | -     |
| Germany-2006           | 1.1   | 0.9  | -     | 1.9                     | 1.7  | -     |
| Greece                 | -   | 0.9  | -     | -                       | 1.6  | -     |
| Italy                  | 1.3   | 0.9  | -     | 2.4                     | 1.6  | -     |
| Netherlands            | 1.2   | 1.0  | -     | 2.5                     | 2.1  | -     |
| Spain-Basque           | -   | 0.9  | 0.6   | -                       | 1.7  | 1.1   |
| Spain-enKid            | 1.5   | 0.9  | 0.5   | 2.5                     | 1.7  | 1.1   |
| Sweden                 | -   | 1.0  | 0.6   | -                       | 2.1  | 1.3   |
| <b>P95 of exposure</b> |   |      |       |                         |      |       |
| Belgium                | 3.0   | 2.6  |       | 4.6                     | 4.3  | -     |
| Cyprus                 |   |      | 0.7   |                         |      | 1.3   |
| Czech Republic         | -   | 1.5  | 1.2   | -                       | 3.1  | 2.6   |
| Denmark                | -   | 1.5  |       | -                       | 3.0  | -     |
| Finland-DIPP           | 3.7   | 2.5  | -     | 6.8                     | 4.5  | -     |
| Finland-STRIP          |   | 1.7  |       |                         | 2.9  |       |
| France                 | -   | 1.8  | -     | -                       | 3.0  | -     |
| Germany-2008           | 4.9   | 1.4  | -     | 8.7                     | 2.7  | -     |
| Germany-2007           | 5.2   | 1.5  | -     | 10.0                    | 3.1  | -     |
| Germany-2006           | 4.4   | 1.4  | -     | 8.3                     | 2.7  | -     |
| Greece                 | -   | 1.6  | -     | -                       | 2.7  | -     |
| Italy                  | 2.1   | 1.5  | -     | 3.8                     | 2.7  | -     |
| Netherlands            | 2.2   | 1.8  | -     | 4.3                     | 3.6  | -     |
| Spain-Basque           | -   | 1.6  | 1.0   | -                       | 2.7  | 1.8   |
| Spain-enKid            | 2.7   | 1.7  | 1.0   | 4.7                     | 3.1  | 2.0   |
| Sweden                 | -   | 1.6  | 1.0   | -                       | 3.4  | 2.1   |
| <b>P99 of exposure</b> |   |      |       |                         |      |       |
| Belgium                | 3.5   | 3.2  |       | 6.0                     | 5.6  | -     |
| Cyprus                 |   |      | 0.9   |                         |      | 1.6   |
| Czech Republic         | -   | 2.0  | 1.4   | -                       | 4.3  | 3.1   |
| Denmark                | -   | 1.8  | -     | -                       | 3.4  | -     |
| Finland-DIPP           | 4.8   | 5.6  | -     | 8.9                     | 11   | -     |
| Finland-STRIP          |   | 2.0  |       |                         | 3.2  |       |
| France                 | -   | 2.5  | -     | -                       | 3.9  | -     |
| Germany-2008           | 6.1   | 2.6  | -     | 10                      | 4.9  | -     |
| Germany-2007           | 7.9   | 3.2  | -     | 14                      | 5.8  | -     |

| Country      | Age range (years) and exposure ( $\mu\text{g/kg bw per day}$ ) |      |       |                         |      |       |
|--------------|--|------|-------|-------------------------|------|-------|
|              | Using LB concentrations  |      |       | Using UB concentrations |      |       |
|              | 1-2  | 3-10 | 11-14 | 1-2                     | 3-10 | 11-14 |
| Germany-2006 | 5.0  | 3.5  | -     | 9.0                     | 6.3  | -     |
| Greece       | -  | 2.2  | -     | -                       | 3.4  | -     |
| Italy        | 2.6  | 2.0  | -     | 4.2                     | 3.5  | -     |
| Netherlands  | 3.1  | 2.5  | -     | 4.8                     | 4.3  | -     |
| Spain-Basque | -  | 2.1  | 1.3   | -                       | 3.3  | 2.0   |
| Spain-enKid  | 3.0  | 2.2  | 1.2   | 4.9                     | 4.0  | 2.3   |
| Sweden       | -  | 2.1  | 1.3   | -                       | 4.2  | 2.6   |

<sup>(a)</sup> OIM = observed individual means

## 4. Discussion

In this document, we report on the long-term dietary exposure to lead in children aged 1 to 14 years living in 12 different European countries. For this we used national/regional individual food consumption data collected among children during at least two days using either the 24-h recall method or the dietary record method. We addressed children because they are known to have a higher exposure level than adults given their higher consumption levels per kg body weight. Furthermore there are few data published in children. Lead concentration levels were obtained from EFSA, and were used to assess the country-specific exposure.

### 4.1. Food consumption data

In Europe, there is a need for harmonised approaches for risk assessment, as well as harmonised procedures to collect input data in order to ensure that exposures calculated for different countries within Europe are comparable. In this report, we used 1) a common food classification system, 2) a harmonised approach to assess the long-term dietary exposure to lead, and 3) the same lead concentration data (“collected European data”) as input for all participating countries. Due to lack of harmonised food consumption data within Europe, we used in this report food consumption data collected at national or regional level in different European countries. There are continuous efforts within Europe to harmonise the collection of food consumption data (e.g. EU-projects EFCOSUM (Brussaard et al., 2002), and EFCOVAL<sup>8</sup>). However, these efforts have not yet resulted in the use of one harmonised approach of food consumption data collection within Europe or to the collection of food consumption data at a pan-European level. Until that time, food consumption data collected at a national/regional level are used to assess the exposure within Europe, acknowledging methodological differences, mainly related to the dietary assessment methods used, number of days included, and the study subjects’ sampling criteria. These data are used for risk assessment purposes on the national/regional level, possibly accounting for all potential sources of uncertainties.

<sup>8</sup> [www.efcoval.eu](http://www.efcoval.eu)

**Table 9. Contribution of the different food groups<sup>(a)</sup> to the long-term exposure to lead for the lower bound (LB) concentration scenario of assigning lead concentrations to non-detect samples. Contributions were calculated for three age groups using the OIM<sup>(b)</sup> approach.**

| Country        | Top 3 <sup>(c)</sup> food groups contributing most to the dietary exposure to lead |                    |                             |                       |                       |                          |                    |                    |                     |
|----------------|--|--------------------|-----------------------------|-----------------------|-----------------------|--------------------------|--------------------|--------------------|---------------------|
|                | 1-2 years  |                    |                             | 3-10 years            |                       |                          | 11-14 years        |                    |                     |
|                | 1  | 2                  | 3                           | 1                     | 2                     | 3                        | 1                  | 2                  | 3                   |
| Belgium        | Miscellaneous<br>32 %  | Vegetables<br>17 % | Cereals<br>14 %             | Miscellaneous<br>27 % | Vegetables<br>18 %    | Cereals<br>16 %          |                    |                    |                     |
| Cyprus         |  |                    |                             |                       |                       |                          | Vegetables<br>27 % | Cereals<br>24 %    | Fruit juices<br>8 % |
| Czech Republic |  |                    |                             | Cereals<br>22 %       | Vegetables<br>21 %    | Fruit<br>8 %             | Cereals<br>24 %    | Vegetables<br>23 % | Fruit<br>7 %        |
| Denmark        |  |                    |                             | Vegetables<br>23 %    | Cereals<br>18 %       | Milk/dairy<br>drinks 8 % |                    |                    |                     |
| Finland-DIPP   | Vegetables<br>37 %   | Cereals<br>9 %     | Dairy based<br>products 9 % | Vegetables<br>25 %    | Fruit juices<br>13 %  | Cereals<br>10 %          |                    |                    |                     |
| Finland-STRIP  |  |                    |                             | Cereals<br>23 %       | Miscellaneous<br>14 % | Vegetables<br>14 %       |                    |                    |                     |
| France         |  |                    |                             | Miscellaneous<br>24 % | Cereals<br>19 %       | Vegetables<br>16 %       |                    |                    |                     |
| Germany-2008   | Vegetables<br>23 %   | Cereals<br>18 %    | Fruit<br>10 %               | Vegetables<br>23 %    | Cereals<br>19 %       | Fruit juices<br>10 %     |                    |                    |                     |
| Germany-2007   | Vegetables<br>23 %   | Cereals<br>19 %    | Milk/dairy<br>drinks 9 %    | Cereals<br>22 %       | Vegetables<br>19 %    | Fruit juices<br>10 %     |                    |                    |                     |
| Germany-2006   | Vegetables<br>21 %   | Cereals<br>19 %    | Fruit<br>8 %                | Cereals<br>22 %       | Vegetables<br>18 %    | Fruit juices<br>12 %     |                    |                    |                     |

| Country      | Top 3 <sup>(c)</sup> food groups contributing most to the dietary exposure to lead |                       |                          |                       |                    |                       |                    |                       |                       |
|--------------|--|-----------------------|--------------------------|-----------------------|--------------------|-----------------------|--------------------|-----------------------|-----------------------|
|              | 1-2 years  |                       |                          | 3-10 years            |                    |                       | 11-14 years        |                       |                       |
|              | 1  | 2                     | 3                        | 1                     | 2                  | 3                     | 1                  | 2                     | 3                     |
| Greece       |  |                       |                          | Cereals<br>22 %       | Vegetables<br>19 % | Miscellaneous<br>16 % |                    |                       |                       |
| Italy        | Cereals<br>22 %  | Vegetables<br>16 %    | Milk/dairy<br>drinks 9 % | Cereals<br>26 %       | Vegetables<br>25 % | Fruit<br>6 %          |                    |                       |                       |
| Netherlands  | Cereals<br>17 %  | Miscellaneous<br>15 % | Vegetables<br>15 %       | Miscellaneous<br>20 % | Cereals<br>18 %    | Vegetables<br>13 %    |                    |                       |                       |
| Spain-Basque |  |                       |                          | Miscellaneous<br>21 % | Cereals<br>18 %    | Vegetables<br>12 %    | Cereals<br>20 %    | Miscellaneous<br>20 % | Vegetables<br>13 %    |
| Spain-enKid  | Miscellaneous<br>29 %  | Vegetables<br>16 %    | Cereals<br>10 %          | Vegetables<br>20 %    | Cereals<br>18 %    | Miscellaneous<br>15 % | Cereals<br>23 %    | Vegetables<br>20 %    | Miscellaneous<br>15 % |
| Sweden       |  |                       |                          | Miscellaneous<br>19 % | Vegetables<br>19 % | Cereals<br>18 %       | Vegetables<br>20 % | Cereals<br>20 %       | Miscellaneous<br>18 % |

<sup>(a)</sup> For a more elaborate description of (some of) the food groups see Table 1.

<sup>(b)</sup> OIM = observed individual means

<sup>(c)</sup> Top 3 of food groups included for all countries the food groups that contributed more than 10 % to the total long-term exposure.

**Table 10. Contribution of the different food groups<sup>(a)</sup> to the long-term exposure to lead for the upper bound (UB) concentration scenario of assigning lead concentrations to non-detect samples. Contributions were calculated for three different age groups using the OIM<sup>(b)</sup> approach.**

| Country        | Top 3 <sup>(c)</sup> food groups contributing most to the dietary exposure to lead per age class |                           |                           |                       |                                  |                                  |                 |                                  |                          |
|----------------|--|---------------------------|---------------------------|-----------------------|----------------------------------|----------------------------------|-----------------|----------------------------------|--------------------------|
|                | 1-2 years  |                           |                           | 3-10 years            |                                  |                                  | 11-14 years     |                                  |                          |
|                | 1  | 2                         | 3                         | 1                     | 2                                | 3                                | 1               | 2                                | 3                        |
| Belgium        | Miscellaneous<br>21 %  | Cereals<br>14 %           | Vegetables<br>14 %        | Miscellaneous<br>18 % | Cereals<br>15 %                  | Vegetables<br>14 %               |                 |                                  |                          |
| Cyprus         |  |                           |                           |                       |                                  |                                  | Cereals<br>22 % | Vegetables<br>20 %               | Milk/dairy<br>drinks 8 % |
| Czech Republic |  |                           |                           | Cereals<br>19 %       | Vegetables<br>15 %               | Soft drinks/<br>edible ices 13 % | Cereals<br>19 % | Soft drinks/<br>edible ices 17 % | Vegetables<br>16 %       |
| Denmark        |  |                           |                           | Cereals<br>17 %       | Vegetables<br>16 %               | Soft drinks/<br>edible ices 12 % |                 |                                  |                          |
| Finland-DIPP   | Vegetables<br>30 %   | Milk/dairy<br>drinks 11 % | Waters<br>10 %            | Vegetables<br>19 %    | Fruit juices<br>12 %             | Milk/dairy<br>drinks 11 %        |                 |                                  |                          |
| Finland-STRIP  |  |                           |                           | Cereals<br>20 %       | Vegetables<br>10 %               | Soft drinks/<br>edible ices 8 %  |                 |                                  |                          |
| France         |  |                           |                           | Cereals<br>17 %       | Miscellaneous<br>15 %            | Vegetables<br>12 %               |                 |                                  |                          |
| Germany-2008   | Vegetables<br>18 %   | Cereals<br>7 %            | Fruit<br>11 %             | Cereals<br>20 %       | Vegetables<br>14 %               | Soft drinks/<br>edible ices 13 % |                 |                                  |                          |
| Germany-2007   | Cereals<br>18 %  | Vegetables<br>17 %        | Milk/dairy<br>drinks 11 % | Cereals<br>19 %       | Vegetables<br>14 %               | Soft drinks/<br>edible ices 13 % |                 |                                  |                          |
| Germany-2006   | Cereals<br>17 %  | Vegetables<br>16 %        | Fruit<br>9 %              | Cereals<br>19 %       | Soft drinks/<br>edible ices 13 % | Vegetables<br>13 %               |                 |                                  |                          |

| Country      | Top 3 <sup>(c)</sup> food groups contributing most to the dietary exposure to lead per age class |                                  |                           |                                    |                       |                       |                                    |                       |                                    |
|--------------|--|----------------------------------|---------------------------|------------------------------------|-----------------------|-----------------------|------------------------------------|-----------------------|------------------------------------|
|              | 1-2 years  |                                  |                           | 3-10 years                         |                       |                       | 11-14 years                        |                       |                                    |
|              | 1  | 2                                | 3                         | 1                                  | 2                     | 3                     | 1                                  | 2                     | 3                                  |
| Greece       |  |                                  |                           | Cereals<br>21 %                    | Vegetables<br>15 %    | Miscellaneous<br>10 % |                                    |                       |                                    |
| Italy        | Cereals<br>21 %  | Vegetables<br>12 %               | Milk/dairy<br>drinks 11 % | Cereals<br>24 %                    | Vegetables<br>19 %    | Fruit<br>7 %          |                                    |                       |                                    |
| Netherlands  | Cereals<br>15 %  | Soft drinks/<br>edible ices 15 % | Milk/dairy<br>drinks 11 % | Soft drinks/<br>edible drinks 18 % | Cereals<br>15 %       | Miscellaneous<br>12 % |                                    |                       |                                    |
| Spain-Basque |  |                                  |                           | Cereals<br>18 %                    | Miscellaneous<br>13 % | Vegetables<br>9 %     | Cereals<br>19 %                    | Miscellaneous<br>12 % | Vegetables<br>10 %                 |
| Spain-enKid  | Miscellaneous<br>18 %  | Vegetables<br>13 %               | Milk/dairy<br>drinks 11 % | Cereals<br>16 %                    | Vegetables<br>14 %    | Miscellaneous<br>9 %  | Cereals<br>20 %                    | Vegetables<br>14 %    | Soft drinks/<br>edible drinks 10 % |
| Sweden       |  |                                  |                           | Soft drinks/<br>edible drinks 18 % | Cereals<br>15 %       | Vegetables<br>12 %    | Soft drinks/<br>edible drinks 18 % | Cereals<br>16 %       | Vegetables<br>13 %                 |

<sup>(a)</sup> For a more elaborate description of (some of) the food groups see Table 1.

<sup>(b)</sup> OIM = observed individual means

<sup>(c)</sup> Top 3 of food groups included for all countries the food groups that contributed more than 10 % to the total long-term exposure.

**Table 11. Percentage of children in the age classes 1-2 and 3-10<sup>(a)</sup> years living in different European countries that exceeded the daily equivalent of the provisional tolerable weekly intake (PTWI) of 3.6 µg/kg bw per day, following two scenarios of assigning lead concentrations to non-detect samples. Exposures were calculated using the OIM<sup>(b)</sup> approach.**

| Country        | Age (years) and p percentage |                  |                         |      |
|----------------|------------------------------|------------------|-------------------------|------|
|                | Using LB concentrations      |                  | Using UB concentrations |      |
|                | 1-2                          | 3-10             | 1-2                     | 3-10 |
| Belgium        | 2.8                          | - <sup>(c)</sup> | 33                      | 13   |
| Cyprus         |                              |                  |                         |      |
| Czech Republic |                              | -                |                         | 2.0  |
| Denmark        |                              | -                |                         | -    |
| Finland-DIPP   | 5.4                          | 1.8              | 19                      | 14   |
| Finland-STRIP  |                              | -                |                         | -    |
| France         |                              | -                |                         | 1.9  |
| Germany-2008   | 17                           | -                | 28                      | 2.7  |
| Germany-2007   | 16                           | -                | 26                      | 4.9  |
| Germany-2006   | 16                           | -                | 23                      | 3.3  |
| Greece         |                              | -                |                         | -    |
| Italy          | -                            | -                | 8.3                     | -    |
| Netherlands    | -                            | -                | 11                      | 4.7  |
| Spain-Basque   |                              | -                |                         | -    |
| Spain-enKid    | -                            | -                | 24                      | 2.8  |
| Sweden         | -                            | -                |                         | 3.7  |

<sup>(a)</sup> Children in the age class 11-14 years did not exceed the daily equivalent of the PTWI of lead (Table 8).

<sup>(b)</sup> OIM = observed individual means

<sup>(c)</sup> To assess whether there is a possible health risk related to the long-term exposure to lead in children, the 99<sup>th</sup> percentile levels of exposure (as reported in Table 8) were compared with the daily equivalent of the PTWI of lead (3.6 µg/kg bw per day). When the 99<sup>th</sup> percentile of exposure exceeded this health limit, the exact percentage of children exceeding the limit was reported. Notation ‘-’ means that the percentage of children exceeding the daily equivalent of the PTWI was 1 % or less.

The food consumption data used in this project were collected using different dietary assessment methods, and cover different age ranges. An important difference is also the way in which the various primary dietary information were aggregated into food items and (sub) food groups. Due to these differences it is difficult to compare the food consumption data, and consequently the resulting exposure levels between countries. Furthermore, the food consumption data were collected either at regional or national level (Table 2). In case of regionally collected food consumption data, the resulting lead exposure levels may not be representative of the exposure levels at a national level.

A careful evaluation of the exposure assessment includes a critical examination of concentration data. Concentration data were supplied by EFSA that received the lead concentration data from the different Member States. An important issue is the representativity of the concentration data in relation to the lead concentration levels consumers in different European countries are exposed to. The lead concentration data were predominantly supplied by 14 Member States, of which 44 % was supplied by Germany and 15 % by France (section 2.1). The concentration data used for this exposure assessment did therefore not cover all European countries involved in the present study equally. However, no information is currently available about differences in lead concentrations in food items in



different European countries to assess how representative these data are to estimate the lead intake at a national level. Another important factor affecting the representativity of the concentration data is sampling strategy, such as sampling at randomly or with pre-knowledge of possible contamination, and sampling with the aim to analyse all relevant foods that may contain lead or only a sub-selection of foods (e.g. only the highly contaminated foods). No information on this was available.

Other factors to be considered to objectively evaluate the reliability of exposure assessments produced in this work related to the concentration data used in this assessment are::

The grouping of the analysed commodities in the different food groups in relation to the grouping of the consumed foods.

The effect of differences in LODs/LOQs between the data suppliers on the exposure results.

The exposure results presented in this report should therefore be interpreted with caution and do not necessarily represent the intake of lead at the national level.

#### **4.2. Linkage of food consumption data to concentration data**

To link food consumption data to lead concentration data, both data were categorised in 42 communal food groups (Table 1, section 2.3). In this way, we were able to calculate the exposure to lead in a harmonised way using food consumption data of different countries within Europe and one 'European' lead concentration database. The exposure results presented in this report can thus be regarded as an important step forward in harmonising exposure calculations within Europe. The 42 food groups used to assess the exposure to lead were however very broad. For example food group 'vegetables' contained all types of raw and processed vegetables, including potatoes. Because of this there may be a large variation in the lead concentration levels within a food group, resulting in a mean lead level that is not representative of all foods belonging to the food group. Linking this mean level to all foods belonging to the food group may thus result in wrong conclusions regarding exposure.

Linking food consumption and concentration data is a crucial step in dietary exposure assessments. Given the high exposure levels calculated in both concentration scenario's, a critical examination of the linkage between the food groups consumed and those analysed is advised to study whether this can be improved by, for example, defining more detailed food groups.

#### **4.3. Long-term exposure to lead**

Comparisons of lead exposure estimates between countries are hampered by the difference in age ranges covered in these studies. The effects of these differences can be partly minimized by assessing the exposure per age as done using the BBN model and to compare the exposure between countries at that level. When examining the age range of 4 to 6 years, the age range for which exposure estimates were obtained for all countries, the highest exposures were calculated for Finland and Germany and the lowest for Greece and the Netherlands in the LB concentration scenario. After exclusion of countries for which the transformed positive daily exposure distributions were not satisfactorily transformed to normality using a logarithmic transformation, Belgium tended to have the highest exposure levels and Czech Republic, Italy,

Spain (both studies) and Sweden the lowest. However, whether these are real differences should to be examined further (see sections 4.1 and 4.2).

Using the OIM approach, age differences were addressed by calculating the exposure for three age groups: 1 to 2 years, 3 to 10 years and 11 to 14 years. However, comparing the exposure for these age groups is hampered by differences between countries in which the surveys covered the different age groups. In the age group 1 to 2 years, Belgium and Netherlands covered both only age 2, while Germany, Italy and Spain (enKid study) covered the whole age range. Comparisons show that the exposure was higher in Belgium compared to the Netherlands, and that Germany had the highest exposure of the countries that covered the whole age range of 1- to 2-years. It is noteworthy that the number of children in this age group was very low in especially Belgium, Italy and Spain (enKid study), resulting in uncertain exposure estimates.

For the age group 3 to 10 years comparisons in exposure could again be made for Belgium and Netherlands (covered the ages 3 to 6 years, Table 2). As for the age group 1 to 2 years, also the exposure in this age group tended to be highest in Belgium in both concentration scenarios. Data from France, Germany, Italy, Spain (enKid study) and Sweden covered the whole 3 to 10 year age group, resulting in the highest exposure in Germany and the lowest in Italy in both lead concentration scenarios (Table 8). The Czech Republic, Denmark, and Spain (Basque study) covered the ages 4 to 10 years in this age group (Table 2).

Because the lead concentration data used in the calculations were identical for all countries, the differences in exposure between countries are due to (1) differences in “description” of food consumption patterns between the countries and (2) real differences in consumption patterns between the countries. In Belgium, and also France, the mean consumption of the food group ‘miscellaneous’ (which includes soups, sauces, potato and pasta salads, mustard, and vinegar), one of the main contributors to the long-term exposure to lead in the LB concentration scenario (Table 4) was relatively high compared to the other countries in the age group of 1 to 10 years: 71 g/d for Belgium and 58 g/d for France compared to, for example, 6 g/d in Italy (Appendix B). Consumption levels of the other two main contributors to the total exposure, food groups ‘vegetables’ and ‘cereals’, were on the other hand highest in Italy, 166 and 225 g/d respectively (Appendix B).

In the age group 11 to 14 years, food consumption data of five surveys from four countries were available. For this age category, the exposure levels tended to be highest in the Czech Republic and lowest in Cyprus in both the LB and UB concentration scenario using the BBN approach (Table 5). The very likely reason for this was that the mean consumption of the food groups ‘vegetables’ and ‘cereals’, main contributors to the lead exposure in all countries (Table 6), was the highest in the Czech Republic (225 and 265 g/d, respectively) and lowest in Cyprus (176 and 195 g/d; Appendix B). Spain (Basque study) had comparable mean consumption levels of these food groups as Cyprus, but had the highest mean consumption level of the food group ‘miscellaneous’ of all four studies, 62 g/d (Appendix B). Because for this age group the BBN model resulted in a satisfactory result for all countries (except for Sweden in the UB concentration scenario), the results of this model should preferably be used to compare the exposures.

Although the lead concentrations were not extremely high in the food groups contributing most to the exposure (Table 1), in combination with consumption levels, they became the

main contributors to the exposure. Food groups with relatively high contamination levels were ‘other food for special dietary uses’, ‘food supplements’, and ‘dried vegetables’. However consumption levels of these food groups were very low or not recorded (e.g. true for ‘food supplements’ in some countries), and did therefore not significantly contribute to the exposure in any of the countries / ages addressed.

The food group ‘miscellaneous’ contributed largely to the overall long-term exposure to lead. This food group consisted of a very diverse group of foods, including soups, snacks, sauces, gravy, and whey drinks (Appendix A). Given this diversity in composition, a critical examination of this food group to study whether a more detailed link between foods consumed and those analysed could be achieved is advised. Furthermore, when comparing the exposure between countries we ignored other methodological differences between the different national/regional food consumption surveys that very likely also explain partly the differences in exposure.

#### 4.4. Dietary exposure assessment

In this report, we estimated the long-term exposure to lead in children. Because food consumption data are predominantly collected during a limited number of days (e.g. two up to seven days per individual), statistical models are needed to correct for the within-subject variation to accurately estimate the long-term dietary exposure. Here two models were used for this, the OIM and BBN model. Among these two methods, the BBN model is the preferred method to estimate the long-term exposure to lead if its assumptions are reasonable. Unlike the OIM method, BBN corrects for the within-person variation to estimate the long-term exposure. This approach has been proven very useful for the estimation of long-term exposure (Dodd et al., 2006; Hoffmann et al., 2002). Another advantage of the BBN model is that it can model covariates, such as age. This is important when assessing the exposure in children, because it is known that the exposure decreases with age, as shown in this report for lead (Table 3). Ignoring the effect of age on the exposure when present may result in wrong conclusions.

Like all statistical models and especially parametric models, the BBN method should always be used with caution. The results can be misleading for various reasons, e.g. when the transformed positive daily exposure distribution is markedly non-normal, when there is a sizeable correlation between frequency and amount of exposure or between exposures at subsequent days, or when the within-person variation is strongly heterogeneous. Furthermore, estimation of consumption frequencies is rough when there are only very few days per person in the database (as commonly the case). However, a positive lead exposure was observed on all days for all countries. The estimation of frequencies was therefore not an issue in the analyses described here.

For some countries BBN could not be used in a satisfactory way due to lack of normality of the logarithmically transformed positive daily exposure distributions. In those cases, the long-term exposure estimates may be wrong. We therefore also used a simpler approach: in the OIM method, replicates of one-day measurements of dietary exposure are averaged per person. In this way, the within-person variation is not corrected for, resulting in more conservative estimates of long-term exposure in the right tail of the exposure distribution compared to models that do so, like BBN. The exposure results obtained with this approach

(Table 8) and the corresponding percentages of children exceeding the daily equivalent of the PTWI (Table 11) should be considered as conservative estimates, and interpreted with caution. Furthermore, OIM cannot address age as a covariate. We therefore selected subsets of the data corresponding with given age ranges to explore differences in exposure between age groups. However, this resulted in a decrease of statistical power due to a lower sample size, particularly for the age group 1 to 2 years. For example, this group consisted of only 17 children in the Spain-enKid study and 36 in the Belgian and Italian studies (Table 2). The resulting estimates of exposure of such small groups lack precision. To our knowledge, OIM is the only method presently available to assess the long-term exposure in cases of non-normality of transformed positive daily exposure distributions. We therefore recommend that statistical models will be developed that deal with arbitrary (non-normal) positive daily exposure distributions. These models should also be able to assess the exposure as a function of cofactors (categorical factors such as gender) and covariables (continuous variables such as age).

The reason that some daily exposure distributions, namely of Denmark, Finland (both studies), Germany, Greece, Netherlands (only LB concentration scenario) and Sweden (only UB concentration scenario for 11- to 13-year olds), could not be transformed satisfactorily to approximate normality using a logarithmic transformation was in most cases that the transformed distribution was still right-skewed leading to an underestimation of the right tail (see Figure 2 for two examples). As described in section 3.1.3, the ‘heavy’ right tail of the distribution could in some cases be attributed to lead exposure via one specific food group. Given this observation, it needs to be investigated whether the linkage of the food consumption data to the analysed foods using a rather rough food categorisation system of 42 food groups was the reason why some positive daily exposure distributions could not be transformed to normality satisfactorily using a logarithmic transformation. For the databases of Germany and Finland (DIPP study) however no food groups could be identified that resulted in non-normality of the logarithmically transformed positive daily exposure distribution. The reason for this is unclear.

To assess long-term exposure food consumption data should be collected during two or more, preferably, non-consecutive days (Hoffmann et al., 2002), covering all seasons of the year. This holds for both models used in this report. For the majority of food consumption data used in the exposure calculations, the data were however collected on consecutive days (Table 2), except for Czech Republic, Netherlands and Spain (both studies) and partly for Cyprus and Finland-DIPP. As described by Hoffman et al. (2002), a sampling design based on adjacent days can result in an underestimation of the within-person variation, and to an over-estimation of the between-person variability, which is the quantity of interest. As a result long-term exposure levels may be overestimated. However, the food consumption databases with consecutive days all included three days or more, making it possible to select also in these surveys non-consecutive days (e.g. first and last recording day of surveys covering three days).

In this report, we calculated the exposure at the 99<sup>th</sup> percentile level. In the BBN approach, any percentile of long-term exposure can be calculated based on the simulated long-term exposure distribution, generated by combining the exposure frequency model with the back-transformed exposure distribution (see section 2.4.1). Both the BBN and the OIM approach are based on the exposure data of a limited set of individuals. A low number of persons in the database can be a limiting factor. In all datasets used in this report, the number of individuals

exceeded 100, except for the age group 1 to 2 years of the Belgian, German, Italian and Spain-enKid studies (Table 2). Obviously with the latter studies there is no empirical basis for the 99<sup>th</sup> percentile with regard to the consumption data. For BBN the results are based on an assumed normal distribution of transformed positive daily exposure levels. The estimation of the 99<sup>th</sup> percentile level of exposure for small consumption databases suffers from uncertainty. The influence of this sampling uncertainty on the 99<sup>th</sup> percentile estimates can be investigated by running an uncertainty analysis using bootstrap sampling of the set of persons (see section 4.6). Furthermore, we compared the 99<sup>th</sup> percentile of exposure with the daily equivalent of the PTWI to assess whether there is a possible health risk of lead exposure in the examined populations. Apart from the feasibility of calculating such a high percentile of exposure, also the question should be raised which percentile to choose to assess whether there is a health risk or not. There are no guidelines on this, and normally several percentiles of exposure are reported (as done here) to make it possible to compare the toxicological reference value also with other levels of exposure.

#### **4.5. Uncertainty**

There are different sources of uncertainty in dietary exposure assessments. Important sources are study design, under- and over-reporting of food consumption, linkage of foods consumed to those analysed and uncertainty due to the sample size of the consumption and concentration database.

In this report, the uncertainties are related to the food consumption and lead concentration data used, and the linkage of the foods consumed to those analysed. Also model uncertainty is present in those cases where the exposure data could not be converted to normality in a satisfactory way.

We could perform a bootstrap analysis to quantify the uncertainty in the exposure percentiles due to the size of the database: normally smaller databases will result in larger confidence intervals around a certain exposure percentile than larger databases. However, this is too much detail for this report and should be part of the ensuing scientific paper. In that paper, also the uncertainty in the concentration database should be included.

#### **4.6. Conclusion and recommendations for future analysis**

In this study, we calculated the long-term dietary exposure to lead in children for different European countries and regions using the same lead concentration data and the same models to assess the exposure. To establish this, the foods recorded in the different surveys were categorised in a harmonised way, so that the consumption data could be linked to the lead concentration levels. The results showed that the lead exposure differed between the participating countries as well as between the different age groups, with higher lead exposures in younger children. Furthermore, the exposure levels were relatively high in the younger children resulting in exceedances of the daily equivalent of the PTWI at the 99<sup>th</sup> percentile level of exposure.

To assess the long-term exposure to lead in European children, a model, such as the BBN model, that corrects for the within-person variation is the preferred method to be used. The OIM model only reflects the exposure during the duration of the food consumption survey



which is more variable than the true long-term exposure. Another important advantage of the BBN model is that it can model covariates, such as age. This is important when assessing the exposure in children, because it is known that the exposure decreases with age, as shown for lead in this report. Ignoring the effect of age on the exposure when present may result in imprecise estimates of exposure and thus to wrong conclusions. However, models that correct for the within-person variation can only be used when the condition of normality of the transformed positive daily exposure distribution is met. This should always be checked when using these models to assess the long-term exposure to food chemicals.

Due to the uncertainties related to the lead exposure assessment presented here (section 4.6), the exposure results should be interpreted with caution and do not necessarily represent the intake of lead at the national level. We recommend refining the risk assessment of the dietary exposure to lead in young children in European countries by:

Gaining insight in the grouping of the analysed commodities in the different food groups, and to improve consequently the linkage between food consumed and analysed;

Gaining insight in the representativity of the lead concentration data used in the assessment to assess the national exposures to lead;

Developing a long-term model that can deal with non-normally distributed transformed positive exposure distributions, including cofactor and covariable analysis.



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## Appendices

### APPENDIX A LINKAGE OF THE FOOD CATEGORIES AS DEFINED IN DE NEVE ET AL (2009) (SO-CALLED ‘EXPOCHI’ FOOD GROUPS) TO THE FOOD GROUPS OF THE EFSA CONCISE FOOD CONSUMPTION DATABASE

| EFSA Concise food consumption database food groups |  | EXPOCHI food groups |  |
|--|--|---------------------|--|
| Nr   | Name   | Nr                  | Name   |
| 1  | Composed foods-cereal based mixed dishes and cereal-based desserts | 6.5                 | Cereal and starch-based desserts (e.g. rice pudding, tapioca pudding)  |
|  |  | 16.1                | Composite foods: cereal based (e.g. casseroles, meat pies) -foods that can not be placed in categories 1-15. |
| 2  | Vegetables excl. dried vegetables <sup>(b)</sup>                   | 4.2                 | Vegetables incl. mushrooms & fungi, roots & tubers, pulses and legumes), and nuts & seeds                    |
|  |  | 4.2.1               | Fresh vegetables   |
|  |  | 4.2.2               | Processed vegetables, and nuts and seeds   |
|  |  | 4.2.2.1             | Frozen vegetables  |
|  |  | 4.2.2.3             | Vegetables in vinegar, oil or brine  |
|  |  | 4.2.2.4             | Canned or bottled (pasteurised) vegetables   |
|  |  | 4.2.2.5             | Vegetable, and nut & seed purees and spreads (e.g. peanut butter)  |
|  |  | 4.2.2.6             | Vegetable, and nut & seed pulps and preparations other than 4.2.2.5  |
|  |  | 4.2.2.7             | Fermented vegetable products   |
|  |  | 4.2.2.8             | Cooked or fried vegetables   |
| 3  | Nuts/seeds   | 4.2                 | Vegetables incl. mushrooms & fungi, roots & tubers, pulses and legumes), and nuts & seeds                    |
|  |  | 4.2.2.5             | Vegetable, and nut & seed purees and spreads (e.g. peanut butter)  |
|  |  | 4.2.2.6             | Vegetable, and nut & seed pulps and preparations other than 4.2.2.5  |
|  |  | 15.2                | Processed nuts, incl. coated nuts and nut mixtures (with e.g., dried fruit)                                  |
| 4  | Coffee/tea in concentrated and in powdered form                    | 14.1.5              | Coffee, coffee substitutes, tea, herbal infusions, and other hot cereal beverages, excl cocoa.               |
| 5  | Chocolate (products)   | 5.1                 | Cocoa products and chocolate products incl. limitations and chocolate substitutes                            |
| 6  | Fruit excl. dried fruit <sup>(b)</sup>                             | 4.1                 | Fruit  |
|  |  | 4.1.1               | Fresh fruit  |
|  |  | 4.1.2               | Processed fruit  |
|  |  | 4.1.2.1             | Frozen fruit   |
|  |  | 4.1.2.3             | Fruit in vinegar, oil or brine   |

| EFSA Concise food consumption database food groups |  | EXPOCHI food groups |   |
|--|--|---------------------|---|
| Nr   | Name   | Nr                  | Name  |
|  |  | 4.1.2.4             | Canned or bottled (pasteurised) fruit   |
|  |  | 4.1.2.5             | Jams, jellies, marmalades   |
|  |  | 4.1.2.6             | Fruit-based spreads other than 4.1.2.5 (e.g. chutney)   |
|  |  | 4.1.2.7             | Candied fruit   |
|  |  | 4.1.2.8             | Fruit preparations, incl. pulp and fruit toppings   |
|  |  | 4.1.2.9             | Fruit-based desserts, incl. fruit-flavoured water-based desserts  |
|  |  | 4.1.2.10            | Fermented fruit products  |
|  |  | 4.1.2.11            | Fruit fillings for pastries   |
|  |  | 4.1.2.12            | Cooked or fried fruit   |
| 7  | Dried fruit  | 4.1.2.2             | Dried fruit   |
| 8  | Fresh and dried herbs, spices, seasonings and condiments   | 12.2                | Herbs, spices, seasonings , and condiments  |
| 9  | Food supplements   | 13.6                | Food supplements  |
| 10   | Waters   | 14.1.1              | Waters  |
| 11   | Sugar, sweeteners and sugar products (e.g. sugar based confectionery, chewing gum and decorations) | 5.2                 | Sugar based confectionery other than 5.1, 5.3 and 5.4, incl. hard and soft candy, nougats, etc.           |
|  |  | 5.3                 | Chewing gum   |
|  |  | 5.4                 | Decorations (e.g. for fine bakery wares), toppings (non-fruit) and sweet sauces.                          |
|  |  | 11                  | Sweeteners, including honey   |
| 12   | Fats, oils and fat emulsions (also e.g. rice milk (no soy milk))                                   | 2                   | Fats and oils, and fat emulsions (type water-in-oil)  |
| 13   | Composed foods: meat based mixed dishes  | 16.2                | Composite foods meat based (e.g. casseroles, meat pies) -foods that can not be placed in categories 1-15. |
| 14   | Composed foods: fish based mixed dishes  | 16.3                | Composite foods fish based (e.g. casseroles, meat pies) -foods that can not be placed in categories 1-15. |
| 15   | Dried vegetables   | 4.2.2.2             | Dried vegetables  |
| 16   | Pulses/legumes   | 4.2                 | Vegetables incl. mushrooms & fungi, roots & tubers, pulses and legumes), and nuts & seeds                 |
| 17   | Soy milk/soy based dessert   | 2.3                 | 2.3 Fat emulsions other than 2.2, incl. mixed and/or flavoured products based on fat emulsions.           |
|  |  | 2.4                 | 2.4 Fat based desserts (excl., dairy based desserts)  |
| 18   | Milk/dairy drinks  | 1.1.2               | Milk, incl, sterilised and UHT goats milk   |
|  |  | 1.1.4               | Dairy-based drinks, flavoured and/or fermented (e.g. chocolate, milk, cocoa, eggnog)                      |
|  |  | 1.3                 | Condensed milk (plain) and analogues  |

| EFSA Concise food consumption database food groups |  | EXPOCHI food groups |  |
|--|--|---------------------|--|
| Nr   | Name   | Nr                  | Name   |
| 19   | Cheese   | 1.5                 | Milk powder and cream powder (plain)   |
| 20   | Dairy based products   | 1.6                 | Cheese   |
|  |  | 1.1.3               | Buttermilk (Plain)   |
|  |  | 1.2                 | Fermented and renneted milk products (plain) excluding drinks                        |
|  |  | 1.4                 | Cream (plain) and the like   |
|  |  | 1.7                 | Dairy-based desserts (e.g. ice cream, ice milk, pudding, fruit or flavoured yoghurt) |
| 21   | Salt   | 12.1                | Salt (incl. salt substitutes)  |
| 22   | Fish   | 9                   | Fish and fish products, including molluscs, crustaceans and echinoderms (MCE)        |
| 23   | Molluscs   | 9                   | Fish and fish products, including molluscs, crustaceans and echinoderms (MCE)        |
| 24   | Cephalopods  | 9                   | Fish and fish products, including molluscs, crustaceans and echinoderms (MCE)        |
| 25   | Crustaceans  | 9                   | Fish and fish products, including molluscs, crustaceans and echinoderms (MCE)        |
| 26   | Other seafood (echinoderms)  | 9                   | Fish and fish products, including molluscs, crustaceans and echinoderms (MCE)        |
| 27   | Beer/malt beverages  | 14.2.1              | Beer and malt beverages  |
| 28   | Wine/substitutes   | 14.2.3              | Wines  |
| 29   | Other alcoholic beverages  | 14.2.2              | Cider and perry  |
|  |  | 14.2.4              | Fruit wine   |
|  |  | 14.2.5              | Mead   |
|  |  | 14.2.6              | Spirituous beverages   |
|  |  | 14.3                | Other alcoholic beverages (e.g. beer, wine, or spirit coolers. etc.)                 |
| 30   | Fruit juices/nectars <sup>(b)</sup>  | 14.1.2              | Fruit and vegetable juices   |
|  |  | 14.1.3              | Fruit and vegetable nectars  |
| 31   | Vegetable juices/nectars   | 14.1.2              | Fruit and vegetable juices   |
|  |  | 14.1.3              | Fruit and vegetable nectars  |
| 32   | Soft drinks/edible ices  | 3                   | Edible ices, including sherbet and sorbet  |
|  |  | 14.1.4              | Water-based flavoured drinks, incl. "sport" or "electrolyte" drinks                  |
| 33   | Cereals/cereal products (no cereal based desserts or cereal based mixed dishes) <sup>(b)</sup> | 6.1                 | Whole, broken or flaked grain, incl. rice  |
|  |  | 6.2                 | Flours and starch  |
|  |  | 6.3                 | Breakfast cereals, incl. rolled oats   |
|  |  | 6.4                 | Pastas and noodles   |



| EFSA Concise food consumption database food groups |   | EXPOCHI food groups |   |
|--|---|---------------------|---|
| Nr   | Name  | Nr                  | Name  |
|  |   | 6.6                 | Batters (e.g. for breading or batters for fish or poultry)                                    |
|  |   | 7.1                 | Bread and ordinary bakery wares   |
|  |   | 7.1.1               | Breads and rolls  |
|  |   | 7.1.2               | Crackers, excluding sweet crackers  |
|  |   | 7.1.3               | Other ordinary bakery products (e.g. bagels, pita, English muffins)                           |
|  |   | 7.1.4               | Bread-type products, incl. bread stuffing & bread crumbs                                      |
|  |   | 7.2                 | Fine bakery wares   |
|  |   | 7.2.1               | Cakes, cookies and pies (e.g. fruit-filled or custard types)                                  |
|  |   | 7.2.2               | Other fine bakery products (e.g. doughnuts, sweet rolls, scones and muffins)                  |
|  |   | 7.2.3               | Mixes for fine bakery wares (e.g. cakes, pancakes)  |
| 34   | Other food for special dietary uses   | 13.4                | Dietetic formulae for slimming purposes and weight reduction                                  |
|  |   | 13.5                | Dietetic foods other than 13.1-13.4   |
| 35   | Infant formulae, follow up formulae, food for young children and infant formulae and follow up formulae for medical purposes <sup>(b)</sup> | 13.1                | Infant formulae and follow-on formulae  |
|  |   | 13.2                | Foods for young children (weaning foods)  |
|  |   | 13.3                | Dietetic foods intended for special medical purposes  |
| 37   | Miscellaneous foods <sup>(b)</sup>  | 1.8                 | Whey and whey products, excl. whey cheese   |
|  |   | 10.4                | Egg-based desserts (e.g. custard)   |
|  |   | 12.3                | Vinegars  |
|  |   | 12.4                | Mustards  |
|  |   | 12.5                | Soups and broths  |
|  |   | 12.6                | Sauces and like products  |
|  |   | 12.7                | Salads (e.g. macaroni or potato salad), sandwich spreads (excl. cocoa- and nut-based spreads) |
|  |   | 12.8                | Yeast   |
|  |   | 12.9                | Protein products  |
|  |   | 15.1                | Snacks - potato, cereal, flour or starch based (from roots & tubers, pulses & legumes)        |
| 38   | Liver/kidney  | 8.4.1               | Liver   |
|  |   | 8.4.2               | Kidney  |
|  |   | 8.4.4               | Liver and other meat  |
| 39   | Offal except liver/kidney   | 8.4.3               | Other offal   |

| EFSA Concise food consumption database food groups |   | EXPOCHI food groups |   |
|--|---|---------------------|---|
| Nr   | Name  | Nr                  | Name  |
|  |   | 8.5                 | Edible casings (e.g. sausage casings)                             |
| 40   | Types of vegetarian substitutes for meat/fish | 17                  | Vegetarian meat and fish substitutes                              |
| 41   | Fresh meat                                    | 8.1                 | Fresh meat, poultry and game                                      |
| 42   | Processed meat                                | 8.2                 | Processed meat, poultry and game products in whole pieces or cuts |
|  |   | 8.3                 | Processed comminuted meat, poultry and game products              |
| 45   | Eggs  | 10.1                | Fresh eggs  |
|  |   | 10.2                | Egg products  |
|  |   | 10.3                | Preserved eggs, incl. alkaline, salted, and canned eggs           |

## APPENDIX B DAILY CONSUMPTION LEVELS OF THE DIFFERENT FOOD GROUPS PER COUNTRY AND RELEVANT AGE GROUP

### Explanation column names

|              |  |
|--------------|--|
| MeanConsum   | average consumption, all consumers, all days |
| MeanConsDays | average consumption, consumption days only   |
| Median       | median consumption, consumption days only    |
| NConsDays    | number of consumption days in the data set   |
| NDays        | total number of days                         |
| %ConsDays    | percentage consumption days                  |

### Belgium, age 2 to 6 years

| Food group                        | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( % ) |
|-----------------------------------|---------------------|-----------------------|-----------------|-----------|-------|--------------------|
| Composed foods: cereal based      | 22.54               | 143.73                | 125.00          | 311       | 1983  | 15.7               |
| Waters                            | 226.09              | 298.49                | 150.00          | 1502      | 1983  | 75.7               |
| Sugar, sweeteners and sugar       | 3.81                | 15.60                 | 8.00            | 484       | 1983  | 24.4               |
| Fats, oils and fat emulsions      | 8.58                | 11.61                 | 5.00            | 1465      | 1983  | 73.9               |
| Composed foods: meat based        | 2.32                | 38.42                 | 30.00           | 120       | 1983  | 6.1                |
| Composed foods: fish based        | 0.40                | 24.00                 | 20.00           | 33        | 1983  | 1.7                |
| Pulses and legumes                | 0.94                | 58.09                 | 42.50           | 32        | 1983  | 1.6                |
| Soy milk and soy based dessert    | 17.35               | 318.52                | 125.00          | 108       | 1983  | 5.4                |
| Milk and dairy drinks             | 360.58              | 422.09                | 200.00          | 1694      | 1983  | 85.4               |
| Cheese                            | 14.41               | 36.96                 | 22.50           | 773       | 1983  | 39.0               |
| Vegetables excl. dried vegetables | 145.59              | 161.29                | 40.00           | 1790      | 1983  | 90.3               |
| Dairy based products              | 42.38               | 119.71                | 100.00          | 702       | 1983  | 35.4               |
| Salt                              | 0.00                | 0.25                  | 0.25            | 1         | 1983  | 0.1                |
| Fish                              | 8.45                | 80.56                 | 75.00           | 208       | 1983  | 10.5               |
| Molluscs                          | 0.12                | 60.50                 | 69.50           | 4         | 1983  | 0.2                |
| Crustaceans                       | 0.29                | 29.03                 | 26.50           | 20        | 1983  | 1.0                |
| Beer and malt beverages           | 0.50                | 70.57                 | 32.50           | 14        | 1983  | 0.7                |
| Wine and substitutes              | 0.05                | 13.44                 | 7.50            | 8         | 1983  | 0.4                |
| Nuts and seeds                    | 0.35                | 18.11                 | 10.00           | 38        | 1983  | 1.9                |
| Fruit juices and nectars          | 174.98              | 299.12                | 200.00          | 1160      | 1983  | 58.5               |
| Vegetable juices and nectars      | 0.23                | 150.00                | 112.50          | 3         | 1983  | 0.2                |
| Soft drinks and edible ices       | 121.61              | 273.11                | 150.00          | 883       | 1983  | 44.5               |
| Cereals and cereal products       | 152.95              | 152.95                | 30.00           | 1983      | 1983  | 100.0              |
| Infant formulae                   | 5.87                | 323.47                | 240.00          | 36        | 1983  | 1.8                |
| Miscellaneous foods/products      | 71.47               | 110.90                | 30.00           | 1278      | 1983  | 64.4               |
| Liver and kidney                  | 0.77                | 21.52                 | 19.00           | 71        | 1983  | 3.6                |
| Offal except liver and kidney     | 0.37                | 82.44                 | 95.00           | 9         | 1983  | 0.5                |
| Types of vegetarian substitute    | 0.57                | 59.46                 | 57.00           | 19        | 1983  | 1.0                |
| Fresh meat                        | 51.72               | 70.54                 | 50.00           | 1454      | 1983  | 73.3               |
| Processed meat                    | 19.57               | 44.55                 | 25.00           | 871       | 1983  | 43.9               |
| Eggs                              | 5.27                | 47.74                 | 50.00           | 219       | 1983  | 11.0               |
| Chocolate and chocolate products  | 13.27               | 24.32                 | 13.50           | 1082      | 1983  | 54.6               |
| Fruit excl. dried fruit           | 112.38              | 156.72                | 62.50           | 1422      | 1983  | 71.7               |
| Dried fruit                       | 0.39                | 20.77                 | 20.00           | 37        | 1983  | 1.9                |

## Belgium, age 2 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 17.19      | 109.21       | 125.00 | 17        | 108   | 15.7      |
| Waters                            | 153.13     | 232.93       | 150.00 | 71        | 108   | 65.7      |
| Sugar, sweeteners and sugar       | 2.54       | 12.45        | 8.00   | 22        | 108   | 20.4      |
| Fats, oils and fat emulsions      | 8.02       | 11.25        | 5.00   | 77        | 108   | 71.3      |
| Composed foods: meat based        | 1.94       | 35.00        | 30.00  | 6         | 108   | 5.6       |
| Composed foods: fish based        | 1.13       | 24.30        | 22.50  | 5         | 108   | 4.6       |
| Pulses and legumes                | 0.32       | 35.00        | 35.00  | 1         | 108   | 0.9       |
| Soy milk and soy based dessert    | 41.18      | 404.27       | 150.00 | 11        | 108   | 10.2      |
| Milk and dairy drinks             | 361.44     | 424.30       | 200.00 | 92        | 108   | 85.2      |
| Cheese                            | 13.79      | 37.23        | 22.50  | 40        | 108   | 37.0      |
| Vegetables excl. dried vegetables | 141.04     | 153.86       | 37.61  | 99        | 108   | 91.7      |
| Dairy based products              | 34.56      | 116.66       | 95.00  | 32        | 108   | 29.6      |
| Fish                              | 5.56       | 54.55        | 52.00  | 11        | 108   | 10.2      |
| Crustaceans                       | 0.63       | 34.00        | 34.00  | 2         | 108   | 1.9       |
| Wine and substitutes              | 0.37       | 40.00        | 40.00  | 1         | 108   | 0.9       |
| Nuts and seeds                    | 0.48       | 13.00        | 6.00   | 4         | 108   | 3.7       |
| Fruit juices and nectars          | 198.03     | 292.97       | 200.00 | 73        | 108   | 67.6      |
| Soft drinks and edible ices       | 116.27     | 256.28       | 150.00 | 49        | 108   | 45.4      |
| Cereals and cereal products       | 144.16     | 144.16       | 28.00  | 108       | 108   | 100.0     |
| Infant formulae                   | 20.00      | 360.00       | 240.00 | 6         | 108   | 5.6       |
| Miscellaneous foods/products      | 81.71      | 127.90       | 39.79  | 69        | 108   | 63.9      |
| Liver and kidney                  | 1.23       | 26.50        | 22.00  | 5         | 108   | 4.6       |
| Types of vegetarian substitute    | 0.30       | 32.20        | 32.20  | 1         | 108   | 0.9       |
| Fresh meat                        | 53.11      | 69.10        | 37.50  | 83        | 108   | 76.9      |
| Processed meat                    | 17.97      | 43.13        | 35.50  | 45        | 108   | 41.7      |
| Eggs                              | 4.50       | 48.59        | 50.50  | 10        | 108   | 9.3       |
| Chocolate and chocolate products  | 15.50      | 25.36        | 17.00  | 66        | 108   | 61.1      |
| Fruit excl. dried fruit           | 109.79     | 162.43       | 62.50  | 73        | 108   | 67.6      |
| Dried fruit                       | 0.39       | 42.00        | 42.00  | 1         | 108   | 0.9       |

## Belgium, age 3 to 6 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 22.85      | 145.72       | 125.00 | 294       | 1875  | 15.7      |
| Waters                            | 230.29     | 301.74       | 150.00 | 1431      | 1875  | 76.3      |
| Sugar, sweeteners and sugar       | 3.88       | 15.75        | 8.00   | 462       | 1875  | 24.6      |
| Fats, oils and fat emulsions      | 8.61       | 11.63        | 5.00   | 1388      | 1875  | 74.0      |
| Composed foods: meat based        | 2.35       | 38.60        | 30.00  | 114       | 1875  | 6.1       |
| Composed foods: fish based        | 0.36       | 23.95        | 20.00  | 28        | 1875  | 1.5       |
| Pulses and legumes                | 0.97       | 58.84        | 50.00  | 31        | 1875  | 1.7       |
| Soy milk and soy based dessert    | 15.98      | 308.80       | 125.00 | 97        | 1875  | 5.2       |
| Milk and dairy drinks             | 360.53     | 421.97       | 200.00 | 1602      | 1875  | 85.4      |
| Cheese                            | 14.44      | 36.95        | 22.50  | 733       | 1875  | 39.1      |
| Vegetables excl. dried vegetables | 145.85     | 161.72       | 40.00  | 1691      | 1875  | 90.2      |
| Dairy based products              | 42.83      | 119.86       | 100.00 | 670       | 1875  | 35.7      |
| Salt                              | 0.00       | 0.25         | 0.25   | 1         | 1875  | 0.1       |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                  | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Fish                             | 8.62       | 82.02        | 75.00  | 197       | 1875  | 10.5      |
| Molluscs                         | 0.13       | 60.50        | 69.50  | 4         | 1875  | 0.2       |
| Crustaceans                      | 0.27       | 28.47        | 25.00  | 18        | 1875  | 1.0       |
| Beer and malt beverages          | 0.53       | 70.57        | 32.50  | 14        | 1875  | 0.7       |
| Wine and substitutes             | 0.04       | 9.64         | 6.50   | 7         | 1875  | 0.4       |
| Nuts and seeds                   | 0.34       | 18.71        | 11.50  | 34        | 1875  | 1.8       |
| Fruit juices and nectars         | 173.65     | 299.53       | 200.00 | 1087      | 1875  | 58.0      |
| Vegetable juices and nectars     | 0.24       | 150.00       | 112.50 | 3         | 1875  | 0.2       |
| Soft drinks and edible ices      | 121.92     | 274.10       | 150.00 | 834       | 1875  | 44.5      |
| Cereals and cereal products      | 153.46     | 153.46       | 30.00  | 1875      | 1875  | 100.0     |
| Infant formulae                  | 5.06       | 316.17       | 240.00 | 30        | 1875  | 1.6       |
| Miscellaneous foods/products     | 70.89      | 109.93       | 30.00  | 1209      | 1875  | 64.5      |
| Liver and kidney                 | 0.74       | 21.14        | 17.50  | 66        | 1875  | 3.5       |
| Offal except liver and kidney    | 0.40       | 82.44        | 95.00  | 9         | 1875  | 0.5       |
| Types of vegetarian substitute   | 0.59       | 60.97        | 58.50  | 18        | 1875  | 1.0       |
| Fresh meat                       | 51.64      | 70.62        | 50.00  | 1371      | 1875  | 73.1      |
| Processed meat                   | 19.66      | 44.62        | 25.00  | 826       | 1875  | 44.1      |
| Eggs                             | 5.32       | 47.70        | 50.00  | 209       | 1875  | 11.1      |
| Chocolate and chocolate products | 13.14      | 24.26        | 13.00  | 1016      | 1875  | 54.2      |
| Fruit excl. dried fruit          | 112.53     | 156.41       | 62.50  | 1349      | 1875  | 71.9      |
| Dried fruit                      | 0.39       | 20.18        | 17.00  | 36        | 1875  | 1.9       |

## Cyprus, age 11 to 14 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 38.88      | 202.99       | 160.00 | 154       | 804   | 19.2      |
| Waters                            | 0.31       | 250.00       | 250.00 | 1         | 804   | 0.1       |
| Sugar, sweeteners and sugar       | 3.67       | 13.65        | 10.00  | 216       | 804   | 26.9      |
| Fats, oils and fat emulsions      | 6.09       | 11.05        | 10.00  | 443       | 804   | 55.1      |
| Composed foods: meat based        | 13.18      | 135.83       | 100.00 | 78        | 804   | 9.7       |
| Pulses and legumes                | 28.35      | 180.91       | 160.00 | 126       | 804   | 15.7      |
| Milk and dairy drinks             | 258.18     | 321.32       | 220.00 | 646       | 804   | 80.3      |
| Cheese                            | 30.66      | 59.98        | 40.00  | 411       | 804   | 51.1      |
| Vegetables excl. dried vegetables | 175.88     | 215.56       | 60.00  | 656       | 804   | 81.6      |
| Dairy based products              | 18.12      | 74.34        | 45.00  | 196       | 804   | 24.4      |
| Fish                              | 12.94      | 110.69       | 90.00  | 94        | 804   | 11.7      |
| Cephalopods                       | 6.75       | 118.04       | 90.00  | 46        | 804   | 5.7       |
| Beer and malt beverages           | 0.93       | 750.00       | 750.00 | 1         | 804   | 0.1       |
| Wine and substitutes              | 0.15       | 120.00       | 120.00 | 1         | 804   | 0.1       |
| Nuts and seeds                    | 1.84       | 25.50        | 20.00  | 58        | 804   | 7.2       |
| Fruit juices and nectars.         | 114.24     | 197.95       | 200.00 | 464       | 804   | 57.7      |
| Soft drinks and edible ices       | 58.13      | 322.31       | 240.00 | 145       | 804   | 18.0      |
| Cereals and cereal products (n    | 194.89     | 204.82       | 60.00  | 765       | 804   | 95.1      |
| Infant formulae                   | 0.15       | 60.00        | 60.00  | 2         | 804   | 0.2       |
| Miscellaneous foods/products      | 14.04      | 55.35        | 45.00  | 204       | 804   | 25.4      |
| Liver and kidney                  | 0.55       | 111.25       | 90.00  | 4         | 804   | 0.5       |
| Ovaltine                          | 0.68       | 5.03         | 5.00   | 109       | 804   | 13.6      |
| Fresh meat                        | 74.63      | 139.22       | 100.00 | 431       | 804   | 53.6      |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                  | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Processed meat                   | 13.09      | 39.13        | 30.00  | 269       | 804   | 33.5      |
| Eggs                             | 5.54       | 46.86        | 50.00  | 95        | 804   | 11.8      |
| Chocolate and chocolate products | 11.32      | 40.63        | 35.00  | 224       | 804   | 27.9      |
| Fruit excl. dried fruit          | 95.85      | 204.96       | 145.00 | 376       | 804   | 46.8      |
| Fresh and dried herbs, spices    | 0.21       | 18.33        | 15.00  | 9         | 804   | 1.1       |

## Czech Republic, age 4 to 10 years

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                  | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based     | 9.37       | 149.03       | 150.00 | 62        | 986   | 6.3       |
| Waters                           | 623.05     | 633.33       | 189.39 | 970       | 986   | 98.4      |
| Sugar, sweeteners and sugar      | 19.56      | 22.87        | 8.36   | 843       | 986   | 85.5      |
| Fats, oils and fat emulsions     | 32.35      | 32.54        | 7.14   | 980       | 986   | 99.4      |
| Composed foods: meat based       | 1.12       | 184.17       | 182.50 | 6         | 986   | 0.6       |
| Dried vegetables                 | 0.09       | 2.04         | 0.59   | 45        | 986   | 4.6       |
| Pulses and legumes               | 2.50       | 28.66        | 18.18  | 86        | 986   | 8.7       |
| Milk and dairy drinks            | 199.19     | 230.25       | 46.50  | 853       | 986   | 86.5      |
| Cheese                           | 16.84      | 35.47        | 20.00  | 468       | 986   | 47.5      |
| Vegetables excl. dried vegetable | 158.39     | 161.17       | 8.00   | 969       | 986   | 98.3      |
| Dairy based products             | 85.17      | 130.60       | 80.00  | 643       | 986   | 65.2      |
| Salt                             | 4.78       | 4.79         | 1.33   | 984       | 986   | 99.8      |
| Fish                             | 13.11      | 85.05        | 75.00  | 152       | 986   | 15.4      |
| Molluscs                         | 0.01       | 10.00        | 10.00  | 1         | 986   | 0.1       |
| Beer and malt beverages          | 3.96       | 650.00       | 500.00 | 6         | 986   | 0.6       |
| Wine and substitutes             | 0.22       | 15.59        | 4.59   | 14        | 986   | 1.4       |
| Other alcoholic beverages        | 0.05       | 8.08         | 0.71   | 6         | 986   | 0.6       |
| Nuts and seeds                   | 0.97       | 14.94        | 7.58   | 64        | 986   | 6.5       |
| Fruit juices and nectars         | 84.36      | 346.58       | 200.00 | 240       | 986   | 24.3      |
| Soft drinks and edible ices      | 155.38     | 284.77       | 200.00 | 538       | 986   | 54.6      |
| Cereals and cereal products      | 204.52     | 204.52       | 40.00  | 986       | 986   | 100.0     |
| Infant formulae                  | 2.74       | 142.35       | 150.00 | 19        | 986   | 1.9       |
| Miscellaneous foods/products     | 11.70      | 18.31        | 3.00   | 630       | 986   | 63.9      |
| Liver and kidney                 | 3.90       | 34.02        | 15.15  | 113       | 986   | 11.5      |
| Offal except liver and kidney    | 0.15       | 29.67        | 27.27  | 5         | 986   | 0.5       |
| Coffee and tea in concentrated   | 2.17       | 2.70         | 2.00   | 793       | 986   | 80.4      |
| Types of vegetarian substitute   | 0.04       | 13.97        | 15.00  | 3         | 986   | 0.3       |
| Fresh meat                       | 70.33      | 105.22       | 72.22  | 659       | 986   | 66.8      |
| Processed meat                   | 33.11      | 61.48        | 40.00  | 531       | 986   | 53.9      |
| Eggs                             | 15.81      | 22.65        | 6.78   | 688       | 986   | 69.8      |
| Chocolate and chocolate products | 14.62      | 27.09        | 9.00   | 532       | 986   | 54.0      |
| Fruit excl. dried fruit          | 174.70     | 201.70       | 90.00  | 854       | 986   | 86.6      |
| Dried fruit                      | 0.41       | 5.95         | 1.36   | 68        | 986   | 6.9       |
| Fresh and dried herbs, spices    | 1.76       | 1.85         | 0.13   | 937       | 986   | 95.0      |



## Czech Republic, age 11 to 14 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 8.30       | 164.55       | 112.50 | 11        | 218   | 5.0       |
| Waters                            | 760.41     | 763.91       | 200.00 | 217       | 218   | 99.5      |
| Sugar, sweeteners and sugar       | 19.98      | 24.89        | 10.00  | 175       | 218   | 80.3      |
| Fats, oils and fat emulsions      | 44.96      | 45.38        | 8.93   | 216       | 218   | 99.1      |
| Composed foods: meat based        | 0.55       | 120.00       | 120.00 | 1         | 218   | 0.5       |
| Composed foods: fish based        | 0.46       | 100.00       | 100.00 | 1         | 218   | 0.5       |
| Dried vegetables                  | 0.03       | 0.68         | 0.74   | 9         | 218   | 4.1       |
| Pulses and legumes                | 3.01       | 29.86        | 22.73  | 22        | 218   | 10.1      |
| Milk and dairy drinks             | 184.62     | 221.13       | 42.64  | 182       | 218   | 83.5      |
| Cheese                            | 20.64      | 45.44        | 30.00  | 99        | 218   | 45.4      |
| Vegetables excl. dried vegetables | 224.64     | 233.19       | 10.50  | 210       | 218   | 96.3      |
| Dairy based products              | 76.48      | 137.79       | 100.00 | 121       | 218   | 55.5      |
| Salt                              | 6.18       | 6.26         | 1.50   | 215       | 218   | 98.6      |
| Fish                              | 12.94      | 128.24       | 112.50 | 22        | 218   | 10.1      |
| Beer and malt beverages           | 2.29       | 500.00       | 500.00 | 1         | 218   | 0.5       |
| Wine and substitutes              | 0.02       | 3.67         | 3.67   | 1         | 218   | 0.5       |
| Other alcoholic beverages         | 0.01       | 0.80         | 0.71   | 4         | 218   | 1.8       |
| Nuts and seeds                    | 1.26       | 13.71        | 7.14   | 20        | 218   | 9.2       |
| Fruit juices and nectars          | 41.56      | 292.26       | 225.00 | 31        | 218   | 14.2      |
| Soft drinks and edible ices       | 256.11     | 393.18       | 250.00 | 142       | 218   | 65.1      |
| Cereals and cereal products       | 264.76     | 264.76       | 40.00  | 218       | 218   | 100.0     |
| Miscellaneous foods/products      | 18.91      | 25.29        | 3.64   | 163       | 218   | 74.8      |
| Liver and kidney                  | 5.88       | 51.26        | 42.50  | 25        | 218   | 11.5      |
| Offal except liver and kidney     | 0.42       | 45.45        | 45.45  | 2         | 218   | 0.9       |
| Coffee and tea in concentrated    | 2.05       | 2.68         | 2.00   | 167       | 218   | 76.6      |
| Fresh meat                        | 93.56      | 134.19       | 96.77  | 152       | 218   | 69.7      |
| Processed meat                    | 61.00      | 93.00        | 41.67  | 143       | 218   | 65.6      |
| Eggs                              | 21.69      | 31.32        | 9.33   | 151       | 218   | 69.3      |
| Chocolate and chocolate products  | 12.36      | 32.86        | 9.00   | 82        | 218   | 37.6      |
| Fruit excl. dried fruit           | 195.82     | 258.71       | 100.00 | 165       | 218   | 75.7      |
| Dried fruit                       | 0.14       | 2.18         | 1.82   | 14        | 218   | 6.4       |
| Fresh and dried herbs, spices     | 1.67       | 1.80         | 0.15   | 203       | 218   | 93.1      |

## Denmark, age 4 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Waters                            | 514.89     | 546.48       | 150.00 | 3944      | 4186  | 94.2      |
| Sugar, sweeteners and sugar       | 25.74      | 34.25        | 8.50   | 3146      | 4186  | 75.2      |
| Fats, oils and fat emulsions      | 27.89      | 28.53        | 5.48   | 4092      | 4186  | 97.8      |
| Dried vegetables                  | 0.00       | 2.88         | 2.88   | 1         | 4186  | 0.0       |
| Pulses and legumes                | 4.18       | 30.85        | 6.84   | 567       | 4186  | 13.5      |
| Milk and dairy drinks             | 435.62     | 457.71       | 64.00  | 3984      | 4186  | 95.2      |
| Cheese                            | 18.59      | 30.01        | 7.70   | 2593      | 4186  | 61.9      |
| Vegetables excl. dried vegetables | 183.34     | 196.84       | 13.30  | 3899      | 4186  | 93.1      |
| Dairy based products              | 87.18      | 109.62       | 35.71  | 3329      | 4186  | 79.5      |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                  | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Salt                             | 2.46       | 2.64         | 0.48   | 3889      | 4186  | 92.9      |
| Fish                             | 11.34      | 33.14        | 5.64   | 1432      | 4186  | 34.2      |
| Cephalopods                      | 0.01       | 24.72        | 24.72  | 1         | 4186  | 0.0       |
| Crustaceans                      | 0.71       | 11.22        | 1.53   | 265       | 4186  | 6.3       |
| Beer and malt beverages          | 0.75       | 348.33       | 330.00 | 9         | 4186  | 0.2       |
| Wine and substitutes             | 0.17       | 37.32        | 36.36  | 19        | 4186  | 0.5       |
| Nuts and seeds                   | 1.52       | 22.38        | 4.50   | 285       | 4186  | 6.8       |
| Fruit juices and nectars         | 123.95     | 178.31       | 40.00  | 2910      | 4186  | 69.5      |
| Soft drinks and edible ices      | 167.87     | 438.65       | 300.00 | 1602      | 4186  | 38.3      |
| Cereals and cereal products      | 198.71     | 199.13       | 9.00   | 4177      | 4186  | 99.8      |
| Miscellaneous foods/products     | 15.84      | 26.10        | 4.50   | 2541      | 4186  | 60.7      |
| Liver and kidney                 | 7.17       | 20.81        | 15.00  | 1442      | 4186  | 34.4      |
| Offal except liver and kidney    | 0.02       | 22.00        | 22.00  | 3         | 4186  | 0.1       |
| Fresh meat                       | 61.29      | 72.23        | 18.67  | 3552      | 4186  | 84.9      |
| Processed meat                   | 31.07      | 43.43        | 7.84   | 2995      | 4186  | 71.5      |
| Eggs                             | 12.57      | 18.48        | 5.29   | 2847      | 4186  | 68.0      |
| Chocolate and chocolate products | 13.55      | 24.65        | 4.95   | 2301      | 4186  | 55.0      |
| Fruit excl. dried fruit          | 133.46     | 168.53       | 60.00  | 3315      | 4186  | 79.2      |
| Dried fruit                      | 1.97       | 16.46        | 12.00  | 500       | 4186  | 11.9      |
| Fresh and dried herbs, spices    | 0.08       | 0.46         | 0.23   | 760       | 4186  | 18.2      |

## Finland-DIPP, age 1, 3, and 6 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 1.69       | 100.83       | 72.00  | 43        | 2558  | 1.7       |
| Waters                            | 264.76     | 352.00       | 145.00 | 1924      | 2558  | 75.2      |
| Sugar, sweeteners and sugar       | 11.82      | 17.85        | 7.00   | 1694      | 2558  | 66.2      |
| Fats, oils and fat emulsions      | 12.96      | 13.82        | 5.00   | 2398      | 2558  | 93.7      |
| Composed foods: meat based        | 7.55       | 71.23        | 70.00  | 271       | 2558  | 10.6      |
| Pulses and legumes                | 1.61       | 63.32        | 53.30  | 65        | 2558  | 2.5       |
| Soy milk and soy based dessert    | 5.84       | 304.63       | 170.00 | 49        | 2558  | 1.9       |
| Milk and dairy drinks             | 331.77     | 382.98       | 162.00 | 2216      | 2558  | 86.6      |
| Cheese                            | 11.07      | 26.37        | 17.20  | 1074      | 2558  | 42.0      |
| Vegetables excl. dried vegetables | 87.19      | 104.72       | 36.00  | 2130      | 2558  | 83.3      |
| Dairy based products              | 93.76      | 144.83       | 100.00 | 1656      | 2558  | 64.7      |
| Fish                              | 4.49       | 60.50        | 52.20  | 190       | 2558  | 7.4       |
| Molluscs                          | 0.02       | 11.33        | 10.30  | 4         | 2558  | 0.2       |
| Crustaceans                       | 0.15       | 18.92        | 4.80   | 20        | 2558  | 0.8       |
| Wine and substitutes              | 0.02       | 6.97         | 4.90   | 6         | 2558  | 0.2       |
| Other alcoholic beverages         | 0.00       | 0.46         | 0.50   | 8         | 2558  | 0.3       |
| Nuts and seeds                    | 4.92       | 22.88        | 20.00  | 550       | 2558  | 21.5      |
| Fruit juices and nectars          | 118.03     | 272.25       | 200.00 | 1109      | 2558  | 43.4      |
| Vegetable juices and nectars      | 0.93       | 140.34       | 100.00 | 17        | 2558  | 0.7       |
| Soft drinks and edible ices       | 177.58     | 209.33       | 42.60  | 2170      | 2558  | 84.8      |
| Cereals and cereal products       | 142.86     | 143.25       | 30.00  | 2551      | 2558  | 99.7      |
| Other food for special dietary    | 0.02       | 7.56         | 5.20   | 8         | 2558  | 0.3       |
| Infant formulae                   | 7.56       | 87.49        | 22.00  | 221       | 2558  | 8.6       |
| Miscellaneous foods/products      | 39.36      | 58.94        | 15.00  | 1708      | 2558  | 66.8      |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                  | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Liver and kidney                 | 4.62       | 24.17        | 20.00  | 489       | 2558  | 19.1      |
| Offal except liver and kidney    | 0.01       | 11.35        | 11.35  | 2         | 2558  | 0.1       |
| Types of vegetarian substitute   | 0.68       | 60.13        | 24.00  | 29        | 2558  | 1.1       |
| Fresh meat                       | 28.14      | 48.83        | 37.50  | 1474      | 2558  | 57.6      |
| Processed meat                   | 12.19      | 28.38        | 15.00  | 1099      | 2558  | 43.0      |
| Eggs                             | 5.28       | 33.67        | 40.00  | 401       | 2558  | 15.7      |
| Chocolate and chocolate products | 14.55      | 23.71        | 12.00  | 1570      | 2558  | 61.4      |
| Fruit excl. dried fruit          | 119.97     | 151.55       | 65.00  | 2025      | 2558  | 79.2      |
| Dried fruit                      | 0.98       | 16.01        | 14.00  | 157       | 2558  | 6.1       |
| Fresh and dried herbs, spices    | 0.34       | 6.99         | 5.40   | 125       | 2558  | 4.9       |

## Finland-DIPP, age 1 year

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 2.66       | 234.47       | 150.00 | 17        | 1497  | 1.1       |
| Waters                            | 966.73     | 976.52       | 31.47  | 1482      | 1497  | 99.0      |
| Sugar, sweeteners and sugar       | 11.08      | 12.21        | 2.14   | 1358      | 1497  | 90.7      |
| Fats, oils and fat emulsions      | 12.45      | 13.56        | 1.47   | 1375      | 1497  | 91.9      |
| Dried vegetables                  | 0.30       | 1.46         | 0.50   | 308       | 1497  | 20.6      |
| Pulses and legumes                | 2.45       | 11.13        | 7.03   | 329       | 1497  | 22.0      |
| Soy milk and soy based dessert    | 2.11       | 210.39       | 125.00 | 15        | 1497  | 1.0       |
| Milk and dairy drinks             | 291.05     | 356.85       | 62.62  | 1221      | 1497  | 81.6      |
| Cheese                            | 14.35      | 39.92        | 10.00  | 538       | 1497  | 35.9      |
| Vegetables excl. dried vegetables | 196.24     | 200.12       | 15.00  | 1468      | 1497  | 98.1      |
| Dairy based products              | 87.54      | 132.24       | 19.12  | 991       | 1497  | 66.2      |
| Salt                              | 0.97       | 1.09         | 0.16   | 1331      | 1497  | 88.9      |
| Fish                              | 6.15       | 28.40        | 19.03  | 324       | 1497  | 21.6      |
| Crustaceans                       | 0.01       | 3.07         | 3.28   | 4         | 1497  | 0.3       |
| Beer and malt beverages           | 0.01       | 8.52         | 8.52   | 1         | 1497  | 0.1       |
| Wine and substitutes              | 0.01       | 5.96         | 4.33   | 2         | 1497  | 0.1       |
| Other alcoholic beverages         | 0.03       | 25.04        | 25.04  | 2         | 1497  | 0.1       |
| Nuts and seeds                    | 0.23       | 3.89         | 0.25   | 88        | 1497  | 5.9       |
| Fruit juices and nectars          | 32.28      | 102.81       | 10.00  | 470       | 1497  | 31.4      |
| Vegetable juices and nectars      | 0.00       | 0.39         | 0.39   | 1         | 1497  | 0.1       |
| Soft drinks and edible ices       | 6.69       | 126.69       | 25.00  | 79        | 1497  | 5.3       |
| Cereals and cereal products       | 62.16      | 62.88        | 3.10   | 1480      | 1497  | 98.9      |
| Other food for special dietary    | 0.00       | 1.29         | 0.21   | 3         | 1497  | 0.2       |
| Infant formulae                   | 45.69      | 141.91       | 32.53  | 482       | 1497  | 32.2      |
| Miscellaneous foods/products      | 4.88       | 6.61         | 0.62   | 1105      | 1497  | 73.8      |
| Liver and kidney                  | 0.40       | 33.31        | 15.00  | 18        | 1497  | 1.2       |
| Offal except liver and kidney     | 0.18       | 15.79        | 9.26   | 17        | 1497  | 1.1       |
| Types of vegetarian substitute    | 0.03       | 12.59        | 5.00   | 3         | 1497  | 0.2       |
| Fresh meat                        | 45.72      | 50.81        | 10.72  | 1347      | 1497  | 90.0      |
| Processed meat                    | 7.74       | 46.18        | 18.94  | 251       | 1497  | 16.8      |
| Eggs                              | 2.70       | 9.39         | 2.80   | 431       | 1497  | 28.8      |
| Chocolate and chocolate products  | 0.61       | 9.48         | 1.50   | 97        | 1497  | 6.5       |
| Fruit excl. dried fruit           | 80.83      | 86.12        | 10.50  | 1405      | 1497  | 93.9      |

| Food group                    | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-------------------------------|------------|--------------|--------|-----------|-------|-----------|
| Dried fruit                   | 0.58       | 11.49        | 4.00   | 75        | 1497  | 5.0       |
| Fresh and dried herbs, spices | 0.51       | 1.00         | 0.20   | 756       | 1497  | 50.5      |
| Food supplements              | 0.45       | 11.50        | 0.00   | 58        | 1497  | 3.9       |

## Finland-DIPP, age 3 and 6 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 1.57       | 393.33       | 150.00 | 12        | 3000  | 0.4       |
| Waters                            | 707.36     | 738.12       | 25.00  | 2875      | 3000  | 95.8      |
| Sugar, sweeteners and sugar       | 21.94      | 24.35        | 2.50   | 2703      | 3000  | 90.1      |
| Fats, oils and fat emulsions      | 37.23      | 39.16        | 2.59   | 2852      | 3000  | 95.1      |
| Dried vegetables                  | 1.16       | 3.81         | 1.62   | 914       | 3000  | 30.5      |
| Pulses and legumes                | 2.54       | 21.31        | 8.73   | 357       | 3000  | 11.9      |
| Soy milk and soy based dessert    | 4.62       | 308.32       | 125.00 | 45        | 3000  | 1.5       |
| Milk and dairy drinks             | 483.50     | 524.97       | 100.00 | 2763      | 3000  | 92.1      |
| Cheese                            | 31.28      | 56.56        | 10.00  | 1659      | 3000  | 55.3      |
| Vegetables excl. dried vegetables | 202.60     | 217.22       | 15.26  | 2798      | 3000  | 93.3      |
| Dairy based products              | 128.77     | 171.85       | 31.77  | 2248      | 3000  | 74.9      |
| Salt                              | 2.73       | 2.84         | 0.31   | 2876      | 3000  | 95.9      |
| Fish                              | 10.22      | 47.23        | 30.00  | 649       | 3000  | 21.6      |
| Crustaceans                       | 0.20       | 15.30        | 10.61  | 40        | 3000  | 1.3       |
| Beer and malt beverages           | 0.43       | 142.61       | 50.00  | 9         | 3000  | 0.3       |
| Wine and substitutes              | 0.02       | 4.81         | 2.29   | 13        | 3000  | 0.4       |
| Other alcoholic beverages         | 0.29       | 107.50       | 100.00 | 8         | 3000  | 0.3       |
| Nuts and seeds                    | 0.73       | 5.59         | 0.85   | 391       | 3000  | 13.0      |
| Fruit juices and nectars          | 238.87     | 360.28       | 100.00 | 1989      | 3000  | 66.3      |
| Vegetable juices and nectars      | 0.01       | 3.14         | 1.88   | 5         | 3000  | 0.2       |
| Soft drinks and edible ices       | 84.57      | 274.89       | 100.00 | 923       | 3000  | 30.8      |
| Cereals and cereal products       | 104.20     | 108.58       | 5.60   | 2879      | 3000  | 96.0      |
| Other food for special dietary    | 0.03       | 4.80         | 3.61   | 16        | 3000  | 0.5       |
| Infant formulae                   | 2.76       | 129.29       | 40.00  | 64        | 3000  | 2.1       |
| Miscellaneous foods/products      | 11.73      | 12.69        | 0.84   | 2772      | 3000  | 92.4      |
| Liver and kidney                  | 3.56       | 37.48        | 15.00  | 285       | 3000  | 9.5       |
| Offal except liver and kidney     | 1.54       | 41.60        | 25.56  | 111       | 3000  | 3.7       |
| Types of vegetarian substitute    | 0.03       | 50.00        | 50.00  | 2         | 3000  | 0.1       |
| Fresh meat                        | 54.62      | 74.79        | 27.05  | 2191      | 3000  | 73.0      |
| Processed meat                    | 49.51      | 82.51        | 21.72  | 1800      | 3000  | 60.0      |
| Eggs                              | 10.55      | 17.69        | 4.82   | 1789      | 3000  | 59.6      |
| Chocolate and chocolate products  | 5.65       | 17.76        | 2.50   | 954       | 3000  | 31.8      |
| Fruit excl. dried fruit           | 91.24      | 113.96       | 19.14  | 2402      | 3000  | 80.1      |
| Dried fruit                       | 1.26       | 12.55        | 4.27   | 302       | 3000  | 10.1      |
| Fresh and dried herbs, spices,    | 0.17       | 0.91         | 0.20   | 549       | 3000  | 18.3      |
| Food supplements                  | 0.07       | 3.70         | 0.00   | 53        | 3000  | 1.8       |

## Finland-STRIP, age 7 to 8 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 55.80      | 186.00       | 110.00 | 300       | 1000  | 30.0      |
| Waters                            | 99.26      | 260.52       | 170.00 | 381       | 1000  | 38.1      |
| Sugar, sweeteners and sugar       | 21.41      | 35.69        | 10.00  | 600       | 1000  | 60.0      |
| Fats, oils and fat emulsions      | 12.72      | 14.93        | 5.00   | 852       | 1000  | 85.2      |
| Composed foods: meat based        | 47.37      | 205.96       | 150.00 | 230       | 1000  | 23.0      |
| Composed foods: fish based        | 9.00       | 147.48       | 80.00  | 61        | 1000  | 6.1       |
| Dried vegetables                  | 1.80       | 120.00       | 100.00 | 15        | 1000  | 1.5       |
| Pulses and legumes                | 11.17      | 47.13        | 30.00  | 237       | 1000  | 23.7      |
| Milk and dairy drinks             | 432.90     | 468.50       | 200.00 | 924       | 1000  | 92.4      |
| Cheese                            | 15.82      | 32.61        | 20.00  | 485       | 1000  | 48.5      |
| Vegetables excl. dried vegetables | 123.81     | 147.05       | 30.00  | 842       | 1000  | 84.2      |
| Dairy based products              | 118.57     | 185.85       | 100.00 | 638       | 1000  | 63.8      |
| Salt                              | 0.60       | 3.10         | 0.75   | 195       | 1000  | 19.5      |
| Fish                              | 7.95       | 64.61        | 45.00  | 123       | 1000  | 12.3      |
| Molluscs                          | 0.01       | 12.00        | 12.00  | 1         | 1000  | 0.1       |
| Beer and malt beverages           | 2.05       | 341.67       | 200.00 | 6         | 1000  | 0.6       |
| Other alcoholic beverages         | 5.75       | 319.44       | 200.00 | 18        | 1000  | 1.8       |
| Nuts and seeds                    | 0.68       | 42.69        | 16.50  | 16        | 1000  | 1.6       |
| Fruit juices and nectars          | 157.55     | 292.84       | 200.00 | 538       | 1000  | 53.8      |
| Vegetable juices and nectars      | 0.05       | 50.00        | 50.00  | 1         | 1000  | 0.1       |
| Soft drinks and edible ices       | 138.31     | 310.81       | 200.00 | 445       | 1000  | 44.5      |
| Cereals and cereal products       | 255.73     | 256.50       | 36.00  | 997       | 1000  | 99.7      |
| Infant formulae, follow up for    | 2.06       | 137.20       | 135.00 | 15        | 1000  | 1.5       |
| Miscellaneous foods/products      | 41.35      | 69.38        | 18.00  | 596       | 1000  | 59.6      |
| Liver and kidney                  | 2.83       | 31.48        | 20.00  | 90        | 1000  | 9.0       |
| Fresh meat                        | 35.29      | 88.23        | 60.00  | 400       | 1000  | 40.0      |
| Processed meat                    | 49.76      | 80.91        | 36.00  | 615       | 1000  | 61.5      |
| Eggs                              | 5.12       | 50.66        | 60.00  | 101       | 1000  | 10.1      |
| Chocolate and chocolate products  | 5.29       | 29.71        | 20.00  | 178       | 1000  | 17.8      |
| Fruit excl. Dried fruit           | 105.39     | 152.74       | 65.00  | 690       | 1000  | 69.0      |
| Dried fruit                       | 0.48       | 23.83        | 12.00  | 20        | 1000  | 2.0       |
| Fresh and dried herbs, spices     | 0.03       | 1.57         | 1.00   | 17        | 1000  | 1.7       |
| Food supplements                  | 0.91       | 6.05         | 1.25   | 151       | 1000  | 15.1      |

## France, age 3 to 10 years

| Food group                   | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                              | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based | 28.50      | 121.29       | 100.00 | 944       | 4018  | 23.5      |
| Waters                       | 408.65     | 466.07       | 300.00 | 3523      | 4018  | 87.7      |
| Sugar, sweeteners and sugar  | 5.19       | 14.48        | 10.00  | 1439      | 4018  | 35.8      |
| Fats, oils and fat emulsions | 16.69      | 23.15        | 10.00  | 2898      | 4018  | 72.1      |
| Composed foods: meat based   | 41.00      | 159.34       | 113.00 | 1034      | 4018  | 25.7      |
| Composed foods: fish based   | 1.53       | 94.35        | 100.00 | 65        | 4018  | 1.6       |
| Pulses and legumes           | 7.25       | 115.21       | 100.00 | 253       | 4018  | 6.3       |

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Soy milk and soy based dessert    | 2.48       | 255.44       | 200.00 | 39        | 4018  | 1.0       |
| Milk and dairy drinks             | 214.58     | 289.72       | 250.00 | 2976      | 4018  | 74.1      |
| Cheese                            | 18.29      | 37.53        | 22.80  | 1958      | 4018  | 48.7      |
| Vegetables excl. dried vegetables | 118.73     | 147.47       | 50.00  | 3235      | 4018  | 80.5      |
| Dairy based products              | 108.07     | 158.07       | 120.00 | 2747      | 4018  | 68.4      |
| Salt                              | 0.18       | 2.78         | 2.00   | 257       | 4018  | 6.4       |
| Fish                              | 18.09      | 78.77        | 60.00  | 923       | 4018  | 23.0      |
| Molluscs                          | 0.56       | 40.05        | 30.00  | 56        | 4018  | 1.4       |
| Cephalopods                       | 0.17       | 86.25        | 80.00  | 8         | 4018  | 0.2       |
| Crustaceans                       | 0.51       | 29.03        | 25.50  | 70        | 4018  | 1.7       |
| Beer and malt beverages           | 0.17       | 226.67       | 120.00 | 3         | 4018  | 0.1       |
| Wine and substitutes              | 0.09       | 25.32        | 12.00  | 14        | 4018  | 0.3       |
| Other alcoholic beverages         | 1.47       | 219.07       | 150.00 | 27        | 4018  | 0.7       |
| Nuts and seeds                    | 0.63       | 24.06        | 12.00  | 106       | 4018  | 2.6       |
| Fruit juices and nectars          | 78.41      | 200.28       | 150.00 | 1573      | 4018  | 39.1      |
| Vegetable juices and nectars      | 0.27       | 220.00       | 200.00 | 5         | 4018  | 0.1       |
| Soft drinks and edible ices       | 86.36      | 241.13       | 150.00 | 1439      | 4018  | 35.8      |
| Cereals and cereal products       | 177.36     | 185.24       | 50.00  | 3847      | 4018  | 95.7      |
| Infant formulae                   | 4.29       | 249.93       | 250.00 | 69        | 4018  | 1.7       |
| Miscellaneous foods/products      | 57.77      | 114.45       | 20.00  | 2028      | 4018  | 50.5      |
| Liver and kidney                  | 0.33       | 63.57        | 50.00  | 21        | 4018  | 0.5       |
| Offal except liver and kidney     | 1.22       | 82.03        | 80.00  | 60        | 4018  | 1.5       |
| Coffee and tea in concentrated    | 0.07       | 5.19         | 4.00   | 53        | 4018  | 1.3       |
| Types of vegetarian substitute    | 0.04       | 56.67        | 75.00  | 3         | 4018  | 0.1       |
| Fresh meat                        | 42.45      | 93.40        | 80.00  | 1826      | 4018  | 45.4      |
| Processed meat                    | 29.32      | 65.74        | 40.00  | 1792      | 4018  | 44.6      |
| Eggs                              | 9.45       | 78.12        | 60.00  | 486       | 4018  | 12.1      |
| Chocolate and chocolate products  | 13.83      | 23.13        | 10.00  | 2403      | 4018  | 59.8      |
| Fruit excl. dried fruit           | 89.76      | 147.93       | 90.00  | 2438      | 4018  | 60.7      |
| Dried fruit                       | 0.23       | 24.64        | 10.20  | 38        | 4018  | 0.9       |
| Fresh and dried herbs, spices     | 0.25       | 3.56         | 1.25   | 279       | 4018  | 6.9       |

## Germany 2008, age 1 to 10 years

| Food group                     | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|--------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based   | 10.79      | 141.92       | 108.50 | 70        | 921   | 7.6       |
| Waters                         | 581.24     | 659.27       | 191.05 | 812       | 921   | 88.2      |
| Sugar, sweeteners and sugar    | 9.40       | 18.65        | 8.00   | 464       | 921   | 50.4      |
| Fats, oils and fat emulsion    | 10.28      | 12.97        | 5.00   | 730       | 921   | 79.3      |
| Composed foods: meat based     | 1.85       | 141.64       | 106.20 | 12        | 921   | 1.3       |
| Dried vegetables               | 0.20       | 3.46         | 0.10   | 53        | 921   | 5.8       |
| Pulses and legumes             | 0.98       | 32.30        | 23.50  | 28        | 921   | 3.0       |
| Soy milk and soy based dessert | 0.98       | 225.50       | 147.00 | 4         | 921   | 0.4       |
| Milk and dairy drinks          | 233.24     | 322.54       | 143.10 | 666       | 921   | 72.3      |
| Cheese                         | 18.47      | 37.88        | 17.00  | 449       | 921   | 48.8      |



| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Vegetables excl. dried vegetables | 126.75     | 158.39       | 30.00  | 737       | 921   | 80.0      |
| Dairy based products              | 76.34      | 133.42       | 50.00  | 527       | 921   | 57.2      |
| Salt                              | 0.06       | 0.40         | 0.00   | 130       | 921   | 14.1      |
| Fish                              | 9.09       | 74.73        | 55.00  | 112       | 921   | 12.2      |
| Crustaceans                       | 0.19       | 35.48        | 22.00  | 5         | 921   | 0.5       |
| Beer and malt beverages           | 3.23       | 248.25       | 221.00 | 12        | 921   | 1.3       |
| Wine and substitutes              | 0.02       | 15.50        | 15.50  | 1         | 921   | 0.1       |
| Other alcoholic beverages         | 0.02       | 4.60         | 4.00   | 5         | 921   | 0.5       |
| Nuts and seeds                    | 1.01       | 19.05        | 9.00   | 49        | 921   | 5.3       |
| Fruit juices and nectars.         | 137.10     | 264.16       | 120.00 | 478       | 921   | 51.9      |
| Vegetable juices and nectars      | 2.24       | 108.37       | 96.00  | 19        | 921   | 2.1       |
| Soft drinks and edible ices       | 115.23     | 379.03       | 200.00 | 280       | 921   | 30.4      |
| Cereals and cereal products       | 176.39     | 195.72       | 34.00  | 830       | 921   | 90.1      |
| Infant formulae                   | 47.69      | 278.01       | 57.20  | 158       | 921   | 17.2      |
| Miscellaneous foods/products      | 18.78      | 33.20        | 4.54   | 521       | 921   | 56.6      |
| Liver and kidney                  | 2.46       | 19.85        | 10.00  | 114       | 921   | 12.4      |
| Coffee and tea in concentrated    | 0.28       | 7.95         | 2.00   | 33        | 921   | 3.6       |
| Types of vegetarian substitute    | 0.51       | 58.58        | 19.00  | 8         | 921   | 0.9       |
| Fresh meat                        | 10.41      | 49.42        | 35.50  | 194       | 921   | 21.1      |
| Processed meat                    | 39.92      | 57.80        | 21.00  | 636       | 921   | 69.1      |
| Eggs                              | 12.13      | 39.75        | 25.90  | 281       | 921   | 30.5      |
| Chocolate and chocolate products  | 12.82      | 25.17        | 11.00  | 469       | 921   | 50.9      |
| Fruit excl. dried fruit           | 137.98     | 185.52       | 64.00  | 685       | 921   | 74.4      |
| Dried fruit                       | 0.59       | 24.63        | 25.00  | 22        | 921   | 2.4       |
| Fresh and dried herbs, spices     | 0.17       | 0.50         | 0.10   | 306       | 921   | 33.2      |

### Germany 2008, age 1 to 2 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed food: cereal based       | 6.11       | 136.59       | 62.00  | 11        | 246   | 4.5       |
| Waters                            | 714.16     | 992.57       | 169.38 | 177       | 246   | 72.0      |
| Sugar, sweeteners and sugar       | 3.66       | 21.41        | 7.00   | 42        | 246   | 17.1      |
| Fats, oils and fat emulsions      | 9.10       | 13.57        | 4.00   | 165       | 246   | 67.1      |
| Composed foods: meat based        | 3.68       | 181.30       | 106.20 | 5         | 246   | 2.0       |
| Dried vegetables                  | 0.00       | 0.21         | 0.13   | 3         | 246   | 1.2       |
| Pulses and legumes                | 1.30       | 45.69        | 31.10  | 7         | 246   | 2.8       |
| Milk and dairy drinks             | 328.42     | 568.96       | 159.55 | 142       | 246   | 57.7      |
| Cheese                            | 18.10      | 48.94        | 15.20  | 91        | 246   | 37.0      |
| Vegetables excl. dried vegetables | 136.02     | 230.77       | 28.00  | 145       | 246   | 58.9      |
| Dairy based products              | 60.14      | 174.05       | 50.00  | 85        | 246   | 34.6      |
| Salt                              | 0.04       | 0.37         | 0.00   | 28        | 246   | 11.4      |
| Fish                              | 6.89       | 67.81        | 39.25  | 25        | 246   | 10.2      |



| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                  | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Other alcoholic beverages        | 0.06       | 4.67         | 4.00   | 3         | 246   | 1.2       |
| Nuts and seeds                   | 0.19       | 9.22         | 4.78   | 5         | 246   | 2.0       |
| Fruit juices and nectars         | 102.14     | 264.48       | 75.00  | 95        | 246   | 38.6      |
| Vegetable juices and nectars     | 6.10       | 150.15       | 121.60 | 10        | 246   | 4.1       |
| Soft drinks and edible ices      | 11.18      | 152.74       | 53.00  | 18        | 246   | 7.3       |
| Cereals and cereal products      | 137.32     | 196.40       | 23.00  | 172       | 246   | 69.9      |
| Infant formulae                  | 155.65     | 303.88       | 55.96  | 126       | 246   | 51.2      |
| Miscellaneous foods/products     | 11.79      | 37.66        | 3.00   | 77        | 246   | 31.3      |
| Liver and kidney                 | 4.51       | 25.82        | 10.00  | 43        | 246   | 17.5      |
| Types of vegetarian substitute   | 1.25       | 102.33       | 89.45  | 3         | 246   | 1.2       |
| Fresh meat                       | 5.51       | 30.83        | 23.61  | 44        | 246   | 17.9      |
| Processed meat                   | 23.08      | 52.10        | 15.00  | 109       | 246   | 44.3      |
| Eggs                             | 10.99      | 52.01        | 20.75  | 52        | 246   | 21.1      |
| Chocolate and chocolate products | 3.53       | 21.72        | 6.00   | 40        | 246   | 16.3      |
| Fruit excl. dried fruit          | 176.96     | 302.31       | 58.50  | 144       | 246   | 58.5      |
| Dried fruit                      | 0.60       | 36.75        | 30.00  | 4         | 246   | 1.6       |
| Fresh and dried herbs, spices    | 0.19       | 0.97         | 0.10   | 47        | 246   | 19.1      |

### Germany 2008, age 3 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 12.60      | 142.91       | 120.00 | 59        | 669   | 8.8       |
| Waters                            | 533.11     | 566.11       | 200.00 | 630       | 669   | 94.2      |
| Sugar, sweeteners and sugar       | 11.59      | 18.38        | 8.00   | 422       | 669   | 63.1      |
| Fats, oils and fat emulsions      | 10.78      | 12.83        | 5.07   | 562       | 669   | 84.0      |
| Composed foods: meat based        | 1.19       | 113.31       | 110.00 | 7         | 669   | 1.0       |
| Dried vegetables                  | 0.27       | 3.66         | 0.10   | 50        | 669   | 7.5       |
| Pulses and legumes                | 0.87       | 27.84        | 21.40  | 21        | 669   | 3.1       |
| Soy milk and soy based dessert    | 1.35       | 225.50       | 147.00 | 4         | 669   | 0.6       |
| Milk and dairy drinks             | 199.85     | 256.14       | 139.85 | 522       | 669   | 78.0      |
| Cheese                            | 18.72      | 35.18        | 18.00  | 356       | 669   | 53.2      |
| Vegetables excl. dried vegetables | 124.37     | 141.02       | 30.00  | 590       | 669   | 88.2      |
| Dairy based products              | 82.97      | 126.15       | 50.00  | 440       | 669   | 65.8      |
| Salt                              | 0.06       | 0.41         | 0.00   | 102       | 669   | 15.2      |
| Fish                              | 9.98       | 76.71        | 62.40  | 87        | 669   | 13.0      |
| Crustaceans                       | 0.27       | 35.48        | 22.00  | 5         | 669   | 0.7       |
| Beer and malt beverages           | 4.45       | 248.25       | 221.00 | 12        | 669   | 1.8       |
| Wine and substitutes              | 0.02       | 15.50        | 15.50  | 1         | 669   | 0.1       |
| Other alcoholic beverages         | 0.01       | 4.50         | 4.50   | 2         | 669   | 0.3       |
| Nuts and seeds                    | 1.33       | 20.17        | 11.00  | 44        | 669   | 6.6       |
| Fruit juices and nectars          | 150.31     | 263.24       | 150.00 | 382       | 669   | 57.1      |
| Vegetable juices and nectars      | 0.83       | 61.96        | 25.50  | 9         | 669   | 1.3       |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                  | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Soft drinks and edible ices      | 151.99     | 391.07       | 219.00 | 260       | 669   | 38.9      |
| Cereals and cereal products      | 191.92     | 196.92       | 40.00  | 652       | 669   | 97.5      |
| Infant formulae                  | 6.53       | 167.92       | 97.00  | 26        | 669   | 3.9       |
| Miscellaneous foods/products     | 21.52      | 32.43        | 5.15   | 444       | 669   | 66.4      |
| Liver and kidney                 | 1.71       | 16.38        | 13.00  | 70        | 669   | 10.5      |
| Coffee and tea in concentrated   | 0.39       | 7.95         | 2.00   | 33        | 669   | 4.9       |
| Types of vegetarian substitute   | 0.24       | 32.33        | 16.60  | 5         | 669   | 0.7       |
| Fresh meat                       | 12.24      | 55.34        | 41.15  | 148       | 669   | 22.1      |
| Processed meat                   | 46.42      | 59.04        | 24.00  | 526       | 669   | 78.6      |
| Eggs                             | 12.65      | 36.97        | 28.00  | 229       | 669   | 34.2      |
| Chocolate and chocolate products | 16.35      | 25.49        | 11.90  | 429       | 669   | 64.1      |
| Fruit excl. dried fruit          | 124.72     | 154.80       | 66.00  | 539       | 669   | 80.6      |
| Dried fruit                      | 0.59       | 21.93        | 23.50  | 18        | 669   | 2.7       |
| Fresh and dried herbs, spices    | 0.16       | 0.41         | 0.10   | 259       | 669   | 38.7      |

### Germany 2007, age 1 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 15.20      | 191.64       | 116.00 | 74        | 933   | 7.9       |
| Waters                            | 549.30     | 637.44       | 190.00 | 804       | 933   | 86.2      |
| Sugar, sweeteners and sugar       | 10.90      | 20.80        | 8.00   | 489       | 933   | 52.4      |
| Fats, oils and fat emulsions      | 10.98      | 13.94        | 5.00   | 735       | 933   | 78.8      |
| Composed foods: meat based        | 2.07       | 137.79       | 118.10 | 14        | 933   | 1.5       |
| Dried vegetables                  | 0.41       | 7.07         | 0.20   | 54        | 933   | 5.8       |
| Pulses and legumes                | 1.38       | 76.01        | 31.10  | 17        | 933   | 1.8       |
| Soy milk and soy based dessert    | 1.30       | 201.67       | 144.00 | 6         | 933   | 0.6       |
| Milk and dairy drinks             | 287.80     | 397.80       | 156.85 | 675       | 933   | 72.3      |
| Cheese                            | 17.32      | 34.76        | 16.00  | 465       | 933   | 49.8      |
| Vegetables excl. dried vegetables | 134.03     | 172.01       | 30.55  | 727       | 933   | 77.9      |
| Dairy based products              | 82.07      | 137.72       | 57.00  | 556       | 933   | 59.6      |
| Salt                              | 0.00       | 0.31         | 0.00   | 9         | 933   | 1.0       |
| Fish                              | 9.46       | 74.16        | 53.40  | 119       | 933   | 12.8      |
| Crustaceans                       | 0.08       | 15.46        | 10.50  | 5         | 933   | 0.5       |
| Beer and malt beverages           | 4.58       | 610.29       | 415.00 | 7         | 933   | 0.8       |
| Wine and substitutes              | 0.09       | 7.13         | 2.80   | 12        | 933   | 1.3       |
| Other alcoholic beverages         | 0.00       | 0.50         | 0.50   | 1         | 933   | 0.1       |
| Nuts and seeds                    | 1.27       | 16.63        | 6.20   | 71        | 933   | 7.6       |
| Fruit juices and nectars.         | 134.15     | 251.33       | 126.00 | 498       | 933   | 53.4      |
| Vegetable juices and nectars      | 1.63       | 152.47       | 147.00 | 10        | 933   | 1.1       |
| Soft drinks and edible ices       | 127.02     | 373.84       | 200.00 | 317       | 933   | 34.0      |
| Cereals and cereal products       | 183.08     | 205.06       | 34.45  | 833       | 933   | 89.3      |
| Infant formulae                   | 47.46      | 305.38       | 64.20  | 145       | 933   | 15.5      |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
| Miscellaneous foods/products     | 17.36      | 31.95        | 3.60   | 507       | 933   | 54.3      |
| Liver and kidney                 | 1.80       | 17.46        | 11.50  | 96        | 933   | 10.3      |
| Coffee and tea in concentrated   | 0.26       | 7.95         | 3.00   | 31        | 933   | 3.3       |
| Types of vegetarian substitute   | 0.47       | 62.66        | 48.50  | 7         | 933   | 0.8       |
| Fresh meat                       | 13.17      | 55.12        | 33.90  | 223       | 933   | 23.9      |
| Processed meat                   | 39.59      | 60.55        | 22.80  | 610       | 933   | 65.4      |
| Eggs                             | 10.83      | 38.58        | 18.40  | 262       | 933   | 28.1      |
| Chocolate and chocolate products | 13.97      | 27.22        | 12.00  | 479       | 933   | 51.3      |
| Fruit excl. dried fruit          | 138.21     | 183.95       | 64.00  | 701       | 933   | 75.1      |
| Dried fruit                      | 0.66       | 20.00        | 13.50  | 31        | 933   | 3.3       |
| Fresh and dried herbs, spices    | 0.16       | 0.49         | 0.10   | 299       | 933   | 32.0      |

### Germany 2007, age 1 to 2 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 10.12      | 215.03       | 78.50  | 12        | 255   | 4.7       |
| Waters                            | 683.37     | 936.88       | 175.00 | 186       | 255   | 72.9      |
| Sugar, sweeteners and sugar       | 3.66       | 12.78        | 5.00   | 73        | 255   | 28.6      |
| Fats, oils and fat emulsions      | 9.85       | 15.14        | 4.30   | 166       | 255   | 65.1      |
| Composed foods: meat based        | 0.92       | 78.13        | 68.10  | 3         | 255   | 1.2       |
| Dried vegetables                  | 0.64       | 8.56         | 2.95   | 19        | 255   | 7.5       |
| Milk and dairy drinks             | 378.83     | 585.47       | 162.80 | 165       | 255   | 64.7      |
| Cheese                            | 18.27      | 41.97        | 13.60  | 111       | 255   | 43.5      |
| Vegetables excl. dried vegetables | 140.67     | 235.99       | 32.20  | 152       | 255   | 59.6      |
| Dairy based products              | 80.77      | 182.26       | 63.35  | 113       | 255   | 44.3      |
| Salt                              | 0.00       | .            | 0.00   | 0         | 255   | 0.0       |
| Fish                              | 8.81       | 77.46        | 46.00  | 29        | 255   | 11.4      |
| Crustaceans                       | 0.02       | 4.00         | 2.00   | 1         | 255   | 0.4       |
| Wine and substitutes              | 0.14       | 12.17        | 8.70   | 3         | 255   | 1.2       |
| Other alcoholic beverages         | 0.00       | 0.50         | 0.50   | 1         | 255   | 0.4       |
| Nuts and seeds                    | 0.50       | 8.04         | 4.00   | 16        | 255   | 6.3       |
| Fruit juices and nectars          | 101.89     | 229.93       | 100.00 | 113       | 255   | 44.3      |
| Vegetable juices and nectars      | 3.21       | 204.68       | 78.00  | 4         | 255   | 1.6       |
| Soft drinks and edible ices       | 40.25      | 320.73       | 125.75 | 32        | 255   | 12.5      |
| Cereals and cereal products       | 151.47     | 208.78       | 25.00  | 185       | 255   | 72.5      |
| Infant formulae                   | 154.05     | 360.39       | 63.00  | 109       | 255   | 42.7      |
| Miscellaneous foods/products      | 7.91       | 24.02        | 1.90   | 84        | 255   | 32.9      |
| Liver and kidney                  | 2.85       | 17.70        | 10.00  | 41        | 255   | 16.1      |
| Coffee and tea in concentrated    | 0.23       | 14.85        | 6.30   | 4         | 255   | 1.6       |
| Types of vegetarian substitute    | 0.65       | 82.70        | 41.35  | 2         | 255   | 0.8       |
| Fresh meat                        | 8.90       | 43.63        | 21.60  | 52        | 255   | 20.4      |
| Processed meat                    | 34.82      | 74.61        | 20.00  | 119       | 255   | 46.7      |
| Eggs                              | 6.55       | 40.75        | 9.10   | 41        | 255   | 16.1      |

|                                  |        |        |       |     |     |      |
|----------------------------------|--------|--------|-------|-----|-----|------|
| Chocolate and chocolate products | 5.27   | 21.34  | 8.00  | 63  | 255 | 24.7 |
| Fruit excl. dried fruit          | 152.26 | 239.67 | 57.80 | 162 | 255 | 63.5 |
| Dried fruit                      | 0.66   | 21.00  | 5.00  | 8   | 255 | 3.1  |
| Fresh and dried herbs, spices    | 0.07   | 0.48   | 0.10  | 38  | 255 | 14.9 |

### Germany 2007, age, 3 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 17.11      | 184.15       | 122.00 | 63        | 678   | 9.3       |
| Waters                            | 498.88     | 544.67       | 200.00 | 621       | 678   | 91.6      |
| Sugar, sweeteners and sugar       | 13.62      | 22.04        | 8.90   | 419       | 678   | 61.8      |
| Fats, oils and fat emulsions      | 11.41      | 13.57        | 5.00   | 570       | 678   | 84.1      |
| Composed foods: meat based        | 2.50       | 154.06       | 122.50 | 11        | 678   | 1.6       |
| Dried vegetables                  | 0.32       | 5.93         | 0.10   | 37        | 678   | 5.5       |
| Pulses and legumes                | 1.91       | 76.01        | 31.10  | 17        | 678   | 2.5       |
| Soy milk and soy based dessert    | 1.78       | 201.67       | 144.00 | 6         | 678   | 0.9       |
| Milk and dairy drinks             | 253.56     | 335.11       | 155.00 | 513       | 678   | 75.7      |
| Cheese                            | 16.97      | 32.50        | 16.85  | 354       | 678   | 52.2      |
| Vegetables excl. dried vegetables | 131.53     | 154.29       | 30.00  | 578       | 678   | 85.3      |
| Dairy based products              | 82.56      | 125.79       | 55.00  | 445       | 678   | 65.6      |
| Salt                              | 0.00       | 0.31         | 0.00   | 9         | 678   | 1.3       |
| Fish                              | 9.70       | 73.10        | 61.60  | 90        | 678   | 13.3      |
| Crustaceans                       | 0.11       | 18.33        | 19.50  | 4         | 678   | 0.6       |
| Beer and malt beverages           | 6.30       | 610.29       | 415.00 | 7         | 678   | 1.0       |
| Wine and substitutes              | 0.07       | 5.46         | 2.70   | 9         | 678   | 1.3       |
| Nuts and seeds                    | 1.55       | 19.13        | 9.25   | 55        | 678   | 8.1       |
| Fruit juices and nectars          | 146.28     | 255.61       | 149.00 | 388       | 678   | 57.2      |
| Vegetable juices and nectars      | 1.04       | 117.67       | 147.00 | 6         | 678   | 0.9       |
| Soft drinks and edible ices       | 159.65     | 378.48       | 200.00 | 286       | 678   | 42.2      |
| Cereals and cereal products       | 194.97     | 203.06       | 40.00  | 651       | 678   | 96.0      |
| Infant formulae                   | 7.37       | 131.51       | 96.50  | 38        | 678   | 5.6       |
| Miscellaneous foods/products      | 20.91      | 33.28        | 4.40   | 426       | 678   | 62.8      |
| Liver and kidney                  | 1.40       | 17.28        | 14.00  | 55        | 678   | 8.1       |
| Coffee and tea in concentrated    | 0.28       | 6.93         | 3.00   | 27        | 678   | 4.0       |
| Types of vegetarian substitute    | 0.40       | 54.64        | 48.50  | 5         | 678   | 0.7       |
| Fresh meat                        | 14.78      | 58.61        | 46.50  | 171       | 678   | 25.2      |
| Processed meat                    | 41.39      | 56.80        | 23.00  | 494       | 678   | 72.9      |
| Eggs                              | 12.44      | 38.18        | 21.90  | 221       | 678   | 32.6      |
| Chocolate and chocolate products  | 17.25      | 27.91        | 12.00  | 419       | 678   | 61.8      |
| Fruit excl. dried fruit           | 132.93     | 166.28       | 66.00  | 542       | 678   | 79.9      |
| Dried fruit                       | 0.67       | 19.66        | 14.50  | 23        | 678   | 3.4       |
| Fresh and dried herbs, spices     | 0.19       | 0.50         | 0.11   | 261       | 678   | 38.5      |

## Germany 2006, age 1 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 13.20      | 166.62       | 123.00 | 72        | 909   | 7.9       |
| Waters                            | 551.56     | 615.93       | 187.00 | 814       | 909   | 89.5      |
| Sugar, sweeteners and sugar       | 10.49      | 20.68        | 8.00   | 461       | 909   | 50.7      |
| Fats, oils and fat emulsions      | 10.86      | 13.88        | 5.00   | 711       | 909   | 78.2      |
| Composed foods: meat based        | 1.82       | 92.04        | 64.10  | 18        | 909   | 2.0       |
| Dried vegetables                  | 0.36       | 7.13         | 0.10   | 46        | 909   | 5.1       |
| Pulses and legumes                | 1.23       | 69.70        | 30.05  | 16        | 909   | 1.8       |
| Soy milk and soy based dessert    | 1.53       | 231.22       | 140.90 | 6         | 909   | 0.7       |
| Milk and dairy drinks             | 220.89     | 305.16       | 140.70 | 658       | 909   | 72.4      |
| Cheese                            | 13.85      | 30.71        | 16.00  | 410       | 909   | 45.1      |
| Vegetables excl. dried vegetables | 117.14     | 154.32       | 29.75  | 690       | 909   | 75.9      |
| Dairy based products              | 77.52      | 136.55       | 60.00  | 516       | 909   | 56.8      |
| Salt                              | 0.00       | 0.15         | 0.00   | 7         | 909   | 0.8       |
| Fish                              | 9.75       | 77.06        | 50.90  | 115       | 909   | 12.7      |
| Crustaceans                       | 0.18       | 23.24        | 15.80  | 7         | 909   | 0.8       |
| Beer and malt beverages           | 2.69       | 244.60       | 200.00 | 10        | 909   | 1.1       |
| Other alcoholic beverages         | 0.00       | 0.55         | 0.55   | 2         | 909   | 0.2       |
| Nuts and seeds                    | 0.70       | 10.61        | 4.90   | 60        | 909   | 6.6       |
| Fruit juices and nectars          | 144.12     | 246.25       | 132.85 | 532       | 909   | 58.5      |
| Vegetable juices and nectars      | 1.26       | 81.59        | 58.00  | 14        | 909   | 1.5       |
| Soft drinks and edible ices       | 117.38     | 404.16       | 200.00 | 264       | 909   | 29.0      |
| Cereals and cereal products       | 167.37     | 183.30       | 33.00  | 830       | 909   | 91.3      |
| Infant formulae                   | 70.16      | 377.35       | 62.00  | 169       | 909   | 18.6      |
| Miscellaneous foods/products      | 18.35      | 33.09        | 5.45   | 504       | 909   | 55.4      |
| Liver and kidney                  | 2.60       | 19.10        | 12.00  | 124       | 909   | 13.6      |
| Coffee and tea in concentrated    | 0.51       | 11.90        | 3.80   | 39        | 909   | 4.3       |
| Types of vegetarian substitute    | 0.18       | 40.53        | 29.65  | 4         | 909   | 0.4       |
| Fresh meat                        | 10.67      | 58.81        | 36.95  | 165       | 909   | 18.2      |
| Processed meat                    | 39.79      | 59.69        | 22.00  | 606       | 909   | 66.7      |
| Eggs                              | 11.21      | 41.42        | 30.00  | 246       | 909   | 27.1      |
| Chocolate and chocolate products  | 12.50      | 26.36        | 12.00  | 431       | 909   | 47.4      |
| Fruit excl. dried fruit           | 140.74     | 181.21       | 62.75  | 706       | 909   | 77.7      |
| Dried fruit                       | 0.92       | 20.90        | 11.00  | 40        | 909   | 4.4       |
| Fresh and dried herbs, spices     | 0.12       | 0.47         | 0.10   | 237       | 909   | 26.1      |
| Food supplements                  | 0.01       | 10.00        | 10.00  | 1         | 909   | 0.1       |

## Germany 2006, age 1 to 2 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 5.58       | 118.38       | 34.00  | 13        | 276   | 4.7       |
| Waters                            | 639.90     | 833.07       | 171.05 | 212       | 276   | 76.8      |
| Sugar, sweeteners and sugar       | 3.36       | 12.86        | 6.00   | 72        | 276   | 26.1      |
| Fats, oils and fat emulsions      | 10.24      | 15.62        | 4.00   | 181       | 276   | 65.6      |
| Composed foods: meat based        | 0.99       | 90.73        | 64.10  | 3         | 276   | 1.1       |
| Dried vegetables                  | 0.29       | 6.62         | 0.10   | 12        | 276   | 4.3       |
| Pulses and legumes                | 0.11       | 31.60        | 15.80  | 1         | 276   | 0.4       |
| Soy milk and soy based dessert    | 4.10       | 282.95       | 280.00 | 4         | 276   | 1.4       |
| Milk and dairy drinks             | 260.92     | 431.23       | 125.00 | 167       | 276   | 60.5      |
| Cheese                            | 14.72      | 33.58        | 14.00  | 121       | 276   | 43.8      |
| Vegetables excl. dried vegetables | 112.82     | 187.59       | 25.40  | 166       | 276   | 60.1      |
| Dairy based products              | 72.93      | 173.53       | 62.50  | 116       | 276   | 42.0      |
| Salt                              | 0.00       | 0.02         | 0.00   | 1         | 276   | 0.4       |
| Fish                              | 7.55       | 77.19        | 49.60  | 27        | 276   | 9.8       |
| Crustaceans                       | 0.27       | 18.40        | 15.40  | 4         | 276   | 1.4       |
| Beer and malt beverages           | 0.72       | 200.00       | 200.00 | 1         | 276   | 0.4       |
| Nuts and seeds                    | 0.53       | 11.34        | 4.00   | 13        | 276   | 4.7       |
| Fruit juices and nectars          | 88.63      | 179.87       | 66.00  | 136       | 276   | 49.3      |
| Vegetable juices and nectars      | 1.61       | 148.00       | 79.00  | 3         | 276   | 1.1       |
| Soft drinks and edible ices       | 31.51      | 289.85       | 100.00 | 30        | 276   | 10.9      |
| Cereals and cereal products       | 128.66     | 167.50       | 22.85  | 212       | 276   | 76.8      |
| Infant formulae                   | 204.21     | 426.98       | 60.70  | 132       | 276   | 47.8      |
| Miscellaneous foods/products      | 10.89      | 33.41        | 5.60   | 90        | 276   | 32.6      |
| Liver and kidney                  | 4.01       | 22.15        | 10.00  | 50        | 276   | 18.1      |
| Coffee and tea in concentrated    | 0.54       | 16.49        | 3.30   | 9         | 276   | 3.3       |
| Fresh meat                        | 9.34       | 51.56        | 26.10  | 50        | 276   | 18.1      |
| Processed meat                    | 26.89      | 54.98        | 19.00  | 135       | 276   | 48.9      |
| Eggs                              | 11.03      | 64.74        | 41.70  | 47        | 276   | 17.0      |
| Chocolate and chocolate products  | 3.33       | 17.03        | 5.55   | 54        | 276   | 19.6      |
| Fruit excl. dried fruit           | 136.31     | 202.26       | 49.85  | 186       | 276   | 67.4      |
| Dried fruit                       | 1.13       | 23.92        | 11.00  | 13        | 276   | 4.7       |
| Fresh and dried herbs, spices     | 0.10       | 0.43         | 0.10   | 61        | 276   | 22.1      |

## Germany 2006, age 3 to 10 years

| Food group                   | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                              | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based | 16.52      | 177.24       | 136.00 | 59        | 633   | 9.3       |
| Waters                       | 513.04     | 539.46       | 200.00 | 602       | 633   | 95.1      |
| Sugar, sweeteners and sugar  | 13.60      | 22.13        | 9.00   | 389       | 633   | 61.5      |
| Fats, oils and fat emulsions | 11.13      | 13.29        | 5.05   | 530       | 633   | 83.7      |

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: meat based        | 2.19       | 92.30        | 69.30  | 15        | 633   | 2.4       |
| Dried vegetables                  | 0.39       | 7.32         | 0.10   | 34        | 633   | 5.4       |
| Pulses and legumes                | 1.71       | 72.24        | 33.55  | 15        | 633   | 2.4       |
| Soy milk and soy based dessert    | 0.40       | 127.75       | 125.00 | 2         | 633   | 0.3       |
| Milk and dairy drinks             | 203.44     | 262.28       | 146.00 | 491       | 633   | 77.6      |
| Cheese                            | 13.48      | 29.51        | 18.00  | 289       | 633   | 45.7      |
| Vegetables excl. dried vegetables | 119.02     | 143.78       | 30.20  | 524       | 633   | 82.8      |
| Dairy based products              | 79.51      | 125.83       | 60.00  | 400       | 633   | 63.2      |
| Salt                              | 0.00       | 0.17         | 0.00   | 6         | 633   | 0.9       |
| Fish                              | 10.71      | 77.03        | 61.10  | 88        | 633   | 13.9      |
| Crustaceans                       | 0.14       | 29.70        | 43.10  | 3         | 633   | 0.5       |
| Beer and malt beverages           | 3.55       | 249.56       | 200.00 | 9         | 633   | 1.4       |
| Other alcoholic beverages         | 0.00       | 0.55         | 0.55   | 2         | 633   | 0.3       |
| Nuts and seeds                    | 0.77       | 10.41        | 5.00   | 47        | 633   | 7.4       |
| Fruit juices and nectars          | 168.31     | 269.05       | 164.00 | 396       | 633   | 62.6      |
| Vegetable juices and nectars      | 1.10       | 63.47        | 51.50  | 11        | 633   | 1.7       |
| Soft drinks and edible ices       | 154.82     | 418.82       | 200.00 | 234       | 633   | 37.0      |
| Cereals and cereal products       | 184.25     | 188.72       | 40.00  | 618       | 633   | 97.6      |
| Infant formulae                   | 11.71      | 200.28       | 78.15  | 37        | 633   | 5.8       |
| Miscellaneous foods/products      | 21.60      | 33.03        | 5.30   | 414       | 633   | 65.4      |
| Liver and kidney                  | 1.99       | 17.03        | 13.50  | 74        | 633   | 11.7      |
| Coffee and tea in concentrated    | 0.50       | 10.52        | 4.03   | 30        | 633   | 4.7       |
| Types of vegetarian substitute    | 0.26       | 40.53        | 29.65  | 4         | 633   | 0.6       |
| Fresh meat                        | 11.26      | 61.96        | 48.00  | 115       | 633   | 18.2      |
| Processed meat                    | 45.42      | 61.04        | 24.00  | 471       | 633   | 74.4      |
| Eggs                              | 11.29      | 35.91        | 28.10  | 199       | 633   | 31.4      |
| Chocolate and chocolate products  | 16.49      | 27.69        | 14.00  | 377       | 633   | 59.6      |
| Fruit excl. dried fruit           | 142.68     | 173.69       | 68.50  | 520       | 633   | 82.1      |
| Dried fruit                       | 0.83       | 19.45        | 13.10  | 27        | 633   | 4.3       |
| Fresh and dried herbs, spices     | 0.13       | 0.48         | 0.10   | 176       | 633   | 27.8      |
| Food supplements                  | 0.02       | 10.00        | 10.00  | 1         | 633   | 0.2       |

## Greece, age 4 to 6 years

| Food group                   | MeanConsum | MeanConsDays | Median | NConsDays | NDays | ConsDays |
|------------------------------|------------|--------------|--------|-----------|-------|----------|
|                              | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)     |
| Composed foods: cereal based | 53.98      | 169.17       | 120.00 | 761       | 2385  | 31.9     |
| Waters*                      | 0.51       | 403.33       | 240.00 | 3         | 2385  | 0.1      |
| Sugar, sweeteners and sugar  | 3.10       | 12.47        | 7.00   | 592       | 2385  | 24.8     |
| Fats, oils and fat emulsions | 7.51       | 14.39        | 10.00  | 1245      | 2385  | 52.2     |
| Composed foods: meat based   | 17.07      | 148.59       | 100.00 | 274       | 2385  | 11.5     |
| Composed foods: fish based   | 1.13       | 225.00       | 205.00 | 12        | 2385  | 0.5      |
| Pulses and legumes           | 33.42      | 235.09       | 200.00 | 339       | 2385  | 14.2     |
| Milk and dairy drinks        | 280.33     | 299.68       | 125.00 | 2231      | 2385  | 93.5     |



| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )    |
| Cheese                            | 17.65      | 44.07        | 30.00  | 955       | 2385  | 40.0     |
| Vegetables excl. dried vegetables | 119.69     | 169.52       | 80.00  | 1684      | 2385  | 70.6     |
| Dairy based products              | 63.86      | 133.14       | 100.00 | 1144      | 2385  | 48.0     |
| Fish                              | 10.64      | 96.84        | 80.00  | 262       | 2385  | 11.0     |
| Molluscs                          | 0.18       | 18.57        | 12.00  | 23        | 2385  | 1.0      |
| Cephalopods                       | 2.40       | 96.86        | 50.00  | 59        | 2385  | 2.5      |
| Crustaceans                       | 0.20       | 34.79        | 20.00  | 14        | 2385  | 0.6      |
| Beer and malt beverages           | 0.06       | 150.00       | 150.00 | 1         | 2385  | 0.0      |
| Wine and substitutes**            | 0.02       | 17.33        | 12.00  | 3         | 2385  | 0.1      |
| Other alcoholic beverages         | 0.04       | 47.50        | 47.50  | 2         | 2385  | 0.1      |
| Nuts and seeds                    | 1.46       | 26.57        | 15.00  | 131       | 2385  | 5.5      |
| Fruit juices and nectars          | 105.75     | 264.65       | 240.00 | 953       | 2385  | 40.0     |
| Vegetable juices and nectars      | 0.19       | 13.53        | 10.00  | 34        | 2385  | 1.4      |
| Soft drinks and edible ices       | 32.61      | 236.36       | 240.00 | 329       | 2385  | 13.8     |
| Cereals and cereal products       | 170.57     | 180.32       | 48.50  | 2256      | 2385  | 94.6     |
| Infant formulae                   | 0.69       | 150.45       | 100.00 | 11        | 2385  | 0.5      |
| Miscellaneous foods/products      | 30.51      | 143.54       | 50.00  | 507       | 2385  | 21.3     |
| Liver and kidney                  | 0.22       | 85.83        | 60.00  | 6         | 2385  | 0.3      |
| Offal except liver and kidney     | 0.03       | 75.00        | 75.00  | 1         | 2385  | 0.0      |
| Coffee and tea in concentrated    | 0.01       | 4.75         | 3.50   | 4         | 2385  | 0.2      |
| Fresh meat                        | 46.40      | 90.78        | 60.00  | 1219      | 2385  | 51.1     |
| Processed meat                    | 2.29       | 36.87        | 27.50  | 148       | 2385  | 6.2      |
| Eggs                              | 17.15      | 74.64        | 55.00  | 548       | 2385  | 23.0     |
| Chocolate and chocolate products  | 13.31      | 27.43        | 10.00  | 1157      | 2385  | 48.5     |
| Fruit excl. dried fruit           | 73.04      | 138.15       | 90.00  | 1261      | 2385  | 52.9     |
| Dried fruit                       | 0.05       | 31.25        | 30.00  | 4         | 2385  | 0.2      |
| Fresh and dried herbs, spices     | 0.66       | 143.64       | 50.00  | 11        | 2385  | 0.5      |

\* Information was not collected on consumption of drinking water.

\*\* Used in recipes.

## Italy, age 1 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )    |
| Composed foods: cereal based      | 2.61       | 103.99       | 107.4  | 19        | 756   | 2.5      |
| Waters                            | 490.35     | 500.27       | 320    | 741       | 756   | 98       |
| Sugar, sweeteners and sugar       | 9.73       | 16.2         | 13     | 454       | 756   | 60.1     |
| Fats, oils and fat emulsions      | 29.67      | 30.56        | 14     | 734       | 756   | 97.1     |
| Pulses and legumes                | 13.17      | 65.07        | 55.3   | 153       | 756   | 20.2     |
| Soy milk and soy based dessert    |            |              |        |           |       |          |
| Milk and dairy drinks             | 204.38     | 233.76       | 225    | 661       | 756   | 87.4     |
| Cheese                            | 42.86      | 55.97        | 17.5   | 579       | 756   | 76.6     |
| Vegetables excl. dried vegetables | 165.57     | 176.3        | 18.38  | 710       | 756   | 93.9     |
| Dairy based products              | 31.91      | 112.2        | 100    | 215       | 756   | 28.4     |
| Fish                              | 29.13      | 107.43       | 93.82  | 205       | 756   | 27.1     |
| Molluscs                          | 1.7        | 58.38        | 28.88  | 22        | 756   | 2.9      |
| Cephalopods                       | 6.3        | 122.17       | 66.84  | 39        | 756   | 5.2      |
| Crustaceans                       | 1.94       | 77.12        | 66.43  | 19        | 756   | 2.5      |
| Beer and malt beverages           | -          | -            | -      | -         | -     | -        |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|----------|
| Wine and substitutes*            | 0.4        | 2.99         | 0.18   | 102       | 756   | 13.5     |
| Other alcoholic beverages        | 0          | 0.33         | 0.35   | 7         | 756   | 0.9      |
| Nuts and seeds                   | 1.29       | 18.77        | 13.9   | 52        | 756   | 6.9      |
| Fruit juices and nectars         | 83.93      | 184.98       | 150    | 343       | 756   | 45.4     |
| Vegetable juices and nectars     | -          | -            | -      | -         | -     | -        |
| Soft drinks and edible ices      | 26.7       | 203.86       | 160    | 99        | 756   | 13.1     |
| Cereals and cereal products      | 224.99     | 225.58       | 45     | 754       | 756   | 99.7     |
| Infant formulae                  | 6.99       | 114.87       | 80     | 46        | 756   | 6.1      |
| Miscellaneous foods/products     | 6.29       | 13.37        | 3.6    | 356       | 756   | 47.1     |
| Liver and kidney                 | 0.58       | 87.67        | 75     | 5         | 756   | 0.7      |
| Offal except liver and kidney    | 1.21       | 24.01        | 26.25  | 38        | 756   | 5        |
| Coffee and tea in concentrated   | 0.75       | 26.86        | 6      | 21        | 756   | 2.8      |
| Fresh meat                       | 67.94      | 110.69       | 87.19  | 464       | 756   | 61.4     |
| Processed meat                   | 23.27      | 49.42        | 40     | 356       | 756   | 47.1     |
| Eggs                             | 17.86      | 45           | 22.67  | 300       | 756   | 39.7     |
| Chocolate and chocolate products | 8.9        | 28.89        | 20     | 233       | 756   | 30.8     |
| Fruit excl. dried fruit          | 134.48     | 180.58       | 100    | 563       | 756   | 74.5     |
| Dried fruit                      | 0.08       | 7.34         | 6      | 8         | 756   | 1.1      |
| Fresh and dries herbs, spices    | 1.49       | 3.18         | 1.13   | 354       | 756   | 46.8     |
| Food supplements                 | 0.3        | 6.8          | 1.38   | 33        | 756   | 4.4      |

\*Alcohol consumption was due to residual quantities used in preparing recipes especially cakes. Wine or sweet alcoholics are used, beer is usually not used. It is not used at all for children aged 1 to 2 years.

### Italy, age 1 to 2 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | (%)      |
| Composed foods: cereal based      | 1.04       | 112.50       | 112.50 | 1         | 108   | 0.9      |
| Waters                            | 375.09     | 405.10       | 240.00 | 100       | 108   | 92.6     |
| Sugar, sweeteners and sugar       | 7.69       | 15.96        | 10.00  | 52        | 108   | 48.1     |
| Fats, oils and fat emulsions      | 15.89      | 18.26        | 9.00   | 94        | 108   | 87.0     |
| Pulses and legumes                | 7.54       | 50.89        | 41.48  | 16        | 108   | 14.8     |
| Milk and dairy drinks             | 277.15     | 315.07       | 250.00 | 95        | 108   | 88.0     |
| Cheese                            | 29.89      | 40.35        | 15.00  | 80        | 108   | 74.1     |
| Vegetables excl. dried vegetables | 84.16      | 106.94       | 9.38   | 85        | 108   | 78.7     |
| Dairy based products              | 41.98      | 119.30       | 125.00 | 38        | 108   | 35.2     |
| Fish                              | 31.40      | 121.13       | 121.45 | 28        | 108   | 25.9     |
| Molluscs                          | 0.47       | 25.27        | 25.27  | 2         | 108   | 1.9      |
| Cephalopods                       | 0.34       | 37.13        | 37.13  | 1         | 108   | 0.9      |
| Crustaceans                       | 0.34       | 37.13        | 37.13  | 1         | 108   | 0.9      |
| Wine and substitutes              | 0.01       | 0.14         | 0.11   | 6         | 108   | 5.6      |
| Nuts and seeds                    | 0.69       | 18.76        | 12.00  | 4         | 108   | 3.7      |
| Fruit juices and nectars.         | 84.78      | 190.76       | 150.00 | 48        | 108   | 44.4     |
| Soft drinks and edible ices       | 2.96       | 160.00       | 160.00 | 2         | 108   | 1.9      |
| Cereals and cereal products       | 141.46     | 141.46       | 35.50  | 108       | 108   | 100.0    |
| Infant formulae                   | 40.37      | 121.11       | 80.00  | 36        | 108   | 33.3     |
| Miscellaneous foods/products      | 10.51      | 20.28        | 1.61   | 56        | 108   | 51.9     |
| Offal except liver and kidney     | 1.15       | 20.78        | 19.69  | 6         | 108   | 5.6      |
| Coffee and tea in concentrated    | 4.60       | 55.17        | 14.00  | 9         | 108   | 8.3      |
| Fresh meat                        | 31.40      | 73.73        | 72.00  | 46        | 108   | 42.6     |
| Processed meat                    | 11.78      | 42.40        | 40.00  | 30        | 108   | 27.8     |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|----------|
| Eggs                             | 8.42       | 28.41        | 18.52  | 32        | 108   | 29.6     |
| Chocolate and chocolate products | 2.62       | 21.79        | 16.39  | 13        | 108   | 12.0     |
| Fruit excl. Dried fruit          | 125.71     | 178.63       | 100.00 | 76        | 108   | 70.4     |
| fresh and dried herbs, spices    | 0.47       | 1.76         | 0.81   | 29        | 108   | 26.9     |
| Food supplements                 | 0.68       | 7.33         | 1.50   | 10        | 108   | 9.3      |

## Italy, age 3 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )    |
| Composed foods: cereal based      | 2.88       | 103.52       | 103.70 | 18        | 648   | 2.8      |
| Waters                            | 509.56     | 515.12       | 320.00 | 641       | 648   | 98.9     |
| Sugar, sweeteners and sugar       | 10.07      | 16.23        | 13.00  | 402       | 648   | 62.0     |
| Fats, oils and fat emulsions      | 31.97      | 32.37        | 15.12  | 640       | 648   | 98.8     |
| Pulses and legumes                | 14.11      | 66.73        | 55.30  | 137       | 648   | 21.1     |
| Milk and dairy drinks             | 192.26     | 220.11       | 200.00 | 566       | 648   | 87.3     |
| Cheese                            | 45.03      | 58.47        | 18.71  | 499       | 648   | 77.0     |
| Vegetables excl. dried vegetables | 179.14     | 185.73       | 18.64  | 625       | 648   | 96.5     |
| Dairy based products              | 30.23      | 110.68       | 100.00 | 177       | 648   | 27.3     |
| Fish                              | 28.75      | 105.27       | 91.44  | 177       | 648   | 27.3     |
| Molluscs                          | 1.90       | 61.69        | 28.88  | 20        | 648   | 3.1      |
| Cephalopods                       | 7.30       | 124.40       | 66.84  | 38        | 648   | 5.9      |
| Crustaceans                       | 2.20       | 79.34        | 73.36  | 18        | 648   | 2.8      |
| Wine and substitutes              | 0.47       | 3.17         | 0.19   | 96        | 648   | 14.8     |
| Other alcoholic beverages         | 0.00       | 0.33         | 0.35   | 7         | 648   | 1.1      |
| Nuts and seeds                    | 1.39       | 18.77        | 13.90  | 48        | 648   | 7.4      |
| Fruit juices and nectars.         | 83.78      | 184.04       | 200.00 | 295       | 648   | 45.5     |
| Soft drinks and edible ices       | 30.65      | 204.76       | 160.00 | 97        | 648   | 15.0     |
| Cereals and cereal products       | 238.91     | 239.65       | 45.00  | 646       | 648   | 99.7     |
| Infant formulae                   | 1.43       | 92.40        | 80.00  | 10        | 648   | 1.5      |
| Miscellaneous foods/products      | 5.59       | 12.08        | 4.11   | 300       | 648   | 46.3     |
| Liver and kidney                  | 0.68       | 87.67        | 75.00  | 5         | 648   | 0.8      |
| Offal except liver and kidney     | 1.22       | 24.61        | 26.25  | 32        | 648   | 4.9      |
| Coffee and tea in concentrated    | 0.10       | 5.63         | 4.25   | 12        | 648   | 1.9      |
| Fresh meat                        | 74.03      | 114.76       | 92.70  | 418       | 648   | 64.5     |
| Processed meat                    | 25.19      | 50.06        | 40.00  | 326       | 648   | 50.3     |
| Eggs                              | 19.43      | 46.99        | 23.10  | 268       | 648   | 41.4     |
| Chocolate and chocolate products  | 9.95       | 29.31        | 20.00  | 220       | 648   | 34.0     |
| Fruit excl. Dried fruit           | 135.94     | 180.88       | 100.00 | 487       | 648   | 75.2     |
| Dried fruit                       | 0.09       | 7.34         | 6.00   | 8         | 648   | 1.2      |
| fresh and dried herbs, spices     | 1.66       | 3.31         | 1.14   | 325       | 648   | 50.2     |
| Food supplements                  | 0.23       | 6.57         | 1.38   | 23        | 648   | 3.5      |

## Netherlands, age 2 to 6 years

| Food group                   | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                              | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based | 1.69       | 100.83       | 72.00  | 43        | 2558  | 1.7       |
| Waters                       | 264.76     | 352.00       | 145.00 | 1924      | 2558  | 75.2      |

| Food group                        | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( % ) |
|-----------------------------------|---------------------|-----------------------|-----------------|-----------|-------|--------------------|
| Sugar, sweeteners and sugar       | 11.82               | 17.85                 | 7.00            | 1694      | 2558  | 66.2               |
| Fats, oils and fat emulsions      | 12.96               | 13.82                 | 5.00            | 2398      | 2558  | 93.7               |
| Composed foods: meat based        | 7.55                | 71.23                 | 70.00           | 271       | 2558  | 10.6               |
| Pulses and legumes                | 1.61                | 63.32                 | 53.30           | 65        | 2558  | 2.5                |
| Soy milk and soy based dessert    | 5.84                | 304.63                | 170.00          | 49        | 2558  | 1.9                |
| Milk and dairy drinks             | 331.77              | 382.98                | 162.00          | 2216      | 2558  | 86.6               |
| Cheese                            | 11.07               | 26.37                 | 17.20           | 1074      | 2558  | 42.0               |
| Vegetables excl. dried vegetables | 87.19               | 104.72                | 36.00           | 2130      | 2558  | 83.3               |
| Dairy based products              | 93.76               | 144.83                | 100.00          | 1656      | 2558  | 64.7               |
| Fish                              | 4.49                | 60.50                 | 52.20           | 190       | 2558  | 7.4                |
| Molluscs                          | 0.02                | 11.33                 | 10.30           | 4         | 2558  | 0.2                |
| Crustaceans                       | 0.15                | 18.92                 | 4.80            | 20        | 2558  | 0.8                |
| Wine and substitutes              | 0.02                | 6.97                  | 4.90            | 6         | 2558  | 0.2                |
| Other alcoholic beverages         | 0.00                | 0.46                  | 0.50            | 8         | 2558  | 0.3                |
| Nuts and seeds                    | 4.92                | 22.88                 | 20.00           | 550       | 2558  | 21.5               |
| Fruit juices and nectars.         | 118.03              | 272.25                | 200.00          | 1109      | 2558  | 43.4               |
| Vegetable juices and nectars      | 0.93                | 140.34                | 100.00          | 17        | 2558  | 0.7                |
| Soft drinks and edible ices       | 177.58              | 209.33                | 42.60           | 2170      | 2558  | 84.8               |
| Cereals and cereal products       | 142.86              | 143.25                | 30.00           | 2551      | 2558  | 99.7               |
| Other food for special dietary    | 0.02                | 7.56                  | 5.20            | 8         | 2558  | 0.3                |
| Infant formulae, follow up for    | 7.56                | 87.49                 | 22.00           | 221       | 2558  | 8.6                |
| Miscellaneous foods/products      | 39.36               | 58.94                 | 15.00           | 1708      | 2558  | 66.8               |
| Liver and kidney                  | 4.62                | 24.17                 | 20.00           | 489       | 2558  | 19.1               |
| Offal except liver and kidney     | 0.01                | 11.35                 | 11.35           | 2         | 2558  | 0.1                |
| Types of vegetarian substitute    | 0.68                | 60.13                 | 24.00           | 29        | 2558  | 1.1                |
| Fresh meat                        | 28.14               | 48.83                 | 37.50           | 1474      | 2558  | 57.6               |
| Processed meat                    | 12.19               | 28.38                 | 15.00           | 1099      | 2558  | 43.0               |
| Eggs                              | 5.28                | 33.67                 | 40.00           | 401       | 2558  | 15.7               |
| Chocolate and chocolate products  | 14.55               | 23.71                 | 12.00           | 1570      | 2558  | 61.4               |
| Fruit excl. dried fruit           | 119.97              | 151.55                | 65.00           | 2025      | 2558  | 79.2               |
| Dried fruit                       | 0.98                | 16.01                 | 14.00           | 157       | 2558  | 6.1                |
| Fresh and dried herbs, spices     | 0.34                | 6.99                  | 5.40            | 125       | 2558  | 4.9                |

## Netherlands, age 2 years

| Food group                        | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( % ) |
|-----------------------------------|---------------------|-----------------------|-----------------|-----------|-------|--------------------|
| Composed foods: cereal based      | 1.88                | 120.75                | 137.50          | 10        | 644   | 1.6                |
| Waters                            | 280.04              | 368.05                | 135.00          | 490       | 644   | 76.1               |
| Sugar, sweeteners and sugar       | 8.43                | 14.60                 | 6.80            | 372       | 644   | 57.8               |
| Fats, oils and fat emulsions      | 11.06               | 11.89                 | 4.00            | 599       | 644   | 93.0               |
| Composed foods: meat based        | 6.76                | 65.93                 | 63.00           | 66        | 644   | 10.2               |
| Pulses and legumes                | 1.80                | 60.91                 | 53.30           | 19        | 644   | 3.0                |
| Soy milk and soy based dessert    | 10.39               | 352.11                | 177.50          | 19        | 644   | 3.0                |
| Milk and dairy drinks             | 330.56              | 378.12                | 154.50          | 563       | 644   | 87.4               |
| Cheese                            | 9.45                | 23.05                 | 14.00           | 264       | 644   | 41.0               |
| Vegetables excl. dried vegetables | 82.78               | 99.27                 | 31.00           | 537       | 644   | 83.4               |
| Dairy based products              | 90.60               | 130.53                | 100.00          | 447       | 644   | 69.4               |
| Fish                              | 3.09                | 49.79                 | 41.60           | 40        | 644   | 6.2                |
| Molluscs                          | 0.03                | 9.00                  | 9.00            | 2         | 644   | 0.3                |

| Food group                       | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( % ) |
|----------------------------------|---------------------|-----------------------|-----------------|-----------|-------|--------------------|
| Crustaceans                      | 0.04                | 4.94                  | 4.70            | 5         | 644   | 0.8                |
| Wine and substitutes             | 0.04                | 14.20                 | 14.20           | 2         | 644   | 0.3                |
| Other alcoholic beverages        | 0.00                | 0.50                  | 0.50            | 1         | 644   | 0.2                |
| Nuts and seeds                   | 4.09                | 17.44                 | 10.00           | 151       | 644   | 23.4               |
| Fruit juices and nectars.        | 109.10              | 266.14                | 150.00          | 264       | 644   | 41.0               |
| Vegetable juices and nectars     | 1.79                | 143.75                | 150.00          | 8         | 644   | 1.2                |
| Soft drinks and edible ices      | 131.63              | 162.71                | 29.10           | 521       | 644   | 80.9               |
| Cereals and cereal products      | 121.21              | 121.59                | 25.00           | 642       | 644   | 99.7               |
| Other food for special dietary   | 0.06                | 9.63                  | 5.20            | 4         | 644   | 0.6                |
| Infant formulae, follow up for   | 16.85               | 86.11                 | 21.00           | 126       | 644   | 19.6               |
| Miscellaneous foods/products     | 26.80               | 44.94                 | 11.20           | 384       | 644   | 59.6               |
| Liver and kidney                 | 4.75                | 21.54                 | 15.00           | 142       | 644   | 22.0               |
| Offal except liver and kidney    | 0.01                | 6.70                  | 6.70            | 1         | 644   | 0.2                |
| Types of vegetarian substitute   | 0.64                | 45.86                 | 17.80           | 9         | 644   | 1.4                |
| Fresh meat                       | 24.69               | 41.52                 | 30.00           | 383       | 644   | 59.5               |
| Processed meat                   | 9.60                | 25.35                 | 15.00           | 244       | 644   | 37.9               |
| Eggs                             | 4.29                | 29.10                 | 24.50           | 95        | 644   | 14.8               |
| Chocolate and chocolate products | 11.14               | 19.71                 | 10.00           | 364       | 644   | 56.5               |
| Fruit excl. dried fruit          | 120.61              | 144.38                | 64.00           | 538       | 644   | 83.5               |
| Dried fruit                      | 1.96                | 15.74                 | 14.00           | 80        | 644   | 12.4               |
| Fresh and dried herbs, spices    | 0.24                | 6.20                  | 4.15            | 25        | 644   | 3.9                |

## Netherlands, age 3 to 6 years

| Food group                        | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( % ) |
|-----------------------------------|---------------------|-----------------------|-----------------|-----------|-------|--------------------|
| Composed foods: cereal based      | 1.63                | 94.79                 | 72.00           | 33        | 1914  | 1.7                |
| Waters                            | 259.62              | 346.52                | 150.00          | 1434      | 1914  | 74.9               |
| Sugar, sweeteners and sugar       | 12.96               | 18.76                 | 7.00            | 1322      | 1914  | 69.1               |
| Fats, oils and fat emulsions      | 13.60               | 14.47                 | 6.00            | 1799      | 1914  | 94.0               |
| Composed foods: meat based        | 7.81                | 72.94                 | 75.00           | 205       | 1914  | 10.7               |
| Pulses and legumes                | 1.55                | 64.31                 | 53.30           | 46        | 1914  | 2.4                |
| Soy milk and soy based dessert    | 4.30                | 274.57                | 162.50          | 30        | 1914  | 1.6                |
| Milk and dairy drinks             | 332.18              | 384.63                | 163.10          | 1653      | 1914  | 86.4               |
| Cheese                            | 11.62               | 27.46                 | 20.00           | 810       | 1914  | 42.3               |
| Vegetables excl. dried vegetables | 88.68               | 106.55                | 36.00           | 1593      | 1914  | 83.2               |
| Dairy based products              | 94.83               | 150.12                | 103.00          | 1209      | 1914  | 63.2               |
| Fish                              | 4.97                | 63.36                 | 52.20           | 150       | 1914  | 7.8                |
| Molluscs                          | 0.01                | 13.65                 | 13.65           | 2         | 1914  | 0.1                |
| Crustaceans                       | 0.18                | 23.58                 | 6.40            | 15        | 1914  | 0.8                |
| Wine and substitutes              | 0.01                | 3.35                  | 3.15            | 4         | 1914  | 0.2                |
| Other alcoholic beverages         | 0.00                | 0.46                  | 0.50            | 7         | 1914  | 0.4                |
| Nuts and seeds                    | 5.20                | 24.94                 | 20.00           | 399       | 1914  | 20.8               |
| Fruit juices and nectars.         | 121.04              | 274.16                | 200.00          | 845       | 1914  | 44.1               |
| Vegetable juices and nectars      | 0.65                | 137.31                | 100.00          | 9         | 1914  | 0.5                |
| Soft drinks and edible ices       | 193.04              | 224.06                | 50.00           | 1649      | 1914  | 86.2               |
| Cereals and cereal products       | 150.14              | 150.53                | 35.00           | 1909      | 1914  | 99.7               |
| Other food for special dietary    | 0.01                | 5.50                  | 5.80            | 4         | 1914  | 0.2                |
| Infant formulae, follow up for    | 4.43                | 89.34                 | 27.50           | 95        | 1914  | 5.0                |
| Miscellaneous foods/products      | 43.58               | 63.00                 | 18.00           | 1324      | 1914  | 69.2               |

| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
| Liver and kidney                 | 4.58       | 25.25        | 20.00  | 347       | 1914  | 18.1      |
| Offal except liver and kidney    | 0.01       | 16.00        | 16.00  | 1         | 1914  | 0.1       |
| Types of vegetarian substitute   | 0.70       | 66.56        | 26.50  | 20        | 1914  | 1.0       |
| Fresh meat                       | 29.30      | 51.40        | 39.45  | 1091      | 1914  | 57.0      |
| Processed meat                   | 13.06      | 29.24        | 15.00  | 855       | 1914  | 44.7      |
| Eggs                             | 5.61       | 35.10        | 45.00  | 306       | 1914  | 16.0      |
| Chocolate and chocolate products | 15.70      | 24.91        | 12.00  | 1206      | 1914  | 63.0      |
| Fruit excl. dried fruit          | 119.76     | 154.15       | 70.00  | 1487      | 1914  | 77.7      |
| Dried fruit                      | 0.66       | 16.28        | 14.00  | 77        | 1914  | 4.0       |
| Fresh and dried herbs, spices    | 0.38       | 7.18         | 5.40   | 100       | 1914  | 5.2       |

### Spain-enKid, age 1 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 5.85       | 108.71       | 90.00  | 21        | 390   | 5.4       |
| Waters                            | 402.10     | 502.63       | 400.00 | 312       | 390   | 80.0      |
| Sugar, sweeteners and sugar       | 9.92       | 20.69        | 10.00  | 187       | 390   | 47.9      |
| Fats, oils and fat emulsions      | 31.50      | 39.76        | 15.00  | 309       | 390   | 79.2      |
| Composed foods: meat based        | 12.19      | 110.58       | 100.00 | 43        | 390   | 11.0      |
| Composed foods: fish based        | 0.99       | 77.00        | 80.00  | 5         | 390   | 1.3       |
| Pulses and legumes                | 17.92      | 74.36        | 50.00  | 94        | 390   | 24.1      |
| Milk and dairy drinks             | 351.93     | 383.39       | 250.00 | 358       | 390   | 91.8      |
| Cheese                            | 20.74      | 48.43        | 40.00  | 167       | 390   | 42.8      |
| Vegetables excl. dried vegetables | 147.14     | 182.18       | 40.00  | 315       | 390   | 80.8      |
| Dairy based products              | 87.69      | 161.32       | 125.00 | 212       | 390   | 54.4      |
| Fish                              | 23.75      | 95.49        | 75.00  | 97        | 390   | 24.9      |
| Molluscs                          | 0.17       | 22.33        | 12.50  | 3         | 390   | 0.8       |
| Cephalopods                       | 2.79       | 60.50        | 50.00  | 18        | 390   | 4.6       |
| Crustaceans                       | 1.30       | 46.18        | 50.00  | 11        | 390   | 2.8       |
| Wine and substitutes              | 0.08       | 15.00        | 15.00  | 2         | 390   | 0.5       |
| Nuts and seeds                    | 3.91       | 46.18        | 20.00  | 33        | 390   | 8.5       |
| Fruit juices and nectars          | 32.94      | 194.62       | 200.00 | 66        | 390   | 16.9      |
| Soft drinks and edible ices       | 104.44     | 318.20       | 200.00 | 128       | 390   | 32.8      |
| Cereals and cereal products       | 163.47     | 166.02       | 50.00  | 384       | 390   | 98.5      |
| Other food for special dietary    | 1.69       | 330.00       | 330.00 | 2         | 390   | 0.5       |
| Infant formulae                   | 5.56       | 80.33        | 50.00  | 27        | 390   | 6.9       |
| Miscellaneous foods/products      | 37.82      | 107.66       | 45.00  | 137       | 390   | 35.1      |
| Liver and kidney                  | 0.23       | 90.00        | 90.00  | 1         | 390   | 0.3       |
| Offal except liver and kidney     | 2.26       | 29.33        | 20.00  | 30        | 390   | 7.7       |
| Fresh meat                        | 80.46      | 117.97       | 100.00 | 266       | 390   | 68.2      |
| Processed meat                    | 31.98      | 52.63        | 30.00  | 237       | 390   | 60.8      |
| Eggs                              | 28.86      | 63.60        | 57.50  | 177       | 390   | 45.4      |
| Chocolate and chocolate products  | 15.18      | 22.60        | 15.00  | 262       | 390   | 67.2      |
| Fruit excl. dried fruit           | 102.73     | 172.69       | 100.00 | 232       | 390   | 59.5      |



## Spain-enKid, age 1 to 2 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 1.47       | 50.00        | 50.00  | 1         | 34    | 2.9       |
| Waters                            | 328.53     | 485.65       | 400.00 | 23        | 34    | 67.6      |
| Sugar, sweeteners and sugar       | 6.32       | 23.89        | 20.00  | 9         | 34    | 26.5      |
| Fats, oils and fat emulsions      | 38.09      | 53.96        | 10.00  | 24        | 34    | 70.6      |
| Composed foods: meat based        | 2.94       | 50.00        | 50.00  | 2         | 34    | 5.9       |
| Pulses and legumes                | 16.18      | 61.11        | 40.00  | 9         | 34    | 26.5      |
| Milk and dairy drinks             | 367.06     | 402.58       | 290.00 | 31        | 34    | 91.2      |
| Cheese                            | 17.06      | 38.67        | 25.00  | 15        | 34    | 44.1      |
| Vegetables excl. dried vegetables | 107.50     | 140.58       | 30.00  | 26        | 34    | 76.5      |
| Dairy based products              | 107.21     | 182.25       | 125.00 | 20        | 34    | 58.8      |
| Fish                              | 22.35      | 152.00       | 115.00 | 5         | 34    | 14.7      |
| Cephalopods                       | 3.94       | 44.67        | 20.00  | 3         | 34    | 8.8       |
| Nuts and seeds                    | 1.79       | 20.33        | 21.00  | 3         | 34    | 8.8       |
| Fruit juices and nectars.         | 20.59      | 140.00       | 100.00 | 5         | 34    | 14.7      |
| Soft drinks and edible ices       | 80.88      | 250.00       | 200.00 | 11        | 34    | 32.4      |
| Cereals and cereal products       | 86.82      | 92.25        | 36.00  | 32        | 34    | 94.1      |
| Infant formulae                   | 41.59      | 101.00       | 50.00  | 14        | 34    | 41.2      |
| Miscellaneous foods/products      | 65.15      | 147.67       | 137.50 | 15        | 34    | 44.1      |
| Liver and kidney                  | 2.65       | 90.00        | 90.00  | 1         | 34    | 2.9       |
| Offal except liver and kidney     | 0.59       | 6.67         | 5.00   | 3         | 34    | 8.8       |
| Fresh meat                        | 59.56      | 88.04        | 70.00  | 23        | 34    | 67.6      |
| Processed meat                    | 13.76      | 31.20        | 25.00  | 15        | 34    | 44.1      |
| Eggs                              | 24.56      | 59.64        | 55.00  | 14        | 34    | 41.2      |
| Chocolate and chocolate products  | 10.03      | 16.24        | 10.00  | 21        | 34    | 61.8      |
| Fruit excl. dried fruit           | 80.71      | 130.67       | 70.00  | 21        | 34    | 61.8      |

## Spain-enKid, age 3 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 6.27       | 111.65       | 95.00  | 20        | 356   | 5.6       |
| Waters                            | 409.13     | 503.98       | 400.00 | 289       | 356   | 81.2      |
| Sugar, sweeteners and sugar       | 10.26      | 20.53        | 10.00  | 178       | 356   | 50.0      |
| Fats, oils and fat emulsions      | 30.87      | 38.56        | 15.00  | 285       | 356   | 80.1      |
| Composed foods: meat based        | 13.08      | 113.54       | 100.00 | 41        | 356   | 11.5      |
| Composed foods: fish based        | 1.08       | 77.00        | 80.00  | 5         | 356   | 1.4       |
| Pulses and legumes                | 18.09      | 75.76        | 50.00  | 85        | 356   | 23.9      |
| Milk and dairy drinks             | 350.49     | 381.57       | 250.00 | 327       | 356   | 91.9      |
| Cheese                            | 21.09      | 49.39        | 40.00  | 152       | 356   | 42.7      |
| Vegetables excl. dried vegetables | 150.93     | 185.92       | 40.00  | 289       | 356   | 81.2      |
| Dairy based products              | 85.83      | 159.14       | 125.00 | 192       | 356   | 53.9      |
| Fish                              | 23.88      | 92.42        | 75.00  | 92        | 356   | 25.8      |
| Molluscs                          | 0.19       | 22.33        | 12.50  | 3         | 356   | 0.8       |
| Cephalopods                       | 2.68       | 63.67        | 50.00  | 15        | 356   | 4.2       |
| Crustaceans                       | 1.43       | 46.18        | 50.00  | 11        | 356   | 3.1       |
| Wine and substitutes              | 0.08       | 15.00        | 15.00  | 2         | 356   | 0.6       |
| Nuts and seeds                    | 4.11       | 48.77        | 20.00  | 30        | 356   | 8.4       |



| Food group                       | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|----------------------------------|------------|--------------|--------|-----------|-------|-----------|
| Fruit juices and nectars         | 34.12      | 199.10       | 200.00 | 61        | 356   | 17.1      |
| Soft drinks and edible ices      | 106.69     | 324.62       | 200.00 | 117       | 356   | 32.9      |
| Cereals and cereal products      | 170.79     | 172.73       | 50.00  | 352       | 356   | 98.9      |
| Other food for special dietary   | 1.85       | 330.00       | 330.00 | 2         | 356   | 0.6       |
| Infant formulae                  | 2.12       | 58.08        | 40.00  | 13        | 356   | 3.7       |
| Miscellaneous foods/products     | 35.21      | 102.75       | 40.00  | 122       | 356   | 34.3      |
| Offal except liver and kidney    | 2.42       | 31.85        | 25.00  | 27        | 356   | 7.6       |
| Fresh meat                       | 82.46      | 120.80       | 100.00 | 243       | 356   | 68.3      |
| Processed meat                   | 33.72      | 54.08        | 30.00  | 222       | 356   | 62.4      |
| Eggs                             | 29.28      | 63.94        | 57.50  | 163       | 356   | 45.8      |
| Chocolate and chocolate products | 15.67      | 23.15        | 15.00  | 241       | 356   | 67.7      |
| Fruit excl. dried fruit          | 104.83     | 176.88       | 100.00 | 211       | 356   | 59.3      |

### Spain-enKid, age 11 to 14 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( % )     |
| Composed foods: cereal based      | 10.47      | 186.43       | 200.00 | 21        | 374   | 5.6       |
| Waters                            | 476.93     | 632.52       | 400.00 | 282       | 374   | 75.4      |
| Sugar, sweeteners and sugar       | 16.09      | 25.82        | 14.50  | 233       | 374   | 62.3      |
| Fats, oils and fat emulsions      | 25.51      | 29.53        | 15.00  | 323       | 374   | 86.4      |
| Composed foods: meat based        | 9.32       | 116.17       | 90.00  | 30        | 374   | 8.0       |
| Composed foods: fish based        | 4.39       | 149.09       | 100.00 | 11        | 374   | 2.9       |
| Pulses and legumes                | 22.13      | 90.93        | 75.00  | 91        | 374   | 24.3      |
| Soy milk and soy based dessert    | 0.27       | 100.00       | 100.00 | 1         | 374   | 0.3       |
| Milk and dairy drinks             | 309.33     | 336.31       | 250.00 | 344       | 374   | 92.0      |
| Cheese                            | 19.73      | 51.96        | 30.00  | 142       | 374   | 38.0      |
| Vegetables excl. dried vegetables | 176.50     | 205.01       | 50.00  | 322       | 374   | 86.1      |
| Dairy based products              | 63.14      | 156.39       | 125.00 | 151       | 374   | 40.4      |
| Fish                              | 32.05      | 114.14       | 90.00  | 105       | 374   | 28.1      |
| Molluscs                          | 1.58       | 45.38        | 25.00  | 13        | 374   | 3.5       |
| Cephalopods                       | 3.65       | 80.29        | 50.00  | 17        | 374   | 4.5       |
| Crustaceans                       | 1.15       | 47.78        | 30.00  | 9         | 374   | 2.4       |
| Wine and substitutes              | 0.05       | 10.00        | 10.00  | 2         | 374   | 0.5       |
| Nuts and seeds                    | 7.66       | 43.39        | 25.00  | 66        | 374   | 17.6      |
| Fruit juices and nectars          | 30.03      | 211.89       | 200.00 | 53        | 374   | 14.2      |
| Vegetable juices and nectars      | 0.53       | 200.00       | 200.00 | 1         | 374   | 0.3       |
| Soft drinks and edible ices       | 147.55     | 388.61       | 240.00 | 142       | 374   | 38.0      |
| Cereals and cereal products       | 256.37     | 257.05       | 60.00  | 373       | 374   | 99.7      |
| Other food for special dietary    | 2.65       | 495.00       | 495.00 | 2         | 374   | 0.5       |
| Infant formulae                   | 0.40       | 75.00        | 75.00  | 2         | 374   | 0.5       |
| Miscellaneous foods/products      | 41.55      | 100.25       | 30.00  | 155       | 374   | 41.4      |
| Liver and kidney                  | 0.74       | 137.50       | 137.50 | 2         | 374   | 0.5       |
| Offal except liver and kidney     | 1.26       | 39.17        | 27.50  | 12        | 374   | 3.2       |
| Coffee and tea in concentrated    | 0.27       | 100.00       | 100.00 | 1         | 374   | 0.3       |
| Fresh meat                        | 111.28     | 148.64       | 100.00 | 280       | 374   | 74.9      |
| Processed meat                    | 51.58      | 79.07        | 40.00  | 244       | 374   | 65.2      |
| Eggs                              | 35.35      | 76.86        | 60.00  | 172       | 374   | 46.0      |
| Chocolate and chocolate products  | 14.42      | 22.66        | 15.00  | 238       | 374   | 63.6      |
| Fruit excl. dried fruit           | 118.75     | 201.88       | 135.00 | 220       | 374   | 58.8      |
| Dried fruit                       | 0.08       | 30.00        | 30.00  | 1         | 374   | 0.3       |

## Spain-Basque, age 4 to 10 years

| Food group                        | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( %) |
|-----------------------------------|---------------------|-----------------------|-----------------|-----------|-------|-------------------|
| Composed foods: cereal based      | 1.45                | 191.39                | 200             | 7         | 924   | 0.8               |
| Waters                            | 608.4               | 636.65                | 200             | 883       | 924   | 95.6              |
| Sugar, sweeteners and sugar       | 5.15                | 16.37                 | 8               | 291       | 924   | 31.5              |
| Fats, oils and fat emulsions      | 19.51               | 20.07                 | 6.3             | 898       | 924   | 97.2              |
| Composed foods: meat based        | 3.95                | 59.89                 | 56              | 61        | 924   | 6.6               |
| Composed foods: fish based        | 1.34                | 49.38                 | 42              | 25        | 924   | 2.7               |
| Dried vegetables                  | 1.17                | 153.86                | 141             | 7         | 924   | 0.8               |
| Pulses and legumes                | 30.67               | 98.75                 | 92.7            | 287       | 924   | 31.1              |
| Soy milk and soy based dessert    | 3.4                 | 349.08                | 206             | 9         | 924   | 1                 |
| Milk and dairy drinks             | 379.76              | 399.2                 | 206             | 879       | 924   | 95.1              |
| Cheese                            | 20.47               | 48.12                 | 20              | 393       | 924   | 42.5              |
| Vegetables excl. dried vegetables | 102.48              | 121.55                | 27              | 779       | 924   | 84.3              |
| Dairy based products              | 101.39              | 170.95                | 125             | 548       | 924   | 59.3              |
| Fish                              | 32.9                | 87.86                 | 71              | 346       | 924   | 37.4              |
| Molluscs                          | 0.39                | 12.51                 | 6.8             | 29        | 924   | 3.1               |
| Cephalopods                       | 2.24                | 38.3                  | 28              | 54        | 924   | 5.8               |
| Crustaceans                       | 0.72                | 18.37                 | 13              | 36        | 924   | 3.9               |
| Beer and malt beverages           | 0.04                | 40                    | 40              | 1         | 924   | 0.1               |
| Nuts and seeds                    | 3.87                | 38.9                  | 30              | 92        | 924   | 10                |
| Fruit juices and nectars          | 106.54              | 235.5                 | 200             | 418       | 924   | 45.2              |
| Vegetable juices and nectars      | 0.19                | 90                    | 90              | 2         | 924   | 0.2               |
| Soft drinks and edible ices       | 36.2                | 238.94                | 200             | 140       | 924   | 15.2              |
| Cereals and cereal products       | 200.22              | 200.87                | 40              | 921       | 924   | 99.7              |
| Miscellaneous foods/products      | 56.05               | 85.04                 | 33.8            | 609       | 924   | 65.9              |
| Liver and kidney                  | 0.28                | 64                    | 72.25           | 4         | 924   | 0.4               |
| Offal except liver and kidney     | 1.64                | 65.73                 | 54              | 23        | 924   | 2.5               |
| Coffee and tea in concentrated    | 0.01                | 2.1                   | 2.15            | 4         | 924   | 0.4               |
| Types of vegetarian substitute    | 0.04                | 40                    | 40              | 1         | 924   | 0.1               |
| Fresh meat                        | 81.76               | 112.09                | 78              | 674       | 924   | 72.9              |
| Processed meat                    | 37.18               | 53.26                 | 27.5            | 645       | 924   | 69.8              |
| Eggs                              | 21.63               | 59.83                 | 45              | 334       | 924   | 36.1              |
| Chocolate and chocolate products  | 14.94               | 19.15                 | 7.3             | 721       | 924   | 78                |
| Fruit excl. dried fruit           | 103.82              | 168.89                | 89.55           | 568       | 924   | 61.5              |

## Spain-Basque, age 11 to 14 years

| Food group                     | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( %) |
|--------------------------------|---------------------|-----------------------|-----------------|-----------|-------|-------------------|
| Composed foods: cereal based   | 1.82                | 154.64                | 160             | 7         | 596   | 1.2               |
| Waters                         | 749.15              | 775.16                | 200             | 576       | 596   | 96.6              |
| Sugar, sweeteners and sugar    | 7.07                | 19.98                 | 9               | 211       | 596   | 35.4              |
| Fats, oils and fat emulsions   | 24.04               | 24.71                 | 7.4             | 580       | 596   | 97.3              |
| Composed foods: Meat based     | 4.05                | 61.92                 | 60              | 39        | 596   | 6.5               |
| Composed foods: Fish based     | 2.31                | 86.16                 | 90              | 16        | 596   | 2.7               |
| Dried vegetables               | 0.81                | 160.67                | 141             | 3         | 596   | 0.5               |
| Pulses and legumes             | 39.56               | 119.69                | 110.2           | 197       | 596   | 33.1              |
| Soy milk and soy based dessert | 4.73                | 313.41                | 231.8           | 9         | 596   | 1.5               |
| Milk and dairy drinks          | 354.55              | 374                   | 206             | 565       | 596   | 94.8              |

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
| Cheese                            | 16.67      | 42.65        | 20     | 233       | 596   | 39.1      |
| Vegetables excl. dried vegetables | 128.32     | 145.4        | 28.7   | 526       | 596   | 88.3      |
| Dairy based products              | 101.13     | 170.27       | 125    | 354       | 596   | 59.4      |
| Fish                              | 37.86      | 94.81        | 73.75  | 238       | 596   | 39.9      |
| Molluscs                          | 0.56       | 15.11        | 6.35   | 22        | 596   | 3.7       |
| Cephalopods                       | 3.33       | 56.78        | 52     | 35        | 596   | 5.9       |
| Crustaceans                       | 1.56       | 28.15        | 14.9   | 33        | 596   | 5.5       |
| Wine and substitutes              | 0.25       | 148.8        | 148.8  | 1         | 596   | 0.2       |
| Other alcoholic beverages         | 0.09       | 27.55        | 27.55  | 2         | 596   | 0.3       |
| Nuts and seeds                    | 7.49       | 48.52        | 45     | 92        | 596   | 15.4      |
| Fruit juices and nectars          | 112.71     | 255.41       | 200    | 263       | 596   | 44.1      |
| Vegetable juices and nectars      | 0.53       | 78.75        | 77.5   | 4         | 596   | 0.7       |
| Soft drinks and edible ices       | 72.97      | 319.76       | 200    | 136       | 596   | 22.8      |
| Cereals and cereal products       | 243.28     | 243.69       | 40     | 595       | 596   | 99.8      |
| Miscellaneous foods/products      | 61.6       | 96.11        | 40     | 382       | 596   | 64.1      |
| Liver and kidney                  | 0.55       | 109.83       | 79.5   | 3         | 596   | 0.5       |
| Offal except liver and kidney     | 1.55       | 61.41        | 40     | 15        | 596   | 2.5       |
| Coffee and tea in concentrated    | 0.05       | 3.4          | 1.8    | 9         | 596   | 1.5       |
| Fresh meat                        | 106.09     | 141.45       | 99     | 447       | 596   | 75        |
| Processed meat                    | 47.14      | 65.95        | 36.75  | 426       | 596   | 71.5      |
| Eggs                              | 25.25      | 64.58        | 50     | 233       | 596   | 39.1      |
| Chocolate and chocolate products  | 16.9       | 21.66        | 7.3    | 465       | 596   | 78        |
| Fruit excl. dried fruit           | 114.51     | 180.55       | 104    | 378       | 596   | 63.4      |

## Sweden, age 3 to 10 years

| Food group                        | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|-----------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                                   | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based      | 89.11      | 247.24       | 200.00 | 1988      | 5516  | 36.0      |
| Waters                            | 154.23     | 270.50       | 200.00 | 3145      | 5516  | 57.0      |
| Sugar, sweeteners and sugar       | 17.06      | 47.61        | 24.00  | 1977      | 5516  | 35.8      |
| Fats, oils and fat emulsions      | 12.92      | 15.24        | 10.00  | 4676      | 5516  | 84.8      |
| Composed foods: Meat based        | 14.36      | 123.36       | 100.00 | 642       | 5516  | 11.6      |
| Composed foods: Fish based        | 2.75       | 133.06       | 120.00 | 114       | 5516  | 2.1       |
| Pulses and legumes                | 0.86       | 41.27        | 32.00  | 115       | 5516  | 2.1       |
| Soy milk and soy based dessert    | 0.44       | 174.14       | 125.00 | 14        | 5516  | 0.3       |
| Milk and dairy drinks             | 367.06     | 422.87       | 400.00 | 4788      | 5516  | 86.8      |
| Cheese                            | 9.89       | 45.07        | 20.00  | 2059      | 5516  | 37.3      |
| Vegetables excl. dried vegetables | 147.93     | 170.32       | 145.00 | 4791      | 5516  | 86.9      |
| Dairy based products              | 105.02     | 182.11       | 155.00 | 3181      | 5516  | 57.7      |
| Salt                              | 0.23       | 1.33         | 1.00   | 939       | 5516  | 17.0      |
| Fish                              | 15.47      | 72.70        | 60.00  | 1174      | 5516  | 21.3      |
| Molluscs                          | 0.05       | 72.75        | 52.50  | 4         | 5516  | 0.1       |
| Cephalopods                       | 0.02       | 100.00       | 100.00 | 1         | 5516  | 0.0       |
| Crustaceans                       | 0.47       | 46.77        | 31.00  | 56        | 5516  | 1.0       |
| Wine and substitutes              | 0.01       | 30.00        | 30.00  | 1         | 5516  | 0.0       |
| Other alcoholic beverages         | 2.31       | 212.53       | 200.00 | 60        | 5516  | 1.1       |
| Nuts and seeds                    | 0.39       | 21.16        | 12.00  | 101       | 5516  | 1.8       |
| Fruit juices and nectars          | 62.37      | 241.42       | 210.00 | 1425      | 5516  | 25.8      |
| Vegetable juices and nectars      | 0.14       | 195.00       | 152.50 | 4         | 5516  | 0.1       |
| Soft drinks and edible ices       | 237.72     | 374.65       | 306.00 | 3500      | 5516  | 63.5      |
| Cereals and cereal products       | 183.56     | 186.12       | 165.00 | 5440      | 5516  | 98.6      |
| Infant formulae                   | 5.85       | 319.39       | 250.00 | 101       | 5516  | 1.8       |
| Miscellaneous foods/products      | 48.71      | 79.09        | 49.00  | 3397      | 5516  | 61.6      |
| Liver and kidney                  | 1.89       | 18.07        | 13.00  | 578       | 5516  | 10.5      |
| Offal except liver and kidney     | 1.46       | 92.46        | 90.00  | 87        | 5516  | 1.6       |
| Types of vegetarian substitutes   | 0.24       | 95.14        | 95.00  | 14        | 5516  | 0.3       |
| Fresh meat                        | 39.34      | 74.86        | 61.30  | 2899      | 5516  | 52.6      |
| Processed meat                    | 45.72      | 74.09        | 60.00  | 3404      | 5516  | 61.7      |
| Eggs                              | 5.91       | 52.54        | 50.00  | 620       | 5516  | 11.2      |
| Chocolate and chocolate products  | 5.94       | 28.95        | 17.00  | 1131      | 5516  | 20.5      |
| Fruit excl. dried fruit           | 139.37     | 191.72       | 159.00 | 4010      | 5516  | 72.7      |
| Dried fruit                       | 0.56       | 18.83        | 9.00   | 165       | 5516  | 3.0       |
| Fresh and dried herbs, spices     | 0.12       | 2.91         | 2.00   | 229       | 5516  | 4.2       |
| Food supplements                  | 0.28       | 2.27         | 1.00   | 681       | 5516  | 12.3      |

## Sweden, age 11 to 13 years

| Food group                   | MeanConsum | MeanConsDays | Median | NConsDays | NDays | %ConsDays |
|------------------------------|------------|--------------|--------|-----------|-------|-----------|
|                              | (g/d)      | (g/d)        | (g/d)  |           |       | ( %)      |
| Composed foods: cereal based | 69.81      | 241.41       | 200.00 | 1063      | 3676  | 28.9      |
| Waters                       | 187.93     | 363.21       | 219.28 | 1902      | 3676  | 51.7      |
| Sugar, sweeteners and sugar  | 18.93      | 51.29        | 20.00  | 1357      | 3676  | 36.9      |
| Fats, oils and fat emulsions | 9.73       | 12.35        | 10.00  | 2898      | 3676  | 78.8      |
| Composed foods: Meat based   | 20.37      | 162.78       | 142.50 | 460       | 3676  | 12.5      |

| Food group                        | MeanConsum<br>(g/d) | MeanConsDays<br>(g/d) | Median<br>(g/d) | NConsDays | NDays | %ConsDays<br>( % ) |
|-----------------------------------|---------------------|-----------------------|-----------------|-----------|-------|--------------------|
| Composed foods: Fish based        | 4.05                | 158.34                | 120.00          | 94        | 3676  | 2.6                |
| Pulses and legumes                | 1.85                | 67.49                 | 36.00           | 101       | 3676  | 2.7                |
| Milk and dairy drinks             | 362.76              | 452.65                | 400.00          | 2946      | 3676  | 80.1               |
| Cheese                            | 11.54               | 33.34                 | 20.00           | 1272      | 3676  | 34.6               |
| Vegetables excl. dried vegetables | 158.07              | 198.99                | 170.00          | 2920      | 3676  | 79.4               |
| Dairy based products              | 82.22               | 192.64                | 200.00          | 1569      | 3676  | 42.7               |
| Salt                              | 0.25                | 1.70                  | 1.50            | 540       | 3676  | 14.7               |
| Fish                              | 15.34               | 92.92                 | 100.00          | 607       | 3676  | 16.5               |
| Molluscs                          | 0.04                | 74.00                 | 74.00           | 2         | 3676  | 0.1                |
| Cephalopods                       | 0.05                | 85.00                 | 85.00           | 2         | 3676  | 0.1                |
| Crustaceans                       | 0.73                | 74.97                 | 50.00           | 36        | 3676  | 1.0                |
| Beer and malt beverages           | 0.32                | 386.67                | 330.00          | 3         | 3676  | 0.1                |
| Other alcoholic beverages         | 4.75                | 379.52                | 300.00          | 46        | 3676  | 1.3                |
| Nuts and seeds                    | 0.80                | 37.19                 | 20.00           | 79        | 3676  | 2.1                |
| Fruit juices and nectars          | 68.21               | 296.03                | 210.00          | 847       | 3676  | 23.0               |
| Vegetable juices and nectars      | 0.14                | 259.50                | 259.50          | 2         | 3676  | 0.1                |
| Soft drinks and edible ices       | 256.01              | 474.33                | 400.00          | 1984      | 3676  | 54.0               |
| Cereals and cereal products       | 196.43              | 201.08                | 176.00          | 3591      | 3676  | 97.7               |
| Infant formulae                   | 0.49                | 450.00                | 400.00          | 4         | 3676  | 0.1                |
| Miscellaneous foods/products      | 45.61               | 86.16                 | 51.00           | 1946      | 3676  | 52.9               |
| Liver and kidney                  | 1.15                | 20.97                 | 14.00           | 201       | 3676  | 5.5                |
| Offal except liver and kidney     | 0.88                | 115.50                | 100.00          | 28        | 3676  | 0.8                |
| Types of vegetarian substitute    | 0.22                | 99.13                 | 95.00           | 8         | 3676  | 0.2                |
| Fresh meat                        | 46.07               | 95.24                 | 80.00           | 1778      | 3676  | 48.4               |
| Processed meat                    | 49.38               | 85.74                 | 70.00           | 2117      | 3676  | 57.6               |
| Eggs                              | 4.63                | 57.33                 | 50.00           | 297       | 3676  | 8.1                |
| Chocolate and chocolate products  | 9.77                | 40.53                 | 23.00           | 886       | 3676  | 24.1               |
| Fruit excl. dried fruit           | 88.31               | 174.53                | 145.00          | 1860      | 3676  | 50.6               |
| Dried fruit                       | 0.31                | 19.61                 | 15.00           | 59        | 3676  | 1.6                |
| Fresh and dried herbs, spices     | 0.11                | 3.16                  | 2.00            | 128       | 3676  | 3.5                |
| Food supplements                  | 0.19                | 1.70                  | 1.00            | 405       | 3676  | 11.0               |

**APPENDIX C SETTINGS OF MCRA****BBN model****EXPOSURE SECTION**

Chronic risk assessment

Betabinomial-normal model (BBN)

**Intake frequency** model is based on betabinomial-normal model

|                                  |
|----------------------------------|
| No effect of cofactor included   |
| No effect of covariable included |

Model for **intake amounts** is based on Maximum Likelihood

|                                |             |
|--------------------------------|-------------|
| No effect of cofactor included |             |
| Include effect of covariable   | age         |
| Transformation                 | Logarithmic |
| Function of covariable         | spline      |
| Minimum degrees of freedom     | 0           |
| Maximum degrees of freedom     | 4           |
| DF selection                   | backward    |
| Testing at level               | 0.01        |

**OIM model****EXPOSURE SECTION**

Chronic risk assessment

Observed individual means (OIM)

**Glossary / Abbreviations**

|          |  |
|----------|--|
| BBN      | Betabinominal-normal                             |
| Bw       | Body weight                                      |
| EFSA     | European Food Safety Authority                   |
| JECFA    | Joint FAO/WHO Expert Committee on Food Additives |
| LB       | Lower bound                                      |
| LOD      | Limit of detection                               |
| LOQ      | Limit of quantification                          |
| MCRA     | Monte Carlo Risk Assessment                      |
| OIM      | Observed individual means                        |
| PTWI     | Provisional tolerable weekly intake              |
| Q-q plot | Quantile-quantile plot                           |
| UB       | Upper bound                                      |