

**Novel *in vitro*, *ex vivo* and *in vivo* assays
elucidating the effects of endocrine disrupting
compounds (EDCs) on thyroid hormone action**

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"I do not know what I may appear to the world, but to myself I seem to have been only like a boy playing on the seashore, and diverting myself in now and then finding a smoother pebble or a prettier shell than ordinary, whilst the great ocean of truth lay all undiscovered before me."

SIR ISAAC NEWTON (1642-1727)

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1

**General introduction,
objectives and outline**

1.1 Thyroid hormones

The thyroid gland was described for the first time in detail by Vesalius in the 16th century. Around 1656 Thomas Wharton named the organ thyroid gland, derived from the Greek word thyreos (meaning shield). In humans the gland is positioned in front of the shield-shaped cartilage of the larynx. The thyroid gland produces from iodine and the amino acid tyrosine, thyroid hormone (TH). Either deficient or excessive production of THs may lead to serious diseases. The first description of thyroid disease consisted of abnormal enlargement of the thyroid gland (goiter) in humans, recognised around 3000 B.C. As a remedy, it was recommended to eat seaweed, burned sponges (iodine) or dried deer thyroids (TH). Nowadays it has been well established that the occurrence of the goiter syndrome is ascribed to iodine deficiency. Fetal or maternal iodine deficiency (hypothyroidism) may lead to development of a child with cretinism, which causes serious retardation of mental and physical development (Legrand, 1996).

It was not until 1896, that Fugen Bauman discovered that an iodine containing compound could be extracted from thyroid glands. This iodine containing hormone, (3,3',5,5'-tetraiodo-L-thyronine; thyroxine; T₄; Figure 1) was first isolated and crystallized by Edward Calvin Kendall in 1915. It took researchers another 40 years before the second form of TH (3,3',5-triiodo-L-thyronine; T₃; Figure 1), was identified by J. Gross and Pitt-Rivers.

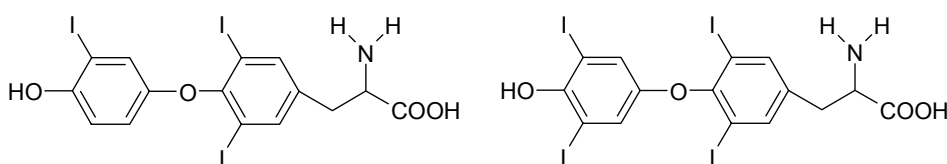


Figure 1. 3,3',5-triiodo-L-thyronine (T₃) (left) and 3,3',5,5'-tetraiodo-L-thyronine (T₄) (right)

This milestone discovery led to significant new findings in terms of primary effects of thyroid hormones in the last 30 years. In humans, THs are essential for the development of tissues (e.g. brain, heart, kidney, skeletal muscle and ear) (Brouwer et al., 1998; Hauser et al., 1998) and energy metabolism (Kadenbach et al., 1995; Nelson et al., 1995, Henneman, 1986). The synthesis of thyroid hormones

starts on the rough endoplasmic reticulum, where formation of a large globular glycoprotein occurs. This so-called thyroglobulin contains tyrosine residues that can be iodinated and then coupled to form T_4 . Release of THs by the thyroid gland is stimulated by thyrotropin (TSH) which is secreted by the anterior pituitary, which in turn is influenced by thyrotropin-releasing hormone (TRH) secreted by the hypothalamus (Figure 2).

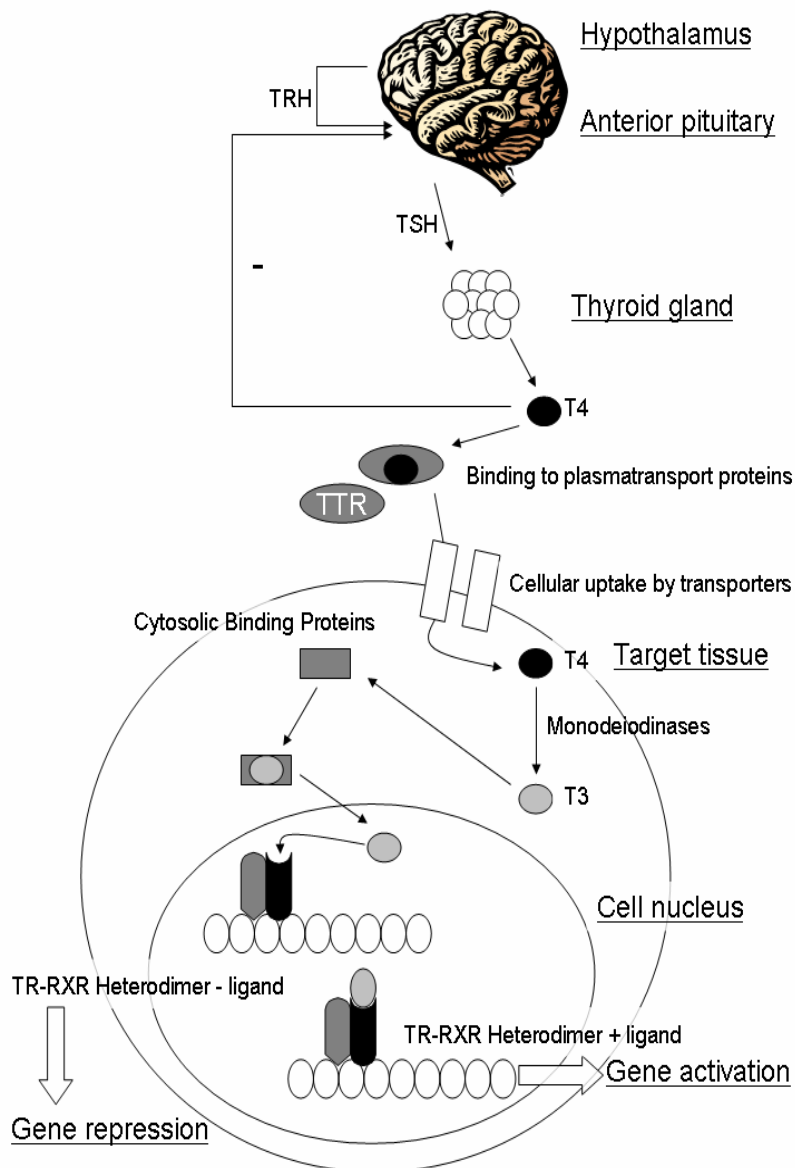


Figure 2. Regulation of the thyroid hormone axis at multiple levels of organisation. TRH, Thyrotropin Releasing Hormone; TSH, Thyroid Stimulating Hormone; T_4 , 3,3',5,5'-tetraiodo-L-thyronine; TTR, TransThyRetin; T_3 , 3,3',5-triiodo-L-thyronine; TR, Thyroid hormone receptor; RXR, Retinoid-X Receptor. Minus indicates a negative feedback loop. Reproduced with modifications from *Hormones, Brain and Behavior* (Elsevier, 2002).

At physiological pH, THs are poorly soluble in water and once secreted, they are bound to plasma proteins; the most important being TransThyRetin (TTR), albumin and thyroxin binding globulin (TBG). Only TBG appears to be fully selective for thyroid hormone transport alone (Robbins and Bartalena, 1986). Unlike humans, ungulates, carnivores, fish and amphibians do not express TBG (Larsson et al., 1985). TTR is not only important for transport of THs, but also for co-transportation of retinol binding protein (RBP) and mainly synthesized in the liver (Dickson et al., 1985). TH transport proteins not only function as TH plasma carriers, but also maintain a stable pool of THs from which the active free hormones are released for uptake by target cells (Robbins and Bartalena, 1986). THs have several metabolic fates and once secreted by the thyroid gland their biological activity is determined by 1) the peripheral concentration of the THs (T_3 and T_4), 2) the activities of iodothyronine deiodinases type I/II (D1/D2) and type III (D3), and 3) the presence of thyroid hormone transporters in cell membranes, which facilitate the uptake of T_3 and T_4 (Friesema et al., 2005). D1 and D2 catalyze mainly outer ring or 5'-deiodination (5'D) and thus are responsible for the generation of T_3 . D3 catalyzes inner ring or 5-deioniadation (5D), a process that results in the degradation of both T_3 and T_4 to inactive metabolites (Henneman, 1986). For about 25 years it was assumed that cellular uptake of THs was a simple process of diffusion (Robbins, 1997). This hypothesis was based on the assumption that lipophilic THs were translocated by diffusion through the lipid-rich cellular membrane. After an initial publication about the saturable and energy-dependent transport of T_3 and T_4 into rat hepatocytes (Rao et al., 1976; Krenning et al., 1978; Docter et al., 1978), a whole series of reports confirmed energy (ATP)- and Na^+ -dependent carrier-mediated transport of THs into a variety of cells from different species. An extensive review on TH transport into different cell types and organs was published in 2001 (Hennemann et al., 2001).

1.2 Thyroid hormone action, a closer look

Within the cell, THs are transported to the nucleus by cytosolic binding proteins (CTHBPs) (Barsano and Groot, 1983; Cheng, 1991) (Figure 2). These proteins are non-specific and also serve other roles within the cytoplasm. Few studies have been carried out on CTHBPs, although it has been suggested that they play a role as binders of intracellular free THs, or as storage proteins to buffer cellular TH levels (Ashizawa and Chen, 1992; Shi et al., 2002). Furthermore, it is believed that they play a role in the non-genomic action of THs (Davis and Davis, 1996). The non-genomic action of THs is independent of nuclear receptors for the ligands. The biological effects of THs are believed to be mediated through the high specific thyroid hormone receptors (TRs). These receptors are highly conserved throughout evolution. *Xenopus laevis* TR α , for example, is >95 % and >91 % conserved in its DNA and ligand-binding domains respectively, when compared to human TR α . For TR β these numbers yield an even higher homology, namely >96 % and >94 % respectively (Yaoita et al., 1990). In humans the action of T₃ is mediated via four functional receptors, TR α 1, TR β 1, TR β 2 and TR β 3 encoded by two genes designated α - and β -c-erbA (Sap et al., 1986; Weinberger et al., 1986). TR α and TR β within species share a high degree of similarity in their DNA-binding domain (DBD) and ligand binding domain (LBD), however the N-terminal region of these proteins is unrelated (Wu and Koenig, 2000). The result of these similarities is that both TR α and TR β bind T₃ and T₄. However, various physiological functions are differentially regulated by each receptor. For example, treatment of *Xenopus laevis* tadpoles with the specific TR β agonist GC-1 strongly induces loss of TR β dominated larval tissues (gills, tail), whereas TR α rich tissues (brain) are not affected to a significant level (Furlow et al., 2004). Furthermore, TR α appears to play a more dominant role in TH control of the heart rate and body temperature of mice (Johansson et al., 1999; Wikstrom et al., 1998), whereas development of the inner ear appears to require TR β (Forrest et al. 1996). From these studies, it is clear that TR α and TR β are differentially involved in the control of developmental, endocrine and metabolic processes. T₃ binds both human TR α 1

and TR β 1 with near-equal affinity (Chiellini et al., 1998). Dietrich and co-workers utilized quantitative structure-activity studies of thyroid hormone analogues in order to reveal the binding prerequisites of T₃ to TRs (Dietrich et al., 1977). Crucial for binding is the 4'-hydroxyl group of the ligand, acting as a hydrogen bond donor and acceptor. A hydrophobic substituent in the 3'-position (iodine) increases the activity whereas hydrophilic substituents markedly decrease the affinity. The TRs have a lower affinity for TH analogues with substituents smaller than iodine. Furthermore, the affinity of the receptor for the ligand is decreased by the presence of a 5'-substituent larger than a hydrogen atom. The size of substituents in the 3-, 5 and 3'-positions are less restricted. The diphenylether oxygen atom is buried within the hydrophobic core of the ligand and not involved in TR binding. The carboxyl anion on the 1-position is important for TR affinity, most probably due to electrostatic interactions with a charged amino acid in the TR. Removal of the amino group on the side chain increases however the affinity slightly. TRs can bind specific DNA sequences called thyroid hormone response elements (TREs). Unliganded TRs recruit so-called co-repressors such as N-CoR and SMRT, which via interaction with conserved hydrophobic sequences, causes the gene to be silent (Koenig et al., 1998; Horlein et al., 1995). The best TRE binding heterodimers are formed between RXRs (retinoid-X receptors) and TRs (Wu and Koenig, 2000; 2001). These heterodimers not only bind to TREs but also regulate the transcription of TH response genes (Puzianowska et al., 1997). When T₃ binds to the TR-RXR heterodimer co-repressors are released and the complex disintegrates into monomers. Next, the ligand-bound TR monomer heterodimerizes with the RXR and binds again to the same TRE. Due to a conformational change within the ligand binding domain it now recruits co-activators such as N-CoR or SRC-1 (Koenig et al., 1998; Onate et al., 1995). This complex enhances gene transcription by opening chromatin situated close to the TR-regulated gene enabling RNA polymerase II to reach target DNA.

1.3 Role of thyroid hormones in amphibian development

The first causative relationship between tadpole metamorphosis and thyroid hormones was made by the German scientist Friedrich Gudernatsch (Gudernatsch, 1912). Tadpoles fed with macerated equine thyroid glands underwent precocious metamorphosis, and tadpoles with a removed thyroid gland were permanently arrested in their larval stage. The active component T_3 is now known to be the primary hormone responsible for amphibian metamorphosis. Although T_3 is required for initiation and completion of amphibian metamorphosis, other hormones are also involved (Hayes, 2000). Together with TH they form the hypothalamus-pituitary-thyroid (HPT) axis (Figure 3).

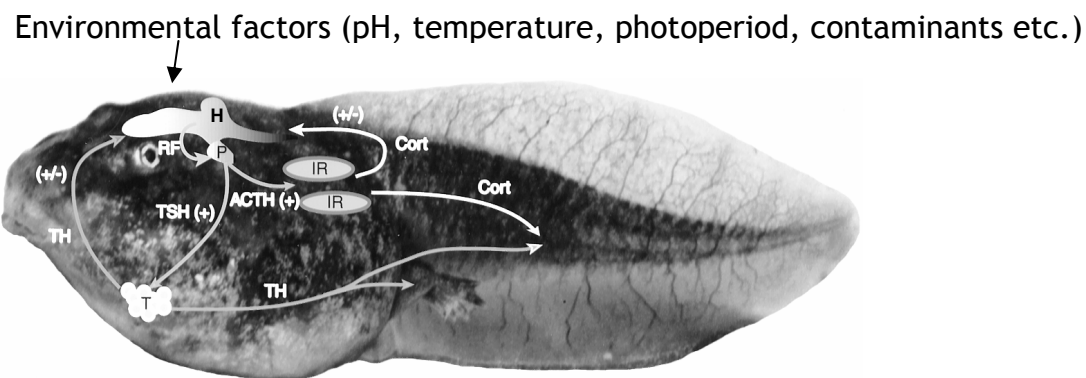


Figure 3. Thyroid hormone system controlling tadpole metamorphosis. H, hypothalamus; ACTH, adreno-corticotropin hormone; Cort, corticoids; IR, interrenal gland; P, pituitary gland; RF, releasing factor; T, thyroid gland; TH, thyroid hormone; TSH, thyroid-stimulating hormone. Pluses indicate a stimulatory effect and minuses a negative feedback.

During tadpole development, environmental signals (e.g. temperature, light, stress) are received by the hypothalamus and hormonally translated into stimulatory or inhibitory signals to the pituitary. The hypothalamus releases thyrotropin releasing hormone (TRH) which stimulates the pituitary lactotropes to produce prolactin, which in turn decreases levels of TRs in target tissues, thus antagonizing the action of TH. The hypothalamus also releases corticotropin

releasing hormone (CRH) which stimulates the release of both thyroid hormone stimulating hormone (TSH) and adrenocorticotrophic hormone (ACTH) from the pituitary thyrotropes and the corticotropes respectively (Dodd and Dodd, 1976; Kaltenbach, 1996; Shi, 2000). TSH stimulates the synthesis of TH and its release from the thyroid gland. ACTH stimulates the production of corticosterone in the interrenal glands. During amphibian metamorphosis, free swimming, aquatic herbivorous or filter-feeding larvae are transformed into terrestrial, air breathing, carnivorous adults. In order to accomplish this, three primary morphological changes occur during metamorphosis: 1) resorption or regression of tissue and/or organ systems (e.g. gills, tail); 2) remodelling of larval tissues and organ systems to an adult form (e.g. liver, intestine); 3) development of new tissues and organs (e.g. lungs, limbs) (Shi, 2000) (Table 1).

Table 1. Morphological and biochemical responses to thyroid hormone during amphibian metamorphosis (based on Tata, 1998; Shi, 2000).

Tissue	Morphological responses	Biochemical responses
Brain	Re-structuring, growth, differentiation, cell proliferation and apoptosis	Cell division, apoptosis and protein synthesis
Liver	Re-structuring, functional differentiation	Induction of urea cycle enzyme, larval to adult haemoglobin gene switching
Eye	Re-positioning, lens structure	Visual pigment transformation
Skin	Re-structuring, skin granular gland formation, keratinisation and hardening, apoptosis	Induction of collagen and keratin, induction of collagenase
Limb bud, lung,	<i>De novo</i> formation of bone, skin, muscle, nerves	Cell proliferation and differentiation
Tails, gills	Complete regression	Programmed cell death, induction and activation of lytic enzymes (caspases)
Pancreas, intestine	Major tissue restructuring	Reprogramming of phenotype, induction of proteases
Immune system	Re-distribution of cell populations	Altered immune-system and appearance of new immuno competent components
Muscle	Growth and differentiation; apoptosis	Induction of myosin heavy chain

Furthermore, various biochemical events are associated with amphibian metamorphosis (Table 1). Moreover, during metamorphosis a transition of waste-nitrogen excretion takes place. Tadpoles like most fishes, are ammonotelic thus excreting waste-nitrogen in the form of ammonia. Adult frogs on the other hand are ureotelic, excreting urea, like most terrestrial vertebrates. During metamorphosis, the liver develops the required enzymes to create urea from carbon hydroxide and ammonia (Weber, 1967). Etkin (1968) defined metamorphosis into three distinct phases: premetamorphosis, prometamorphosis and metamorphic climax. Premetamorphosis refers to embryonic and early larval development under low concentration of THs. During prometamorphosis, cells of the thyroid gland grow, become secretory and release THs in the bloodstream (Figure 4). Limb bud development takes place and as an earliest response to TH, TR β transcripts are formed (Shi, 2000). The synthesis of TR β mRNA accelerates dramatically as metamorphosis commences (Figure 4).

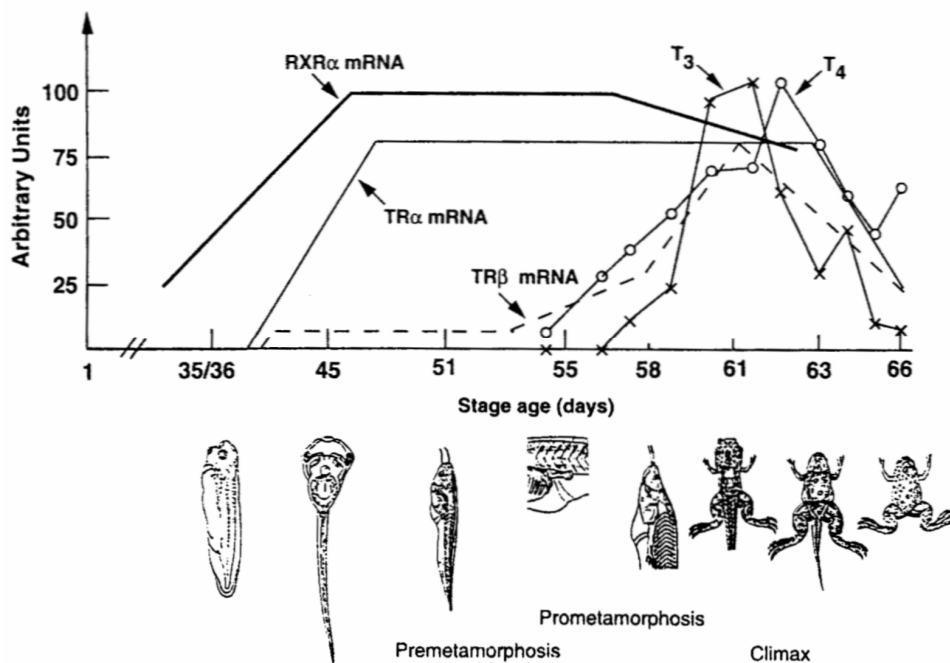


Figure 4. Differential expression of TR α , TR β and RXR α during *Xenopus laevis* development. TH levels during development are also indicated (Leloup and Buscaglia, 1977). The mRNA levels for TRs and RXR α are based on published data (Yaoita et al., 1990; Kawahara et al., 1991; Wong and Shi, 1995).

Induction of TR β renders a tissue to become more competent in responding to THs. This autoinduction of TR β by TH itself plays a significant role in the acceleration of metamorphosis toward the last developmental stage called metamorphic climax (Dent, 1988; Galton, 1988). A surge of TH triggers final processes in metamorphosis such as forelimb development and complete resorption of the tail. Following metamorphic climax TH levels decrease (Leloup and Buscaglia, 1977). As described, an important process during amphibian metamorphosis is the loss of tissues that are redundant in the adult animal. An important example is the tadpole tail, that is resorbed by a molecular and biochemical event called apoptosis (programmed cell death) (Yoshizato et al., 1993; Ishizuya-Oka et al., 1996; Shi et al., 1998; Gemar et al., 2001; Estabel et al., 2003). The tail is genetically predetermined to undergo apoptosis, and the onset of this process requires only little amounts of TH. This is illustrated in an experiment by Schwind (1933) where an extra tailtip was transplanted to the trunk region of a tadpole. The extra transplanted tailtip appeared not to be protected against degeneration, thus illustrating an organ-specific response of TH. During tail resorption, specific degradative enzymes are regionally upregulated. These enzymes, called caspases, play an important role for the resorption of the tadpole tail (Shi et al., 2000). Other functions of TH during amphibian development include keratinisation of the skin to conserve water and minimize the risk of mechanical injury for the terrestrial adult (Duellman & Trueb, 1986; Shi et al., 2000; Miller et al., 1998). From an evolutionary point of view, amphibians are phylogenetically separated from other vertebrate groups. However, specific aspects of TH signalling are conserved at morphological and molecular levels. Amphibian metamorphosis is developmentally relative equivalent to postembryonic organogenesis in mammals. Thus, the conserved nature of the TH axis provides a possibility for the use of amphibians as a model for other vertebrate species.

1.4 Thyroid hormone disruption by environmental contaminants

During the late 1980s, Theo Colborn a US scientist working for the WWF, put together different observations from wildlife and laboratory studies to what is now known as the “endocrine disruptor hypothesis” (Fairly et al., 1996; Colborn et al., 1996). An endocrine disruptor has been defined as an exogenous chemical substance or mixture that alters the structure or function(s) of the endocrine system and causes adverse effects at the level of the organism, its progeny, populations, or subpopulations of organisms, based on scientific principles, data, weight-of-evidence, and the precautionary principle (EDSTAC, 1998). Till now, the majority of endocrine disruptor research has focused on interference of compounds with the sex hormone homeostasis, resulting in effects on sexual differentiation and reproduction. Less attention has been paid on disruption of the thyroid system, despite the fact that many species of birds and fish in the USA and Canadian Great Lakes and other water bodies around the world suffer unusual thyroid gland development and concentrations of circulating thyroid hormones (Colborn, 2002). As a downside from many technological breakthroughs since World War II, many chemicals have been released into the environment. Because most regulatory focus was on carcinogenic and teratogenic properties of compounds, most of them have not been tested for possible effects on thyroid hormone homeostasis. However, the thyroid gland is a relatively robust organ in adults, normally able to compensate for moderate disruption of the TH homeostasis. On the other hand, a distinction should be made in the case of unborn infants. Because thyroid hormones play such a crucial role in the development of the foetus, prenatal exposure to thyroid hormone disrupting compounds may have the most deleterious effects, particularly on the developing brain. This underlines the importance of the window of vulnerability.

The mechanism of action of thyroid hormone disrupting compounds is obscure. Brouwer and co-workers published an extensive review on the many mechanisms how so-called Polyhalogenated Aromatic Hydrocarbons (PHAHs) interfere with the thyroid hormone homeostasis (Brouwer et al. 1998). In summary, PHAHs

have been shown to interfere with 1) plasma TH levels; 2) thyroid gland function and morphology; 3) TH metabolism; 4) TH plasma transport; 5) TH nuclear receptor binding. Interference of PHAHs with no. 1 through 4 has also recently been reviewed (Janosek et al., 2005; Brouwer 1998), but interference of PHAHs with TH nuclear receptor binding (TRs) has only recently gained more attention (Zoeller et al., 2005). Compared to the estrogen receptor (ER), very little is known regarding the ability of compounds to interact with the TR. Now, several reports show that a broad range of environmental contaminants can interfere with TH binding to TRs and may produce complex effects on TH signalling. However, the pocket where the ligand binds to the TR has been shown by crystallography to be internal and provide a tight fit for T₃, and much less for T₄ and/or other TH analogues (McGrath et al., 1994). It has previously been hypothesized that the occurrence of environmental chemicals to bind to the TR is likely to be very rare (Brucker-Davis, 1998). Indeed, some progress in the production of selective TR (ant)agonists has been made, but till now amiodarone (low affinity), GC-1 and NH-3 are the only three recognized pharmaceutical compounds with capacity to bind the TR (Beeren et al., 1996; Yoshihara et al., 2003; Furlow et al., 2004; Lim et al., 2002). These compounds have pharmaceutical interest since T₃ is a potent serum cholesterol lowering agent (Shi et al., 2001), but the downsides of T₃ are various side-effects such as tachycardia and increased risk of cardiac arrhythmia (Klein et al., 2001). The application of GC-1 in hypothyroid rats indeed selectively decreased plasma lipids and thyroid-stimulating hormone secretions without increasing the heart rate (Trost et al., 2000; Baxter et al., 2004). As for environmental contaminants Marsh and co-workers showed specific binding of synthesized brominated diphenylethers (BDEs) to isolated human TR α and TR β . Although the tested compounds had a high structural resemblance to T₃, the binding potency to TR α and TR β was still roughly 500 and 150 times less than T₃, respectively. As described before binding affinity of environmental contaminants to the TR is generally low, but according to a recent review by Zoeller (2005) other

interactions of environmental contaminants with the TR-mediated cascade of events may be of greater importance (Figure 5).

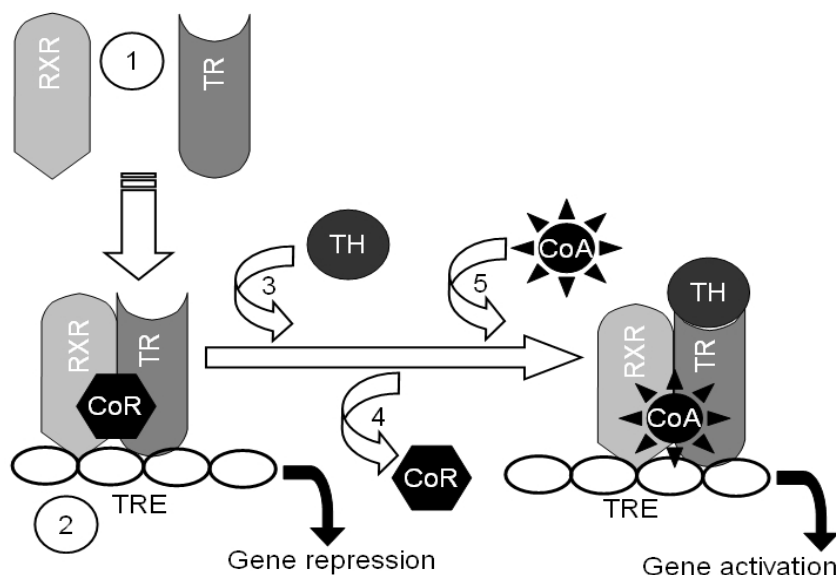


Figure 5. Anticipated sites at which substances can interfere with TH signalling on the molecular level. This action may occur at 1) Heterodimerization of the Thyroid hormone Receptor (TR) with Retinoid X Receptors (RXRs); 2) binding of the TR-RXR heterodimer to a Thyroid hormone Response Element (TRE); 3) Binding of thyroid hormone (TH) to a TR-RXR heterodimer; 4) Release of corepressors (CoR); 5) recruitment of coactivators (CoA). Reproduced with modifications from Zoeller et al., 2005.

Such interactions may occur at the level of the interaction of TRs with various co-factors such as N-CoR or SRC-1. In addition, compounds may cause the TR to exhibit a different affinity for its DNA binding domain. Moreover, in a recent study of Miyazaki and co-workers the influence of PCB on TR binding to the TRE was studied. It appeared that the TR-RXR heterodimer complex was partially dissociated from the TRE in the presence of PCB, leading to a suppression of transcription (Miyazaki et al., 2004). Finally, genomic effects beyond traditional TH mediated induction of transcription can be expected. Xenobiotic peroxidase proliferators (PPs), such as phthalates, bind to so-called peroxisome proliferator-activated receptor α (PPAR α), and induce liver activities (e.g. malic enzyme) classically considered to be thyroid hormone dependent. This hepatic

thyromimetic activity of PPs is not mediated by binding to the TR (Hertz et al., 1996; Hertz et al., 1991).

1.5 Assays for thyroid hormone disruption

In 1996, the US Environmental Protection agency (EPA) formed the Endocrine Disruptor Screening and Advisory Comity (EDSTAC) to provide guidance and how to design testing programs to identify Endocrine Disrupting Compounds (EDCs). In its final report, EDSTAC recommended a two-tiered approach (Tier 1: screening; Tier 2: testing) for identification of these compounds. The primary objective of Tier 1 screening is to rapidly detect the potential of a compound to interfere with the TH signalling without the use of experimental animals. At the present there are a number of Tier 1 tests available, but none of them have been validated according to the standards of the Organisation for Economic Co-operation and Development (OECD), though there are possibilities. *In vitro* receptor binding studies can be used as potential screen for chemicals that bind to TRs (Marsh et al., 1998; Cheek et al., 1999) or to plasma transport proteins such as transthyretin (TTR) (Meerts et al., 2000; Cheek et al., 1999 Yamauchi et al., 2003). One problem with binding assays is that they cannot differentiate between agonists and antagonists. Furthermore these model systems cover only a very small part of the hypothalamus-pituitary-thyroid (HPT) axis and effects on the cellular transduction cascade involved in TR binding are not taken into account. Alternative assays have been developed that are able differentiate between agonistic or antagonistic action of compounds are systems in which a specific TR is transfected into a cell line along with a reporter gene, typically coding for luciferase, β -galactosidase or green fluorescent protein (Yamada-Okabe et al., 2005; Sugiyama et al., 2005).

Another significant disadvantage of *in vitro* (Tier 1) testing is the lack of metabolic capability. It is possible that the metabolites of some chemicals, and not the parent compound, are responsible for potential effects. For example, bisphenol-A (BPA)

appears to be a TR-antagonist (Moriyama et al., 2002), but the polyhalogenated derivatives are agonists (Kitamura et al., 2002).

To address biotransformation of compounds Tier 2 tests are required to more specifically determine and characterize the thyroid hormone disrupting effects using specific endpoints in an experimental animal model. To test whether a compound disrupts the HPT axis, currently a limited number of bioassays are available. EDSTAC recommends the following *in vivo* models: the adult male rat (to detect thyroid modulating compounds), the Japanese quail (TH-binding protein action) (Ishihara et al., 2003) and a *Xenopus* metamorphosis assay (XEMA-assay). Except for the latter assay none of the tests have been validated for guideline purposes. In the adult male rat assay a combination of hormone measurements with histopathology of the thyroid gland are required endpoints, while measuring of T₃ levels is optional. The XEMA assay, which is meant to provide an indication of mammalian thyroid effects, has been specifically designed to reveal both anti-thyroidal as well as thyromimetic activities of environmental contaminants (Opitz et al., 2005). The primary endpoint for the XEMA assay is the developmental stage to which *Xenopus laevis* tadpoles develop during 28 days of exposure to compounds. However, this assay does not provide any insight into the mechanism of action of compounds. Furthermore, determination of the primary site of effect and/or identification of causal effects versus downstream subsequent resulting effects is not possible.

In summary, there are no *in vitro* systems that have been validated for use as a thyroid screen. In part, this may be because the general focus has been on the ability to affect thyroid function, not thyroid hormone action. However, as more chemicals are found to influence TR function, there is a need to develop and validate new *in vitro* screens. Such assays may also serve as useful tools to understand and elucidate the mechanisms by which compounds affect TR-mediated gene regulation. Furthermore, to take events such as absorption, distribution, metabolism, elimination (ADME) into account, the development and validation of a TR-specific *in vivo* model is required. For reasons mention under

section 1.3, amphibian postembryonic development would serve as an excellent parameter to address this issue. Finally, *in vitro* and *in vivo* bioassay responses need to be compared, to be able to assess *in vivo* effects based on the *in vitro* results.

1.6 The South African clawed toad

The test species used for the *in vivo* and *ex vivo* experiments in the present thesis is the South African clawed toad, *Xenopus laevis*. It is one of the most widely used laboratory animals in the world and belongs to the family Pipidae, order Anura. Animals in the order Pipidae are solely aquatic, with their tongues completely attached to the palatum. *Xenopus laevis* (from Greek meaning “strange foot”) is the most widely distributed species of the fourteen species in the *Xenopus* genera and is native to Southern Africa. *Xenopus laevis* offers several advantages as a test species for laboratory studies. It is relatively easy to maintain and breed in captivity and is widely accepted test animal for developmental studies in the scientific community (ASTM, 1991). Its embryonic development has been described in great detail (Nieuwkoop and Faber, 1975), and the species is relatively easy to obtain from commercial suppliers. Reproduction can be induced using human chorionic gonadotrophic injections, and the larvae can be bred in large numbers to selected stages. There is a lot of literature available on the biochemical and metabolic control of THs in this species (EPA, 2002).

1.7 Outline of the thesis

The objectives of the research described in this thesis are threefold:

1. Development and validation of *in vitro* and *in vivo* assays for disruption of thyroid hormone action on multiple levels of biological organization (Figure 6).
2. Elucidation of the potential mechanisms of TR-mediated disruption.
3. Advice whether predictions can be made based on *in vitro* studies for *in vivo* disruption of thyroid hormone action.

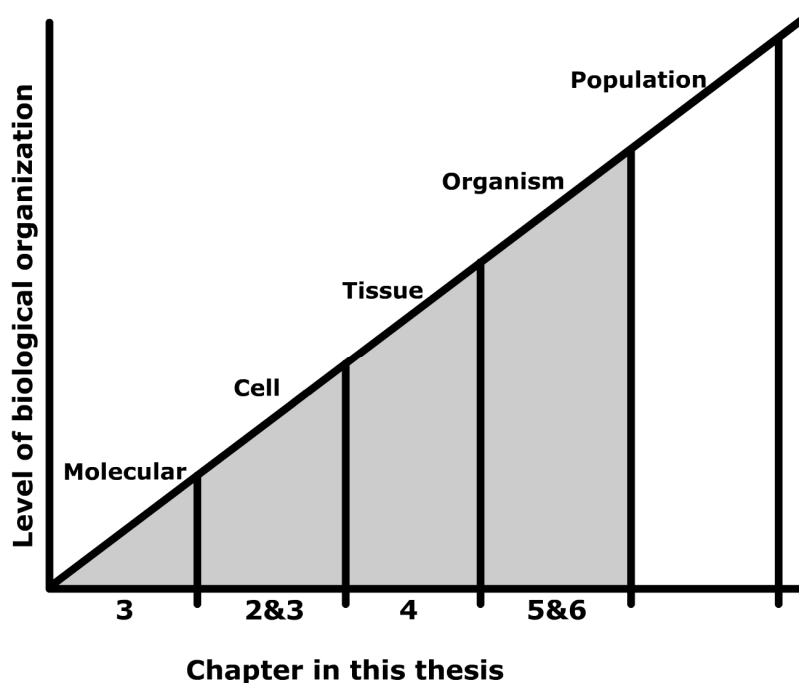


Figure 6. The multiple levels of biological organization used in this thesis for testing of thyroid hormone disrupting effects. The numbers indicated on the horizontal axis indicate the chapters that deal with a specific level of biological organization.

To address the first objective, several assays were developed and validated on multiple levels of biological organisation (Figure 6). Chapter 2 describes the application of an earlier developed *in vitro* bioassay at the cellular level, termed the T-screen (Gutleb et al., 2005). Apart from optimization of the *in vitro* bioassay, several Brominated Flame Retardants (BFRs), including brominated diphenylethers were tested for effects on thyroid hormone action. The application of a Thyroid hormone Receptor (TR) isoform selective bioassay on the cellular level forms the basis of chapter 3. Until now, this bioassay has been exclusively used for the application of pharmaceutical compounds (Furlow et al., 2004) and for the present thesis work a selection of environmental relevant compounds derived from chapter 2 and other studies were tested. Chapter 4 explores the use of *Xenopus laevis* tail tips in organ culture to quantify the effects of two BFRs on T_3 -induced tail resorption. Chapter 5 describes the use of an *in vivo* proliferation assay using one-week old *Xenopus laevis* tadpoles to examine if two model

compounds used in chapter 2 & 3 & 4 elicit comparable responses *in vivo*. In order to determine differential effects of the compounds in tissues, responses were quantified in the brain and rostral head region. To explore how a thyroid hormone disrupting compound (triphenyltin) affects a higher level of biological organisation, the effect of triphenyltin on *Xenopus laevis* tadpole behavior was studied with the aid of the Multispecies Freshwater Biomonitor (MFB). The outcome of this study is presented in chapter 6.

The second objective of the present thesis is discussed in chapter 7 and accomplished by combining the assay responses which will enhance the insight in the potential mechanisms of thyroid hormone disruption. Chapter 7 also aims to meet the third objective by comparing the assays applied within the scope of this thesis. Finally, the perspectives for the use of the mechanism based *in vitro* and *in vivo* assays in toxicological research and the possible implications of thyroid hormone disrupting compounds are discussed.

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2

T-screen to quantify functional potentiating, antagonistic and thyroid hormone-like activities of polyhalogenated aromatic hydrocarbons (PHAHs)

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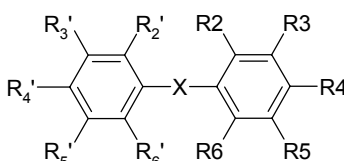
Abstract

The present study investigates chemical thyroid hormone disruption at the level of Thyroid hormone Receptor (TR) functioning. To this end the (ant)agonistic action of a series of xenobiotics was tested in the newly developed T-screen. This assay makes use of a GH₃ rat pituitary cell line, that specifically proliferates when exposed to 3,3',5-triiodo-L-thyronine (T₃). The growth stimulatory effect is mediated via the TRs. (Ant)agonistic and potentiating action of compounds was studied in absence and presence of T₃ at its EC₅₀ level (0.25 nM). The compounds tested included the specific TR antagonist amiodarone, as well as a series of brominated diphenylethers (BDEs), including specifically synthesized BDEs with a structural resemblance to 3,5-diiodo-L-thyronine (T₂), T₃ and 3,3',5,5'-tetraiodo-L-thyronine (T₄). The results obtained reveal that only BDE206 and amiodarone are specific antagonists. Interestingly some compounds which did not respond in the T-screen in absence of T₃, potentiated effects when tested in combination with T₃. This points at possibilities for disruption at the TR *in vivo*, where exposure generally occurs in presence of T₃. Altogether the results of the present study show that the newly developed T-screen can be used as a valuable tool for identification and quantification of compounds active in disturbing thyroid hormone homeostasis at the level of TR-functioning.

Introduction

Many persistent pollutants present in food chains and aquatic ecosystems have been shown to interfere with endocrine functions. In animals and man, these so-called endocrine disrupting chemicals (EDCs) can interfere with hormonal systems, and deviations at certain critical time periods may lead to significant consequences (Crofton, 2004). Most of the studies on EDCs have focused on interference with sex-hormone homeostasis, resulting in effects on sexual differentiation and reproduction (Colborn, 2002). However, in addition to (anti)-estrogenic, and (anti)-androgenic effects, also other important hormone systems can be affected. For example the thyroid hormone system, known to be important for development and energy metabolism, has been reported to be affected at several levels of homeostatic control (Legrand, 1986). Disturbances in thyroid hormone (TH) function and metabolism may lead to abnormal development, altered growth patterns, and a variety of physiological perturbations in mammals (Leung et al., 1990; Murk et al., 1998) as well as in fish, birds and amphibians (Besselink et al., 1996; Gutleb et al., 2000; Jung et al., 1997; Murk et al., 1994; Snodgrass et al., 2004; Veldhoen et al., 2001). As a result there is an increasing need for fast test systems that can be employed to detect and quantify potential thyroid hormone disrupting characteristics of persistent pollutants and their metabolites, but also of other existing as well as newly developed chemicals. A previous *in vitro* test for thyroid hormone disrupting activities was based on the capacity of xenobiotics to interfere with binding of T₄ to the plasma transport protein transthyretin (TTR). Several polyhalogenated aromatic hydrocarbons (PHAHs) including poly chlorinated biphenyls (PCBs) and poly brominated diphenylethers (PBDEs) and their hydroxylated metabolites were tested, as well as several known endocrine disruptors including bisphenol A (BPA) and some of its derivatives, were shown to be active in this TTR-T₄ displacement assay (Brouwer et al., 1986; Brouwer et al., 1990; Darnerud et al., 1996; Lans et al., 1993; Lans et al., 1994; Meerts et al., 2000). Recently we reported a new test method, called the T-screen, useful for *in vitro* detection of agonistic and antagonistic

properties of compounds at the level of the Thyroid hormone Receptor (TR) (Gutleb et al., 2005). The assay employs a rat pituitary tumor GH₃ cell line, the growth of which is dependent on the active thyroid hormone 3,3',5-triiodo-L-thyronine (T₃). The growth stimulatory effect of T₃ is mediated by well-characterized specific, high-affinity TRs that upon binding of THs bind to Thyroid hormone Responsive Elements (TREs) in the cell nucleus ultimately leading to gene expression (Hinkle and Kinsella, 1986). Interaction of xenobiotics with the TRs may result in agonistic effects on cell growth, whereas binding of antagonists to the TRs may result in inhibiting effects on T₃ mediated cell growth. Thus the T-screen provides possibilities to detect both agonists as well as antagonists at the level of TR-functioning. It has been generally accepted that structural resemblance of xenobiotics to thyroid hormones causes displacement of T₄ from TTR (Meerts et al., 2000). Since TR-mediated effects have not been studied yet, the objective of the present study was to investigate the structure requirements of xenobiotics to interfere with TR-related effects in the T-screen. To this end, some known T₃-specific (ant)agonists, but also a series of synthesized T₃-, T₂- and T₄-like xenobiotics (Table 1) were tested for their agonistic and antagonistic activity in the T-screen. The model compounds tested include brominated 4'-hydroxy diphenylethers synthesized previously as T₂-, T₃- or T₄-like models (Marsh et al., 1998), but also a series of brominated diphenylethers and tetrabromobisphenol A derivatives, demonstrated to be active in the T₄-displacement assay with TTR (Meerts et al., 2000). The T-screen was further optimized for fast and cheap screening of T₃-like activity. These optimizations include the replacement of alamarBlue™, used in the previous study (Gutleb et al., 2005) by the much cheaper resazurine, and the use of fetuin added as an additional growth factor to the medium to stimulate attachment, spreading and growth of the GH₃ rat pituitary cells when cultured in serum-free medium.

Table 1. Structures of the compounds used in the present study.


General structure compounds	X	R2	R3	R4	R5	R6	R2'	R3'	R4'	R5'	R6'
3,5-diiodo-L-thyronine (T ₂) ^a	O	I	H	CH ₂ CHNH ₂ COOH	H	I	H	H	OH	H	H
3,3',5-triiodo-L-thyronine (T ₃) ^a	O	I	H	CH ₂ CHNH ₂ COOH	H	I	H	I	OH	H	H
3,3',5,5'-tetraiodo-L-thyronine (T ₄) ^a	O	I	H	CH ₂ CHNH ₂ COOH	H	I	H	I	OH	I	H
T ₂ -like BDE-OH (4'-hydroxy-2,4,6-tribromo diphenylether)	O	Br	H	Br	H	Br	H	H	OH	H	H
T ₃ -like BDE-OH (4'-hydroxy-2,3',4,6-tetrabromo diphenylether)	O	Br	H	Br	H	Br	H	Br	OH	H	H
T ₄ -like BDE-OH (4'-hydroxy-2,3',4,5',6-pentabromo diphenylether)	O	Br	Br	Br	H	Br	H	H	OH	Br	H
Brominated diphenylether69	O	Br	H	Br	H	Br	H	Br	H	H	H
Brominated diphenylether75	O	Br	H	Br	H	Br	H	H	Br	H	H
Brominated diphenylether127	O	H	Br	Br	Br	H	H	Br	H	Br	H
Brominated diphenylether185	O	Br	Br	Br	Br	Br	Br	H	H	Br	H
Brominated diphenylether206	O	Br	Br	Br	Br	Br	Br	Br	Br	Br	H
Bisphenol A (BPA)	C-(CH ₂) ₂	H	H	OH	H	H	H	H	OH	H	H
Tetrabromobisphenol A (TBBPA)	C-(CH ₂) ₂	H	Br	OH	Br	H	H	Br	OH	Br	H
Tetrachlorobisphenol A (TCBPA)	C-(CH ₂) ₂	H	Cl	OH	Cl	H	H	Cl	OH	Cl	H

Amiodarone and HBCD are presented in Figure 1, because they do not comply with the general structure.

^aNumbering system used for thyroid hormones

Materials and methods

Chemicals

All chemicals were of > 98 % purity unless otherwise stated. Three hydroxylated brominated diphenylethers 4'-hydroxy-2,4,6-tribromodiphenylether, 4'-hydroxy-2,3',4,6-tetrabromodiphenylether, 4'-hydroxy-2,3',4,5',6-pentabromodiphenylether that are further abbreviated as a T₂-like BDE-OH, a T₃-like BDE-OH and a T₄-like BDE-OH, were a kind gift of Professor Åke Bergman and synthesized as described (Marsh et al., 1998) (at least 99 % pure). Tetrabromobisphenol A (TBBPA, 97 %), tetrachlorobisphenol A (TCBPA) and bisphenol A (BPA, 97 %) were obtained from Aldrich Chemical (Bornem, Belgium). 3,3',5-triiodo-L-thyronine, amiodarone (2-butyl-3-[3,5-diiodo-4-(β-diethylaminoethoxy)-benzoyl]benzofuran), fetuin (from fetal calf serum) and resazurine were obtained from Sigma-Aldrich (Zwijndrecht, The Netherlands). Dimethylsulfoxide (DMSO,

99.9 % pure) was of spectrometric grade and obtained from Acros Organics (New Jersey, USA). BDEs, hexabromocyclododecane (HBCD technical mixture, further abbreviated as HBCD TM) and hexabromocyclododecane (HBCD- γ) used for this study were kindly provided by Professor Åke Bergman (Stockholm University, Sweden) and also tested in the framework of the EU FIRE project, except for BDE69 which was obtained from Accustandard (New Haven, USA) (at least 99 % pure) and BDE75 which was synthesized as described (Marsh et al., 1998). 3,3',5-triiodo-L-thyronine stock solutions were prepared in DMSO and stored at $-20\text{ }^{\circ}\text{C}$ prior to use. All other compounds were dissolved in DMSO and kept in the dark at room temperature, except for resazurine, which was dissolved in phosphate buffered saline (PBS), aliquoted and stored at $-20\text{ }^{\circ}\text{C}$. For completeness all tested compounds are presented in Table 1 and Figure 1.

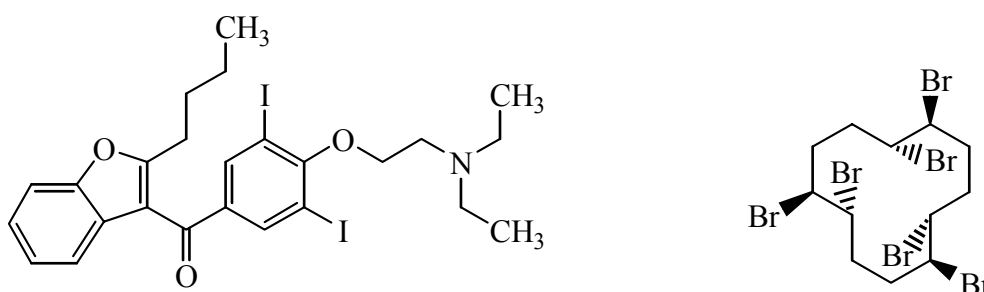


Figure 1. Structure of amiodarone (left) and HBCD- γ

Cell culture

Rat pituitary tumor GH₃ cells were cultured in a humid atmosphere at $37\text{ }^{\circ}\text{C}$ and 95 % air / 5 % CO₂ in Dulbecco's Modified Eagle's medium/ Ham's F12 (Gibco) supplemented with 10 % Fetal Calf Serum (Gibco-Invitrogen, Breda, The Netherlands) and 15 mM HEPES. Cells were sub-cultured once a week in new 25 cm² culture flasks (Greiner Bio-one, Alphen aan de Rijn, The Netherlands). Prior to the T-screen procedure cells were incubated for 48 hours in serum-free DMEM/F12 medium (PCM-medium) to deplete cells of thyroid hormones. In some cases fetuin (800 $\mu\text{g}\cdot\text{mL}^{-1}$, indicated in legend when appropriate) was added to the serum free medium to promote attachment, spreading and growth of cells

(Fisher et al., 1958). Serum free PCM medium was prepared as previously described (Gutleb et al., 2004; Gutleb et al., 2005; Sirbasku et al., 1991).

T-screen procedure

The T-screen was essentially carried out as described previously (Gutleb et al., 2005) with modifications. Briefly, on the day of exposure old serum free PCM medium was removed and cells were collected from the culture flask with the aid of a cell scraper (Corning, Schiphol-Rijk, The Netherlands), and plated at a density of 2500 cells/well on a transparent 96-well tissue culture plate (Greiner). Since cells were used in serum free conditions, scraping was applied for this procedure in order to prevent deleterious effects of trypsin. Exposure media were prepared on transparent 48-well tissue culture plates (Corning), by 200-250 times dilution in fresh PCM medium of stock solutions of the test chemicals (in DMSO). The final DMSO concentration was kept at ≤ 0.5 % (v/v) to prevent cytotoxic effects. In the case of antagonistic studies, PCM medium was supplemented with 3,3',5-triiodo-L-thyronine (T_3) at a final concentration of 0.25 nM T_3 in the well. This concentration was chosen because it corresponds with the EC_{50} of T_3 in the rat pituitary GH_3 cell system (Gutleb et al., 2005). GH_3 cells were exposed in triplicate and incubated for 96 hours with test chemicals at concentrations ranging from 0.1 μ M to 10 μ M. A complete standard curve with the biological active T_3 in the concentration range from 0.001 nM to 1000 nM and a vehicle control was included in each assay. This T_3 concentration range was chosen because it covers the active range of T_3 in the GH_3 cell system.

Resazurine cell proliferation assay

Cell proliferation was determined by measuring the total metabolic activity of GH_3 cells using the dye resazurine (O'Brien et al., 2000). This dye is non-radioactive, non-toxic and water soluble. Enzymes in the mitochondria of GH_3 cells reduce oxidized blue resazurine to the highly fluorescent pink complex resorufin. The fluorescence is a measure for the amount of viable cells present.

Following a 96 hours exposure as described above 8 μL , of a 400 μM resazurine solution in PBS (Gibco) was added to each well. After four hours of incubation in the dark (37 °C; 95 % air / 5 % CO₂) fluorescence was measured at $\lambda_{\text{ex}} = 530 \text{ nm}$ and $\lambda_{\text{em}} = 590 \text{ nm}$ on a Milli-pore Cytofluor 2350 Fluorescence Measurement System. Cell proliferation is expressed as a mean percentage of the maximum T₃ induced effect (set at 100 %).

BrdU-cell proliferation assay

A colorimetric immunoassay kit (Roche, Cat. No. 1647229) was used for quantification of cell proliferation on the basis of DNA cell content. This assay is based on the measurement of BrdU incorporation during DNA synthesis. For these experiments, cells were exposed to T₃ according to the T-screen protocol (see above). Following a 96 hours exposure, BrdU-labeled medium was added to the cells for an additional 4 hours. To prevent loss of labeled cells by washing, 96-wells plates were dried completely in a stove at 60 °C (1 h) prior to continuation of the assay, which was essentially mainly performed according to the protocol provided by the supplier. Cell proliferation was expressed as a mean percentage of the maximum T₃ induced effect (set at 100 %).

Data analysis

Curve fitting was performed using Life Science Workbench (LSW) Data Analysis Toolbox Version 1.1.1 (MDL Information Systems, San Leandro, CA, USA). The General sigmoidal curve with Hill slope (a to d) was selected as best fit model. Relative potencies of compounds compared to T₃ were calculated by dividing the EC₅₀ of T₃ by the EC₅₀ of the test compound. High repetition accuracy of the T-screen has been demonstrated earlier (Gutleb et al., 2005) and therefore a duplicate replication of each experiment with triplicate measurements was found to be sufficient.

Results

Validation of T-screen modifications

Fetuin addition resulted in a stimulation of GH₃ cell proliferation by 41 % and a slight shift in the EC₅₀ of T₃ from 0.2 ± 0.03 nM in the absence to 0.1 ± 0.01 nM in the presence of fetuin (Figure 2). Thus, fetuin can be added to the T-screen whenever improved attachment and cell proliferation are required.

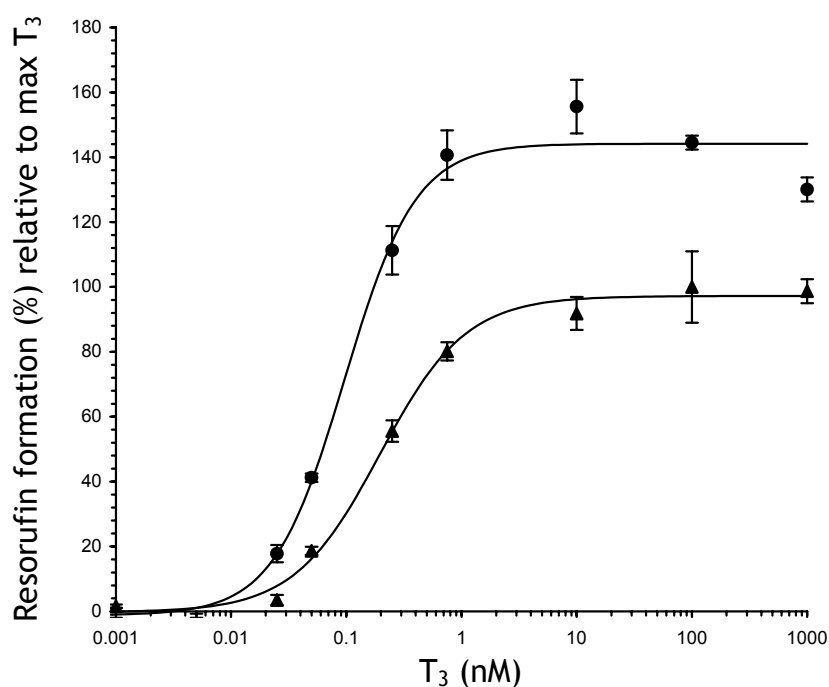


Figure 2. T₃ dependent rat GH₃ cell proliferation in the absence (triangles) and presence (circles) of fetuin. Cells were plated in presence of increasing concentrations of T₃ (2500 cells/ well) and maintained in serum free PCM medium for 96 h. Error bars were calculated as SD and data presented are means from triplicate datapoints and expressed as relative percentage of maximum cell proliferation from T₃ exposed cells (1000 nM) (without fetuin supplementation). Absolute numbers for control values were: without fetuin: 690 (solvent control) - 1611 (1000 nM T₃) relative fluorescence units (RFU); with fetuin: 800 (solvent control) - 2005 (1000 nM T₃) RFU.

To confirm that resazurine reduction was really reflecting cell proliferation, the T-screen was also performed with a BrdU assay measuring DNA replication to detect cell proliferation. The results obtained in the BrdU assay correspond to those obtained with the resazurine detection assay, with only a slight and un-significant shift in the EC₅₀ of T₃ from 0.17 ± 0.04 nM to 0.14 ± 0.02 nM (Figure 3).

However, the standard deviation of the data points in the BrdU-assay is about 4-fold higher compared to that in the resazurine-assay. In T-screens performed with resazurin the intra-experimental variation varies from 1.2 % to 3 % in the solvent control and from 1.2 % to 4.9 % in the positive control (T_3 max) with an inter-experimental variation of 1.7 % (solvent) and 2.8 % (T_3 max).

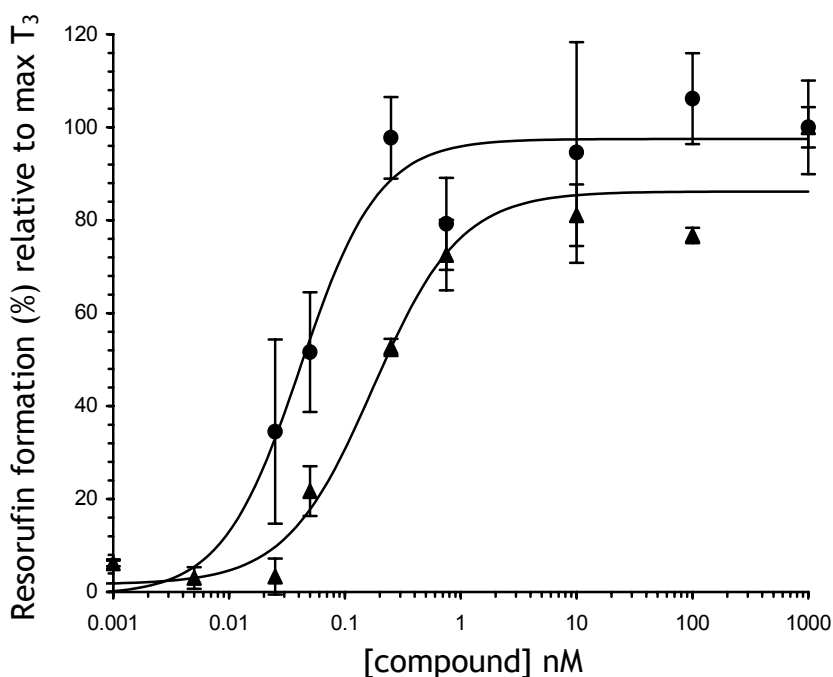


Figure 3. T_3 dependent rat GH₃ cell proliferation as measured with the resazurin-assay (triangles) and BrdU-assay (circles). Cells (2500 / well) were plated in presence of increasing concentrations of T_3 and maintained in serum free PCM medium for 96 h. Error bars were calculated as SD and data for both assays presented are means from triplicate data points and expressed as relative percentage of maximum cell proliferation from T_3 exposed cells (1000 nM). Absolute numbers for control values were: 4356 (solvent control) - 8791 (1000 nM T_3) RFU.

T-screen activity of T_2 -, T_3 - and T_4 -like hydroxylated brominated diphenylethers

The EC_{50} for T_3 -agonist action by the T_3 -like BDE-OH is 214 ± 19 nM, which is three orders of magnitude higher than that of T_3 ($EC_{50} = 0.21 \pm 0.12$ nM). The T_4 -like BDE-OH does induce some agonistic activity with an EC_{50} that amounts to 1.42 ± 0.02 μ M, which is 6-fold higher than the EC_{50} value for the T_3 -like BDE-OH.

The T₂-like BDE-OH has no effect on GH₃ cell proliferation when tested up to 10 μM (Figure 4).

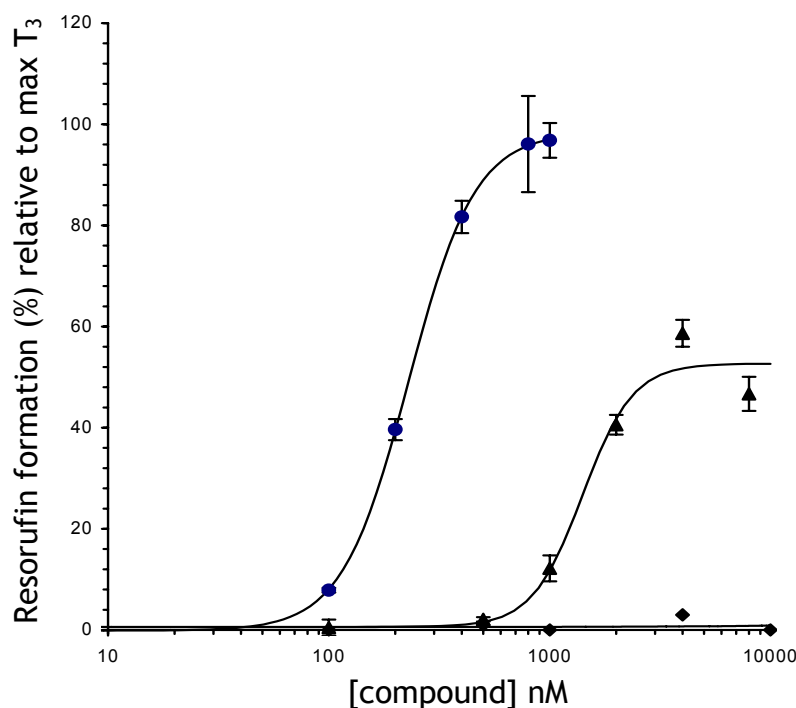


Figure 4. T-screen activity of T₂-like BDE-OH (diamonds), T₃-like BDE-OH (circles) and T₄-like BDE-OH (triangles). Cells were plated (2500 cells/ well) and exposed to compounds in serum free PCM medium for 96 h. Error bars were calculated as SD and data presented are means from triplicate data points and expressed as relative percentage of maximum cell proliferation from T₃ exposed cells (1000 nM). Absolute numbers for control values were: 3155 (solvent control) - 4998 (1000 nM T₃) RFU.

T-screen activity of xenobiotics in absence of T₃

Tested xenobiotics include the brominated diphenylethers BDE69, BDE75, BDE127, BDE185 and BDE206 as well as tetrabromobisphenol A (TBBPA), tetrachlorobisphenol A (TCBPA) and bisphenol A (BPA). Table 2 summarizes the EC₅₀ values, relative potencies defined as the ratio of EC₅₀ (T₃) / EC₅₀ (compound), and maximal induction percentages for stimulation of proliferation of the GH₃ cells. Of the tested brominated diphenylethers only BDE69, BDE127 and BDE185 were able to stimulate cell proliferation to a marginal extent, and this was not statistically significant. TBBPA, TCBPA and BPA did not induce GH₃ cell proliferation at all.

Table 2. T-screen results of xenobiotics (see Table 1 for abbreviations of compounds) tested for agonism in the absence of exogenous T₃.

T-screen results				
Compound	Highest tested conc. (μM)	Max. induction (%)	EC ₅₀ (nM)	Relative potency ^a
T ₄	0.1 ^b	100 ^b	0.65 ^b	0.29 ^b
T ₃	1	100 ± 13	0.21 ± 0.12	1
T ₂ -like BDE-OH	10	n.d.	>10000	>2*10 ⁻⁵
T ₃ -like BDE-OH	1	97 ± 6	228	9*10 ⁻⁴
T ₄ -like BDE-OH	10	59 ± 7	1418	2*10 ⁻⁴
BDE69	1	5 ± 1	>1000	>2*10 ⁻⁴
BDE127	12.7	14 ± 6	9169 ^c	4*10 ⁻⁵
BDE185	12.4	11 ± 3	1090 ^c	3*10 ⁻⁴
TBBPA	100	n.a.	>100000	n.a.
TCBPA	100	n.a.	>100000	n.a.
BPA	1000	n.a.	>100000	n.a.
HBCD(TM)	1000	n.a.	>100000	n.a.
HBCD-γ	1000	n.a.	>100000	n.a.

n.a. = not active; no effects observed in the tested range

^aCalculated as the ratio of EC₅₀ (T₃)/EC₅₀ (compound)

^bGutleb et al. (2005)

^cDetermined at EC₁₀

T-screen activity in the presence of T₃

In a final series of experiments the T-screen activity of the selected xenobiotics was tested in the presence of 0.25 nM T₃, the EC₅₀ value. These conditions mimic the *in vivo* conditions best, where the compounds of concern never are present without thyroid hormones. This setup provides the possibility to detect antagonistic as well as synergistic or potentiating activities of the various model compounds. To validate the use of the assay for detection of antagonistic activities, first the model T₃ antagonist, amiodarone, was tested. This compound is reported to be more TR-specific than the generally applied diphenylhydantion (DPH) (Gingrich et al., 1985; Gutleb et al., 2005; Mann et al., 1983; Smith et al., 1984; Zemel et al., 1988). Amiodarone was able to completely antagonize GH₃ cell proliferation in the presence of 0.25 nM T₃ (Figure 5) at approximately 3 μM. The IC₅₀ of amiodarone was 2.1 μM. At concentrations much higher than 3 μM amiodarone became cytotoxic.

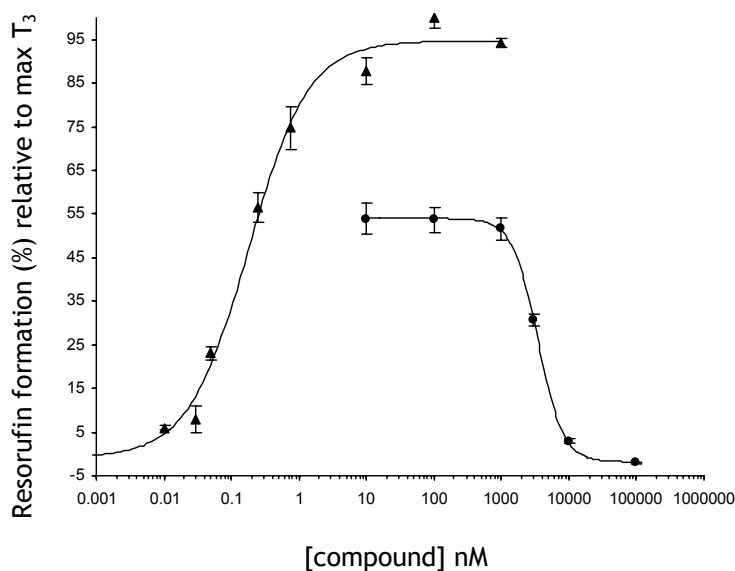


Figure 5. Agonistic action of T₃ on rat GH₃ cell proliferation (triangles) and antagonistic action of amidarone in presence of 0.25 nM T₃ (circles). Cells were plated (2500 cells/ well) and exposed to amidarone in serum free PCM medium for 96 h. Error bars were calculated as SD and data presented are means from triplicate data points and expressed as relative percentage of maximum cell proliferation from T₃ exposed cells (1000 nM). Absolute numbers for control values were: 3649 (solvent control) - 9148 (1000 nM T₃) RFU.

Of all the BDEs tested only one BDE acted as an antagonist, namely BDE206 with an IC₅₀ of 449 nM, so much more potent than amidarone (Figure 6).

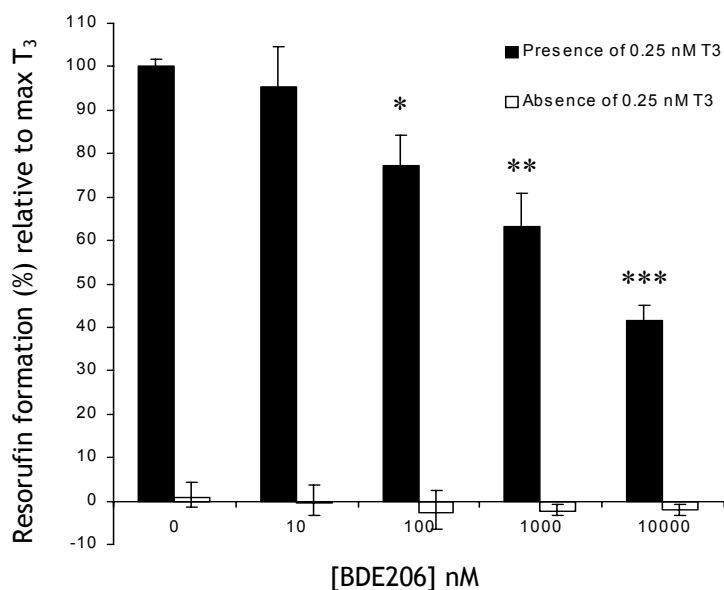


Figure 6. Effect of BDE206 in the presence and absence of 0.25 nM T₃ on rat GH₃ cell proliferation. Cells were plated (2500 cells/ well) and exposed to BDE206 in serum free PCM medium for 96 h. Error bars were calculated as SD and data presented are means from triplicate data points and expressed as percentage to the blanc which was set at 100 %. Absolute numbers for control values were: 3649 (solvent control) - 9148 (1000 nM T₃) RFU. * Significantly different from control ($p < 0.05$); ** $p < 0.01$; *** $p < 0.001$.

Three compounds acted potentiating in the presence of T_3 (0.25 nM), namely HBCD (TM), HBCD- γ and bisphenol A (Figure 7). Without addition of T_3 these compounds did not significantly induce cell proliferation in the T-screen (data not shown). Maximum potentiation of cell proliferation was induced at 1 μ M test compound in the presence of 0.25 nM T_3 . At higher concentrations these compounds started to become to be cytotoxic.

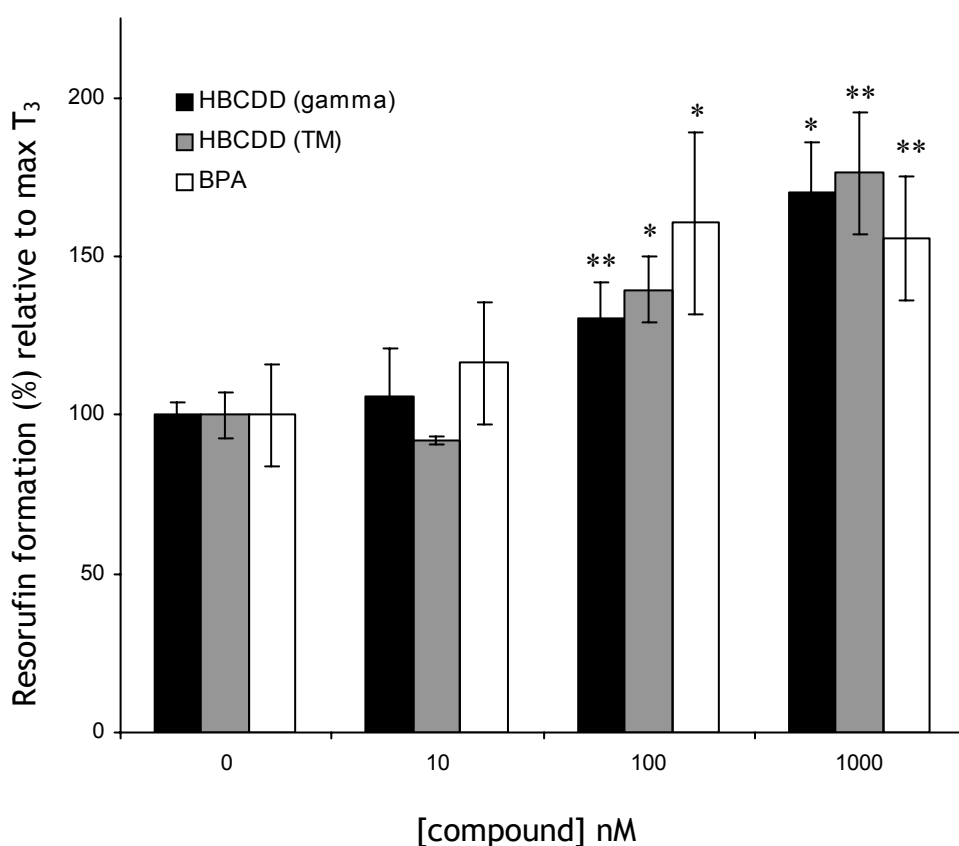


Figure 7. Effect of different concentrations of HBCD- γ , technical mixture (TM) and bisphenol A (BPA) on rat GH₃ cell proliferation in presence of 0.25 nM T_3 . Cells were plated (2500 cells/well) and exposed to compounds in serum free PCM medium for 96 h. Error bars were calculated as SD and data presented are means from triplicate data points and expressed as percentage to the blanc which was set at 100 %. Absolute numbers for control values were: 4315 (solvent control) - 8791 (1000 nM T_3) RFU. * Significantly different from control ($p < 0.05$); ** $p < 0.01$

Discussion

The present study describes optimization and validation of the T-screen assay providing the possibility to investigate the involvement of TR mediated

mechanisms in the cellular effects evoked by thyroid hormone disruptors. To this end the specificity of the T-screen to detect xenobiotics with known agonistic and antagonistic activity was tested and the responses quantified. The T-screen was further optimized by addition of fetuin, a serum glycoprotein, to the serum free PCM medium. Fetuin overcomes poor attachment and spreading of the GH₃ cells in serum-free medium (Brunet et al., 1982), and greatly promotes cell proliferation, thereby enhancing the resolution of the assay. To be able to distinguish pure cell proliferation from increased mitochondrial activity (possibly induced by T₃-like compounds) without increased cell proliferation, the response in the resazurine-assay was compared with the response of the BrdU-assay only indicating DNA replication. The results demonstrate that in our studies the resazurine assay does reflect GH₃ cell proliferation. However, caution should be taken when testing reducing compounds, because they may cause resazurine reduction that does not reflect cell proliferation. This can be confirmed by performing the assay with the highest concentration of the test compound in the absence of cells as well. After optimization of the T-screen the agonistic action of T₂-, T₃- and T₄-like model hydroxylated BDEs was compared. As expected the T₃-like BDE-OH was the most potent agonist in the T-screen followed by the T₄-like BDE-OH with a roughly six-fold lower EC₅₀ value, whereas non-hydroxylated BDEs do hardly or not induce TR-mediated responses in the T-screen. The three model hydroxylated BDEs were not selected because they are relevant *in vivo*, but were synthesized as model compounds with potential high affinity for the TR (Marsh et al., 1998). The relative potencies of these hydroxylated BDEs are in good agreement with their activity in the binding assay with isolated TRs (Marsh et al., 1998). The EC₅₀'s in the TR binding assay are roughly 6 fold lower than the EC₅₀'s observed in the T-screen. This is not surprising as in the T-screen compounds have to pass a cell membrane, which is absent in studies with isolated receptors. Other xenobiotics were tested, including a series of brominated diphenylethers (BDEs), known to displace T₄ from the human TTR (Meerts et al., 2000). Our results show that most of these xenobiotics are not active in the T-

screen. This is an important finding because it illustrates that non-hydroxylated BDEs are more active in displacing T₄ from TTR than in TR mediated cellular responses, and provides mechanistic insight in the level at which these compounds are likely to disturb the thyroid hormone system. As earlier suggested (Dietrich et al., 1977) it appears that the presence of a 4'-hydroxyl moiety and a 3'-substituent are prerequisites for TR binding affinity. Since during *in vivo* metabolization formation of T-screen active 4'-hydroxylated BDEs may take place. As GH₃ cells do not possess cytochrome P450 activity (Schriks et al., unpublished results.), some parent BDEs (BDE69 and BDE75) were metabolized with rat hepatic P450 2B enzymes after which the incubation extracts were tested in the T-screen. None of the extracts were able to induce GH₃ cell proliferation (data not shown), but it cannot be excluded that this may be related to the actual level of conversion achieved in the microsomal incubations. Even when 5 % could be converted in the right hydroxylated metabolites as was shown in previous experiments with the highly metabolizable 3,4,3',4'-tetrachlorobiphenyl (Murk et al., 1994), this would probably not allow T-screen induction before the still present parent compound would become cytotoxic to the GH₃-cells. *In vivo*, however, there is selective retention of hydroxylated metabolites in mammalian blood resulting in levels that are even higher than those of the parent compound (Klasson-Wehler et al., 1989). Therefore, further testing should include isolation of hydroxylated metabolites after metabolic conversion of BDEs to allow conclusions about the thyromimicking potency of other 4'-hydroxylated metabolites as suggested (Marsh et al., 1998). A potentiation was clearly revealed for BPA, HBCD (TM) and HBCD- γ in combination with T₃, which did not respond in the T-screen alone. This is a very relevant finding as T₃ and T₄ always are present *in vivo* (T₃: 13.9 nM - 26.4 nM; T₄: 80 nM - 103 nM) (Henneman, 1986). Although HBCD has been detected in serum of Dutch mothers at much lower concentrations (1.25 pM - 54.6 pM) (Weis et al., 2004), than the concentrations that were potentiating in the T-screen, they could contribute to possible potentiating effects in mixtures with other potentiating compounds. The mechanism underlying these

potentiating effects are still unknown, but we are currently studying possible interference with regulation of TR-mediated gene transcription. TBBPA and TCBPA did not induce T-screen response up to cytotoxic concentrations $> 1 \mu\text{M}$. This is in contradiction with earlier results reported by Kitamura and co-workers, who observed potent thyromimicking effects at $100 \mu\text{M}$ of these compounds (absence of T_3) in a comparable GH_3 cell line (Kitamura et al., 2002). The reasons for this discrepancy in cytotoxicity are unclear, but might be explained by usage of a different GH_3 cell clone. Interestingly, Kitamura and co-workers report anti-thyroid hormone action of TBBPA and TCBPA in a thyroid hormone-responsive reporter assay using a Chinese hamster ovary cell line (CHO-K1) transfected with $\text{TR}\alpha$ or $\text{TR}\beta$. The authors subsequently hypothesize that TBBPA and TCBPA may show a different mode of action in different cell lines (Kitamura et al., 2005). Another explanation for the observed discrepancy could be usage of different batches of TBBPA and TCBPA. To eliminate the possibility of DMSO interfering with the observed effects, a different solvent was tested but results obtained with ethanol instead of DMSO as the solvent were similar (data not shown). The specificity of the T-screen for antagonistic compounds was demonstrated by the IC_{50} ($2.1 \mu\text{M}$) for the known and specific antagonist amiodarone (Goldfine et al., 1982). The potency ratio of amiodarone relative to T_3 is in the same order of magnitude as earlier reported (amiodarone $3.3 \pm 0.2 \mu\text{M}$; T_3 $0.87 \pm 0.2 \text{ nM}$) (Norman et al., 1989). BDE206 was the only, but very potent, TR-antagonist in our study. This antagonistic potency ($\text{IC}_{50} = 449.2 \text{ nM}$) was even five times stronger than that of the positive control amiodarone. The exact mechanism underlying the observed antagonistic action of BDE206 still is unknown, but to our knowledge this reporting is the first time that a higher brominated diphenylether consistently elicits anti-thyroid hormone action. This is an important finding, as higher brominated diphenylethers are used extensively at the present in for example plastics, textiles, electronic circuitry and many other materials to prevent fires, and BDE206 has already been detected at relatively high concentrations in sediment ($14.2 \text{ nmole.kg}^{-1}$ dry wt.) (Guardia et al., 2004). Furthermore, increasing

evidence demonstrates that higher brominated diphenylethers can be debrominated due to photo-decomposition to lower brominated forms. (Guardia et al., 2004; Soderstrom et al., 2004; Watanabe et al., 1987). In conclusion, the results of the present study show that the T-screen can be used as a fast screening tool for identification of compounds that can induce functional agonistic, antagonistic and potentiating TR-mediated effects and to quantify this thyroid hormone disrupting effect.

Acknowledgements

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3

Thyroid hormone receptor isoform selectivity of thyroid hormone disrupting compounds quantified with an *in vitro* reporter gene assay

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Abstract

Some compounds, including brominated diphenylethers (BDEs), can interfere with Thyroid hormone (TH) Receptor (TR)-mediated TH-signalling. In this study, the TR isoform selectivity of some TH disrupting compounds was investigated with TR α / β specific reporter gene assays. For this purpose, the effects of compounds on 3,3',5-triiodothyronine (T₃)-induced TR α - or TR β -activation were tested in green monkey kidney fibroblast (CV-1) cells transiently transfected with *Xenopus laevis* TRs and a luciferase reporter gene. The T₃-like BDE-OH and diiodobiphenyl (DIB) increased T₃-induced TR α -activation, but not T₃-induced TR β -activation. BDE28 (100 nM) did not act via TR α , but almost tripled T₃-induced TR β -activation relative to T₃ at its EC₅₀. BDE206 (100 nM) was antagonistic on both TRs with a maximum repression -54 % relative to T₃ at its EC₅₀. Contrary to previous results obtained with the T-screen, HBCD was inactive. The present study illustrates the importance of testing potential TH disrupting compounds in model systems that enable independent characterization of effects on both T₃-induced TRs.

Introduction

Thyroid hormones (THs) regulate several essential physiological processes such as energy metabolism, growth, formation of the central nervous system (CNS), tissue differentiation and reproduction (Tata, 1993; Kaltenbach, 1996; Wu and Koenig, 2000). The molecular action of THs is mediated via the Thyroid hormone Receptors (TRs) (Wu and Koenig, 2000) which, after ligand binding, activate genes by binding to the thyroid hormone response elements (TREs). Vertebrates have two separate genes that encode the TRs, designated TR α and TR β (Sap et al., 1986; Weinberger et al., 1986).

Considering the importance of THs on various physiological and morphogenetical processes, it is not surprising that the interference of environmental contaminants on multiple levels of thyroid hormone signalling is of concern to both scientists as well as to legislators demanding that newly marketed compounds are tested for TH disrupting potential (Devito et al., 1999; OECD, 2006). A group of persistent organic pollutants (POPs) known to interfere with the TH-axis at several levels, are the polyhalogenated aromatic hydrocarbons (PHAHs). These compounds and their hydroxylated metabolites can compete with 3,3',5,5'-L-thyroxine (T₄) for binding to the plasma transport protein transthyretin (TTR) (Lans et al., 1993, 1994; Cheek, 1999; Meerts et al., 2000; Ishihara et al., 2003; Yamauchi et al., 2000, 2003) and they also inhibit deiodinase activity (Adams et al., 1990), T₄-glucuronidation and T₄-sulfation (Schoor et al., 1998ab; Brouwer et al., 1998). Only recently, more attention is paid to direct interaction with the TRs and related complex effects on TH signalling (Zoeller, 2005). In recent TR-binding studies it has been shown that bisphenol-A binds to TR α / β with relative high affinity (Kitamura et al., 2002; Moriyama et al., 2002), but that polychlorinated biphenyls (PCBs) do not (Gauger et al., 2004). In the presence of the most bioactive form of TH, 3,3',5-triiodo-L-thyronine (T₃), it is to be expected that specific compounds can bind to and/or modulate the activity of TR α or TR β in a highly selective way (McKinney and Waller, 1994, 1998). Beeren (1995) and Bakker (1994) showed, for example, that the pharmaceutical

compound desethylamiodarone is a noncompetitive inhibitor of 3,3',5-triiodo-L-thyronine (T_3) binding to $TR\beta$, but a competitive inhibitor of T_3 binding to $TR\alpha$.

The aim of the present study was to obtain more insight in the possible TR -isoform selectivity of thyroid hormone disrupting compounds with the aid of $TR\alpha/\beta$ specific reporter gene assays. Since T_3 is present under physiological conditions *in vivo*, the selected compounds were tested in combination with T_3 at its EC_{50} . This concentration is representative for T_3 -concentrations in the second trimester of human fetal development, during which vulnerable important morphogenetical processes take place that give rise to the final structure of the CNS, including the brain (Zoeller et al 2004).

To reach the aim as stated earlier, the green monkey kidney fibroblast (CV-1) cell line was transfected with either *Xenopus* $TR\alpha$ ($xTR\alpha$) or *Xenopus* $TR\beta$ ($xTR\beta$) and a BTEB TRE Δ MTV luciferase reporter plasmid (Furlow et al., 2004). CV-1 cells were used for this study since they have been applied widely to examine regulation of gene expression by T_3 and do not express endogenous TR s (Yen et al., 1995; Laflamme et al., 2002). The compounds tested are brominated diphenylethers (BDEs) and other halogenated hydrocarbons that have previously been shown to be active in the T-screen, an *in vitro* T_3 -dependent proliferation assay (Schriks et al., 2006). They are either agonizing (T_3 -like BDE-OH), antagonizing (BDE206) or potentiating (diiodobiphenyl, BDE28 and hexabromocyclododecane) T_3 -action in the TR -mediated T-screen.

Materials and Methods

Compounds

The brominated diphenylethers BDE28 [bromine substitution pattern 2,4,4'], BDE206 [2,2',3,3',4,4',5,5',6] (>99 %) and 4'-hydroxy-2,4,6-tribromodiphenyl ether (further abbreviated as T_3 -like BDE-OH) (>99 %) were kindly provided by prof. dr. Åke Bergman (Stockholm University, Sweden) and also tested within the framework of the EU-funded FIRE project. Hexabromocyclododecane (HBCD, technical mixture (TM); no data on impurities supplied by the provider) was

obtained through BSEF (Brussels, Belgium), and 4,4'-diiodobiphenyl (DIB) (>98%) from ABCR GmbH & Co (Karlsruhe, Germany). All compounds were dissolved in dimethylsulfoxide (DMSO, 99.9 %; Acros Organics, Geel, Belgium) and kept at room temperature in the dark, except T₃-stocks which were stored at -80 °C and the T₃-like BDE-OH which was stored at -18 °C. Figure 1 presents the chemical structure of the model compounds used in this study. All other chemicals were purchased from Sigma unless otherwise stated.

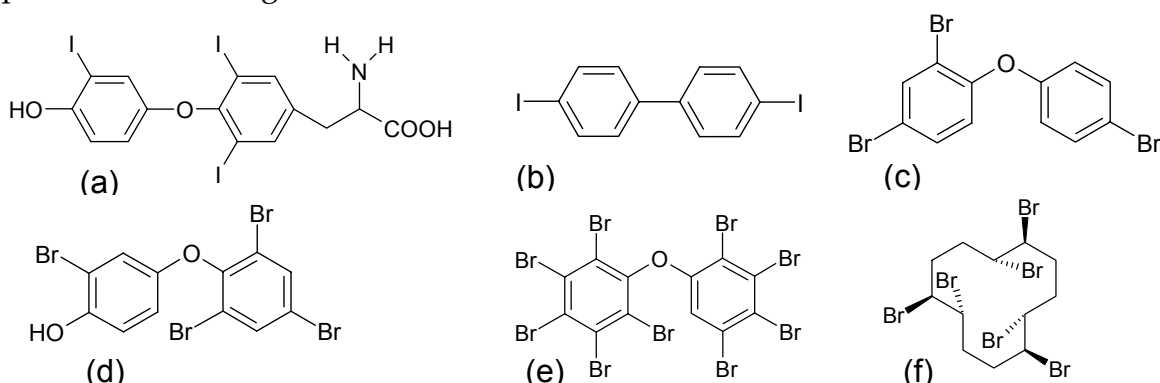


Figure 1. Chemical structures of (a) 3,3',5-triiodo-L-thyronine (T₃); (b) 4,4'-diiodo biphenyl (DIB); (c) 2,4,4'-brominated diphenylether (BDE28); (d) 4'-hydroxy-2,4,6-brominated diphenylether (T₃-like BDE-OH); (e) 2,2',3,3',4,4',5,5',6-brominated diphenylether (BDE206); (f) hexabromo cyclododecane (TM) (HBCD).

Transient transfection assays

The green monkey kidney fibroblast (CV-1) cell line (cell culture facility UC Davis) was grown to ~50 % confluency in Dulbecco's Modified Eagle's Medium (DMEM) containing glucose, L-glutamine, pyridoxine hydrochloride, 110 mg.L⁻¹ sodium pyruvate, 1 % antibiotic-antimycotic solution (Gibco Invitrogen Corporation), and 5 % heat-inactivated fetal bovine serum (FBS). Transient transfections were performed as described (Furlow et al., 2004) with modifications. Briefly, CV-1 cells (~2 x 10⁴ cells/well) were transfected with 50 ng X. laevis TR expression vector (miw xTR α A or miw xTR β A1), 100 ng BTEB TRE Δ MTV luciferase reporter plasmid, and 100 ng pCS2- β -galactosidase (Furlow et al., 2004). Prior to transfections, DNA was pre-mixed in polystyrene tubes with 2 μ L LipofectamineTM2000 (Invitrogen) per well in Minimal Essential Medium

(MEM) and added to cells for 6 h. Cells were allowed to recover overnight in DMEM supplemented with 5 % AG-X8 resin stripped FBS (Samuels et al., 1979). Exposure was during 48 h to T_3 (0.1-1000 nM in 10-fold dilution steps), solvent-controls and compounds in combination with T_3 at its EC_{50} (0.5 nM and 1.5 nM T_3 for $TR\alpha$ and $TR\beta$, respectively). DMSO concentrations in the wells never exceeded 0.5 % (v/v). The model compounds were tested in a concentration range that had been shown before not to be cytotoxic. Cells were harvested by scraping in buffer (10 mM Tris-HCl, 500 mM NaCl, and 1 mM EDTA, pH 7.6), spinning down (14.000 rpm) and re-suspension of cell pellets in 100 μ L reporter lysis buffer (Promega). Cell lysates were assayed for luciferase and β -galactosidase activity as described elsewhere (Brasier et al., 1989; Sambrook et al., 1989).

Statistical analysis

The model compounds were all tested in combination with the EC_{50} of T_3 and the effect generated by T_3 at its EC_{50} was set at 100 %. Statistical analysis of the data was carried out using the Student's *t*-test. The acceptance level was set at $p \leq 0.05$.

Results

Activation of TRs by T_3

T_3 induced luciferase production in transiently transfected CV-1 cells for both TR isoforms in a dose-dependent fashion (Figure 2). Maximal TR-activation for both isoforms occurred at 100 nM T_3 and luciferase induction was 74 ± 8 and 45 ± 6 fold for $TR\alpha$ and $TR\beta$, respectively. At higher concentrations T_3 the responses decreased without visible signs of cytotoxicity. The EC_{50} for $TR\alpha$ - and $TR\beta$ -activation by T_3 were 0.5 nM and 1.5 nM, respectively. These concentrations were used for further experiments in combination with the tested compounds.

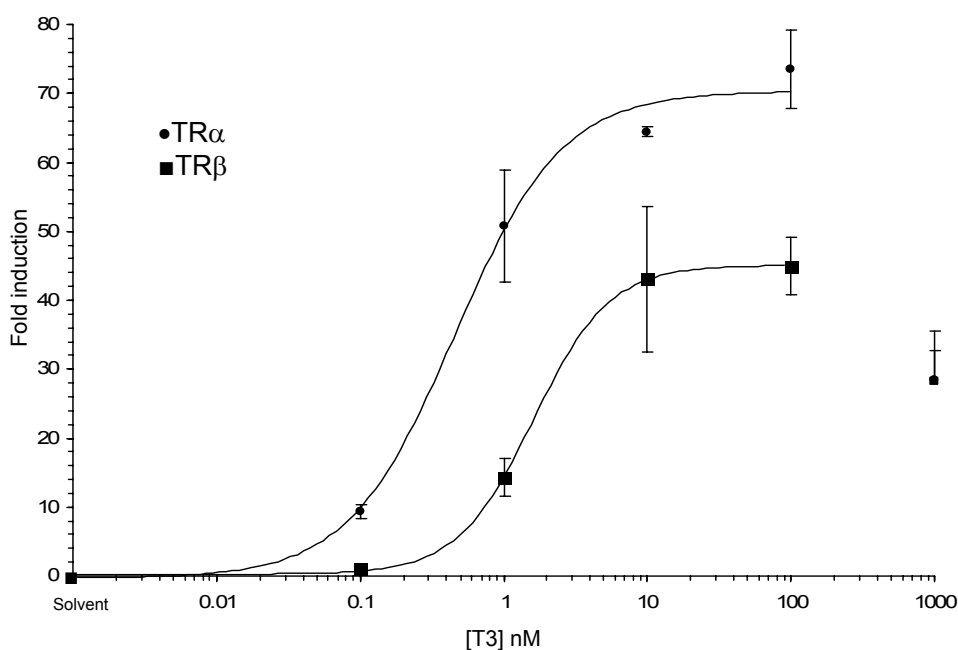


Figure 2. T₃-induced luciferase induction in thyroid hormone (TR)-specific transient reporter gene assays. A thyroid hormone response element (TRE)-containing promoter driving luciferase reporter gene expression was co-transfected into green monkey kidney cells (CV-1) along with expression vectors for *Xenopus laevis* TR α (circles) or TR β (TR β ; squares). Luciferase activity was normalized to constitutive β -galactosidase activity. Each data point represents the average \pm the standard deviation of triplicate measurements.

Effects of compounds on T₃ (EC₅₀)-induced activation of TRs

The T₃-like BDE-OH, which was also used as an agonist in the T-screen, increased T₃-induced TR α -activation (Figure 3a). At 1 μ M this effect was +73 % relative to the effect observed with T₃ at its EC₅₀. BDE206 significantly antagonized the effect of T₃ at its EC₅₀ via both TRs already at a concentration of 100 nM (Figure 3b). The effect of 1 μ M BDE206 on the T₃-induced TR β -activation was -54 %, whereas the effect on the T₃-induced TR α -activation was -30 %.

Of the three model potentiating compounds tested, DIB increased T₃-induced TR α -activation with an additional +36 % relative to the effect of T₃ at its EC₅₀ (Figure 3c). The most potent compound tested was BDE28, which almost tripled the T₃-induced TR β -activation (+274 % at 100 nM) but did not affect T₃-induced TR α -activation at all (Figure 3d). Of the model compounds selected, only HBCD

did not show any TR α - nor TR β -activation (Figure 3e), despite the fact that HBCD potentiated T₃-action in the T-screen (Schriks et al., 2006).

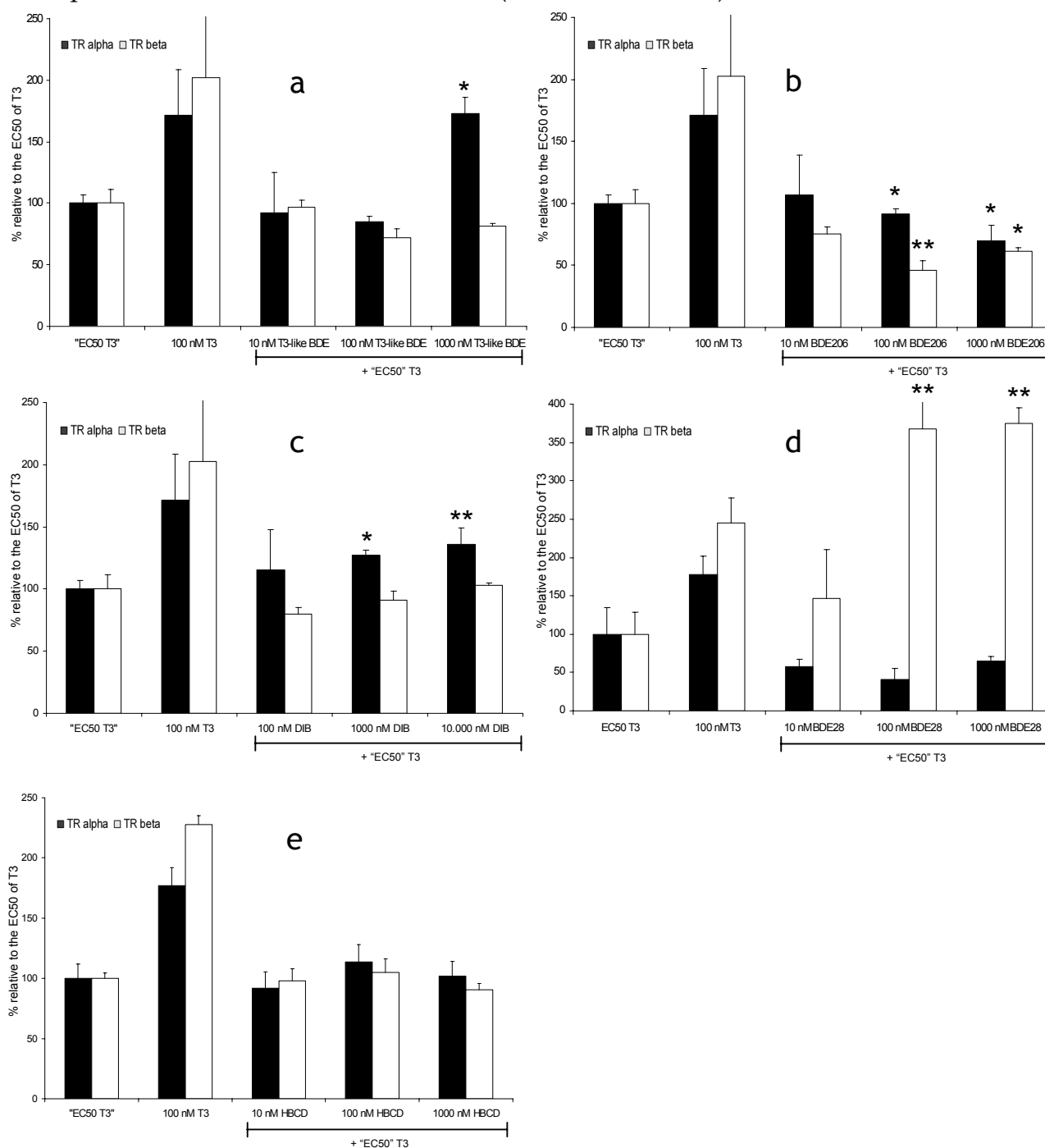


Figure 3. Effects of model compounds on T₃(EC₅₀)-induced TR α - and TR β -activation in transiently transfected CV-1-luc cells: (a) T₃-like BDE-OH; (b) BDE206; (c) DIB; (d) BDE28; (e) HBCD. Luciferase activity was normalized to constitutive β -galactosidase activity. The T₃-response at the EC₅₀ was set at 100%. Each data point represents the average \pm the standard deviation of triplicate measurements. * Significantly different from T₃ at its EC₅₀-value ($p \leq 0.05$); ** $p \leq 0.01$.

Discussion

The aim of the present study was to investigate T₃-induced thyroid hormone receptor (TR) isoform selectivity of a panel thyroid hormone disrupting compounds. The results obtained reveal differences in T₃-induced TR isoform selectivity of compounds as measured with a CV-1 cell line transiently transfected with either TR α or TR β . The EC₅₀ for TR α -activation by T₃ was roughly 3 times lower than the EC₅₀ for TR β -activation. T₃ tested in a radio-ligand displacement assay with purified human TR α or TR β showed a comparable difference in binding affinity (Chiellini et al., 1998). Considering the importance of T₃ for the *in vivo* situation, the model compounds were all tested in the presence of T₃ at its EC₅₀ and the effect induced by T₃ at its EC₅₀ was set at 100 %. Table 1 summarizes the results for the tested compounds in the transient TR α and TR β reporter gene assay and also presents the results obtained for these compounds in the T-screen assay to allow easy comparison of their responses in the present study to those in the T-screen.

Table 1. Effects of compounds on T₃-induced TR α - or TR β -activation in a transient reporter gene assay expressed relative to the EC₅₀ of T₃ which was set at 100 % (Avg \pm Std) (concentration bracketed). The abbreviations and structures of the model compounds are presented in Figure 1. The basis of the selection of the model compounds, the effects in the T₃-dependent proliferation assay (T-screen), are presented in italics.

	<i>T-screen</i>	<i>T-screen</i>	TR α	TR β	LOEC TR α / TR β
EC ₅₀ T ₃ (nM)		0.21 \pm 0.12 ^d	0.5	1.5	0.1 / 1
Compounds	<i>Class</i>	Max. induction (+) or repression(-) relative to EC ₅₀			
T ₃ -like BDE-OH	<i>Agonist</i>	+97 \pm 6 (1 μ M) ^d	+73 \pm 17 (1 μ M) ^a	- ^c	1 / -
BDE206	<i>Antagonist</i>	-58 \pm 6 (10 μ M) ^d	-30 \pm 5 (1 μ M) ^a	-54 \pm 8 (0.1 μ M) ^b	0.1 / 0.1
DIB	<i>Potentiator</i>	+32 \pm 2 (10 μ M) ^e	+36 \pm 1 (10 μ M) ^b	- ^c	1 / -
BDE28	<i>Potentiator</i>	+66 \pm 3 (1 μ M) ^f	- ^c	+274 \pm 15 (0.1 μ M) ^b	- / 0.1
HBCD	<i>Potentiator</i>	+76 \pm 10 (1 μ M) ^d	- ^c	- ^c	>1 / >1

LOEC is the lowest observed effect concentration in either the TR α or the TR β

^a $p \leq 0.05$; ^b $p \leq 0.01$; ^c No significant effect; ^d Schriks *et al.*, 2006; ^e Schriks *et al.*, unpublished data; ^f Hamers *et al.*, 2006.

The T₃-like BDE-OH selectively increased T₃-mediated TR α -activation only (Table 1), which may be in contrast with previous human TR binding affinity studies carried out by Marsh and co-workers (1998) who report preferential TR β -binding

over TR α -binding. However, the outcome of both studies may not be directly comparable since the present study encompasses the complete cellular signal transduction cascade involved in TR-activation, instead of TR binding only. BDE206 tested in the presence of T₃ at its EC₅₀, was antagonistic via both TRs in the same concentration range and to the same degree (for TR β) as previously reported for the T-screen (Table 1) (Schriks et al., 2006). These results are in also accordance with the antagonistic effects of BDE206 on *in vivo* cell proliferation in the rostral head region of one-week old *Xenopus laevis* tadpoles (Schriks et al., subm. 2006a) and on T₃-induced regression of isolated tail tips from premetamorphic *Xenopus laevis* tadpoles (Schriks et al., 2006b).

Of the three potentiating compounds selected based on the T-screen results, DIB and BDE28 increased the TR-mediated T₃-response, but via different TRs. The degree of TR α -mediated stimulation of the T₃-response by DIB is in accordance with the effect in the T-screen (Schriks et al., 2006). In both cases the maximum additional effect is roughly 35 % relative to the EC₅₀ response of T₃, and the maximum T₃-response is not yet reached at 10 μ M of DIB. The stimulation of T₃-induced TR α -activation by DIB also is in accordance with the effects previously shown in HeLaTR reporter cells endogenously expressing the human TR α (Yamada-Okabe et al., 2005). The same authors also report estrogen receptor (ER)- α mediated gene expression, suggesting that DIB may also induce the response via the estrogen-route. In the present study, however, cross reactivity with the ERs can be excluded since CV-1 cells are devoid of endogenous ERs (Yen et al., 1995).

BDE28 specifically increased T₃-induced TR β - but not TR α -activation in the transiently transfected CV-1 cells. At 100 nM BDE28 the total response was even 50 % higher than the maximum induction by 100 nM T₃. BDE28 also potentiated the T₃-action in the T-screen, but only with an additional 66 % to the EC₅₀ effect of T₃, and the maximal response was not yet reached at 1 μ M (Table 1) (Hamers et al., 2006). Compounds that increase T₃-induced TR-activation may be stimulating cofactor renewal and/or recruitment, but other explanations are possible as well

and the exact mechanism remains to be investigated. As CV-1 cells lack cytochrome P4501A1 activity (Hoffer et al., 1996), the formation of highly reactive metabolites is unlikely.

In contrary to DIB and BDE28, HBCD did not affect T₃-induced TR α - or TR β -activation in the present study. However, in combination studies with HeLa- and GH₃-cells (Yamada-Okabe et al., 2005; Schriks et al., 2006) and *Xenopus laevis* tissues (Schriks et al., 2006b) HBCD consistently increased the T₃-response. An important difference between these *in vitro/ex vivo* models and CV-1 cells, is that the latter cell line does not contain endogenous TRs, and therefore possibly also lack related specific sites that can be targeted by HBCD. For example, HBCD may affect cell proliferation of GH₃ cells in the T-screen by influencing cell-specific cell cycle regulators such as cyclin or cyclin-dependent kinase levels and activity (Barrera-Hernandez et al., 1999). This suggests that potentiation of T₃-action observed earlier for HBCD, occurs via a different mechanism than for DIB and BDE28 which more closely resemble the molecular structure of T₃ (Figure 1). It is very relevant to further elucidate the mechanistic action of HBCD, which could have implications for risk assessment. This was, however, beyond the scope of the present study.

All together, the effects of compounds on TR α / β -specific activation as observed may imply that differential physiological effects on TR α or TR β dominated tissues can occur after exposure to compounds. Such tissue specific effects are demonstrated by Furlow and co-workers (2004) who show that treatment of *Xenopus laevis* tadpoles with the pharmaceutical TR β agonist GC-1 only induces precocious resorption of TR β dominated tissues such as gills and the tail. GC-1 has limited effect on tissues such as hind limbs which express high TR α levels. Likewise, the compounds tested in this study may exert similar responses under physiological conditions in humans and other vertebrates. For example the vertebrate CNS and brain exhibit distinct temporal and spatial patterns of TR α and TR β expression (Bradley et al., 1992), implicating TR-specific effects are to be expected which can be predicted based on the outcome of TR-specific assays.

This, and the fact that exposure of organisms to compounds occurs in the presence of physiological background levels of T₃, illustrate the importance of testing the potential thyroid hormone disrupting effect of compounds in model systems that enable the characterization of the effects on both receptors independently.

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4

Disruption of thyroid hormone-mediated *Xenopus laevis* tadpole tail tip regression by hexabromocyclododecane (HBCD) and 2,2',3,3',4'4',5,5',6-nona brominated diphenyl ether (BDE206)

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Chemosphere in press

Abstract

Thyroid hormone regulates amphibian metamorphosis, including the transformation of a tadpole into a froglet and regression of the tail. *Xenopus laevis* tadpole tail tips in organ culture (*ex vivo*) undergo regression when exposed to 3,3',5-triiodo-L-thyronine (T_3) and interference by chemicals with this process was utilized as a bioassay to detect thyroid hormone disruption. In the present study the bioassay was further validated by investigating its response to compound induced T_3 -antagonism and -potentiation. Tadpole tail tips were exposed to two brominated flame retardants (BFRs) in presence or absence of T_3 at its EC_{50} (20 nM). T_3 -induced tail tip regression was antagonized by 2,2',3,3',4,4',5,5',6-nona brominated diphenylether (BDE206) and potentiated by hexabromocyclododecane (HBCD) in a concentration dependent manner, which was consistent with results obtained with a *in vitro* T_3 dependent proliferation bioassay termed the T-screen. Neither compound induced any effect in the absence of T_3 . The results indicate that studying possible hormone disrupting effects of agonistic, antagonistic or potentiating compounds should include combined exposure with the natural hormone at around its EC_{50} concentration. The results obtained with the tail tip exposures were in accordance with the T-screen predictions, and occurred at BFR-concentrations that were only 5-50 times those of T_3 . The bioassay proved to be suitable not only for detecting T_3 -agonism, but also for antagonism and potentiation.

Introduction

Brominated flame retardants (BFRs) are added to numerous consumer products such as electrical equipment, building material and textiles to make them more fire resistant (de Wit, 2002). The most used BFRs are brominated diphenylethers (BDEs), hexabromocyclododecane (HBCD), tetrabromobisphenol-A (TBBP-A) and brominated biphenyls (BBPs). Due to increasing evidence about their endocrine disrupting potency, the production of two commonly used BFRs, penta- and octaBDE, was ended in the European Union in 2004 (guideline 2003/11/EC). Two highly brominated flame retardants that are currently still produced are hexabromocyclododecane (HBCD) and 2,2',3,3',4,4',5,5',6,6'-decaBDE (BDE209). HBCD is a technical mixture of several isomers (10.3 % α -, 8.7 % β - and 81 % γ -isomer) and primarily used in polystyrene for thermal insulation in buildings. Currently, HBCD has been detected in practically all environmental matrices (Law et al., 2005) including human blood and breast milk (Thomsen et al., 2001; Covaci et al., 2003; Weiss et al., 2004). BDE209 is ubiquitous in the environment (de Boer, 2004; BSEF, 2004) and would be expected to be debrominated by abiotic environmental factors (Soderstrom et al., 2004), micro-organisms (Gerecke et al., 2005) or aquatic biota (Kierkegaard et al., 1999; La Guardia et al., 2004; Stapleton et al., 2004) to lower brominated BDEs including 2,2',3,3',4,4',5,5',6-nonaBDE (BDE206).

Several BDEs and their hydroxylated metabolites have been shown to be potent competitors with thyroxin (T_4) for binding to the plasma transport protein transthyretin (Meerts et al., 2000) and some of them directly bind to the Thyroid hormone Receptors (TRs) (Marsh et al., 1998; Cheek et al., 1999), all possibly resulting in a disturbed thyroid hormone (TH) homeostasis. Recently we studied the possible thyroid hormone disrupting effects of BFRs in an *in vitro* bioassay termed the T-screen (Schriks et al., 2006a). This assay employs a rat pituitary (GH₃) tumor cell line (Gutleb et al., 2005), the proliferation of which is dependent on TH and mediated through the TRs. In these studies HBCD and BDE206 respectively potentiated and antagonized T_3 -dependent cell proliferation. Since *in*

in vitro responses of compounds in an immortalized tumor cell line may be very different from those in natural primary cells or tissues, the aim of the present study was to investigate the thyroid hormone disrupting effects of HBCD and BDE206 in primary tissue and compare the responses to the *in vitro* T-screen. To reach this aim, freshly isolated *Xenopus laevis* tadpole tail tips in organ culture were exposed to HBCD or BDE206 in absence and presence of T₃. Tadpole tail tips cultured *ex vivo* respond directly and independently to T₃ by undergoing TR-mediated regression (Shaffer, 1963; Tata, 1966; Furlow et al., 2004). This experimental setup ascertains TH specificity of the tested compounds, since factors such as hormonal feed-back mechanisms, biotransformation and other hormones including corticoids that may also influence tail tip regression (Hayes, 1997), can be excluded. We report here the effects of HBCD and BDE206 on T₃-induced tadpole tail tip regression and compare the results to the *in vitro* T-screen. The results obtained also validate the bioassay for detection of not only T₃-(ant)agonism (Lim et al., 2002; Furlow et al., 2004) but also of T₃-potentiation by environmental contaminants.

Animals, Materials and Methods

Compounds

The two BFRs tested were obtained within the framework of the EU-funded project 'Flame retardants Integrated Risk assessment for Endocrine effects (FIRE)'. Hexabromocyclododecane (HBCD technical mixture, no data on impurities supplied by the provider) was obtained through BSEF (Brussels, Belgium) and 2,2',3,3',4,4',5,5',6-nonaBDE (BDE206 >99 %; Christiansson et al., 2006) was a kind gift from prof. Åke Bergman (Stockholm University, Sweden). HBCD, BDE206 and 3,3',5-triiodo-L-thyronine (T₃ ≥ 98 %; Sigma) (Figure 1) were dissolved in dimethylsulfoxide (DMSO, 99.9 %; Acros chemicals, Belgium) and stored at -80°C (T₃) or in the dark at room temperature.

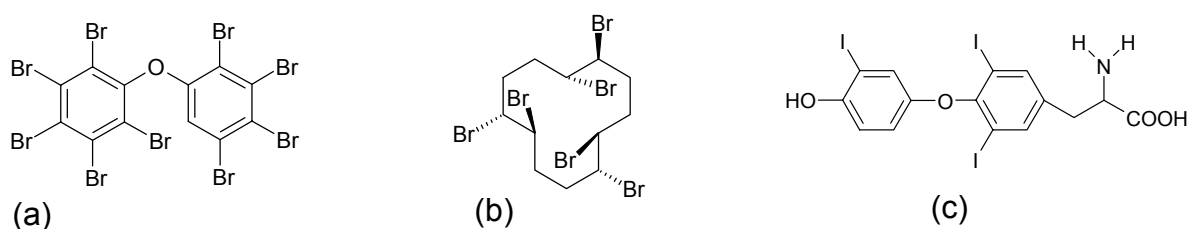


Figure 1. Chemical structures of (a) 2,2',3,3',4,4',5,5',6-nonaBDE (BDE206) (b) hexabromocyclododecane (HBCD) and (c) 3,3',5-triiodo-L-thyronine (T₃).

Exposure of tail tips to compounds

Premetamorphic *Xenopus laevis* tadpoles in developmental stage 52-53 (Nieuwkoop and Faber, 1975) (further abbreviated as NF) were purchased from Nasco, Inc (WI, USA). To arrest tadpoles in NF stage 53-54, methimazole (1-methyl-2-imidazolethiol, Sigma) was added to the rearing water at a concentration of 1 mM (Buckbinder and Brown, 1993) and water was changed every week. Methimazole (a goitrogen) interrupts TH synthesis and tadpoles can be kept in methimazole for months without adverse effects or altered behavior (Elinson et al., 1999). All animals were treated in accordance with an approved institutional animal use and care protocol.

Tadpole tail tips were cultured *ex vivo* as described (Furlow, et al., 2004) with modifications. Briefly, NF stage 53-54 tadpoles were pre-treated in Steinberg's solution (60 mM NaCl, 0.67 mM KCl, 0.34 mM Ca(NO₃)₂, 0.83 mM MgSO₄, 10 mM HEPES, pH 7.4) (Peng, 1991) containing 70 mg.L⁻¹ gentamycin and 200 mg.L⁻¹ streptomycin 24 h before removal of tail tips. Animals were anaesthetized in water containing 0.01 % MS-222 (buffered with 0.01 % NaHCO₃), after which 6 to 8 mm of the tail tip was cut (~15-20 % of whole tail length) and placed in 1 mL Steinberg's solution supplemented with 5 µg.mL⁻¹ insulin in 24 wells plastic culture dishes. Tail tips were left in culture media to stabilize for 24 h prior to exposure to compounds and all exposures were performed in six-fold. Compounds in combination with T₃ at its EC₅₀ (20 nM; data derived from concentration response curve as presented by Furlow et al., 2004) were pre-mixed

in 1 mL Steinberg's medium and gently added to tail tips after removal of the old medium every other day.

The length of the tail tips was measured during six consecutive days using a millimetre grid. Based on results of pilot experiments, the tail tips were either exposed to DMSO (solvent control), T₃ at its EC₅₀ (20 nM) or T₃ at its maximum effect concentration (100 nM) (Furlow et al., 2004), or to a combination of 20 nM T₃ together with BDE206 (1, 10, 100 or 1000 nM), or 20 nM T₃ together with HBCD (10, 100, 1000 or 10000 nM), or to 1000 nM BDE206 or 1000 or 10000 nM HBCD alone. The DMSO concentration in each well was kept < 0.5 % (v/v).

Statistical analysis

Combinatory exposures were all compared to the 20 nM T₃-control. Statistical analysis of the data was performed using SPSS version 10.1. Multiple comparison analysis was carried out using Bonferroni ($p \leq 0.05$) after testing for normality (Kolmogorov-Smirnov test) and homogeneity of variance (Levene test). No data transformation was necessary.

Results

During the 7 days that tail tips were kept in culture, no negative effects such as (fungal) infections were apparent. Exposure of tail tips to 100 nM T₃ resulted in 50 % regression after roughly 3 d. Tail tips exposed to 20 nM T₃ showed some variance in regression between experiments and 50 % regression occurred after 3.5 d and 5 d in the BDE206- and HBCD-experiment, respectively (Figure 2a/b). Tail tips exposed to the DMSO solvent control, showed some slight aspecific regression. However, this was not significant different from tail tips treated with compounds only (Figure 2a/b).

BDE206

On day 4, all BDE206 exposure concentrations in combination with 20 nM T₃ significantly reduced ($p < 0.05$) tail tip regression compared to the 20 nM T₃-control (Figure 2a). After 6 d of exposure this antagonistic effect could only still be observed in the 100 nM BDE206 (34 ± 4 %; $p \leq 0.05$) and 1000 nM BDE206 (46 ± 3 %; $p \leq 0.05$) exposure groups, relative to the 20 nM T₃-control. BDE206 alone (1000 nM) did not have any effect on tail tip regression.

HBCD

On day 6, exposure of tail tips to 1000 nM HBCD in combination with 20 nM T₃, significantly ($p \leq 0.05$) potentiated tail tip regression with 35 ± 5 % relative to the 20 nM T₃-control (Figure 2b). All lower HBCD exposures, including HBCD alone (1000 nM), did not have any effects on tail tip regression. Interestingly, 10 μ M HBCD alone or in combination with 20 nM T₃ resulted in a very fast regression of tail tips in the first two days of exposure. This was faster than tail tip regression in the 100 nM T₃-control, but after two days of exposure tail tip regression roughly stayed the same during the rest of the experimental period.

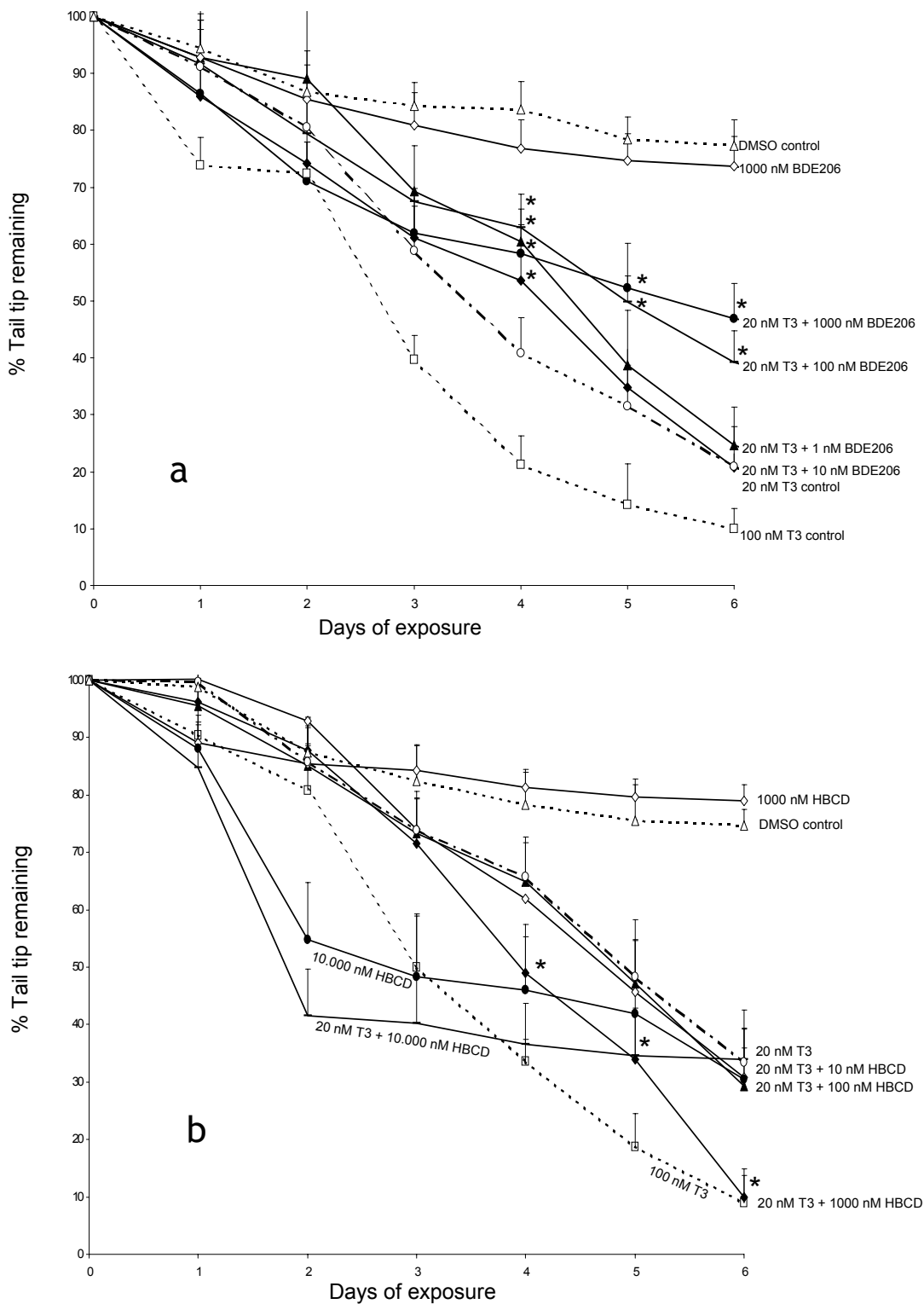


Figure 2. *Xenopus laevis* tadpole tail tips (NF 53-54) were exposed for 6 d to the DMSO control only (< 0.5 %, v/v), 20 nM T₃ (dotted line), 100 nM T₃ or an increasing concentration (a) BDE206 or (b) HBCD, co-administered with 20 nM T₃. All values are expressed as percentage of the initial tail tip length (set at 100 %), N=6. Error bars indicate S.D. *Significantly different from the 20 nM T₃-control ($p \leq 0.05$).

Discussion

The potentiating effects of HBCD and antagonistic effects of BDE206 on T₃-induced tail tip regression were in accordance with earlier results we obtained in the T-screen (Schriks et al., 2006a). Significant effects of BDE206 and HBCD on T₃-induced tail tip regression were observed at 100 nM and 1000 nM, respectively, which is only 5 - 50 times higher than the EC₅₀ of T₃ (20 nM). In the T-screen, however, significant effects of both BFRs were observed at 100 nM, and this concentration was 400 times higher than the EC₅₀ of T₃ (0.25 nM) in this *in vitro* system. This illustrates that higher concentrations BFRs are required for significant effects on T₃-induced tail tip regression, but that the concentration relative to that of T₃ (5 - 50 fold) is much lower than in the *in vitro* T-screen (400 fold). The effects on tail tip regression that occurred at a concentration of 10 µM HBCD, suggest that HBCD at this concentration may have cytotoxic activity. This hypothesis is supported by observations of Wang and Brown (1993) showing that T₃-induced tail resorption needs about a 2 day lag period before visible regression occurs. The variation in response of the 20 nM T₃-controls as observed between both experiments is a normally occurring phenomenon possibly due to a varying genetic background of the tadpoles, slight differences in tadpole developmental stages at the start of the experiment and slight differences in ambient temperature. Therefore it is always important to include the necessary DMSO- and T₃-controls in each experiment to relate the effects to, as was done in the present studies.

The mechanism of action of the BFRs tested in this study is not yet known. Recently, BDE206 has been shown to antagonize T₃-action in a TR isoform (α/β) selective transient reporter gene assay (Schriks et al., *subm.* 2006b), but did not compete with thyroxin (T₄) on binding to transthyretin (TTR) (Hamers et al., 2006). HBCD on the other hand, potentiated T₃-action in the present study and in the T-screen, but did not have any effect in the T₄-TTR binding assay nor in the TR isoform selective reporter gene assay. The latter bioassay employs an African green monkey kidney fibroblast cell line (CV-1) that does not express endogenous

TRs (Yen et al., 1995). Therefore this system is more artificial than primary tail tissues and the T-screen which do possess endogenous TRs. However, HBCD potentiated human TR α mediated gene expression in a HeLaTR reporter gene assay (Yamada-Okabe et al., 2004). These results suggest that the tested BFRs interact at different levels of TR-mediated TH-signalling. Possible mechanisms of action may include interaction with various co-factors such as N-CoR or SRC-1 (Zoeller et al., 2005) or interference with the TR-RXR heterodimer complex. For example, 4'-hydroxy-2,3,3',4,5-pentachlorinated biphenyl (PCB106-OH) has been shown to disturb TR β binding to a TR response element (TRE) because the TR-RXR heterodimer complex was partially dissociated from the TRE in the presence of PCB106-OH (Miyazaki et al., 2004).

The results presented in this paper demonstrate that two environmentally relevant BFRs namely HBCD and BDE206, respectively potentiate and antagonize a highly specific TH-regulated developmental program in *X. laevis* tadpoles, namely the resorption of primary tissues in organ culture. The effects observed occurred at concentrations that were only 5 to 50 times higher than T₃. Further investigation has shown that the effects induced by HBCD and BDE206 also occur in an *in vivo* immuno proliferation bioassay with one-week old *X. laevis* tadpoles (Schriks et al., *subm.* 2006c).

Finally, it can be concluded that the effects on tadpole tail tip regression occurred as predicted from the results in the *in vitro* T-screen, when tested in combination with the EC₅₀ of the natural hormone. This further validates the bioassay and shows that it is able to detect not only T₃-(ant)agonism but also potentiation.

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5

***In vivo* effects of nona brominated diphenylether (BDE206) and hexabromocyclododecane (HBCD) on cell proliferation in *Xenopus laevis* tadpoles: comparison with an *in vitro* cell based assay**

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Abstract

Previously, we demonstrated that certain compounds affect Thyroid hormone Receptor (TR) mediated cell proliferation in an *in vitro* bioassay termed the T-screen. To examine whether the same compounds elicit a comparable response *in vivo*, we applied an *in vivo* proliferation assay using one-week old *Xenopus laevis* tadpoles. Triiodo-L-thyronine (T_3) induced cell proliferation in tadpole tissues is quantified with a fluorescent antibody against the phospho-histone H3 mitosis marker and image analysis. Cell proliferation in brain and the rostral head region responded to T_3 in a dose-dependent fashion. The dose response curve is less steep in the brain and therefore more suitable for further *in vivo* testing of compounds. In addition, T_3 -induced cell proliferation in brain also correlated better ($r^2=0.97$) with effects of T_3 as observed in the T-screen. The effects of two model compounds on T_3 -induced cell proliferation in brain of *Xenopus laevis* tadpoles were then characterized. Hexabromocyclododecane (HBCD) potentiates T_3 -induced cell proliferation in the brain, whereas nona brominated diphenylether 206 (BDE206) had no effect. To investigate this discrepancy, the effect of BDE206 was also quantified in the rostral head region, and in this tissue BDE206 acted as an antagonist as expected. This may be best explained by a limited capacity for the highly lipophilic BDE206 to efficiently pass the blood brain barrier. We conclude that compounds such as HBCD and BDE206 may interfere with T_3 -dependent development of vertebrates.

Introduction

During the last decade, the development of assays for testing specific mechanisms of toxicity has gained considerable attention. Important steps have been made in the development of *in vitro* toxicity tests including rapid and highly specific reporter gene assays (Murk et al., 1996; Legler et al., 1999; Blankvoort et al., 2001) or cell proliferation based assays (Soto et al., 1995; Gutleb et al., 2005). This has been especially evident in the field of endocrine disruption. Nevertheless, the exclusive use of *in vitro* assays often has limitations, such as an inability to metabolize chemicals whose activity is dependent on initial biotransformation. Although the predictive value of *in vitro* toxicity testing has greatly improved, the extrapolation to the *in vivo* situation remains difficult (Kremers, 2002). Since not all relevant mechanisms of action can be tested *in vitro*, additional *in vivo* testing is required to avoid false classification of a substance as lacking endocrine disrupting activity (EDSTAC, 1998).

Contrary to the sex hormone-axis, the effects of endocrine disrupting chemicals on the thyroid hormone (TH)-axis have not received so much attention, although it has been recognized that compounds can also interfere at different levels of this complex system (DeVito et al., 1999; Colborn, 2002). TH plays a crucial role in several processes in vertebrates such as regulating several metabolic pathways in mammals, birds and the development of neural tissues in all vertebrates, and postembryonic development of virtually every tissue and organ in amphibian tadpoles (Dickhoff et al., 1990). TH exerts its effects via the Thyroid hormone Receptors (TRs) and once occupied by TH they can influence gene transcription (Ichikawa and Hashizume, 1995; Zhang and Lazar, 2000). All vertebrates possess two highly conserved TR isoforms called TR α and TR β (Yaoita et al., 1990) and it is currently believed that these different TR isoforms mediate both overlapping and distinct cellular functions (Gauthier et al., 1999). Although most attention on endocrine disruption is focused on the sex-steroid hormones, several *in vitro* assays have been developed to assess the impact of environmental contaminants on different levels of the TH-axis (Janosek et al., 2005). For example, *in vitro*

interactions of the polyhalogenated aromatic hydrocarbons (PHAHs) with the transport protein transthyretin (TTR) in blood have been reported (Brouwer et al., 1998; Brucker-Davis, 1998; Cheek et al., 1999; Meerts et al., 2000; Yamauchi et al., 2000; Yamauchi et al., 2003; Ishihara et al., 2003). Furthermore, the depletion of the colloidal T₄-ring has been recently described as a sensitive marker for thyroid hormone disruption (Mukhi et al., 2005; Hu et al., 2006).

More recently, we introduced the T-screen as a functional *in vitro* assay for TH disruption at the level of the TR (Gutleb et al., 2005; Schriks et al. 2006). This assay employs a rat pituitary cell line (GH₃), the cell proliferation of which is dependent on TH and mediated through the TRs. To address the *in vivo* effects of thyroid hormone disruption, amphibian postembryonic development has been proposed as an excellent model, since it is completely TH dependent and occurs independently of any maternal influence (Kanamori and Brown 1996; Tata, 1999; Shi, 2000). Most of the recently described amphibian based assays for TH disruption (Gutleb et al. 1999; Garber et al., 2001; Fort and Paul, 2002; Opitz et al., 2005) use morphological endpoints such as tail resorption or front limb emergence as a functional parameter. In many of these assays it is difficult to elucidate if compounds act via the thyroid hormone axis, or elicit their toxic action through alternative routes. In this study we present an assay to examine the effect of TH disrupting compounds on 3,3',5-triiodo-L-thyronine (T₃)-induced cell proliferation *in vivo*. Therefore one-week old *Xenopus laevis* tadpoles are exposed to compounds in the presence of T₃, and proliferating cells (mitotic phase) in different tissues are visualized using an antibody against the phospho-histone H3 mitosis marker (Schreiber et al., 2001). At this life stage tadpoles do not have any detectable endogenous TH (Leloup and Buscaglia, 1977), but are competent to respond to exogenous T₃ administration (Tata, 1968; Brown et al., 2005). This *in vivo* T₃-induced proliferation response offers a unique biomarker to investigate the effects of environmental contaminants on the cellular events induced by TH in different tissues. We compare the outcome of the *in vivo* proliferation assay with results obtained earlier with the *in vitro* T-screen (Schriks

et al., 2006). The model compounds applied are hexabromocyclododecane (HBCD) and nona brominated diphenylether 206 (BDE206). These compounds were selected because of their differential effect in the T-screen, HBCD showing a potentiating effect and BDE206 an antagonistic effect in the T-screen (Schriks et al. 2006). These compounds were also chosen for their environmental relevance. HBCD is primarily used as thermal insulator in buildings and is ubiquitous in the environment (Law et al., 2005). BDE206, an expected breakdown product of the flame retardant deca brominated diphenylether (BDE209) has been detected at concentrations up to 14.2 nmol.kg⁻¹ sediment (dry wt.) (Guardia et al., 2004; Soderstrom et al., 2004) and in serum of workers employed at an electronic recycling plant up to 0.73 pmol.g⁻¹ (lipid wt.) (Thuresson et al., 2006).

Animals, Materials and Methods

Chemicals

All chemicals were purchased from Sigma and of >98 % purity unless stated otherwise. For chemical treatments 3,3',5-triiodo-L-thyronine (T₃), hexabromocyclododecane (HBCD) and nona brominated diphenylether 206 (BDE206; bromine substitution pattern 2,2',3,3',4,4',5,5',6) were dissolved in dimethylsulfoxide (DMSO, 99.9 % pure; Acros chemicals, Geel, Belgium). T₃-stocks were stored at -80 °C, whereas other compounds were stored in the dark at room temperature. HBCD (technical mixture; no data on impurities provided by the supplier) was obtained through BSEF (Brussels, Belgium) and BDE206 (>99 %) was kindly supplied by prof. dr. Åke Bergman (Stockholm University, Sweden). The latter compounds were also tested in the framework of the EU-funded project Flame retardant Integrated Risk assessment for Endocrine effects (FIRE). The primary antibody (Ab) used in this study was a 1/300 diluted rabbit polyclonal against human phospho-histone H3 (Upstate biotechnology, Lake Placid, NY, USA) and the secondary Ab was 1/400 diluted anti-rabbit Alexa Fluor 488-conjugated (Molecular probes).

Animal studies

Xenopus laevis tadpoles were staged according to Nieuwkoop and Faber (NF) (Nieuwkoop and Faber, 1975) and fertilized embryos were obtained (animal facilities UC Davis, USA) as described previously (Schreiber et al., 2001), with some modifications. Briefly, 2 days before egg laying adult females received a 50 IU pregnant mare's serum gonadotropin injection into the dorsal lymph sac followed by a 500 IU human chorionic gonadotropin injection 12-14 hours prior to egg laying. Animals were kept in the dark until egg laying commenced. On the day of fertilization, one male was anesthetized in a buffered MS-222 solution (0.1 % w/v + 0.1 % NaHCO₃ w/v) after which the animal was decapitated and the testes removed on ice. Eggs were fertilized with macerated pieces of testes and de-jellied as described elsewhere (American Society for Testing and Materials, 1991). Embryos were raised in accordance with an approved institutional animal use and care protocol. For whole animal treatments, ten one-week old tadpoles (NF stage ~48) each measuring approx. 10 mm in length were placed in 55 mm plastic petridishes (Fisher) containing 20 mL 0.1 X Marc's modified ringers (MMR) solution (10 mM NaCl, 0.2 mM KCl, 0.1 mM MgCl₂, 0.2 mM CaCl₂, 0.5 mM HEPES; pH 7.5) as described (Schreiber et al., 2001) and exposed to increasing concentrations (0 - 100 nM) of T₃ for the dose-response curves, or, in combination with 1 nM T₃, to 10, 100, 1000 nM and 10 μM HBCD or 10, 100 or 1000 nM BDE206. DMSO concentrations were kept ≤ 0.2 % and a DMSO solvent control was included in all experiments. The solutions were changed every other day and for practical reasons exposure lasted 6 and 8 days for BDE206 and HBCD respectively. Tadpoles were not fed during the exposure period and observed daily for mortality and/or malformations. After exposure the animals were fixed in a 4 % paraformaldehyde (PFA) solution in phosphate buffered saline (PBS) and further processed for immunocytochemistry as described in detail below.

Immunocytochemistry

Immunocytochemistry (ICC) was performed on tadpoles as described previously (Schreiber et al., 2001), with modifications. Briefly, tadpoles were collected in glass vials and fixed in 4 % PFA solution in PBS. Vials were kept in the dark on a nutator rocking action mixer (Clay Adams, further referred to as nutator) and incubated overnight at 4 °C. Tadpoles were then rinsed in PBS at least 3 times and cleared overnight in a 2:1 methanol:hydrogen peroxide (20 %) solution on a platform mixer (50-70 rpm) at room temperature in the dark. Animals were then permeabilized for three days by extensive washing on the nutator in 1 % Triton X-100 in PBS (PBT) at room temperature and left overnight at 4 °C. Immuno staining of whole tadpoles consisted of blocking in 10 % (v/v) goat serum for 4 hours, followed by an overnight incubation at 4 °C on the nutator in primary Ab diluted in PBT containing 10 % (v/v) goat serum. After an additional one hour incubation at room temperature, samples were rinsed extensively (at least 8 times) in PBT followed by the addition of secondary Ab diluted in PBT containing 10 % (v/v) goat serum and left overnight at 4 °C on the nutator. Following extensive washes in PBT (at least 8 times), samples were left on the nutator overnight at 4 °C. Proliferating cells were visualized with a Leica MZ FLIII fluorescence stereo dissection microscope equipped with a GFP2 filter set (a 480/40-nm excitation filter and a 510-nm barrier filter) and photographs were made with an Optronics LE750 digital camera. Immunocytochemical labeled proliferating cells (mitotic phase) in visual distinguishable tissues, including the rostral head region and brain, were quantified with the aid of Imagetool v3 for Windows (The University of Texas Health Science Center, San Antonio, TX, USA). The rostral head region was defined as the area in front of the brain that includes the majority of proliferating cells in the head, including the lower jaw and olfactory epithelia (Figure 1).

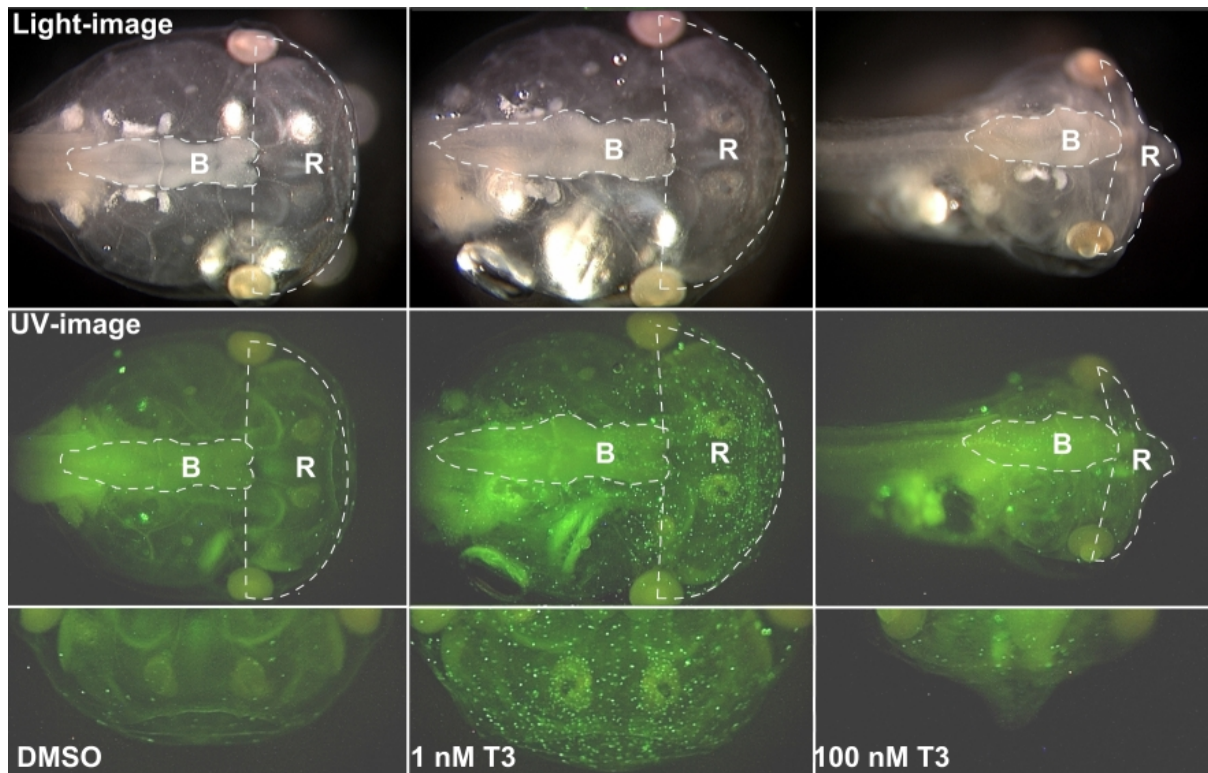


Figure 1. One-week old *Xenopus laevis* tadpoles were treated with 3,3',5-triiodo-L-thyronine (T_3) for 8 days. Proliferating cells were labeled by whole body immunofluorescence with an antibody against the phospho-histone H3 mitosis marker and pictures were taken as light image (top) or under UV-light (middle). Proliferating cells were counted in either B(rain) or R(ostral head) region. Pictures on the bottom represent magnified cut out of the rostral head region illustrating proliferating cells.

Statistical analysis

Statistical analysis of the data was carried out using the Student's *t*-test. The acceptance level was set at $p \leq 0.05$.

Results

In general no mortality occurred in any of the experimental groups and none of the animals showed malformations.

T₃ increases the number of proliferating cells in tadpole brain and the rostral head region in a dose-dependent fashion.

Figure 2 shows the effects of exposure to increasing concentrations of T₃ on the number of proliferating cells in brain and the rostral head region of one-week old *Xenopus laevis* tadpoles. After exposure to T₃ a dose related increase in the number of proliferating cells was observed both in the brain and the rostral head region, reading a maximum at 5 nM T₃ (227 ± 42) and 1 nM (368 ± 73) T₃, respectively. The EC₅₀ value for the T₃-mediated effect on the number of proliferating cells in brain was 0.77 ± 0.31 nM T₃ and for the rostral head region 0.57 ± 0.19 nM T₃. As shown in Figure 2, the slope of the graph for the rostral head region was very steep, with a 5-fold difference between the EC₁₀ and EC₁₀₀.

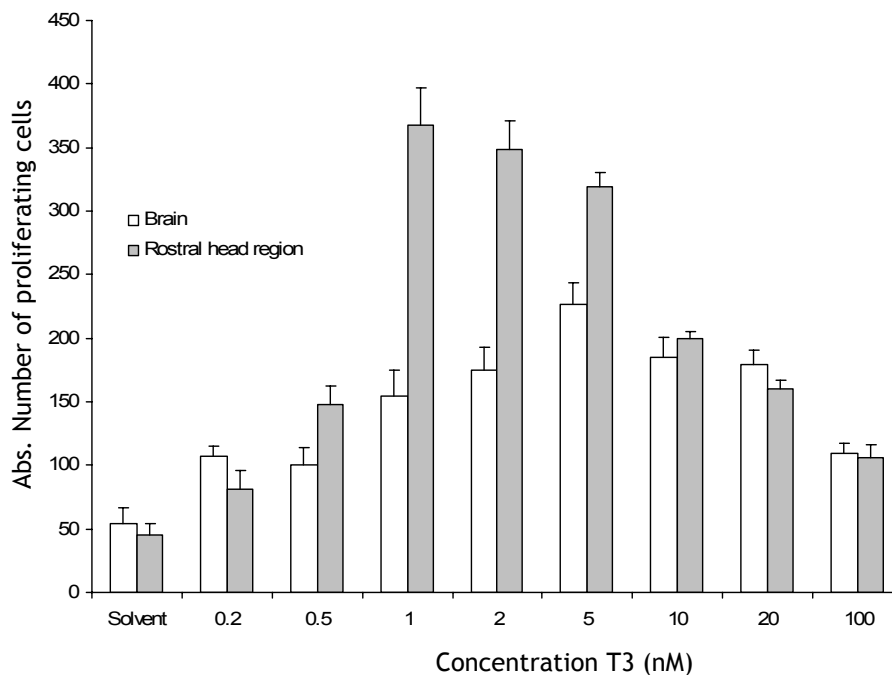


Figure 2. Induction of cell proliferation in brain and rostral head region of one-week old *Xenopus laevis* tadpoles. Animals were treated with increasing concentrations of T₃ for 8 days. Proliferating cells were visualized by whole-body immunofluorescence with an antibody against the phospho-histone H3 mitosis marker and counted in at least 6 different animals. Bars represent absolute numbers of proliferating cells in different tissues ± SEM.

For brain this difference was only 2.5-fold; therefore the dose-response curve for the brain is more suitable for quantifying interacting effects of T_3 and potentiating or (ant)agonistic compounds. Cell proliferation decreases at higher concentrations of T_3 , possibly due to precocious differentiation of cells as observed in ecdysone induced proliferation of the *Drosophila* eye (Champlin and Truman, 1998) or increased apoptosis. After 8 days exposure to 100 nM T_3 , animals have resorbed their gills completely (data not shown) and develop a protruding lower jaw (expansion of Meckel's cartilage) as described previously (Schreiber et al., 2001).

Effect of HBCD and BDE206 on T_3 -induced cell proliferation in the brain.

Using brain as the target tissue, the effect of HBCD and BDE206 on the T_3 -induced cell proliferation was characterized. Figure 3 reveals that exposure of tadpoles to 100 or 1000 nM HBCD in combination with 1 nM T_3 , significantly ($p \leq 0.05$) potentiated the number of proliferating cells in the brain with 33.2 % and 24.5 % increase relative to the 1 nM T_3 control group. Compared to the solvent control, HBCD itself (1000 nM) has no effect on cell proliferation.

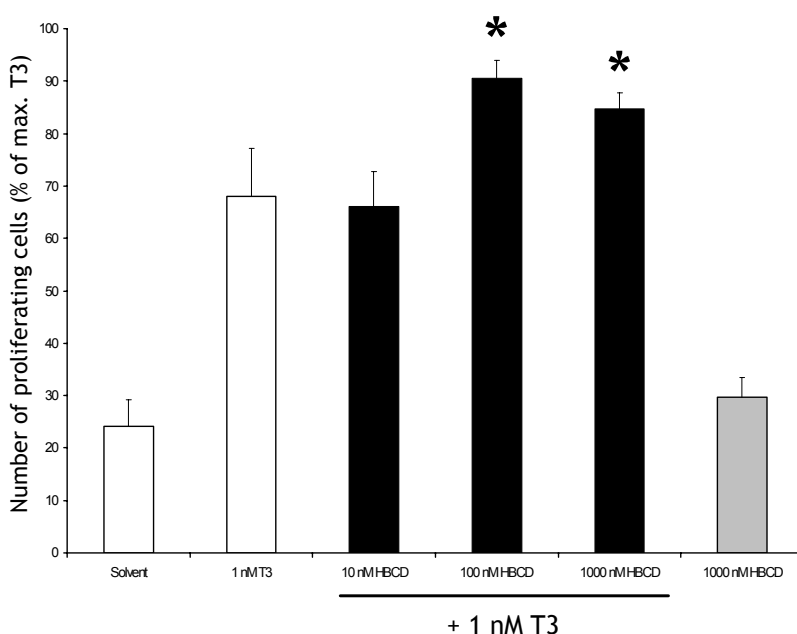


Figure 3. Effect of hexabromocyclododecane (HBCD) in combination with 1 nM T_3 on the number of proliferating cells in the brain of one-week old *Xenopus laevis* tadpoles. Proliferating cells were visualized after 8 days by whole-body immunofluorescence with an antibody against the phospho-histone H3 mitosis marker and counted in at least 6 different animals. Bars represent % of counted proliferating cells \pm SEM relative to max. T_3 induction. *Significant different from the 1 nM T_3 control group ($p \leq 0.05$).

Figure 4 shows the effect of BDE206 on T₃-induced cell proliferation in the brain of one-week old *Xenopus laevis* tadpoles. BDE206 exposure of tadpoles in combination with 1 nM T₃, did not result in a significant effect on the T₃-induced cell proliferation.

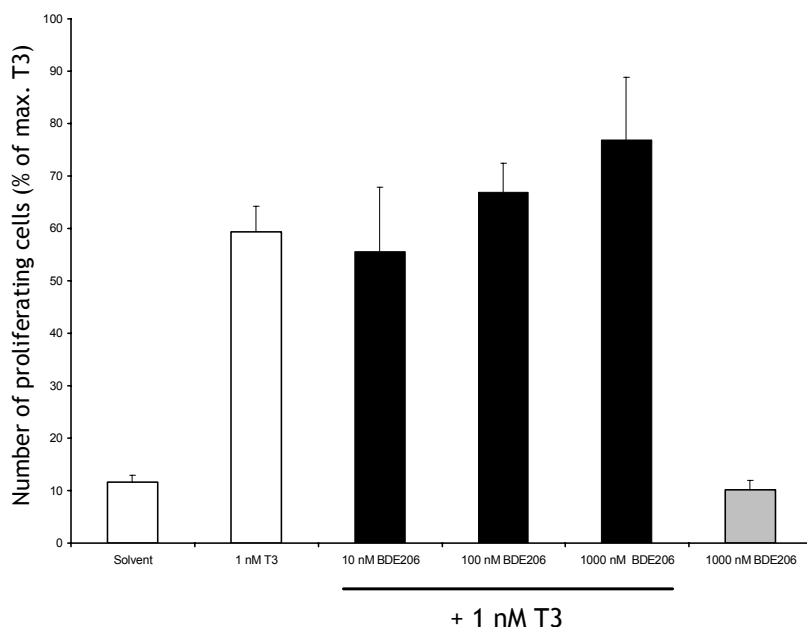


Figure 4. Effect of nona brominated diphenylether (BDE206) in combination with 1 nM T₃ on the number of proliferating cells in the brain of one-week old *Xenopus laevis* tadpoles. Proliferating cells were visualized after 6 days by whole-body immunofluorescence with an antibody against the phospho-histone H3 mitosis marker and counted in at least 6 different animals. Bars represent % of counted proliferating cells \pm SEM relative to max. T₃ induction.

Effect of BDE206 on T₃-induced cell proliferation in the rostral head region.

BDE206 did not reveal an effect on T₃-induced cell proliferation in the brain, possibly due to the limited capacity of this lipophilic compound to pass the blood-brain barrier to a significant extent within 6 days. Therefore, the effect of BDE206 on T₃-induced cell proliferation in the rostral head region was quantified as well. Figure 5 shows the result obtained and reveals that BDE206 was able to reduce the number of proliferating cells induced by 1 nM T₃ in a dose-dependent fashion. Only the reduction of 20.3 % by 1000 nM BDE206 was statistically significant ($p < 0.05$) from the 1 nM T₃ control.

BDE206 exposure alone (1000 nM) did not significantly alter cell proliferation in the rostral head region of tadpoles.

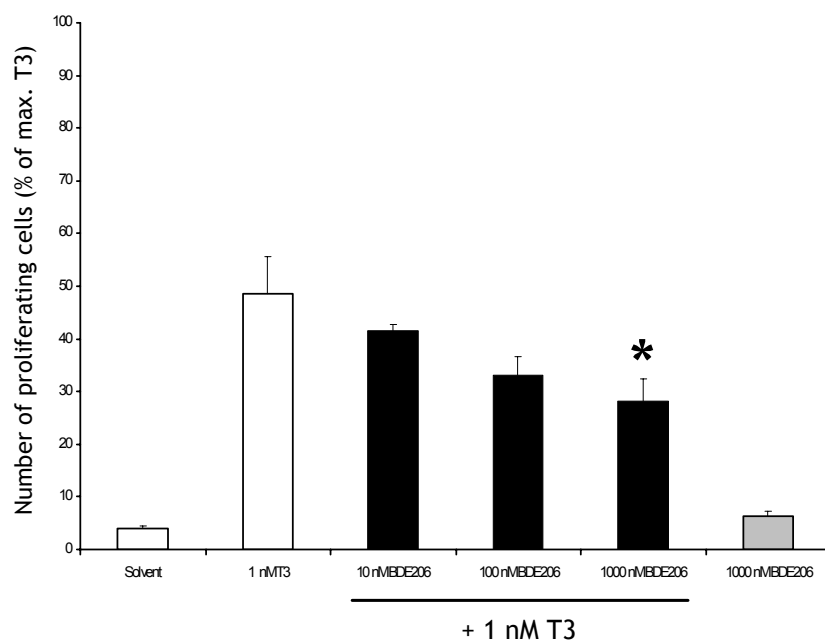


Figure 5. Effect of nona brominated diphenylether (BDE206) in combination with 1 nM T₃ on the number of proliferating cells in the rostral head region of one-week old *Xenopus laevis* tadpoles. Proliferating cells were visualized after 6 days by whole-body immunofluorescence with an antibody against the phospho-histone H3 mitosis marker and counted in at least 6 different animals. Bars represent % of counted proliferating cells \pm SEM relative to max. T₃ induction. *Significant different from the 1 nM T₃ control group ($p < 0.05$).

Comparison of the in vivo bioassay results with those obtained previously for the in vitro cell based T-screen assay.

To validate the *in vivo* bioassay, the immunocytochemistry results were compared to those previously obtained *in vitro* using the T-screen. This comparison reveals a high correlation ($R^2 = 0.97$) between the effects of T₃ on cell proliferation in the tadpole brain and cell proliferation in the T-screen (Figure 6). The correlation between T₃-induced cell proliferation in the rostral head region of tadpoles and the T-screen is much lower ($R^2 = 0.47$; Figure not shown). These results illustrate that the *in vitro* T-screen has a high predictive value for the brain response in the *in vivo* proliferation assay.

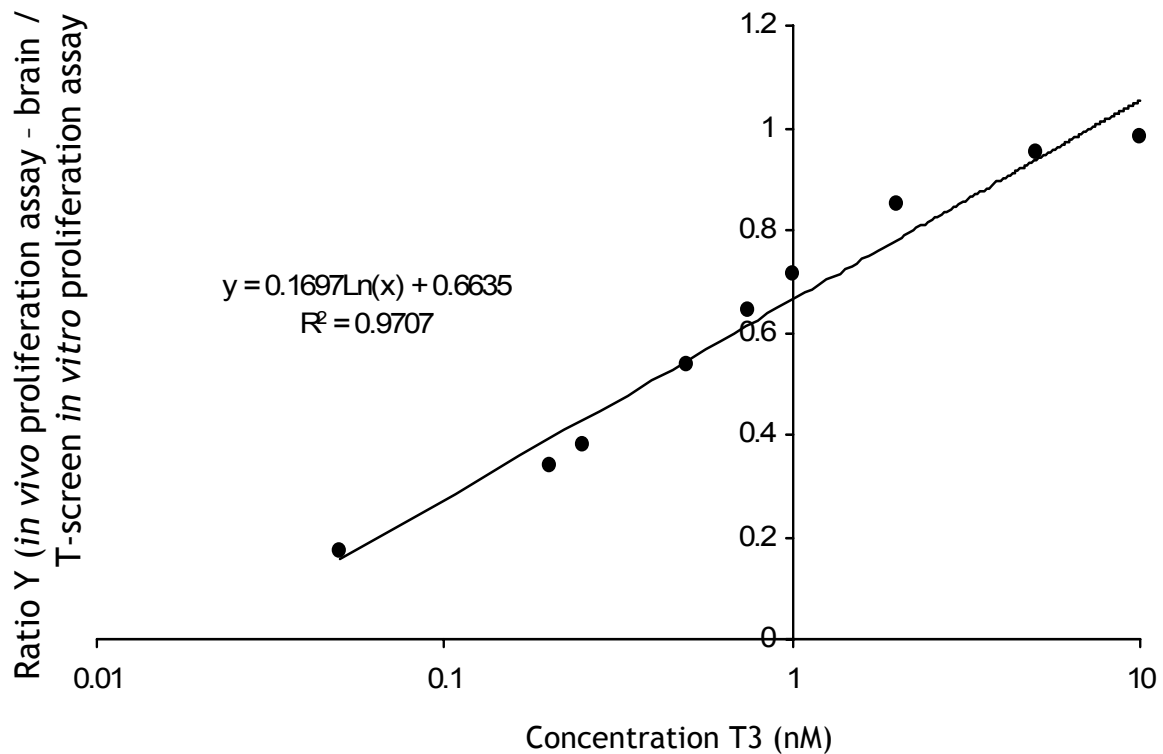


Figure 6. Correlation between the *in vivo* proliferation assay (brain) and the *in vitro* T-screen (Schriks et al., 2006). Data of T₃ dose-response curves (range 0-10 nM T₃) was fitted according to the general sigmoidal curve with hill slope model ($y = a-d / (1+x/c)^b + d$) (Life Science Workbench (LSW) Data Analysis Toolbox Version 1.11; MDL Information systems, San Leandro, CA, USA), resulting in the following parameters for each bioassay; T-screen, a=0, b=0.93, c=0.21, d=100; *in vivo* proliferation assay, a=0, b=1.20, c=0.77, d=100. After calculating the ratio y (*in vivo* proliferation assay) : y (T-screen) a regression equation of $y = 0,017 \text{ Log}_{10}(x) + 0,0664$ with $R^2 = 0.97$ was obtained.

Figure 7 compares the results obtained in the *in vivo* bioassay and the T-screen for the disrupting effects of the two model compounds HBCD and BDE206. For comparison the effect recently observed for these two model compounds in the *ex vivo* tail resorption test (Schriks et al., 2006) are also included in this figure. We can conclude that the *in vivo* bioassay of the present study is able to detect both the potentiating effect of HBCD as well as the antagonistic effect of BDE206. However, the absence of any effect of BDE206 in brain tissue points at a limited capacity of BDE206 to pass the blood-brain barrier and requires further optimization of target tissue specific exposure time in the *in vivo* bioassay.

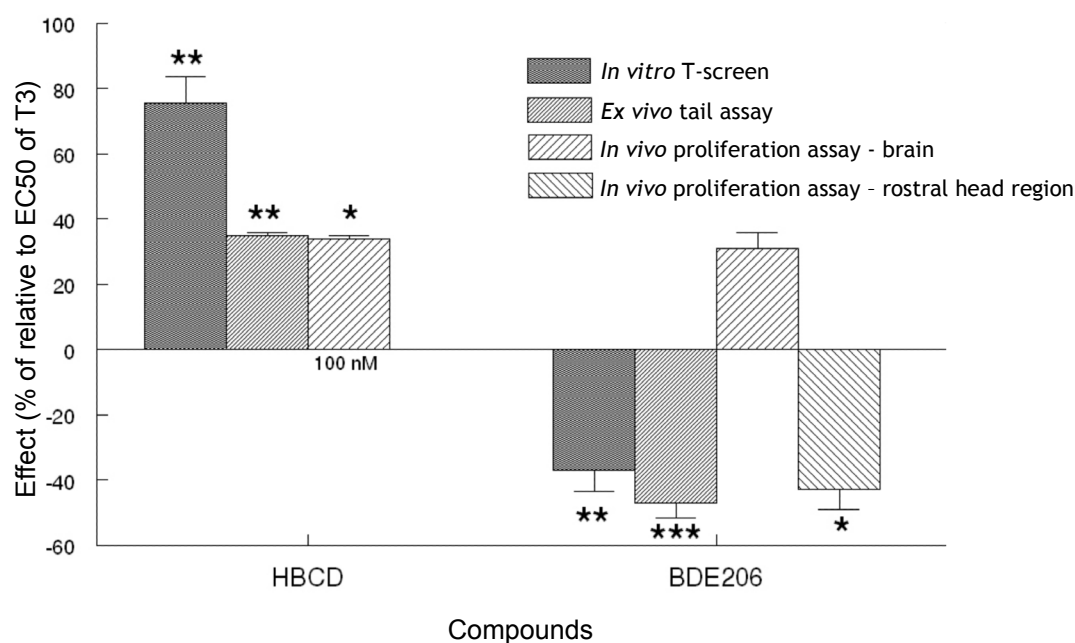


Figure 7. Effects of 1000 nM HBCD (8 days) and BDE206 (6 days) in combination with the EC₅₀ of T₃ in various bioassays. HBCD in the *in vivo* proliferation assay (brain) has been depicted at 100 nM, since effects of this compound were maximal at that concentration. *Significant different from the EC₅₀ of T₃ ($p < 0.05$); ** $p < 0.01$; *** $p < 0.001$.

Discussion

The aim of the present study was to validate the use of an *in vivo* bioassay for testing thyroid hormone endocrine disrupting effects, based on T₃-induced cell proliferation in *Xenopus laevis* tadpoles. To this end, the effects on T₃-induced cell proliferation in two target tissues and the effects of two model compounds were characterized. The results were compared to those previously obtained with an *in vitro* proliferation assay termed the T-screen (Schriks et al., 2006). For the *in vivo* bioassay one-week old *Xenopus laevis* tadpoles were exposed to 3,3',5-triiodo-L-thyronine (T₃) in combination with hexabromocyclododecane (HBCD) or nona brominated diphenylether (BDE206) and cell proliferation in brain and the rostral head region was visualized by immunocytochemistry and quantified by image analysis. A T₃-dose-dependent increase in cell proliferation in tadpole brain and the rostral head region was observed. The concentration dependent response in brain is not as steep and therefore more suitable for further *in vivo* testing of

compounds that may modulate T₃ dependent cellular events. The T₃-induced brain proliferation *in vivo* also correlated better ($r^2=0.97$) with the T₃ mediated effect on cell proliferation in the *in vitro* T-screen. After establishing reference values for T₃ response in brain and the rostral head region, the effects of HBCD and BDE206 were examined. HBCD at 100 and 1000 nM potentiates the T₃-induced cell proliferation in brain, an effect similar to what was previously observed in the *in vitro* T-screen. The effective concentration HBCD relative to T₃, was only a 100-fold higher than T₃ (100 nM to 1 nM) compared to 400-fold in the T-screen (100 nM to 0.25 nM) (Schriks et al., 2006).

BDE206 appeared to be inactive in the brain region whereas it was a potent T₃ antagonist in the T-screen. To investigate this apparent discrepancy in more detail, the effect of BDE206 on T₃-induced cell proliferation was also quantified in the rostral head region. This analysis revealed that in this tissue BDE206 indeed acts as an antagonist in that area of the tadpole. The antagonistic effects in the rostral head region were of the same order of magnitude as earlier observed in the T-screen (Schriks et al., 2006). The rostral head region may be exposed more easily to the lipophilic compounds resulting in higher tissue levels. Therefore, BDE206 may have a limited capacity to pass the blood-brain barrier and indicates the need for further optimization of target tissue specific exposure time in the *in vivo* assay. The latter because sufficient long exposure of accessible tissues such as the rostral head region to agonistic, potentiating or synergistic compounds including HBCD, may lead to a decrease in cell proliferation due to differentiation/apoptosis as seen at high T₃-concentrations (Figure 2). Therefore assay of the rostral head response may provide a preferable test tissue for highly lipophilic compounds that have difficulties in passing the blood-brain barrier. Further optimization of the possibly compound-specific tissue and exposure time could be of interest but was beyond the scope of the present study. Another reason to further study and optimize tissue specific responses is that molecular mechanisms through which selective effects are obtained may be revealed. Finally, to avoid misinterpretation

of the results due to temporary and spatial responses of the various tissues to T_3 , it is important to repeat the experiments with the same exposure period.

Differential responses likely involve the expression of the specific thyroid hormone receptor (TR) isoforms $TR\alpha$ and $TR\beta$ in different tissues. According to Kawahara and co-workers (1991) the highest concentration of $TR\alpha$ is seen in tadpole brain, whereas $TR\beta$ is highly expressed in the head including the rostral head region. Although it has been reported that $TR\beta$ mRNA is very low in one-week old tadpoles (Yaoita and Brown, 1990), $TR\beta$ activation may become important for cell proliferation after several days of exogenous T_3 administration. Furthermore, cell-specific expression of nuclear receptor associated coactivator and corepressor proteins may also alter the responses to exogenous ligands and has been well-documented in other systems (Smith and O'Malley, 2004).

Interestingly, neither HBCD or BDE206 were able to affect cell proliferation *in vivo* in the absence of T_3 . However, exposure to HBCD and BDE206 in the presence of T_3 more accurately reflects the real life situation. For tadpoles during natural metamorphosis and for humans, peak T_3 concentrations of respectively 18 nM and 26.4 nM have been reported (Henneman, 1986; Krain and Denver, 2004). Thus, in the presence of physiological concentrations T_3 , these compounds may elicit their toxic action. HBCD has been detected at peak concentrations of 54.6 pM in serum of Dutch mothers (Weis et al., 2004) and (structurally unidentified) nona BDEs have been found in serum of Swedish computer technicians in levels up to 7 pM (Jacobsson et al., 2002). Since amphibian postembryonic development is reminiscent of human fetal and perinatal development, maternal transfer of toxic compounds leading to exposure and accumulation by the human fetus (Hites et al., 2003) may compromise normal development.

In conclusion, the *in vivo* proliferation assay in one-week old *Xenopus laevis* tadpoles provides a tissue specific *in vivo* bioassay with a high correlation to the responses in the *in vitro* T-screen. The exact mechanism of tissue specific effects remains to be elucidated, but must be taken into consideration in determining whether a chemical may act as an endocrine disrupting compound.

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6

Real-time automated measurement of *Xenopus laevis* tadpole behavior and behavioral responses following triphenyltin exposure using the Multispecies Freshwater Biomonitor (MFB)

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Abstract

The present study examines whether behavior of *Xenopus laevis* tadpoles, when measured with the Multispecies Freshwater Biomonitor (MFB), can be a sensitive and practical parameter for quantification of behavioral effects induced by toxic compounds. The MFB system is capable of automated simultaneous recording and integration of different types of movement over time. Basic tadpole behavior was studied under standard ambient temperature and colder conditions. At lower temperatures the time spent on low frequency behavior such as swimming and ventilation decreased, while higher frequency movements associated with subtle tail tip oscillations increased. Changes in behavior were also studied during the process of metamorphosis when both the morphology and physiology of tadpoles change. In the course of metamorphosis the tadpoles decreased the time spent on swimming and increased tail tip oscillations, especially in the period shortly before and during metamorphic climax. Additional experiments were performed to investigate whether the MFB could be used to quantify behavioral effects of exposure to a toxic compound. A 48 h exposure to a sub-lethal concentration of $1.25 \mu\text{g.L}^{-1}$ triphenyltin (TPT) significantly increased low frequency behavior, whereas $5 \mu\text{g.L}^{-1}$ TPT significantly reduced this type of behavior while the number of periods of total inactivity increased. One week after transferring the animals to clean water, registered behavior of tadpoles in the highest TPT group ($5 \mu\text{g.L}^{-1}$) was normal again for this developmental stage. The results show that the MFB can be used as a new tool for automated registration of sublethal toxic effects on tadpole behavior including recovery.

Introduction

Behavior of an organism can be considered as the integrated result of a diversity of biochemical and physiological processes (Walker et al., 2001). Although difficult to quantify, a single behavioral parameter can be more comprehensive than for example individual biochemical parameters. Many environmental pollutants affect various endocrine functions such as thyroid- and sex hormones and it is to be expected that they adversely affect related behavioral parameters. For example, experimentally altering thyroid hormone levels of juvenile mummichogs (*Fundulus heteroclitus*) by dosing water with triiodo-L-thyronine (T₃; active form of thyroid hormone) or PTU (6-n-propyl-2-thiouracil, a thyroid hormone antagonist) altered both spontaneous activity and prey capture rates (Carletta et al., 2000). Pollution-induced behavioral changes at environmental relevant concentrations have been found in a wide variety of vertebrate species (Relyea and Mills, 2001; Fraker and Smith, 2004). Such behavioral effects become ecologically relevant when they impair survival by reducing anti-predator responses (e.g. in fish and amphibians); (Madison et al., 1999; Belden et al., 2000; Chivers et al., 2001), growth (Wise et al., 1995), and reproduction (e.g. via impaired parental care) (Fry and Toone, 1981). At least one study has shown a direct correlation between reduced activity and predator-induced mortality for several species of tadpoles (Lawler, 1989). Although tadpoles have been proposed before to be good bioindicators of environmental pollution (Venturino et al., 2003), only 2.7 % of the literature in the last 25 years covers aspects of ecotoxicology concerning amphibians (Bridges, 2002). Basic knowledge on tadpole behavior and the influence of toxic compounds on tadpole behavior is even scarcer. To overcome the main difficulty associated with behavioral testing, namely acquisition of an objective, quantitative and a preferably non-laborious dataset, the last decades several automated procedures have been developed (Steele et al., 1985; Beitinger, 1990; Kotrschal and Essler 1995). One practical computer based automated approach employs the Multispecies Freshwater Biomonitor (MFB; Limco International, Ibbenbüren, Germany) (Gerhardt et al.,

1994; Gerhardt 1998a; Gerhardt 1998b; Gerhardt and Schmidt 2002). This technique is based on the detection of impedance changes across a test chamber due to movements of an organism in an alternating electrical field. It allows simultaneous recording of different types of movement of the organism in the test chamber. The MFB has been applied to several kinds of freshwater organisms, mainly to test behavioral effects of exposure to effluents of pharmaceutical and municipal wastewater on aquatic invertebrates and fish (Gerhardt, 2002). The objective of the present study was to study whether the MFB would be applicable to record and analyze tadpole behavioral responses to sub-lethal toxic exposures in an automated quantitative way. To establish the variety of natural occurring behavioral patterns of *Xenopus laevis* tadpoles and their characteristics when measured with the MFB, firstly basic behavior was studied both at room temperature (20 °C) and at a lower temperature (10 °C). Secondly, behavioral changes accompanying tadpole metamorphosis were studied because anurans undergo major morphological and physiological changes during the transition from tadpole to a juvenile frog (Shi, 2000). After establishing reference MFB values for basic tadpole behavior in this way, a behavioral experiment with a sub-lethal exposure to triphenyltin (TPT) was carried out. This compound has previously been shown to induce behavioral changes in tadpoles, and visual observations are therefore available (Semlitsch et al., 1995). TPT is one of the most commercially important organotin compounds in The Netherlands, and its major use is in fungicides to protect agricultural crops such as potatoes (Bock, 1981). TPT has been found in Zebra mussels (*Dreissena polymorpha*) collected from different parts of The Netherlands at concentrations ranging from 0.02 to 3.2 $\mu\text{g}\cdot\text{g}^{-1}$ (dry wt.) (Staeb et al., 1995). Furthermore TPT has been detected in Dutch surface water and in precipitation at levels up to 0.7 and 76 $\text{ng}\cdot\text{L}^{-1}$ respectively (Duyzer and Vonk, 2003). Finally, high TPT-levels have been reported ($\sim 3 \mu\text{g}\cdot\text{L}^{-1}$) in water samples that were collected from a national park in the USA (Jones-Lepp et al., 2004).

Animals, materials and methods

Animals

Fertilized *Xenopus laevis* eggs were obtained from the Netherlands Institute for Developmental Biology (NIOB, Utrecht, The Netherlands). Embryos were raised in aerated tap water (further referred to as water) according to the standard conditions of the American Society for testing and materials (American Society for Testing and Materials, 1991). Briefly, in order to facilitate embryo development and increase hatching success, jelly coating of the eggs was removed by 2 min. incubation in L-cysteine (2 % in water, pH 8.1). Eggs were washed in water, after which unfertilized eggs were separated from fertilized eggs. Eggs were then maintained in water under a 12:12-h light:dark photoperiod. Animals were fed daily with approximately 30 mg food/tadpole/day as a suspension in water. The food consists of 500 g nettle powder (Jacob Hooy, Limmen, The Netherlands), 5 g BBL[®] yeast extract (Becton Dickinson Microbiology Systems, Cockeysville, USA), 5 g BBL[®] agar and 5 g coffee creamer (EDAH, Helmond, The Netherlands). When the larvae reached a size of 1-2 cm they were moved to a larger aquarium (20 L) and maintained at an approximate density of 50 animals per 10 L water (room temperature). Water was continuously aerated with an air-pump and 50 % refreshed every other day, but not during the weekends. All larvae were staged according to Nieuwkoop and Faber (Nieuwkoop and Faber, 1975) (further abbreviated as NF) before use in the experiments.

Multispecies Freshwater Biomonitor

The principle of the MFB is described elsewhere (Gerhardt, 2002; Gerhardt and Schmidt 2002; Gerhardt et al., 2002; Bisthoven et al., 2004). It is capable of simultaneously recording movements at different frequencies associated with different types of behavior (20 recordings/sec, recording time 255 sec). Briefly, tadpoles were placed in a water-filled cylindrical test chamber made of plexiglass ($\varnothing = 5.3$ cm, height = 14.5 cm) between four stainless steel electrodes at the opposite chamber walls. One pair of electrodes produces an alternating current of

50 kHz over the chamber, whereas a second pair of non-current carrying electrodes measures impedance changes across the test chamber due to the animals' movements in the electric field. In order to prevent the tadpoles from escaping, both ends of the chambers were closed with nylon netting (mesh = 3 mm) covered screw rings. The chambers were submerged in an aquarium filled with tap water, so that the animals could swim freely in the chambers. During behavioral experiments the water was not aerated, in order to avoid interference of the MFB signal by air bubble generated vibrations. The photoperiod during all experiments was kept at a 12:12-h light:dark cycle. The raw data include intensity of movements expressed in volt (V) (further referred to as signal amplitude). Data analysis is based on a stepwise discrete Fast Fourier Transformation (FFT), thus generating a signal frequency histogram of the occurrence of frequencies between 0.5 and 8.5 Hz (in steps of 0.5 Hz) (Gerhardt, 1998b). The signals generated by the impedance generator were processed by a Microsoft Windows NT based PC using software supplied by the manufacturer (MFB, Version 2.1e; Limco International, Ibbenbüren, Germany). Background noise signals were measured in a chamber without a tadpole.

*Establishing basic *Xenopus laevis* tadpole behavior*

Four tadpoles (stage NF 53-54) per temperature were individually transferred to test chambers and placed in aquaria containing 4 L water of either 20 °C or 10 °C. Animals were allowed to acclimatize for 30 minutes, after which continuous MFB recording commenced in measuring periods of 255 seconds for the following hour. The experiment was carried out twice, and the data pooled. Typical behavior of *Xenopus laevis* tadpoles was visually monitored and afterwards compared with the frequency distribution histogram generated by the MFB. Special attention was paid to the three types of behavior that were distinguished by Gerhardt and co-workers (Gerhardt 2002) with Japanese Medaka (*Oryzias latipes*): swimming behavior, subtle fin and operculum movements (ventilation). In order to establish reference behavior of *Xenopus laevis* tadpoles during

metamorphosis, behavior of the tadpoles was recorded daily during 1.5 h in intervals of 255 seconds at room temperature (20 ± 2 °C) until completion of metamorphosis (25 days; stage NF 66). After each daily recording period, the animals were released from the test chambers, and fed with nettle powder as described earlier. By placing the test chambers vertically and leaving a bit of air in the top of the test chamber, the animals were able to breathe upon their metamorphosis from gill to lung breathers (Figure 1).

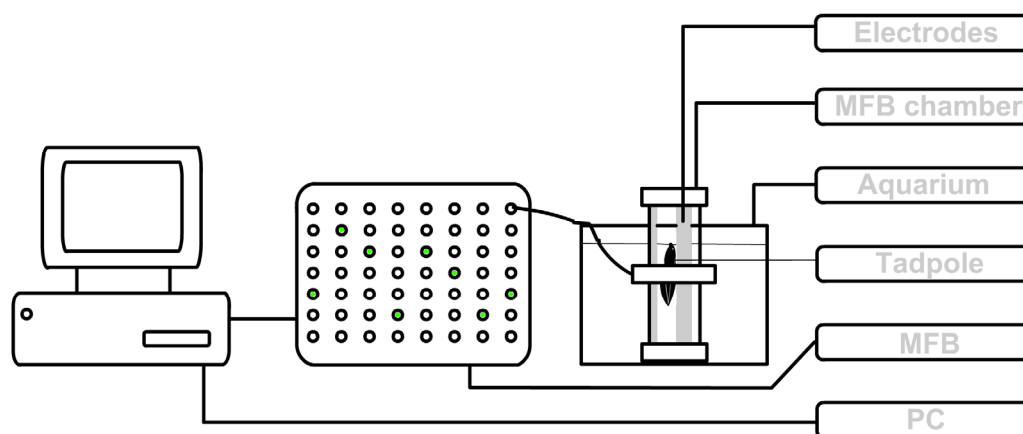


Figure 1. Illustration of the MFB test setup.

Behavioral responses after short-term exposure to triphenyltin (TPT)

The experiment was carried out as described (Semlitsch et al., 1995) with some modifications. Briefly, *Xenopus laevis* tadpoles (stage NF 50-51) were exposed for 48 h in a static design to $1.25 \mu\text{g.L}^{-1}$, $2.5 \mu\text{g.L}^{-1}$ or $5 \mu\text{g.L}^{-1}$ triphenyltin chloride (TPT-cl; purity > 98 %; Riedel-de Haen, Seelze, Germany) in aerated tap water. Actual TPT exposure concentrations were not measured during this study, since TPT levels have been reported to be relatively stable during a 48 h period. For example, TPT concentrations in a static design with fish were reported to decrease only after a 96 h (Tas et al., 1990). More recently, Fioramonti and co-workers showed stable TPT concentrations over a 72 h period without significant differences between nominal and measured TPT concentrations (Fioramonti et al., 1997). The $1.25 \mu\text{g.L}^{-1}$ and $2.5 \mu\text{g.L}^{-1}$ TPT concentrations are in the same range as concentrations found in the environment as reported (Jones-Lepp et al., 2005). The

5 $\mu\text{g}\cdot\text{L}^{-1}$ TPT was chosen because of reported behavioral effects on tadpoles but still is in the sub-lethal range. Two controls were included, namely water without or with the solvent control acetone (< 0.01 % v/v) (PA quality; Merck, Darmstadt, Germany). A short-term pilot exposure of *Xenopus laevis* tadpoles to TPT, revealed that exposure during 48 h to concentrations up to and including 5 $\mu\text{g}\cdot\text{L}^{-1}$ TPT are sub-lethal. A stock solution of 100 $\text{mg}\cdot\text{L}^{-1}$ TPT in acetone, kept at $-18\text{ }^{\circ}\text{C}$ to prevent degradation, was used throughout the experiment. On the day of exposure, 60 *Xenopus laevis* tadpoles were random distributed over five 2.5 L glass aquaria (12 per treatment), each containing 1 L of one of the five exposure concentrations and exposed for 48 h. During this period the animals were not fed, and water was not aerated to prevent loss of TPT as described (Tas et al., 1996). The pH was measured during the experiment and adapted with either 0.1 M NaOH or 0.1 M HCl to pH 7.4 when necessary. After the exposure period, tadpoles were placed in aquaria with 2.4 L fresh water and fed with nettle powder as described above. Tadpoles were held 24 h before behavioral testing commenced. At the start of each recording session, four tadpoles from each treatment group were randomly selected and individually assigned to twenty MFB test chambers (vertically submerged in water). After 30 minutes of acclimatization, behavior was recorded in three consecutive recording sessions during 1.5 h in measuring periods of 255 seconds, thus recording all 60 tadpoles. Thereafter the animals were transferred to clean aquaria with clean water (2.4 L), and fed with nettle powder. In order to investigate tadpole recovery from the TPT exposure, the behavior of four animals from each exposure group was measured again after keeping them one week in clean water.

Data analysis

Data were Fast Fourier Transformed (FFT) as described before (Gerhardt 1998b), which generated a histogram of signal frequencies occurring during the whole recording time of 255 seconds. Normality was tested with the Kolmogorov-Smirnov test and if transformation to a normal distribution failed, significance

between groups was tested with the nonparametric Mann-Whitney test for independent samples. After transferring MFB data to MS-Excel (Microsoft, Redmond, WA, USA) relative occurrence of frequencies were plotted against corresponding frequency bands. Differences between groups were analyzed with the Student's *t*-test or the Mann-Whitney test as a nonparametric alternative ($p \leq 0.05$ was considered as statistically significant). In some cases only the occurrence of activity in the 0.5 Hz band was plotted against time, since this frequency is representative for swimming behavior together with ventilation. Data of the TPT experiment were expressed relative to data of the water- and solvent control which were pooled.

Results

Basic behavior

Firstly the basic behavior of *Xenopus laevis* tadpoles under normal conditions at 20 °C was studied visually in combination with the MFB-signal. The characteristic plane of orientation of *Xenopus laevis* tadpoles in rest is head down at about 45°. The tadpoles do not use their entire tail for this behavior but only use the flagellum at the tip of their tail, which they rapidly oscillate while holding position (McDiarmid and Altig, 1999). *Xenopus laevis* tadpoles in stage NF 53-54 showed three types of characteristic behavior namely ventilation consisting of opening and closing of mouth/operculum, tail tip oscillation and swimming. Swimming resulted in an irregular, hetero-frequent, behavioral pattern (0.5-2.5 Hz, >1.3 V) with typically a high occurrence of low frequencies but not of high frequencies (Figure 2/top), whereas tail tip oscillation and ventilation generated a much more homo-frequent pattern with respectively a peak in the higher frequencies range (4-6.5 Hz, >1.3 V) (Figure 2/middle) and high occurrence of the low frequency band (0.5-2.5 Hz, <1.3 V) (Figure 2/bottom).

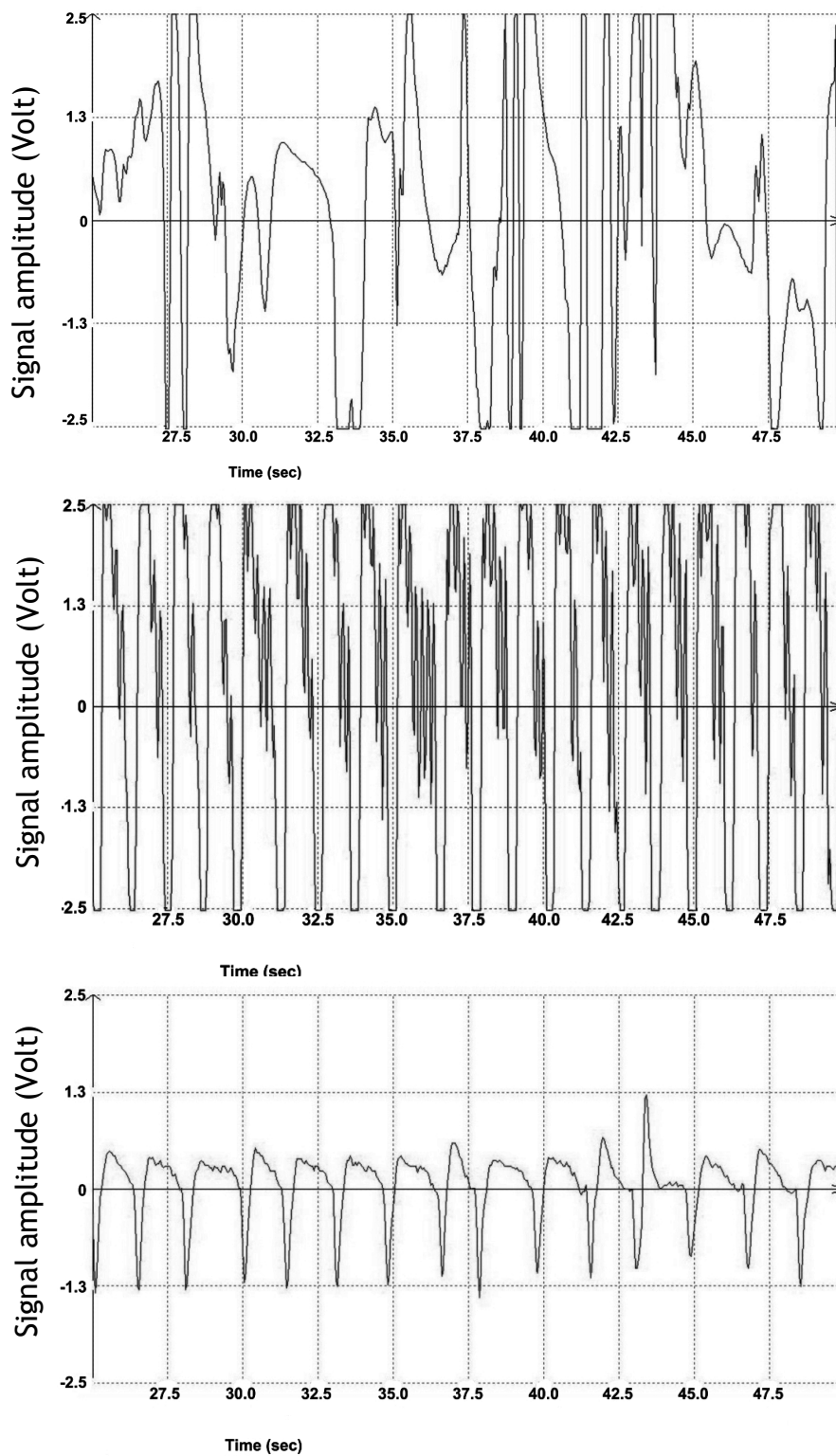


Figure 2. Characteristic behavioral pattern (raw data) in the Multispecies Freshwater Biomonitor (MFB) of *Xenopus laevis* tadpoles in Nieuwkoop and Faber (NF) stage 53-54 while (top) swimming; (middle) tail tip oscillation; and (bottom) ventilating. The voltage is a measure of the intensity of the movements, further referred to as signal amplitude. The figure illustrates 25 representative seconds of the total 255 second measuring interval.

Figure 3 shows the specific frequency distribution histograms of three types of behavior: swimming, ventilation and tail tip oscillation. There is a strong frequency overlap in the 0.5 Hz - 2.5 Hz region between swimming- and ventilation behavior. We therefore refer further to these types of behavior as low frequency behavior when there is no parallel visual observation. Tail tip oscillation, however, does not overlap with swimming or ventilation behavior.

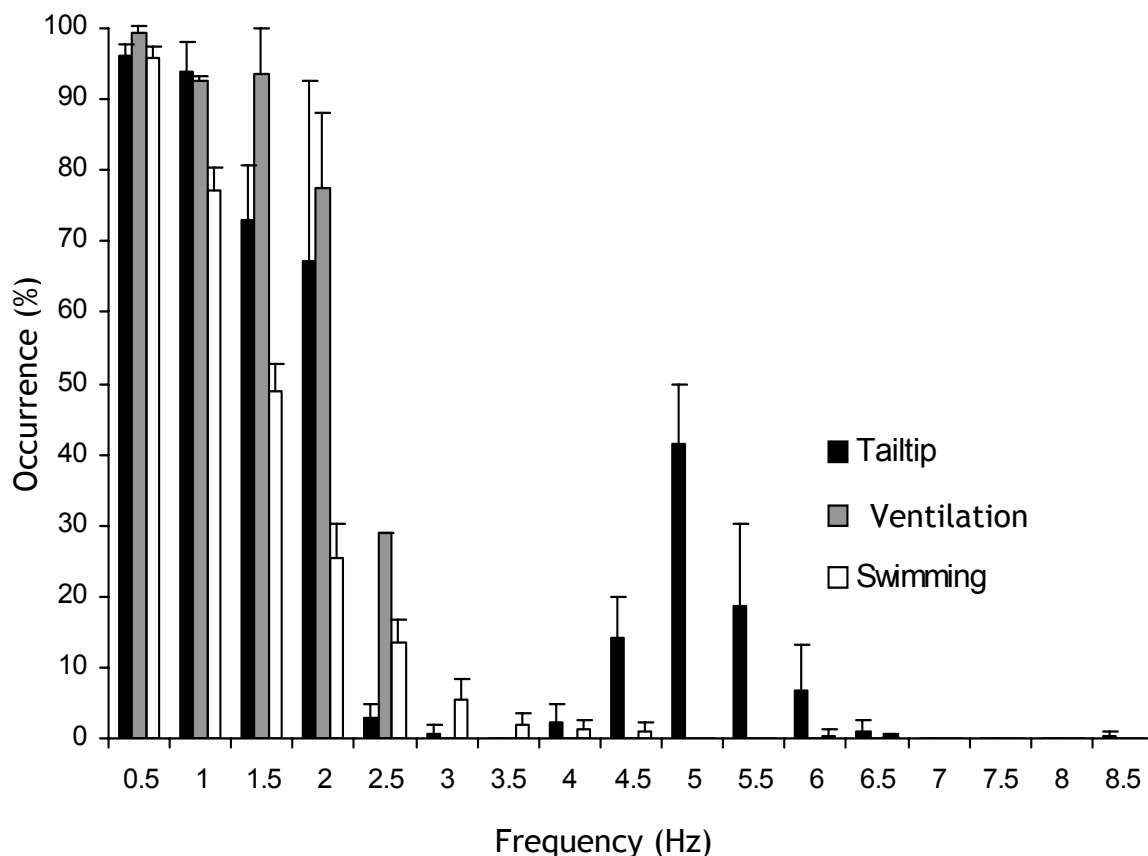


Figure 3. Frequency distribution histogram after fast Fourier transformation of behavioral signal amplitudes for the three specifically distinguished behaviours: swimming, ventilation and tail tip oscillation. Relative occurrence (as % of time moving in this frequency) of the frequencies 0.5 to 8.5 Hz is summarized in intervals of 0.5 Hz. Data are derived from eight acclimatised *Xenopus laevis* tadpoles in stage NF 53-54 at 20°C measured during 1 hour in intervals of 250 seconds.

Therefore especially at lower temperatures (10 °C), when the time spent on swimming-associated lower frequencies decreased, an increase up to 30 % of tail tip oscillations associated higher frequencies (5-5.5 Hz) occurred (Figure 4).

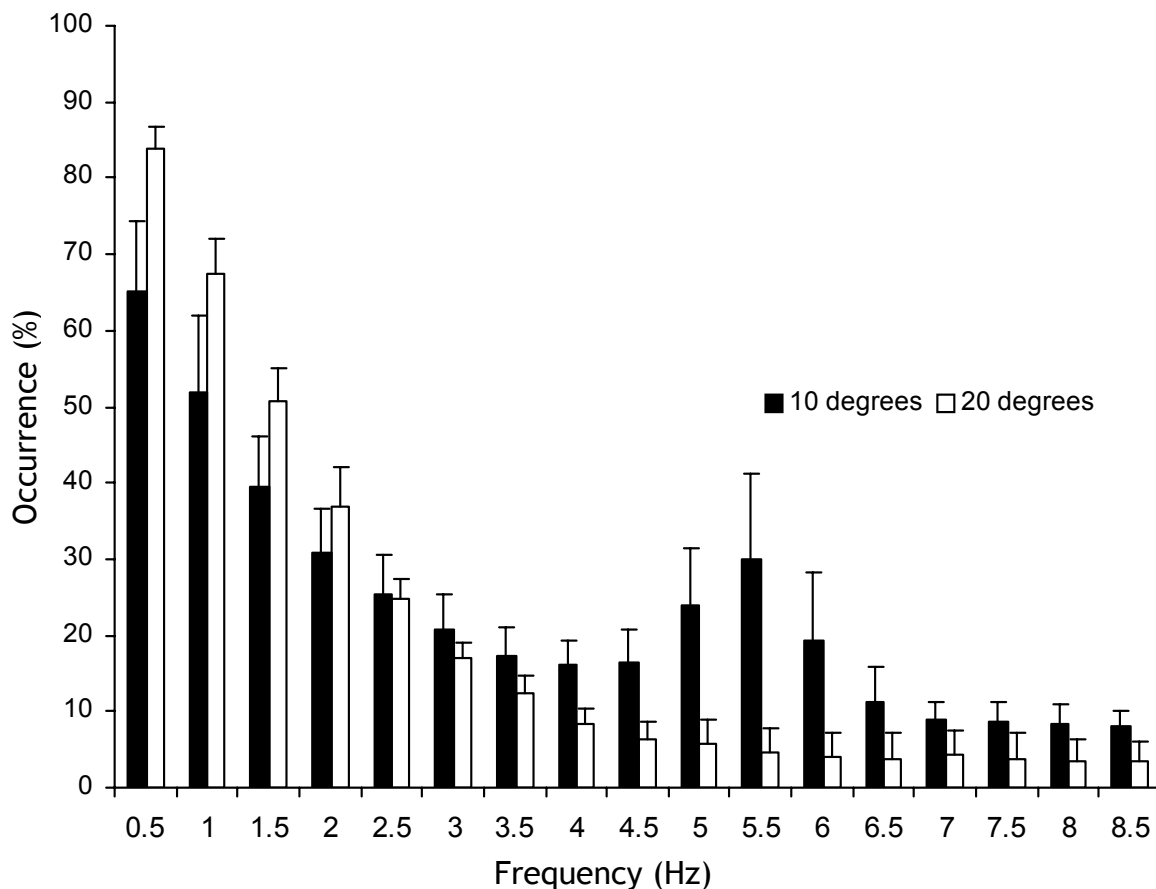


Figure 4. Frequency distribution histogram after fast Fourier transformation of the behavioral signal amplitudes of eight *Xenopus laevis* tadpoles in stage NF 53-54 at 10°C and 20°C. Tadpoles were acclimatised for 30 minutes to 10°C or 20°C and frequency distributions were measured during 1 hour in intervals of 255 seconds. Relative occurrence of the frequencies 0.5 to 8.5 Hz are summarized in intervals of 0.5 Hz as mean \pm SD.

Metamorphosis

The behavioral pattern of *Xenopus laevis* tadpoles in the course of metamorphosis shows a slight increase of low frequency behavior (0.5 Hz, referring to swimming- and ventilation behavior) to 65 % until day 10 (stage NF 59) (Figure 5). Thereafter the time spent on low frequency behavior decreased steeply and remained below 19 % until the end of metamorphosis (except for day 12). No differences in specific high frequency tail tip oscillations were observed during this period.

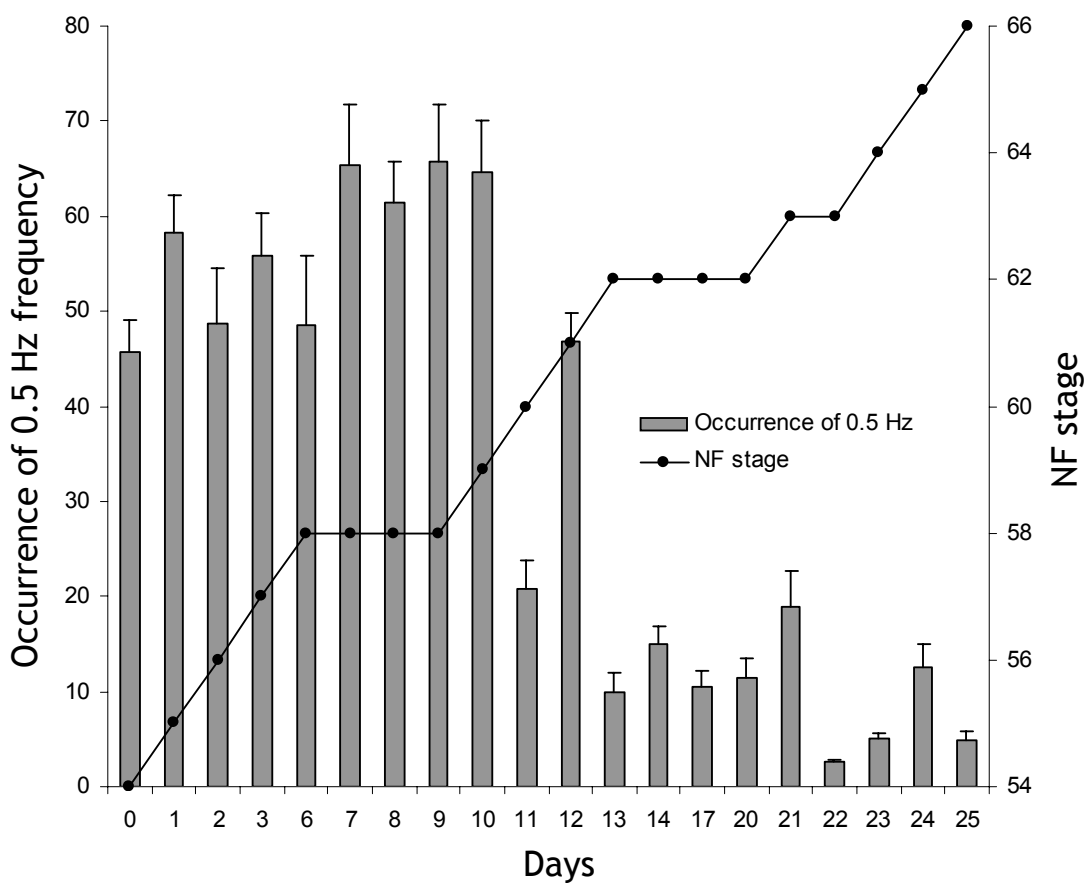


Figure 5. Frequency distribution histogram of low frequency behavior (swimming/ventilation) (as defined by the 0.5 Hz frequency) after fast Fourier transformation of behavioural signal amplitudes of one representative *Xenopus laevis* tadpole in the course of metamorphosis. Behavior was recorded daily in intervals of 255 seconds at room temperature (20 ± 2 °C). Relative occurrence of the 0.5 Hz frequency is calculated as mean \pm standard error of mean (SEM), and developmental stages in the course of metamorphosis are derived from a representative tadpole.

Exposure to triphenyltin

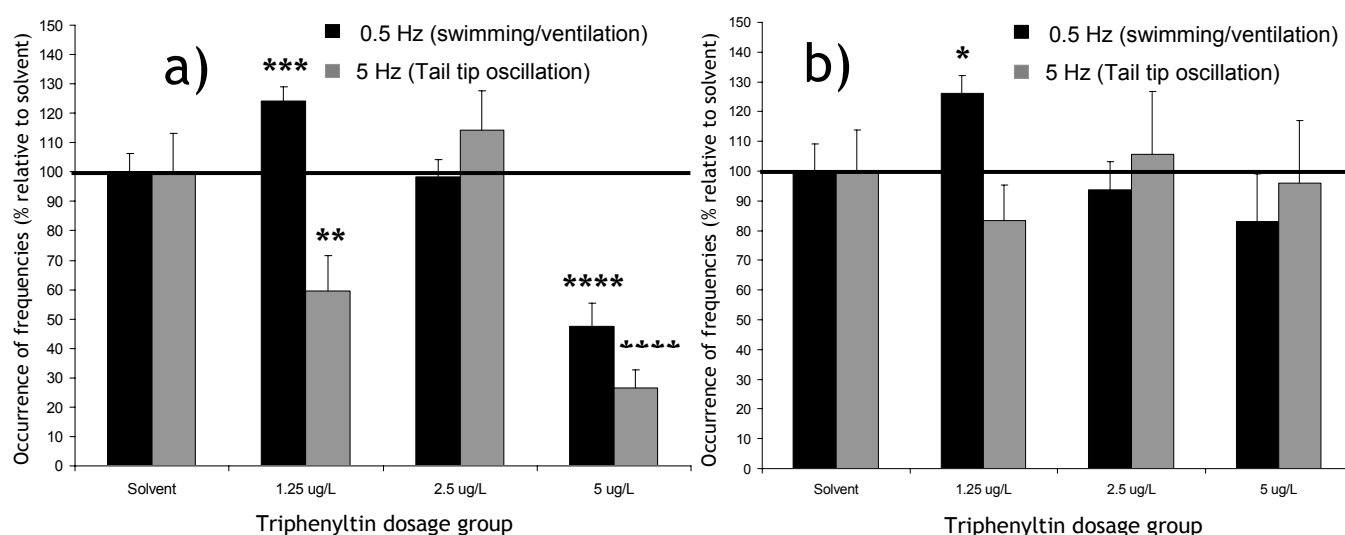
After exposure to the highest TPT concentration ($5 \mu\text{g.L}^{-1}$), low (0.5 Hz) and high (5 Hz) frequency behavior of the tadpoles decreased significantly to less than 50 % of the acetone control ($p < 0.001$) (Figure 6a). No significant differences were observed between tadpoles in the acetone solvent control and the water control, and therefore these data were pooled. In the lowest TPT dosage-group ($1.25 \mu\text{g.L}^{-1}$) the animals spend significantly (~ 24 %, $p \leq 0.005$) more time on low frequency behavior compared to the acetone control and significantly less (~ 60 %, $p < 0.01$) time on tail tip oscillation (see Table 1 for original data).

Table 1. Original data of relative occurrences (%) of different frequencies (0.5 Hz for swimming/ventilation and 5 Hz for tail tip oscillations) after 24 h

Group	n	Relative occurrence (%) \pm SEM of frequencies after exposure		n	Relative occurrence (%) \pm SEM of frequencies after recovery	
		0.5 Hz	5 Hz		0.5 Hz	5 Hz
Solvent	24	48 \pm 3	9 \pm 1	8	54 \pm 5	5 \pm 0.6
1.25 $\mu\text{g.L}^{-1}$	12	60 \pm 3	5 \pm 1	4	68 \pm 4	4 \pm 0.5
2.5 $\mu\text{g.L}^{-1}$	12	48 \pm 3	10 \pm 1	4	51 \pm 5	5 \pm 1
5 $\mu\text{g.L}^{-1}$	12	23 \pm 3	2 \pm 0.5	2	45 \pm 7	4 \pm 0.9

exposure to triphenyltin, and after one week recovery in clean water.

Tadpoles exposed to 2.5 $\mu\text{g.L}^{-1}$ TPT did not differ in behavior from animals in the acetone control. After allowing the tadpoles to recover in clean water for 1 week, behavior of tadpoles in all exposure groups, but low frequency behavior of tadpoles in the 1.25 $\mu\text{g.L}^{-1}$ TPT exposure group, was restored to the level in the solvent control (Figure 6b). Interestingly, tadpoles in the highest exposure group (5 $\mu\text{g.L}^{-1}$) were more often completely inactive during measuring periods (255 seconds) than lower exposed animals (Figure 6c). This effect though, was not statistically significant due to the high standard deviation for this parameter. This trend is still apparent after maintaining animals one week on clean water. No mortality of tadpoles was observed during the exposure period, but 2 animals exposed to the highest TPT concentration (5 $\mu\text{g.L}^{-1}$) died during the recovery period in clean water.

**Figure 6.** (see legend next page)

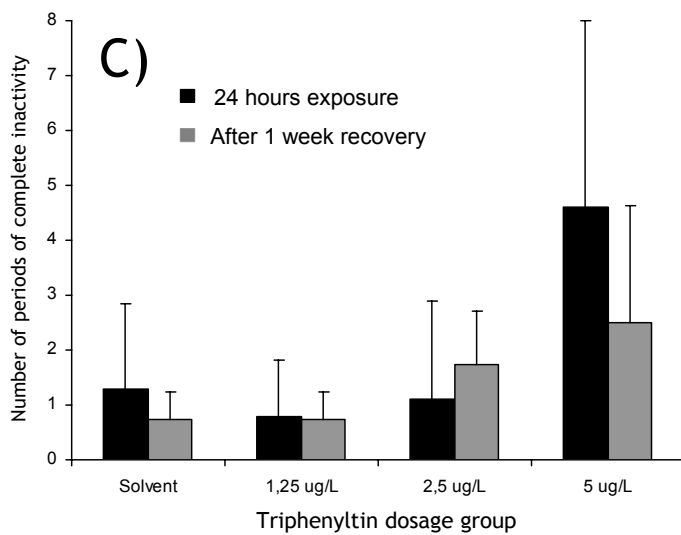


Figure 6. Frequency distribution histogram indicative of occurrence of tail tip oscillation (5 Hz) and swimming plus ventilation (0.5 Hz) per dosage group after a) 24 hours exposure of tadpoles (stage NF 50-51) to triphenyltin ($n = 48$) or solvent ($n = 12$) and b) after recovery for one week on clean water. Occurrence is presented as percentage relative to the acetone solvent control group. Error bars represent SEM. * Significantly different from solvent control ($p < 0.05$); ** $p < 0.01$; *** $p \leq 0.005$; **** $p < 0.001$. Figure c represents the number of times that tadpoles were completely inactive during 9 measuring periods of 255 seconds each.

Discussion

The present study aims at establishing basic behavioral patterns of *Xenopus laevis* tadpoles for toxicological studies with the Multispecies Freshwater Biomonitor (MFB) able of recording tadpole behavior in an automated and quantitative way. Up to now this technique has been mainly used to measure behavior of invertebrates and fish (Gerhardt et al., 1994). The basic behavior of *Xenopus laevis* tadpoles under normal conditions shows characteristic swimming movements with the tail at relatively low frequencies (0.5-2.5 Hz) with high signal amplitudes (> 1.3 V). To date the only literature available concerning MFB measurements and amphibian species (*Rana temporaria*) report on similar observations, with the exception that *R. temporaria* tadpoles take short resting brakes (Gerhardt et al., 1994). The frequency distribution histogram of *Xenopus laevis* tadpoles is comparable to that of Japanese medaka (*Oryzias latipes*) as reported in a study of

Gerhardt (Gerhardt, 2002). In both species swimming behavior results in a higher contribution of lower frequencies (0.5-2.5 Hz).

Ventilation of *Xenopus laevis* tadpoles was visible as a regular pattern with a frequency of 0.5-2.5 Hz, slightly lower than observed in *R. temporaria* (Gerhardt et al., 1994). Since ventilation and swimming behavior occur in the same frequency area, these types of behavior can only be separately distinguished if MFB measurements are carried out together with visual observations. This, however, is not the purpose of an automated system. Changes in behavior of the *Xenopus laevis* tadpoles were observed with the MFB when the animals were cooled to 10 °C. As expected a decrease in swimming and ventilation associated low frequency behavior occurred, accompanied by an increase in high frequency behavior at 5.5 Hz (associated with tail tip oscillation). Development in *Xenopus laevis* tadpole basic behavior was registered with the MFB starting with animals in developmental stage NF 54 until completion of metamorphosis (stage NF 66). The basic behavior of the animals was fairly constant until stage NF 58, just before the peak of metamorphic changes. From stage NF 59 on low frequency behavior associated with swimming is seriously reduced (Figure 5). Comparable behavioral changes during metamorphosis have been shown before with manual observations (Hourdrey et al., 1996). Our observations are in accordance with findings that the swimming performance of tadpoles is poor during the peak of metamorphic transition (Wassersug and Sperry, 1977), making them more vulnerable for predation (Arnold and Wassersug, 1978). Because of the observed shift in basic behavior in the course of metamorphosis it is advised to use *Xenopus laevis* tadpoles in developmental stages NF 54-58 for behavioral toxicological experiments. Moreover, this study shows that behavioral patterns of these animals in premetamorphic stages are relatively constant. As a proof of principle an earlier toxicological relevant behavioral experiment with triphenyltin exposed tadpoles (Semlitsch et al., 1995) was now performed with the MFB. Exposure of *Xenopus laevis* tadpoles to the highest concentration TPT (5 µg.L⁻¹) reduced both low (0.5 Hz) and high (5 Hz) frequency behavior, which is associated with

swimming/ventilation and tail tip oscillation respectively (Figure 6a). In the same group the average periods of total inactivity increased 3.5-fold relative to solvent control (Figure 6c) which can be considered as abnormal behavior for tadpoles. Although this dose-related effect was not statistically significant, it suggests that the condition of the animals is seriously affected. In the field this could negatively influence tadpole survival when predator avoidance and foraging behavior are affected. Our results are in agreement with earlier work carried out by Semlitsch and co-workers (Semlitsch et al., 1995), who observed a decrease in swimming behavior of *Rana esculenta* tadpoles exposed during 24 hrs to concentrations up to 20 $\mu\text{g.L}^{-1}$ TPT. This concentration, however, appeared to be lethal for *Xenopus laevis* tadpoles because in a pilot experiment we found that a TPT concentration of 10 $\mu\text{g.L}^{-1}$ caused 100 % mortality within 24 h. It is not yet known whether the lower TPT tolerance observed in *Xenopus laevis* tadpoles is due to species or life-stage differences or to differences in test conditions influencing e.g. the bioavailability of TPT. Differences in sensitivity for environmental pollutants, such as sodium nitrate, between various species of tadpoles have been reported before (Schuytema and Nebeker, 1999). Interestingly, an increase in swimming / ventilation behavior was observed in the lowest TPT group (1.25 $\mu\text{g.L}^{-1}$), with a corresponding decrease of behavior associated with tail tip oscillations, but not with a decrease in periods of inactivity. An increase in (feeding) behavior was observed by Semlitsch and co-workers (Semlitsch et al., 1995), and they explained this as a possible result of hormesis. However, the difference between the lethal (> 5 $\mu\text{g.L}^{-1}$) and swimming stimulating concentration in our experiment is only 4-fold, which is very small for a hormesis effect. An alternative hypothesis is that increased low frequency behavior in the lower concentration may be explained by an avoidance response to organotin exposure which has earlier been described for different species, such as fish (Pinkney et al., 1985). After keeping the animals on clean water for one week, the activity of the tadpoles in the highest TPT group (5 $\mu\text{g.L}^{-1}$) appear normal again although this data was based on a low number of animals. Interestingly, an increased activity level (0.5 Hz) in the lowest TPT group

(1.25 $\mu\text{g.L}^{-1}$) was maintained, but tail tip oscillations (5 Hz) restored to the level of animals in the solvent control. It remains to be investigated which mechanism underlies the observed behavioral effects, and cannot be completely explained at the moment. At least partially due to high variation in manually registered swimming behavior, Semlitsch and co-workers were not able to reveal significant effects between tadpoles exposed to 5 $\mu\text{g.L}^{-1}$ TPT and the vehicle control. In the present study however, significant effects were obtained for these concentrations with a much less laborious method, which is not subject to inter-observer variance.

Conclusion

The present study successfully applies the Multispecies Freshwater Biomonitor (MFB) to study behavioral changes of *Xenopus laevis* tadpoles. Changes in behavior were recorded in an automated way during development, under different ambient conditions and after acute exposure to sublethal concentrations of triphenyltin (TPT). The effects in the highest concentration of 5 $\mu\text{g.L}^{-1}$ TPT resulted in significantly reduced swimming behavior and tail tip oscillation while the number of periods of total inactivity increased. In the lowest concentration (1.25 $\mu\text{g.L}^{-1}$ TPT) swimming activity significantly increased. After a full week on clean water the behavior of the animals formerly exposed to the highest concentration appeared back to control values again. Overall, the results show that the MFB can be used as a new tool for automated registration of sublethal toxic effects on tadpole behavior.

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7

Summary and general discussion

The last years, both scientific and public concern about the possible threat of compounds in the environment that may affect endocrine functions has increased. Thus far, the majority of endocrine disruptor research has focused on the interference of compounds with the sex hormone homeostasis. Less attention has been paid to disruption of the hypothalamus-pituitary-thyroid (HPT) axis, despite the fact that several lines of evidence suggest that this system is also susceptible to disruption by compounds present in the environment (Brouwer et al., 1998). Disturbances in thyroid hormone (TH) homeostasis may lead to mosaic effects on development, growth patterns and metabolism in vertebrates including mammals and amphibians (chapter 1.4). Recent studies now indicate that the Thyroid hormone Receptors (TRs) also are targets of industrial compounds (Zoeller et al., 2005), but the effects and mechanisms are difficult to establish since suitable test assays are very limited. In part, this may be because research has generally focused on the ability of compounds to affect TH transport, TH metabolism and TH blood plasma levels but not on disruption of TR mediated TH-action.

The research presented in this thesis aims to enhance insight into the mechanisms underlying the effects of endocrine disrupting compounds on TR-mediated TH-action. To this end, newly developed and validated *in vitro* and *in vivo* assays are applied in addition to an *ex vivo* assay using isolated tail tissue. This *ex vivo* model more resembles the natural situation for cells than *in vitro* assays, but excludes the feedback mechanisms from the TH axis or extracellular metabolism which may obscure TR-mediated responses. In the assays exposure is performed in combination with TH in order to closer approach the exposure of cells under physiological conditions, where TH is present during important vertebrate fetal developmental periods. The *in vitro*, *ex vivo* and *in vivo* assay responses also are compared to study to what degree the *in vitro* and *ex vivo* assays can predict the *in vivo* thyroid hormone disrupting potency of compounds.

7.1 Summary of results

Several *in vitro*, *ex vivo* and *in vivo* assays have been applied within the scope of this thesis, the results of which are described in the section below.

In vitro assays

The T-screen employs a rat pituitary (GH₃) cell line, the cell proliferation of which is dependent on the presence of the active thyroid hormone 3,3',5-triiodo-L-thyronine (T₃) and mediated by the thyroid hormone receptors (TRs) (chapter 2). Agonistic, antagonistic and potentiating compounds, including brominated diphenylethers (BDEs) and other halogenated compounds, were studied with or without co-incubation with T₃ at its EC₅₀ (0.25 nM) (chapter 2). A specifically synthesized agonist, the T₃-like hydroxylated BDE (further referred to as T₃-like BDE-OH) was roughly 1000 times less potent than T₃, whereas the T₄-like BDE-OH was roughly 5500 times less potent. The T₂-like BDE-OH did not induce TR-mediated responses in the T-screen. The model T₃ antagonist amiodarone antagonized T₃-action with an IC₅₀ of 2.1 μM. Of the brominated flame retardants (BFRs), BDE206 acted as a potent antagonist with an IC₅₀ of 449 nM. The model T₃ potentiator diiodobiphenyl (DIB) potentiated T₃-action with 15 % (at 10 μM) relative to T₃ at its EC₅₀ (Schriks, unpublished results). Another compound that was found to be a potentiator was hexabromocyclododecane (HBCD), which stimulated T₃-induced cell proliferation up to 176 % (at 1 μM) relative to the T₃ at its EC₅₀, but was inactive when dosed without T₃ (chapter 2). Such potentiation was later also found for BDE28 which stimulated the T₃ response at its EC₅₀ up to 66 % (at 1 μM) but did not act as a TR agonist itself (Hamers et al., 2006).

Since TRs occur in different isoforms (α and β) and play important roles in the tissue specific effects of T₃, the TR isoform selectivity of compounds with an effect in the T-screen was further investigated (chapter 3). Since T₃ is present under physiological conditions during important fetal vertebrate developmental stages *in vivo*, the selected compounds were tested in combination with T₃ at its EC₅₀. For this purpose the green monkey kidney fibroblast (CV-1) cell line was transiently

transfected with either *Xenopus* TR α or TR β and a luciferase reporter gene as previously described for testing of pharmaceutical compounds (Furlow et al., 2004). The T₃-like BDE-OH, which was an agonist in the T-screen, stimulated T₃-induced TR α activation, but not T₃-induced TR β activation. The antagonist BDE206 did antagonize both T₃-induced TR α and TR β activation. DIB and BDE28, shown to potentiate T₃-action in the T-screen (Schriks et al., 2006 (chapter 2); Hamers et al., 2006), acted via TR α and TR β , respectively. A concentration of 100 nM BDE28 almost tripled T₃-induced TR β activation. Interestingly, the potentiating effect of HBCD which occurred in the T-screen (chapter 2) was not observed in the CV-1 cells. This suggests that the potentiation of T₃-action observed for HBCD in chapter 2, 4 and 5, occurs via different mechanisms than for DIB and BDE28 which more closely resemble the molecular structure of T₃.

Ex vivo assay

A method to demonstrate the effects of compounds on TR-mediated T₃-action in a cell system closer to the *in vivo* situation, but without physiological hormonal feed-back mechanisms was based on TH-mediated amphibian metamorphosis (Weber et al., 1967; Furlow et al., 2004) (chapter 4). Isolated tadpole tail tips exposed to T₃ in organ culture (*ex vivo*) undergo specific regression in a dose-dependent fashion. BDE206 significantly antagonized T₃-induced tail tip regression at a concentration of 100 nM or higher. HBCD potentiated T₃-induced tail tip regression at 1000 nM or higher, but did not have any effect when dosed alone. The results obtained with the tail tip exposures are in accordance with T-screen effects as quantified in chapter 2, and occurred at compound concentrations that were only 5 – 50 times those of T₃.

In vivo assays

To examine whether HBCD and BDE206 elicit their effects on T₃-action *in vivo*, an *in vivo* proliferation bioassay was applied using one-week old *Xenopus laevis* tadpoles (Schreiber et al., 2001) (chapter 5). T₃-induced cell proliferation in

tadpole tissues was quantified with a fluorescent antibody against the phosphohistone H3 mitosis marker and image analysis. Cell proliferation in brain and the rostral head region responded to T_3 in a dose-dependent fashion (EC_{50} brain = 0.77 nM; EC_{50} rostral head region = 0.57 nM), with the concentration dependent profile in brain being less steep and therefore chosen for further *in vivo* testing of compounds. HBCD potentiated T_3 -induced cell proliferation in the brain, whereas BDE206 appeared to be inactive. To investigate this discrepancy, the effect of BDE206 was also quantified in the rostral head region which revealed that BDE206 acts as an antagonist in this tissue (chapter 5). This tissue-specific difference could be related to differential tissue expression of TR isoforms, or due to toxicokinetic differences of the structurally very different BDE206 and HBCD. Finally, the effect of the T_3 -antagonist triphenyltin (TPT) (Gutleb et al., 2005) was studied on a functional endpoint, namely behavioral changes of *Xenopus laevis* tadpoles (chapter 6). To this end, the Multispecies Freshwater Biomonitor (MFB) was adapted for quantifying basic tadpole behavior. Firstly, behavior was quantified at two different temperatures (10 °C and 20 °C) and secondly throughout the course of metamorphosis. The MFB proved to be capable of automated simultaneous recording and integration of different types of movements over time. For further validation of the method a 48 h exposure of tadpoles to sublethal concentrations of TPT was performed followed by a recovery period. Significantly increased low frequency behavior was observed with 1.25 $\mu\text{g.L}^{-1}$ TPT, whereas 5 $\mu\text{g.L}^{-1}$ TPT significantly reduced this type of behavior and increased the number of periods of total inactivity. One week after transferring the animals to clean water, registered behavior of tadpoles in the highest TPT group (5 $\mu\text{g.L}^{-1}$) was normal again for this developmental stage. The results reveal that the MFB can be used as a new tool for automated registration of sublethal toxic effects on tadpole behavior, including recovery.

In general, it can be concluded that the assays applied in this thesis specifically respond to the action of T_3 . In the next paragraph the responses of the assays to the action of T_3 are described in relation to their specific characteristics.

7.2 Relative responses of assays to T₃

The T-screen (chapter 2), TR α / β specific reporter gene assays (chapter 3), *ex vivo* tail tip assay (chapter 4) and *in vivo* proliferation assay (chapter 5), demonstrate a dose-response related effect following exposure to T₃ (Figure 1).

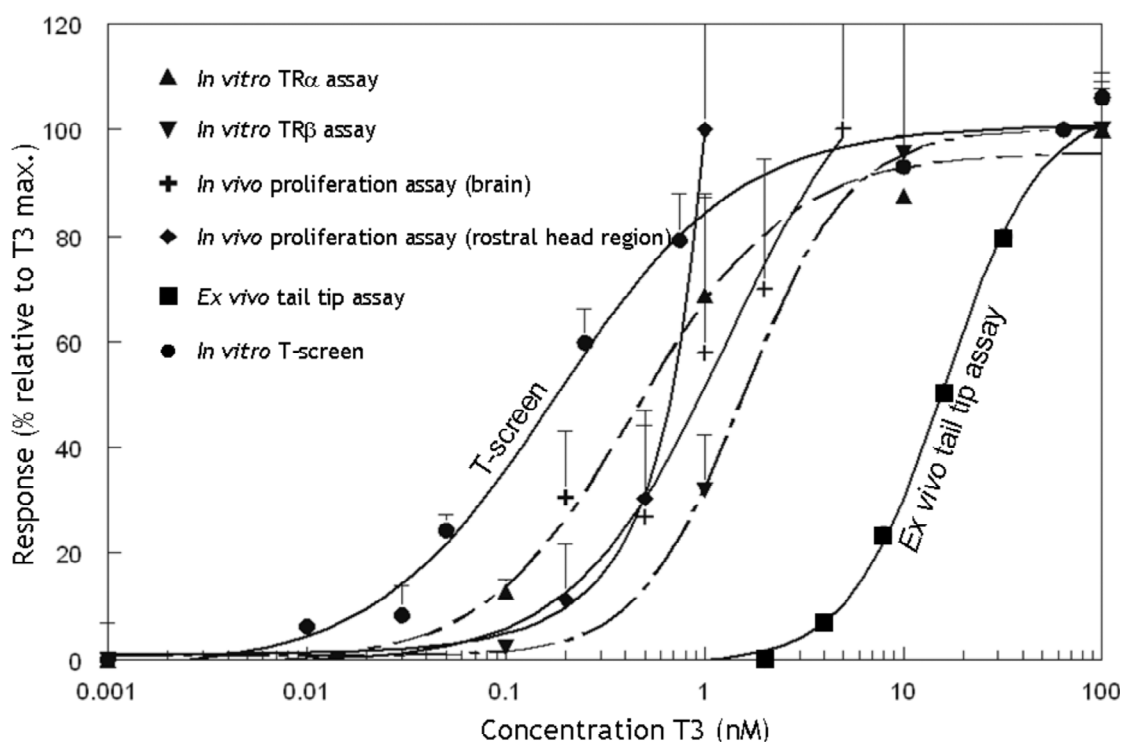


Figure 1. Dose response curves for different bioassays used in this thesis. Symbols represent: ● *In vitro* T-screen (chapter 2); ▲ *In vitro* TR α reporter gene assay (chapter 3); ▼ *in vitro* TR β reporter gene assay (chapter 3); + *In vivo* proliferation assay (brain) (chapter 5); ◆ *In vivo* proliferation assay (rostral head region) (chapter 5); ■ *Ex vivo* tail assay (chapter 4) (dose-response curve derived from data as presented earlier; Furlow et al., 2004). Responses have been calculated relative to the maximum T₃-response which was set at 100 %.

The sensitivity to T₃ varies with the bioassay used. In the *ex vivo* tail tip assay, the EC₅₀ of T₃ was 10-80 times higher than in the other bioassays (table 1). There may be several reasons for this difference in sensitivity. In the *ex vivo* tail tip assay, actual target cell exposure will likely be much lower than in the other assays, due to the more complex structure of multi-layered tadpole tail tissue and the absence of a blood circulation to actively transport the compounds to the target cells. The most sensitive bioassay was the T-screen, with an EC₅₀ for T₃ that was 2-7 times

lower than the EC_{50} obtained in the $TR\alpha/\beta$ specific reporter gene assays. This higher sensitivity could be due to the longer exposure time in the T-screen which is 96 h compared to 48 h in the $TR\alpha/\beta$ specific reporter gene assays. Interestingly, the *in vivo* cell proliferation assay is only slightly less sensitive to T_3 than the *in vitro* T-screen. This may partially be due to effective uptake and distribution of T_3 by the small one-week old tadpoles and the high sensitivity of tadpole tissue to T_3 -action. The brain of tadpoles, however, was slightly less sensitive to T_3 than the rostral head region. This may be best explained by a limited capacity for T_3 to efficiently pass the blood brain barrier.

Table 1. Relative sensitivities of the assays to T_3 exposure via the assay medium.

Assay	Exposure period (d)	EC_{50} (T_3) nM
<i>In vitro</i> T-screen	3	0.21
<i>In vitro</i> $TR\alpha$ reporter gene assay	2	0.46
<i>In vitro</i> $TR\beta$ reporter gene assay	2	1.5
<i>In vivo</i> proliferation assay (brain)	6-8	0.77
<i>In vivo</i> proliferation assay (rostral head region)	6-8	0.55
<i>Ex vivo</i> tail tip assay	6	16

In the next paragraph the activities of the tested compounds in the various assays are discussed in relation to compound-characteristics and expected mechanisms of action (potentiating, agonizing, antagonizing).

7.3 Possible mechanisms for thyroid hormone disruption based on the results of this thesis

The results described in this thesis show that three types of disruption of TH-mediated action, namely agonism, antagonism and potentiation, occur at the level of the cell (*in vitro*; chapter 2, 3), isolated tissue (*ex vivo*; chapter 4) and complete animal (*in vivo*; chapter 5). In addition some specific differences in responses between the assays were revealed, which may help explaining how these compounds elicit their effects on T_3 -action. The signal transduction pathway of T_3

is a complex interplay, as described in chapter 1 in more detail, and in this paragraph possible mechanisms for disruption of this pathway are discussed based on the indications obtained from the various assays described in this thesis.

Agonistic compounds

Only compounds with a T₃-like structure such as the T₃-like BDE-OH and to a lesser degree the T₄-like BDE-OH, were able to induce effects in the T-screen in absence of T₃ (chapter 2). Also, none of the 27 brominated flame retardants tested within the framework of the EU-FIRE project induced a response in the T-screen to a significant degree. This suggests that the structural requirements for a fit into the tight TR-pocket are strictly T₃-like as has been suggested before (Dietrich et al., 1977). Indeed, to date the pharmaceutical industry has had limited success with the design of specific TR α and TR β agonists (Chiellini et al., 1998; Ye et al., 2003; Yoshihara et al., 2003). T₃-like compounds may be formed upon metabolism of halogenated compounds with a biphenyl or diphenylether backbone and this mechanism is an interesting topic for further research on the biosynthesis of T₃ agonists.

Antagonistic compounds

Although compounds have to be T₃-like to a high degree to be able to bind the TR and activate post-receptor gene cascades, a non T₃-like compound such as BDE206 antagonized T₃-action (chapter 2-5). This might imply that such compounds occupy the TR or the Thyroid Responsive Element (TRE) and subsequently inhibit T₃-action, which ultimately leads to gene suppression. It has previously been shown that 4'-hydroxy-2,3,3',4,5-pentachlorobiphenyl (PCB106-OH) disrupts TR β binding to a TRE because the TR-RXR heterodimer complex is partially dissociated from the TRE in the presence of PCB106-OH (Miyazaki et al., 2004), possibly via steric hindrance. An alternative mechanism underlying the antagonistic effects of BDE206 can be sought in binding to an allosteric site on the TR, which is also a site targeted by other endogenous factors such as cofactors

(McKenna and O'Malley, 2002). In a mammalian two-hybrid assay bisphenol-A (BPA) was found to recruit the nuclear co-repressor N-CoR to the TR, thus suppressing its transcriptional activity (Moriyama et al., 2002). Finally, the role of cellular TH membrane transporters needs to be considered (Friesema et al., 2005). Possibly compounds such as BDE206 inhibit cellular T₃-uptake, and such a mechanism remains an interesting topic for further research.

Potentiating compounds

The potentiating effects of compounds observed in this thesis can be divided in two groups: DIB and BDE28 with a biphenyl/diphenylether backbone being active in the *in vitro* TR α /TR β specific assay in CV-1 cells without endogenous TRs (chapter 3), and HBCD with a very different molecular backbone (chapter 3; Figure 1) that only potentiated T₃-action in *in vitro/ex vivo* models with endogenous TRs (chapter 2, 4 and 5). An important difference between the latter *in vitro/ex vivo* models and the *in vitro* TR α / β specific reporter gene assays, is that the CV-1 cells used in this assay do not contain endogenous TRs, and therefore possibly also lack related specific sites that can be targeted by HBCD. This suggests that potentiation of T₃-action observed earlier for HBCD, occurs via a different mechanism than for DIB and BDE28 which more closely resemble the molecular structure of T₃. For example, HBCD may affect cell proliferation of GH₃ cells in the T-screen by influencing cell-specific cell cycle regulators such as cyclin or cyclin-dependent kinase levels and their activity (Barrera-Hernandez et al., 1999). Potentiation of compounds in general could be induced by enhanced recruitment of receptor-coactivators which are important for the activation of the TR-RXR complex. It has been shown before that overexpression of the cofactor steroid receptor coactivator-1 (SRC-1) in MCF-7 breast cancer cells results in an increase in the mitogenic response to estrogen (Tai et al., 2000). Thus, the sensitivity of a cell to a specific level of a hormone may be enhanced by the availability of SRC-1. Enhanced SRC-1 recruitment by compounds, either *in vitro* or *in vivo*, however, has not yet been reported and deserves more investigation.

Another hypothesis is that potentiating compounds enhance the availability of T₃, either by inducing TH membrane transporters or by inducing deiodinase activity, thus activating the transformation of T₄ to T₃.

7.4 Perspectives for the use of the mechanism based *in vitro* and *in vivo* assays in environmental toxicological research

The assays presented in this thesis are very promising complementary *in vitro* and *in vivo* tools to quantify the effects of compounds on T₃-action. The advantages, disadvantages and perspectives of those assays are discussed below.

T-screen

The T-screen is a very rapid and simple functional *in vitro* assay to determine agonistic, antagonistic and potentiating effects of compounds on T₃-action (chapter 2). It is important to test compounds in the absence and presence of T₃ while combination effects frequently occurred. In addition to TR-mediated effects, the T-screen incorporates effects on other cellular pathways that are not yet elucidated but also occur *in vivo*. Until now no false negatives or positives have been found for parent compounds interacting via the TR-mediated T₃-action. The rat pituitary (GH₃) cell line, however, lacks CYP-activity, which may result in false-negative responses for compounds that could be “bioactivated” to active compounds in the *in vivo* situation. In that case an additional biotransformation step is necessary. In addition, a false positive result could be expected for compounds interfering with cell proliferation via other than TH-mediated mechanisms. As the T-screen is a functional assay, the EC₅₀ values obtained with the T-screen are more relevant for the *in vivo* situation than EC₅₀ data obtained with TR binding studies. The assay also has been applied as a tool to detect thyroid hormone disrupting compounds in sediment extracts (Gutleb et al., 2005). Since GH₃ cells express both TR isoforms (Hahn et al., 1999; Ball et al., 1997), it is not possible to predict differential tissue specific effects.

TR α / β specific reporter gene assays

The TR α / β specific reporter gene assays offer the possibility to study the TR-isoform specific effects of compounds. Although in its present form it is less rapid and easy to perform than the T-screen, luciferase production is a specific reflection of the affinity of a compound to interfere with TR-mediated transactivation (chapter 3). Even in the small panel of tested compounds differences were found in effects via the TR α or TR β . This type of information greatly increases insight in the mechanisms underlying tissue-specific effects. In vertebrates, including humans, TR isoforms are differentially expressed in tissues such as the brain and skeletal muscle (Lazar, 1993), and TR α or TR β -specific information allows determination of a potential risk for specific endpoints. Comparable receptor isoform selectivity has been demonstrated for endocrine disrupting compounds differentially activating the estrogen receptor α and β (ter Veld et al., 2006). As the transient transfection of cells is a laborious and expensive procedure, the development of a stable cell line expressing either TR α or TR β is required to make the assay suitable for high throughput analysis. Furthermore, the incorporation of specific CYP-expression vectors will provide useful information about metabolism of compounds to more potent metabolites.

Ex vivo tail tip assay

The *ex vivo* tail tip assay offers great possibilities in studying the interactive effects of compounds on T₃-action in primary tissues that have not been genetically modified or immortalized such as most cancer cell lines (chapter 4). Furthermore, influences such as hormonal feed-back mechanisms, biotransformation and effects via the thyroid gland or other hormones such as corticoids (Hayes, 1997) can be excluded. Since tadpoles are not euthanized as done in previous studies (Tata, 1966; Iwamuro et al., 2003) and regenerate their tail tips, this assay is an improvement in terms of reduction of animal use. More research should be conducted to simplify the method of quantifying compound-induced effects. As of yet, tail tip regression is quantified by measuring tail tip length on a millimetre-

grid. This procedure, however, is very laborious and susceptible to inter-observer variance, the use of enzymatic endpoints, such as caspase-3 activity (Gurtu et al., 1997) or collagenase-3 up/down regulation as a molecular endpoint (Lim et al., 2002) may be very useful.

In vivo proliferation assay

A limitation of all *in vitro* (cellular) and *ex vivo* (organ/tissue culture) systems is that only effects occurring in the absence of other endogenous hormones, growth factors, other cell-cell interactions, etc. can be detected. Therefore the effects after *in vivo* exposure may differ greatly from the results obtained in tissue or cell culture. The *in vivo* proliferation assay using one-week old *Xenopus laevis* tadpoles as performed in this thesis is almost as sensitive to T₃ as the T-screen and allows studying tissue-specific (brain and rostral head region) effects of T₃ and TH-disrupting compounds in a full organism (chapter 5). As one-week old tadpoles lack circulating T₃ but are highly sensitive to the T₃-stimulation, it is important to test compounds in combination with T₃ as well in order to predict the effects at later developmental stages. As T₃ levels rise towards the onset of metamorphosis (Leloup and Buscaglia, 1977) it would be interesting to test effects of TH disrupting compounds via this technique in later developmental stages. Unfortunately the *in vivo* proliferation assay with *Xenopus laevis* tadpoles cannot be performed in later developmental stages due to the reduced permeability of the tadpoles for the anti-phosphohistone H3 antibody and the increased pigmentation of the tadpoles making it impossible to quantify the fluorescence in the intact organism at later developmental stages. A solution could be to use tissue sections of older treated animals or perhaps use unpigmented albino *Xenopus tropicalis*. Also the development of a TR-specific transgenic *in vivo* *Xenopus* model, comparable to e.g. the ER-specific transgenic zebrafish for detecting estrogens (Legler et al., 2000), would be an interesting *in vivo* model for further research.

When applying the *in vivo* proliferation assay it became clear how important it is to optimize the exposure- and concentration-period, as higher or longer exposure reduces proliferation, probably due to cell differentiation or apoptosis. Easy accessible tissues, such as the rostral head region, appeared to reach their maximum proliferation sooner than less accessible tissue such as brain. Also transport of the test compounds to the tissue may differ depending on physico-chemical properties. As of yet, only a small panel of compounds have been tested in two tissues of the young tadpoles. Although more research should be conducted on optimization and validation of this assay, the effects of the tested compounds on T₃-induced cell proliferation in those tissues showed a high correlation with the *in vitro* proliferation assay suggesting that the effects in such young life-stages may be predictable based on the T-screen results.

Multispecies Freshwater Biomonitor (MFB)

The Multispecies Freshwater Biomonitor (MFB) was successfully applied in this thesis (chapter 6) to quantify behavioral responses of amphibian tadpoles exposed to toxic compounds. Behavioral responses usually are very sensitive as they are an integration of effects at several physiological endpoints (Scherer, 1992), and even changes in subtle tadpole movements, such as tadpole tail tip oscillations, could automatically be quantified. Although behavioural responses are still effects at the individual level, it has been shown that these effects can be extrapolated to consequences at a higher level of biological organization, for example reduced predator avoidance (Raimondo et al., 1998; Zhou et al., 1998). In the present thesis the effects of a model compound (triphenyltin) on tadpole behavior was quantified with the MFB. As some thyroid hormone disrupting compounds have been shown to affect tadpole metamorphosis (Gutleb et al., 1999), and tadpole metamorphosis is accompanied by behavioural changes (chapter 6), it would be very interesting to further study the effects of thyroid hormone disrupting compounds on tadpole behaviour during the course of metamorphosis and further validate the sensitivity of this *in vivo* assay.

7.5 Possible significance of the thyroid hormone disrupting effects revealed in this thesis

The research presented in this thesis clearly shows that environmental contaminants can interfere with TR-mediated T_3 -action. A question that remains to be answered is how man and wildlife could be affected by these compounds. In this paragraph both the extrapolation between vertebrate species as well as the consequences of current levels of known TH-disrupting compounds in biota and the environment are briefly discussed.

Extrapolation between vertebrate species

As is depicted in Figure 2, the temporal profiles of plasma TH levels in amphibians and humans during embryonic, fetal and postnatal/post-metamorphic developmental stages are very similar (Leloup and Buscaglia, 1977; Tata, 1999; Shi et al., 2002).

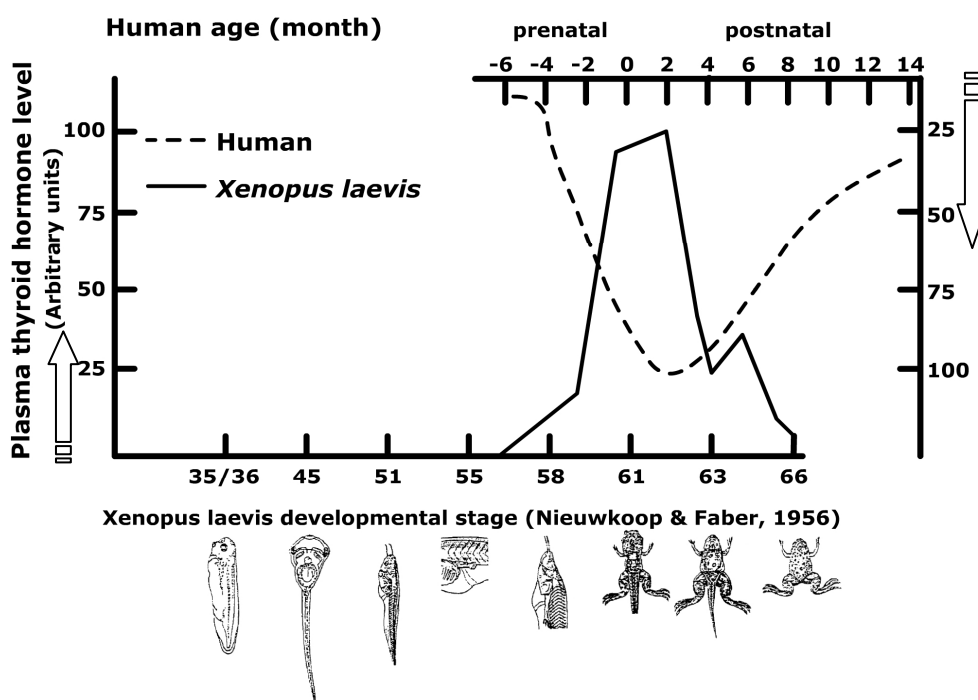


Figure 2. Natural course of T_3 plasma levels during human and *Xenopus laevis* development. The human T_3 -curve is based on Tata (1993) and scaled based on developmental stages compared to those of *Xenopus laevis* which are based on data of Leloup and Buscaglia (1977). Figure reproduced with modifications from Shi et al., 2002.

During the first trimester, in which human tissue formation takes place, the T_3 -levels in the serum are very low, but T_3 levels rise (from 0.125 nM to 1 nM) during maturation of the thyroid gland in the second trimester of development (Porterfield and Hendrich, 1993; Koopman-Esseboom et al., 1994). This implicates that the human fetus in this particular stage of development may be very sensitive to compounds that potentiate or antagonize T_3 -action, just as pre- and pro-metamorphic tadpoles (Leloup and Buscaglia, 1977). As thyroid hormone receptors are highly conserved between various vertebrate species (Yaoita et al., 1990), the assays presented in this thesis are expected to be very relevant for studying possible adverse effects on not only amphibian development, but also on human and other vertebrate early development. The various vertebrate species may even share a comparable tissue distribution of the different TR isoforms, although specific differences will exist, for example because of the occurrence of tail resorption in metamorphosing amphibians.

Possible consequences of exposure to current levels of known TH-disrupting compounds

T_3 -like (and T_4 -like) compounds as agonists

Animals and humans are exposed to mixtures of TH-disrupting compounds such as PBDEs, PCBs and other persistent organic pollutants (POPs) (Ross and Birnbaum, 2003). In addition, depending on the species and type of compound, they may be metabolized into TH-disrupting hydroxy metabolites. Such compounds have been shown to mimic T_4 and bind to TTR in mammalian blood (Meerts et al., 2000), and as a consequence some of these compounds have been found to accumulate selectively in the blood. It was even shown in human plasma that the concentration of 4-hydroxy-2,3,3',4',5-pentachlorobiphenyl (PCB107-OH) was 0.36 $\mu\text{g}\cdot\text{g}^{-1}$ lipid (5.2 nM) which was comparable to that of the parent PCB congeners (Bergman et al., 1994).

The results presented in this thesis show that hydroxylated BDEs, which resemble the structure of hydroxylated PCBs, can mimic or potentiate the action of T_3 in the

nanomolar range (chapter 2). Especially the T₃-like BDE-OH was a potent T₃-agonist with a no observed effect concentration (NOEC) of 50 nM, which is only 10 times higher than the concentration found in human blood for single PCB-OH-metabolites as reported by Bergman and co-workers (1994). As not single compounds, but mixtures of OH-metabolites and parent compounds exist, and TH-disrupting compounds have been shown to affect various mechanisms (chapter 1.4), the margin of safety (MOS) for TH-disruption could be very small or absent. Such data suggest that PCBs, PBDEs, other POPs and their metabolites may be able to exert adverse effects on early thyroid hormone dependent developmental processes such as vertebrate brain development and tissue differentiation.

BDE206 as antagonist

The nonaBDE (BDE206), which was a potent antagonist of T₃-action in the studies presented in this thesis (chapters 2, 3, 4 and 5), has only been recently been synthesized (Christiansson et al., 2006) and detected in biological matrices such as human serum (Thuresson et al., 2006). In addition, there are several lines of evidence that demonstrate the debromination of decaBDE (BDE209) by abiotic environmental factors (Soderstrom et al., 2004), micro-organisms (Gerecke et al., 2005) or aquatic biota (Kierkegaard et al., 1999; La Guardia et al., 2004; Stapleton et al., 2004) to lower brominated BDEs, including BDE206. Furthermore, behavioral effects were observed with 3-day old pups of BDE209 exposed mice (Viberg et al., 2003) which were ascribed to BDE206 and other possible metabolites of BDE209. As the environmental levels of BDE209 are rising (Zegers et al., 2003), and this compound has been detected in breast milk from nursing mothers in Texas (USA) up to a concentration of 8.24 ng.g⁻¹ lipid (146 pM) (Schecter et al., 2003), more studies on the toxicity of major BDE209 metabolites should be initiated. Also, further research is necessary to demonstrate maternal transfer to the fetus of BDE209 and/or its metabolites. It has been shown that BDEs, like PCBs and some other organochlorine compounds, are able to cross the

placenta into the fetal circulation (Hites et al., 2003). Because of the lipophilic characteristics of BDEs, these compounds are deposited in maternal adipose tissue and when body fat is used, redistribution, biotransformation to hydroxylated metabolites and transfer to the fetal compartment may take place.

HBCD, BDE28 and DIB as potentiating compounds

As of yet, it is too early to predict the possible consequences of the observed potentiating effects of HBCD, BDE28 and DIB. Of these compounds HBCD is the most relevant, considering high production volumes (2001: 16700 tonnes) (Law et al., 2005) and increasing concentrations in biota and the environment (Heeb et al., 2005). HBCD significantly potentiated T_3 -action at a concentration of 100 nM in the T-screen (chapter 2), *ex vivo* tail tip assay (chapter 4) and *in vivo* proliferation assay (chapter 5). This experimental level of HBCD is much higher than levels detected in cord blood (representing fetal blood) (<0.6 – 14 pM), Dutch mothers serum (<2 – 84 pM) (Weis et al., 2004) or breast milk from Swedish mothers (14 – 150 pM) (Lopez et al., 2004). It is very relevant to further elucidate the mechanistic action and impact of HBCD, which could have implications for risk assessment of this compound. Since the fetus is especially sensitive to small changes in TH-levels, it is also relevant to investigate if HBCD accumulates in the fetus. Although probably none of the compounds tested for their TR-mediated disruption of T_3 -action are present in the environment at effect levels, they are part of a large mixture of thyroid hormone disrupting compounds (Weis et al., 2004; Lopez et al., 2004) including their OH-metabolites. Furthermore, the effects of thyroid hormone disrupting compounds have been shown to be additive (Crofton et al., 2005), and several sites that control TH-homeostasis may be affected at the same time. Exposure of the vulnerable developing fetus to complex mixtures of compounds may result in significant effects on vertebrate development. As also TH excess can impair embryogenesis which can be positively correlated with an increased rate of miscarriages and/or a lower birth weight of unaffected neonates (Anselmo et al., 2005), also potentiating effects

could have serious consequences. Therefore it is important to assess the effect of realistic mixtures of TH-disrupting compounds including their metabolites, and study further how effects of such compounds should be taken into account.

7.6 Main conclusions

This thesis was focusing on three research objectives. Therefore the main conclusions based on this research are presented in relation to these three objectives.

1. Development and validation of *in vitro* and *in vivo* assays for disruption of thyroid hormone action.
2. Elucidation of the potential mechanisms of TR-mediated disruption.
3. Advice whether predictions can be made based on *in vitro* studies for *in vivo* disruption of thyroid hormone action.

Objective 1:

- The T-screen is a functional assay for identification of compounds with agonistic, antagonistic and potentiating TR-mediated effects. The T-screen did not show false positive or false negative responses, but cannot distinguish TR isoform-specific effects of the compounds tested. Therefore the T-screen is a very useful first step in the screening of compounds for their TR-mediated TH-disruption. This first screening should be performed in presence and absence of T₃ at its EC₅₀ to be able to detect agonists, antagonists and potentiating compounds.
- The transient TR-isoform selective reporter gene assay demonstrates that environmental contaminants can interfere with T₃-induced activation of TR α and/or TR β . This is relevant to predict or explain tissue- or life stage specific effects of such compounds for the *in vivo* situation. The potentiating effect of HBCD could not be picked up by this TR-specific assay. This assay (preferably as stable reporter gene assay) is most suitable to further study the compounds that were active in the T-screen.

- The *in vivo* proliferation assay and *ex vivo* tail tip assay were suitable to validate the *in vitro* assay responses and to study specific TR-mediated effects in more detail. They are too time-consuming to be used in high throughput hazard assessment of TR-mediated TH-disrupting compounds.
- The Multispecies Freshwater Biomonitor (MFB) is suitable to automatically quantify even subtle changes in tadpole behavior and physiology. As tadpole behavior has been shown to change during the course of metamorphosis, it remains interesting to study the integrated effects of sublethal effects of TH-disrupting compounds on amphibian behavior during metamorphosis.

Objective 2:

- Application of the combination of assays as was done in this thesis clearly revealed how compounds could be agonists or antagonists via the TR α and/or TR β . Only compounds that are strictly T₃-like, such as the T₃-like BDE-OH, are able to induce effects in the assays in absence of T₃. Such compounds may be formed upon biotransformation of parent compounds. Non T₃-like compounds, such as BDE206, may antagonize T₃-action by occupation of the TR or TRE, but other mechanisms such as interference/interaction with cofactors which may ultimately lead to gene suppression, cannot be excluded. Potentiation of T₃-action was found to occur in a TR-related manner for BDE28 and DIB. The potentiation of T₃-action by HBCD does not seem to occur via direct TR-activation, and the mechanism still remains to be further elucidated.

Objective 3:

- The bioassays presented in this thesis are very promising complementary *in vitro*, *ex vivo* and *in vivo* biomarkers to quantify the effects of compounds on T₃-action. Based on the results obtained, the *in vitro* results are highly

predictive for the effects as observed *in vivo*. The fact that compounds can be tested in the presence of T₃ is important, since in the *in vivo* situation also physiological concentrations of T₃ can be present.

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Samenvatting

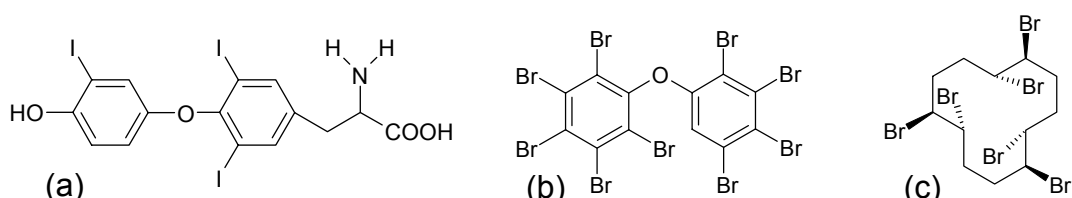
De laatste jaren is er toenemende bezorgdheid over de mogelijke effecten van milieuverontreinigende stoffen op het functioneren van hormonen in mens en dier. Op dit moment richt het onderzoek en beleid naar zulke hormoonverstorende stoffen zich echter vooral op verstoring door stoffen van de geslachtshormoon huishouding. Veel minder aandacht gaat uit naar verstoring van het schildklier- oftewel thyroïdhormoon (TH) systeem. Toch blijkt uit verschillende onderzoeken dat dit belangrijke hormoonsysteem kwetsbaar is voor verstoring door hormoonverstorende stoffen (Brouwer et al., 1998). Verstoring van de TH huishouding kan leiden tot een scala van ongewenste effecten op ontwikkeling, groei en de energiehuishouding van gewervelde dieren zoals zoogdieren en amfibieën (hoofdstuk 1.4). Recent onderzoek wijst nu uit dat de thyroïdhormoon receptoren (TR's) in de cel doelwit kunnen zijn van hormoonverstorende stoffen (Zoeller et al., 2005). Helaas zijn effecten die via de TR verlopen moeilijk aan te tonen omdat geschikte testmethoden schaars zijn. Er is meer aandacht voor onderzoek naar andere belangrijke aangrijpingspunten zoals het transport van TH in het bloed, afbraak en activatie van TH.

Doel van dit onderzoek

Het in dit proefschrift beschreven onderzoek heeft op de eerste plaats als doel de ontwikkeling van nieuwe testsystemen voor de bepaling TH verstoring door chemische stoffen op het niveau van de TR. Deze testsystemen maken gebruik van cellen die gekweekt worden in kweekmedium (*in vitro*), levende dieren (*in vivo*) of van stukjes geïsoleerd staartweefsel afkomstig van kikkervisjes (*ex vivo*). Op de tweede plaats is het doel het vergroten van inzicht in de mechanismen waarlangs hormoonverstorende stoffen de TR gemedieerde werking van TH kunnen verstoren. Ten derde wordt bepaald in hoeverre de effecten van de hormoonverstorende stoffen, gemeten met de *in vitro* testsystemen, de effecten kunnen voorspellen voor de *in vivo* situatie.

Onderzochte stoffen

Naast een aantal controle-stoffen die bekend staan om hun TR-stimulerende (diidodo biphenyl, DIB) en hun TR-remmende werking (amiodarone) is ook een aantal moeilijk afbreekbare milieuverontreinigende stoffen gebruikt. Het grootste gedeelte van deze milieuverontreinigende stoffen behoren tot de groep van de gebromeerde vlamvertragers. Deze stoffen worden aan producten zoals textiel en automaterialen toegevoegd, om ze beter te beschermen tegen brand (de Wit, 2002). De meest toegepaste vlamvertragers zijn oa. de gebromeerde diphenylethers (BDEs) en hexabromocyclododecane (HBCD) (Figuur 1). Daarnaast zijn drie verschillende BDEs getest die sterke gelijkenis hebben met de actieve vorm van TH (T_3), de transportvorm (T_4) en een afbraakproduct (T_2) (Figuur 2b).

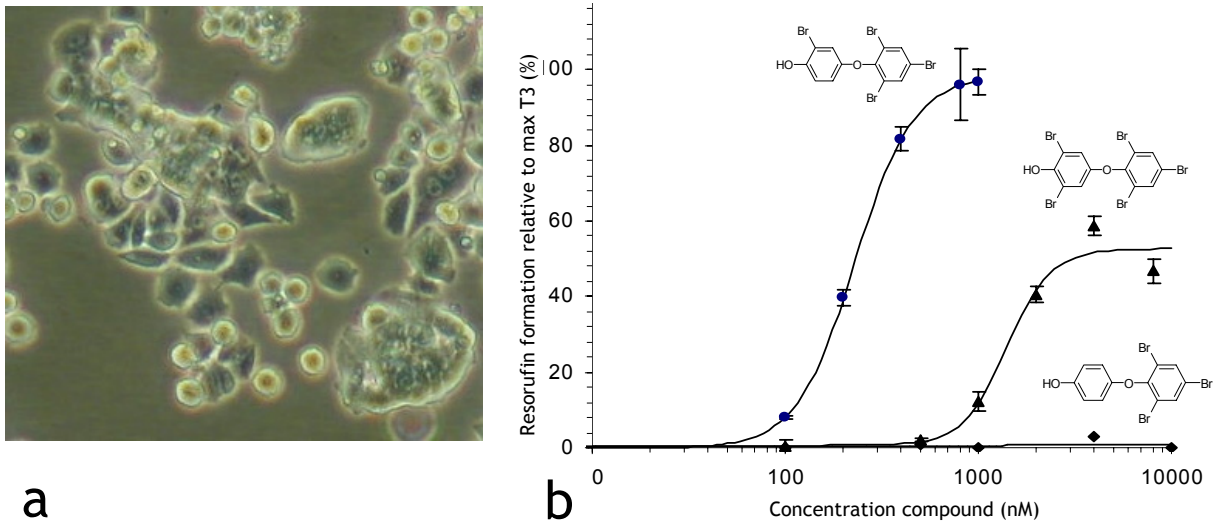


Figuur 1. Chemische structuren van (a) 3,3',5-triiodo-L-thyronine (T_3) (b) 2,2',3,3',4,4',5,5',6-nonaBDE (BDE206) en (c) hexabromocyclododecane (HBCD).

Overzicht van de toegepaste testsystemen en de belangrijkste conclusies

1. T-screen (hoofdstuk 2)

De T-screen wordt uitgevoerd met een ratten hypofyse cellijn (GH_3) (Figuur 2a), die uitsluitend groeit in aanwezigheid van de actieve vorm van TH (T_3). De groeistimulerende werking van T_3 loopt via activatie van in de cel aanwezige TR's. De mate waarin stoffen de celgroei kunnen stimuleren, remmen of versterken wordt bestudeerd in aan- en afwezigheid van T_3 .



Figuur 2. a) Microscopische foto van de ratten hypofyse cellijn(GH₃). b) Effecten van de T₂-achtige (◆), T₃-achtige (●) en T₄-achtige BDE (▲) in de T-screen en hun chemische structuren.

De T-screen blijkt een goed bruikbare test om stoffen op te sporen die het functioneren van de TR beïnvloeden. Een beperking van de T-screen is echter dat deze geen effecten kan opsporen die via de verschillende TR's verlopen (α en β). Deze twee vormen van TR's spelen een eigen rol in het lichaam en stellen verschillende eisen aan de moleculen die ze binden. De T-screen blijkt wel een bruikbare stap in het screenen van stoffen die mogelijk effecten veroorzaken die verlopen via de TR's. Deze screening moet ook plaats vinden in aanwezigheid van T₃ om stimulerende stoffen zoals de T₃-achtige BDE, remmende stoffen zoals BDE209 en amiodarone of versterkende stoffen zoals hexabromocyclododecane (HBCD) te kunnen bepalen.

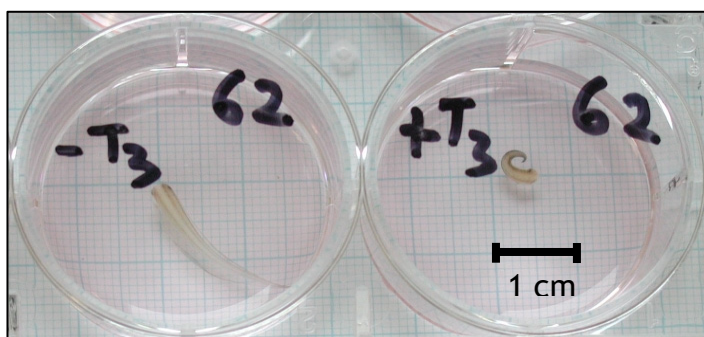
2. TR α / β specifieke reporter gen test (hoofdstuk 3)

Omdat de twee verschillende thyroïdhormoon receptoren (TR's) een belangrijke rol spelen bij de weefsel specifieke effecten van T₃, werd de TR-specificiteit van een aantal stoffen onderzocht die eerder actief bleken in de T-screen. Hiertoe werd een apen nieren cellijn (CV-1) voorzien van kikker (Zuid Afrikaanse klauwpad, *Xenopus laevis*) TR α of TR β plus een luciferase reporter gen. Wanneer

een stof een specifieke TR bindt, zal luciferase worden gevormd. Dit eiwit komt normaal voor bij vuurvliegjes (*Photinus pyralis*) en is eenvoudig te meten doordat het in aanwezigheid van het substraat luciferine licht uitzendt. De TR α / β specifieke reporter gen test is een belangrijke methode om weefsel- of levensstadium specifieke effecten van hormoonverstorende stoffen te kunnen voorspellen/verklaren voor de *in vivo* situatie. Deze test is een geschikte aanvulling op het testen van stoffen die actief zijn in de T-screen.

3. *Ex vivo* staartjes test (hoofdstuk 4)

Om na te gaan of de *in vitro* aangetoonde effecten van stoffen ook in een echt weefsel van een dier optreden, werd een proef uitgevoerd met losse staartjes van *Xenopus laevis* kikkervisjes in kweekmedium. Deze staartjes verdwijnen langzaam onder invloed van T₃ in het kweekmedium (Figuur 3). De afname in lengte van de staartjes is een maat voor de schildklierhormoon activiteit van stoffen. Bij toevoeging van 20 nM T₃ zijn de staartjes na 3,5 dag nog maar de helft van hun originele lengte. Dit effect werd versneld door HBCD en juist vertraagd door BDE206.



Figuur 3. Uitvoering van de *ex vivo* staartjes test. Links zonder T₃, rechts na toevoeging van 1 nM T₃ in het kweekmedium.

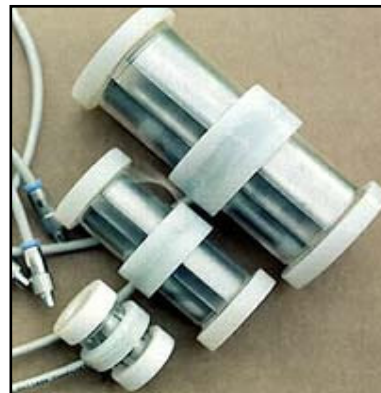
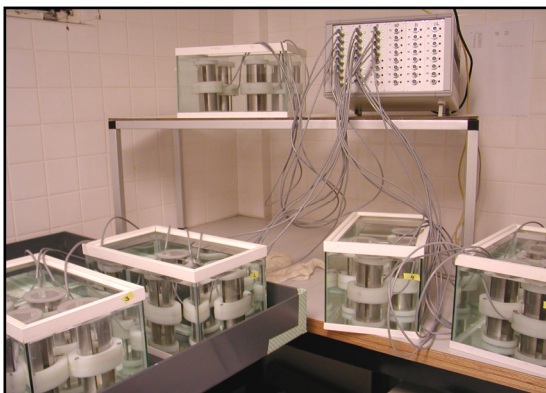
4. *In vivo* proliferatie test (hoofdstuk 5)

Om te onderzoeken of de effecten van HBCD en BDE206, ook in levende dieren (*in vivo*) optreden werden 1-week oude *Xenopus laevis* kikkervisjes blootgesteld aan dezelfde stoffen. Net als bij de T-screen werd eerst bepaald in hoeverre de stoffen het groeien van bepaalde cellen konden versnellen (ook wel proliferatie

genoemd) of vertragen. De effecten van HBCD en BDE206, al dan niet gecombineerd met T₃, werden bestudeerd in de hersenen en de voorzijde van de kop. De effecten die werden waargenomen waren weefsel-specifiek, wat te verwachten was door de totaal verschillende molekuulstructuren van de geteste stoffen. Zowel de *in vivo* proliferatie test en de *ex vivo* staartjes test bleken geschikt om de realiteitswaarde van eerdere *in vitro* resultaten te bewijzen en om de TR-specifieke effecten in meer detail te bestuderen. Ze zijn echter zeer tijdrovend en kosten bovendien veel proefdieren. Daarom zijn ze niet geschikt voor het snel testen van grote aantallen stoffen.

5. Multispecies Freshwater Biomonitor (MFB) (hoofdstuk 6)

De zogenoemde *Multispecies Freshwater Biomonitor* (MFB) (Figuur 4) werd toegepast om het gedrag van *Xenopus laevis* kikkervisjes te meten. Speciale meetkamertjes (Figuur 4) met elk 1 kikkervisje werden ondergedompeld in water met een bepaalde concentratie van de pesticide triphenyltin (TPT). De MFB kon automatisch verschillende soorten gedrag, zoals zwemmen, ademhaling en staartbeweging automatisch registreren. Blootstelling van *Xenopus laevis* kikkervisjes aan TPT bleek met name met het zwemgedrag van kikkervisjes te verminder. De resultaten tonen de geschiktheid van de MFB aan als nieuwe testmethode voor de automatische registratie van effecten van stoffen op het gedrag van *Xenopus laevis* kikkervisjes.



Figuur 4. Opstelling van de Multispecies Freshwater Biomonitor (MFB) (links) en foto van de meetkamertjes.

Mechanistische inzichten

Uit de combinatie van de verschillende testuitkomsten zoals beschreven in dit proefschrift, blijkt duidelijk dat stoffen de werking van T₃ kunnen remmen of versterken via verschillende TR's. Alleen stoffen die zeer sterk lijken op T₃, zoals de T₃- en T₄-achtige BDE, zijn in staat de werking van T₃ te imiteren. Andere stoffen, zoals BDE206, remmen de werking van T₃ via de TR. Omdat het HBCD-molecuul op geen enkele manier lijkt op het T₃-molecuul, en de stof ook niets deed in de TR-specifieke reporter gen test, is het onwaarschijnlijk dat de T₃-versterkende werking van HBCD via directe TR-activatie verloopt.

Gevoeligheid van de nieuwe testen voor T₃

De T-screen, TR α / β specifieke reporter gen test, *ex vivo* staartjes test en *in vivo* proliferatie test variëren in gevoeligheid voor T₃. Dit zou verklaard kunnen worden door verschillen in snelheid waarmee de stoffen de TR's bereiken in een test met een enkele laag cellen (*in vitro*), in echte weefsels (*ex vivo*) of in kleine kikkervisjes met een actieve bloedsomloop (*in vivo*).

De testen zoals beschreven in dit proefschrift zijn veelbelovend om *in vitro*, *ex vivo* en *in vivo* de effecten van stoffen op de werking van T₃ te kunnen meten. De *in vitro* effecten zijn sterk voorspellend voor de *in vivo* effecten. Het is van belang dat stoffen ook getest worden in aanwezigheid van T₃, omdat in de *in vivo* situatie ook een fysiologische concentratie T₃ aanwezig is en sommige stoffen pas dan hun hormoon verstorende werking laten zien.

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Zoeller, R.T., 2005. **Mol Cell Endocrinol** **242**, 10-15.

Dankwoord

Zeer toepasselijk voor dit proefschrift kan het AIO-schap vergeleken worden met de metamorfose van een kikkerembryo naar kikkervis en uiteindelijk kikkertje. Jaar 1 kenmerkt zich door de embryonale fase, waarin de AIO zich nog nauwelijks bewust is van zijn eigen (vijandig) extern klimaat. De eerste spierstrekkingen (schrijf pogingen) zijn waarneembaar, maar de veilige dooierzak wordt niet verlaten (de afdeling). In jaar 2, de premetamorfose, worden de eerste voorzichtige zwembewegingen ondernomen en vindt daardoor verkenning plaats van de omgeving (bezoek van congressen). In het derde jaar, de prometamorfose, breken de achterpootjes door (1^e publicatie) en vindt sterke ontwikkeling plaats van neurale weefsel (hersenen). Gedurende deze kritische fase vinden mogelijk interacties plaats met talloze gevaarlijke predatoren (boze reviewers ed.). Na deze fase bereidt de AIO zich langzaam voor op jaar 4, de metamorfe climax. In dat laatste belangrijke jaar komen de voor- en achterpoten helemaal tot ontwikkeling (acceptatie nieuwe artikelen en afronding proefschrift) en verdwijnt het staartje (laatste spoorje naïviteit). Nadat het kersverse kikkertje (doctor) zijn eerste vliegje naar binnen heeft gewerkt (promotiebuffet) is het dan nu toch tijd geworden om de uitdagende landfase (nieuwe baan) definitief te betreden, waar weer nieuwe gevaren loeren (?).

In tegenstelling tot de metamorfose van een kikker staat of valt een AIO-schap met een goede parentale zorg (begeleiding) en voldoende morele ondersteuning. Dit proefschrift was ook zeker niet tot stand gekomen zonder de bijdrage van talloze mensen die ik hierbij graag wil bedanken. Allereerst wil ik mijn copromotoren, Tinka Murk en Dave Furlow, bedanken voor hun stimulerende begeleiding.

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heel veel plezier terug aan ons bezoek in Wenen (zes uur), Highway 1 richting Davis met zijn vele bochtjes (buhhh) en ons laatste overleg in de “nectarbar”.

Dave, your lab including your excellent supervision played a crucial role in our understanding of the many aspects that involve thyroid hormone disruption. I am grateful for the opportunities that you created, and honored having you in Wageningen on the day of my PhD-defense.

Mijn promotor Ivonne Rietjens wil ik graag bedanken voor haar goede adviezen en vermogen om de spanningsboog altijd strak te houden. Jouw “zowel woorden als daden” mentaliteit was erg leerzaam en heeft in alle opzichten bijgedragen aan het tot stand komen van mijn proefschrift.

Bas Blaauboer, bedankt voor die leuke POT-opdracht in de periode tussen het einde van mijn AIO-contract en het ter perse gaan van mijn proefschrift. Het gaat vast een prachtige CD worden!

Uiteraard ben ik mijn (oud)-collega's van Toxicologie veel dank verschuldigd voor de goede sfeer op de afdeling en de vele gezellige momenten: Hans, Bert, Maaïke, Anne-Marie, Annemarie, Ans, Jac, Walter (alias Günther), Pim, Ans., Elton, Irene, Gerrit, Gré, Wiratno, Letty, Vincent², Ashwin, Yee, Suzanne, Arno (dr²), Aukje, Jelmer, Hester, Marjan, Yvonne, dhr. Zaagmans en last but not least mijn lievelingsmeisjes Laura en Marelle. Ik heb altijd met plezier met jullie samengewerkt en koester de vele prettige herinneringen zoals vakgroepuitjes, borrels, Sinterklaas en de Kerstlunch. Enne, die appeltaart komt nog wel een keer! Frank, Timo en Eric, bedankt voor jullie vriendschap en eeuwige morele/professionele steun!!! Mijn oud-studenten, Elton, Cozmina, Martin, Els, Joost en Melissa, ben ik zeer dankbaar voor hun bijdrage aan mijn onderzoek. Het klinkt als een cliché, maar ik hoop dat jullie net zoveel van mij geleerd hebben als ik van jullie! Heel veel succes met jullie verdere carrière. Een speciaal woordje van dank gaat uit naar mijn paranimfen. Marcel, met jou als kamergenoot hebben we samen onze tijden van voor- en tegenspoed beleefd. In tijden van tegenspoed, wisten we elkaar echter op gepaste wijze weer op te monteren, waardoor ik altijd met plezier naar de afdeling ging. Ik zal onze diepgaande (semi)-

wetenschappelijke discussies nooit vergeten en het is goed om te weten dat jou bij Organon een mooie carrière wacht. Joost, als studenten stonden wij samen aan de basis van dit proefschrift. Ik vind het fantastisch dat wij in de loop van de jaren beste vrienden gebleven zijn en ben vereerd dat jij als paranimf naast mij op het podium zitting wilt nemen.

Lieve vrienden, uiteraard bestaat het leven uit veel meer dingen dan onderzoek doen en daarvan hebben jullie mij de laatste jaren prima doordrongen gehouden. Op de eerste plaats dank aan mijn hechte vriendengroep, de heeren Bart, Gerlof, Geert, Eric, Timo, Joost, Marco, Juul en Jorke en hun partners met een speciaal woordje van dank aan Marieke. We maken d'r een leuke dag van en uiteraard stimuleer ik jullie om je tijdens het feest op alle mogelijke manieren te wreken op mijn acties van de afgelopen jaren. Eric N. and Lenore, thanks for your friendship during my stay in Davis. I will always remember the funny moments that we experienced in the US, and I sincerely hope that we will meet again. Hoogstraatbuurtjes (Harro, Sjoerd et al), bedankt voor jullie wijze levenslessen. Het is zeer de vraag wie nu de meester en wie de leerling is. Geert, Barry en Fleurtje, bedankt dat ik als paranimf bij jullie een beetje mocht oefenen op het podium...nu is het mijn beurt! Mijn (oud)-huisgenoten ben ik dankbaar voor de gezelligheid, excellente kookkunsten en nog belangrijker hun flexibiliteit om deze soms op mijn (werk)schema aan te passen. Lieve Petra, dankzij jou geloof ik niet meer in toeval! Lot en Liek, als kinderen maakten we het elkaar niet altijd even makkelijk ("de koning slaapt"), maar mijns inziens heeft dit onze banden gesterkt zodat ik jullie nu mag rekenen tot mijn allerliefste vriendinnen. Dirk (white rastaman), je bent een geweldige aanwinst voor ons gezin, maar hoe zat dat nu met die hangmat? Kosta, please take excellent care of my sister, but I am completely sure you'll do so. Opa, ik voel me vereerd om u als oudste "gezinslid" erbij te mogen hebben en heb groot respect voor uw doorzettings- en ondernemingsvermogen. Tenslotte, lieve Pap en Mam, mijn dank aan jullie is nauwelijks in woorden uit te drukken maar de successen die Lotte, Lieke en ik op dit moment en in de toekomst mogen oogsten zijn te danken aan jullie "warme nest", centraliserende spil, zorg,

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Merijn

Curriculum Vitae

Merijn Schriks werd op 29 april 1976 geboren in het St. Annaziekenhuis te Geldrop. In 1993 voltooide hij de St. Radboud MAVO te Asten, waarna hij aansluitend startte met een opleiding aan het Middelbaar Laboratorium Onderwijs (MLO) te Eindhoven met als specialisatie analytische chemie. Na een oriënterende stage op het laboratorium van de Centrale Suiker Maatschappij (CSM) te Breda, sloot hij in 1998 deze opleiding af met een afstudeerstage van zes maanden bij NOTOX B.V. te 's-Hertogenbosch, onder begeleiding van Richard Luit en Rinus Bogers. In datzelfde jaar begon hij aan de opleiding Milieuanalyse aan de Internationale Hogeschool Larenstein te Velp. Zijn oriënterende stage deed hij onder begeleiding van dr. Marius Claassen bij de CSIR te Pretoria (Zuid-Afrika). Hij sloot zijn studie in 2001 af met een stage van zes maanden bij de afdeling Toxicologie aan Wageningen Universiteit onder begeleiding van dr. Arno Gutleb en dr. Tinka Murk. Aansluitend startte hij zijn promotie-onderzoek aan deze afdeling, waarvan de resultaten in dit proefschrift beschreven zijn. Een deel van de resultaten werden behaald gedurende een drie maanden durende onderzoeksperiode aan de University of California, Davis (VS) onder begeleiding van dr. J. David Furlow. Sinds 15 augustus 2006 is hij werkzaam bij Royal Haskoning, divisie Environment (adviesgroep Chemicals Management) te Nijmegen.

Merijn Schriks was born on the 29th of April 1976 in the St. Anna hospital in Geldrop. He finished his secondary education at the St. Radboud MAVO in Asten in 1993 after which he started a degree at MLO (intermediate laboratory education) in Eindhoven specializing in analytical chemistry. After an internship with the laboratory of CSM, the central sugar company in Breda, he finished his degree with a six-month internship with NOTOX B.V. in 's-Hertogenbosch, supervised by Richard Luit and Rinus Bogers. In the same year he started his degree in Environmental Analysis at the Internationale Hogeschool Larenstein in Velp. He took an internship with the CSIR in Pretoria (South-Africa) under the supervision of dr. Marius Claassen. He finished his degree in 2001 with a six-month internship at the department of Toxicology of Wageningen University where he was supervised by dr. Arno Gutleb and dr. Tinka Murk. He proceeded with his PhD research in this department, the results of which are described in this thesis. Part of his PhD research was conducted during the three months that he spent at the University of California, Davis (US) where he was supervised by dr. J. David Furlow. Since the 15th of August 2006 Merijn holds a job at the Environment Division of Royal Haskoning (adviesgroep Chemicals Management) in Nijmegen.

List of publications

Merijn Schriks, Elton Zvinavashe, J. David Furlow, Albertinka J. Murk (2006). Disruption of thyroid hormone-mediated *Xenopus laevis* tadpole tail tip regression by hexabromocyclododecane (HBCD) and 2,2',3,3',4,4',5,5',6-nona brominated diphenyl ether (BDE206). **Chemosphere**, in press.

Merijn Schriks, Melissa K. van Hoorn, Elisabeth J. Faassen, Joost W. van Dam, Albertinka J. Murk (2005). Real-time automated measurement of *Xenopus laevis* tadpole behavior and behavioral responses following triphenyltin exposure using the Multispecies Freshwater Biomonitor (MFB). **Aquatic Toxicology** 77, 298-305.

Merijn Schriks, Cozmina M. Vrabie, Arno C. Gutleb, Elisabeth J. Faassen, Ivonne M.C.M. Rietjens, Albertinka J. Murk (2005). T-screen to quantify functional potentiating, antagonistic and thyroid hormone-like activities of polyhalogenated aromatic hydrocarbons (PHAHs). **Toxicology in Vitro** 20, 490-498.

Arno C. Gutleb, Ilonka A.T.M. Meerts, Joost H. Bergsma, Merijn Schriks, Albertinka J. Murk (2005). T-screen as a tool to identify thyroid hormone receptor active compounds. **Environ Toxicol Pharmacol** 19, 231-238.

Merijn Schriks, Julie M. Roessig, Albertinka J. Murk, J. David Furlow (2006). Thyroid hormone receptor isoform selectivity of thyroid hormone disrupting compounds quantified with an *in vitro* reporter gene assay. (*Submitted*).

Merijn Schriks, Eric S. Neff, Ivonne M.C.M. Rietjens, Albertinka J. Murk, J. David Furlow (2005). *In vivo* effects of nona brominated diphenyl ether (BDE206) and hexabromocyclododecane (HBCD) on cell proliferation in *Xenopus laevis* tadpoles: comparison with an *in vitro* cell based assay. (*Manuscript in preparation*).

Arno C. Gutleb, Merijn Schriks, Leonie Mossink, Hans J.H. van den Berg, Albertinka J. Murk (2005). A synchronized amphibian metamorphosis assay as an improved tool to detect thyroid hormone disturbance by endocrine disruptors and apolar sediment extracts. (*Submitted*).

Arno C. Gutleb, Leonie Mossink, Merijn Schriks, Hans J.H. van den Berg, Albertinka J. Murk (2005). The prolonged-FETAX detects effects of exposure to environmentally relevant concentrations of POPs that are not detected in the FETAX. (*Submitted*).

Abstracts

Merijn Schriks, Cozmina M. Vrabie, J. David Furlow, Albertinka J. Murk (2006). Influence of Polyhalogenated Aromatic Hydrocarbons (PHAHs) on thyroid hormone-mediated cell response *in vitro*. **Society of Environmental Toxicology and Chemistry (SETAC), 16th meeting in The Hague (The Netherlands)**.

Merijn Schriks, Eric S. Neff, Albertinka J. Murk, J. David Furlow (2006). Antagonistic and potentiating effects of BDE206 and hexabromocyclododecane (HBCD) in a functional *in vivo* assay with *Xenopus laevis* tadpoles. **Society of Environmental Toxicology and Chemistry (SETAC), 16th meeting in The Hague (The Netherlands)**.

Merijn Schriks, Cozmina M. Vrabie, J. David Furlow, Albertinka J. Murk (2005). Influence of Polyhalogenated Aromatic Hydrocarbons (PHAHs) on thyroid hormone mediated cell responses *in vitro* and *ex vivo*. **Endo 2005, 87th meeting (the forum on Endocrine Disrupting Chemicals) in San Diego (USA)**.

Merijn Schriks, Ivonne M.C.M. Rietjens, Albertinka J. Murk (2004). Development and application of amphibian based test systems for putative thyroid hormone disruption by Poly Halogenated Aromatic Hydrocarbons (PHAHs). **Netherlands Society of Toxicology (NVT), Veldhoven (The Netherlands)**.

Merijn Schriks, Arno C. Gutleb, Albertinka J. Murk (2002). Thyroidogenic potency of compounds determined with the T-screen (2002). **Society of Environmental Toxicology and Chemistry (SETAC), 12th meeting in Vienna (Austria)**.

Merijn Schriks, Ivonne M.C.M. Rietjens, Albertinka J. Murk. Effects of Poly Halogenated Aromatic Hydrocarbons (PHAHs) on the development and metamorphosis of amphibians. Development of biomarkers and ecological relevant effects (2001). **Netherlands Society of Toxicology (NVT), Nijmegen (The Netherlands)**.

Training and Supervision Plan

(Overview of conferences and courses attended during PhD)

- 2006: NVT symposium, Wageningen (NL)
 SETAC conference, The Hague (NL)
- 2005: Organ toxicology (PET)
 A1 Environmental research in context (SENSE)
 A2 Research context activity (SENSE)
 Career development (NWO)
 ENDO conference, San Diego (USA)
- 2004: Pathobiology (PET)
 Epidemiology (PET)
 NVT PhD symposium, Veldhoven (NL)
 Reproduction Toxicology (PET)
- 2003: Medical and forensic Toxicology (PET)
 Behavior and hormones (WUR)
- 2002: Laboratory animal science (PET)
 Special topics in ecotoxicology (SENSE)
 SETAC conference, Vienna (AUSTRIA)
 Organising and coaching M.Sc-students (WUR)
- 2001: Techniques for writing and presenting a scientific paper
 (Mansholt)
 NVT PhD symposium, Nijmegen (NL)
 Environmental and occupational toxicology (WUR)

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Cover: Picture of a one-week old *Xenopus laevis* tadpole, exposed to 1 nM T₃ (back) and DMSO-solvent (front). Proliferating cells (mitotic phase) were labeled with a fluorescent antibody against the phospho-histone H3 mitosis marker and visualized with a Leica MZ FLIII fluorescence stereo dissection microscope equipped with a GFP2 filter set (a 480/40-nm excitation filter and a 510-nm barrier filter). Photographs were made with an Optronics LE750 digital camera (chapter 5).

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